

Highland Beach

Yamato Rock plan rouses memories of aquatic treasure

By Rich Pollack

Louise Glover remembers when she and her friends would gather on what is now Yamato Rock for one of her childhood birthday parties.

“It was lots of fun,” she said. “When the water would come

in, the waves would shoot up like geysers at Yellowstone and splash all over us.”

Back then, in the late 1960s, the Highland Beach property just west of the large outcropping was owned by Glover’s grandmother, Grace

See **YAMATO ROCK** on page 9



Joan Weir and her daughter, Louise Glover, stroll Highland Beach near Yamato Rock, a limestone outcropping slated to become part of Milani Park. Jerry Lower/The Coastal Star

Boca Raton

Virgin Trains station hailed as victory for city

By Mary Hladky

Even before City Council members cast their votes, a euphoric Mayor Scott Singer hailed their approval of a deal that would allow construction of a Virgin Trains station and parking garage on city-owned land.

“This will be a moment of triumph for Boca Raton,” he told residents at a jam-packed Dec. 10 council meeting.

A unanimous council quickly made it official: The city will lease 1.8 acres east of the Downtown Library to Virgin Trains for the much-coveted station and garage, beating out other cities that badly wanted this prize. Even station critics expected no other outcome.

Standing minutes later with Virgin Trains President Patrick Goddard, Singer declared, “Tonight was a great win for Boca Raton.”

“I think it is phenomenal,” Goddard said. “Creating mobility is what we are all about.”

But before shovels hit the ground, the city and for-profit rail company have more work to do.

Virgin Trains will submit a site plan for the station and garage that the council must approve. The plan will provide project specifics, such as the final designs of both buildings, which could spur new objections from station opponents.

See **STATION** on page 10



Gumbo Limbo workers roll a 350-pound female green turtle named Yamato to the ocean at Spanish River Park before a crowd typical of such turtle releases. Yamato, who was treated for partial paralysis after being hit by a boat, wears a satellite-tracking device and is strapped into a custom-built gurney. Photos by Jerry Lower/The Coastal Star

MEET TEAM TURTLE

Inside the work of Gumbo Limbo crew that strives to be biggest ally of these at-risk sea creatures

By Larry Keller

It’s a typical Sunday afternoon at Gumbo Limbo Nature Center, and visitors cluster around the aquarium, stroll the boardwalk and explore the butterfly garden.

It’s the injured and ailing sea turtles in outdoor tanks, however, that inspire the most fervent reactions.

A little boy stands at one, gawking at a turtle named Cane swimming languidly. “That’s so ginormous!” he exclaims.

It’s doubtful many of the 200,000 annual visitors are aware of the array of scientists, educators, interns and 150 volunteers who work together

See **GUMBO LIMBO** on page 18



Veterinarian Maria Chadam raises her arms as sea turtle rehab coordinator Whitney Crowder hugs Gumbo Limbo manager Leanne Welch to celebrate the release of Yamato.

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The Coastal Star is a monthly newspaper with two editions serving Hypoluxo Island, South Palm Beach, Manalapan, Ocean Ridge, Briny Breezes, Gulf Stream and coastal Delray Beach; Highland Beach and coastal Boca Raton. ©2008-2020

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Coastal Star



In a tribute to the time, effort and money that Tom Kaiser has invested in the park, it is now the Tom Kaiser, USN, Boynton Beach Veterans Memorial Park. **Tim Stepien/The Coastal Star**

Boynton salutes World War II veteran by renaming park in his honor

By Stephen Moore

Tom Kaiser's handprints are all over the Boynton Beach Veterans Memorial Park. The park was his idea and he began working on it in 2008. He raised money through fundraisers and by selling recognition bricks, worked with the city to secure property and hold event and has helped design and approve almost every piece of granite and every written word on the 25 monuments and 12 benches in the park.

He has even purchased or helped buy some of the monuments.

This year, a new monument will be added with a new name for the park — the Tom Kaiser, USN, Boynton Beach Veterans Memorial Park.

"I know every blade of grass in this place," said the 91-year-old Kaiser, a WW II Navy veteran. "I love every one of the monuments and benches."

Kaiser and Stan Gavlick, an 88-year-old Korean War Navy veteran, have been the driving forces behind this park, which is a tribute to all who have protected, fought for and died for the United States.

"Stanley is the co-chairman, finance officer and brains of the unit," Kaiser said. "He deserves as much credit as I do."

Gavlick said it's been a labor of love. "Tom is so generous. Sometimes he would pay for the monuments himself."

State Rep. Joe Casello, was the first to suggest the renaming of the park at 411 N. Federal Highway when he made a proposal to City Manager Lori LaVerriere in May 2019.

"He thought some of the guys on the City Council would OK this proposal," Kaiser said. "But we ran into some opposition. It took three commission meetings before it was resolved."

The first monuments went

NOMINATE SOMEONE TO BE

A COASTAL STAR

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up in 2008, but there were some bumps along the way. When the city put up a flagpole, it was in the wrong place — in the middle, right in front of the large monument.

"You couldn't take a picture without the flagpole being in the middle of the picture," Kaiser said.

"It must have been about seven years ago," LaVerriere said. "I went to meet Tom at the park, and I started looking at this flagpole and it is right in the middle of everything and I said 'what is up with that?' ... I said 'OK, we are not talking rocket science here, so let's move the flagpole.' It was a no-brainer to me."

Two weeks later the flagpole was moved.

The two co-founders say the park is complete now.

"No more monuments are planned," Kaiser said. "There is no room. The last one was the Purple Heart monument."

The monuments include tributes to all of the branches of the armed forces, famous battles and groups that distinguished themselves. And for every granite monument, Kaiser has a story to tell.

A pigeon figure is perched atop the Lost Battalion monument, and Kaiser knows the history.

"Carrier pigeons were the most reliable means of communications during the First World War," he said. "About 500 of our guys were surrounded and pinned down by the enemy and every pigeon we sent was shot down until the last one. Well the last one (named Cher Ami) also got shot down. He took one to the leg,

one through the side and he was blinded in one eye. He hit the ground then got up and flew 30 miles to its cage to tell them that our guys were still alive. That pigeon saved a lot of our guys."

Another monument is a testimony to the USS Trout, a submarine that went missing in 1944 with 81 sailors aboard, including Kaiser's brother, Robert.

Other monuments include testimonials to Pearl Harbor, Gold Star mothers, the Night Stalkers (the team that was responsible for killing Osama bin Laden), Vietnam vets, African-American vets, the unknown soldiers and the Missiles of October 1962.

Every monument has been made by Lake Worth Monument, and Kaiser and Gavlick are quick to credit that company. "Through all these years, they never raised their prices," Gavlick said. "We would still be building this park if they had."

"We did all of those monuments (24 of them) at cost besides the (40-ton) centerpiece," said Fred Menor, owner of the company. "I made money on the big monument but over the years I have taken them under my wing. I love to help veterans, it's truly an honor."

The new monument with the updated name of the park will be installed in early 2020 and replace the existing yellow sign with the heading of Recreation and Parks Department.

On each side of the monument will be a smaller plaque, one recognizing former Boynton Beach Mayor Jerry Taylor and late Vice Mayor Robert Ensler. The other will be a tribute to Gavlick.

"These are all my children," Kaiser said of the monuments. "We raised each one of these kids. Stanley feels the same way." ★

Editor's Note

Our residents offer inspiration to start 2020

In writing about the turn of the new year the standard is to look back at the events of the past or to look forward, anticipating what the turn of the calendar page might bring. At the end of this year, I'm finding both options to be difficult.

I'm even hung up on the simple act of typing the numbers 2020!

So, as I'm editing this edition of *The Coastal Star*, I'm searching out bits of wisdom shared by those in our community less paralyzed than I am by the turmoil of 2019.

In our Finding Faith column on Page 14 in the Home, Health and Harmony section, there is sound advice from spiritual leaders in our community. Insightful suggestions like searching out like-minded people to help us attain our goals, becoming more accepting, generous and empathic and removing the word "hate" from our vocabularies. All good advice.

I'd also toss in that dropping the word "should" can be helpful for maintaining healthy relationships and self-esteem.

One of the most intriguing

pieces of advice I found came from Michelle Maros, who runs Peaceful Mind Peaceful Life in Boca Raton. She suggests selecting an intention word to help us stay focused on our highest ideal for the coming year. Words like *truth* or *trustworthy* (Barb Schmidt's selections), or maybe *grateful* or *empathetic* can help us to focus on who we really hope to be in 2020.

You can read about Maros and Schmidt's advice starting on the front page of our Home, Health and Harmony section. What would your word be?

As I've tried to shed my "Bah! Humbug!" feelings about the new year, it's been helpful to recall that even the Grinch ended up embracing joy, kindness and generosity. So, as I reluctantly waded into the roiling surf of 2020, I'm embracing my inner Grinch and offering this toast: "To kindness and love, the things we need most."



Happy New Year.

Mary Kate Leming,
Editor

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Highland Beach

No election needed for two newcomers; vice mayor to finish term

By Rich Pollack

Highland Beach will get a new mayor and a new commissioner come March along with a returning vice mayor, after three candidates for commission seats ran unopposed.

In what appears to be a calm in Highland Beach elections not seen for several years, political newcomer Doug Hillman was unopposed in his bid for mayor, as was newcomer John Shoemaker, who will fill an open commission seat.

Vice Mayor Greg Babij, who was appointed to the position last year, also ran unopposed and will keep his seat at least until the term expires next year.

Hillman will take the post currently held by retiring Mayor Rhoda Zelniker, who has served on the commission for five years, while Shoemaker will fill a seat vacated by Commissioner Barry Donaldson, who was appointed last January.

“I greatly enjoyed being a commissioner, but it wasn’t a good fit for me at this time,” Donaldson said. “As things evolved I discovered I didn’t have a campaign in me.”

Because Hillman, Babij and Shoemaker were all unopposed when the deadline to file to run passed on Dec. 12, Highland Beach will not hold a municipal election. There will, however, be a Democratic Party primary election on March 17.

Without the need for an election, an estimated \$10,000 that had been budgeted to cover associated costs will be returned to the town’s general budget.

While Hillman has not run for town-wide office before, he has been a familiar face in town hall for several months, serving on the financial advisory board.

The president of the Boca Highland Beach Club and Marina umbrella organization for three years and president of his own Dalton Place community going on nine years, Hillman was a finalist — along with Babij — for an appointment to the vice mayor position last year.

He said he is looking forward to working with Babij as well as with Shoemaker and remaining Commissioners Evalyn David and Peggy Gossett-Seidman.

“I think we can accomplish a great deal together,” he said.

A former president of London Fog and vice president of sales and marketing for Burlington Hosiery, Hillman, 73, and his wife were part-time residents for five years before becoming full-time residents in

2014.

“One of the goals is to keep Highland Beach a unique small town where residents feel and are safe and have excellent services,” he said. “We need to protect our paradise.”

Like Hillman, both Shoemaker and Babij have strong business backgrounds.

A Vietnam veteran who served as a paratrooper and infantry combat platoon leader, Shoemaker held executive leadership positions at high-tech companies for 45 years before retiring.

He came to Highland Beach as a part-time resident in 2006 and retired three years ago, although he still helps other companies as a paid consultant.

He became involved in the community during 2018 as a voice of opposition to three ballot issues that would have allowed the town to spend up to \$45 million on projects in conjunction with Florida Department of Transportation improvements to State Road A1A. Those ballot initiatives were overwhelmingly defeated during the election.

Shoemaker, 73, said he decided to run for office following his involvement in the referendum.

“I’m at a point where I’m comfortable with my life and I just want to contribute to the community,” he said.

Like Hillman, Shoemaker believes the commission and the town will benefit from more community outreach by town leaders and more collaboration with residents and resident groups.

Babij, who also had not previously run for elected office, says he decided to run to complete the term he was appointed to a year ago.

“It’s only one year, so it made sense,” he said.

Considered by many to be a voice of reason on the commission, Babij, 47, brings a strong financial background to the position.

The CEO of an asset management firm, Bunkport Capital LLC, Babij got involved in the community while on the financial advisory board and was appointed to the commission in March following a structured selection process.

“I guess I’m doing OK since no one ran against me,” he said. “I think I’m contributing by helping the decision-making process.”

In his role as vice mayor, Babij often raises issues and says he enjoys having thoughtful discussions with others on the commission.

“I believe no one is smarter than all of us collectively,” he said. ★



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Letters to the Editor

Need to plan for rising seas gains more urgency

Thank you for your excellent coverage of the septic-to-sewer issue in Ocean Ridge and surrounding coastal communities. We must, however, face the reality that during the estimated 10 years such a conversion would take, residents' lives will be significantly disrupted while we are paying millions of dollars, our roadways are constantly torn up and additional hookup costs and user fees lurk.

Further, transferring from septic to centralized sewer will not stop sea level rise now occurring due to the warming climate. In 10 years, some roads will need to be abandoned, due to the extraordinary expense of elevating them. This is already

happening in the Florida Keys.

Equally alarming, most of the processing facilities for coastal sewer systems are at the lowest elevation due to gravity flow.

Many such sewer sites are themselves at high risk of flooding, compromising the plant. These plants will need to be re-sited and upgraded, costing the public millions more to correct.

A more prudent expenditure of our funds would be to conduct a survey, as Monroe County/Key West has done, to determine which of our streets will have to be either abandoned or elevated and then issue a budget to cover such expenses.

It is urgent that Ocean Ridge, Hypoluxo Island (which on its own is particularly vulnerable), Manalapan and all the coastal and barrier island towns consider the upcoming costs associated with sea level rise.

The urgency arises because sea level increase is now known to be occurring much faster than previously predicted. All these communities are now experiencing periodic flooding cycles. Many of these roads are at near sea level most of the year.

Our failure to plan and budget for the inevitable would be irresponsible. We ignore it at our own peril. Property values will soon plummet, and insurance companies will no longer offer coverage for property in such high-risk areas.

Terry Brown,
Ocean Ridge



Louise Morrell, M.D.
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Eugene M. & Christine E.
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BAPTIST HEALTH SOUTH FLORIDA

Walkers, be safe: Face oncoming traffic

Welcome back to all snowbirds. Greetings to all permanent parties, too. I'm a very frequent walker and driver on Old Ocean Boulevard in Ocean Ridge. My request to everyone is not difficult: Please, when walking, walk facing oncoming traffic.

My mother many years ago taught me that was proper. Of course I always followed her advice.

But seriously, it is so much more comfortable when walking or driving to be facing whatever is approaching. Safer, too. Say hello: I'll be the one with trekking sticks and the Tilley hat.

Joe Kirk,
Ocean Ridge

Letters to the Editor

Realtor not authorized to promote Briny sale

The week preceding the holidays, there was a bit of sensationalism going on concerning the community of Briny Breezes — none of it prompted by the board of directors of the corporation, members of the Town Council or the mayor or even a shareholder vote.

Another proposed “billion-dollar sale,” but this time to buyer President Trump to house his presidential library, build a hotel and rename our small community “Trump Town USA.”

Promulgated by real estate agent and shareholder James Arena, who had invited other shareholders to hear a yarn, the story suggested that the president might want to buy Briny Breezes for \$1 billion and was supported by his son Donald Trump Jr. and a friend, rapper Vanilla Ice.

The following week on *Fox & Friends* — and later in tweets — we learned that Vanilla Ice and Donald Jr. were not involved. Tony Kovach of MHPProNews.com blogged that “Arena is either being creatively pragmatic or is a con man who should have his real estate license revoked.”

Or perhaps this was all a figment of his imagination. The ethical standards of the National Association of Realtors do not permit Realtors to offer for sale/lease or advertise any property without authority. Arena has no such authority. He invited *The Palm Beach Post* to this shareholders-only event as he advertised this plan.

Regardless of the story and the unsubstantiated reports of Briny’s ills, Arena has no official capacity within our corporation or our town.

Arena pitched the idea of selling Briny Breezes for a billion dollars several years ago and the corporation received no offers. This sensationalism, while it might be nice to dream about, serves not only to spotlight Arena but it also negatively impacts the residents of our community.

After 60-plus years Briny Breezes is still vibrant. We have many second- and third-generation families as well as newer ones. Many folks are startled and confused by the intimidation factors and untruths being told. This all inspires general uncertainty in our community, all for a personal spotlight.

Briny Breezes is a corporation and would require a firm equipped to handle dissolution of such an entity. A local real estate agent would not be engaged to handle any such transaction.

Regardless of Arena’s efforts, the corporate board

members of Briny Breezes will continue to serve their elected positions by always doing due diligence for all shareholders of the park.

The all-volunteer board takes the state of infrastructure, maintenance and financial matters very seriously and has nothing to gain from publicity. Rest assured, the board will always vet any purchase offer before asking shareholders for a vote to sell.

Our hope is the publicity surrounding Arena will not cause stress to our residents and everyone can enjoy a fabulous 2020.

Susan J. Brannen,
President, Briny Breezes Inc.

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Along the Coast

Crime rate remains low in coastal communities

By Rich Pollack

Crime remained low in South County's small coastal towns with just 65 incidents reported during the first six months of 2019.

The number of crimes reported in both Ocean Ridge and Manalapan remained flat year over year, according to statistics released by the Florida Department of Law Enforcement last month, while Highland Beach, Gulf Stream and South Palm Beach all reported small increases.

The larger cities — Boca Raton, Boynton Beach, Delray Beach and Lantana — all reported drops in major crimes, with the number of reported incidents in Lantana dropped by 14%.

Law enforcement officials say increased awareness among residents is responsible for both the drop in some communities and the increase in others.

In Lantana, for example, Police Chief Sean Scheller says a number of factors could be responsible for the decrease, including an awareness among residents to report situations that don't seem right.

"Our department has continued to increase community relations and educate our residents on

Crimes reported in the first 6 months of 2019 vs. 2018

City/Town		Total crimes	Murder	Rape	Robbery	Aggravated assault	Burglary	Larceny	Vehicle theft
Boca Raton	2019	1,130	0	20	34	38	110	851	77
	2018	1,274	0	17	30	49	147	938	93
Boynton Beach*	2019	1,555	3	15	59	176	137	1,055	110
	2018	1,726	1	13	64	146	141	1,202	159
Delray Beach	2019	1,388	4	15	49	113	118	989	100
	2018	1,448	4	13	46	140	123	1,033	89
Gulf Stream	2019	7	0	0	0	2	1	4	0
	2018	3	0	0	0	0	1	2	0
Highland Beach	2019	28	0	1	0	1	5	16	5
	2018	17	1	0	0	1	0	11	4
Lantana	2019	299	0	3	10	28	13	230	15
	2018	348	0	4	13	23	14	273	21
Manalapan	2019	12	0	0	0	0	2	10	0
	2018	12	0	1	0	0	0	8	3
Ocean Ridge	2019	12	0	0	0	1	3	6	2
	2018	12	0	0	0	2	3	2	5
South Palm	2019	6	0	0	0	0	0	6	0
	2018	1	0	0	0	0	0	1	0

* Crimes occurring in Briny Breezes were incorporated into Boynton Beach's overall crime report. **Source:** Florida Department of Law Enforcement

reporting suspicious activity," Scheller said.

Also helping to keep crime down, he said, is an increased police presence in residential and commercial areas.

In Highland Beach, where the number of reported crimes increased from 17 during the first half of 2018 to 28 a year later, Police Chief Craig Hartmann says part of increase is due to residents being more diligent in reporting crimes.

He said residents are also

more aware of the importance of locking their cars and removing wallets, jewelry and other items overnight.

"The community is doing a much better job of not leaving valuables in their vehicles," he said.

Highland Beach reported five stolen vehicles in the first part of the year, and Hartmann said in most of those cases, keys were left in the ignition.

Highland Beach residents also reported several thefts from

homes, with police believing some of the missing pieces may have been taken by workers or others who were invited into the homes.

His advice to residents: "Be aware of the valuables that are in your home and secure them."

He also recommends remaining in your home while workers are present whenever possible.

Hartmann said it appears the town would finish 2019 with close to the same number

of crimes as reported the year before.

Overall, crime in Palm Beach County dropped about 15% during the first six months of 2019, according to the FDLE, which compiles the statistics. Statewide, crime dropped about 6% during that time period.

In Gulf Stream, Police Chief Edward Allen reported two cases of suspected "porch thieves" striking in November, compared to none the previous year. ★

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Yamato Rock is a hidden gem that would get wider use among snorkelers and anglers once it becomes part of a county park by 2025 or so. Snorkelers can see the bright orange fire coral and angelfish and damsselfish. Anglers can catch snook, tarpon and jacks. **Photo provided by Rodrigo Greise**

YAMATO ROCK

Continued from page 1

Weir. Glover, her friends and family members spent many summer days having a good time on and around the rock.

“When it was flat, it was perfect,” said Glover, who lives in Delray Beach. “You could jump off the rocks, swim around and see a lot of little fish. It was such a blast.”

Glover said that her grandmother owned the property that faces the rock from about 1955. It was sold to Canadian developer Cam Milani in the mid-1970s after Weir’s death.

When Milani died in 1986, his family and Palm Beach County began working on a sale that would turn the property into a county park.

In the decades that have since passed, the property — and by extension Yamato Rock — has been at the center of controversy and legal wrangling that could come to an end in about five years. That is, unless Highland Beach residents can lobby hard enough to put the brakes on what is to be known as the Cam D. Milani Park.

Under a 2010 agreement that came as part of a settlement with the town of Highland Beach, construction of a county park was delayed for 10 years with the county given two five-year extensions before having to either begin construction or sell the property.

In 2019, county commissioners agreed to postpone development of the park for five years but instructed the county’s parks department to begin the legwork that would make it possible for construction to begin in 2025.

Town residents, especially those in the Boca Highland Beach Club and Marina



Joan Weir and daughter Louise Glover, who live in Delray Beach, return to Yamato Rock. Glover’s grandmother owned the beachfront through the 1960s. **Jerry Lower/The Coastal Star**



Glover as a child at the rock. Kids would jump off the rock to swim and see fish. ‘It was such a blast,’ she says. **Family photo**

community, have promised to continue fighting the park, which they fear will create traffic and safety issues.

If and when a park is built, Yamato Rock would be an important part of the recreation area, according to people who

He said the rock holds the sand on the north side while the water is deeper on the south side.

“On the big swells, it’s one of the better surfing spots,” he said.

But, Richwagen said, “It’s too hard to get to and there’s no parking.”

Highland Beach has no public beach access. The only way for non-boaters to get to Yamato Rock now, he said, is to park at Spanish River Park in Boca Raton and walk a half-mile or so up the beach, staying on the public portion.

The outcropping once was called Jap Rock. Several theories exist about how it got that name, with many believing it was due to members of the Yamato Colony of Japanese pineapple farmers going there to fish in the early 1900s.

“It’s still kind of shrouded in mystery. It’s likely white pioneers named it ‘Jap Rock,’” said Susan Gillis, curator of collections at the Boca Raton Historical Society.

Gillis, who pointed out that the outcropping was not really close to the Yamato Colony, said the name was changed in 2006 to be less pejorative.

Glover said she and her family had a different explanation for the name. “We thought it was because the rocks looked like the hats that Japanese pineapple farmers wore,” she said.

Glover said allowing Yamato Rock to be more accessible for public use makes sense and is a concept her grandmother might have supported.

Another parcel she owned on Jupiter Island is now Blowing Rocks Preserve, owned by the Nature Conservancy. It includes an educational center, native plant nursery, boardwalk, oceanside path and a butterfly garden. ★

know the area well.

“It’s a unique feature of that location,” said Eric Call, the county’s parks and recreation director. “People will enjoy it.”

What makes Yamato Rock special, Call said, is the marine life that congregates around it. “It’s great for attracting fish,” he said, adding that snorkelers and anglers both are attracted to the area.

Call said that the property, in part because of the outcropping, is unique along Palm Beach County’s coast.

“I think the rock is what gives it character,” he said.

Albert Richwagen, a longtime South Florida resident and owner of Delray Beach Water Sports, said Yamato Rock is one of the best recreational spots in the area for people who want to surf, snorkel or fish, in large part because of its geology.

“There’s nothing like it around,” he said. “There’s not many spots where there’s a rock so close to the shoreline.”

STATION

Continued from page 1

Virgin Trains also will submit a study on how the station and garage will affect traffic on nearby streets. The traffic analysis will be used to determine if any road changes or improvements are needed. If so, decisions will have to be made on how to pay for them.

The City Council must approve a temporary parking lot on city-owned land south of the Downtown Library that patrons can use while much of the existing library parking lot is blocked off during station and garage construction.

One significant matter remains unresolved. Virgin Trains wanted the construction of an elevated pedestrian bridge that would let people walk safely across busy Dixie and Federal highways to Mizner Park.

Deputy City Manager George Brown said at the Dec. 10 meeting that the bridge may not be feasible since it would need approvals from Florida East Coast Railway, the county, state and property owners.

The bridge could cost between \$7 million and \$12 million. The potential price tag is high because the bridge likely would need to be enclosed and air-conditioned due to Florida's climate. That has prompted concerns about vagrants camping out in the bridge.

An alternative is an enhanced pedestrian walkway at ground level that is less costly and easier to achieve, Brown said.

While Virgin Trains hasn't crossed the finish line yet, the rail company is expected to move just as quickly to iron out final matters as it did to get the long-term lease. The city and company reached an agreement less than five months after Virgin Trains said it wanted to build a station in the city.

Virgin Trains hopes to break ground in February or March, with the station completed and operating by the end of 2020.

Residents filled every seat in the council chambers and spilled into an overflow room for the chance to speak for or against the project. More than 60 voiced their opinions during the nearly six-hour meeting.

Key business groups, employers and many residents are thrilled to have a station, saying it will lure more companies to locate in the city, increase property values, draw visitors to cultural venues and provide an alternative to clogged Interstate 95 to reach West Palm Beach, Fort Lauderdale and Miami, where Virgin Trains already has stations.

"It certainly is a game-changer for our city," said Troy McLellan, CEO of the Boca Chamber. "The overwhelming support throughout the city is loud and clear."

Jorge Pesquera, CEO of Discover the Palm Beaches, said having a station in Boca Raton is like "winning the lottery."

But residents of the Library Commons neighborhood just north of the station site objected



Patrick Goddard, president of Virgin Trains, speaks during a news conference after the City Council's 5-0 vote to OK a station in Boca Raton. From left are Andrea O'Rourke, Mayor Scott Singer, Jeremy Rodgers and Monica Mayotte. **Tim Stepien/The Coastal Star**



The Virgin Trains station and garage will be built east of Boca Raton's Downtown Library. **Coastal Star map**

to a 4.5-story garage looming over their homes and fear Virgin Trains eventually will damage the character of the area by developing adjacent city-owned and privately owned land.

Supporters of the heavily used Downtown Library also worry about the potential for multistory development and patrons losing easy access to the building.

Others expressed doubts that Virgin Trains is financially viable and sharply questioned city officials about their rationale for leasing land to the rail company for the nominal amount of \$1 a year and paying most of the cost of the garage. "It is basically a giveaway to a private company," said Manju Pendakur, a retired Florida Atlantic University professor.

Library Commons resident Charles Bennardini said Virgin Trains' goal is to develop land near the station.

"They are interested in using your tax dollars to further their revenue interests," he said.

But opponents failed to sway council members.

"This is about an opportunity, a rare opportunity," Singer said, later adding, "This is an investment worth making."

Council member Andrea O'Rourke said 98% of the emails she received about the station came from people supporting it.

"To have the opportunity to have this train station is invaluable," said council member Monica Mayotte. "The economic value this station will

bring is evident."

Virgin Trains will pay for the \$25 million station and nearly \$2 million for 64 garage spaces on the ground floor reserved for library patrons, who will park at no cost and will have their own garage entrance.

The city will pay the lion's share — nearly \$12 million — of the remaining cost of building the 455-space garage, which Virgin Trains will operate and maintain. Virgin Trains will give 50% of the garage revenues to the city. Drivers who don't use the train or library also will be able to park in the garage.

The city's share of garage cost will not result in a tax increase, Brown said. The money is coming from city reserves.

The city considers the lease a land sale because of its length. The initial lease term is 29 years but with renewals could total 89 years.

Virgin Trains initially asked the city to donate about 4 city-owned acres east and south of the Downtown Library. It wanted to develop about half of that.

The company put development plans on ice after hearing strong objections from residents, but that does not mean they have been scrapped. Virgin Trains has a right of first refusal if the city decides to sell the property after Dec. 31, 2024. The city would not sell it before then.

City code requires any sale or lease of city property to be done at fair market value. There is an

exception, however, for the sale or lease of property that would be of "significant economic benefit" to the city.

Virgin Trains provided an economic impact study that says the station will contribute \$15.5 million annually in economic benefits, including \$10.9 million in money spent by visitors using the train to come to Boca Raton.

In a concession to Library Commons residents, Virgin Trains agreed in November to push the garage 25 feet south. Adding in a 20-foot easement, there will be a 45-foot buffer between the neighborhood and the garage.

The rail company also will pay up to \$300,000 to relocate the Junior League of Boca Raton's Community Garden, which will be displaced by the station and garage. City officials have identified Meadows Park as a potential new location for it because it has ample parking, room for expansion and is pesticide-free.

While that doesn't satisfy some of the avid gardeners, most Junior League members and gardeners who spoke at the Dec. 10 meeting supported the Meadows Park location.

Virgin Trains' financial viability remains a concern for some residents. A consultant's report to the city found that while ridership and revenues are increasing, both fall significantly below projections.

But Jose Gonzalez, executive vice president of Florida East Coast Industries, told council members that the projections cited by Colliers International are outdated because they are based on Virgin Trains' having service to Orlando. FECCI is a subsidiary of the private equity firm that operates Virgin Trains.

Although the Orlando station is built, the start of service was delayed by litigation and is now expected to begin in 2022, he said.

Virgin Trains was on track to have 934,000 passengers in 2019, which Gonzalez said nearly

meets the company's targets.

The company also has approvals to build stations at PortMiami and Aventura. Those and the Boca Raton station will increase ridership by 2 million passengers once they are operational, the company has said.

To protect the city against the possibility that Virgin Trains could go out of business, its deal with the rail company says it may terminate the lease for the station and garage land if the company discontinues service or service diminishes substantially.

In that worst-case scenario, the city would take over the parking garage and could repurpose the train station for other uses.

Virgin Trains, the rebranded name of Brightline, has drawn scrutiny for the number of people who have died on its tracks.

While all railroads in South Florida have struck people, Virgin Trains is responsible for the most deaths, according to an analysis by the Associated Press.

None of the deaths was caused by crew error or faulty equipment, according to federal reports. The majority have been suicides, while others involved people who tried to beat the train or ignored gates and warnings.

In early December, Goddard said the company would contribute \$150,000 to support the 211 Palm Beach/Treasure Coast Helpline, a service for people with mental health issues.

That would be added to \$500,000 in state funding that State Rep. Mike Caruso, R-Delray Beach, is seeking in a bill intended to reduce the number of suicides by train.

The Florida Department of Transportation also has announced it will spend \$60 million to make safety improvements to more than 4,000 rail crossings over the next two years. ★

PBSO Meet and Greet

Barclay condominium, South Palm Beach — Dec. 12



Hundreds of South Palm Beach residents and Palm Beach County sheriff's deputies gathered to get acquainted at a picnic event on the pool deck of the Barclay. A downpour and blustery winds canceled a planned boat and helicopter demonstration by the town's new police presence.

ABOVE: Joan Pickford, a resident for more than 20 years, deals with the downpour. She was a member of the preservation committee that gathered signatures to make sure the town kept its building height limit.
RIGHT: Deputy Michael Canavan interacts with niece Amelia, who is the grandchild of resident Mike Cavanaugh.
Photos by Jerry Lower/The Coastal Star



South Palm Beach

Town manager, mayor find errors in census to blame for population drop

By Dan Moffett

Dozens of South Palm Beach residents seem to have disappeared over the past decade — gone missing with scarcely a trace or a clue.

Whole buildings appear to have been wiped off the town's map, erased as if by some cosmic delete key.

What sounds like the script for a low-budget science fiction movie has been reality for Robert Kellogg, the town manager, who has spent much of the past year trying to unravel the enigma.

During the Town Council's Dec. 10 meeting, Kellogg announced he has done just that.

"The mystery has been solved," he said, "and what we discovered is what we suspected from the very beginning."

Blame the U.S. Census Bureau.

It turns out the federal government's people-counting agency made an unfortunate error when it conducted the 2010 census. The town's two southernmost condo buildings — Imperial House and South Palm Villas — were counted as part of Lantana.

No one is quite sure how the error happened. But it cost the town about 130 condo units and perhaps as many as 200

residents in population. This helps explain why the 1990 census found 1,480 people in the town and the 2010 count came in at 1,171.

In between, there were major problems with the 2000 census, which first put the town's population at 699 and then months later corrected it to 1,455. For some reason, the government has trouble counting South Palm Beachers.

The consequences of an inaccurate count can be far-reaching. Mail service to the two buildings has been affected. The Florida League of Cities says each person is worth about \$1,600 when the state goes after some \$700 billion in federal funds each year. Municipal population is also a factor in state and county decision-making.

Mayor Bonnie Fischer said she noticed the error when looking at FEMA flood zone maps that excluded the two condo buildings. This was especially alarming to Fischer, who lives in Imperial House and doesn't want to go down in history as the first Lantana resident to be elected mayor of South Palm Beach.

Kellogg said he is working with the Census Bureau to correct the mapping mistakes, and the town is hopeful the agency will perform better for the coming 2020 count.

In other business:

• Council members say they are looking at internet

alert systems or other ways to get emergency information to residents after a water main break Thanksgiving weekend exposed communication shortcomings.

The break occurred the evening of Nov. 29 outside The Mayfair condos, and part of the town lost water service for hours. Palmsea Condominiums reported damage to its pumps because of the interruption.

A boil-water advisory went into effect soon after the break, but officials were hard-pressed to get the word to residents. Officials resorted to posting fliers in condo lobbies.

"What good is it to put notices up at 11 o'clock at night?" Fischer said.

The city of West Palm Beach supplies the town's water, and Kellogg said the utility department insists on controlling messaging. Vice Mayor Robert Gottlieb said the council has to look at better use of the internet and social media to transmit essential information to residents.

• Three candidates have qualified for two open council seats in the March 17 election.

Gottlieb is seeking another term. Former Councilwoman Elvadianne Culbertson, who ran unsuccessfully last March, and Ray McMillan, who ran unsuccessfully in 2018, also have filed.

Incumbent Councilwoman Stella Gaddy Jordan has decided not to seek another term. ★

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Boca Raton

City will get \$2.6 million for Irma cleanup

Boca Raton will receive \$2.6 million from the Federal Emergency Management Agency to defray the costs of cleaning up after Hurricane Irma.

The money will reimburse the city for collection and disposal of debris, FEMA said in a Dec. 23 release.

The city collected more than 350,000 cubic yards of vegetative debris from roads and public

and private property, FEMA said.

The money is from FEMA's Public Assistance grant program, which helps communities recover from a federally declared disaster or emergency.

Irma struck the state on Sept. 10, 2017, making landfall in the Florida Keys as a Category 4 hurricane.

—Mary Hladky

Gulf Stream

Residents reminded not to overwater yards

By Steve Plunkett

Residents got a "friendly reminder" in their mail last month to check how often their sprinklers turn on.

Town Manager Greg Dunham said a combination of tides, rain and the core area's low geography was causing a slippery situation.

"There's water standing, you know, on the streets all the time," Dunham told town commissioners at their Dec. 13 meeting.

He planned to send a mass mailing with a copy of Gulf Stream's rules on landscape irrigation. "We'll approach it, you know, in a friendly way," he said.

Commissioner Joan Orthwein said some people are not even aware of how often their grass is watered.

"Oh, my lawn people have taken care of it," Orthwein said those residents say.

Vice Mayor Thomas Stanley said some lawns on Polo Drive are watered twice a day. "It's just a little much," he said.

And, said Dunham, "In some cases they're being watered five days a week."

Earlier in the meeting, commissioners were told excess water had slowed the underground connection of homes to Comcast's new fiber-optic system.

"We had the king tides, which caused some issues with some of the houses where we were digging. Now when you dig down a foot and you hit water, you need to stop and wait

till the tide comes out," Comcast subcontractor Steve Rosa said.

Rosa said 35 out of 100 homes had been connected and he hoped to finish the job in late January or early February.

AT&T is connecting customers to underground phone lines after Comcast has finished a section.

In other business:

- A decision on the Little Club's request to install pickleball courts near the Hillside House and St. Andrews Club will not come until April.

Mayor Scott Morgan and Dunham made a field trip to the Gulf Stream Bath and Tennis Club to hear the differences between tennis and pickleball and decided to hold another demonstration from inside a Hillside House condo.

- Outside attorney Jeffrey Hochman told commissioners that Martin O'Boyle filed a federal lawsuit similar to one by his former employee Denise DeMartini, claiming the town's unsuccessful RICO action was unlawful retaliation against him. The 11th U.S. Circuit Court of Appeals issued what Morgan hailed as "a very significant decision" in November that the town had good legal reason to pursue the RICO claim against DeMartini and others.

- Morgan and the town's four other incumbent commissioners were re-elected Dec. 17 after no one filed to run against them in the coming election. The town's registered Democrats still will vote in Florida's March 17 presidential primary. ★



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Along the Coast

Cities, towns band together to adapt to climate change

By Mary Hladky

Seven municipalities and Palm Beach County have joined forces to determine how they are threatened by climate change and to devise ways to protect residents from its effects.

Boca Raton, Boynton Beach, Delray Beach, Highland Beach, Lake Worth Beach, Lantana, Ocean Ridge and the county have approved an agreement to conduct a climate change vulnerability assessment. The County Commission was the last to sign on, voting Dec. 17.

Once the municipalities and county have data on the threats they face, they will take up the task of making the region more resilient.

“We have put a lot of work into the development of this interlocal agreement and are very proud to see it materialize,” said Rebecca Harvey, Boynton Beach’s sustainability coordinator. “This collaborative approach will enable us to confront the challenge of climate change as a unified front, and we hope it will serve as a model for other communities nationwide.”

The municipalities and county set a Jan. 15 deadline for consultants to submit proposals on how they would conduct the vulnerability assessment, and will select one in February to do the work.

The consultant’s tasks will be completed in two phases, with two tasks to be completed by June 30. The remaining tasks will be finished and a final report issued by March 31, 2021.

The consultant also will create a geographic information system-based interactive mapping tool that can be updated with new data and will allow users to zoom in on a specific neighborhood to see climate change impacts or zoom out to see regional impacts.

The assessment will evaluate the vulnerability of people, property, water and transportation infrastructures, critical facilities, the economy and natural resources.

The governments have budgeted \$366,797 to do the work and will share its cost, supplemented by a \$75,000 Florida Department of Environmental Protection grant to Boynton Beach.

Students at Harvard University Law School’s Emmett Environmental Law and Policy Clinic determined how much each municipality and the county would pay, based on the size of the city or town, its property values and median resident income, Harvey said.

Boca Raton will pay the most, with the City Council approving the \$85,000 expenditure on Nov. 26. The county will pay the least,

\$20,000, since only small pockets of unincorporated areas are located within the assessment region.

“It is hard to know what to do until you know where you are,” said Boca Raton City Council member Monica Mayotte, an advocate of environmental initiatives. “This assessment will hopefully be our baseline and tell us where we need to go.”

By working together, the cities and towns reason they can get more bang for the buck by avoiding duplicate spending and operating more efficiently.

The Southeast Florida Regional Climate Change Compact, a collaboration of Monroe, Miami-Dade, Broward and Palm Beach counties and many South Florida cities, calculated about seven years ago that the area could lose as much as \$4 billion in taxable real estate with a 1-foot rise in sea level.

But the compact’s data, centered on sea level rise, is now dated, said Katelyn Cucinotta, environmental analyst with the Palm Beach County Office of Resilience. The vulnerability assessment will update the data and take into account additional threats, including storm surge, extreme heat and rain, hurricanes, saltwater intrusion and pest and disease outbreaks.

“What we are doing now is not sea level rise-centric,” she said. “We are looking at different threats. We are taking a much deeper dive.”

Although some cities, such as West Palm Beach, have done their own assessments, Cucinotta said this initiative differs because eight governments are working together and looking at a region.

“It is novel in that it is a collaborative micro-regional effort” that will not be limited to each city’s individual boundaries, she said.

Florida governments are beginning to grapple with how to pay for climate change adaptation.

Monroe County officials have concluded the county would need billions of dollars to remain a viable place to live in the near future, an amount the county would not be able to pay.

Delray Beach learned in February that it will have to pay more than \$378 million to raise roads and seawalls to protect against rising waters.

The consultant is tasked with finding ways to pay for adaptation.

Possibilities, according to interlocal agreement documents, include state and federal funds, special taxing districts, revolving loan funds, public-private partnerships and new types of insurance programs. ★



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Ocean Ridge

**Hurlburt,
Wiescholek
take seats on
commission
uncontested**

By Dan Moffett

Vice Mayor Don MaGruder's decision not to run for a second term in the March 17 election left two seats open on the Ocean Ridge Town Commission with two candidates qualified and ready to claim them.

Incumbent Commissioner Susan Hurlburt returns for a full three-year term on the commission after serving out a partial one-year term that began last year.

Political newcomer Martin

Wiescholek takes over the seat held by MaGruder, who announced in November plans to move to North Carolina after more than 30 years in Ocean Ridge.

Wiescholek, a frequent contributor during public comment periods at town meetings, says he looks forward to advancing MaGruder's agenda.

"I will be filling his seat and hope to be able to make a smooth transition, carrying the torch of environmental responsibility and smart government he has held in town for so long," Wiescholek, an ICT Group managing partner, said in an email to *The Coastal Star*. ICT Group is a private investment firm advising clients in wealth planning and international investment strategies.

On recent hot-button issues, Wiescholek has spoken in support of police body-worn cameras as a way to protect the town against lawsuits, and he supported letting voters decide whether to require supermajority commission votes to guard against excessive development.

A three-year resident of Ocean Ridge, Wiescholek says he wants to draw on the experience gained living in other Florida oceanfront communities to help guide his commission work. He has scheduled a meet and greet event for 6 p.m. on March 4 in Town Hall, to introduce himself to residents and discuss issues facing the commission.

Hurlburt was the choice of voters last March to fill the remainder of the term left by former Mayor James Bonfiglio, who resigned to run for the state Legislature. He was unsuccessful. ★



Wiescholek

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Lantana

Lantana's new librarian is homegrown and never left town

By Ron Hayes

For nearly 23 years, Sid Patchett devoted himself to seeing the Lantana Public Library shine in quality where it couldn't compete in quantity.

Five days a week, from September 1996 when he became its director until shortly before his death last Sept. 18, Patchett drove from his home in Miami's Coconut Grove to 205 W. Ocean Ave., determined to honor the mission he'd placed on the library's website.

"A Place For Serious Readers."

"We don't stock multiple copies of the bestsellers," he would say without apology. "We use our limited budget to create the thinking person's library. We'll get just one copy of a new Stephen King, and then we'll get, say, *The Princeton Guide To Evolution*."

Now the library Sid Patchett loved and led is evolving.

On Nov. 13, Kristine Kreidler began her first day as its new director. She didn't have to drive from Miami.

Kreidler, 38, was born in Lantana. She attended Lantana Elementary School, Lantana Middle School and Santaluces High School. She still lives in town.

"I want a community library where people of all backgrounds and ages feel welcome," she said recently. "Think about it. A library is still one of the few places where you're not expected to buy anything."

Her first week at work, she was off to Tallahassee to attend the Florida library directors meeting. In early December she was back, but still settling in.

Waiting to be explored on her desk were the three large file boxes her predecessor had labeled "Urgent" and "Less Urgent." On her computer, she found the letter she'd written back in 2010, applying for an internship at the library she now leads.

"I didn't get it, and I never met Sid," she recalled. "But the more I find out about him, the more I wish I'd met him. I don't know how he drove from Miami for so long. I had trouble driving to Boca Raton."

After earning a bachelor's degree in English and women's studies from Florida Atlantic University and a master's in library and information science from Florida State University — and failing to receive that internship here — Kreidler began her career with a year's internship at the Broward County African American Library and Cultural Center, then became the youth services librarian at the Boynton Beach City Library from 2011 to 2019.

She comes to Lantana from the Boca Raton Public Library, where she supervised 17 employees and saw 45,000 patrons attending youth programs in a single year.

"This is my dream job," she



One of Kristine Kreidler's goals is to make the library more appealing to young readers. Tim Stepien/The Coastal Star

said. "I get to be the boss, but the library's small enough that I can also interact with the patrons on a daily basis. Most library directors don't get to do that."

Yes, the library is small, but it's growing. When Patchett was interviewed by *The Coastal Star* in February 2015, he counted about 23,000 volumes on the shelves. Kreidler arrived to find 24,194.

In 2015, the annual budget was \$170,000. Today, it's \$217,000, including \$20,000 for purchasing new books.

Now Kreidler is eager to bring a younger, more expansive vision to the library's mission.

"Sid marketed us as a library for serious readers," she said. "But are serious readers really coming here?"

To find out, she plans to sponsor community surveys and focus groups. She wants to ask the library's patrons, "What do you want?"

What she wants is the best of all worlds.

"I see lots of kids and teens walking by here," she said. "Our children's collection needs work, and I'm going to create a young-adult collection."

The library has only two computers for public use. Kreidler wants more.

"I'd like to create a digital studio for teens, where they could use Photoshop and be more content creators instead of just passive consumers."

She envisions working with AmeriCorps volunteers and perhaps the Friends of the Library's 175 members to offer free GED training, homework help and English language classes.

She wants to start a children's story time.

And she plans to order books based on patrons' requests and suggestions from the

online Booklist, in which the American Library Association recommends upcoming titles.

"I think our strength lies in our size and our neighborhood library status," she said. "We're walkable for so many, our staff knows you by name and what you enjoy, so we can recommend books you might

like and anticipate your needs. We're a small municipal library so we have more flexibility in responding promptly to patron requests for materials or programs."

In short, Kristine Kreidler wants the Lantana Public Library to be a place for all readers, young and old, serious

and not so serious.

"I don't know if I'll follow Sid's philosophy," she said. "If there's a new Stephen King novel, I might buy two or three copies." ★

For more information, call 561-540-5740 or visit www.lantanalibrary.org.

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10 Questions

MEET YOUR NEIGHBOR: Pamela Goffman

The Arts Garage didn't exist when Pamela Goffman moved to Delray Beach in 1998, and once it came into being in 2011 it took her another year to get involved. But once she did, becoming a member of the board of directors in 2013, she was all in.

"When I do something I really dedicate myself to it," said Goffman, a psychodrama therapist based in Delray Beach. "And I felt I did that with Arts Garage because I just love it."

Health concerns prompted Goffman, 60, to give up her board position this past fall, but she plans to continue her involvement.

The Arts Garage — a nonprofit organization and multidisciplinary performing arts venue dedicated to providing arts experiences to the community — is her favorite cause.

"First, because any community is enriched by the arts, and second, for the education," she said. "The reason we raise the money we do is to serve all people, but especially kids who can't afford it. We want it to be successful for everybody. And we succeed. Two summers ago we had two sessions of theater of summer camp that were completely funded by donations. This past summer we had three."

She will continue to support the Arts Garage and CEO Marjorie Waldo.

"I'm a frequent audience member, give money when I can, get people to go," she said. "And now Marjorie is bringing theater back, too. There's several classrooms there now. It's really great."

"I have been a lover of the performing arts my entire life, and it's why I do psychodrama."

Goffman also enjoys traveling with her husband, and especially loves visiting Portugal, where she has colleagues and enjoys collaborating with them professionally while she's there. She also enjoys going to the theater, movies and swimming.

— Brian Biggane

Q: Where did you grow up and go to school? How do you think that has influenced you?

A: I grew up in Bucks County, Pennsylvania, and had the good fortune of going to a Quaker high school, and that informed a lot of what I do today. It made me think in a spiritual vein, and psychodrama has a very strong spiritual component.

When I went to college my family moved to Manhattan, so I spent my young adult life in Manhattan. I did my undergraduate work at Ithaca College and then got a master's degree in social work at Fordham.



Psychodrama therapist Pamela Goffman adorns her office in Delray Beach with colors and heart figures that help her bring comfort to clients. Goffman is a lover of the arts and an ardent supporter and former board member of the Arts Garage. **Tim Stepien/The Coastal Star**

Q: What professions have you worked in? What professional accomplishments are you most proud of?

A: My first career was teaching movement to actors in New York City. And when I decided to go back to graduate school ... I studied acting and directing, so I worked in the theater and did some television work, mostly in soap operas, little stuff.

Professional accomplishments start with the training institute, having trained other health professionals in this fabulous method. That's something I'm proud of, though I don't do much of it anymore. But I would say long-term sustainability for me is just the work I do every day with each individual client: working with couples, getting them to access their vulnerability so they can have truth between them, and also my individuals.

And I love my groups. Magic happens within psychodrama. One of the hallmarks of that is you get to reverse roles. And it's incredible how people 50, 60, 70 years old grow up, because they get to see themselves in the role opposite of what they are. The level of insight and the shifts they make, to become responsible for who they are, is amazing.

The other thing is I give hope to people. What I tell people who come in hopeless and anxious is we have all roles available to us, but we have not been trained to take on those roles. We're all raised in families and we're all given a role. When we realize, oh, I could be the bad one, or the nasty one, or the leader or follower, or I could be the good one. How do I do that? It's not easy to take on a new role, but it's so freeing and we can expand who we are.

Q: What advice do you have for a young person seeking a career?

A: Try a lot of things. Like taking new roles. Don't be afraid to fail, and don't be afraid to try all kinds of things. We don't really find out who we are for a long time. And until our dying day we need to give ourselves permission to try new things. So just don't be afraid.

Q: How did you choose to make your home in Delray Beach?

A: When I moved to Delray 21 years ago, the reason I chose it is for what I knew of Florida — which wasn't a lot — it was the one place I saw that had a soul. And to me the soul comes from art. There was art here. Arts Garage wasn't here yet, but there were performing art venues, music venues, stuff like that.

They maintain the older

buildings, and it didn't feel like it was something along a highway, brand new. And it was anchored by the ocean, which to me is a very spiritual kind of feeling. So I just fell in love with Delray, and I've been in love with Delray ever since.

Q: What is your favorite part about living in Delray Beach?

A: Has to be the Arts Garage. When it came on the scene, I was like, "Wow, finally, this is fantastic." They asked me when I came on the board what my interest was and I said arts education for kids, because they've taken it out of the schools.

Q: What book are you reading now?

A: I just finished reading *American Snake Pit*, written by Dan Tomasulo, a psychodramatist, and it's both horrifying and hysterical at the same time. It's kind of fictional autobiography, about the time he was getting his Ph.D., and it was written during the deinstitutionalization movement in the late '60s, early '70s. A great read.

Q: What music do you listen to you when you want to relax? When you want to be inspired?

A: When I want to relax, standards, like the Great American Songbook. And when I want to be inspired it's usually either R&B or Motown, if I want to clean the house, or Stephen Sondheim, for pathos. He's one of my favorite composers.

Q: Have you had mentors in your life? Individuals who have inspired your life decisions?

A: I've had some incredible teachers who are role models and mentors. And in my field, they're mentors as therapists, as teachers, but also as human beings. Nina Garcia, Jackie Siroka and Dale Buchanan. Nina and Dale have published a lot, while Jackie is well-known. They've influenced me with their compassion, undying passion, brilliance, spontaneity and creativity. And huge hearts.

Q: If your life story were made into a movie, who would play you?

A: I asked my family and we came up with Sally Field. There's a physical resemblance, I think, and because she expresses great joy and pathos. She's spunky. And I think I'm spunky.

Q: Who or what makes you laugh?

A: My husband, Sam Snyder, has an adorable sense of humor. A turn of a phrase, clever wordplay, physical humor, like Tim Conway. Seinfeld. And Kevin Hart, his movies make me laugh. He's very self-deprecating. I like that.

Boca Raton

Beach-goers encouraged to use city's buckets to gather debris

By Mary Hladky

Many Boca Raton beach-goers make it a point to help keep the beaches clean by picking up trash and plastics on the sand and disposing of them.

But now the city has made it easier to do so. They no longer need to bring trash bags with them when visiting the beaches for a stroll or swim.

The new Community Coastal Clean Up program provides metal buckets next to signs explaining the program at Red Reef, Spanish River and South Beach parks.

Simply pick up a bucket, put debris inside, dump it in green trash cans along the beach and return the bucket.

"It's more about education and awareness," said City Council member Monica Mayotte, who has long brought compostable bags with her on her beach visits.

"You can pick up stuff around where you are sitting. Every little bit helps."

Ocean pollution, especially by plastics, has gained a lot of attention in recent years.

A report from the World Economic Forum and Ellen MacArthur Foundation estimated that 165 million tons

of plastics are in the oceans. By 2050, the oceans will contain more plastics than fish by weight if nothing changes.

Much of the plastic ends up in gigantic garbage patches floating in the oceans, including one the size of Texas.

Sea birds, fish, turtles and other marine life ingest it and die. Or they get tangled up in the plastics, leaving them unable to eat or swim.

Boca Raton provided a recent example. On Oct. 1, the Gumbo Limbo Nature Center posted a photo on Facebook that went viral of a baby turtle that had washed ashore. A necropsy found that the hatchling had ingested 104 small pieces of plastic.

This incident isn't unusual. A Gumbo Limbo staff member told Live Science that staffers see this every day.

Gumbo Limbo, along with the city's Recreation Services Department and Ocean Rescue, created the cleanup program and the city began promoting it on its website in November.

The buckets are located by lifeguard tower 4 in South Beach Park, lifeguard tower 9 in Red Reef Park and lifeguard tower 16 in Spanish River Park. ★

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GUMBO LIMBO

Continued from page 1

to protect and heal turtles, and inform the public about them, or the specifics of what they do.

"They are the go-to place for the south end of Palm Beach County and south of that. These are very important nesting beaches," says Larry Wood, a biologist affiliated with the National Save the Sea Turtle Foundation.

Here are a few members of Gumbo Limbo's sea turtle team:

Sea Turtle Conservation & Research Program

"I absolutely love what I do," says David Anderson, sea turtle conservation coordinator. "Being on the beach every morning at sunrise — that's my office. You encounter something different every day."

Plus, people thank him for what he's doing, tell him how lucky he is to be doing it and snap photos of him at work.

"It must be a pretty cool job," Anderson says with a laugh. "I feel very fortunate."

Anderson and his team count and record data during sea turtle nesting season, and a whole lot more. He and marine conservationist Kirt Rusenko are the only full-time staffers in this unit of Gumbo Limbo.

Anderson has a bachelor's degree in history from Auburn University and a master's in physical geography from the University of Alabama.

Rusenko has a doctorate in zoology from Clemson University and has been Boca Raton's marine conservationist since 1995. He was recognized by the International Dark-Sky Association in 2013 for his work in protecting sea turtles.

Five part-time staffers assist them during nesting season, March 1 through Oct. 31. They have degrees or are pursuing degrees in marine sciences, and each has spent two or three years with the team.

Anderson was a middle school and high school science teacher, and an adjunct professor at Broward College, when he began volunteering at Gumbo Limbo in 2006, then worked part-time there in summers.

"All teachers need a second job," he quips.

When the job Anderson now holds became vacant in 2015, he applied and got it.

During nesting season, Anderson's team meets at Gumbo Limbo about 30 minutes before sunrise. Then, equipped with tablet computers, water bottles and rain jackets, they head to the 5-mile section of beach that they survey.

Once there, they record information on the types of species that came ashore in darkness — they can tell by the pattern of their tracks — as well as geographic data, whether they found nests, the condition of them and other information.

Then they return to Gumbo Limbo to input the 1,300 data points.

"It's very data-intensive



ABOVE: Jeanette Wyneken, a professor of biological sciences who oversees the Florida Atlantic University Research Gallery at Gumbo Limbo, holds a pair of female 4-month-old green sea turtles that were part of her sex/temperature research.

LEFT: Rehabilitation coordinator Caitlin Boveri photographs an albino sea turtle hatchling during a release at sea.

**Photos by Jerry Lower/
The Coastal Star**

work," Anderson says.

He also supervises guided nighttime viewings of wayward hatchlings being released in the ocean, and group outings to search for adult females laying eggs. He estimates a 70% success rate at this — while being vigilant that nobody disturbs the turtles with lights from cameras, cellphones and the like.

In the off-season, Anderson remains busy fine-tuning data for submission to the Florida Fish and Wildlife Conservation Commission, attending workshops and conferences and making presentations to civic groups.

One highlight of his job occurred when a high school girl from North Dakota, who wanted to be a turtle biologist for a day, visited courtesy of the Make-A-Wish Foundation.

It wasn't a banner year for green turtle nests, so when Anderson took her to the beach, they got a surprise. "One of the biggest green sea turtles I've seen was finishing her nest on the beach," he recalls. "It was like it was purposely for her."

Florida Atlantic University Research Gallery

In one corner of Gumbo Limbo's complex is an FAU research laboratory. Visitors can look down from the second floor upon tubs of turtles, and usually a professor or a student is on hand to answer questions about the work underway.

"Our lab is in many ways unique in the world," says Jeanette Wyneken, an FAU professor of biological sciences and researcher who oversees the facility. "We're not only doing the science, but we talk about it in real time."

FAU researchers once had to lug jugs of saltwater from the ocean to the lab for their work. "It limits what you can do," Wyneken says. Nowadays, ocean water is pumped directly there via underground pipes and into a storage tank.

Wyneken's doctorate in biology is from the University of Illinois, far from any oceans. But she had small pet turtles as a child (after her mother explained that a pet dinosaur wasn't an option) and eventually a box turtle that she kept for more than 50 years. It was more than 100 years old when it died, she says.

Her research at the Gumbo Limbo lab includes an ongoing years-long study into how temperatures affect the gender ratios of sea turtles. Gender isn't established until after eggs are laid. She has found that the warmer the climate, the more likely hatchlings will be females. In seven of the past 10 years, loggerhead hatchlings have all been females, she says.

"If we have too much of one sex and not the other, we have a problem because we're dealing with endangered or threatened species," Wyneken says. A gender imbalance greatly affects reproduction and the survival of those species.

"Never in my wildest dreams did I think I'd be documenting the effects of climate change," Wyneken says. "The turtles tell the story clearly and non-threateningly."

Hotter temperatures not only affect the hatchlings' gender, but their very survival. Some 79% to 82% of loggerhead sea turtle eggs on the Boca Raton beach used to hatch, but that was down to 58%, and then 38%, in the particularly hot years

of 2015 and 2016 respectively, Wyneken says.

"This is serious. They can't dig themselves away from the hot temperatures, so they die."

Green turtle successful hatch rates are on a similar track, Wyneken adds. (Leatherbacks nest in far smaller numbers in Florida and are harder to study for various reasons.)

The 2017 and 2018 nesting seasons rebounded somewhat, and 64% and 70% of clutches successfully hatched respectively, still lower than what used to be typical.

Other turtle research at the lab has long been conducted by Wyneken's fellow professor Michael Salmon. He has shown, for example, that sea turtles can see color, and perceive some colors more clearly than others. One of Salmon's clever students devised a turtle maze and reward system for the study.

"We now know another piece about the biology of these animals," Wyneken says.

And the information has potential practical uses. Long-line fishing operators bait thousands of hooks on gear that contains lights. Using a lighting color that doesn't attract turtles to the baits could help save them from being inadvertently killed.

Gumbo Limbo lab research isn't exclusively devoted to sea turtles. Professor Stephen Kajiura and his students have been studying sharks, including their senses of smell and sight. And Professor Marguerite Koch is studying the effects of ocean acidification — caused by absorption of increasing concentrations of carbon dioxide in the atmosphere — on seagrasses.

Sea Turtle Rehabilitation Facility

The rehabilitation team could very well be renamed the creative team. Its members have made a brace from zip ties and epoxy. Learned to apply honey as a topical antibiotic. Used medicinal leeches to reduce swelling from fishing-line entanglements. Applied medicinal maggots to remove dead tissue from infections.

"You definitely get creative," says Caitlin Boveri, an assistant sea turtle rehabilitation coordinator.

Perhaps never more so than last summer when two adult, eggs-carrying females were admitted to the rehab center with serious boat strike injuries.

The hospital team created a quiet environment in tanks for them and, several times, administered a labor-inducing drug. The tanks were drained and the turtles were elevated on a large tire so their eggs could drop with gravity. It worked, but when staff buried the eggs on the beach to incubate, no hatchlings emerged. Still, both mothers recovered from their injuries sufficiently to be released and perhaps nest again.

Not only turtles have received medical care. A porcupine fish in the nature center's aquarium was sedated and kept damp with seawater-soaked towels while staff veterinarian Maria Chadam surgically removed a fishhook from its small intestine. The fish made a quick recovery.

Boveri is one of three full-time staffers in the rehab unit. She has a master's degree from FAU in environmental studies. Before joining the rehab team, she was a volunteer.

"I fell in love with sea turtles when I was a little kid," Boveri says. "I loved the idea of these magnificent creatures that have been around since the dinosaurs. They're so charismatic."

Emily Mirowski has the same title as Boveri. She was quoted in media globally in October after she removed 104 pieces of plastic that had been ingested by a sick baby turtle that died after being taken to Gumbo Limbo.

Sea Turtle Rehabilitation Coordinator Whitney Crowder has worked in sea turtle biology since 2002, including managing the Turtle Hospital in Marathon Key for two years. She was invited by Greenpeace to speak with ocean activists including Jane Fonda and Ted Danson at a rally in October at the U.S. Capitol.

Chadam, the veterinarian, is on site two days a week. Turtles whose injuries prevent them from ever being released are usually given to other facilities, such as aquariums. Two are permanent residents at Gumbo Limbo.

The turtle hospital was designed for 30 patients a year but treats from 50 to 100, Boveri says. Helping them all is a challenge.

"We find the space," she says. "We make the time." ★

Obituary

Thomas M. Roland

By Sallie James

OCEAN RIDGE — Faith, family and friends are the values that defined the life of Ocean Ridge resident Thomas M. Roland, a proud World War II



veteran, husband and father who also served his country with stints in the U.S. Border Patrol and the Immigration

and Naturalization Service. He died on Dec. 15 after a brief illness at age 92.

His grandchildren were pallbearers at his funeral.

The former New Yorker married Eleanor Hakkerup on May 2, 1954, in New Hyde Park, New York. The couple were together 65 years and had three daughters. A son preceded him in death.

“We had a lovely life together,” Eleanor Roland said.

The two lived most of their married life together in Baldwin, New York, traveling to Florida for nearly 30 years as snowbirds before moving here permanently about 12 years ago.

“His biggest thing was family. My dad grew up without a father and his most important thing was to be a good father,” said his daughter Jean Callaghan, of Yaphank, New York. “He never missed a good party and he was very, very funny. He could laugh at himself and he taught all of us to be able to laugh at ourselves.”

During his retirement, he became an avid card player, theater lover and reader. He and his wife were active members of St. Vincent Ferrer Catholic Church in Delray Beach and

the Ocean Ridge Crown Colony condo community.

A wide-ranging career took Mr. Roland to faraway places such as Thailand, Africa, China, Haiti and Ireland, his daughter said.

“He’d be gone for two or three months at a time,” Callaghan recalled. “He couldn’t have done it without my mother.”

Mr. Roland assisted foreigners with the paperwork they needed to move to the United States, she said. His assignments included being a refugee officer in Indochina and Africa, and working with the Haitian Migration Interdiction Operation with the U.S. Coast Guard, and Northern Ireland’s Project Children Operation.

Most recently, the former U.S. Marine participated in the Southwest Florida Chapter of Honor Flight and traveled to Washington, D.C., in 2018. Relatives saw him off in Florida and more relatives greeted him when he landed in the nation’s capital, his daughter said.

His military service was a source of pride: Mr. Roland enlisted in the Marines shortly after the two-year anniversary of the invasion of Pearl Harbor, becoming a member of the Marine Corps 5th Marine Division “Spearhead” on Dec. 14, 1943. Two years later, he was shot three times during the invasion of Iwo Jima. He was evacuated to Guam, becoming one of 6,218 Spearhead Marines wounded in action.

Upon his return to the

States, Mr. Roland attended Seton Hall College. He joined the Border Patrol in 1951 and served in Texas and New York. He eventually transferred to the Immigration and Naturalization Service in Montreal.

Mr. Roland was not one to sit still so when he retired, he took another job helping guide couriers with fine art cargo through JFK Airport in New York. He subsequently escorted the couriers to their New York City museum destinations, his daughter said.

“He knew his way all around JFK,” she recalled. Burial was Dec. 23 at the South Florida National Cemetery in Lake Worth Beach.

“He is going to be missed. He loved my mother very much. Everybody should be loved like that in their lifetime,” his daughter said.

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Boca Raton

District asks out of Mizner payments to city to free money for parks

By Mary Hladky

The Greater Boca Raton Beach and Park District wants to stop making payments to the city to pay off a Mizner Park bond debt, and instead wants to redirect the money to park improvement projects.

The district asked the city's Community Redevelopment Agency to relieve it of its payment obligations in a Sept. 20 letter, but did not receive a response, district attorney Jacob Horowitz said at a Dec. 16 meeting.

While district commissioners

voted 4-0, with Commissioner Robert Rollins absent, to make a \$1.4 million payment to the CRA for the 2019-20 fiscal year, they also agreed to send a second letter renewing their request to be exempted from making any more payments. That letter was delivered to the city on Dec. 23.

The City Council, whose members also sit as CRA commissioners, has the authority to exempt the district from making the payments, the most recent letter states.

If the City Council refuses, the district would seek legal advice on how to end the obligation, Executive Director Briann Harms said in an email.

The issue could become another bone of contention between the city and the district, which are now at odds over how to build the Boca National golf course.

The CRA was created in the early 1980s to breathe new life into the then-moribund downtown. Its first major project was the development of Mizner Park, which replaced a failing mall and became an attractive downtown destination.

A 1986 interlocal agreement between the district and the city obligated the district to make payments for acquiring, operating and maintaining park

and recreational facilities in the downtown.

The agreement was amended in 1989 to allow the CRA to use the district payments to pay off \$68 million in bonds that financed the Mizner Park project. Mizner Park opened in 1991.

Since those bonds were paid off in March, it is an appropriate time to seek a new arrangement, the district said in the September and December letters.

The December letter includes two other reasons why the district should not have to make further payments.

Thirteen percent of the district's tax revenue comes from residents living outside the city's boundaries, but they have received no benefit from the payments to the CRA because they pay higher non-resident rates at recreation facilities located within the CRA, which encompasses Boca Raton's downtown area.

The district is also strapped for money because, under pressure from the City Council, commissioners voted against raising the tax rate last year.

Exempting the district from making additional payments will "allow the district to utilize these funds in other ways that will continue to benefit the

citizens and residents that we both serve," the letter states.

City spokeswoman Chrissy Gibson said that the district's request will be discussed at a Jan. 23 joint meeting between City Council members and district commissioners. The matter also could come up at the Jan. 13 City Council meeting.

In other business:

• Commissioners voted 4-0 to approve an employment agreement with Harms, who became executive director in October after serving as interim

executive director since February. Harms replaces veteran district official Art Koski, who was

reassigned to be construction manager of the Boca National public golf course one year ago. He also served as a consultant until the commission ended his contract in October.

Harms' annual base salary is \$105,000, with a 3% cost-of-living adjustment taking effect on Jan. 1. Her monthly car allowance is \$500. Her salary cannot exceed \$150,000.

Her compensation is below the \$120,000 Koski earned as executive director at the time he was reassigned.

"I want to thank you all for your support over the last year," Harms said as she was applauded by commissioners and the audience.

"I think she has done a very good job," District Chair Susan Vogelgesang said after the meeting. "She is very thorough."

• Commissioners also voted 4-0 to approve rules governing how district meetings are conducted, similar to rules other elected bodies have.

The rules include a public decorum policy, first proposed by Commissioner Steven Engel in October, that govern conduct by commissioners and members of the public attending district meetings.

Engel said he decided rules were needed after a heated conversation between District Vice Chair Erin Wright and Koski in July, but his decision was reinforced by behavior of an audience member during and after a November meeting in which a commissioner felt threatened.

That incident has prompted commissioners to have a police presence at some of their meetings.

The policy states that members of the public and commissioners shall treat each other with courtesy and refrain from "rude and derogatory remarks, reflection as to integrity, abusive comments, and statements as to motives and personalities."

Anyone who disrupts a meeting and does not heed a warning to stop will be removed by a police officer and is subject to arrest. ★



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Planning Board	One upcoming vacancy for an unexpired term ending September 1, 2022

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Town Commission appoints all members. Members shall serve a three-year term and no more than six (6) consecutive years. A member absent from three consecutive meetings will be considered a resignation subject to automatic acceptance.

Board Applications are available online at www.highlandbeach.us under Government, Our Commission, and Town Boards or in the Town Clerk's Office at 3614 South Ocean Boulevard, Highland Beach, Florida 33487.

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Delray Beach

Seven candidates to pursue two commission seats in March election

By Jane Smith

Seven candidates are vying for two City Commission seats in Delray Beach.

The incumbents for each seat met the city's qualifying deadline of noon Dec. 19, along with their challengers.

Bill Bathurst, who last time ran unopposed to fill the remaining two years of Jim Chard's seat, now has three challengers. They are Juli Casale, a community activist; Jennifer Jones, a self-employed businesswoman; and Debra Tendrich, a nonprofit founder.

Shirley Johnson, the other incumbent, has two challengers for her commission seat: Angela Burns, an educator, and Chris Davey, a commercial real estate broker.

Bathurst, a residential Realtor and previous member of the city's Historic Preservation Board, has raised the most money of the seven candidates by collecting \$65,685, as of Nov. 30.

His donors include developers with projects proposed or under construction in Delray Beach.

Hudson Holdings, which sold its share in the Midtown Delray project in early 2019, donated \$3,000 through three entities. In January 2019, the developer submitted a plan to build an eight-story apartment building called Hudson Flats. The project sits west of Interstate 95, south of Atlantic Avenue and between Congress Avenue and the CSX railroad tracks.

BH3, which won the bid to redevelop three blocks of West Atlantic from the city's Community Redevelopment Agency, contributed \$3,000 through four related businesses, including its law firm. Bathurst sits on the agency's board through his City Commission role.

Another Delray Beach developer, Menin, donated

Candidate profiles for all of our contested elections will be included in the March edition of *The Coastal Star*

\$2,350 through six related entities. Menin has two projects underway near downtown: The Ray hotel on Northeast Second Avenue and Delray Beach Market, a four-story food hall on Southeast Third Avenue.

A few weeks after the City Commission gave valet operators a six-month reprieve to remove their stands from East Atlantic Avenue, eight restaurants donated \$1,000 each to the Bathurst re-election campaign.

He also received three \$1,000 donations from the Walsh family, whose hotel holdings include the recently rebranded Delray Beach Marriott, now called Opal Grand Oceanfront Resort & Spa.

In contrast, Casale is running more of a grass-roots campaign. As of Nov. 30, she raised \$11,660, including a \$5,000 self-donation. She also serves on the city's Planning and Zoning Board.

Her donor list includes associates from the Delray Beach Preservation Trust. Co-presidents Carolyn Patton donated \$500 while Joy Howell gave \$200.

Linda Oxford, a longtime resident and trust board member, gave \$100. Gayle Clarke, also a trust board member and a residential real estate agent, donated \$250. Allen "Sandy" Zeller, trust treasurer and Johnson's campaign treasurer, gave \$300.

Price Patton, Carolyn Patton's husband and a member of the city's Site Plan Review and Appearance Board, donated \$500 to Casale.

The two remaining

challengers have raised less than \$10,000 each.

Tendrich, founder of the Eat Better Live Better nonprofit, raised \$8,976, including a \$100 self-loan.

Her donors include former CRA board Chairman Reggie Cox, who gave \$100.

Cox has promised to campaign against Bathurst for going along with Johnson to have the commission take over the CRA board.

Jones raised \$200 in two \$100 self-donations.

In the other race, Johnson has raised \$31,809, including two self-donations of \$100 each and a \$400 self-loan.

As with Bathurst, most of Johnson's campaign donations are connected to developers, hoteliers and restaurant owners.

She received three \$1,000 donations from Hudson Holdings-related firms. Johnson also received \$1,000 from Pebb Capital, the new owner of the Midtown Delray project on Swinton Avenue, renamed Sundry Village.

Johnson collected four \$250 donations from the Walsh family, which owns and manages more than 125 hotels on the eastern seaboard.

Two months after the approval of Joe Carosella's plans for Delray Place South over the objections of Tropic Isle residents, the developer donated two \$1,000 amounts from

different entities in November.

His land use attorney, Bonnie Miskel, also donated \$1,000 to Johnson's campaign.

In addition, her law firm held a November fundraiser for Johnson at the Harvest Restaurant in Delray Place, a Carosella holding. The cost was \$726.52.

Johnson joined Bathurst in giving the six-month reprieve to the valet stands' having to move off Atlantic Avenue.

A few weeks later in October, eight restaurant owners donated \$1,000 each.

Challenger Burns has raised \$3,575, as of Nov. 30. The amount includes two self-donations, one for \$50 and the other for \$200.

Burns' donors include Reggie Cox, who donated \$500, and Charles Ridley, president of the West Atlantic Redevelopment Coalition, who donated \$250.

They both have criticized Johnson, whose actions led to the City Commission's taking over the CRA.

Johnson's latest challenger, Davey, entered the race on Dec. 13. His civic experience includes former vice chair of the city's Planning and Zoning Board, current chairman of the city's Board of Adjustment and current member of the city's Comprehensive Plan Update Committee.

He also is a member of the nonprofit Delray Beach

Preservation Trust and of the Friends of the Delray Beach Public Library.

Davey lost a 2014 City Commission bid to Al Jacquet. Davey was ahead at the polls by 429 votes, but he lost by 265 votes when absentee ballots (now called mail-in ballots) were counted.

Because of his late entry, Davey has not reported any campaign contributions.

The seats are not restricted. All Delray Beach voters can pick a candidate for each seat on March 17. City voters also will decide on a charter amendment that changes the date for commissioners' and mayor's salary increases:

"Commissioner/mayor salaries currently, any ordinance proposing to increase the annual salaries of the mayor and commissioners is not effective unless adopted at least six (6) months prior to the next regular city election. The charter amendment eliminates the six (6) month requirement and proposes that mayor and commissioner salary increases become effective at the next organizational meeting held on or after the last Thursday in March." ★

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Boca Raton

Children's Museum expects city takeover to be boost

By Sallie James

The beloved Boca Raton Children's Museum temporarily closed its doors on Dec. 19 to make way for changes that will take place under a new boss: the city's Recreation Services Department.

Boca Raton is taking over the popular, but cash-strapped, kids' destination in hopes of keeping the facility open for a long, long time. A reopening date had not been scheduled.

Florence Fuller Child Development Centers handed over the keys last month after taking charge on Oct. 20, 2014, when the museum nearly closed because of dire financial straits. The museum has been on life support for years.

Museum officials are hopeful the new arrangement will give the museum a new lease on life.

"The city has the resources and the ability to really enhance the museum and bring it to the level it should be," said Ellyn Okrent, president and CEO of Florence Fuller. "A lot is going on with the city with the (Brightline) and the revitalization of the downtown. It was just a good time.

"It's a great story. There are no secrets. The city is going to make the investments to reopen it and make it better and an even more exciting place for our families."

No one from the city could be reached for comment during the holidays.

A Dec. 13 memo on the museum website noted that the city will "communicate with residents and visitors about the status of the assessment, programming and reopening dates." The memo says questions and comments can be sent to ChildrensMuseum@myboca.us.

Mary Sol Gonzalez, chair of the museum's board, told City Council members in September that 25,858 people visited over the past year. The council gave the nonprofit a \$20,000 general grant in its 2020 budget.

Boca Raton also gave the museum \$100,000 two years ago to renovate its cottage.

Okrent said the takeover is good news for the museum. "They want to make it a destination place for children and families for our community," Okrent said. "We gave it a lifeline for over five years."

Okrent said the buildings have been refurbished with new roofs, new air conditioning and that they were tented for termites. Sidewalks were also installed.

"I think it has a really bright future and we're very excited about it," she said.

Any outstanding museum memberships will be paid back on a pro-rated basis. ★

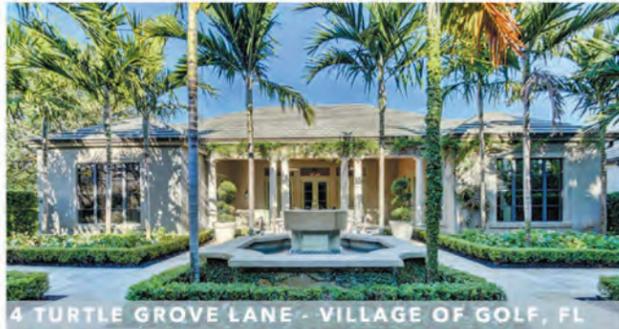
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Highland Beach

Crosswalks likely to get brick color, white stripes to improve visibility

By Rich Pollack

In its efforts to improve visibility of crosswalks along State Road A1A, Highland Beach is going red.

Taking a page out of Delray Beach's playbook, Highland Beach officials hope to repave the eight crosswalks within town limits with textured asphalt that would then be painted brick red.

If all goes well, the inside of the crosswalks will include white Thermoseal striping, with white Thermoseal borders on the north and south sides of the walkways.

"Everything we're doing is designed to increase visibility," Town Manager Marshall Labadie said.

Highland Beach is modeling the improvements after those Delray Beach made at several intersections — including some along A1A — that caught the eye of town officials.

The restriping and repaving of the crosswalks is part of Highland Beach's multi-pronged effort to improve crosswalk safety.

For years residents, concerned that vehicles are not stopping when pedestrians are in the A1A crosswalks, have been pushing the town to take steps to improve visibility.

"All I've wanted was an effective system that will stop cars when a pedestrian is in the crosswalk," said resident John Boden, who has been leading the effort.

Because A1A is a state road and falls under the jurisdiction of the Florida Department of Transportation, getting the green light to make improvements has required the OK of state officials, which has slowed the process.

Now it seems efforts are moving at a quicker pace.

An engineering study has been completed and preliminary approval for the projects has been granted by state officials.

Late last month, Highland Beach sent out a request for bids for construction of several crosswalk improvements.

They include:

- The two-toned pavement markings.
- New signage with pedestrian-activated rapid flashing lights.
- Embedded lighting in the crosswalks that will also be pedestrian-activated.

Labadie said the bids will be opened in early February and work on some pieces of the project could begin as early as March.

Funding for the project

is estimated to be around \$400,000, with the town having budgeted only about \$200,000.

While the state's Department of Transportation has said it will not help with the funding, town officials have enlisted the aid of state Rep. Mike Caruso, R-Delray Beach, and state Sen. Kevin Rader, D-Boca Raton, and are hoping

to get about \$200,000 directly allocated by the Legislature.

Two bills — one that would include funding for crosswalk improvements and another that would help the town pay for drainage improvements — are winding their way through the Legislature.

To further improve pedestrian visibility and make

crosswalks safer, Highland Beach last year unveiled crosswalk flags at a test location in the south end of town.

Those flags have received a positive reaction from residents, and have since been added to the crosswalk near the Regency Highland condominium, Labadie said. ★

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Lantana

Political newcomers challenging incumbents in March election

By Mary Thurwachter

Council members up for re-election in Lantana on March 17 will face opposition from two political newcomers and longtime residents.

Mark Allen Zeitler, 63, an air-conditioning contractor, will challenge Edward Shropshire, 67, for the Group 3 seat that Shropshire won by a 2-vote margin in 2017. Shropshire is semi-retired from Cemex (formerly Rinker Materials) but continues as a driver trainer and safety coordinator.

Karen Lythgoe, 60, is running for the Group 4 seat held by Philip J. Aridas, 65, who has been in office since 2011.

Zeitler and Shropshire live across the street from each other in the Lantana Heights neighborhood and have different views about code enforcement.

“Part of the reason I’m seeking office is that neighbors, some of the longtime residents that I grew up with, encouraged me to run,” Zeitler said.

“Lantana to me has always been a middle-class, working man’s type of area, and to me it’s going the wrong way in terms of code enforcement,” said Zeitler, whose family moved to Lantana in 1959. “I remember back when people had no yards and boats were parked in the swales and

things like that, and to me it’s really starting to come along.

“But I don’t think we need to have more code enforcement laws and create a gated-type community with condo commandos. That’s what I’d like to put a slowdown on. We do need code enforcement, but we just don’t need to be making new codes to basically benefit what appears to be just him,” referring to Shropshire.

A resident since 1979, Shropshire has said that Lantana is no longer the seaside village it was and voted to add an additional code enforcement officer because the town was “looking terrible.”

Lythgoe, a security analyst for a Fortune 500 company, has lived in Lantana since she was 4.

“I had a wonderful childhood here and I want to make sure other children have the same memories,” she said. Her late husband was David Lythgoe of Lythgoe Plumbing, a business that was in Lantana since 1947.

“I’ve not been active in government,” she said. “Someone called me and said, ‘Come on, these two guys are running unopposed; we’d like to shake things up a little bit.’ I’m comfortable in my life and I’d like to give something back to the town that gave me such a great childhood. I’ve been a

political junkie all my life.

“I’ve got an awesome granddaughter and I’m running for her,” she said. “I’m doing this to show her you can do anything at any age.”

One issue that concerns Lythgoe is traffic.

“As a child, I rode my bike all over this town through all the little streets, and now people just go racing up and down the roads. Everybody is in a hurry. There’s just so much traffic. It’s just not safe for kids,” she said.

She would like kids to play outdoors more, away from their electronic devices.

Aridas, a resident of Lantana since 1977, works for Palm Beach County Parks and Recreation and wants kids and adults to spend more time outdoors, too. He’s pleased with the council’s implementation of the first dog park in the town at Maddock Park, as well as having made significant improvements to the skate park there. He has been a staunch supporter of the new Lyman Kayak Park and thinks it’s important to provide residents with fun things to do within the town.

Council members are elected to three-year terms with no term limits and are elected townwide. ★

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Lantana

Judge recommends dismissal of ethics complaint against Mayor Stewart

By Mary Thurwachter

A judge has recommended that the Florida Commission on Ethics dismiss allegations of sexual harassment against Lantana Mayor David Stewart.

Administrative Law Judge Cathy M. Sellers, in her official Recommended Order to the Commission on Ethics filed on Dec. 16, wrote that Stewart did not violate ethics law.



Stewart Sellers presided over a full evidentiary hearing on the case in West Palm Beach on Sept. 24.

Stewart, 67, was accused of misusing his position to obtain a sexual benefit for himself and soliciting sex from a constituent based on an understanding his vote, official action or judgment would be influenced.

The Commission on Ethics is set to take final action on the matter March 6 in Tallahassee.

But the panel, its website notes, "is limited in its ability to modify findings of the ALJ."

In October 2018, the commission found probable cause to pursue both allegations.

"My attorney advised me that the administrative law judge has entered a favorable recommendation," Stewart said. "I'm very grateful that the judge was able to see the truth. I'm hoping that the Commission on Ethics will concur and that my family and I can move on with our lives and I can focus on the needs of Lantana residents without these false allegations."

The complaint was filed in January 2018 by Lantana resident Catherine Padilla, 55, who said the two had become friends when both attended meetings of the Hypoluxo-Lantana Kiwanis Club. The friendship took an objectionable turn in 2015, she claimed, when the two had lunch after a morning Kiwanis meeting, after which he drove her to a motel and propositioned her for sex.

Padilla said she told him she "wasn't interested" and that he drove her back to her car.

Padilla said Stewart called her a week or two later and said he would guarantee her street would get speed tables, a safety measure for which she had lobbied, if she would have sex with him at the motel.

In August 2015, the Lantana Town Council unanimously voted in favor of the traffic-calming speed humps for Padilla's street.

Stewart has consistently maintained that Padilla's accusations were totally false and that he has never asked for, or accepted, anything in exchange for a vote.

Padilla said she had not received official word of the recommendation but was expecting to hear something by the end of the year.

"I never for a minute thought that this would be dismissed," she said. "I believe in karma. People will get what they deserve in the end." ★

Monuments to honor veterans planned for Bicentennial Park

By Mary Thurwachter

Monuments recognizing the U.S. armed forces are in the works at Lantana's Bicentennial Park on East Ocean Avenue. Individual markers about 20 inches high will honor the Air Force, Army, Coast Guard, Marine Corps, Navy and Merchant Marine.

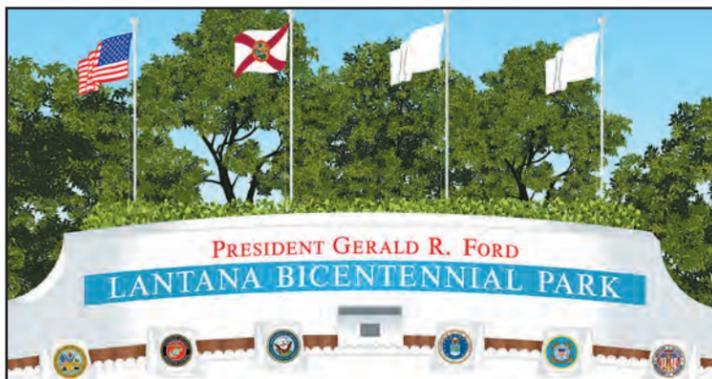
The town approved the plan at its Dec. 9 meeting after hearing details of the proposal from council member Ed Shropshire, who first pitched the plan in June. Shropshire has worked with community leaders to secure funding.

Last January, when the Dollar Tree was seeking approval for its site plan, the Town Council requested the business erect artwork in the town, preferably on its site. In lieu of the artwork, the developer, Steve Dworkin, agreed to pay for the veterans monuments, including installation.

Shropshire said the town has "a bit of a dedication to our veterans" at the Recreation Center on South Dixie Highway, "but I felt we needed something more."

"Walking through Bicentennial Park, I realized what a perfect location for something like this. I talked to Mr. Dworkin and he said he'd love to be able to donate funding for the entire project."

Shropshire said people had asked him why he included the Merchant Marine. "People don't realize that during World War II and Vietnam and Korea, they did serve as part of the American armed forces moving



The six armed forces monuments will go in front of the Bicentennial Park marker. **Rendering provided**

men and materials."

While all council members said they liked the idea of honoring veterans, Mayor Dave Stewart had concerns about both the location and the funding source. He said the Recreation Center, where a large mural honors veterans, would be a more suitable location for the monuments.

"I'm not saying this is a bad project," Stewart said, "but it's taking money that was supposed to be used for another reason: art. I think back to 2003 when we did the memorial at the end of the rec center. Stanley Gundlach (of Gundlach's Marina) and myself went out and secured about \$10,000 in donations to have that painting done."

The mayor said he has learned from the Cultural Council and other towns that art increases the value of a municipality, and he wants that for Lantana.

"That was the purpose of requesting it for Water Tower Commons, the 7-Eleven and certain areas that have art, and I would like to make sure we still have art going," he said.

Shropshire said he and Dworkin had talked about art, and Dworkin and his people came up with a dead end. "One afternoon, I brought up the idea of the monument and he said he would like to do that with this money," Shropshire said.

As far as getting new development sources to put up public art, Shropshire said: "We requested, we didn't demand it. He just more or less volunteered for the art in public places and he and I think that this would be a good substitute because it is artwork in a sense and will honor the brave men and women of this town and provide a beautiful backdrop and be another addition to a downtown waterfront area."

Council member Lynn Moorhouse said he thought adding monuments at Bicentennial was a nice idea.

"I frankly would rather see the six services recognized than a big butterfly at the end of the Dollar Tree or something," Moorhouse said.

When the vote was taken, the mayor voted to approve as did the others. Council member Phil Aridas was absent. ★

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Business Spotlight

Nada's Italy brings travel, culture to Pineapple Grove

Not everyone has the time or money to fly to Italy. But anyone can tap into the culture with a visit to **Nada's Italy** in Delray Beach. And when people do want to experience the real deal — a country known for its contributions to the worlds of art, architecture, food, fashion, opera, literature, design and film — Nada's Italy can help with that as well.

Nada Vergili owns Nada's Italy, a travel and tour company in Pineapple Grove, and whether leading a tour or a class, she loves sharing the very best of her home country.

On Saturdays, starting at 4 p.m., her company provides free classes, each with something different about Italy. For example, this month's classes include language (Jan. 11 for intermediate and advanced speakers of Italian and a Jan. 25 survival guide for travelers) and a presentation on Naples and the Amalfi Coast (Jan. 18).

"One of the best parts of my job is sharing Italy with the rest of the world. My home is one of my passions and it is a pleasure to share this beautiful country with so many people looking to experience *la dolce vita*," says Vergili, 42, who was born and raised in Florence, capital of the Tuscany region. She moved to the United States when she was

22. Vergili designs her tours to provide authentic travel experiences.

"We have small groups — never more than 12 — and we move around in executive Mercedes vans with a private driver, not the big-bus style of mass tourist transit," she says. "We work mostly with small, boutique hotels. Some only have seven or eight rooms, but they're luxury. You could be in a medieval castle. You could be staying in a Renaissance villa in the countryside. You could be staying at a family-run boutique hotel in the Amalfi Coast, overlooking the sea. Our excursions are authentic Italian experiences. We provide a view of Italy the way it is supposed to be seen."

What is the best part of a tour with Nada's Italy?

"Many would say the food but, more than anything individuals absolutely love the experiences," Vergili says. "The tours we provide throughout the days and evenings are led by an amazing group of English-speaking Italian guides. One word that is found within our reviews time and time again to describe our tours is 'magical.'"

When and why did Nada's Italy move to Pineapple Grove in Delray Beach?

"In 2012, a road trip down



Antonio Falvella teaches an Italian language survival class for travelers at Nada's Italy. From left are Alan Levy, Joanne Weingarden, and Jeff and Kim Jolicoeur. **Tim Stepien/The Coastal Star**

the East Coast with a friend, after her marriage ended, brought me to Delray Beach. Both my friend and I fell in love. The vibe of Delray is eclectic. I thought this is going to be my new home, immediately. It took a few years of house hunting and visiting as a tourist, but I purchased a home in Lake Ida three years ago and subsequently the office in Delray was a must-have," Vergili says.

"Our most popular tours are: Jewels of the Amalfi Coast, Italian Treasures, and Northern Delights. Some of our more seasoned travelers love Flavors of Verona and Lake Garda, as well as our Tuscan Villages and

Cinque Terre tour," Vergili says.

Nada's Italy is at 119 NE Second Ave. It has a second location in Charlotte, North Carolina. Call 877-959-8365 or visit www.nadasitaly.com.

Sometimes it's nice to be home for the holidays. Sometimes it's nicer to get away, especially for people who'd like to experience sun, warmth and beach rather than clouds, cold and snow.

As usual, the **Boca Raton Resort & Club** was fully aware that guests would be arriving and was all decked out for the holidays. It ranked No. 3 among the 10 best hotels for the holidays in *USA Today's* Reader's Choice awards, which polled travel experts, editors and readers from around the world.

How do South County cities stack up against other cities in America where populations and job opportunities are rising rapidly? The personal finance website **SmartAsset**, in a study of boom towns, has some answers.

SmartAsset looked at data for 500 of the largest cities across seven metrics: population change, unemployment rate, change in unemployment rate, GDP growth rate, business growth, housing growth and

change in household income.

It listed the top 50. Boca Raton was rated No. 20, and Boynton Beach placed No. 47.

Delray Beach was unranked. For Boca Raton, over five years, its population increased 8.67%. Its average yearly gross domestic product grew 3.39%. Over five years, its number of establishments grew 10.32%. And it had a 19.42% five-year housing growth rate.

For Boynton Beach, over five years, its population grew 6.72%. Its average yearly GDP grew 3.39%. The number of its establishments grew 10.32%, and its housing market grew 4.34% over five years.

The Lantana **Kmart** at 1201 S. Dixie Highway will be closing by February, according to TransformCo, the company that purchased the assets of Sears Holdings Corporation (including Kmart stores) last February. Shoppers will notice "Going Out of Business" signs on the doors.

With the rise and convenience of online retail, big-box stores like Kmart are scaling back their brick-and-mortar operations because they are not finding the same type of economic vitality experienced in the past.

In September, the Lantana Town Council approved a

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change to its comprehensive land-use plan that could pave the way to replace the shopping center anchored by Kmart at the northwest corner of Hypoluxo Road and South Dixie Highway with apartments.

Webber International University in Babson Park elected entrepreneur and real estate developer **Harold "Sonny" Van Arnem** to its board of trustees at its annual board meeting in October. Van Arnem, an Ocean Ridge resident who has founded and owned a number of businesses, is chairman of Van Arnem Properties, a real estate development firm at 265 NE Fifth Ave., Delray Beach.

Shannon Duff has joined **Oxbridge Academy** as associate director of academic advising, student services and college counseling. Duff earned a BA in history at Yale and an MBA from the Yale School of Management. She worked as an analyst and, later, as an associate at Lehman Brothers in New York.

Oxbridge named **Tyler Grimes** as distinguished visiting artist in musical theater for the school year. Grimes is the managing director of the Lovewell Institute for the Creative Arts in Fort Lauderdale, which conducts musical theater workshops internationally.

Catherine Strader, assistant

vice president of sales and service manager at Legacy Bank of Florida, 50 NE Fifth Ave., Delray Beach, and vice chairman of the **Boynton Beach Professionals** leads group, won the monthly Boynton Beach Professionals' recognition award for November. For information on the leads group, email boyntonbeachprofessionals@gmail.com.

Real estate agent **Deborah Bacarella** earned the Commitment to Excellence endorsement from the **National Association of Realtors**, in recognition of her knowledge and competency in her real estate practice. Bacarella is an agent with RE/MAX Advantage Plus, 900 E. Atlantic Ave., Suite 10, Delray Beach.

The **Boca Chamber** says a Diamond is a dedicated, inspiring, accomplished, motivated, outstanding, noble and driven businesswoman, and each year, it selects a deserving recipient for its Diamond Award. In



December, the Chamber chose **Clara E. Bennett**, executive director of the Boca Raton Airport Authority, as its 2020 Diamond Award recipient. Bennett leads a team of aviation professionals in the business, operations, marketing

and development of the Boca Raton Airport.

In addition to her 28 years as an airport executive, she maintains several professional affiliations, which include twice serving as chair of the Florida Airports Council. She is also a member of the board of directors of the National Air Transportation Association.

Rhea Jain, creator of her clothing line, Renoosh, received the Pearl Award, which is given to a young woman who has graduated from the Boca Chamber's Young Entrepreneurs Academy program. The award recognizes her leadership abilities.

Bennett and Jain will be recognized Feb. 21 at the Chamber's annual Diamond Awards luncheon at the Boca Raton Resort & Club.

Amy Snook, a partner in the All About Florida Homes team of Lang Realty, Delray Beach, was inducted into the **Realtors Association of the Palm Beaches and Greater Fort Lauderdale's Honor Society**, during the Realtor Revolution Conference and annual meeting at the Palm Beach County Convention Center.

"We are very fortunate to know highly involved, passionate, and dynamic members such as Ms. Snook," said Jessica Lowe, vice president of programs for the association. "We are beyond thankful for her contribution to our association

and participation in events, volunteerism, education, conferences and governance, global and commercial alliances."

The Institute for Regional Conservation, a nonprofit dedicated to the protection, restoration, and long-term management of biological diversity, celebrated its 35th anniversary with events to share its story and the importance of its work in Delray Beach and Miami. Sponsors in the Delray area were John Campanola, agent for New York Life, BCoSF Media, attorney Erin Deady, Central Park Taekwondo, mental health counselor Martin Nathan and Valentina's Pizza and Pasta.

Erin Deady, a Delray Beach resident who operates a law practice and consulting firm, for the sixth time participated in an **AIDS/HIV bicycle ride** from Miami to Key West.

The ride raised more than \$1.36 million, with proceeds

to benefit South Florida charities such as Broward House, Children's Diagnostic & Treatment Center, Metro Inclusive Health, Pridelines, AIDS Help, Miracle of Love, and Compass Community Center.

Real estate investor **Sharon Restrepo** will speak about how you can increase profits with less stress while renovating at the **Boca Real Estate Investment Club's** monthly meeting, set for Jan. 9 at the Double Tree Deerfield Beach, 100 Fairway Drive. Cost is \$20. For more information, call 561-391-7325.

Lucy Lazarony and Mary Thurwachter contributed to this column.

Send business news to *Christine Davis at cdavis9797@gmail.com.*








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Around Town

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January 2020

The Coastal  Star

TABLOID TATTLE

Former National Enquirer staffers tell all in 'Scandalous'

By Mary Thurwachter

Two years ago, a California acupuncturist took her parents, visiting from Florida, along to meet friends for dinner at a trendy L.A. restaurant. The acupuncturist, well-known in Hollywood circles, had a client list that included famous folks such as Kim Kardashian.

The TV reality star wasn't part of this small gathering, but film producer and director Mark Landsman was, and he couldn't get over the entertaining stories his friend's father told.

But who was the charming, chatty daddy? Enquiring minds wanted to know.

He was Lantana's vice mayor, Malcolm Balfour, former articles editor at the *National Enquirer*. The acupuncturist was his daughter, Antonia.

"Malcolm was regaling us with stories from his former career and had been a reporter from the earliest days of the *National Enquirer*," Landsman said. "Naturally my ears perked up because I'm fascinated with that. He told these crazy stories and offered to introduce me to some of his former tabloid trench mates, and it just went



from there."

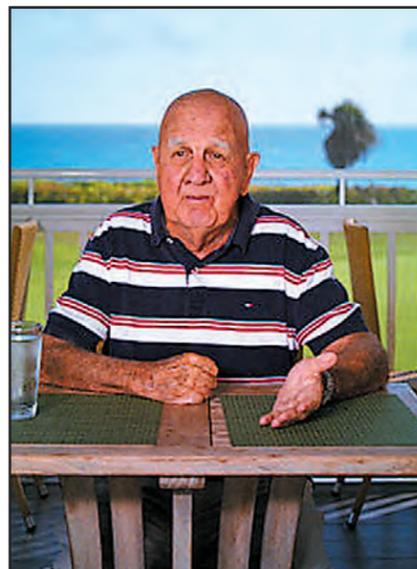
What "went from there" was production of a documentary called *Scandalous*, a look at the history of the *National Enquirer*, an influential tabloid that covers everything from alien landings and psychic predictions to celebrity breakups and medical oddities. No expense was spared to get a story. Sources were paid handsomely, a practice that continued after the 1988 death of owner Generoso Pope Jr.

"The great thing about working for the *Enquirer* was there was unlimited money to get a story," said David Wright, an investigative

reporter for the tabloid from 1976 to 2010. "If you were on a story and you wanted to hire a boat or plane, or someone to help you climb a mountain, you just did it. But that was starting to dry up in the last year I was there and I was more confined to doing stories on the phone. I like traveling and I like knocking on doors."

The film, which debuted in November at select theaters, including a short run at the Lake Worth Playhouse, examines "how this publication came into being and, on a larger

See ENQUIRER on page AT10



ABOVE: Generoso Pope Jr., the paper's founder, holds a copy of a 1977 issue showing Elvis Presley in his casket. It's an image from the film *Scandalous: the Untold Story of the National Enquirer*.

LEFT: Hypoluxo Island resident and former *Enquirer* staffer Malcolm Balfour is featured in the film. Photos provided by Magnolia Pictures



Dinner & a Show

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Saturday - 1/11 - Promise Fund of Florida's Perfect Pink Party at The Breakers, One South County Road, Palm Beach. Experience a cocktail reception, dinner dance, live auction and presentation of the inaugural Daniel E. Ponton Excellence in Community Leadership Award. 6:30-11 pm. \$1,250. 307-8000 or promisefundofflorida.org.

Saturday - 1/19 - The Rotary Club of Boca Raton's OPAL Awards at Boca West Country Club, 20583 Boca West Drive, Boca Raton. Celebrate Outstanding People And Leaders with cocktails and dinner. 6:30 pm cocktails, 7:30 pm dinner. \$250. 477-7180 or opalawards.com or rotaryclubbocaraton.com.

Sunday - 1/20 - Kravis Center's Palm Beach Wine Auction at 1000 North, 1000 North U.S. Highway 1, Jupiter. Savor a five-course dinner paired with specially selected wines followed by a sensational live auction. 6 pm. \$1,250. 651-4320 or

palmbeachwineauction.org.

Thursday - 1/23 - American Humane's Pups4Patriots Military Gala at Eau Palm Beach Resort & Spa, 100 S. Ocean Blvd., Manalapan. Welcome special guest speaker retired Army Maj. Gen. James "Spider" Marks and honor the service dog/veteran teams that graduated from the intensive-training program. 6 pm. \$350. 537-5887 or americanhumane.org.

Friday - 1/24 - Women of Tomorrow Mentor & Scholarship Program's 7th Annual Wine Dinner at St. Andrews Country Club, 17557 W. Claridge Oval, Boca Raton. Recognize long-time supporters and celebrate 20-plus years of helping at-risk girls and women in Palm Beach County. 6:30 pm aperitif and silent auction, 7:45 pm dinner and live auction. \$300. 305-371-3331 or womenoftomorrow.org.

Saturday - 1/25 - Caridad Center's 2020 Call to Heart Ball at Eau Palm Beach Resort & Spa, 100 S. Ocean Blvd., Manalapan. Join the nonprofit for an unforgettable evening of cocktails, gourmet food, professional dancers, performance art, entertainment, live music and more. 6 pm. \$500. 853-1638 or caridad.org.

1/25 - Boca Raton Museum of Art's 70th Anniversary Gala Dinner & Dance at Boca Raton Resort & Club, 501 E. Camino Real. Celebrate seven decades of art and culture to benefit the popular institution. 6:30-10 pm. \$400. 392-2500, Ext. 213 or bocamuseum.org.

1/25 - Adolph & Rose Levis Jewish Community Center's Jeans Jewels & The J at Boca West Country Club, 20583 Boca West Drive, Boca Raton. Support the programs and services of the organization while rocking the night away in boots and bling. 7 pm. \$180. 852-3257 or levisjcc.org.

1/25 - Arts Garage's Annual Gala, "Soul Party," at 94 N.E. Second Ave., Delray Beach. Enjoy complimentary cocktails, dinner and live music to benefit the downtown cultural venue. 7-11 pm. \$150-\$200. 450-6357 or artsgarage.org.

Monday - 1/27 - Nineteenth Annual H.O.W. Hearing the Ovarian Cancer Whisper's Time Is of the Essence Luncheon at Flagler Museum, Palm Beach. Hear Academy Award-winning actress Helen Hunt give a keynote speech at an event that raises money to support the fight against ovarian cancer through the Jacquie Liggett Research Fellowship. 11:30 am. \$375. 406-2109 or howflorida.org.

Thursday - 1/30 - Jewish Federation of South Palm Beach County's Lion of Judah Luncheon at The Polo Club of Boca Raton, 5400 Champion Blvd. Join keynote speaker and best-selling author Jennifer Weiner for an empowering luncheon that celebrates women who annually contribute \$5,000-plus to the federation. 10:45 am. \$100 couvert. 852-3163 or jewishboca.org/lionluncheon.

Friday - 1/31 - Ballet Palm Beach's Cocktail Fundraiser, "Dance Revealed II," at Kravis Center, 701 Okeechobee Blvd., West Palm Beach. Take in a special performance by the professional company and an exciting live auction to help fund outreach programs. 6 pm. \$200. 630-8235 or balletpalmbeach.org.

1/31 - Palm Beach Zoo & Conservation Society's Tropical Safari at 1301 Summit Blvd., West Palm Beach. Hang out with the animals during a black-tie affair featuring a cocktail reception and haute-cuisine dinner with dancing and a live auction. 7 pm. \$900. 533-0887, Ext. 225 or palmbeachzoo.org/gala.

FEBRUARY

Saturday - 2/1 - Norton Museum of Art's Gala 2020 at 1450 S. Dixie Highway, West Palm Beach. View the *Georgia O'Keeffe: Living Modern* exhibition while sipping cocktails, eating dinner and dancing to late-night entertainment. 6-10 pm. \$1,250. 832-5196, Ext. 1121 or norton.org.

Saturday - 2/22 - Boca Raton Regional Hospital Ball at Boca Raton Resort & Club, 501 E. Camino Real. Honor Leon and Toby Cooperman and Bernie and Billi Marcus while enjoying special entertainment by Rod Stewart. 6-11:30 pm. Sold out. 955-4142 or donate.brrh.com/ball.

Wednesday - 2/26 - Aid to Victims of Domestic Abuse's Heart of a Woman Luncheon at Royal Palm Yacht Club, 2425 W. Maya Palm Dr., Boca Raton. Celebrate the strength, courage and determination of women with keynote speaker Audrey-May Propser, a survivor of sexual violence. Luncheon features luxury raffles and silent auction. 10:30 am-1:30 pm. \$175. 265-3797 or avdaonline.org/heart-woman

Saturday - 2/29 - George Snow Scholarship Fund's The "Rhinstone Cowboy" Ball: Boots and Bling at Boca Raton Resort & Club, 501 E. Camino Real. Help deserving students achieve their dream of attending college while enjoying whiskey tasting, riding a mechanical bull and bidding in a live auction. 6:30 pm. \$250. 347-6799 or scholarship.org.

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Pay it Forward



Laugh With the Library Co-Chairwomen Amy Snook (left) and Chiara Clark play piano with funnyman Sarge Pickman, a Delray Beach resident.

Photo provided by CAPEHART

Spotlight to shine on Sarge at Laugh With the Library

The producer and personality behind the former syndicated program *The Best Damn Sports Show Period* will headline Laugh With the Library Chapter 14.

Sarge Pickman, a Miami Beach native and Delray Beach resident who parlayed his Fox Sports gig into a stand-up comedy career, takes the stage Feb. 7 at the Opal Grand Oceanfront Resort & Spa (formerly the Delray Beach Marriott).

“He’s hysterical,” said Amy Snook, co-chairwoman of the Delray Beach Public Library fundraiser. “His son goes to the same school as my son, and I recommended him only because I sat next to him at some sporting events and he made me laugh out loud. I called him and asked him, and he was so flattered and said yes like in about a millisecond.”

The 2020 installment will celebrate the importance of local businesses — several are sponsoring the event — and the connections they bring to the community.

“This is his town,” Snook said of the entertainer known as Sarge. “He has a vested interest just as much as anyone else who lives here.”

More than 400 guests are anticipated, and they will get to hear from a hilarious host, enjoy dinner by the bite and participate in a silent auction. Proceeds will support programming at the library.

If You Go

What: Laugh With the Library Chapter 14
When: 7:30 to 10:30 p.m. Feb. 7
Where: Opal Grand Oceanfront Resort & Spa, 10 N. Ocean Blvd., Delray Beach
Cost: \$200
Information: Call 266-0798 or go to www.delraylibrary.org/laugh

“It will be a night of fun — probably somewhat unexpected fun — but an opportunity to support such an important asset,” Snook said. “It will make you more passionate about supporting the library.”

Library programming “has just gotten better and better each year,” Co-Chairwoman Chiara Clark added. “It’s all free and all open to the community all throughout the year.”

Clark said a portion of the evening will be dedicated to educating guests about the library.

“The library is the cornerstone of the community,” she said. “We really are the university for this entire town. We serve everyone.” ★



Send news and notes to Amy Woods at flamywoods@bellsouth.net.

The Coastal Star

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Philanthropy Notes

Quantum Foundation invests \$424,000 in county's health

The board of trustees of Quantum Foundation has approved six new grants totaling \$424,000 to Palm Beach County-based nonprofits.

The agency's mission is to fund initiatives that improve the quality of health in the community.

"This grant cycle focuses on greater access to health

resources and stronger connections to result in an overall healthier community," foundation President Eric Kelly said. "We fund organizations that take an upstream approach

to making Palm Beach County a healthy place to live, work and play."

Among the allocations was a \$75,000 distribution to Palm Health Foundation's BeWellPBC, an initiative that targets the behavioral health needs of youths and families.

"BeWellPBC works with local partners to bridge relationships and current gaps in care coordination throughout the county, especially to the underserved communities," Executive Director Lauren Zuchman said. "We are grateful to Quantum Foundation not only for providing funding but for being a true partner in this initiative."

\$150,000 in donations from the community.

The funds were raised in short order following media reports about the sudden death of the old truck, affectionately known as "Grandpa Bear."

"We are simply astounded and so grateful for the incredible outpouring of support from the community and particularly appreciate the media getting the word out about this," said Greg Hazle, the nonprofit's executive director. "Even a couple of our clients pitched in after seeing our story on TV and online, giving us what they could to help and wishing they could give more."

Hazle said the 24-foot vehicle will enable the organization to fulfill and expand its efforts to feed families in need.

In other Boca Helping Hands news, West Boca Medical Center sponsored a Thanksgiving food drive. In all, more than 520 pounds of nonperishables were donated by each hospital department.

Food delivery truck gifted to Boca Raton nonprofit

Boca Helping Hands finally unveiled its new refrigerated truck, made possible by

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817 N OCEAN BLVD, 18
2 BR | 1.1 BA | 812 SF | \$729,000

Lang Realty donates to American Cancer Society

As part of its Open the Door for a Cure campaign, Lang Realty contributed more than \$13,000 to the American Cancer Society's Making Strides Against Breast Cancer. The money was raised through proceeds from the sale of each home in October.

"This was a company-wide effort that included donations from each closing contributed by our agents," company President Scott Agran said. "Many of our own agents and staff have personally battled this disease or have gone through this with loved ones. We are delighted to support this worthy cause."

Super Bowl raffle to help local children's charities

Boca West Children's Foundation is raffling off VIP packages for Super Bowl LIV, taking place Feb. 2 in Miami.

Packages include a pair of seats near midfield, limousine service to and from Hard Rock Stadium and a \$400 gift card for dinner at the restaurant of the ticket-holder's choice.

Tickets cost \$100, and a recipient will be selected for every 500 sold. The drawing is set for Jan. 10. All proceeds benefit local children's charities.

To enter, visit www.bocawestfoundation.org/ways-to-give and earmark the donation for the raffle. For more info, call 488-6980.



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\$4,775,000 – Glamour has a new name with this luxurious & grand 3 BR/4 BA elegant residence in the most prestigious new building in Hillsboro Mile, Ocean Grande. Marble inlaid floors, gourmet kitchen, open concept floorplan, private intracoastal view balcony, 24 hour security, valet & doorman, this is full service luxury living. Dockage available.



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\$4,400,000 – Behold 'Ocean Apple', an oceanfront estate where the essence of The Hamptons-Meets-Delray Beach is quintessentially captured. This captivating coastal compound affords picturesque ocean vistas while exuding the elegantly weathered charm of a classic seaside retreat.

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Celebrations

Pride & Prosecco

Delray Beach Public Library — Nov. 7



With literary-themed cocktails such as Gin Eye, Huckleberry Sin and The Postman Always Brings Ice, the sipping, snacking and shopping event raised more than \$10,000 for library programs. More than 200 attended and enjoyed light bites from local restaurants and merchandise from local vendors.

ABOVE: (l-r) Nancy Dockerty, Brenda Medore and Leanne Adair.

CENTER: (l-r) Chiara Clark, Leigh Martini and Jenny Nelson.

RIGHT: Carrie and Doug Young.

Photos provided



Light up the Holidays celebration

Town Hall, Highland Beach — Dec .5



A 28-foot Christmas tree and a 15-foot menorah were lighted as the crowd sang along with Boynton Beach High School's acclaimed Dimensional Harmony choral group during the annual holiday celebration. The Boca Raton High School ROTC presented the colors of the flag prior to the 'National Anthem.' State Rep. Mike Caruso led a prayer and resident Harry Adwar recited a Hanukkah reading. The town also celebrated its 70th anniversary with an enormous cake that fed the entire 250-person crowd.

ABOVE: (l-r) Highland Beach Vice Mayor Greg Babij, Town Manager Marshall Labadie, Santa, Police Chief Craig Hartmann, Commissioner Peggy Gossett-Seidman, Mayor Rhoda Zelniker and Commissioner Barry Donaldson. **Photo provided**

Hope Bash Boca

Boca West Country Club, Boca Raton — Nov. 2



The seventh annual Place of Hope event recognized Kelly Fleming and NCCI Holdings as Jay DiPietro Hero of Hope honorees and benefited programs at the charity's Leighan and David Rinker Campus. 'Under the Palms' was the theme, and live and silent auctions, music and dancing were featured.

ABOVE: Jeannine and Leland Morris.

Photo provided by Coastal Click Photography

White Truffle Dinner

Café Saponi, West Palm Beach — Dec. 2



The Kravis Center event celebrating the upcoming Palm Beach Wine Auction, set for Jan. 20, included four courses of fine Italian cuisine paired with select wines, all underwritten by Ed and Jen Dudnyk. 'We're here because of the more than 80,000 children the Kravis Center reaches with its arts-education programs every year,' auction Chairman Ted Mandes said to the 80 guests. 'Over the last 27 years, the Kravis Center has reached more than 2.6 million local students, and the Palm Beach Wine Auction has raised more than \$4 million in proceeds to date toward this mission. We are committed to the future of the children in our community.' **ABOVE LEFT:** Craig and Shelley Menin. **ABOVE RIGHT:** Stephanie and Peter Lamelas. **Photos provided by CAPEHART**

Welcome Back

Benvenuto, Boynton Beach — Nov. 17



Il Circolo, The Italian Cultural Society, greeted guests and members at a lively luncheon enhanced by camaraderie, music and take-home gifts. It marked the start of the 2019-20 season. A highlight of the event was the attendance of five Florida Atlantic University students whose summer study program in Venice was supported by the nonprofit. **ABOVE:** (l-r) Sally Valenti, Virginia Longo and event Chairwoman Gloria Ciongoli. **Photo provided**

Celebrations

Community Inclusion Awards

Boca West Country Club, Boca Raton — Nov. 22



The Unicorn Children’s Foundation annual event coincided with the organization’s 25th anniversary and official rebrand launch. Unsung heroes were recognized for their efforts at building a better and more inclusive community for people with special needs. Nearly 100 nominations were received in 14 categories spotlighting excellence, integrity and passion in providing support and services for people with disabilities. **ABOVE:** (l-r) Amy Mann, Joselyne Gago, Erica Sonn, Michelle Yellin, Tom Lonardo, Sharon Alexander, Palm Beach County Commissioner Robert Weinroth, Angela Fisher, Juliette Ezagui, Marjorie Bernstein and Gregory Fried. **Photo provided by Mitchell Zachs**



Annual Friends Members’ Dessert Reception

Kravis Center, West Palm Beach — Nov. 6

Nearly 700 Kravis Center supporters celebrated the reopening of the performing arts center with a champagne toast and sweet treats. Taking place prior to the evening’s performance of ‘The Simon & Garfunkel Story,’ the event featured a wide array of desserts and drinks. ‘We have come a long way to improve and enhance our patrons’ experience here at the Kravis Center, and we owe it all to our donors, who are like family,’ CEO Judith Mitchell said. Annual Friends each contribute a yearly gift of \$100 or more. **LEFT:** (l-r) Fabiola Brumley, Jeff Stoops and Mitchell. **Photo provided by CAPEHART**



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Dining

Chef Dak takes his Jewell Bistro to oceanfront hotel

Big news for fans of **Dak Kerprich**, the chef who originally made his chops with South County diners at Pizzeria Oceano in Lantana.

The owner of **Jewell Bistro** on Dixie Highway in Lake Worth Beach plans to move across the bridge.

Jewell Beach is taking over **Sergio's** in the **Ambassador Hotel**, a Palm Beach co-op that will become a boutique hotel under the ownership of the **Richard Schlesinger** family.



Kerprich

At Schlesinger's request at the end of December, Kerprich is setting up a deal that puts him in as the operator of the 150-seat restaurant with patio space and a full bar. **Marsha Kerprich**, his wife and business partner, will handle the front of house as well as pastries.

Upgrades are planned, as the main oceanfront hotel was built in 1947, with buildings added in the 1960s.

The new owners are making cosmetic changes for this season: "painting, new furniture, things like that,"



The patio at Jewell Beach, in the Ambassador Hotel, will offer sunset views. **Photo provided**

Kerprich said. New ceilings and floors have been installed. A major renovation is planned for the following year, he said.

The restaurant faces west. "It's big and bright, and overlooks the pool. We'll have tables outside on the patio. The sunsets are spectacular," Kerprich said.

The kitchen is hotel-sized and a big change from the barely 80-square-foot one he leaves behind at the Dixie Highway restaurant.

Along with favorites from the small, daily bistro menu, a few items will be added for the lunch and dinner service. It will remain a manageable list, however, with fresh local products and fish as the backbone.

"It's still all about the

seafood," Kerprich said. The oceanfront location makes it that much more relevant, he said. "The burger will be the only red meat. No other red meat — seafood and vegetables will be the main focus," he said. "Light and casual."

A grab-and-go or continental breakfast will be offered featuring Marsha's pastries.

A Sunday brunch set around the pool is planned once the place is up and running. Restaurant guests will be able to use the pool as well.

Live music, bingo and other activities are being discussed as part of the Sunday brunch, making it a party-like setting.

"We'll be modern casual. We don't want to be as formal or stuffy as some of my other

neighbors," Kerprich said.

Those neighbors include **The Four Seasons Palm Beach**, and **Tideline**, a hotel formerly known as the **Omphoy**, and owned by the **Schlesinger** family.

Jewell Beach at the Ambassador, 2730 S. Ocean Blvd., Palm Beach.

The latest celeb chef to open in South County is **Michael Salmon**, a former finalist on the Food Network's "The Next Food Network Star" and "24 Hour Restaurant Challenge."

His **Flybird** on Linton in Delray Beach is drawing attention for its simple menu centered on char-grilled chicken and flavorful side dishes.

Salmon has chuffed for then-

Mayor Ed Koch in New York and led the kitchen at **Mickey Mantle's** — a former sports bar near Central Park once a watering hole for the Yankee and his buddies.

His talents got him to the finals on Food Network contests that produced other stars such as the **Hearty Boys** **Dan Smith** and **Steve McDonough**, **Guy Fieri** and **Jason Smith**.

Salmon is living in **Delray Beach**. He opened the chicken takeout in May with the thought of making a chef-created meal to respond to an "I don't want to cook tonight" demand. With an average meal around \$15.95, it's not fast food, but fast-casual and chef-created.

Everything from **Mexican Vacation Soup** (chicken, hominy, poblanos, jalapeños, cilantro and tomatillos) to desserts (chocolate pecan tart, or sugar-gluten-dairy free mango-tapioca pudding) are made in house.

On the menu front and center are the chickens, dry-brined to keep the meat moist and flavor infused, then cooked to a char over a wood-fired grill. The birds start out as vegan-fed, with no preservatives, hormones or other additives. They're



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popcorn removed and taken to studs, high hat lighting installed, ALL windows and doors replaced by SIW (building recommended company) with hurricane impact, gutted all 3 bathrooms, removed kitchen walls and dining room wall to create the



great room, all new electrical and all new plumbing throughout including new hot water heater. Brand new kitchen with KitchenAid stainless steel appliances and Cambria quartz - "the New Granite". Wet bar and wine refrigerator added. All new flooring throughout: wood look ceramic tile in all living areas and baths, wall to wall carpeting in bedrooms. Added laundry in new master closet, built mudroom area.

Decorated with great attention to detail - all doors and trim/moldings, paneling etc. are of the highest quality and plantation shutters throughout.

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Michael Salmon grills chicken, the centerpiece of his Flybird restaurant menu in Delray Beach. **Photo provided**

available as a quarter-, half- or whole-bird meal.

More chicken: Crispy — fried served on a potato bun; in a pie — char-grilled pulled chicken with mac 'n' cheese, gravy, hot sauce and crowned with his lofty, buttery mashed potatoes; on a salad — char-grilled on either Greek or Caesar.

Flatbread made in-house is served as a side, and with encouragement, maybe he'll turn it into a dish of its own — diners rave about it singly in reviews.

Sides are taken to that hands-on-chef level: house crispy fried potato chips, those mashed potatoes with

gravy, coleslaw, char-grilled vegetables, roasted beets with lemon and dill, green beans dressed with soy, garlic and chili, and roasted wild mushrooms with herbs.

Salmon, whom you can find behind the line stoking the grill, has a mantra emblazoned on his website and spelled out on the shop's uniform T-shirts: "Just feed me."

According to lore, it stems from his college days when he was the DC — designated cook — for friends. It always seemed to be the answer to his question, "What do you want to eat?"

Now, he's doing just that for the public.

Flybird, 335 E. Linton Blvd., Delray Beach. 243-1111; www.flybirdfood.com. Open Monday-Saturday, 11 a.m. to 9 p.m.; closed Sunday.

In brief: A new "restaurant-driven complex" at the corner of Butts and Town Center roads in Boca Raton is planned. A call for upscale Mexican, American, Italian and sushi restaurants was issued by the developers. Spaces are large: four 5,000-square-foot spaces plus patios are available. ...

A new chef is in place at **3rd and 3rd** in Delray Beach. **Emerson Frisbie**, most recently of West Palm Beach's Butcher Shop, will be taking over the stoves at the bar and grill. ...

In Boca Raton, the former **Tilted Kilt** for a brief time was replaced by **Sammy J's Kitchen and Cocktails**, a 180-turn from the "breastraunt" chain format. The more family-friendly and upscale sports-themed restaurant closed abruptly Dec. 23. In an interview before the closing, owners **Samir Changela** and **Jason Levine** hinted there would be other Sammy J's; stay tuned. ...

Boca Bacchanal 2020's schedule has been announced, and tickets are on sale. Events are slated each month leading up to the main events March 6 and 7. Visit www.bocabacchanal.com for info and tickets. ...

Owners of **Farmer's Table**, a "clean and green food" themed restaurant in Boca's Weston Hotel, opened a second one in the rebuilt North Palm Beach Country Club. It debuted in December. Others, we're told, are in the planning stages.



Jan Norris is a food writer who can be reached at nativefla@gmail.com



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Dining

An antipasto from an unexpected place

The Plate: Antipasto for one
The Place: The Hive Bar and Grill, 618 Lantana Road, Lantana; 513-9168 or www.thehivebarandgrill.com.

The Price: \$9

The Skinny: For many years, the building at Lantana Road and Sixth Street was home to Pearl's.

But Pearl went on to her reward and The Hive is filling some of the void in Lantana for a community gathering space for lunch, dinner and late-night crowds.

It was quiet the Friday afternoon I visited — four tables of folks who clearly were regulars at The Hive were



having a grand time.

A cup of the chili (\$4) delivered a hearty helping of stew, packed with beans and ground beef that had a slightly smoky flavor. It also was packed with onion and red peppers.

The antipasto for one (\$9) really was enough for two, with plenty of crisp, fresh

romaine, plus salami, black olives, roasted peppers, tomatoes, pickled artichokes, pepperoncini, strips of provolone and hot cherry peppers. The sweet, tangy dressing that accompanied was a perfect foil to the salty meat, cheese and olives.

— Scott Simmons



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Since 1997

ENQUIRER

Continued from page AT1

level, looks at the impact it had on journalism and our political landscape,” Landsman said.

He pitched the documentary to people at CNN Films, and they went for it. In August before the Nov. 15 theatrical release, distributor Magnolia Pictures acquired the North American rights to *Scandalous*.

The movie uses current-day interviews with former staffers and others to examine why



Landsman

the paper has thrived, the effect of its sharp turn into partisan politics, and why a tabloid marketed to “Missy Smith in Kansas City” began acquiring exclusive rights to stories about powerful people and then killing the stories to protect them.

From its coverage of Elvis Presley’s death to Monica Lewinsky’s affair with Bill Clinton to O.J. Simpson’s murder trial, the tabloid shook the foundations of American culture and politics, sometimes allegedly using payoffs and blackmail to get its scoops.

Finding a home in Lantana

The *National Enquirer* moved its headquarters from New York to Lantana in 1971. It remained there until 2000, when it moved to Boca Raton. Pope in 1952 had used money supplied by his godfather, reputed mob boss Frank Costello, to buy and remake the old *New York Enquirer* from a racing and sporting newspaper into a grocery store tabloid.

While in Lantana, the paper’s headquarters became known for having the “World’s Largest Christmas Tree,” but the holiday display also ended after Pope died. Pope’s widow, Lois Pope, lives in Manalapan and is a well-known philanthropist.

Balfour was working as a bureau chief for Reuters in Miami in 1971 when he got a call from a photographer who persuaded him to take a freelance assignment for the *Enquirer*. He joined a team of reporters (most, like Balfour, who was born in South Africa, had British accents) in covering the Red Cross Ball at The Breakers in Palm Beach. The ballroom was packed with society’s finest, including members of the Kennedy family.

“I asked Rose Kennedy for a dance, but it only lasted for about three seconds before a Secret Service guy tapped me on the shoulder,” Balfour said. “I noticed that the Marine escorts weren’t able to sit down and eat with other attendees and I didn’t think that seemed right.”

Balfour turned this observation into a story about how the Marines, who escorted socialites at the gala, were good enough to die for their country in Vietnam but weren’t good enough to have dinner with the social elite at the ball. The story



Steve Coz (in chair) and David Perel are former executive editors at the *Enquirer*. Photo provided by Magnolia Pictures

was a huge hit at the tabloid.

“I was quite a little favorite with Pope from then on,” Balfour said.

Balfour, who worked for Pope from 1971 to 1980, is one of the stars of *Scandalous*, as are others from South Palm Beach County — including Ocean Ridge Mayor Steve Coz, once the tabloid’s editor and senior vice president; his wife, Val Coz, a real estate agent with Douglas Elliman and former photo editor at the *Enquirer*; and British investigative reporter Wright, who lives in Atlantis.

Former employees like film

Not surprisingly, Balfour and his tabloid “trench mates” give the film two thumbs up.

“Mark Landsman did a fantastic job capturing the energy of the newsroom, the craziness of the *Enquirer* during its heyday and the incredible stress everyone was under,” said Steve Coz, who was at the paper from 1981 to 2003. “In Generoso Pope’s *Enquirer* you had a job for the week and could be fired on any given Friday for any random reason.

“The most important takeaway from the movie for me was the transformation of the *Enquirer* into a powerful political propaganda machine under the ownership of David Pecker after Pope died.”

Coz and his wife left the tabloid in a nasty battle with Pecker over content and the editorial direction of the *Enquirer*.

Val Coz started working there in 1977 when she was 22. She took it as a temporary job, thinking she’d be there six months and move on. But she remained for 26 years and met her husband there.

“The movie made me happy because it’s a legacy for our kids to understand what we did because they were so little,” she

said. “We left in 2003, so they were relatively young. It’s kind of nice because it does explain what happened.”

Wright and Balfour both agreed *Scandalous* was well done. They were relieved to find that the film made a very clear distinction at the end between the old *Enquirer*, which was breaking big stories and selling 5 million to 6 million copies a week, and what Wright calls “the pathetic publication it is now.”

Admiring, fearing Pope

Pope’s former employees had both good and bad things to say about working for him.

“It was stressful, certainly,” Val Coz said. “I had great admiration for Pope. All the stories are true about him. The one thing I never experienced from him was any kind of misogyny. He was equally mean



Val Coz

and horrible to everybody — and equally rewarding if you produced. He didn’t have a thing ‘oh, she’s a girl don’t promote her,’ which was unusual back in those days.”

Wright, who specialized in covering high-profile crimes, said Pope was a terrifying man.

“You never knew when he was going to cast a dark eye on you and fire you,” he said. “But he was a genius in terms of how he set up the *Enquirer*, not only in the marketing in supermarkets, but he had a knack for getting a terrific mix of stories from show business to how-to stories to medical stories. The paper had something for everyone — and Pope OK’d every story that went in the paper, even the tiny 1-inch stories.”

Wright, who currently writes

for a running and health website called TakeTheMagicStep.com, was the kind of ace reporter for the *Enquirer* who would do whatever it took to get the story. He once posed as a florist’s messenger, delivering roses to Megan Marshack, the staffer who had been with Nelson



Wright

Rockefeller when he died in her arms. She was holed up in her apartment, trying to avoid reporters.

“I nearly had to buy the truck to get the setup right,” Wright recalled. The stories of which he is most proud, though, are of the JonBenét Ramsey murder. He led a team of *Enquirer* reporters who spent two years covering the case, and he has a strong suspicion about who killed the young beauty queen.

“I have to think it was the mother, Patsy,” Wright said. “If you look at the ransom note, no kidnapper is going to come in and sit down at the kitchen table without the materials to write a ransom note in the first place, not knowing when the family is coming back. ... And then the details of the ransom note had things that only Patsy and her husband would know. We really explored every one of the theories for all intruders. I never believed it could have been an intruder.”

But he can’t imagine what motive Patsy, who died in 2006, could have had.

The good, bad and ugly

One of Steve Coz’s favorite stories, from a journalism standpoint, was publishing the photo of O.J. Simpson wearing Bruno Magli shoes. A bloody shoe print from size 12 Bruno Maglis was found near the bodies of Nicole Brown Simpson, his ex-wife, and her friend Ron Goldman.

O.J. had, during his trial, denied ever wearing “those ugly ass shoes.”

“Unfortunately, we didn’t find it during the criminal trial, but at least they had it (photo of O.J. wearing the shoes) for the civil trial,” Val Coz said of the photo.

“When the *Enquirer* trained its focus on legitimate news stories versus gossip, there was a cleanness to the *Enquirer* newsroom and we were quite good at it,” said Steve Coz, a Harvard graduate who has a management and communications company that specializes in media relations and brand growth.

From a gossip standpoint, Steve Coz said, the ongoing saga of Roseanne Barr during the 1990s was his favorite story. “She would call cursing me out one day and then love me the next. At one point she hired thugs who punched me out in my Beverly Hills hotel. Then later she had me co-host her daytime TV show with her. Crazy times.”

There were terrifying times for the Coz family as well. One

of them came after Princess Diana’s fatal car accident in 1997. The *Enquirer* — and Steve Coz as editor — came under fire from George Clooney and other celebs who blamed the tabloid and Coz for her death because of the paparazzi chasing her. But none of them was from the *Enquirer*.

“Look, celebrities court publicity in the tabloids to start their careers, and then when they become full-fledged stars, they scream that the press is invading their privacy,” Coz said. “I was used to celebs screaming at me on the phone, but when Princess Di died, it got real ugly. She died at the hands of a drunken driver while French paparazzi were following her car. Hollywood celebrities immediately trained the focus on the paparazzi, the tabloids and me. It served their goal — to stop the tabloids from publishing stories that tarnished their public images.”

The Coz family was on edge after Diana’s death and threats from celebrities.

“The Ocean Ridge police chief then, Ed Hillery, put officers on our perimeter, and the *Enquirer* put security details at our house and on Val, the kids and me,” Steve Coz said. “We had our own three young children plus we were caring for two other kids while their parents were in Ireland. Those parents called when they heard the celebrity threats against me on the BBC.

“It was a trying time for us. It taught us not to sweat the small stuff. That large ficus hedge and fortified fence you see around our property were installed by the *Enquirer* to safeguard us.”

Another trying time for the Coz family came after photojournalist Bob Stevens was killed in the 2001 anthrax attack on the tabloid’s headquarters in Boca Raton.

“It was terrifying,” Val Coz said. “What people don’t really know is there were several people in the office that were taken ill during the ordeal and hospitalized and have had long-term results. We all had to be on prophylactic antibiotics for six or eight weeks.

“For Steve and me, it was even a little more frightening because our 11-year-old son had been in the office during the incubation time, before we knew about it. He had to go on antibiotics, as well as one of his friends who had been with him. We went in on a Saturday, they were running around the office while we were doing something on our way to a birthday party. Just one of those crazy things, you know.”

When can you see the film?

If you missed the showing at the Lake Worth Playhouse in November, you can see the film on CNN in April. If you don’t want to wait, go to www.scandalousfilm.com and click the button that says “watch at home.”

Scandalous is available on many streaming services. ★

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Must See



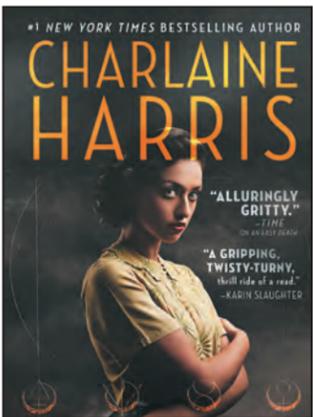
Poetry

Native American Joy Harjo, the U.S. poet laureate, to appear at annual festival. Page AT14



Reviews

A stellar adaptation of the classic 'Little Women,' in theaters now. Page AT15



Books

Writer who inspired 'True Blood' comes to Delray. Page AT16

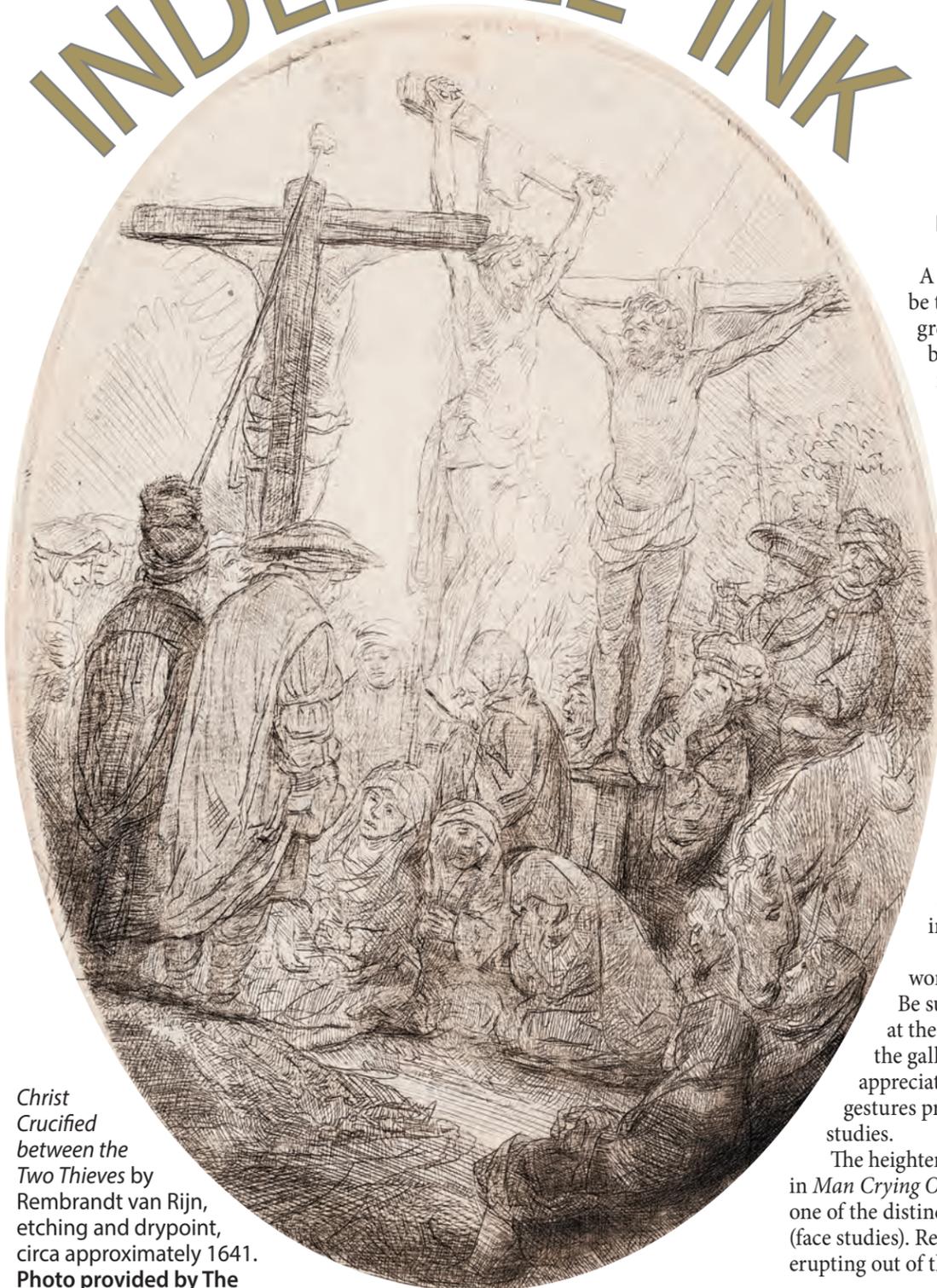


Collectibles

FAU in Boca Raton will host huge Depression glass show. Page AT18

Art

INDELIBLE INK



Christ Crucified between the Two Thieves by Rembrandt van Rijn, etching and drypoint, circa approximately 1641. Photo provided by The Society of the Four Arts

Exhibit of prints at The Four Arts shows the humor and humanity of Rembrandt

By Gretel Sarmiento
Palm Beach ArtsPaper Art Writer

A striking candlelight effect may be the loudest marking of one of the greatest artists in the history of art, but a new exhibit extinguishes it in favor of his other theatrical — and humane — sensibilities.

Detail-soaked biblical passages, scenes of street life and portraits of the distinguished and the marginalized have aligned at the Society of the Four Arts to resurrect a Dutch master's groundbreaking etchings. Rembrandt van Rijn, the most revered among Holland's Golden Age artists, may be best known for his dramatic use of light but it is his printmaking methods that *Rembrandt: The Sign and the Light* focuses on through Feb. 2. Featuring 69 prints that also include landscapes and self-portraits, the exhibition marks the 350th anniversary of Rembrandt's death in 1669.

The first thing to notice about the works on view is their compact size. Be sure to ask for a magnifying glass at the greeting desk prior to entering the galleries. This is the best way to fully appreciate all the markings, lines and gestures present, particularly in his character studies.

The heightened expression of the protagonist in *Man Crying Out, Three Quarters Left: Bust* is one of the distinctive characteristics of *tronies* (face studies). Rembrandt ramps up the emotions erupting out of the unkempt bearded man, who is

See **REMBRANDT** on page AT12

Music

Why live-music venues are dying out

By Bill Meredith
ArtsPaper Music Writer

There have been times, some relatively recently, when Palm Beach County seemed to actually flirt with having a creative live music scene that featured full bands playing original material.

Now is not such a time.

Between the influx of noise ordinances, worded to imply that music is equitable to "noise," and implemented to counteract the growing number of outdoor live music venues; ever-popular acoustic solo artists and duos, cover bands and tribute acts, and deejays, the number of area bands playing original compositions seems purposely stifled.

One need only to look back 10 years or so to see when things were different, and

where things started to turn, in a couple of disparate Palm Beach County towns: small Lake Worth Beach in the center of the county and sprawling Jupiter to the north.

In Lake Worth Beach, open town forums debating a proposed noise ordinance in 2010 routinely featured 90% of speakers who were in opposition. Many who spoke in favor were, predictably, the retired owners of the small, antiquated homes surrounding the downtown east-west thoroughfares of Lake and Lucerne avenues. The seemingly pre-ordained ordinance passed, helping to result in the dissolution of popular open-air live music sites like South Shores Tavern (on Lucerne Avenue) and Havana Hideout (on Lake).

Even the popular "Evening on the Avenues" events, which once featured live bands on the first and third Fridays of



Drummer Steve Kornicks bemoans the loss of creativity and originality on the local music scene. Photo by Bill Meredith

every month on the Cultural Plaza stage between Lake and Lucerne, are no more.

"With an outdoor venue, it's only logical to assume its intended purpose is for the sound to extend out," says Lake Worth Beach-based singing solo flamenco

See **LIVE MUSIC** on page AT13

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If You Go
Rembrandt: The Sign and the Light runs through Feb. 2 at The Society of the Four Arts, 102 Four Arts Plaza, Palm Beach.
Hours: 10 a.m.-5 p.m. Mon., Wed- Sat., 10 a.m.-noon Tuesday, 1-5 p.m. Sun.
Admission: \$10; free for members and children 14 and younger
Info: 655-7226 or fourarts.org

ABOVE: *Negress Lying Down*, by Rembrandt van Rijn, etching, engraving, and drypoint, circa about 1658. **LEFT:** *Self-Portrait with Saskia*, etching, 1636.
 Photos provided by The Society of the Four Arts

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REMBRANDT
 Continued from page 11

portrayed mouth half-open in an afflicted state.

The artist often borrowed from his own likeness to compose etchings of street characters and several pieces here remind us of what he looked like. The north gallery contains one of the most famous: *Self-Portrait Leaning on a Stone Sill*.

Dressed in an elaborate period costume and positioned in a confident pose looking straight at us, a long-haired Rembrandt emulates esteemed painters who preceded him. The self-portrait quotes two well-known portraits: Raphael's *Portrait of Baldassare Castiglione*, and Titian's *Man with a Quilted Sleeve*.

The Pancake Woman offers up a touching snapshot of everyday Dutch life through an elderly woman tasked with the essential function of producing food while hungry customers pile up and hover over her. She is worn out, exhausted and too busy for distractions; not even a dog's attempt to steal a child's pancake manages to disrupt her concentration. Rembrandt underscores the woman's relevance by making her figure stand out from the crowd via an immense amount of detail and saturation lacking in the rest of the scene. The weight of her darkened shape mirrors the burden she carries.

Later, we receive further confirmation of a feeling that starts building up earlier in the show: Rembrandt cared enough about the poor and destitute to not ridicule them. While other artists depicted them as

grotesque or undignified, he humanized them. Among the most heartbreaking scenes demonstrating his sympathy toward the impoverished is *The Strolling Musicians*. It features two performers with a nonthreatening aspect serenading a family with bagpipes and a hurdy-gurdy. The light emanating from inside the home illuminates the players whose bare feet, hunched backs and ragged clothing signal an arduous life trajectory. The family's toddler seems entertained by the humble tune while the musicians' loyal companion, a timid small dog, is kept on a leash. (For the chiaroscuro quality he is known for, stop by *Beggar with a Wooden Leg*, which is displayed nearby.)

Meanwhile, his representations of stories from the Old and New Testaments are predictably sublime and display his famous bold contrast of shadow and light. They are also larger in scale.

One of the most evocative takes narrates the precise moment Jacob hears that his son Joseph has been killed by a wild animal. Delivering the news in *Joseph's Coat Brought to Jacob* are Joseph's half-brothers, who, blinded by jealousy, sold him into slavery and fabricated a tragic story.

A horrified Jacob raises his arms in agony and pulls away from the coat dripping goat's blood that the siblings have brought as proof of the tragedy. Standing over him in shock is Joseph's aunt, Leah, who stares open-mouthed.

Throughout his career, Rembrandt produced more than 300 etchings, engravings,

and dry-points. Printmaking's most obvious benefit is saving time because one matrix can generate multiple impressions; an advantage the artist rendered null in some cases by spending years modifying a single image. Incessant direct observations and a close study of people and everyday life are said to be important contributors to the artistic genius of this prolific painter and portraitist. The show reveals several layers of his multi-step technique, including working nearly the entire surface of a plate to hold a vast volume of ink.

The nocturnal scenes resulting from this exercise are the highlight of *The Sign and the Light* even if they are the most difficult to appreciate. They are unexpected, almost useless if it weren't for their cleverness. If they were squeezed of their ink, they would easily feed several lighter prints. A student's gaze manages to filter through the darkness and penetrate the plane to make eye contact in *Student at a Table by Candlelight*. Judging by the hand he draws to his temple, he has been at it for a while. A single candle aids his scholarly efforts. Upon close inspection, we realize the young man hasn't noticed our presence; his eyes actually remain fixated on the book opened before him and so the intimacy of the moment is preserved.

This is among Rembrandt's sharpest skills; the ability to elevate private and public mundane moments and anonymous faces with a mystique that doesn't yield a drop of intensity no matter how long the descriptions unveiling the intentions and the setting.

LIVE MUSIC

Continued from page 11

guitarist Adrian Montijo. “It’s an obvious collaborative public event. But you know you live in a democracy when someone in the neighborhood is not happy.”

Solo performers, particularly Caucasian males singing and playing acoustic guitars, enjoy a romanticized, exalted status here. Soloists routinely get paid more per person than members of a full band, yet still cost less overall, and are less of a volume complaint risk for venues, especially open-air ones. The noise ordinance solution at most of those is to tell bands to turn down or get fired rather than invest any money in volume control equipment.

“The formula goes like this,” says Broward County-based singing multi-instrumentalist Richie Schmidt, who often performs at the indoor venue the Funky Biscuit in Boca Raton with the duo Twocan Blue (with his wife, singing keyboardist Tess Schmidt) and quintet the Funky Biscuit Allstars. “City sells permit to outdoor venue to have live music; city imposes impossible decibel level restriction, and city then fines venue for exceeding level restriction.”

Indoor venues feature no such issues. The Bamboo Room, one of South Florida’s best rooms for original touring and local acts in its initial 1999-2008 incarnation in Lake Worth Beach, reopened in 2011. Yet the upstairs club subsequently closed; opened again in 2015, closed again, reopened in 2018 and then closed again, all before its current incarnation — as a private party rental venue that features almost exclusively deejays for its themed nights, mostly R&B or Latin music.

Deejays have become increasingly popular with venue owners and managers, and have practically taken over wedding receptions from live bands. They have nearly every recorded song at their fingertips; often cost less than a full band, and can control their volume. Not that they’re always asked to. Multiple South Florida clubs feature both deejays and live bands, the latter of which are consistently asked to turn down. Then a deejay takes over, pumps up the volume to stadium level with no volume complaints, and the dance floor fills with people who wouldn’t dance to live original music specifically because they find it unpredictable.

The definition of a non-music scene is one in which people only want to hear what they’ve heard before. Dancers’ only thoughts are about what might happen later with their dance partners, or whether anyone is watching them on the floor. Coincidentally or not, the genre became more popular after musical education was eliminated in public schools.

As a partial result, venues and series from Boynton Beach (The Venu) to Lake Park (Kelsey Theater) and Palm



The Funky Biscuit Allstars have no problem with the large crowds attracted to their shows at the indoor Boca Raton venue. **Photo by Jay Skolnick**

Beach Gardens (Downtown at the Gardens Summer Concert Series) routinely feature predominantly to exclusively tribute acts — to still-active artists from Aerosmith and Jimmy Buffett to Bruce Springsteen and U2.

Lake Worth officially became Lake Worth Beach in 2019, yet its original music scene is now at low tide. CWS on Lucerne Avenue remains the only downtown open-air venue; Propaganda on J Street is its sole indoor club featuring primarily original acts. Other indoor rooms include Rudy’s (once the Bamboo Room’s downstairs office area), the Rhum Shak, Igot’s, and Brogue’s, and the vast majority of material played throughout them involves covers.

“I don’t believe there’s a war on originality,” says West Palm Beach-based keyboardist Jeff Crofford, who plays with the area Foreigner tribute act 4NR2. “Real money is tribute bands with a good agent. That’s what it’s become.”

Perhaps, at least with the outdoor venues, it’s a war on drums, the acoustic full band instrument without a volume knob. Yet two area drummers offer possible explanations that expand further than outdoor decibel levels.

“People don’t respect musicians as tradesmen or professionals,” says West Palm Beach-based freelance jazz and pop drummer Tim Moss. “Bars think we are there to bring people in, when we are there to entertain the people who come there. We’re making the same money as they did in the 1950s. Who would earn \$100 for six to eight hours of work, and no raises in 40 years? We play for the love.”

“Music is no longer a common cultural touchstone,” says Palm Beach Gardens-based freelance rock drummer Ed Schaeferle. “I remember when an older kid got a new Beatles LP and I begged to get a listen. That kid saved in advance to get that album. I read that there’s almost an exact percent of teens’ money that was spent on records that now goes toward video games.”

Many venue owners and managers will gladly pay musicians playing for the love with more “exposure” than cash, and music becoming more of an internet product has certainly played a role. As have more strict DUI laws, and bars gaining less-than-reputable meeting-place status over the years. As clubs saw attendance wane, bands started being hired for the following they could

bring rather than their talent.

Club owners, less concerned with helping to craft a thriving music scene than in nightly receipts, thus become co-conspirators with the undercutting, marginal talent in that waning scene’s downfall.

“As a club owner, you still have to promote your live bands,” says Boynton Beach-based singing guitarist Mike Hill, who plays covers with the Rosario Craig Band. “Otherwise, it’s a master-slave approach. Yes, the bands need to promote, but so do you. It’s a business partnership. If you book live entertainment, you should not be spending that money so the band can be your marketing agents.”

In Jupiter, the waterfront Harbourside Place opened in the early 2010s as a popular open-air dining and shopping destination, complete with a stage for live music, at the intersection of U.S. 1 and Indiantown Road. Almost immediately, the volume complaints started coming in from owners of adjacent properties and homes across the Intracoastal Waterway.

Harbourside compensated by booking acoustic acts and installing massive plastic sound baffles across the back of the stage for electric band nights, but those property owners eventually, and predictably, ensured that the complex is now almost exclusively for dining and shopping.

“A unique feature of South Florida life that I’ve always loved is live music, outdoors, year-round,” says Schmidt. “In many cases, city commissions put their priority on development, placing no value on sustaining this unique part of our coastal culture.”

North of Harbourside along North State Road A1A, the waterfront outdoor venue Square Grouper requires its bands to have no amplifiers onstage, which lowers the volume — but in the process practically requires them to invest in costly in-ear monitors to hear their instruments.

Across the street, the open-air Guanabanas spent money to address the problem. Talent buyer and sound engineer Matt Cahur, at the venue since 2008, helped come up with barely noticeable sound baffles along the club’s east walkway around the stage, and to install Apex Hera and Argos sound controllers and limiters to reduce decibel levels.

A short drive to the south on U.S.1, Jupiter-based singer, instrumentalist and songwriter Vince Flora opened an indoor live music venue featuring originals and covers with his wife, Kelly Flora, in 2014. Double Roads Tavern, named

for the popular oceanside makeout spot for teens in the 1970s, was born. And with no sound restrictions, it’s thriving.

“The club owner has a very large investment to protect, and the bands really do not,” Flora says, citing a valid distinction in such business relationships. “Clubs can’t afford to pay bands that do nothing but show up and bring no added revenue.”

Perhaps Palm Beach County, with its hobbyist musicians and year-round warm weather attracting tourists and creating an array of distractions from live music, could never host a scene like Seattle, Los Angeles, Chicago, Austin, Nashville, or New York City. And perhaps that’s why, even with myriad universities with respected music programs, especially in the Miami-Dade area, the students those colleges produce can’t find work in a shrinking South Florida market of venues. Especially outdoor ones.

“It’s a total, blatant disregard for creativity and sonic exploration,” says Miami-based percussionist Steve Kornicks.

And perhaps it’s a problem that extends not only beyond the boundaries of county, but also state and even country.

“I made more money 40 years ago in music,” says Ontario, Canada-based vocalist and bassist Steve Van Stiphout. “When I explain to club owners that my trade is as worthy as any other profession, they don’t care, saying, ‘If you don’t do it, somebody else will.’ I’m retired now, and just play for my own enjoyment and peace of mind.”



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Joy Harjo, the current U.S. poet laureate, will take part in the 2020 Palm Beach Poetry Festival. Photo provided

Poetry

Poetry festival salutes art of saying the unsayable

By Christina Wood
ArtsPaper Contributing Writer

Angela Narciso Torres admits she wrote some pretty bad poetry when she was a kid. Unlike countless other teens pouring out their hearts or communing with their angst in late-night writing sessions, however, Torres returned to poetry later in life.

She was living in New York with a husband and kids of her own, when she decided to sign up for a creative writing course. "I could not write a short story to save my life," she says. The last section of the course covered poetry, however. "I was surprised; I was really into it."

Of all the literary genres, Torres says poetry is the hardest to explain. "Poems are used at weddings and funerals because there are a lot of things in life that are unsayable," she says. "The language has to not only have a good fit in terms of sound and sense, but it also has to be fresh. It's figurative writing, it's metaphor, it's language that can elicit emotion."

Torres is the recipient of the 2019 Yeats Poetry Prize and was a finalist in the 2019 Frost Place Chapbook Competition. Her second collection, *What Happens Is Neither*, will be published in March 2021, while a new chapbook, *To the Bone*, is due out next month.

Torres is on the faculty of the Palm Beach Poetry Festival, which returns to Old School Square in Delray Beach on Jan. 20-25. The festival, now in its 16th year, presents leading poets at a number of public events, including readings, talks and panel discussions. Poetry workshops are also offered.

For the second time in its history, the festival will be hosting a sitting U.S. poet laureate. Joy Harjo, the festival's special guest this year, was selected for the position about a month after her participation in the festival was announced. "We could not be more thrilled to congratulate and welcome Joy Harjo, whose poetry often merges the global and the personal, and the imagery of the natural world with that of the inner one,"

If You Go

The Palm Beach Poetry Festival's public events begin Jan. 21 and include daily craft talks, interviews and readings. Info: palmbeachpoetryfestival.org.

Susan R. Williamson, director of the festival, said when the appointment was announced.

Harjo, the country's first Native American poet laureate, also has a host of other honors and awards to her name. Her memoir *Crazy Brave* won several awards, including the PEN USA Literary Award for Creative Non-Fiction and the American Book Award. Her ninth book of poetry, *An American Sunrise*, was published earlier this year.

Harjo, who is from Oklahoma, will also be interviewed on stage by fellow poet and festival faculty member Laure-Anne Bosselaar on Jan 21. The following day, she will deliver the annual Thomas Lux Memorial Reading following the festival gala.

Also slated to serve as a faculty member at the festival is Ilya Kaminsky, whose book *Deaf Republic* was one of five finalists for the 2019 National Book Awards in Poetry. A Russian-American poet, critic, translator and professor, Kaminsky will kick off the festival Jan. 21 with a workshop called "Craft and Voice."

Patricia Smith, the author of eight books of poetry and a finalist for the 2018 Pulitzer Prize, is the festival's poet at large. Her evening appearance at the festival will be Jan. 24.

"The Palm Beach Poetry Festival is once again offering a nationally recognized, world-class learning opportunity with more than a dozen of America's most engaging and award-winning poets," Williamson says. "In addition to our workshops, the festival brings the voices of America's most beloved living poets to the Crest Theatre stage. We work hard to present a diverse group of poetic voices, each expressing in their poems what we sometimes find inexpressible."

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Reviews

Two American tales a century apart, but with compelling, modern themes

Here are edited reviews of current performances. For the full reviews, please visit palmbeacharts.com.

Ordinary Americans (Palm Beach Dramaworks, through Jan. 5)

Quick, name a pioneering comic actress from the early days of television. Chances are you mentioned Lucille Ball, but before we loved Lucy there was Gertrude Berg, who not only starred in *The Goldbergs* — the first exposure to Jewish family life for many Americans — but also wrote, directed and produced the entire series, as she had previously done on radio for two decades.

That would be reason enough to celebrate Berg with a nostalgic play, but *The Goldbergs* has an even more dramatic backstory: Berg's co-star Philip Loeb, who played Molly Goldberg's husband Jake, was wrongly accused of being a Communist during the Red Scare of the early 1950s. The accusation not only ruined his career, but it also took down *The Goldbergs*.

That is the crux of *Ordinary Americans*, a new play by Joseph McDonough (*Edgar & Emily*) and directed by William Hayes, commissioned by Palm Beach Dramaworks.

The documentary-like

tale with tragic overtones is inherently involving. Its episodic, exposition-heavy script falls short of its full potential impact; yet the production is compelling nevertheless.

This is due in large part to the performance by Elizabeth Dimon in the dual roles of Berg and her fictional alter ego, Molly. She all but channels the stereotypical Jewish mother from the Bronx and, in contrast, the tough-minded, businesswoman who undergoes a test of loyalty to her co-star.

In his Dramaworks debut, area veteran David Kwiat brings a quiet dignity to the role of Loeb, eventually raising his voice in indignation as he testifies before the Senate Internal Security Subcommittee. Dimon, too, has a bravura scene as she wangles an audience with Catholic Cardinal Francis Spellman, asking him to use his influence on Loeb's behalf.

Rob Donohoe plays Spellman adroitly, as well as a handful of other roles. The other two members of the compact cast, Margery Lowe and Tom Wahl, also play multiple parts.

Michael Amico has designed a massive set that cleverly places the action, in the Goldbergs' apartment and beyond, inside the television studio.

Christina Watanabe's lighting aptly delineates the two worlds

of Berg and Goldberg, and costume designer Brian O'Keefe also helps the contrast between the humble clothing of the TV family and the well-heeled real-life professionals.

Dramaworks has focused on developing new plays in recent seasons, and *Ordinary Americans* is the most satisfying result of such efforts. Subsequent productions — and there should be many — would be well advised to seek out Dimon to anchor their casts. — *Hap Erstein*

Little Women (opened Dec. 25)

In a word, Greta Gerwig's adaptation of Louisa May Alcott's coming-of-age family saga is ravishing. A masterly follow-up to the director's masterly *Lady Bird*, *Little Women* extends this auteur's insightful consideration of young adulthood, furthering her affinities for young women who chafe against society's strictures.

Gerwig has structured an ambitious bifurcated narrative that oscillates between the characters' young adulthood, after three of the sisters have left the March family home, and a formative period seven years earlier, when they all lived together as the Civil War wound to its bloody close.

This approach allows past and present to rhyme in ways that



Emma Watson, Saoirse Ronan, Florence Pugh and Eliza Scanlen are the March sisters in *Little Women*. Sony Pictures photo

are both richly ironic — as when Laurie (Timothée Chalamet), pleads for the marital affections of Jo (Saoirse Ronan) as the only woman he'll ever love, when we know from bookending scenes that this is not the case — and devastating, as when the terminal illness of Beth (Eliza Scanlen) triggers memories in Jo of Beth's previous brush with mortality.

This *Little Women* is less like a filmed book than a visualization of poetry, or even of jazz, in the way its themes of proto-feminism, gender roles,

sacrifice and patriotism ripple across its canvas like leitmotifs.

The stellar cast includes Laura Dern as Marmee March; Meryl Streep as the caustic Aunt March; and Bob Odenkirk as Father March.

The fabulous script should be the one to beat for the Best Adapted Screenplay Oscar, while Gerwig should not be overlooked as director, either. She has crafted a fully immersive world in which every element, from production design to costumes to acting, exceeds expectations. — *ArtsPaper Staff*

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Sunday, February 23, 2020 at 3 p.m.

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Books

Thriller writer to meet fans in Delray Beach

By Sharon Geltner
ArtsPaper Contributing Writer

Thanks to a long ago favor by a local businesswoman, New York Times bestselling author Charlaine Harris will stop at the Murder on the Beach Mystery Bookstore in Delray Beach to promote her latest thriller, *A*



Harris

Longer Fall. She'll be there Saturday, Jan. 18, at 6 p.m. The store is at 104 W. Atlantic Ave. Harris is best known as the author of the Southern Vampire Mysteries series, which inspired HBO's *True Blood* series, which ran from 2008 through 2014. The show featured telepathic Louisiana waitress Sookie Stackhouse, who dates a vampire and consorts with supernatural creatures including witches, werewolves and shapeshifters.

Alan Ball, creator of HBO's *Six Feet Under*, produced the series.

"My latest tour starts in Texarkana, Texas. I requested to visit Murder on the Beach, because when it was very early in my career, the store supported my career. I try to pay back," Harris said.

In 2001, Joanne Sinchuk, then-owner and founder of the book shop, invited Harris to sign books at their Miami Book Fair booth. Sinchuk saved Harris from hotel bills by hosting her and three other authors at home. (Today, Sinchuk manages the store, which is owned by David Wulf, Booksmart Enterprises owner.)

"That was so extraordinary, I never forgot it," Harris said.

The book Harris was promoting became her game changer, *Dead Until Dark*.

"Charlaine's very first Sookie Stackhouse book had come out. It was doing very well, but no one knew the author and there was no TV show," Sinchuk recalls.

Since then, Harris has had three television series based on her books. Besides HBO's *True Blood*, NBC is airing the *Midnight, Texas* series, based on her *Midnight Crossroad* trilogy. The Hallmark Movies and Mysteries Channel shows her *Aurora Teagarden Mysteries*.

"I've seen Charlaine five more times at mystery conferences, including Sleuthfest in Fort Lauderdale. Every time, she tells everybody how I let her stay at my house," Sinchuk said. "She remembers. She is such a sweetheart."

Harris will chat with fans about *A Longer Fall*, a dystopian action thriller taking place in an alternate future in which FDR was assassinated. The United States has split into five regions, including Dixie, Texoma and a Russian empire with wizards. The hero is Gunnie Rose, a young female gunslinger and mercenary.

"My contract is for three books in the Gunnie Rose series and I've just finished the third," Harris said. "I think Simon & Schuster will want more."



David Kwiat and Elizabeth Dimon star as Philip Loeb and Gertrude Berg — and their TV characters, Jake and Molly Goldberg — in Palm Beach Dramaworks' world-premiere production of *Ordinary Americans*. Photo provided

Year in Review

Our Top 10 picks in theater and film for 2019

By Hap Erstein
ArtsPaper Critic

THEATER

It was an odd year at the theater in South Florida.

Try as I might to include them in the year's best, two of the region's most reliable companies — Maltz Jupiter Theatre and GableStage — failed to make the cut of the top 10.

But there was good news in 2019, like the following highlights of the season:

1. *A Streetcar Named Desire* (Palm Beach Dramaworks) — Given the head start of one of Tennessee Williams' greatest plays, PBD demonstrated why the play captivates us with a top-notch production lyrically directed by Barry Lewis, and a memorable performance by Kathy McCafferty as the emotionally fragile Blanche DuBois.

2. *Funny Girl* (Wick Theatre) — This bio-musical of Follies star Fanny Brice is rarely revived due to inevitable comparisons to La Streisand, but The Wick found its star in the remarkable Stephanie Maloney, who single-handedly pulled the production into the winner's circle.

3. *Dear Evan Hansen* (Broward Center) — This tale of high school angst and a social media lie that goes viral is the most original and emotional musical to come along in years. And care has been taken with the national tour to deliver the show's full impact.

4. *The Curious Incident of the Dog in the Night-Time* (Zoetic Stage) — Artistic director Stuart Meltzer tackled Mark Haddon's wildly imaginative novel of teenage, autistic, math whiz Christopher (brilliantly twitchy Ryan Didato), who fancies himself an amateur Sherlock Holmes, and succeeded with an artfully unconventional staging.

5. *Andy and the Orphans* (Primal Forces) — Perhaps the most authentic performance of the season came from Edward Barbanell, a Down syndrome adult playing a similarly afflicted character in a drily comic yarn of parental loss and offbeat memorial services, a surprisingly heartfelt production from this usually edgier company.

6. *Crazy for You* (Wick Theatre) — Charismatic hooper Matt Loehr's Carbonell-winning performance as a show biz-mad banking scion at the Maltz eight years ago was no fluke as he demonstrated anew, singing and cavorting through the Gershwin canon. Who could ask for anything more, as they say?

7. *Grindr Mom* (Wilton Theatre Factory) — One-person shows rarely show up on my 10 Best List, but Ronnie Larsen's 90-minute monologue about a mother of a gay son who tries to understand him through the Grindr

hook-up app is a warmly comic and sensitive exception, in large part due to the bravura performance by Jeni Hacker.

8. *Ordinary Americans* (Palm Beach Dramaworks) — After several stumbles with new work, PBD scores a triumph with the world premiere of this commissioned script on radio and TV pioneer Gertrude Berg, whose loyalty to her co-star is sorely tested in the era of Red-baiting and blacklisting. Elizabeth Dimon as Berg (and her fictional alter ego Molly Goldberg) is masterful in roles she was born to play.

9. *Shrek, the Musical* (Slow Burn Theatre) — While hardly the hard-edged material this company made its reputation on, director-choreographer Patrick Fitzwater finessed this musical's technical challenges and delivered family-friendly fun, with major assist from Wesley Slade as the burping, farting green ogre.

10. *Sweeney Todd* (Zoetic Stage) — Director Stuart Meltzer (busy man this year) reduced Stephen Sondheim's masterwork revenge musical to an eight-member cast — headed by Aloysius Gigl and Jeni Hacker as Todd and his lovestruck accomplice Mrs. Lovett — without compromising on its macabre and comic power.



Robert De Niro gives an astounding performance as a Mafia hit man in Martin Scorsese's *The Irishman*. Netflix photo

FILM

Streaming services like Netflix and Amazon Prime will play a major qualitative role in awards and best lists, if not box office, this year. Everything looks better on a theater screen rather than your home TV, but a film like Martin Scorsese's epic, 3½-hour *The Irishman* — the best film of 2019 — seems designed for home viewing.

Here are my 10 best, highly subjective choices for 2019:

1. *The Irishman* — A culmination of everything director Scorsese has done in his half-century-long career.

A suppositional tale of Teamsters boss Jimmy Hoffa's demise, with stellar performances by Robert De Niro, Al Pacino and particularly Joe Pesci.

2. *Marriage Story* — Yes, a more accurate title would be *Divorce Story*, but that might cut down on viewership. Stars Scarlett Johansson and Adam Driver give career-best work as the parting couple, turned contentious by their lawyers.

3. *Pain and Glory* — Spanish director Pedro Almodóvar crafts his most autobiographical movie yet, starring longtime collaborator Antonio Banderas as a fictional version of the filmmaker, creatively blocked late in his career.

4. *Once Upon a Time in Hollywood* — Quentin Tarantino's output has been erratic, but he is back on top in this epic tale of bygone Tinseltown, with Leo DiCaprio as a western star and Brad Pitt as his go-fer and stand-in. His screenplay, compelling if overlong, moves inexorably to the Sharon Tate murder by charismatic Charles Manson and his cult.

5. *A Beautiful Day in the Neighborhood* — Fred Rogers' neighborhood to be precise, yet the uncanny impersonation by Tom Hanks takes a back seat to Matthew Rhys (*The Americans*) as a cynical magazine writer, assigned against his will to interview the children's show host and finds himself transformed by the experience.

6. *Parasite* — The wealth gap is distressingly universal, as South Korean director Bong Joon Ho shows in this slyly satirical look at two families — one crazy rich and the other poor but clever — played by a remarkable ensemble.

7. *The Farewell* — Comic actress Awkwafina (*Crazy Rich Asians*, *Ocean's 8*) is a revelation in this dramatic leading role as a staunch New Yorker who is drawn to embrace her cultural roots when she goes to China with her family to celebrate the life of her cancer-stricken grandmother.

8. *Jojo Rabbit* — What would you get if you crossed The Producers with *The Diary of Anne Frank*? Yes, a Holocaust comedy, with debuting Roman Griffin Davis as a young fervent German boy with an imaginary friend — Adolf Hitler (played broadly by director Taika Waititi) — and a Jewish girl hiding in his home.

9. *Motherless Brooklyn* — Edward Norton wrote, directed, produced and stars — all impressively — in this classic film noir centered on a New York detective with Tourette's syndrome, doggedly on the trail of murder, blackmail and corruption.

10. *Bombshell* — Fox News fans may not be persuaded, but "fair and balanced" viewers should recognize the stellar performances of Charlize Theron, Nicole Kidman and Margot Robbie as the trio of blonde lookers at the network who brought down serial sexual abuser Roger Ailes (jowly scene-stealer John Lithgow).



The smash Broadway hit *Hamilton* hits the Kravis Center on Jan. 28. Photo by Joan Marcus

Don't Miss

For January: Area stages to host giants of musical genre

Palm Beach ArtsPaper Staff

Elmar Oliveira International Violin Competition, Jan 14-26, Lynn University, Boca Raton

For two weeks this month, Lynn University in Boca Raton will be host to 20 ambitious young violinists from across the world, all aiming for top prizes and promotions as winners of the **Oliveira Competition**.

The second iteration of this triennial contest, which was won in 2017 by the spectacular American Sirena Huang, features a series of quarter-final recitals from Jan. 16 to 18, after which semifinalists will be chosen for another round from Jan. 21-22.

Included will be a new piece commissioned for the competition from American composer Christopher Theofanidis.

Four finalists will be selected from the semifinalists, and will play with the Lynn Philharmonia on Jan. 25 and 26; repertoire includes the first movement of the Mozart Third Concerto and the first movement of concerti by Dvorak, Saint-Saëns, Brahms or Lalo's *Symphonie Espagnole*.

All quarter-final and semi-final rounds are free and open to the public; the orchestral performances require a ticket.

For more information, visit elmaroliveiraivc.org.

Hamilton (Jan. 28-Feb. 16 at the Kravis Center)

The musical that's become a modern-day phenomenon — *Hamilton*, the story of a West Indies native who became the right-hand man of Gen. George Washington during the Revolutionary War — has finally arrived in West Palm Beach.

The multi-award winner featuring a score that blends hip-hop, jazz, blues, rap, R&B, and Broadway, *Hamilton* is the story of America then, as told by America now.

The Kravis box office said as of Dec. 29 that tickets are still available.

"It's tempting to get tickets any way you can," said producer Jeffrey Seller. "For the best seats, the best prices and to eliminate the risk of counterfeit tickets, all purchases should be made through kravis.org."

With book, music and lyrics by Lin-Manuel Miranda —

who starred in the original New York show — direction by Thomas Kail, choreography by Andy Blankenbuehler and musical supervision and orchestrations by Alex Lacamoire, *Hamilton* is based on Ron Chernow's biography of the founding father.

For tickets, visit kravis.org or call 832-7469.

The national touring company of *Hamilton* moves to the Adrienne Arsht Center at 1300 Biscayne Blvd. in Miami from Feb. 18 to March 15.

Information and tickets are available at tickets@arshtcenter.org or at *Arsht's Ziff Ballet Opera House* box office.

Evita (Wick Theatre, Jan. 16-Feb. 23, 7901 N. Federal Highway)

The Wick Theatre presents its fan pick of the year, *Evita*. Broadway star Sean McDermott and *American's Got Talent* performer Daniella Mass star in the iconic musical scored by Andrew Lloyd Webber and Tim Rice.

Evita charts the young and ambitious Eva Peron during her meteoric rise to power as wife of military leader-turned-president Juan Peron of Argentina. She was the most powerful woman in Latin America before her death from cancer at age 33.

Tickets, \$75-\$95, are available at thewick.org or by calling 995-2333.

Chicago (Maltz Jupiter Theatre, 1001 E. Indiantown Road, Jan. 16- Feb. 2)

The razzle dazzle is coming back to Jupiter. *Chicago*, the ribald and raunchy story of Roxie Hart, a housewife and nightclub dancer who murders her lover after he threatens to walk out on her, opens this month at the Maltz Jupiter Theatre.

The show is from a book by Bob Fosse and Fred Ebb, with music by John Kander and lyrics by Fred Ebb (*Cabaret*).

Desperate to avoid conviction, she dupes the public, the media and her rival cellmate, Velma Kelly, by hiring Chicago's slickest criminal lawyer to transform her malicious crime into a barrage of sensational headlines.

For information and tickets (starting at \$72), call the box office at 575-2223.

Arts Calendar

(Note: Events are listed through Jan. 31, 2020, and were current as of Dec. 27. Please check with the presenting agency for any changes. Ticket prices are single sales.)

ART EXHIBITS

Ann Norton Sculpture Gardens: Through Feb. 2: *The Practice of Optimism: Sculpture by Federico Uribe*. \$15; 10 am-4 pm. W-Sun. 832-5328 or ansg.org.

Armory Art Center: Through Jan. 18: 3rd Biennial Artists of Art Salon Exhibition; Jan. 11-25, *BraveHeARTS*, an exhibit of art from military veterans. 9 am-4 pm M-F, 9 am-2 pm Sat. 832-1776 or armoryart.org.

Boca Raton Museum of Art: Through March 1: *Clifford Ross: Waves*; *Maren Hassinger: Tree of Life*; *Carol Prusa: Dark Light*; through Jan. 19. \$12, seniors \$10, children 12 and under, free. 10 am-5 pm T/W/F; 10 am-8 pm Th; noon-5 pm Sat & Sun. 392-2500, or bocamuseum.org.

Cornell Art Museum: Through May 10: *Art Couture: The Intersection of Fashion and Art*. \$8; \$5 seniors & students. 10 am-4:30 pm T-Sat; 1-4:30 pm Sun. 243-7922 or oldschoolsquare.org.

Cultural Council of Palm Beach County: Through Feb. 1: *Made in Palm Beach*, through Feb. 1. 10 am-5 pm T-Sat; 471-2901 or palmbeachculture.com.

Flagler Museum: Opens Jan. 28: *Walk This Way: Historic Footwear from the Stuart Weitzman Collection*. Through May 10. \$18. 10 am-5 pm T-Sat, noon-5 pm Sun. 655-2833 or flaglermuseum.us.

Morikami Museum and Japanese Gardens: Through April 3: *Anime Architecture*. \$15, \$13 seniors, \$9 children and students. 10 am-5 pm. T-Sun. 495-0233 or morikami.org.

Norton Museum of Art: Through Feb. 2: *Georgia O'Keeffe: Living Modern*; through March 1: *The Body Says, I Am a Fiesta: The Figure in Latin American Art*; through March 15: *The Priscilla and John Richman Gift of American Impressionism and Realism*. \$18; free F and Sat. 10 am-5 pm M, T, Th and Sat; 10 am-10 pm Fr.; 11 am-5 pm Sun; 832-5196 or norton.org.

Society of the Four Arts: Through Feb. 2: *Rembrandt: The Sign and the Light*. \$10, free for members. 10 am-5 pm M-Sat, 1-5 pm Sun. 655-7226 or fourarts.org.

CLASSICAL MUSIC

Sunday, Jan. 5

Midori: The Japanese-American violinist teams with French pianist Jean-Yves Thibaudet for an afternoon of sonatas by Beethoven. 2 pm, Kravis Center. \$29 and up. 832-7469 or kravis.org.

Vera Quartet: This student quartet presents quartets by Beethoven and Bright Sheng, and then is joined by pianist Meng-Chien Liu for the Piano Quintet of Cesar Franck. 3 pm Sunday, Society of the Four Arts, Palm Beach. \$30. 655-7226 or fourarts.org.

The Symphonia: Conductor Carolyn Kuan is joined by violinist Daniel Andai in Haydn's Violin Concerto in C. 3 pm, Roberts Theater, St. Andrew's School, Boca Raton. \$50-\$84. thesymphonia.org.

Tuesday, Jan. 7

Symphony of the Americas: Wellington's own Gareth Johnson is the violin soloist with James Brooks-Bruzzese's orchestra in the Mendelssohn Violin Concerto. 7:45 pm, Amaturo Theater, Broward Center, Fort Lauderdale. \$50-\$70; 954-335-7002 or symphonyoftheamericas.org. Wednesday, Jan. 8

Atlantic Classical Orchestra: The Fort Pierce-based ensemble opens its series at Palm Beach Gardens' Eisse Campus Theatre with pianist Gabriela Martinez in Rachmaninov's *Rhapsody on a Theme of Paganini*. 7:30 pm. \$30-\$60. 772-460-0851 or atlanticclassicalorchestra.com.

Bomsori Kim: The rising young South

Korean violinist teams with Finnish pianist Juho Pohjonen for sonatas by Schumann and Prokofiev. 7:30 pm, Society of the Four Arts, Palm Beach. \$40. 655-7226 or fourarts.org.

Blake Pouliot: The young Canadian violinist opens the Duncan Theatre's Classical Café series. 2 pm, Duncan Theatre, Lake Worth Beach. \$35. 868-3309 or duncantheatre.org.

Sunday, Jan. 12

Jupiter String Quartet: Now in its 17th year, this foursome brings two major canonical works to the stage: Schubert's *Death and the Maiden* Quartet (No. 14 in D minor) and Beethoven's Quartet No. 15 (in A minor, Op. 132). 7:30 pm, Society of the Four Arts. \$30. 655-7226 or fourarts.org.

Monday, Jan. 13

Palm Beach Symphony: South Korean violinist Chee-Yun Kim joins Gerard Schwarz and the orchestra for the Mendelssohn Violin Concerto. 7:30 pm, Society of the Four Arts, Palm Beach. \$40; 655-7226 or fourarts.org.

Monday, Jan. 13-Tuesday, Jan. 14

Wroclaw Philharmonic: Conductor Giancarlo Guerrero leads this fine Polish orchestra in two concerts, on Monday with violinist Janus Wawrowski in Szymanowski's Concerto No. 1; and on Tuesday with French pianist David Fray in the Chopin Second Concerto. 8 pm M, 2 pm T. 832-7469 or kravis.org.

Tuesday, Jan. 14

Ying Quartet: This durable quartet opens the Flagler Museum's Tuesday night series of chamber music events. 7:30 pm, Flagler Museum. \$70. 655-2833 or flaglermuseum.us. Sunday, Jan. 19

Royal Philharmonic Orchestra: Conductor Mark Wigglesworth leads this splendid UK outfit. 8 pm, Kravis Center. 832-7469 or kravis.org. Wednesday, Jan. 22

Francisco Fullana: The young Spanish violinist makes his Florida debut in a solo concert. 7:30 pm, Rinker Playhouse, Kravis Center. \$32. 832-7469 or kravis.org.

Chamber Music Society of Lincoln Center: Pianist Wu Han is joined by three colleagues for an early piano trio by Saint-Saëns and the Piano Quartet No. 1 of Fauré. 7:30 pm, Society of the Four Arts. \$70. 655-7226 or fourarts.org. Friday, Jan. 24

Delray String Quartet: The quartet offers music by women composers Amy Beach, Elfrida Andree, Rebecca Clarke and Fanny Mendelssohn. 7:30 pm, St. Paul's Episcopal Church, Delray Beach. Tickets: \$0-\$50. Visit www.maspcconcerts.org for more information. Sunday, Jan. 26

Parker Quartet: The quartet in residence at Harvard presents a program of music. 3 pm, Society of the Four Arts. \$30. 655-7226 or fourarts.org. Tuesday, Jan. 28

Aureole Trio: This threesome of flute, viola and harp first appeared on the Flagler Museum series in 2005. 7:30 pm, Flagler Museum. \$70. 655-2833 or flaglermuseum.us. Wednesday, Jan. 29

Ehnes Quartet: The foursome named for Canadian violinist James Ehnes offers two quartets by birthday boy Beethoven. 7 pm, Norton Museum of Art, West Palm Beach. \$75. 379-6773 or cmspb.org.

DANCE

Friday, Jan. 17-Saturday, Jan. 18

BalletX: The Philadelphia contemporary ballet company kicks off the Duncan Theatre's annual dance series. 8 pm both shows. \$45. 868-3309 or duncantheatre.org.

Friday, Jan. 17-Sunday, Jan. 19

Miami City Ballet: The Miami Beach-based troupe presents works by Jerome Robbins, Christopher Wheeldon, George Balanchine and Alexei Ratmansky. 7:30 pm F, 2 pm and 7:30 pm Sat, and 1 pm Sun, Kravis Center. \$30 and up. 832-7460 or vkravis.org.

JAZZ

Sunday, Jan. 5

Vitali Imereli: The Georgian-born violinist returns to the Delray Beach Arts Garage, where he has a devoted following. 7 pm. \$35-45. 450-6357 or artsgarage.org.

Saturday, Jan. 11

John Daversa Small Band: The veteran trumpeter presents music from his catalog with this septet. 8 pm, Arts Garage. \$35-45. 450-6357 or artsgarage.org.

Sunday, Jan. 12

Philippe Lemm Trio: The New York-based threesome led by drummer Lemm is celebrated for its reimagining of jazz standards, veering into classical and prog rock influences. 7 pm, Arts Garage. \$35-45. 450-6357 or artsgarage.org. Saturday, Jan. 18

Yamit Lemoine and Vinyl Blvd: The Israel-Canadian vocalist and her seven-piece band had their debut album last month. 8 pm, Arts Garage. \$35-45. 450-6357 or artsgarage.org. Sunday, Jan. 19

Branford Marsalis: The eminent jazz saxophonist and his quartet. 3 pm, Society of the Four Arts, Palm Beach. \$30. 655-7226 or fourarts.org.

OPERA

Friday, Jan. 24-Sunday, Jan. 26

Turandot: Giacomo Puccini's 1924 opera about a princess in ancient China who keeps killing off her suitors until a mysterious prince from another land tries to win her hand. Keturah Stickann returns to direct this work for Palm Beach Opera; Alexandria Loutsion is Turandot, Stefano La Colla is Calaf and Leah Crocetto is Liu on Friday and Sunday; on Saturdays, the roles are sung by Alexandra LoBianco, Hovhannes Ayvazyan, and Anastasia Schegole. 7:30 pm F & Sat, 2 pm Sun at the Kravis Center. 832-7469 or vkravis.org.

POPULAR MUSIC

Friday, Jan. 10

Billy Joel: The piano-playing pop icon plays the Hard Rock Live in Hollywood. \$109-\$409. ticketmaster.com.

Saturday, Jan. 11

Grace Potter: The lovely Vermont singer-songwriter returned to the studio a couple years back for *Daylight*. 7 pm, Revolution Live, Fort Lauderdale. \$33-\$38.50. 954-449-1025, jointherevolution.net or ticketmaster.com. Friday, Jan. 17

Queensryche: The veteran Seattle heavy metal quintet hits the road for a national tour. 7:30 pm, Culture Room, Fort Lauderdale. \$33. ticketmaster.com.

THEATER

Through Sunday, Jan. 5

Ordinary Americans: A world premiere play by Joseph McDonough. At Palm Beach Dramaworks, West Palm Beach. palmbeachdramaworks.org or 514-4042

Tuesday, Jan. 7-Sunday, Jan. 12

A Bronx Tale: Alan Menken's musical to Chazz Palminteri's story. Kravis Center, West Palm Beach. \$44 and up. 832-7469 or kravis.org. Opens Tuesday, Jan. 12

Chicago: John Kander and Fred Ebb's 1975 musical about 1920s Chicago. Through Feb. 2. Maltz Jupiter Theatre. \$62-\$90. 575-2223 or jupitertheatre.org.

Opens Thursday, Jan. 16

Gypsy: Jule Styne's popular 1959 musical about stripper Gypsy Rose Lee. Through Feb. 2 at Lake Worth Playhouse, Lake Worth Beach. \$40. 586-6410 or lakeworthplayhouse.org.

Evita: Andrew Lloyd Webber's 1979 musical about Eva Peron. Through Feb. 23 at the Wick Theatre, Boca Raton. 995-2333 or thewick.org. Opens Tuesday, Jan. 28

Hamilton: Lin Manuel-Miranda's extraordinary rap musical about the life of American founder Alexander Hamilton. Through Feb. 16. \$67.50 and up. 832-7469 or kravis.org.

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Collectibles

Highwaymen Show & Sale

First Presbyterian Church, Boynton Beach — Jan. 18



The Florida Highwaymen are a group of African-American painters from the Fort Pierce area who produced paintings of Florida landscapes beginning in the late 1950s. Several of the original artists are scheduled to appear at the second annual Show & Sale. Hours are 11 a.m. to 3 p.m.; there is no entry charge or parking fee. **ABOVE:** Artist Doretha Hair Truesdell and Boynton Beach Historical Society President Randall Gill at the 2019 show. **Photo provided**



ABOVE: The Depression glass show will feature mid-century glass by Fenton and other firms. **BELOW:** This charger by the Consolidated Glass Co. dates from the 1930s. **Photos provided**

Depression glass show comes to Boca

By Scott Simmons

Boca Raton long ago made a name for itself as a playground of the elite.

And Depression glass was the dinner and barware of the masses.

But the city is proving to be a more affordable venue than cities in Miami-Dade and Broward counties for one of the state's biggest shows of the glassware, Jan. 25-26 at Florida Atlantic University.

"I think we're getting out-priced for space a little farther south. We've also been competing with the Super Bowl. It's going to be in Miami, so things are increasing rather quickly," said Greg Xiggoros, president of the South Florida Depression Glass Club and a Boynton Beach resident.

He says FAU should be a good fit for the show, now in its 46th iteration. The show slowly has been moving its way north, from an armory in North Miami to the War Memorial Auditorium in Fort Lauderdale to Emma Lou Olson Civic Center in Pompano Beach, where it had been held for a decade.

The exhibition hall in which the show will be held is a new space, and it's better located for vendors and shoppers from points north.

And it's not just your grandmother's pink or green Depression glass.

Xiggoros promises that the 21 vendors, who come from across the country, will offer plenty of glassware and pottery you won't see elsewhere.

Then, there is this year's theme: "Nudes in Glass."

It sounds risqué, but the Depression era also was the Art Deco era, with motifs of stylized nymphs and goddesses, so it's not all that far-fetched.

"There's at least 14 companies right off the top of my head that have featured nudes in their glass, and this is major manufacturing. It's not a private little company that did two or three pieces. We're talking production with a nude in it," Xiggoros said.

Cambridge, Morgantown and Consolidated are three of the companies that had



If You Go
Antique Vintage Glass and Pottery Show & Sale
 Featuring "Nudes in Glass: This Ain't Your Grandma's Glass Show"
When: 9 a.m.-5 p.m. Jan. 25 and 9 a.m.-4 p.m. Jan. 26.
Where: Florida Atlantic University, 777 Glades Road, Boca Raton (GPS address is 1995 Dade Ave., Boca).
Cost: \$5 with card or ad, \$6 without; early buying 9-10 a.m. Saturday, \$10.
Info: www.sfdgc.com or Showinfo@SFDGC.com

noteworthy patterns with that motif. So did Lalique.

But Grandma wouldn't be totally shocked at the show — there will be plenty of the pink and green Depression glass that she used every day.

"The glass that most folks think of, it's called really A to Z Depression glass," Xiggoros said. "The items that were found in cereal boxes, inside movie theater giveaways, inside laundry detergent. It's a pressed glass with a raised design. And we have major dealers showing that type of glass."

But Depression-era glassware wasn't just items given as premiums.

"There were still the families that could afford the Heisey, the Morgantown, the Fostoria,

and that tends to be a lot lighter in weight, a lot more delicate, a lot more work," he said of the glassware collectors have dubbed "Elegant" glass. "One of the stems of Fostoria alone took 14 steps to make."

There also will be plenty of that so-called Elegant glass, as well as such pottery as Homer Laughlin's Fiestaware and Roseville.

The Roseville display, of Ohio pottery, will be a 100-piece collection.

Xiggoros says he started collecting Roseville in 1970. "That's when we amassed the big collection. I sold 300 pieces at an auction to establish a scholarship in perpetuity at its height in value," he said. "That scholarship still exists today. It's been 21 years of getting out scholarships."

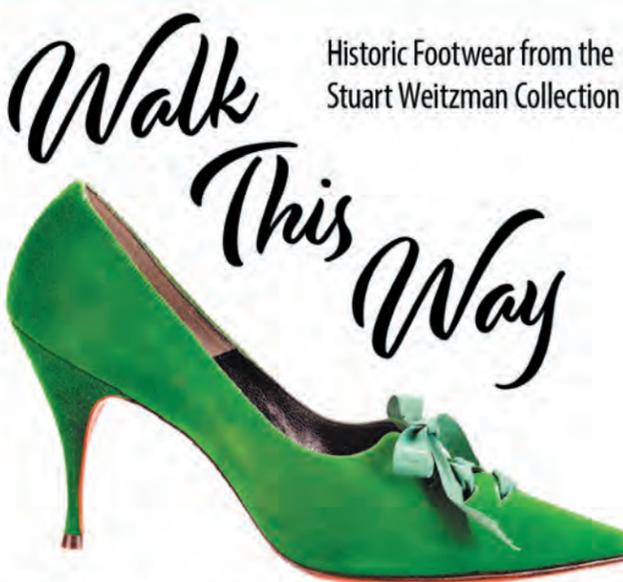
He's been collecting Elegant glass for about a decade — his mom's set of Fostoria Chintz pattern was the impetus.

Xiggoros has since branched out, courtesy of a shop in St. Petersburg.

"I looked on a shelf and there was a cocktail stem called Adonis and it had a green stem and foot and the glass bowl had Roman soldiers in three different poses. ... That was the first piece in my collection. And after that it was procure, procure, procure."

So it goes with collecting. ★

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Seymour Weitzman (1910-65), designer, Mr. Seymour (founded 1950s), maker. Pointed-toe lace-up pumps, ca. 1964. Suede, grosgrain ribbon. Stuart Weitzman Collection. Photo by Glenn Castellano, New-York Historical Society.

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Palm Beach Daily News

Community Calendar

Note: Events are current as of 1/27. Please check with organizers for any changes.

JANUARY 4

Saturday - 1/4 - Pickleball at Delray Beach Tennis Center, 210 W Atlantic Ave. M-F 8 am-9 pm; Sat 8 am-6 pm. \$3/resident; \$4/non-resident; \$1/add for night play lights. Monthly pass available. 243-7356; mydelraybeach.com

1/4 - Lawn Bowling at Veterans Park, 802 NE 1st St, Delray Beach. Takes skill/practice. Age 18 & up. M/W/F/Sat 9 am-noon. Annual fee \$15/resident; \$20/non-resident. 243-7350; mydelraybeach.com

1/4 - The Writer's Studio at Delray Beach Public Library, 100 W Atlantic Ave. Every Sat 10 am. Free. 638-7251; delraylibrary.org

1/4 - Ride & Remember Bus Tour departs from Spady Cultural Heritage Museum, 170 NW 5th Ave, Delray Beach. 2-hour tour; focus on 5 historic districts. Every T/Th/Sat 10 am. \$35. Reservations: 279-8883; spadmuseum.com

1/4 - Nihongo: Japanese Language Intensive Workshop I-B at Morikami Japanese Museum and Gardens, 4000 Morikami Park Rd, Delray Beach. Each level should be taken sequentially before moving on. Must meet prerequisites. Held again 1/25. Noon-4 pm. \$100. Registration: 495-0233; morikami.org

1/4 - The Night Before by Dan Clancy at Florida Atlantic University Theatre Lab, 777 Glades Rd, Boca Raton. Noon. Call for price: 800-564-9539; fau.edu/theatrelab

1/4 - Meet-N-Greet with The Artist: Peggie "Batia" Lowenberg at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Meet the artist exhibiting in the Art Gallery during Jan. All ages. 1 pm. Free. 629-8760; pbcnature.com

1/4 - Pickleball at Pompey Park Community Center, 1101 NW 2nd St. M-F 9-11 am; F 6-8:30 pm; Sat 1-4 pm. \$3/resident; \$4/non-resident; + \$1/night play lights. Monthly passes available. 243-7356; mydelraybeach.com

1/4 - Overactive Letdown by Gina Montet at Florida Atlantic University Theatre Lab, 777 Glades Rd, Boca Raton. 3:30 pm. \$20. 800-564-9539; fau.edu/theatrelab

1/4 - Seth Bramson speaks and signs his book *Florida Railroads* at Murder on the Beach Mystery Bookstore, 104 W Atlantic Ave, Delray Beach. 6 pm. Free. 279-7790; murderonthebeach.com

1/4 - Jackie "The Joke Man" Martling at Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. 7:30 pm. \$37-\$47. 844-672-2849; miznerparkculturalcenter.com

1/4 - The Woods by Jahna Ferron-Smith at Florida Atlantic University Theatre Lab, 777 Glades Rd, Boca Raton. 7:30 pm. \$20. 800-564-9539; fau.edu/theatrelab

1/4 - John Mueller's Winter Dance Party at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of new Ovation Series. 8 pm. \$57-\$67. 243-7922 x1; oldschoolsquare.org

1/4 - Jeff Harnar Sings Sammy Cahn All the Way: Sinatra, Hollywood & World War II at The Delray Beach Playhouse, 950 NW 9th St. 8 pm. \$39. 272-1281; delraybeachplayhouse.com

1/4 - CJ Chenier and The Red Hot Louisiana Band at Arts Garage, 94 NE 2nd Ave, Delray Beach. 8-10 pm. \$35-\$45. 450-6357; artsgarage.org

1/4 - First Nighters at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Hobnob w/performers; have your photo taken w/the stars. Follows performance of *New York Old Friend*. 9 pm. \$20. 237-7750; lynn.tix.com

1/4-5 - New York, Old Friend at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Sat 7:30 pm; Sun 4 pm. \$50-\$70. 237-7000; lynn.tix.com

1/4-5 - New Play Festival at Florida Atlantic University Theatre Lab at Parliament Hall, 777 Glades Rd, Boca Raton. Sat 7:30 pm; Sat/Sun noon & 3 pm. Tickets start at \$20. 800-564-9539; fau.edu/theatrelab

1/4-5 - Villainous Company by Victor L. Cahn presented by Primal Forces at Sol Theatre, 3333 N Federal Hwy, Boca Raton. Runs through 1/12. Preview Wed/Th 8 pm \$35-\$40; regular show F/Sat 8 pm, Sun 2 pm \$40-\$45. 866-811-4111; primalforces.com

JANUARY 5-11

Sunday - 1/5 - Concert: Christmas Lessons & Carols at St. Paul's Episcopal Church, 188 S Swinton Ave, Delray Beach. 10 am. Free-will offering. 276-4541; music.stpaulsdelray.org

1/5 - Sado: Tea Ceremony Beginners Class at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Study the traditional art of Sado. Workshop required for those who have never taken a Tea Ceremony Class. 2 lessons/month (Sun 1/5 & 26 & Th 1/9 & 23). 10:15 am-12:15 pm. \$50/member; \$55/non-member. Registration: 495-0233 x210; morikami.org

1/5 - An Afternoon of Short Plays at Florida Atlantic University Theatre Lab, 777 Glades Rd, Boca Raton. Noon. \$15. 800-564-9539; fau.edu/theatrelab

1/5 - Bridge Duplicate at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Sanctioned A.C.B.L. duplicate bridge game for the experienced player. Light lunch served. Partners available for singles. Every Sun 12:30-4 pm. \$10/at the door. Reservations or partners: 338-2995; myboca.us

1/5 - ACBL Sanctioned Duplicate Bridge at Temple Sinai of Palm Beach County, 2475 W Atlantic Ave, Delray Beach. M-Th 12:30 pm; F 12:15 pm; Sun 1 pm. \$12/includes lunch. 276-8071; templesinaipbc.org

1/5 - Something Like a Dame at The Delray Beach Playhouse, 950 NW 9th St. 2 pm. \$35. 272-1281; delraybeachplayhouse.com

1/5 - Jeff Harnar Sings Sammy Cahn All The Way: Sinatra, Hollywood & World War II at Mizner Park Cultural Arts Center, 201 Plaza

Municipal Meetings

1/6 - Ocean Ridge - First Monday at Ocean Ridge Town Hall, 6450 N Ocean Blvd. 6 pm. Agenda: oceanridgeflorida.com

1/7 - Highland Beach - First Tuesday at Highland Beach Town Hall, 3614 S Ocean Blvd. 1:30 pm. Agenda: highlandbeach.us

1/7 & 21 - Boynton Beach - First and third Tuesday at Boynton Beach City Hall, 100 E Boynton Beach Blvd. 5:30 pm. Agenda: boynton-beach.org

1/10 - Gulf Stream - Second Friday at Gulf Stream Town Hall, 100 Sea Rd. 9 am. Agenda: gulf-stream.org

1/13 & 27 - Lantana - Second & fourth Mondays at Lantana Town Hall, 500 Greynolds Cir. 7 pm. Agenda: lantana.org

1/14 - South Palm Beach - Second Tuesday at the South Palm Beach Town Hall, 3577 S Ocean Blvd. 7 pm. Agenda: southpalmbeach.com

1/14 & 28 - Boca Raton - Second & fourth Tuesday at Boca Raton City Hall, 201 W Palmetto Park Rd. 6 pm. Agenda: myboca.us

1/16 & 21 - Delray Beach - First & third Tuesdays at Delray Beach City Hall, 100 NW 1st Ave. 4 pm. Agenda: delraybeachfl.gov

1/23 - Briny Breezes - Fourth Thursday at Briny Breezes Town Hall, 4802 N Ocean Blvd. 4 pm. Agenda: townofbrinybreezes-fl.com

1/28 - Manalapan - Fourth Tuesday at Manalapan Town Hall, 600 S Ocean Blvd. 10 am. Agenda: manalapan.org

Real, Boca Raton. 2 pm. \$37-\$47. 844-672-2849; miznerparkculturalcenter.com

1/5 - Exhibition Opening - Side-by-Side in Old South Beach: Photographs by Gary Monroe & Andy Sweet at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. Runs through 2/10. 2 pm. Free. 558-2520; levisjcc.com

1/5 - Friends Music Series: It Takes Two at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 3-4 pm. Free. 393-7968; bocapubliclibrary.org

1/5 - Music in the Museum: Dr. Carmine Miranda and Marina Berberian at Boca Raton Museum of Art, 501 Plaza Real. Limited seating. 3-4 pm. Free w/museum admission. 392-2500; bocamuseum.org

1/5 - Last Night by Rachel Lynett at Florida Atlantic University Theatre Lab, 777 Glades Rd, Boca Raton. 3:30 pm. \$20. 800-564-9539; fau.edu/theatrelab

1/5-7 - Synco Romantico: Hollywood Holiday at Spanish River Church, 2400 Yamato Rd, Boca Raton. 8 pm. Tickets start at \$46. 800-716-6975; spanishriverconcerts.org

Monday - 1/6 - Pickleball at Ezell Hester, Jr. Community Center, 1901 N Seacrest Blvd, Boynton Beach. Combines badminton & tennis. Adults. T/Th 10 am-1 pm; M/W/F 9 am-noon. \$5; \$50/30-visit pass. 742-6550; boynton-beach.org

1/6 - The Middle East in the Age of Uncertainties with Mehmet Gurses at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every M through 2/3. 10-11:30 am. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/6 - Socrates Cafe at Highland Beach Library, 3618 S Ocean Blvd. Every M 10 am. Free. 278-5455; highlandbeach.us

1/6 - Mah Jongg/Canasta at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Ongoing weekly sessions. Light snacks served. Players must bring own Mah Jongg sets

or Canasta cards and trays. Every M 10:30 am-1:30 pm. \$20/at the door. 367-7035; myboca.us

1/6 - Senior Bingo at Pompey Park, 1101 NW 2nd St, Delray Beach. Age 50 & up. M/W 10:30 am-noon. Free. 243-7356; mydelraybeach.com

1/6 - Meet the Computer: Meet Your Mouse at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/6 - Textiles with Richard Saja - Historically Inaccurate: An Introduction at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 11 am. Free. Reservations: 805-8562; fourarts.org

1/6 - Will China Soon Rule the World at the Apex of a New Global Order? with Andrew Kahn at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every M through 2/3. 12:30-2 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/6 - There Has Never Been a Better Time to Learn About Climate Change & Possible Solutions with Holly Lichtenfeld at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/6 - Reading the Bodies of Spring Street: The Bioarchaeology of Nineteenth Century New York City with Meredith Ellis at Florida Atlantic University Continuing Education Building 31-D Rm 103, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/6 - Word Level 1 at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite:

Mouse, Keyboard & Computers 101. Adults. Held again 2-4 pm 1/8. 5:30-7:30 pm. Free. Registration: 266-0196; delraylibrary.org

1/6 - Art Around Rembrandt: Dutch Golden Age Paintings in the Rijksmuseum with Michel Witmer at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 2:30 pm. \$20/non-member. Reservations: 805-8562; fourarts.org

1/6 - Scotty Dog Squares Dance Club at Boynton Beach Senior Center, 1021 S Federal Hwy. All skill levels welcome. Age 18 & up. Every M 7-9 pm. \$6. 865-2611; boynton-beach.org

1/6 - Theatre Arts Guild Concert - David Osborne: Pianist to Presidents at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 7:30 pm. \$50-\$70. 237-7000; lynn.tix.com

1/6-7 - Gavin Creel at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of the Broadway Cabaret Series. 8 pm. \$60-\$75. 243-7922 x1; oldschoolsquare.org

Tuesday - 1/7 - Zionism, Israel and American Jewry: A Polarized or Crumbling Relationship? with Robert G. Rabil at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/7 - Meet the Computer: Keyboard & Typing at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/7 - Morning Muffins & Mysteries: The Paper Wasp by Lauren Acampora at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30-11:30 am. Free. 393-7906; bocapubliclibrary.org

1/7 - Privacy and the Internet of Things at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am-noon. Free. 393-7906; bocapubliclibrary.org

1/7 - Ikebana Flower Arrangement at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Traditional flower arranging using fresh flowers. Every T through 1/28. Beginners 11 am-1 pm; Intermediate 1-3 pm. \$70/member; \$80/non-member; + \$80/flower fee. Registration: 495-0233; morikami.org

1/7 - Chess Club at Veterans Park, 802 NE 1st St, Delray Beach. Age 18 & up. Every T/F noon-4:30 pm. Free. 243-7350; mydelraybeach.com

1/7 - Boca Raton Noon Toastmasters at Train Depot, 747 S Dixie Hwy. Improve public speaking, leadership abilities. Every T 12:15-1:15 pm. Free. 251-4164; toastmastersclub.org

1/7 - Spielberg and History with Stephen Berk at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/7 - Socrates Café at Boca Raton Public Library, 400 NW 2nd Ave. Philosophical



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discussions. Every T 1:30-3 pm. Free. 393-7852; bocalibrary.org

1/7 - Modern Line Dance Class at Veterans Park, 802 NE 1st St, Delray Beach. Enhance quality of life through modern music, dance. Age 50 & up. Every T 1:30-2:30 pm. Per class: \$5/resident; \$6/non-resident. 243-7350; mydelraybeach.com

1/7 - A Literary Afternoon: Jessica Yellin, Savage News at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. 2:30 pm. \$25. 558-2520; levisjcc.org

1/7 - Divine Justice: The Clerical Detective Novel with Margery Marcus at Florida Atlantic University Continuing Education Building 31-D Rm 103, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/7 - Music, Rebellion, and Repression in the Sixties Part I: Burying the '50s/ Birthing the '60s, 1960-1967 with Aaron Leonard at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/7 - An Afternoon with Catherine Zeta-Jones at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 3 pm. Free/member w/ membership card; \$35/non-member. 805-8562; fourarts.org

1/7 - Faculty Exhibition & Opening Reception at Boca Raton Museum of Art Art School, 801 W Palmetto Park Rd. Exhibition runs through 1/21. 5:30-7:30 pm. Free w/museum admission. 392-2500; bocamuseum.org

1/7 - Pinochle at Boca Raton Community Center, 150 Crawford Blvd. Every T/Th 6-9 pm. Free. 393-7807; myboca.us

1/7 - Money Smart Series 2, Class 1: Your Savings at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6-7:30 pm. Free. 393-7852; bocalibrary.org

1/7 - Open Play Basketball 30 & Over at Delray Beach Community Center, 50 NW 1st Ave. Every T 7-8 pm. Free. 243-7000 x5001; mydelraybeach.com

1/7 - After the Beatles: The Songs of John, Paul, George & Ringo with Rod MacDonald & The Humdingers at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-9 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/7 - Student Recital: Shalva Vashakashvili, piano at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 7:30 pm. Free. 237-9000; lynn.tix.com

1/7 - Comedy Night at Arts Garage, 94 NE 2nd Ave, Delray Beach. 8-10 pm. \$5. 450-6357; artsgarage.org

Wednesday - 1/8 - Adult Watercolor Painting Workshop at Veterans Park, 802 NE 1st St, Delray Beach. Class lesson/lecture and painting demo. Also one-on-one instruction, finishing w/class critique. Age 18 & up. W 9 am-noon or 1-4 pm. Monthly \$35/resident; \$38/non-resident. 243-7350; mydelraybeach.com

1/8 - Alliance of Delray at South County Civic Center, 16700 Jog Rd, Delray Beach. Speaker Joshua Gerstin, Esq. Legislative updates for condo and homeowner associations. 9 am doors open/refreshments; 9:30 am meeting. 859-3383; allianceofdelray.com

1/8 - Textiles with Richard Saja - Historically Inaccurate: Interventions in Toile de Jouy at The Society of the Four Arts, 240 Coconut Row, Palm Beach. M/W/F through 1/17 9:30 am. Free. Reservations: 805-8562; fourarts.org

1/8 - What Makes a Masterpiece? with Karen Roberts at Florida Atlantic University Continuing Education Building 31-D Rm 103, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/8 - The Jews of Iran: From Persian Empire to Islamic Republic with Andrew Kahn at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/8 - Build a Website with HTML-1 at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am-noon. Free. 393-7852; bocalibrary.org

1/8 - Meet the Computer: Computers 101 at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/8 - A Turbulent Time: How the Late

1960s Challenged American Democracy and Culture with Burton Atkins at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/8 - Ikebana: Flower Arrangement Sogetsu Class at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Contemporary flower arranging using fresh flowers. Every W through 1/29 1:30-3:30 pm. \$70/member; \$80/non-member; \$80/flower fee. Registration: 495-0233 x237; morikami.org

1/8 - Beginner's Italian Day Session at Boca Raton Public Library, 400 NW 2nd Ave. Adults. Every W 1:30-3 pm. Free. 393-7906; bocalibrary.org

1/8 - Excel Level 1 at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. Adults. 2-4 pm. Free. Registration: 266-0196; delraylibrary.org

1/8 - The First Real Detectives with Stephen Singer, Esq. at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. 4-session course continues 1/15, 2/5 & 12. 2-3:30 pm. \$60. 266-9490; delraylibrary.org/lifelong-learning-institute

1/8 - The Pursuit of Happiness with Dr. Dave E. Bursor, Ed.D., CPC at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. Every W through 1/22 2-3:30 pm. \$55. 266-9490; delraylibrary.org/lifelong-learning-institute

1/8 - Music Americana: In Search of Greatness with Rod MacDonald at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every W through 3/4. 3-4:30 pm. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/8 - Bingo at Temple Sinai of Palm Beach County, 2475 W Atlantic Ave, Delray Beach. \$2,500 in prizes every week. Every W 5 pm doors open; 6 pm early bird; 6:30 pm 1st game. \$15. 276-6161 x128; templesinainpb.org

1/8 - Writers' Corner at Boynton Beach City Library, 115 N Federal Hwy. Manuscript critiquing by published authors. 2nd W 5:30-7 pm. Free. 742-6390; boyntonlibrary.org

1/8 - The Beatles Tribute at Ellie's 50's Diner, 2410 N Federal Hwy, Delray Beach. Buffet dinner, dessert, coffee, cash bar. 6 pm doors open; 7 pm show. \$47. RSVP: 276-1570; elliescatering.com

1/8 - An Evening of Music and Art in the Gardens featuring John Lloyd-Young at Ann Norton Sculpture Gardens, 253 Barcelona Rd. West Palm Beach. 6-9 pm. \$15/adult; \$10/age 65+; \$7/student; free/child under 5. 832-5328; ansg.org

1/8 - Civil War Round Table Palm Beach Meeting at Lake Clarke Shores Town Hall, 1701 Barbados Rd, West Palm Beach. 2nd W 7 pm. Free. civilwarroundtablepalmbeach.org

1/8 - Primaries, Presidents & the People with Dr. Kevin Wagner part of Lecture Series at South Palm Beach Town Hall, 3577 S Ocean Blvd. 7:30 pm. \$75/full season; \$15/single-event ticket. 588-8889; southpalmbeach.com

1/8 - Student Recital: Suhao Bai, piano at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 7:30 pm. Free. 237-9000; lynn.tix.com

1/8 - Sick Puppies Improv Class Test Drive at Organic Movements, 2400 NW Boca Raton Blvd 12, Boca Raton. Test drive the 7-week program. Open for beginners, open to everyone. 8-10 pm. \$25. 954-667-7735; sickpuppiescomedy.com

1/8-10 - Tovah is Leona at Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. 7:30 pm. \$39-\$59. 844-672-2849; miznerparkculturalcenter.com

1/8-10 - iPhone SE, 5-8s (with a Home Button) with John Lopinot at The Society of the Four Arts, 240 Coconut Row, Palm Beach. W-F 1-4 pm. \$425/3 classes. Reservations: 655-2766; fourarts.org

Thursday - 1/9 - Quilters meet at Boynton Beach City Library, 115 N Federal Hwy. Share quilting information, perpetuate quilting as a cultural and artistic form. Every Th 9 am-noon. Free. 742-6886; boyntonlibrary.org

1/9 - Saying the Unsayable: How Film has Crafted an Enduring Memory of the Holocaust with Burton Atkins at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of one-time event series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/9 - Adult Multimedia Class at Intracoastal Park, 2240 N Federal Hwy, Boynton Beach. Discover new techniques in watercolor, pastel, acrylic; learn design/composition. Every Th 10 am-noon. Per class \$25/resident; \$31/non-

resident. 742-6650; boynton-beach.org

1/9 - Exhibition Opening - Plastic Reef: Sculpture by Federico Uribe in Partnership with the Perry Cohen Foundation at Ann Norton Sculpture Gardens, 253 Barcelona Rd. West Palm Beach. Runs through 5/31. W-Sun 10am-4 pm. \$15/adult; \$10/age 65+; \$7/child 5+; free/child under 5. 832-5328; ansg.org

1/9 - Roger Voisin Memorial Trumpet Competition Semifinals at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 10 am-9:30 pm. Free. Reservations: 237-7000; lynn.tix.com

1/9 - Meet the Computer: Organizing & Managing Your Files at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. Adults. 10:30 am-noon. Free. Registration: 266-0196; delraylibrary.org

1/9 - Sumi-e Ink Painting Floral Class at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Every Th through 1/30 10:30 am-12:30 pm. \$55/member; \$60/non-member. Registration: 495-0233; morikami.org

1/9 - Knit 'N Purl at Delray Beach Public Library, 100 W Atlantic Ave. Rotating facilitators. Held again 1/23. 10:30 am. Free. 266-0194; delraylibrary.org

1/9 - Annual Haiku U: Senryu: Haiku's Cousin Workshop Facilitated by Yaddyra Peralta at Morikami Gardens and Museum, 4000 Morikami Park Rd, Delray Beach. 11 am. Free w/museum admission. 868-2063; palmbeachpoetryfestival.org

1/9 - Judge Douglas Ginsburg - We Fought a Revolution and got a Constitution: Was it worth it? at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 11 am. \$200/series. Series tickets only. 805-8562; fourarts.org

1/9 - Senior Bridge at Veterans Park, 802 NE 1st St, Delray Beach. Experienced players welcome. Partners not needed. Every Th Noon-4 pm. Annual fee \$15/resident + \$1/game; \$25/non-resident + \$2/game. 243-7350; mydelraybeach.com

1/9 - Adult Acrylics Art Class at Veterans Park, 802 NE 1st St, Delray Beach. Basic acrylic painting techniques for beginners; instructor available for advanced painters. Call for list of supplies needed. Age 18 & up. Every Th noon-3 pm. Per class \$10/resident; \$12/non-resident. 243-7350; mydelraybeach.com

1/9 - The Jews of China and the Ancient Silk Road: Discovering the Diasporas that Changed with Western World with Wes Ervin at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/9 - Resume Coaching at Delray Beach Public Library, 100 W Atlantic Ave. Every Th through 3/19 1-4 pm. Free. By Appointment Only. 266-0196; delraylibrary.org

1/9 - Welcome to Boca! at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1:30-3 pm. Free. 393-7906; bocalibrary.org

1/9 - The Old Testament as Inspiration for Contemporary Artists with Helene Yentis at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. 2-session course continues 1/16 2-3:30 pm. \$50. 266-9490; delraylibrary.org/lifelong-learning-institute

1/9 - Legendary Film Directors with Bill David at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Held again 2/13, 3/5 & 4/2. 2:30 pm. \$100/4 classes; \$35/per class. Reservations: 655-2766; fourarts.org

1/9 - The Comedy of Carol Burnett with Ira Epstein at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/9 - Concert: Sean Gaskell - Kora Harp at Highland Beach Library, 3618 S Ocean Blvd. 5 pm. Free. 278-5455; highlandbeach.us

1/9 - The Next Generation Road Rascals Car Show at Lake Worth Casino Building & Beach Complex, 10 S Ocean Blvd. 2nd Th 6-9 pm. rstarr2010@gmail.com

1/9 - Photshop I: The Layout and Tools at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6-7:30 pm. Free. 393-7852; bocalibrary.org

1/9 - Unbound World Book Club: The Calculating Stars by Mary Robinette Kowal at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 7-8 pm. Free. 393-7906; bocalibrary.org

1/9 - Jazz in the Gallery at Boca Raton Museum of Art, 501 Plaza Real, Mizner Park. The Marshall Turkin Classic Jazz Ensemble. 7-8:30 pm. Free w/paid admission. 392-2500; bocamuseum.org

1/9 - Tracing a Genre: How Jewish Wedding Music Became Klezmer with Lisa Gutkin at Florida Atlantic University Friedberg

Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-8:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/9 - Brighton Beach Memoirs presented by West Boca Theatre Company at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. Runs through 1/19. Th/Sat 7:30 pm; Th/Sun 2 pm. \$40/VIP reserved; \$30/general admission; \$25/gold member. 558-2520; levisjcc.org

1/9 - Adult Tango Dance at Veterans Park, 802 NE 1st St, Delray Beach. Every Th 7:50-10:50 pm. \$15/resident; \$16/non-resident. 243-7350; mydelraybeach.com

1/9 - Sick Puppies Tao of Improv Class at Organic Movements, 2400 NW Boca Raton Blvd #12, Boca Raton. 8-10:30 pm. \$99-\$150/4-week series. 954-667-7735; sickpuppiescomedy.com

1/9 - Hip Hop Revolution: The Cypher at Arts Garage, 94 NE 2nd Ave, Delray Beach. 9 pm. \$10. 450-6357; artsgarage.org

Friday - 1/10 - Watercolor Classes at Artist's Eye Gallery Boutique, 604 Lucerne Ave, Lake Worth. Every F 10 am-1 pm. 4 classes: \$100/member; \$120/non-member. 586-8666; lwartleague.org

1/10 - Supervised Bridge Play at Boca Raton Community Center, 150 Crawford Blvd. John Black. Partners not needed. Adults. Every F 10 am-noon. \$10. 393-7807; myboca.us

1/10 - Create a Logo with Inkscape at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am-noon. Free. 393-7852; bocalibrary.org

1/10 - Sumi-e Ink Painting Class at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Every F through 1/31. Floral 10:30 am-12:30 pm; Landscape 1:30-3:30 pm. \$55/member; \$60/non-member. Registration: 495-0233; morikami.org

1/10 - Balkan by the Beach: International Folk Dance at Veterans Park, 802 NE 1st St, Delray Beach. Benefit of exercise, pleasure of dancing to beautiful music. No experience or partner needed. Age 50 & up. Every F 10:45 am-1:15 pm. Per class \$5/resident; \$6/non-resident. 243-7350; mydelraybeach.com

1/10 - Bill Gove Golden Gavel Toastmasters Club at Duffy's Sports Grill, 4746 N Congress Ave, Boynton Beach. Every F noon-1 pm. \$12/lunch or \$5/soft drink; cash only. 742-2121; billgovetoastmastersclub.com

1/10 - Modern Germany and the Lasting Legacy of the Holocaust with Claudia Dunlea at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/10 - Basically Broadway Glee Club with Barbara Brilliant at Florida Atlantic University Continuing Education Building, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every F through 2/28 12:30-2 pm. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest at the door. 297-3171; fau.edu/divdept/lifelong

1/10 - Vintage Miami Beach Glamour with Deborah C. Pollack at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. 1 pm. Call for pricing. 558-2520; levisjcc.org

1/10 - Color Create Craft Program at The Society of the Four Arts King Library, 240 Coconut Row, Palm Beach. Every F through 4/24. 2-4 pm. Free. 655-7226; fourarts.org

1/10 - Master Class with Marc Reese at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 2 pm. 237-7000; lynn.tix.com

1/10 - Beirut (2018 R) at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 2 pm & 5:30 pm. \$5/non-member. Reservations: 655-2766; fourarts.org

1/10 - Words ... Alive presents Educated: A Memoir by Tara Westover: A Reading and Discussion at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Institute. 3-4:30 pm. \$60/annual membership; \$30/advance member; \$35/non-member & one-time guest at the door. 297-3171; fau.edu/divdept/lifelong

1/10 - Friday Night Dinner Party at American German Club of the Palm Beaches, 5111 Lantana Rd, Lake Worth. Held again 1/24. 5 pm doors open; 6-8 pm dinner. Admission \$10/guest, \$12/dinner; admission & dinner \$20/guest. 967-6464; americangermanclub.org

1/10 - Bonfire on the Beach at Lake Worth Casino and Beach Complex, 10 S Ocean Blvd. Bring beach chairs. 2nd & 4th F 6-9 pm. Free; metered parking. 533-7395; lakeworth.org

1/10 - Neal Zirconia at Ellie's 50's Diner, 2410 N Federal Hwy, Delray Beach. Buffet dinner, dessert, coffee, cash bar. 6 pm doors open; 7 pm show. \$42. RSVP: 276-1570; elliescatering.com

1/10 - Free Friday Concert: Orange Sunshine at Old School Square Pavilion, 51 N Swinton Ave. Gourmet food trucks, cash

bar. Bring lawn chairs, blankets. No pets or outside food/beverage. Weather permitting. 6 pm gates open; 7:30 pm concert starts. Free admission/donations appreciated. 243-9722; oldschoolsquare.org

1/10 - Castoffs Square Dance Club at Boynton Beach Civic Center, 128 E Ocean Ave. Basic modern western square dancing. Every F 7-9:30 pm. \$6 at the door. 731-3119; boynton-beach.org

1/10 - Roger Voisin Memorial Trumpet Competition Final Round & Awards Ceremony at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 7:30 pm. Free. Reservations: 237-7000; lynn.tix.com

1/10 - Tapestry: The Carole King Songbook Starring Suzanne O. Davis at The Delray Beach Playhouse, 950 NW 9th St. 8 pm. \$45. 272-1281; delraybeachplayhouse.com

1/10 - Screen on the Green at Bryant Park, 100 S Golfview Rd, Lake Worth. Different movie every month. 2nd F 8-10 pm. Free. 588-8344; lakeworth.org

1/10 - Magic Just For Laughs Tour at Arts Garage, 94 NE 2nd Ave, Delray Beach. 8-10 pm. \$30-\$45. 450-6357; artsgarage.org

1/10-12 - To Life 2 (G) presented by Black Box Booking & Hy Juter at Willow Theatre at Sugar Sand Park, 300 S Military Tr, Boca Raton. Runs through 2/2. F/Sat 8 pm; W/Sat/Sun 2 pm. \$40. 347-3948; willowtheatre.org

Saturday - 1/11 - AVDA's 20th Annual Race for Hope at John Prince Park Center Drive Pavilion, 2700 6th Ave S, Lake Worth. Benefits AVDA. USATF-certified course. Breakfast, music, prizes, Hometown Heroes awards. Registration fee waived for police officers & firefighters on active duty in Palm Beach County registered as a Hometown Hero. 6:30 am registration. \$10-\$35. 265-3797; avdaonline.org

1/11 - 10th Annual I Stand with Haiti Celebration at Bryant Park, Lake Avenue & Golfview, Lake Worth Beach. Run/zumba/ride to raise funds. 8 am. 877-1264; colorofhope.org

1/11 - Street Photography: Candid Portraiture Class at Creative Arts School, 51 N Swinton Ave., Delray Beach. All levels. 10 am-1 pm. \$75. 243-7922; oldschoolsquare.org

1/11 - 6th Annual Walk Against Violence & Unity Assembly starts at Village Academy School, 400 SW 4th Ave, ends at Pompey Park, 1101 NW 2nd St, Delray Beach. Unity Assembly; community gathering w/food, bounce houses, activities, information vendors. 10 am-2 pm. Free. 243-7356; delraybeachfl.gov

1/11 - Japanese Traditional Music: Beginners Koto Classes at Morikami Japanese Museum and Gardens, 4000 Morikami Park Rd, Delray Beach. Every Sat through 2/22. Beginners II 10:30 am-12:30 pm; Beginners I 1-3 pm. \$150/member; \$155/non-member. 495-0233 x210; morikami.org

1/11 - Taste History Culinary Tours of Historic Lake Worth & Lantana conducted by Museum of Lifestyle & Fashion History departs from Macy's (outside East Entrance) Boynton Beach Mall, 801 N Congress Ave. 4-hour tour includes bus/walking tour, food sampling, visits to historical/cultural sites. 2nd Sat year-round, rain or shine. Reservations required: check website for available dates. 11 am. 553-560/adult; free/child under 18. 638-8277; tastehistoryculinarytours.org

1/11 - Wozzeck part of Met Opera Live in HD Series at The Society of the Four Arts, 102 Four Arts Plaza, Palm Beach. 1 pm. \$25/adult; \$15/student w/ID. 655-7226; fourarts.org

1/11 - Book Club: Kindred - a Graphic Novel by Octavia Butler at Spady Cultural Heritage Museum, 170 NW 5th Ave, Delray Beach. Held again 2/1. 1-3 pm. Free. 279-8883; spadmuseum.com

1/11 - Artist at Work Series: Kim Spivey at Boca Raton Museum of Art, 501 Plaza Real. Demonstration, discussion w/the artist. 3-4 pm. Free w/museum admission. 392-2500; bocamuseum.org

1/11 - Classic Albums Live: Tom Petty and The Heartbreakers, Damn The Torpedoes at The Pavilion at Old School Square, 51 N Swinton Ave, Delray Beach. All outdoor events are rain or shine. Doors open 6:30 pm; show 8 pm. \$20-\$75. 243-7922; oldschoolsquare.org

1/11 - Free Comedy Show at Capital One Cafe, 330 E Atlantic Ave, Delray Beach. Every 2nd Sat 7-7:45 pm. Free. 844-561-4242; theimprovu.com

1/11-12 - 33rd Annual Boca Fest Art Festival at Town Center Mall, 6000 Glades Rd. 10 am-5 pm. Free. 746-6615; artfestival.com

1/11-12 - Artists in the Park presented by Delray Beach Art League at Veterans Park, 802 NE 1st St. Fine art exhibition/sales. 10 am-4:30 pm. Free. 843-2311; delrayartleague.com

1/11-12 - Tapestry: The Carole King Songbook at Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. Sat 7:30 pm; Sun 2 pm. \$35-\$45. 844-672-2849; miznerparkculturalcenter.com

Green Markets

Lantana opens the area's newest greenmarket

By Linda Haase

Lantana's Bicentennial Park has stunning Intracoastal views, a gorgeous gazebo, shaded picnic tables, benches and a playground.

But on Sundays this gem is transformed into a charming greenmarket, showcasing everything from fresh produce to homemade jams.

The Lantana greenmarket, operated by Shoreline Green Markets, comes together like a movie set as vendors arrive, some as early as sunrise, to erect this small village. Directing the project is Hector V. Herrera, its founder and manager, whose unwavering enthusiasm is contagious.

It seemed like every town had a greenmarket this season but Lantana — and with the town's blessing, Herrera began its inaugural year in mid-November. Each Sunday from 10 a.m. to 2 p.m., as many as 32 vendors share their handmade and innovative creations.

Chatting with merchants — who are very friendly and passionate about their wares — enhances the experience, Herrera says. "You can learn a lot and it makes it more special when you meet the person behind the product."

Among the offerings are produce, clothes, jewelry, candles, shell art, cheeses, spices, sarongs and much more. And, oh, the food. Come for breakfast and stay for lunch: There's a vegan bakery,



Sarah Byerly, of Boynton Beach, has her photo taken with three of the six goats from Downward Goat that took part in goat yoga at the Lantana greenmarket. Market founder Hector V. Herrera aims to offer a different experience each Sunday. Rachel S. O'Hara/The Coastal Star

FIRST OF A FOUR-PART SERIES

authentic Bahamian dishes like chicken souse and conch salad, crepes, shrimp and grits and more (hungry yet?).

One of those serving up tasty treats is Shirlann Sanders, the woman behind the makeshift stove at Nana's Southern Kitchen & Country Store. It resembles a country store/restaurant, right down to the wood paneling, homey

curtains and red-and-white checked tablecloths.

The tempting aroma from the Lantana resident's made-from-scratch and to-order shrimp and grits, triple-decker grilled cheese sandwiches and other comfort food wafts through the air. Also available at her booth are homemade jams and jellies. The 30 flavors include strawberry, mint, fig, tropical and orange marmalade.

"My recipes don't come from a book. They are custom made and big on flavor," says Sanders,

who grew up in Tennessee and learned a thing or two at her family's country restaurant. "My grits aren't instant, they are the real deal. I have them sent to me from a mill in Georgia. It's the only way I know how to cook."

Herrera sums it all up: "She represents everything everyone loves about the South."

Sanders' quaint display — created by her husband, Scott — isn't the only unusual thing at the Ocean Avenue venue. From the beginning, this greenmarket, which runs

Green Markets

Boca Raton Greenmarket every Saturday at City Hall (north side), 201 W Palmetto Park Rd. 8 am-1 pm. Free. downtownboca.org; 299-8684 elilly707@aol.com

Delray Beach Greenmarket every Saturday at Old School Square Park, 50 NE 2nd Ave, one block north of Atlantic Ave. Fresh local produce, baked goods, gourmet food items, plants, live music, children's activities. 9am-2pm. 276-7511; delraycra.org

Lantana Greenmarket every Sunday at Bicentennial Park, 321 E Ocean Ave. 10 am-2 pm. 515-9919; shorelinegreenmarkets.com

Lake Worth Farmers Market every Saturday by the bridge at A1A. 1873 Lake Ave, Lake Worth. 9 am-1 pm. Free. 547-3100; lakeworthfarmersmarket.com

through May, was designed to be different.

"Most greenmarkets are on Saturday. This gives people another option for something to do on a Sunday," explains Herrera, who lives in nearby Hypoluxo. "I wanted to create a real Sunday tradition for Lantana that brings people together."

He envisions a community-centric, family friendly event that offers greenmarket staples and a "laid-back, enjoy-yourself-kind of place" with special events each week.

Herrera, who has managed greenmarkets for about five years, is brimming with ideas for activities that will set the greenmarket apart, like a recent goat yoga session and an upcoming class on creating a cheese and charcuterie board.

"I want to create a different experience every Sunday," he says. ★

JANUARY 12-18

Sunday - 1/12 - 42nd Oshogatsu: A New Year's Celebration: Year of the Rat at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Traditional New Year festival; games/entertainment. 10 am-5 pm. Advance \$15/adult age 11+, \$7/child age 4-10; at the gate \$20/adult age 11+, \$10/child age 4-10; free/child 3 & under. 495-0233; morikami.org

1/12 - Sunday Jazz Brunch at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. food/beverage available for purchase. 11 am-3 pm. Free. 393-7890; mizneramp.com

1/12 - Senior Circle - Hamilton: Man, Myth, & Musical with Dr. Robert Watson at Temple Beth El Schaefer Family Campus, 333 SW 4th Ave, Boca Raton. 1 pm. Free. RSVP: 391-8900; tbeoca.org

1/12 - Art Show at South Palm Beach Town Hall, 3577 S Ocean Blvd. 2-4 pm. Free. 588-8889; southpalmbeach.com

1/12 - Stoj Mislerloski Clarinet Concert at First United Methodist Church of Boynton Beach, 101 N Seacrest Blvd. 8:30 & 11 am. Free. 954-947-1951; fumcbb.com

1/12 - The Music and Times of Hoagy Carmichael at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Part of American Songbook Series. 4 pm. \$30-\$50. 237-9000; lynntix.com

1/12 - New Music Festival: Faculty Favorites at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. Part of 14th Annual New Music Festival. 4 pm. \$20. 237-9000; lynntix.com

Monday - 1/13 - Online Living: Battle of the Browsers at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/13 - Art Deco Argentina at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 2-4 pm. Free. 266-9490; delraylibrary.org

1/13 - The Minoans and the Mystery of Atlantis with Daphne Nikolopoulos at Florida Atlantic University Continuing Education Building, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual

membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/13 - Artificial Intelligence and the Future of Society Technological and Ethical Concerns with Oge Marques at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 3-4:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/13 - Culture & Cocktails: Hey, Madam Producer - A Conversation with Theatrical Impresarios at The Colony Hotel, 155 Hammon Ave, Palm Beach. 5-7 pm. \$75/advance; \$85/at the door; \$125/VIP seating. 472-3330; palmbeachculture.com

1/13 - Grape Stomp with Howard Freedland: Wine Confidential at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 6-7:30 pm. \$65. Reservations: 805-8562; fourarts.org

1/13 - Beginner's Italian Night Session at Boca Raton Public Library, 400 NW 2nd Ave. Adults. Held again 1/27. 6-7:30 pm. Free. 393-7906; bocalibrary.org

1/13 - Buona Sera Cinema: Contemporary Italian Film with Shelly Isaacs at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every M through 2/10. 7-9:30 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/13 - With Eyes Closed at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 7:30 pm. \$10. 237-7000; lynntix.com

1/13 - Spotlight No. I: Young Composers at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. Part of New Music Festival. 7:30 pm. Free. 237-9000; lynntix.com

Tuesday - 1/14 - Palm Beach Watercolor Society Paint-In With a Model at Boca Raton Community Center, 150 Crawford Blvd. Held again 1/28. 10 am-12:45 pm. Call for info/cost:

362-5506; palmbeachwatercolorssociety.org
1/14 - U.S. National Security with Robert G. Rabil at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every T through 3/3 10-11:30 am. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/14 - Online Living: Look It Up Online! at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/14 - Turning Points: Events, Ideas and People Who Changed the Course of History with Stephen Berk at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every T through 2/4 12:30-2 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/14 - Instagram 101 at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1:30 pm. Free. 393-7906; bocalibrary.org

1/14 - Following the Ninth Film at Delray Beach Public Library, 100 W Atlantic Ave. Part of Beethoven Fest Delray. Adults. 2-4 pm. Free. 266-9490; delraylibrary.org

1/14 - Jordan Peterson: 12 Rules for Life at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 3 pm. Free/member w/card; \$35/non-member. 805-8562; fourarts.org

1/14 - Enjoying the Music of Duke Ellington and Count Basie with Mark Gridley at Florida Atlantic University Continuing Education Building, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every T through 2/4 3-4:30 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/14 - Great American Battles of World War II with Edward Shapiro at Florida Atlantic University Continuing Education Building, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every T through 2/4 3-4:30 pm. \$60/annual membership; \$50/advance member; \$65/non-

member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/14 - Great Decisions: U.S. Foreign Policy 2020 with Jeffrey S. Morton Ph.D. at Florida Atlantic University Kaye Auditorium, 777 Glades Rd, Boca Raton. Every T 4-6:30 pm except final lecture is M 3/2. \$125/8-lecture series. 297-6124; fauevents.com

1/14 - PowerPoint Level 1 at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 5:30-7:30 pm. Free. Registration: 266-0196; delraylibrary.org

1/14 - Art Crew at Arts Warehouse, 313 NE 3rd St, Delray Beach. Every 2nd T. 5:30-7:30 pm. \$5/non-member. 330-9614; artswarehouse.org

1/14 - Interactive Acoustic Music and Art in the Park at Veterans Park, 802 NE 1st St, Delray Beach. All ages. 2nd T 6-9 pm. Free. 243-7350; mydelraybeach.com

1/14 - The Central Park Five: Think Out Loud 2020 at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 6-8 pm. \$10/suggested donation. 266-9490; delraylibrary.org

1/14 - The Ministry of Utmost Happiness by Arundhati Roy at Delray Beach Public Library, 100 W Atlantic Ave. Part of Tuesday Evening Book Discussion Group. Adults. 6-7 pm. Free. 266-0194; delraylibrary.org

1/14 - Political Thrillers & Documentaries Film Series: The War Room at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6:30-8:30 pm. Free. 393-7852; bocalibrary.org

1/14 - Chai Fidelity: Our Favorite Jewish Songs and the Fascinating Stories Behind Them with Pinksip Duo at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-8:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/14 - Hollywood Goes Jewish - The Abraham Serfaty Film Series: The Pianist at Chabad of South Palm Beach, 224 S Ocean Blvd, Manalapan. 7 pm. \$5/suggested donation. 889-3499; chabadspb.org

1/14 - Spotlight No. II: Bassoon Chamber Music Composition Competition at Lynn University Amarnick-Goldstein Concert Hall,

3601 N Military Tr, Boca Raton. Part of the New Music Festival. 7:30 pm. Free. 237-9000; lynntix.com

1/14 - All Arts Open Mic Night at Arts Garage, 94 NE 2nd Ave, Delray Beach. 2nd T 8-11 pm. \$5. 450-6357; artsgarage.org

1/14 - The Bronx Wanderers at Palm Beach State College Duncan Theatre, 4200 Congress Ave, Lake Worth. 8 pm. \$40. 868-3309; duncantheatre.org

Wednesday - 1/15 - Gold Coast Tiger Bay Club at City Fish Market, 7940 Glades Rd, Boca Raton. David L. Barkley, ADL Counsel: When Hateful Ideologies Lead to Hate Crimes. 11:30 am. \$35/member; \$55/non-member; \$25/student. 620-8888; goldcoasttigerbayclub.com

1/15 - League of Women Voters Hot Topic Luncheon: The Strength of Diversity with Cecile Scoon, Esq. at Atlantis Country Club, 190 Atlantis Blvd. Speaker Kelly James, Director, Florida Blue Center for Health Policy. 11 am doors open; 11:30 am lunch/program. \$35. RSVP: 968-4123; lwwvbc.org

1/15 - Financial & Estate Planning in Retirement at Florida Atlantic University, 777 Glades Rd, Boca Raton. 3-sessions led by qualified Certified Financial Planner. Textbook included; Guest may accompany at no add'l charge. Continues 1/22 & 1/29. 1-4 pm. \$149. Registration: 800-584-4723; business.fau.edu/retirementplan

1/15 - Wishing Good Fortune to All: Highlights of the Chinese Collection at Norton Museum of Art with Laurie Barnes part of Discover China series at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 1:30 pm. Free. Reservations: 805-8562; fourarts.org

1/15 - Zonta Club of Boca Raton at Pavilion Grille, 301 Yamato Rd, Boca Raton. 3rd W 5:30 pm. \$30. 482-1013; zontabocaraton.org

1/15 - Dances of Love, Joy and Dreams! Lecture-Recital: Tango, Waltz, Folk & More with Sofiya Uryvayeva Martin at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-8:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest.

297-3171; fau.edu/divdept/lifelong

1/15 - Spotlight No. III: The Art of Christopher Theofanidis at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. Part of New Music Festival. 7:30 pm. Free. 237-9000; lynn.tix.com

1/15 - Croon ... When a Whisper Became a Song starring **Todd Murray** at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 7:30 pm. \$40-\$55. 237-7000; lynn.tix.com

1/15-16 - Painting on Rice Paper Textured Ground 2-Day Workshop at Artist's Eye Gallery Boutique, 604 Lucerne Ave, Lake Worth. Every F 10 am-4 pm. \$135/member; \$150/non-member; 586-8666; lwartleague.org

1/15 - Dickens with Taylor Hagood at Florida Atlantic University Continuing Education Building 31-D Rm 103, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every W through 3/4 10-11:30 am. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/15 - Objection! Current, Contentious and Confusing Legal Battles with Irving Labovitz at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every W through 3/4 10-11:30 am. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/15 - Films of the 1930s: A Visual Retrospective on a Turbulent Decade with Burton Atkins at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every W through 3/4 12:30-2 pm. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/15 - Art, Conversation, and Collectors with Terry Lawrence at Florida Atlantic University Continuing Education Building 31-D Rm 103, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every W through 3/4 12:30-2 pm. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/15 - Sick Puppies Improv Class for Beginners: Level 1 at Organic Movements, 2400 NW Boca Raton Blvd #12, Boca Raton. 8-10:30 pm. \$299/7-week series. 954-667-7735; sickpuppiescomedy.com

1/15-17 - iPhone (without a Home Button) with John Lopinot at The Society of the Four Arts, 240 Coconut Row, Palm Beach. W-F 1-4 pm. \$425/3 classes. Reservations: 655-2766; fourarts.org

1/15-19 - The Secret Comedy of Women at Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. Runs through 2/23. Th-Sat 7:30 pm; W/Th/Sat/Sun 2:30 pm. \$45-\$65. 844-672-2849; miznerparkculturalcenter.com

Thursday - 1/16 - Understanding the Artist/Attorney Relationship with Phil DiComo and Leslie Adams at Cultural Council of Palm Beach County, 601 Lake Ave, Lake Worth. Part of Institute for Cultural Advancement series. 9-11 am. \$10/non-member. 471-2901; palmbeachculture.com

1/16 - News of the Week with Frank Cerabino at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every Th through 3/5 10-11:30 am. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/16 - Great Decisions Discussion Group at Delray Beach Public Library, 100 W Atlantic Ave. Held again 1/30. 10-11:30 am. Free. 266-9490; delraylibrary.org

1/16 - Online Living: Online & Mobile Banking at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/16 - Mary Cassatt: American Tastemaker with Laura D. Corey, Ph.D. at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 11 am. \$20/person. Reservations: 805-8562; fourarts.org

1/16 - The Prime Ministers Who Shaped Israel with Ralph Nurnberger at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every Th through 2/6 12:30-2 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/16 - Your Role in Combatting Cyberbullying at Boca Raton Public Library, 400 NW 2nd Ave. Part of FAU Research in Action series. Adults. 1-2:30 pm. Free. 393-7852; bocalibrary.org

1/16 - The Golden Age of Television: An American Culture Shock with Larry Strickler at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. 2:30 pm. \$18. 558-2520; levisjcc.org

1/16 - A Different Approach to Art Appreciation with Wes Ervin at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every Th through 2/6 3-4:30 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/16 - Free Museum Admission at Boca Raton Museum of Art, 501 Plaza Real. Presented by PNC Bank. 3rd Th 5-8 pm. 392-2500; bocamuseum.org

1/16 - Get Tech Savvy at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6-7 pm. Free. 393-7852; bocalibrary.org

1/16 - Dance Around the World with Jill Adomaitis at Florida Atlantic University Continuing Education Building 31-D Rm 103, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every Th through 3/5 7-8:30 pm. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/16 - From West 44th to the Sunset Strip: The Algonquin Round Table Goes Hollywood with Kurt F. Stone at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every Th through 3/5 7-9 pm. \$60/annual membership; \$100/advance member; \$130/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/16 - 3rd Thursday Art Meets Music at Arts Garage, 94 NE 2nd Ave, Delray Beach. 3rd Th 7 pm. Free. 450-6357; artsgarage.org

1/16 - Creating with Spirit: Valentine Wreaths at Unity of Delray Beach Fellowship Hall, 101 NW 22nd St. 7-9 pm. \$5/person. Reservations: 276-5796; unityofdelraybeach.org

1/16 - Gregg and The Jets: Tribute to Elton John at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. 8 pm. \$35-\$45. 243-7922 x1; oldschoolsquare.org

1/16-18 - Elmar Oliveira International Violin Competition Quarterfinals at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 9 am-7 pm. 237-9000; lynn.tix.com

Friday - 1/17 - South Florida Fair begins at 9067 Southern Blvd, West Palm Beach. Runs through 2/2. Check website for times/events/tickets. 793-0333; southfloridafair.com

1/17 - Citizenship Celebration at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Students display their final citizenship projects for judging; Japanese-American poet Phil Kaye speaks to students; winners of the 2020 Citizenship Project announced. 9 am-noon. Free. 237-7000; lynn.tix.com

1/17 - Interfaith Dialogue with Barry Silver at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/17 - Facebook 101 at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/17 - Online Living: Social Media at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/17 - What the New York Times Doesn't Tell You About the Middle East Media Bias: Does It Matter? What Can We Do About It? with **Mitchell Bard** at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/17 - Cold War (2018 R) at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Two showings: 2 pm & 5:30 pm. \$5/non-member. Reservations: 655-2766; fourarts.org

1/17 - The Science of Aging: Extending Healthy Life with Toby Rossman at Florida Atlantic University Continuing Education Building, 777 Glades Rd, Boca Raton. Part of Lecture Series at FAU Osher Lifelong Learning Society. Every F through 2/7 3-4:30 pm. \$60/annual membership; \$50/advance member; \$65/non-member; \$20/one-time guest. 297-3171; fau.edu/divdept/lifelong

1/17 - Free Friday Concert: Classic Rock Therapy at Old School Square Pavilion, 51 N Swinton Ave. Gourmet food trucks, cash bar. Bring lawn chairs, blankets. No pets or outside food/beverage. Weather permitting. 6 pm gates open; 7:30 pm concert starts. Free admission/donations appreciated. 243-9722; oldschoolsquare.org

1/17 - Mitch Woods and His Rocket 88's at Arts Garage, 94 NE 2nd Ave, Delray Beach. 8 pm. \$35-\$45. 450-6357; artsgarage.org

1/17-18 - Nut Cracked at Florida Atlantic University, 777 Glades Rd, Boca Raton. F/Sat 7 pm; Sat 1 pm. \$22. 297-6124; fauevents.com

Saturday - 1/18 - Google Mail, Drive & Apps at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/18 - Taste History Culinary Tours of Historic Delray Beach & Boynton Beach conducted by Museum of Lifestyle & Fashion History departs from Macy's (outside East Entrance) Boynton Beach Mall, 801 N Congress Ave. 4-hour tour includes bus/walking tour, food sampling, visits to historical/cultural sites. 3rd & 4th Sat Year-round, rain or shine. 11 am. \$53-\$60/adult; free/child under 18. Reservations: 638-8277; tastehistoryculinarytours.org

1/18 - 2nd Annual Highwaymen Art Show & Sale presented by Boynton Beach Historical Society and Boynton Woman's Club at First Presbyterian Church of Boynton Beach, 235 SW 6th Avenue. Meet the artists; art available for purchase. 11 am-3 pm. Free. 327-4690; boyntonhistory.org

1/18 - Calligraphy Workshop for Adults at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Learn brush strokes, some Japanese characters w/ ink & brush, traditional calligraphy writing implements. 11:30 am-1 pm or 2-3:30 pm. \$35/person + museum admission. Registration: 495-0233; morikami.org

1/18 - Omotesenke School Tea Ceremony Workshop at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Learn basics of Sado Tea Ceremony necessary to know in order to learn more about the aesthetics of sado or better understand, fully enjoy the tea ceremony itself. Workshop is a prerequisite to study sado at Morikami. 1-3 pm. \$40. Registration: 495-0233 x237; morikami.org

1/18 - Turandot part of Met Opera Live in HD Series at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 1 pm. \$25/adult; \$15/student. 805-8562; fourarts.org

1/18 - Chinese Spring Festival Celebration 2020 at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. Presented by Chinese Association of Science, Education, Culture of South Florida. Lion dance, classical Chinese dance and music performance, Chinese and Asian food and arts. 3:30-9:30 pm. Free. 393-7890; mizneramp.com

1/18 - Charlene Harris speaks and signs her book *A Longer Fall* at Murder on the Beach Mystery Bookstore, 104 W Atlantic Ave, Delray Beach. 6 pm. Free. 279-7790; murderonthebeach.com

1/18 - Art Walk at Boynton Beach Art District, 406-422 W Industrial Ave. Every 3rd Sat 6-9 pm. Free. 786-521-1199; boyntonbeachartdistrict.com

1/18-19 - 31st Annual Downtown Delray Beach Festival of the Arts on East Atlantic Avenue, Delray Beach. 200 artists, unique gift ideas. 10 am-5 pm. Free. 746-6615; artfestival.com

1/18-19 - Gentri: The Gentlemen Trio at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Sat 7:30 pm; Sun 4 pm. \$50-\$70. 237-7000; lynn.tix.com

JANUARY 19-25

Sunday - 1/19 - 32nd Annual South Beach Blast presented by Art Deco Society of the Palm Beaches. 1-day bus trip to Wiener Museum of Decorative Arts & Art Deco Weekend Street Festival. 2 departure locations: Armory Art Center, 811 Park Pl, West Palm Beach 8:30 am; Delray Beach Public Library, 100 W Atlantic Ave (rear parking lot) 9 am. \$133/person. RSVP: 699-7899; artdecopb.org

1/19 - Steps for Life 5k Run/Walk at Florida Atlantic University, 777 Glades Rd, Lot #27 at St. Lucie Avenue & Arts Avenue, Boca Raton. Benefits Gift of Life Bone Marrow Registry. 9 am-noon. \$30-\$35/adult; \$15-\$20/student; free/child under 6. 982-2926; stepsforlifedonoridrive.com

1/9 - Exhibition Opening - With These Hands: Sculptures by Jim Rennert at Ann Norton Sculpture Gardens, 253 Barcelona Rd. West Palm Beach. Runs through 5/31. W-Sun 10 am-4 pm. \$15/adult; \$10/age 65+; \$7/child 5+; free/child under 5. 832-5328; ansg.org

1/19 - 2020 Annual Leadership in Education Forum (ALEF) at The Four Seasons Palm Beach, 2800 S Ocean Blvd. Experts from The Hebrew University of Jerusalem focus on Israeli innovation and cutting edge technology. 10:30 am-2:30 pm. \$125. Reservations: 750-

8585; afhu.org

1/19 - German Beerfest 2019 at American German Club of the Palm Beaches, 5111 Lantana Rd, Lake Worth. Noon-3 pm. \$25/all-inclusive for guests 21+; \$10/age 13-20; \$6/age 6-12; free/child under 6. 967-6464; americangermandclub.org

1/19 - Jazz and Civil Rights with Prof. Lowenthal & Dr. Cartwright at Arts Garage, 94 NE 2nd Ave, Delray Beach. 1-3 pm. \$10. 450-6357; artsgarage.org

1/19 - New Florida Follies at Spanish River Community High School Countess de Hoerle Theatre, 5100 Jog Rd, Boca Raton. Song/dance celebration. Proceeds benefit local children's charities. Held again 1/26. 2 pm. \$32. 305-596-7394; newfloridafollies.yapsody.com

1/19 - Concert: Lynn University Conservatory of Music 2019 Chamber Music Competition Finalists part of Music at St. Paul's Episcopal Church, 188 S Swinton Ave, Delray Beach. 2:30 pm pre-concert lecture; 3 pm concert. \$20/person; free/age 18 & under. 276-4541; music.stpaulsdelray.org

1/19 - Friends of the Uffizi: Patronage, Architecture and Magnificence in Cosimo De' Medici's Florence at Boca Raton Public Library, 400 NW 2nd Ave. Presented by Boca Raton Museum of Art Friends of the Uffizi Gallery. Speaker Dr. Ena Heller. 3-4 pm. \$15/non-member. Online tickets required; ticket includes access to the galleries: 392-2500; bocamuseum.org

1/19 - The Children, The Children at Florida Atlantic University Performing Arts Building Rm 101, 777 Glades Rd, Boca Raton. Lecture with Holocaust survivor Rabbi Joseh Polak. 4 pm. Free. 297-2979; fau.edu/calendar

1/19 - Siempre Flamenco Ritmos at Arts Garage, 94 NE 2nd Ave, Delray Beach. 7-8:30 pm. \$35-\$45. 450-6357; artsgarage.org

1/19 - The Great DuBois at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. 7-9 pm. \$55-\$65. 243-7922 x1; oldschoolsquare.org

Monday - 1/20 - Martin Luther King Jr. Day 1/20 - Drawing & Painting with Alexander Shundi at The Society of the Four Arts, 240 Coconut Row, Palm Beach. M/W through 1/29 9:30 am-12:30 pm. \$395/4 classes. Reservations: 805-8562; fourarts.org

1/20 - 20th Annual Dr. Martin Luther King Jr. Brunch: 20/20 Clear Vision at Indian Spring Country Club, 11501 El Clair Ranch Rd, Boynton Beach. Breakfast, entertainment, live music, poetry presentations, guest speakers. 10 am. \$40/person; \$600/table. 279-8883; spadymuseum.com

1/20 - Celebrate MLK Day 2020: Free Museum Admission at Boca Raton Museum of Art, 501 Plaza Real. 11:30 am-4 pm. 392-2500; bocamuseum.org

1/20 - Print Like the Masters: Linoleum Block Printing with Sammi McLean at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Held again 1/27 12:30-4:30 pm. \$125/2 classes, materials included. Reservations: 805-8562; fourarts.org

1/20 - Holiday with Pamela Fiori at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 2:30 pm. \$20/non-member. Reservations: 805-8562; fourarts.org

1/20-25 - 16th Annual Palm Beach Poetry Festival at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. See website for full schedule. 868-2063; palmbeachpoetryfestival.org

1/20-2/16 - My Name is Asher Lev presented by West Boca Theatre Company at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. Runs through 2/16. Th/Sat 7:30 pm; Th/Sun 2 pm. \$30-\$40. 558-2520; levisjcc.org

Tuesday - 1/21 - Entertainment on the Go: e-Books & Magazines at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/21 - Don't Get Phished! Protect Yourself Online at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1:30 pm. Free. 393-7852; bocalibrary.org

1/21 - Reading Behind the Words: Understanding the Short Story with Winston Aarons at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. Every T through 2/11 2-3:30 pm. \$60. 266-9490; delraylibrary.org/lifelong-learning-institute

1/21 - Craft Talks with Ilya Kaminsky & Dana Levin at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 2-3:30 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoolsquare.org

1/21 - Art as Propaganda with Marion Dolan at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. Every T through 2/11 2-3:30 pm. \$60. 266-9490; delraylibrary.org/lifelong-learning-institute

1/21 - A Literary Afternoon: Jenna Blum, The Lost Family at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. 2:30 pm. \$25. 558-2520; levisjcc.org

1/21 - Arthur Brooks: The Most Important

Thing in Life at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 3 pm. Free/member w/membership card; \$35/non-member. 805-8562; fourarts.org

1/21 - Interview with Joy Harjo by Laure-Anne Bosselaar at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of the Palm Beach Poetry Festival. 4-5:30 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoolsquare.org

1/21 - Tim Dorsey speaks and signs his book *Naked Came the Florida Man* at Murder on the Beach Mystery Bookstore, 104 W Atlantic Ave, Delray Beach. 7 pm. Free. 279-7790; murderonthebeach.com

1/21 - Myths and Facts About the Arab-Israeli Conflict: Understanding the World's Most Enduring Dispute with Mitchell Bard at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-8:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/21 - Kick Off Reading with Nickole Brown, Jessica Jacobs, Adrian Matejka & Maggie Smith at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 8-10 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoolsquare.org

1/21 - FAU Astronomical Observatory public viewing day at Florida Atlantic University Science & Engineering Building 4th floor, 777 Glades Rd, Boca Raton. 1st F & 3rd T 8 pm. Free. 297-STAR; physics.fau.edu/observatory

1/21-22 - Elmar Oliveira International Violin Competition Semifinals at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 9 am-7 pm. 237-9000; lynn.tix.com

Wednesday - 1/22 - Marketing Strategies and Planning with Dawn Frisby-Byers at Cultural Council of Palm Beach County, 601 Lake Ave, Lake Worth. Part of Institute for Cultural Advancement series. 9-11 am. \$10/non-member. 471-2901; palmbeachculture.com

1/22 - Entertainment on the Go: Streaming Videos at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/22 - Tintoretto at 500: Exhibiting a Renaissance Artist Today with Frederick Ilchman at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 11 am. \$20/non-member. Reservations: 805-8562; fourarts.org

1/22 - Jeff Norris at The Delray Beach Playhouse, 950 NW 9th St. 12:30 pm. \$39. 272-1281; delraybeachplayhouse.com

1/22 - The Origins of Byzantine Chant with Christina Filis, Ph.D. at The Society of the Four Arts King Library, 240 Four Arts Plaza, Palm Beach. 1:30 pm. Free. Reservations: 655-2766; fourarts.org

1/22 - Craft Talks with Nickole Brown & Reginald Gibbons at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 2-3:30 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoolsquare.org

1/22 - Pathways to Peace: Living in a World Without Religious Conflict with Mark David Luttio, Ph.D. at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. Every W through 2/12 2-3:30 pm. \$60. 266-9490;

JAN 26-FEB 1

Sunday - 1/26 - Fruhschoppen at American German Club of the Palm Beaches, 5111 Lantana Rd, Lake Worth. No t-shirts or shorts. 4th Sun Jan-Sep 10:30 am-2:30 pm. Free admission; all items a la carte. 967-6464; americangermanclub.org

1/26 - The Way of Taiko: The Heartbeat of Japan 2020: Session I at Morikami Japanese Museum and Gardens, 4000 Morikami Park Rd, Delray Beach. Introduction to the history of taiko; understand sounds/movements, learn how to drum. Wear comfortable clothes, shoes; jewelry not recommended. 11 am-1 pm or 2-4 pm. \$50. Registration: 495-0233; morikami.org

1/26 - John Gulinello and his Dixie Kings at Boca Raton Shrine Club, 601 Clint Moore Rd. Presented by Hot Jazz & Alligator Gumbo Society. 1-4 pm. \$5/member; \$10/non-member. 330-9303; hagsjazz.com

1/26 - Free Admission at The Society of the Four Arts O'Keefe Gallery, 102 Four Arts Plaza, Palm Beach. Through 3/29 1-5 pm. Free. 655-7226; fourarts.org

1/26 - Parrot Cove Home Tour at multiple locations in Lake Worth Beach. Tour unique homes/gardens. Rain or shine; food/wine served. 1-5 pm. \$40/advance; \$45/at the door. Tickets through EventBrite only; non-refundable. parrotcove.org

1/26 - Friends Speaker Series: Sally J. Ling at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 3-4 pm. Free. 393-7968; bocalibrary.org

1/26 - Sundays at Sinai: Aging & Sex at Temple Sinai, 2475 W Atlantic Ave, Delray Beach. Speaker Joyce Saltman, Ed.D. 3 pm. \$10. 276-6161 x204; templesinaipbc.org

1/26 - Family Recipes, Family Secrets: A Cooking Demonstration and Talk by Genie Milgrom at Chabad of South Palm Beach, 224 S Ocean Blvd, Manalapan. 7 pm. 889-3499; chabadspbc.org

1/26 - Selwyn Birchwood Returns at Arts Garage, 94 NE 2nd Ave, Delray Beach. 7-8:30 pm. \$25-\$35. 450-6357; artsgarage.org

1/26-27 - Hooray for Hollywood! Billy Stritch, Carole J. Bufford and Liam Forde at Kravis Center Rinker Playhouse, 701 Okeechobee Blvd, West Palm Beach. 7:30 pm. Tickets start at \$35. 832-7469; kravis.org

1/26-28 - Elegant Elvis & Simon's Diamonds at Spanish River Church, 2400 Yamato Rd, Boca Raton. Tickets start at \$46. 800-716-6975; spanishriverconcerts.org

1/26-2/16 - 30th Annual Donald M. Ephraim Palm Beach Jewish Film Festival features 35 memorable movies, 4 cinemas: Cinemark 14/Boynton Beach; Cobb Theatres/Palm Beach Gardens, Eisey Theatre/Palm Beach Gardens; Cinepolis Shoppes/Jupiter. Full schedule: 877-318-0071; pbjff.org

Monday - 1/27 - Florida Atlantic University College of Business 27th Annual Business Leader of the Year Award Breakfast at Boca Raton Resort & Club, 501 E Camino Real. Honors Rita and Rick Case, Rick Case Automotive Group. 7 am networking; 8 am breakfast/award ceremony. \$150. 297-4732; business.fau.edu/BLOY

1/27 - Hack Proof Yourself: Online & Personal Information at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/27 - Discover You with Bullet Journaling at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/27 - Celestial Bodies by Jokha Alharithi part of Afternoon Book Group at Delray Beach Public Library, 100 W Atlantic Ave. 1 pm. Free. 266-0194; delraylibrary.org

1/27 - Topical Diaspora: How the Jews of Cuba Changed Miami with Debbie Reed Fischer at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. 2-4 pm. Free. 558-2520; levisjcc.org

Tuesday - 1/28 - Hack Proof Yourself: Digital Afterlife at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/28 - Friends Book Club: The Woman in the Window by AJ Finn at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am-noon. Free. 393-7968; bocalibrary.org

1/28 - Wearable Technology at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1:30 pm. Free. 393-7852; bocalibrary.org

1/28 - OneDrive Level 1 at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. Adults. 2-4 pm. Free. Registration: 266-0196; delraylibrary.org

1/28 - Words ... Alive! Educated, A Memoir presented by West Boca Theatre Company at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. 2:30 pm. \$30-\$40. 558-2520; levisjcc.org

1/28 - Niall Ferguson - The Square & the Tower: Making Sense of a Networked World at The Society of the Four Arts, 2 Four

Arts Plaza, Palm Beach. 3 pm. Free/member w/ membership card; \$35/non-member. 805-8562; fourarts.org

1/28 - Hollywood Goes Jewish - The Abraham Serfaty Film Series: The Jazz Singer at Chabad of South Palm Beach, 224 S Ocean Blvd, Manalapan. 7 pm. \$5/ suggested donation. 889-3499; chabadspbc.org/delraylibrary.org

1/28 - St. Augustine with Taylor Hagood at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-8:30 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/28 - Student Recital: Daniel Guevara, violin at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 7:30 pm. Free. 237-9000; lynntix.com

1/28 - Jam Session at Arts Garage, 94 NE 2nd Ave, Delray Beach. Last T 8 pm. Free/performer; \$5/patron. 450-6357; artsgarage.org

Wednesday - 1/29 - Hack Proof Yourself: Password Managers at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/29 - Build a Website with CSS 1 at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/29 - Harvey Granat Presents A Celebration of Cole Porter at The Delray Beach Playhouse, 950 NW 9th St. 12:30 pm. \$39. 272-1281; delraybeachplayhouse.com

1/29 - The Chinese Philosophy of Taoism and Tai Chi: Past & Present with Monk Yun Rou part of Discover China series at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 1:30 pm. Free. Reservations: 805-8562; fourarts.org

1/29 - Jewish Thought on Enjoying Sex with Andy Greenberg at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. 2-3:30 pm. \$25. 266-9490; delraylibrary.org/lifelong-learning-institute

1/29 - Elmar Oliveira Violin Master Class at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 4:30 pm. 237-9000; lynntix.com

1/29 - Fashion Bowl 54 Kickoff Runway Show & Studio 54 Dance Party at The Colony Hotel, 525 E Atlantic Ave, Delray Beach. Part of Delray Beach Fashion Week 2020. 6-10 pm. \$35. delrayfashionweek.com

1/29 - Digital Storytelling at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6 pm. Free. 393-7852; bocalibrary.org

1/29 - The Philosophy of Life with Sophia Stone at Florida Atlantic University Continuing Education Building, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 7-8:30 pm. \$60/ annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/29 - The Tell-Tale Heart at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 7:30 pm. \$40/non-member. 805-8562; fourarts.org

1/29 - Brothers Again: The Music of The Allman Brothers at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. 8-10 pm. \$42-\$57. 243-7922 x1; oldschoosquare.org

Thursday - 1/30 - Hack Proof Yourself: How to Stop Robocalls at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/30 - Beginner's Laptop & Internet at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/30 - 100 Years Since the 19th Amendment with Congresswoman Pat Schroeder at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Noon. \$15. 237-7000; lynntix.com

1/30 - Where Do We Go from Here? The American Political Scene Today with Rabbi Richard Polirer at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. Every Th through 2/13 2-3:30 pm. \$55. 266-9490; delraylibrary.org/lifelong-learning-institute

1/30 - American Foreign Policy: A Master Course with Jeffrey S. Morton, Ph.D. - The Rise of China at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Held again 2/27 & 3/26. 2:30-4 pm. \$60/3-part series; \$25/lecture. Reservations: 805-8562; fourarts.org

1/30 - Introduction to TinkerCAD at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6 pm. Free. 393-7852; bocalibrary.org

1/30-2/1 - My Name is Asher Lev at Levis JCC Sandler Center, 21050 95th Ave S, Boca Raton. Runs through 2/16. Th/Sun 2 pm; Th/Sat 7:30 pm. \$40/VIP reserved; \$30/general admission; \$25/gold member; free/platinum member. 558-2520; levisjcc.org

1/30-2/2 - Fulfillment Center by Abe Koogler at Lake Worth Playhouse Stonzek Studio, 713 Lake Ave. Runs through 2/9.

Th-Sat 8 pm; Sun 2 8 pm. \$23. 586-6410; lakeworthplayhouse.org

Friday - 1/31 - POTUS 1: How George Washington Made the Presidency with David Head at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/31 - Hack Proof Yourself: Hacked? Now What? at Delray Beach Public Library, 100 W Atlantic Ave. Prerequisite: Mouse, Keyboard & Computers 101. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/31 - 20 Individuals, Ideas and Inventions that Made Our World, from the Age of Discovery to the Renaissance with Juliette de Marcellus Session I at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Every F through 4/10 (no class 2/21) 11 am-12:30 pm. \$175/series. Reservations: 655-7226; fourarts.org

1/31 - Does the Left Have a Future? with Michael Kazin at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/31 - The Second Time Around (2018 NR) at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 2 pm & 5:30 pm. \$5/non-member. Reservations: 655-2766; fourarts.org

1/31 - Lecture - Walk This Way: Historic Footwear from the Stuart Weitzman Collection at Flagler Museum, 1 Whitehall Way, Palm Beach. 3 pm. \$10/member; \$28/non-member includes museum admission. 655-2833; flaglermuseum.us

1/31 - Free Friday Concert: Vinyl at Old School Square Pavilion, 51 N Swinton Ave. Gourmet food trucks, cash bar. Bring lawn chairs, blankets. No pets or outside food/beverage. Weather permitting. 6 pm gates open; 7:30 pm concert starts. Free admission/donations appreciated. 243-9722; oldschoosquare.org

1/31 - Florida's Funniest Comedians: Monique Marvez & Dougie Almeida at Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. 7:30 pm. \$12-\$29. 844-672-2849; miznerparkculturalcenter.com

1/31 - Turning 15 On The Road to Freedom at Arts Garage, 94 NE 2nd Ave, Delray Beach. 8-10 pm. \$25. 450-6357; artsgarage.org

1/31-2/10 - The Golden Girls Show! A Puppet Parody at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of new Ovation Series. 8 pm. \$57-\$67. 243-7922 x1; oldschoosquare.org

1/31-2/2 - Some Enchanted Evening: The Songs of Rodgers and Hammerstein at The Delray Beach Playhouse, 950 NW 9th St. Runs through 2/16. Sat/Sun 2 pm; W-Sat 8 pm. \$35. 272-1281; delraybeachplayhouse.com

Saturday - 2/1 - Plein Fun Fest at Old School Square, 51 N Swinton Ave, Delray Beach. Showcased paintings available for sale. Benefits En Plein Air Palm Beach & Old School Square. 9 am-3 pm juried artists paint all over Delray Beach; 5:30-7:30 pm reception/awards ceremony. Free/admission; palmbeachculture.com

2/1 - Shibori Indigo Workshop: Shibori Scarf at Morikami Japanese Museum and Gardens, 4000 Morikami Park Rd, Delray Beach. 10 am-4 pm. \$50 + \$20/material fee. Registration: 495-0233 x210; morikami.org

2/1 - United States Citizenship: 100 Questions at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

2/1 - Serenity in the City: Well Being Comes Naturally with Elayna Toby Singer, Creative Catalyst at Ann Norton Sculpture Gardens, 253 Barcelona Rd, West Palm Beach. 11 am-noon. \$15/member & senior; \$25/non-member. Registration: 832-5328; ansg.org

2/1 - The Gershwins' Porgy and Bess part of Met Opera Live in HD Series at The Society of the Four Arts, 102 Four Arts Plaza, Palm Beach. 1 pm. \$25/adult; \$15/student w/ID. 655-7226; fourarts.org

2/1 - A Night at The Copacabana Dinner & Musical Show at the American German Club of the Palm Beaches, 5111 Lantana Rd, Lake Worth. 5 pm. Tickets/reservations: 967-6464; americangermanclub.org

2/1 - Stars of the Sixties at Florida Atlantic University Kaye Auditorium, 777 Glades Rd, Boca Raton. 7:30 pm. \$39-\$79. 800-564-9539; fauevents.universitytickets.com

2/1-2 - 34th Annual Museum Art Festival at Boca Raton Museum of Art, 501 Plaza Real. 10 am-6 pm. \$5/member; \$20/non-member. 392-2500; bocamuseum.org

Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 8-10 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

Thursday - 1/23 - Building New Diverse Audiences through Effective Practice with Dawn Frisby-Byers at Cultural Council of Palm Beach County, 601 Lake Ave, Lake Worth. Part of Institute for Cultural Advancement series. 9-11 am. \$10/non-member. 471-2901; palmbeachculture.com

1/23 - Entertainment on the Go: Streaming Music at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/23 - Facebook Settings & Privacy at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/23 - Craft Talks with Major Jackson & Jessica Jacobs at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 2-3:30 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

1/23 - King George IV: The Art of Living Well with Desmond Shawe-Taylor at The Society of the Four Arts, 240 Coconut Row, Palm Beach. 2:30 pm. \$20/non-member. Reservations: 805-8562; fourarts.org

1/23 - Concert: Four Shillings Short: 30 Instruments in 60 Minutes at Highland Beach Library, 3618 S Ocean Blvd. 5 pm. Free. 278-5455; highlandbeach.us

1/23 - Bresky Bash 2020: A Concert for Community at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. Hosted by The Law Offices of Robin Bresky. Benefits Legal Aid Society of Palm Beach County. 5 pm VIP; 6:30 pm concert. \$20/ticket. 994-6273; breakyappellate.com/bresky-bash-2020/

1/23 - Artists Guild Gallery Opening Reception at Artists' Guild Gallery, 2910 N Federal Hwy, Boca Raton. Hors d'oeuvres, refreshments. 6-8 pm. Free. 278-7877; bocaguild.com

1/23 - Mid Week Reading with Ilya Kaminsky, Dana Levin & Reginald Gibbons at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 8-10 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

1/23 - 70's Rock & Roll Roadshow at Palm Beach State College Duncan Theatre, 4200 Congress Ave, Lake Worth. 8 pm. \$35. 868-3309; duncantheatre.org

Friday - 1/24 - Home Makeovers 2020 with Kevin Byrne at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Every F through 2/7 9:30 am-12:30 pm. \$275/3 classes. Reservations: 805-8562; fourarts.org

1/24 - Fourteen Steps to Strategic Decision Making: JFK and the Cuban Missile Crisis with Michael Tougias at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 10-11:30 am. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/24 - Photo Apps for Beginners at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/24 - The Wannsee Conference: 90 Minutes that Changed World History with Claudia Dunlea at Florida Atlantic University Friedberg Auditorium, 777 Glades Rd, Boca Raton. Part of One-Time Event Series at FAU Osher Lifelong Learning Society. 12:30-2 pm. \$60/annual membership; \$30/member; \$35/non-member & one-time guest. 297-3171; fau.edu/divdept/lifelong

1/24 - American Promise: Think Out Loud 2020 at Delray Beach Public Library, 100 W Atlantic Ave. Adults. 1-3 pm. Free. 266-9490; delraylibrary.org

1/24 - Exhibition - Shared History: Photographs from the Martin Z. Margulies Collection at Florida Atlantic University Ritter Art Gallery, 777 Glades Rd, Boca Raton. Runs through 3/7 during regular hours. Free. 297-2661; fau.edu/artsandletters/galleries

1/24 - The "Avant Garde" in Modern Art: How it All Began Part 1 with Alexander Shundi at The Society of the Four Arts, 240 Coconut Row, Palm Beach. Part 2 held 1/31. 1:30 pm. \$35/lecture. Reservations: 805-8562; fourarts.org

1/24 - Tulip Fever (2017 R) at The Society of the Four Arts, 2 Four Arts Plaza, Palm Beach. 2 pm & 5:30 pm. \$5/non-member. Reservations: 655-2766; fourarts.org

1/24 - Craft Talks with Maggie Smith & Adrian Matejka at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 2-3:30 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

1/24 - Rock the Plaza at One Boynton, 1351 S Federal Hwy. Live music, activities, food offerings from restaurants in the plaza. 5-9 pm. Free. 600-9097; catchboynton.com

1/24 - Free Friday Concert: Spider Cherry

at Old School Square Pavilion, 51 N Swinton Ave. Gourmet food trucks, cash bar. Bring lawn chairs, blankets. No pets or outside food/beverage. Weather permitting. 6 pm gates open; 7:30 pm concert starts. Free admission/donations appreciated. 243-9722; oldschoosquare.org

1/24 - Richard Frank & Leiza Michaels at Ellie's 50's Diner, 2410 N Federal Hwy, Delray Beach. Buffet dinner, dessert, coffee, cash bar. 6 pm doors open; 7 pm show. \$40. RSVP: 276-1570; elliescatering.com

1/24 - Concert: DSQinTheRound: Anything You Can Do We Can Do Better! part of Music at St. Paul's Episcopal Church, 188 S Swinton Ave, Delray Beach. 7:30 pm. \$40-\$50/person. Advance ticket purchase suggested; limited seating: 276-4541; music.stpaulsdelray.org

1/24 - Jeff Norris at Mizner Park Cultural Arts Center, 201 Plaza Real, Boca Raton. 7:30 pm. \$29-\$39. 844-672-2849; miznerparkculturalcenter.com

1/24 - An Evening of Poetry with Patricia Smith at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 8-10 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

1/24 - Palo! at Arts Garage, 94 NE 2nd Ave, Delray Beach. 8-10 pm. \$35-\$45. 450-6357; artsgarage.org

Saturday - 1/25 - "Paw-ty" on the Beach at Oceanfront Park Beach, 6415 N Ocean Blvd. Well-behaved dogs welcome to frolic off leash in a designated area on the sand and in the water south end of the beach. Dogs must be licensed; will be asked to leave if aggressive. 9 am-noon. 742-6010; boynton-beach.org

1/25 - Jump Start Guide to Decluttering at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am. Free. 393-7852; bocalibrary.org

1/25 - Kimono Culture Demonstration at Morikami Japanese Museum and Gardens Tea House, 4000 Morikami Park Rd, Delray Beach. Explore the traditional kimono; its rich culture, seasonal subtleties & symbolic nuances. Learn the versatility of this iconic garment. 11 am, 1:30 pm & 3 pm. \$5 w/paid admission. 495-0233; morikami.org

1/25 - Beloved Poems Panel Discussion at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 2-4 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

1/25 - Disney Newsies - The Broadway Musical at Showtime Performing Arts Theatre, 503 SE Mizner Blvd, Boca Raton. Every Sat through 2/29 4 pm. \$25.50/adult; \$15.50/student. 394-2626; showtimeboca.com

1/25 - Story Central: Our National Parks in Song and Story at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 4 pm. Free. 393-7906; bocalibrary.org

1/25 - Classic Albums Live: Jimi Hendrix: Are You Experienced at The Pavilion at Old School Square, 51 N Swinton Ave, Delray Beach. Held rain or shine. 6:30 pm doors open; 8 pm show. \$20-\$75. 243-7922; oldschoosquare.org

1/25 - Documentary Film and Director Q&A - Kusama: Infinity at Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Sponsored by JM Family Enterprises. 7 pm. \$7/member; \$10/non-member. 495-0233; morikami.org

1/25 - Pub at the Hub Grand Opening Party presented by Space of Mind and Community Classroom Project at 101 NW 1st St. Live music, bar games, gastropub, auctions, etc. 7-11 pm. \$50-\$1,000. 477-407-1122; myspaceofmind.com

1/25 - Pop2Opera starring Singing Sensation Jenene Caramielo at The Delray Beach Playhouse, 950 NW 9th St. 8 pm. \$49. 272-1281; delraybeachplayhouse.com

1/25 - Jesse Cook at Palm Beach State College Duncan Theatre, 4200 Congress Ave, Lake Worth. 8 pm. \$40. 868-3309; duncantheatre.org

1/25 - Finale Reading with Laure-Anne Bosselaar, Major Jackson & David Kirby at Crest Theatre at Old School Square, 51 N Swinton Ave, Delray Beach. Part of Palm Beach Poetry Festival. 8:15-10:15 pm. \$15/adult; \$12/senior 65+; \$10/student. 243-7922 x1; oldschoosquare.org

1/25-26 - 46th Vintage American Glass and Pottery Show & Sale at Florida Atlantic University, 777 Glades Rd, Boca Raton.

Presented by The South Florida Depression Glass Club. Sat 9-10 am early buying; Sat show 9 am-5 pm; Sun show 9 am-4 pm. \$10/early buying; \$5/admission w/ad; \$6/admission w/o ad. 767-2592; sfdgc.com

1/25-26 - 13th Annual Boca Raton Fine Art Show at Sanborn Square, 72 N Federal Hwy. 10 am-5 pm. Free

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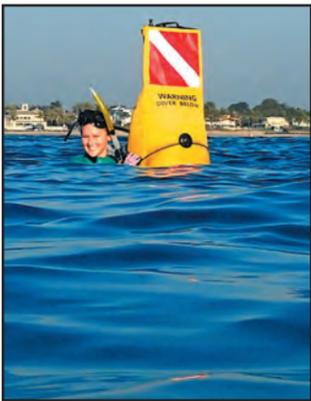


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Inside



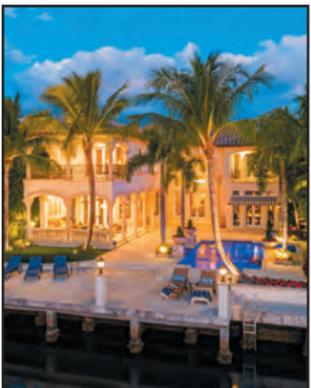
Paws Up for Pets
Music can calm sound-phobic dogs. Page H6



On the Water
Improved options for diver-down markers. Page H8



Tots & Teens
CEO Santa delivers cheer to kids at Seagate. Page H18



House of the Month
A waterfront mansion in Highland Beach. Page H23

2020 vision

Mindfulness guru shares tips for peacefully navigating the new year

By Joyce Reingold

As we dip our toes into this fresh new year, may we collectively resolve to forgo resolutions. So put down the pad and pencil, dear reader. Delete that list from your smartphone. It's 2020 already. Time for a fresh approach.

And who better to show us a new way than Barb Schmidt, the Boca Raton-based mindfulness practitioner, teacher and author of the international bestseller *The Practice: Simple Tools for Managing Stress, Finding Inner Peace, and Uncovering Happiness*. As 2019 came galloping to a close, she stopped to share some thoughts on how to more peacefully and harmoniously navigate the new year.

“About five years ago, my daughter Michelle Maros, who runs Peaceful Mind Peaceful Life with me, said: ‘Mom, you know what I like instead of resolutions?’

“I like setting an intention word that is kind of my guiding star, or my true north, or my highest ideal for the year.’ And I have found that to be magical,” Schmidt said.

See VISION on page H2

Barb Schmidt of Boca Raton recommends taking a fresh approach to setting goals.
Tim Stepien/The Coastal Star

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VISION

Continued from page H1

“Resolutions are usually external things: I’m going to exercise every day. I’m going to go on a diet. Where, if you choose a word, it comes from the inside. It’s like I’m sitting with myself in quiet, just for a minute or two, and asking, what do I really, really want?”

“So, I love that because I believe strongly in all of the work that I do, that we can really live our most successful, happy lives by living them from the inside out, not directed from the outside in.”

In 2019, Schmidt chose *truth* as her intention word.

“I wanted to make sure that I was in alignment with my truth, even if it was hard, even if it sometimes felt like I was making choices that weren’t necessarily in alignment and I had to regroup and go back and say: Wait a minute. This didn’t quite work. Let me start over again. It kept me on track and kept me in a place where I really wanted to be.”

For 2020, she has selected *trustworthy*. “Life can be difficult, chaotic and stressful, and at the same time I have found that we truly can trust the process of life. It’s a great paradox, however, because our power comes from doing our best knowing that we can’t predict what will happen.

“Through all of life’s difficulties, I’m always uplifted by the truth that we can absolutely handle things better than expected — and *trustworthy* reminds me of this.”

Schmidt and Maros are



Barb Schmidt leads a seminar with her daughter Michelle Maros. Photo provided

kicking off 2020 with two popular local events that reinforce the mission of their nonprofit organization Peaceful Mind Peaceful Life: “Furthering inner peace and wellness by educating and inspiring individuals and creating community through mindfulness practices, online resources and programs.”

Schmidt, who is also known for her philanthropic work, will lead a four-part meditation study group, beginning Jan. 14, as part of Peaceful Mind Peaceful Life’s wellness series at Boca Raton Regional Hospital’s Christine E. Lynn Women’s Health & Wellness Institute.

Since Schmidt and the institute launched the series in April 2016, “we have welcomed

nearly 4,000 people into our workshops and reached hundreds of hospital patients through our in-house television network,” said Maureen Mann, the institute’s executive director.

Dr. Patricia Anastasio, a physician with Advanced Pediatrics of Boca, says the Peaceful Mind Peaceful Life programs have been transformational, reducing her stress and fatigue. “I now recommend mindfulness training to all of my friends and colleagues as the most important resource for reducing anxiety and preventing burnout,” she said.

On Jan. 28, Maria Shriver, TV journalist, author and founder of the Women’s Alzheimer’s Movement, will join Maros and Schmidt in an evening of conversation at Mindful Boca 2020, at the Keith C. and Elaine Johnson Wold Performing Arts Center at Lynn University.

“I am over the moon, unbelievably excited to be bringing her in,” said Schmidt.

A practitioner of mindfulness and meditation for more than 30 years, Schmidt has been on

more than 100 retreats and studied with teachers around the world from Deepak Chopra to the Dalai Lama.

“All of our work in January will focus around, how do we begin the year? ... 2020 is going to be, I believe, an incredibly stressful, chaotic year with it being an election year,” Schmidt said. “We’ll be focusing a lot on what ... are some of the really simple things that you can do to stay grounded, to relieve your anxiety and stress and not allow all of the chaos and the noise that’s going to happen in 2020 to take you down a rabbit hole of anxiety or stress or worry.”

Untethering from technology is one key strategy. Most of us know we should do this more often, but as Schmidt asked the audience in her 2015 TEDx talk, “When was the last time you did nothing?”

Putting electronics aside is a practice Schmidt strongly encourages in her presentations to high school students.

“The biggest thing that I teach them is that in the morning, when you first wake up, before you pick up your phone, stay in bed for a minute

If You Go

What: Mindful Boca 2020: An Evening With Maria Shriver

When: 6:30 p.m. Jan. 28

Where: Keith C. and Elaine Johnson Wold Performing Arts Center at Lynn University

Cost: \$125, orchestra seating; \$100, mezzanine. Registration is required; visit www.pmpl.eventbrite.com.

Information: 955-7227

What: Peaceful Mind Peaceful Life Wellness Series: Meditation Study Group

When: 6-8 p.m. Jan. 14, Feb. 11, March 10 and April 7

Where: Christine E. Lynn Women’s Health & Wellness Institute at Boca Raton Regional Hospital

Cost: \$150. To register, visit www.pmpl.eventbrite.com.

Information: 955-7227

or two and close your eyes and just breathe. And then follow the same routine to close out the day. Don’t take your phone to bed with you. ... Close your eyes before you go to sleep and ... name one thing that went really well for you in your day. There’s always something that went well. Find it and name it. And then close your eyes and go to sleep,” she said.

“When you can disconnect from technology and disconnect from the external world, even for a minute or two, it realigns your brain. It realigns your ability to be able to manage and nourish your nervous system.”

The students tell her it’s hard to do, but it’s working. “They’re seeing the results of the break, between feeling anxiety and stress and noticing, Wow, I feel a little bit calm in this moment,” Schmidt said. “And ... just knowing, I really only need to do that for one minute. And when you try it you see that one minute is pretty powerful.”

Schmidt says research shows that spending just 14 minutes — or 1% of each day — in mindfulness can help transform the other 99%. “Just taking a break is the most powerful thing we can do,” she said.

“It truly is just finding that space throughout the day where I can be with me for a second here, for a minute there and just notice: What am I feeling? What do I want? What is happening for me in this moment? Where am I getting off track? The word brings it back. ...

“Mindfulness meditation — just sitting with oneself for no matter how long — is a great way to let that word kind of come back into focus.”

Why not give it a try? But no need to call it a resolution. ★

Joyce Reingold writes about health and healthy living. Her intention word for 2020 is joy. Share yours, and column ideas, with joyce.reingold@yahoo.com.

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Health Notes

New pavilion at hospital to be named for Boca philanthropists

Boca Raton Regional Hospital Foundation's \$250 million fundraising effort, Keeping the Promise, got an early holiday present. Philanthropists **Toby and Leon Cooperman** made a \$25 million gift to the campaign during a St. Andrews Country Club event in early December.

In recognition of the gift, the hospital's new Medical Arts Pavilion will be named in their honor.

The Coopermans are signers of Warren Buffett's Giving Pledge effort "to help address society's most pressing problems by inviting the world's wealthiest individuals and families to commit to giving more than half of their wealth to philanthropy." The Coopermans plan to give all their wealth away, to organizations, institutions and individuals that have made a difference to them. These have included Hunter College in New York City, Columbia University and St. Barnabas Medical Center.

They have also launched the Cooperman College Scholars Program and the Cooperman Family Fund for a Jewish Future.

Boca Raton Regional Hospital Foundation recently created its **Charles Levitz Advanced Symptom Support and Individualized Care Program** at the Eugene M. and Christine E. Lynn Cancer Institute. This program, which was funded through a gift from the Levitz Family Foundation, intends to offer relief from the symptoms and stress of a serious illness and to improve the quality of life for patients and their families.

Boca Raton Regional Hospital, part of Baptist Health South Florida, recently launched a long-term monitoring program for cryptogenic stroke patients to help reduce their risk of a secondary stroke.

The stroke team at the **Marcus Neuroscience Institute** offers the option to insert a small cardiac monitor to capture such things as abnormal heartbeats and rhythms, which often go undetected and can increase stroke risk. The data are relayed to specialty cardiac physicians so that they can promptly initiate treatment when it is required.

The device is implanted using a minimally invasive procedure and lasts up to three years as patients continue their everyday activities.

"Patients that have suffered cryptogenic stroke often have undiagnosed atrial fibrillation or other cardiac complications months after being discharged from a hospital. Traditional programs typically end weeks or even days after the initial stroke," said Brian Snelling, M.D., medical director of the Marilyn and Stanley Barry



Boca Raton Regional Hospital will name its new Medical Arts Pavilion after Leon and Toby Cooperman after they made a \$25 million donation. **Photo provided**

Center for Cerebrovascular Disease and Stroke at the neuroscience institute. "The Reveal LINQ system is enabling

us to detect heart disturbances on a long-term basis to facilitate proactive treatment when needed."

Endocrine surgeon **Jessica L. Buicko, M.D.**, has joined Bethesda Health Physician Group. Buicko earned her medical degree at the University of Miami Miller



Buicko

School of Medicine. She completed a general surgery residency at the University of Miami program at JFK Medical Center. She completed a fellowship in advanced endocrine and metabolic surgery at New York-Presbyterian/Weill Cornell Medical Center and Memorial Sloan Kettering Cancer Center.

Buicko, who is affiliated with Bethesda Hospital East, will see patients in her office, **General and Vascular Surgery Specialists**, 2800 S. Seacrest Blvd., Suite 200, Boynton Beach.

Jill Shutes, a geriatric nurse practitioner, was named the new vice president of **Alzheimer's Community Care Services**. Previously, Shutes worked as an assistant professor of nursing in the graduate nursing program at Palm Beach Atlantic University. She has more than 20 years of experience as a geriatric nurse practitioner working in long-term care, assisted living and skilled nursing facilities throughout South Florida.



Shutes

Santa Fe Suites, a health care executive-office-suite complex at 306 NE Second St., celebrates its 10th anniversary in Delray Beach. The suites house 22 businesses with spa and health service functions.

— Christine Davis

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Health Information and Literature from Delray Medical Center's:

- ▶ Cardiopulmonary Rehabilitation
- ▶ CareSpot Urgent Care
- ▶ Comprehensive Stroke Center and Neuroscience Program
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Health Calendar

Note: Events are current as of 12/27. Please check with organizers for any changes.

JANUARY 4

Saturday - 1/4 - Fitness @ Sanborn: Yoga Class at Sanborn Square, 72 N Federal Hwy, Boca Raton. Every Sat 9-10 am class. Free. 393-7703; downtownboca.org

1/4 - Kemeti Yoga at Spady Cultural Heritage Museum, 170 NE 5th Ave, Delray Beach. Calming, therapeutic yoga using ancient postures/teachings. Bring yoga mat, water; wear comfortable clothing. Every Sat 9:30-11 am. \$10/person. 279-8883; spadmuseum.com

1/4 - Yoga Class at Boca Raton Community Center, 150 Crawford Blvd. Every M-Sat 9:30-11 am. 5 classes \$75/resident, \$94/non-resident; 10 classes \$120/resident, \$150/non-resident; 20 classes \$200/resident, \$250/non-resident. 477-8727; myboca.us

1/4 - Adult Tai Chi Class at Delray Beach Community Center, 50 NW 1st Ave. Every Sat intermediate 9:30-10:30 am; beginner 10:45-11:45 am. Per class \$15/resident; \$17/non-resident. 243-7000 x5001; mydelraybeach.com

1/4 - Welcome New Baby! Sibling Class at Bethesda Heart Hospital, 2815 S Seacrest Blvd, Boynton Beach. Learn about the new

baby joining the family. Decorate a onesie for new little brother or sister, celebrate with a birthday cupcake. Age 2-6; must be accompanied by parent. Held again 2/1. 10-11:30 am. \$10/parent & child; additional siblings \$5/each. Registration: 369-2229; publicrelations@bhinc.org

1/4 - Judo Class at Boca Raton Community Center, 150 Crawford Blvd. Warm-up exercises, instruction, practice, tournament training. W 6:30-8 pm mixed ages & ranks, 8-9 pm advanced; Sat 10 am-noon all groups. Per month \$21.50/resident; \$27/non-resident. 393-7807; myboca.us

1/4 - Yoga at the Beach at Red Reef Park West (Intracoastal side), 1400 N Ocean Blvd, Boca Raton. Register/get parking pass at Community Center, 150 Crawford Blvd. Classes held on grass overlooking the Intracoastal. No cash accepted on-site. W 6:30 pm; 1st & 3rd Sat 10 am. \$10/class; 60-day membership (unlimited classes) \$65/resident, \$81.25/non-resident. 393-7807; myboca.us

1/4 - Fitness @ Sanborn: Tai Chi Class at Sanborn Square, 72 N Federal Hwy. Every Sat 10:30-11:30 am class. Free. 393-7703; downtownboca.org

1/4 - Zumba Class at South Beach Park Pavilion, 400 N State Rd A1A, Boca Raton. Every Sat 10:30 am. Free. 393-7703; downtownboca.org

1/4 - Aikido Class at Boca Raton Community Center, 150 Crawford Blvd. Explore effective, non-violent methods of conflict resolution. Every Sat 12:30-2:30 pm. Per month \$25/resident; \$31.25/non-resident. 393-7807; myboca.us

1/4 - Chair Yoga at Unity of Delray Beach, 101 NW 22nd St. Every Sat 1 pm. Free. 276-5796; unityofdelraybeach.org

1/4 - CA (Cocaine Anonymous) at Unity of Delray Beach, 101 NW 22nd St. Every Sat 6 pm. Free. 276-5796; unityofdelraybeach.org

1/4 - AA Meeting at Unity of Delray Beach, 101 NW 22nd St. Every Sat 7:30 pm. Free. 276-5796; unityofdelraybeach.org

1/4-5 - Yoga Class at South Palm Beach Town Hall, 3577 S Ocean Blvd. Every Sat/Sun 9:30 am & Sat 10:45 am. \$5/class. 588-8889; southpalmbeach.com

JANUARY 5-11

Sunday - 1/5 - Childbirth Express: A Day Full of Fun & Learning at Bethesda Memorial Hospital, 2815 S Seacrest Blvd, Boynton Beach. Held again 1/17. 10 am-5 pm. \$50/couple. Registration: 369-2229; publicrelations@BHInc.org

1/5 - Yoga in the Park (Gazebo) Class at Veterans Park, 802 NE 1st St, Delray Beach. All ages. Every Sun 10-11 am. Per class: \$10/resident; \$11/non-resident. 243-7350; mydelraybeach.com

1/5 - CODA (Codependents Anonymous) at Unity of Delray Beach, 101 NW 22nd St. Sun 6 pm. Free. 276-5796; unityofdelraybeach.org

1/5 - Yoga at the Beach at Red Reef Park East, 1400 N Ocean Blvd, Boca Raton. Register/get parking pass at Community Center, 150 Crawford Blvd. No cash accepted on-site. Sun 4:30 pm. \$10/class; 60-day membership (unlimited classes) \$65/resident, \$81.25/non-resident. 393-7807; myboca.us

Monday - 1/6 - Circuit Training at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Workout targets multiple muscle groups. M/T/Th 8:30-9:20 am or

9:30-10:20 am. 1 class \$12-\$15; 4 classes \$40-\$50; 8 classes \$70-\$88; 12 classes \$100-\$125; 15 classes \$125-\$156. 306-6985; fitmomboca@aol.com

1/6 - Bereavement Support Group at Temple Beth El of Boca Raton, 333 SW 4th Ave. Every M 7 pm. Free. 391-8900; tbeboca.org

1/6 - Life Issues: A Support Group for Adults at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. W 6-7:30 pm; M 10-11:30 am. \$5/session. 483-5300; faulkcenterforcounseling.org

1/6 - Chair Yoga at First Presbyterian Church Boynton Beach, 235 SW 6th Ave. M 2:30 pm; W 4:30 pm. \$8. 732-3774; fpcboynton.com

1/6 - Traditional Yoga at First Presbyterian Church Boynton Beach, 235 SW 6th Ave. M/W 6:15 pm. \$8. 732-3774; fpcboynton.com

1/6 - Boca Raton Multiple Myeloma Support Group at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Meet, interact w/fellow myeloma patients, their family members, friends. Learn new aspects of treatment/management. 1st M 6:30-8 pm. Free. 901-5938; 637-4682; myeloma.org

1/6 - Men's Issues Support Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every M 6:30-8 pm. \$5/session. 483-5300; faulkcenterforcounseling.org

Tuesday - 1/7 - Stretch Class at South Palm Beach Town Hall, 3577 S Ocean Blvd. Every T 9 am & Th 4:30 pm. \$5/class. 588-8889; southpalmbeach.com

1/7 - Women's Issues Support Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every T 10-11:30 am. \$5/session. 483-5300; faulkcenterforcounseling.org

1/7 - Breastfeeding Support Group at Boca Raton Regional Hospital, 800 Meadows Rd. Every T noon-1:30 pm. Free. 955-5415; brhh.com

1/7 - Zumba Gold at Veterans Park, 802 NE 1st St, Delray Beach. Age 50+. Th/F 9:30-10:30 am, T 3-4 pm. Per class \$5/resident; \$6/nonresident. 243-7350; mydelraybeach.com

1/7 - Zumba at Pompey Park, 1101 NW 2nd St, Delray Beach. Adults. Every T 6-7 pm. \$50/12 classes. 243-7356; mydelraybeach.com

1/7 - LGBTQ+ Support Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Joint program w/Ruth & Norman Rales Jewish Family Services. Separate groups held simultaneously: Adults, Friends & Family. Every T 6-7 pm. Free. Register: 483-5300 x116; faulkcenterforcounseling.org

1/7 - Tai Chi Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Moving meditation for focus, release of stress. Every T Beginners 5:30-6:30 pm; Intermediate 6-7 pm; Advanced 6:30-7:30 pm. 8 classes \$48/resident, \$60/non-resident; 12 classes \$66/resident, \$82/non-resident. 393-7807; myboca.us

1/7 - Al-Anon 12-Step Study at Unity of Delray Beach, 101 NW 22nd St. Every T 7 pm. Free. 276-5796; unityofdelraybeach.org

Wednesday - 1/8 - Tai Chi Class at South Palm Beach Town Hall, 3577 S Ocean Blvd. Every W 9-10 am. \$5/class. 588-8889; southpalmbeach.com

1/8 - Yoga Class at Veterans Park, 802 NE

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1st St, Delray Beach. Age 18 & up. Every W 9-10:30 am. Per class \$10/resident; \$15/non-resident. 243-7350; mydelraybeach.com

1/8 - AI-Anon for Family & Friends at St. Lucy Catholic Church Parish Center, 3510 S Ocean Blvd, Highland Beach. Every W 10:30 am-11:30 am. Free. 278-1280; stlucycommunity.com

1/8 - Moving Forward for Widows & Widowers: Support and Discussion Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every W 1-2:30 pm. \$5/session. 483-5300; faulkcenterforcounseling.org

1/8 - Japanese Karate Shito Ryu at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Physical exercise, mental discipline based on Japanese Martial Arts style. Adults. Every W/F 6-7 pm. Monthly \$120/resident, \$150/non-resident; \$35/gi. 367-7035; myboca.us

1/8 - Divorced and Separated Support Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every W 6-7:30 pm. \$5/session. 483-5300; faulkcenterforcounseling.org

1/8 - Family and Friends at Boca Raton Regional Hospital, 800 Meadows Rd. Basics of infant, child and adult CPR, relief of choking. Held again 1/15, 22 & 25 (9-11 am). 6-8 pm. \$25. Registration: 955-4468; brrh.com

1/8 - AA Meeting at Unity of Delray Beach, 101 NW 22nd St. Every W 7:30 pm LGBTQ; 8 pm Men's meeting. Free. 276-5796; unityofdelraybeach.org

Friday - 1/10 - Zumba Gold Class at South Palm Beach Town Hall, 3577 S Ocean Blvd. Every F 10-11 am. \$5/class. 588-8889; southpalmbeach.com

1/10 - AA Men's Group at St. Lucy Catholic Church Parish Center, 3510 S Ocean Blvd, Highland Beach. Every F noon-1 pm. Free. 278-1280; stlucycommunity.com

1/10 - Breastfeeding Support Group at Boca Raton Regional Hospital, 800 Meadows Rd. Every F 1-3:30 pm. Free. 955-5415; brrh.com

1/10 - Open AA Meeting at Unity of Delray Beach, 101 NW 22nd St. Every F 7:30 pm. Free. 276-5796; unityofdelraybeach.org

Saturday - 1/11 - One-Day Childbirth Preparation Class at Boca Raton Regional Hospital, 800 Meadows Rd. Prepares couples for the birth of their first child: discuss birthing options, practice birthing skills. 9 am-4 pm. \$125/couple. Register: 955-4468; brrh.com

1/11 - Yoga re-stART at Arts Warehouse, 313 NE 3rd St, Delray Beach. Age 16+. 10:30-11:30 am. \$15. 330-9614; artswarehouse.org

1/11 - Safe Baby: Prepare, Prevent & Respond Prenatal Class at Bethesda Memorial Hospital, 2815 S Seacrest Blvd, Boynton Beach. What to do in the event of an emergency. Held again 6 pm 1/27 & 2 pm 2/1. 2-4:30 pm. \$10/couple. Registration: 369-2229; publicrelations@BHIInc.org

JANUARY 12-18

Sunday - 1/12 - LAMAZE Birth Class: A Day of Fun & Learning at Bethesda Hospital East, 2815 S Seacrest Blvd, Boynton Beach. Wear comfortable clothing, bring a yoga mat or beach towel. 10 am-6 pm. \$50/couple. Registration: 369-2229; bethesdaweb.com

1/12 - Practicing the Power of Presence: An Experiential Mindfulness Workshop with Dr. Dennis Merritt Jones at Unity of Delray Beach, 101 NW 22nd St. 12:30-3 pm. Free/free-will offering. 276-5796; unityofdelraybeach.org

Monday - 1/13 - Surgical Weight Loss: The Next Step to a Healthier You at Bethesda Heart Hospital, 2815 S Seacrest Blvd, Boynton Beach. 2nd M 5:30 pm. Free. 853-1600; publicrelations@bhinc.org

Tuesday - 1/14 - 7th Annual Palm Beach Bipolar Medical Briefing Luncheon at The Breakers, 1 S County Rd, Palm Beach. Benefits The Ryan Licht Sang Bipolar Foundation. Panelists Margaret Trudeau & Dr. Andrew Nierenberg. 11:30 am-1:30 pm. \$550. 888-944-4408; questforthebest.org

Wednesday - 1/15 - Online Living: Health Research at Delray Beach Public

Library, 100 W Atlantic Ave. Adults. 10:30 am-noon. Free. 266-0196; delraylibrary.org

1/15 - Stroll for Well-Being: Garden Walks workshop at The Morikami Museum and Japanese Gardens, 4000 Morikami Park Rd, Delray Beach. Visit as often as you wish over a 3-month period. Specially developed journal used as a guide, a means to record personal thoughts through 12 themed garden strolls. Class dates W 1/15, 2/19 & 3/18 (am group), 3/25 (pm group); Sat 1/18, 2/22 & 3/21 (am group), 3/28 (pm group). 11 am-12:30 pm or 1:30-3 pm. Registration required/free to qualified applicants: 495-0233; morikami.org

1/15 - Updates in Endocrine Surgery: Understanding Thyroid and Parathyroid Disease at Lantana Road Branch Library, 4020 Lantana Rd. Presented by Jessica L. Buicko, M.D., part of Bethesda Health's Ask the Physician Lecture Series. 2 pm. Free. 304-4500; publicrelations@BHIInc.org

1/15 - Breastfeeding: Health Benefits for Mom and Baby at Bethesda Heart Hospital, 2815 S Seacrest Blvd, Boynton Beach. Expectant parents learn about benefits of breastfeeding. 6-8:30 pm. Free. 369-2229; publicrelations@bhinc.org

Thursday - 1/16 - Project C4OPE: A Forum Series for Families in the Opioid Crisis at Pompey Park Community Center, 1101 NW 2nd St, Delray Beach. Presented by Hanley Foundation, Project COPE (Connect for Overdose Prevention and Education) designed to connect people in our community who share the experience of a loved one who has died of opioid overdose, survived an overdose, or are at high risk for overdose. 3rd Th 6:30-8:30 pm. Free. 268-2357; hanleyfoundation.org/project-c4ope

JANUARY 19-25

Tuesday - 1/21 - Baby Care Basics: Newborn Care and Comfort at Bethesda Memorial Hospital, 2815 S Seacrest Blvd, Boynton Beach. Diapering, feeding, bathing, soothing baby. Held again 5:30 pm 1/28. 6-8:30 pm. \$10/couple. Registration: 369-2229; publicrelations@BHIInc.org

Wednesday - 1/22 - Healthy Aging: Boosting the Immune System at Bethesda Heart Hospital Clayton Conference Center, 2815 S Seacrest Blvd, Boynton Beach. Presented by Dipnarine Maharaj, M.D., Hematology/Oncology; part of Ask the Physician Lecture Series. 3 pm. Free. 731-2273; publicrelations@BHIInc.org

Thursday - 1/23 - Staying Sharp with Barbara Klau at Delray Beach Public Library, 100 W Atlantic Ave. Part of Lifelong Learning Institute. Every Th through 2/13 2-3:30 pm. \$60. 266-9490; delraylibrary.org/lifelong-learning-institute

Saturday - 1/25 - Tranquility Yoga with Chamber Ensemble at Kravis Center Rinker Playhouse, 701 Okeechobee Blvd, West Palm Beach. 60-minute yoga practice accompanied by a live chamber orchestra. Bring a yoga mat. 11 am, 2 pm, 4 pm & 6 pm. \$25. 832-7469; kravis.org

JAN 26-FEB 1

Tuesday - 1/28 - Alternatives for Painful Orthopedic Conditions at West Boynton Branch Library, 9451 S Jog Rd. Presented by Jeffrey S. Rosenfield, M.D., Orthopedic Surgeon; part of Bethesda Health's Ask the Physician Lecture Series. 3 pm. Free. 734-5556; publicrelations@BHIInc.org

Friday - 1/31 - Wellness Screening Expo at South County Civic Center, 16700 Jog Rd, Delray Beach. Presented by Delray Medical Center and Alliance of Delray. Complimentary screenings; flu, shingles, pneumonia, tetanus shots (cost determined by insurance); heart health screening & blood work (appointments required, fasting necessary); health information/literature; ask the doctor/pharmacist; unwanted prescription drug drop, more. 8 am-noon. Free admission. Appointment: 855-828-7601; information: allianceofdelray.com

1/31 - 2020 Brain Bowl Luncheon: Caregiving through the Ages at Boca West Country Club, 20583 Boca West Dr. Benefits Louis & Anne Green Memory and Wellness Center, Alzheimer's Association, Alzheimer's Community Care. Luncheon, fashion show. 11 am-1 pm. Call for tickets/info: 847-736-3393; brainbowlvents.org

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Paws Up for Pets

Musician's collection aims to calm sound-phobic dogs

Now ear this! We people possess many abilities. But paws down, our dogs win the hearing contest.

Yep, the only member of your household who can detect and respond to your whispers in a room on the opposite end of your house is your dog. (I'm betting your cat can hear those subtle sounds, too, but chooses to stay napping on a comfy spot.)

Dogs can pick up sounds at higher and lower frequencies than we can. On average, there are about 12 muscles per canine ear that can be tilted, turned, raised or lowered to zero in on sounds at greater distance than human ears.

But this heightened sense comes with a price. Some dogs turn into panic puddles at the sound of fireworks, truck backfires, thunder, alarms, people yelling and even the whirl of vacuums across living room rugs.

South Florida is no stranger to storms and other irritating or frightening sounds.

"I equate thunderstorms to a phobia stew, as affected dogs hear the loud wind noise, see large trees bending over and feel changes in static barometric pressure," says Nicholas Dodman, professor emeritus of veterinary behavior at Tufts University's Cummings School of Veterinary Medicine in North Grafton, Massachusetts, and the founder of the Center for Canine Behavior Studies.

Dodman estimates close to 50% of dogs exhibit some signs of fear and anxiety to sounds, sights and situations, but there is no study that pins down the percentage of dogs with sound fears.

Perceived frightening sounds can cause some dogs to act clingy, quiver, drool, bark excessively, shed excessively, pant heavily, hide in a closet and risk injury trying to bolt through a door or window.

Unaddressed, the fear of specific sounds can escalate to a phobia — an exaggerated, irrational response that can emotionally and physically affect a dog. Some scared dogs suffer from inflammatory bowel disease or weakened immune systems and may display unwanted behavior, such as fear biting or destructiveness.

Michael Tyrrell, of Wellington, is on a mission to aid sound-phobic dogs. This Grammy award winner and minister has created Wholetones, music designed to use specific tonal frequencies to unleash calm in people and now, pets.



Photo provided

"Music is the soundtrack of every life, including people and animals," says Tyrrell. "Why, our limbic system is tied to music. At specific frequencies, Wholetones works for all living things."

He knows firsthand. His dog, Zivah, a mixed breed rescued from a shelter in the Bahamas, would pace, drool and look for a safe place to hide at the first sounds of thunder or fireworks. Then Tyrrell left music he created on Wholetones playing and Zivah calmed down and curled up on the bed with Tyrrell and his wife, Lillian, while the storm raged on.

Tyrrell launched Wholetones for people in 2014. The product line now includes CD and plug-in device versions specifically for dogs and cats. The pet device contains more than 52 minutes of specifically composed, original music infused at the exact frequency of 396 hertz. Hertz (Hz) is a measure of sound frequency or cycles per second.

The collection of songs is derived from music by Tyrrell. It can be played at even low volumes to be effective and may benefit dogs with separation anxiety and hyperactivity, Tyrrell says.

Stacey Gelkopf, who owns Jake's Pet Supply in Lake Worth with her husband, Harry, has readily stocked the pet versions

of Wholetones in their store.

"We get a lot of requests from customers looking for products that can calm their pets from fireworks, thunderstorms and other noises," says Gelkopf. "Music seems to really help dogs without the worry of any side effects that may occur in giving over-the-counter medications or holistic remedies. You simply turn on music and if it works, great, and if not, the music won't hurt the dog."

Tyrrell has donated about \$20,000 in products to those serving in the military who are dealing with post-traumatic stress disorder as well as to animal shelters.

"Most great inventions come from subtraction," says Tyrrell. "I realize how music is tuned and how it affects us on a cellular level — and that includes our fur babies. I am trying to do my part to give our pets a fighting chance to live an optimal life."



Arden Moore, founder of fourleggedlife.com, is an animal behavior expert and host of the Oh Behave! show on petliferadio.com. Learn more at www.ardenmoore.com.

Other methods worth considering

Here is a rundown of some other options to consider to calm down your scared or anxious dog:

- Anti-anxiety vests or antistatic jackets may help a dog feel less anxious or frightened.
- Sprays and diffusers that emit dog-appeasing pheromones. Consult your veterinarian about selecting the best commercial product for your stressed-out dog.
- Calming herbs and supplements, such as chamomile, valerian and lemon balm. Work with your veterinarian in advance to avoid accidentally giving a toxic dose to your dog.
- Essential oils in tinctures and administered by a dropper. Recognize that all essential oils are not the same and vary in efficacy by manufacturer. Check with a holistic veterinarian first.
- Training and behavior modification from professional dog trainers using positive reinforcement techniques may help lessen fear in some dogs.
- White noise to help block out the source of the fear-causing sound.
- Zylkene is a supplement that contains casein, a milk protein. It can be given before a known fear trigger, such as an approaching thunderstorm.
- An anti-anxiety medication such as trazodone, Xanax or Prozac may be prescribed by your veterinarian to help your dog stay calm.

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Pet Pictures with Santa
Town Hall, Ocean Ridge — Dec. 9



The Ocean Ridge Garden Club, starting what it plans to make an annual event, arranged pet pictures with Santa. **ABOVE:** Dozens of Ocean Ridge residents took advantage of the event, including Sallie Howell with her pooch, Fishbone. **RIGHT:** Between sitting for photos, Roger Latham, from Lake Worth, waved to passing motorists and promoted the sale of holiday poinsettias. **Photos by Jerry Lower/The Coastal Star**



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On the Water



Depending on wind and wave conditions, the 1-foot-square red and white diver-down flags can be hard to see. Willie Howard/The Coastal Star

Industry pushes to improve on old diver-down markers

Most dive flags towed through the water by snorkelers and scuba divers meet Florida's minimum requirement for divers to identify themselves in the water.

State law requires dive flags used in the water to be at least a 1-foot square, red with a white diagonal stripe. Most are mounted on floats and have lead weights at the base to hold them upright.

Although foot-square dive flags are legal (dive flags on boats must be larger, at least 20 by 24 inches), a dive industry veteran says they don't do enough to protect divers in the water.

"The flag is simply antiquated," says Robert Carmichael, CEO of Brownie's Marine Group in Pompano Beach, whose company took advantage of a 2014 change in state law to develop a larger, inflatable diver-down warning device with a water ballast — called the 3D Buoy.

Carmichael, whose friend lost both legs to a boat while



Alternatives to the standard diver down include: **LEFT:** Brownie's Marine Group's inflatable 3D Buoy has a large base and dive flags visible on three sides.

CENTER: A small inflatable dive tube gives a higher profile above the water. It's easy to use when a diver surfaces.

RIGHT: Larger dive flags on floats are ready to use at Boynton Harbor Marina. Photos by Willie Howard/The Coastal Star

diving in 1992, said dive flags can be difficult to see, especially when the boat is headed into the wind and the operator is looking at the edge of the flag rather than the full outstretched surface.

Carmichael says more visible diver-down warning



devices such as his, which displays three, 12-by-12-inch diver-down symbols, should be mandated by a generic state law that would open the playing field for dive equipment companies to develop warning devices that perform better than flags.



The 2014 change in state law (FS 327.331) allowed divers to use diver-down buoys in addition to flags. The buoy is defined as a buoyant device that displays the red-and-white diver-down sign on three or four sides.

But Carmichael says divers have been reluctant to pay \$90 for his buoy versus \$30 to \$45 for a float-mounted dive flag.

"We need legislative guidance on this," he said. "Safety doesn't sell."

The effectiveness of dive flags was called into question again on Thanksgiving Day, when 25-year-old marine biologist Carter Viss was hit by a boat while snorkeling off The Breakers hotel in Palm Beach. The impact severed his arm.

It likely will be months before the full report on the Viss accident is complete, but preliminary reports by the Florida Fish & Wildlife Conservation Commission said the operator of the 33-foot powerboat was slowing down when the boat struck Viss, who was being treated for his injuries in late December.

Unfortunately, boat-versus-diver accidents have happened several times in South Florida waters.

Andrew Harris died after being hit by a boat while snorkeling near Jupiter Inlet in 2014.

Diver Rob Murphy lost both of his legs after a boat ran over him while he was spearfishing off Stuart in 2009.

John Deleonibus was hit by a boat while snorkeling 50 to 75 yards off South Inlet Park in Boca Raton in September 2010. Authorities said the boat never

stopped. Deleonibus suffered a skull fracture, a broken hip and cuts to his head and back from the boat propeller.

Boca Raton Ocean Rescue Chief Clint Tracy said snorkelers are not required to use a dive flag in the guarded swimming area (within 100 feet from the beach).

But Tracy said divers and snorkelers should always be in the habit of using a float/flag or an approved diver-down buoy. "Not only should divers have a flag but should also have a dive buddy and be very alert in listening for the sound of boat propellers," Tracy said.

Snorkelers and divers headed to the popular SS Inchlulva wreck off the south end of Delray Beach must use a float-mounted dive flag or another approved diver-down warning device.

The Delray wreck is outside the guarded area protected by city lifeguards, Delray Beach Ocean Rescue Chief Phil Wotton said.

State law requires boat operators to make "a reasonable effort" to stay 300 feet away from dive flags in the open ocean and 100 feet away in an inlet, river or navigation channel. Boats approaching closer must do so at the slowest possible speed that maintains headway and steering.

But some boaters don't know the law or simply aren't careful, said Mike Leifeste, a dive boat captain who works at Force E dive shop in Boca Raton.

Although most people respect the dive flags, Leifeste said that sometimes he has to sound an air horn, call boat operators on VHF channel 16 or move his boat between the divers and an approaching boat to protect his divers.

His tip for divers: "Always try to make yourself as visible as possible."

FWC tightens limits on spotted sea trout

The Florida Fish & Wildlife Conservation Commission in December approved new limits and management zones for spotted sea trout effective Feb. 1.

In the new Central East zone (Palm Beach through Volusia counties), the daily bag limit for sea trout will drop from four to two fish.

The slot size for sea trout also shrank by an inch. Under the new rules, sea trout must be between 15 and 19 inches in

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Outdoors Calendar

Note: Events are current as of 12/27. Please check with organizers for any changes.

JANUARY 4

Saturday - 1/4 - Sand Sifters Beach Clean Up at Oceanfront Park, 6415 N Ocean Blvd, Ocean Ridge. Meet at pavilion in lower parking lot. Bring water, hat, sunscreen. Bags, gloves, grabbers provided. 8-11:30 am. Free. jefflev02@gmail.com
1/4 - A Walk in the Hammock at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Free guided nature walk through the hammock & along the mangroves by the Intracoastal. All ages; children must be accompanied by an adult. Held again 2/1 10 am. Free. 544-8605; gumbolimbo.org
1/4 - Coral Reef Shark & Alligator Feedings at Sandoway Discovery Center, 142 S Ocean Blvd, Delray Beach. Shark T-Sat 10:30 am, Sun 1:30 pm; Alligator W/Sat 1 pm. Free w/\$6 admission. 274-7263; sandowayhouse.org

JANUARY 5-11

Sunday - 1/5 - The Art of Nature at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Variety of artistic methods to view/appreciate nature. Make ephemeral art, learn to take thoughtful nature photos, capture the beauty of nature on canvas. Age 8+; children must

sign-up & participate w/an adult. 10-11 am. \$5/member; \$8/non-member. 544-8605; gumbolimbo.org
Tuesday - 1/7 - Audubon Everglades: Florida Audubon EagleWatch Project Manager Shawnlei Breeding at Pine Jog Environmental Education Center, 6301 Summit Blvd, West Palm Beach. 1st T 6:30 pm doors open/light refreshments; 7 pm program. Free. auduboneverglades.org
Wednesday - 1/8 - Lantana Beach Cleanup at 100 N Ocean Blvd. Gloves/bags provided. 2nd W 9-10 am. 585-8664; nshawah@lantana.org
1/8 - Beach Treasures at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Learn about seashells, the animals that make them. Caravan to Red Reef Park, 1400 N State Rd A1A, to search for ocean treasures. All ages; children must be accompanied by an adult. Held again 1/22. 3-4:30 pm. Free. Reservations: 544-8615; gumbolimbo.org
Friday - 1/10 - Wetlands & Wildlife at Wakodahatchee Wetlands, 13026 Jog Rd, Delray Beach. ¾-mile guided boardwalk tour. Bring camera, binoculars. Age 7+; children must be accompanied by an adult. 8:30-10:30 am. Free. Reservations: 544-8615; gumbolimbo.org

JANUARY 12-18

Sunday - 1/12 - Florida Trail Association Bird Walk meets at Wakodahatchee, 13270 Jog Rd, Delray

Beach. 7 am. 596-4423
1/12 - Intracoastal Adventures: Good Night Canoe at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Short talks about South Florida's unique animals/ecosystems. Age 8-adult; children under 18 must be accompanied by an adult. 6-7:30 pm. \$20/member; \$25/non-member. 544-8605; gumbolimbo.org
Tuesday - 1/14 - Eco-Watch Lecture Series: Dr. Kirt Rusenko, Marine Conservationist presented by Gumbo Limbo Nature Center at Boca Raton Public Library, 1501 NW Spanish River Blvd. Age 14 & up; children under age 18 must be accompanied by an adult. 7-8:30 pm. \$5/suggested donation. Reservations: 544-8615; gumbolimbo.org
Thursday - 1/16 - Early Birding with AI at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Learn about native and migratory birds from an experienced birder; walk the Ashley Trail/boardwalk in search of warblers, gnatcatchers, woodpeckers, other avian species. Binoculars recommended. Meet on the nature center front porch. Age 10+; children must be accompanied by an adult. 8-9 am. Free. 544-8605; gumbolimbo.org
Saturday - 1/18 - Intracoastal Adventures: Stand Up Paddle Boarding at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Short talks about South Florida's unique animals/ecosystems. Age 12-adult; children under

18 must be accompanied by an adult. 9-10:30 am. \$20/member; \$25/non-member. 544-8615; gumbolimbo.org

JANUARY 19-25

Sunday - 1/19 - Florida Trail Association Bird Walk at Pondhawk Natural Area, 1501 NW Spanish River Blvd, Boca Raton. Meet at Spanish River Library lot. 7:30 am hike begins. 586-0486
1/19 - Intracoastal Adventures: Kayaking at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Age 6-adult; children under 18 must be accompanied by an adult. 9-11 am. \$20/member; \$25/non-member. 544-8605; gumbolimbo.org
Wednesday - 1/22 - West Palm Beach Fishing Club at 201 5th St. Speaker George Poveromo: Winter Trolling Tactics; Sailfish, Tuna, Wahoo, more. 7 pm. Free. 832-6780; westpalmbeachfishingclub.org

Saturday - 1/25 - Sea Angels Beach Cleanup at Ocean Inlet Park, 6990 N Ocean Blvd, Ocean Ridge. Last Sat 8-10:30 am. 369-5501; seaangels.org
1/25 - Intracoastal Adventures: Canoeing at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Age 6-adult; children under 18 must be accompanied by an adult. 10-11:30 am. \$20/member; \$25/non-member. 544-8605; gumbolimbo.org

JAN 26-FEB 1

Tuesday - 1/28 - Eco-Watch Lecture Series: Gordon Gilbert, Founder of Gumbo Limbo Nature Center presented by Gumbo Limbo Nature Center at Boca Raton Public Library, 1501 NW Spanish River Blvd. Age 14 & up; children under age 18 must be accompanied by an adult. 7-8:30 pm. \$5/suggested donation. Reservations: 544-8615; gumbolimbo.org

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Winter Wahoo

Boynton Harbor Marina, Boynton Beach — Dec. 9



Capt. Chris Agardy of Fish Envy Charters, based at Boynton Harbor Marina, cleans one of two wahoo his clients caught Dec. 9. The wahoo hit bonito belly strips trolled in 250 feet of water off Boynton Inlet. **Willie Howard/The Coastal Star**

total length to be legal to keep. The sea trout season also will be closed during November and December, meaning no recreational harvest will be allowed in the Central East zone during those two months.

Coming events

January: Grouper season closed Jan. 1. The seasonal closure means red, black, gag and several other species of grouper cannot be harvested until the season reopens May 1. For details, visit myfwc.com and select "saltwater fishing" and "recreational regulations."
Jan. 4: Basic boating safety class offered by Coast Guard Auxiliary, 9 a.m. to 5 p.m. in the headquarters building at Spanish River Park, 3939 N. Ocean Blvd., Boca Raton. Fee \$35 (\$5 for youths ages 12-19). Register at the door. Bring lunch. Call 391-3600. Leave a message.
Jan. 8-11: 83rd annual Silver

Sailfish Derby, a sailfish release tournament organized by the West Palm Beach Fishing Club and based at Sailfish Marina in Palm Beach Shores. Captains meeting Jan. 8 at the fishing club. Fishing will be Jan. 9-10, followed by awards dinner Jan. 11. Entry fee \$1,000 per boat for fishing club members, \$1,500 per boat for non-members, plus \$300 late fee that kicked in Dec. 21. 832-6780 or www.westpalmbeachfishingclub.org.
Jan. 17-18: Operation Sailfish release tournament based at Sailfish Marina in Palm Beach Shores. Kickoff party 6-10 p.m. Jan. 15 at Sailfish Marina. Take a hero fishing day Jan. 16. Competition Jan. 17-18. Entry fee \$1,700. 954-725-4010 or www.operationsailfish.com.
Jan. 25: Basic boating safety class offered by Coast Guard Auxiliary, 8 a.m. to 4 p.m. in the classroom building next to the boat ramps, Harvey E.

Oyer Jr. Park, 2010 N. Federal Highway, Boynton Beach. Fee \$20. Register at the door. Call 331-2429.

Tip of the month

If you find a sick, injured or dead sea turtle, call the Florida Fish & Wildlife Conservation Commission's Wildlife Alert Hotline, 888-404-3922. The hotline also can be used to report problems with manatees and other wildlife. Be prepared to give the exact location of the turtle or other animal, to report whether it's alive or dead, to state its approximate size and the closest access point to reach it.



Willie Howard is a freelance writer and licensed boat captain. Reach him at tiowillie@bellsouth.net.

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Secret Garden

In tiny Por La Mar Park, historic buttonwood looms large

Por La Mar Park in Boca Raton is known for its large gnarly and sprawling southern buttonwood tree. In 1992, the tree received the city's historic designation for its "landmark significance as well as its historic association and specimen quality."

The park also recently received an award from the Boca Raton Beautification Committee. "We felt the tree had character and had lived so long that it and the park around it deserved recognition," says Jo-Ann Landon, past president and longtime committee member.

Today, with its horizontally growing trunk and gnarly bark, that buttonwood remains a testament to the artistry of Mother Nature.

It's so picturesque that it is often used as a backdrop for graduation and wedding photos, says Samantha Griffin, a records and customer service specialist for the city who lives nearby.

The sprawling tree is set in a traffic circle defined by three neighborhood streets. "When I drive by and see that park, I take a deep breath and think, I'm home," says Griffin.

A historical photo from the 1920s shows three women lounging under trees in this area that would later become the park.

"It shows us that Boca Raton's pioneers knew about this spot. It was probably a nice place to get some shade away from the beach," says Susan Gillis, curator of the Boca Raton Historical Society and Museum.

Even today visitors are discovering this tiny park's attractions.

James Rosenberg, 27, of Delray Beach and Karen Restrepo, 26, of Fort Lauderdale have ridden their



TOP: The twisted trunks of the buttonwood make a scenic surrounding for a pair of benches. Jerry Lower/The Coastal Star ABOVE: Women lounge among the trees in 1928 when the park area had a small pond. Photo provided by the Boca Raton Historical Society

bikes through the Por La Mar area for over a year.

But only recently did they discover the spreading buttonwood in a ring of strangler figs, sabal palms and some smaller buttonwoods just starting on their growth journey.

The first thing this duo did,

after getting off their bikes in the park, was to gently climb the historic buttonwood that creates a natural jungle gym.

Although this tree looks unique, Dawn Sinka, horticulturist/arborist for the city of Boca Raton, explains that this is a natural growth pattern for this species.

She adds that the buttonwood naturally has a vase shape with drooping foliage. But when the foliage touches the ground, as it does repeatedly in this park, the tree begins to grow upward again.

And of course, the force of wind and storms have influenced how this tree has

grown.

"Certainly, anyone who stumbles across this tree can't help but be impressed," Sinka says.

This .3-acre park and its character tree have been a meeting place for generations of Por La Mar residents, including William Wear, 72.

He lives in the Por La Mar house his grandparents built and where he visited them as a youngster. He remembers the nearby park as a "magnet" for him and his friends, who would climb in the tree.

"Even today, the park is a hidden gem," he says.

Tree tip

In order to have a buttonwood tree that grows straight to the sky on a single trunk, it requires pruning and multiple staking periods, especially during storms. But even when trained to grow straight, the tree has a tendency to lean and droop.

You can see some of these straighter buttonwoods growing along Via Cabana and on Northeast Sixth Drive in Boca Raton between Northeast 32nd Street and Spanish River Boulevard.

Isn't nature amazing?
— Dawn Sinka, horticulturist/arborist for the city of Boca Raton

If You Go

Where: Por La Mar Park is set in a quiet traffic circle created by the coming together of Palm Avenue, Park Drive West and Southeast Olive Way in Boca Raton. It's just west of A1A and south of East Palmetto Park Road. There is no designated parking.

When: Open 8 a.m. to sunset



Deborah S. Hartz-Seeley can be reached at debhartz@att.net.

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Garden Calendar

Note: Events are current as of 12/27. Please check with organizers for any changes.

JANUARY 4

Saturday - 1/4 - Grooming the Garden at Mounts Botanical Garden, 531 N Military Tr, West Palm Beach. Volunteers new to gardening or with a certified green thumb invited to assist weeding/pruning. No RSVP or experience required. Bring sunscreen, hat, gloves, water. 1st Sat 8:30 am. Free/member. 233-1757; mounts.org

JANUARY 5-11

Sunday - 1/5 - The Art of Bonsai at Morikami Japanese Museum and Gardens Oki Education Center, 4000 Morikami Park Rd, Delray Beach. Explore new techniques to artfully train/trim trees. Bring your own tree, pruning tools, bonsai pots, soil, wire as needed. Every Sun through 2/9. Intermediate 9 am-noon; Beginner 1-4 pm. \$45 materials fee (beginners) + \$81/member; \$91/non-member. Reservations: 495-0233; morikami.org

Tuesday - 1/7 - Boca Raton Garden Club at 4281 NW 3rd Ave. Speaker Floridal Design Judge Christine Biscoglia, Wellington Garden Club, demonstrates making beautiful arrangements w/live flowers. 1st T 1 pm. Free. 395-9376; bocaratongardenclub.org

Wednesday - 1/8 - Delray Beach Orchid Society at Veterans Park Recreation Center, 802 NE 1st St, Delray Beach. 2nd W 6:30 pm. Free. 573-2422; delraybeachorchidsociety.com

Thursday - 1/9 - Boca Raton Orchid Society at Safe Schools Institute, 1790 NW Spanish River Blvd. 2nd Th 7:30 pm. Free/member & 1st-time guest. 810-6547; brosonline.org

Saturday - 1/11 - Ribbit The Exhibit: Featuring 23 Fanciful Frogs at Mounts Botanical Garden, 531 N Military Tr, West Palm Beach. Runs through 5/31. 10 am-4 pm. \$15/non-member; \$8/student & RAP member w/ID; \$5/child age 5-12. 233-1757; mounts.org

JANUARY 12-18

Tuesday - 1/14 - Florida Native Plant Society at Mounts Botanical Garden, 531 N Military Tr, West Palm Beach. Our Mission in Action. 7 pm. Free. palmbeach.fnpschapters.org

Thursday - 1/16 - The Evolution of the French Garden from the Renaissance to the Modern Era with Page Knox at The Society of the Four Arts Dixon Education Building, 240 Coconut Row, Palm Beach. 2:30 pm. \$20/non-member. Reservations: 805-8562; fourarts.org

JANUARY 19-25

Wednesday - 1/22-23 - Tropical Adventures: 64th Annual Tropical Short Course sponsored by Florida Federation of Garden Clubs District X at Mounts Botanical Gardens, 531 N Military Tr, West Palm Beach. Outstanding speakers on environmental issues, latest trends in landscape design/horticulture; floral designs, vendors, gift baskets, more. 8:30 am. Registration fee starts at \$40. 635-8809; ffgc.org/

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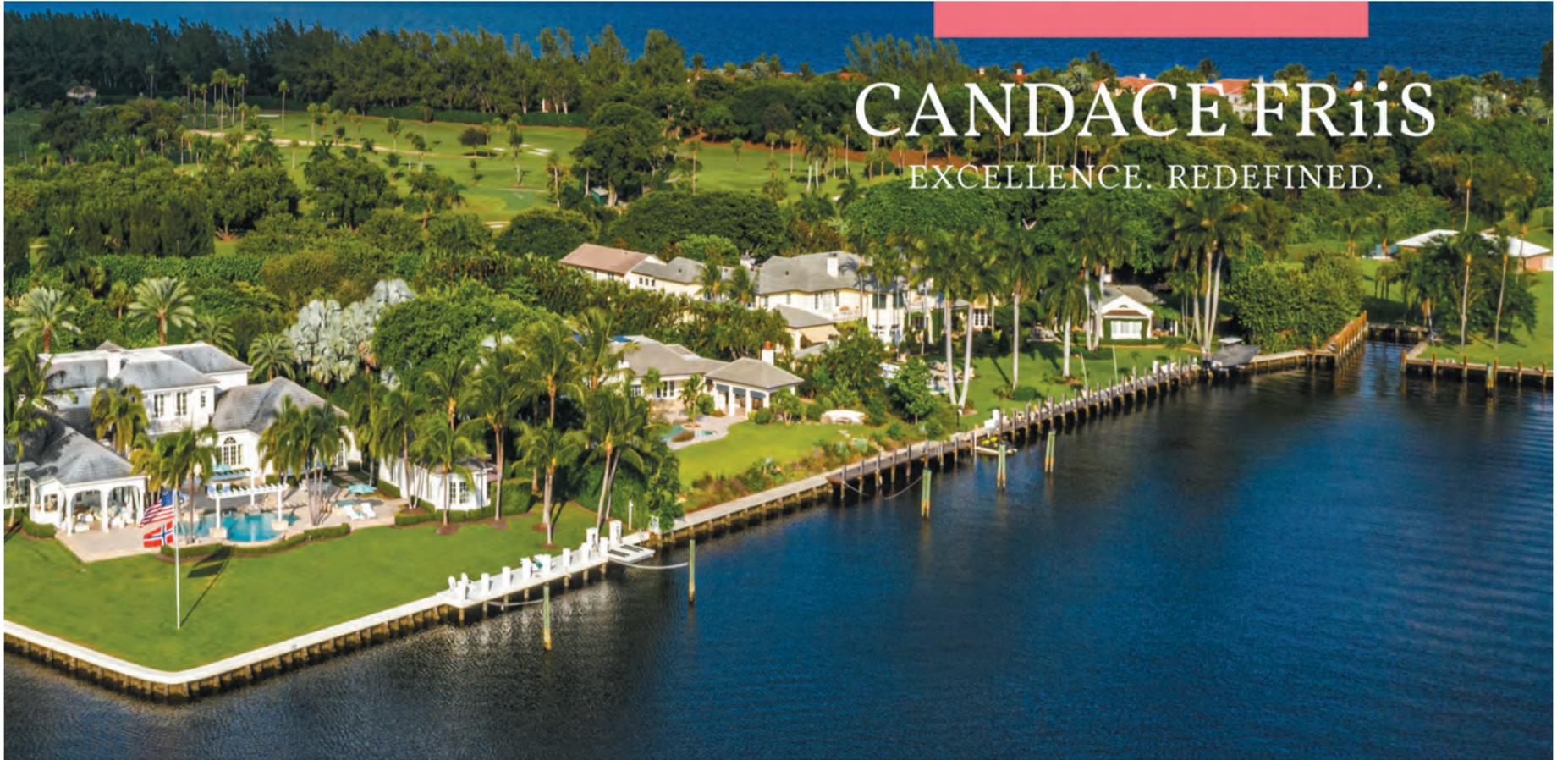


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Finding Faith

Religious leaders offer advice for a happy new year

The year 2020. It rolls off our tongues, the symbol of perfect visual acuity. So, a year with that moniker should be a great year, right?

We asked clergy members how they feel about 2020 and for their best advice for starting the new year on the right foot:

Andy Hagen, pastor for Advent Life Ministries in Boca Raton, said he thought about the idea of the year 2020 and 20/20 vision a few years ago. "That it's supposed to be perfect vision. I tried to imagine what 2020 would be like." Hagen realized the futility of trying to predict the future, knowing God has his own ideas about that, and just kept moving forward.



Hagen

Now he says, "The thing I'm loving as we enter 2020 is people are being more kind and more generous. Saturday I flew to the Bahamas with Bob Stark, a (retired) local businessman who is a pilot and owns his own plane. He wanted to help but didn't know how, so he contacted me. I reached out to the congregation, and we flew 200 backpacks filled with toys donated by our church family to tiny Moore's Island in Stark's twin Cessna. No reindeer required."

More and more, Hagen says

he's being asked to connect people who want to help with people who need help. "I'm a goodwill broker," he said.

Rabbi Ruvi New is the spiritual leader and director of Chabad of East Boca and the editor of Inside Out magazine, which focuses on Jewish thought and philosophy. He says his congregation is excited about the new year because it's also Chabad's 20th anniversary and there's a lot to celebrate.



New

"Now we're the boutique Chabad," New said. An upgraded space to handle the growing congregation and a new façade drawn from the eight entries to the sacred city of Jerusalem give Chabad "an opportunity to up our impact," New says.

"There's a significance to different decades; they should represent a paradigm shift, a time to see things in a new way. It's a new chapter." Ask yourself, New says, if you are merely existing or are you living? Challenging yourself to grow is a sign of life. "The Hebrew term for year is *shana* but the word also means change. Ask 'How am I different than I was last year?' But don't waste time or space worrying about things that will never happen or with your eyes focused on

the rearview mirror. Only cars should have rearview mirrors. Be in the now."

New says that every day you wake up is God's saying, "I need you in the world."

Jane Faysash of the Southern Palm Zen Group (www.floridazen.com) is a Buddhist pupil and teacher, and she facilitates the monthly Interfaith Café in Delray Beach. It's a meeting of people of all faiths who come together to hear expert speakers and discuss spiritual issues.



Faysash

Faysash says one path to a happy future begins with meditation. Most people spend their lives in hyper-drive and can't imagine "doing nothing" for 30 minutes a day, so Faysash says, start small.

"Start by sitting quietly for five minutes every day. Pay attention to what arises." If nothing else, Faysash says, "Meditation will help you know yourself better."

Faysash says one reason people fail to keep their New Year's resolutions is they set goals too high. Mammoth goals lead to frustration and failure. Break them down into manageable pieces, like that adage about eating an elephant: "One bite at a time."

"Do something, just one small thing, toward your goal

every day," Faysash says. "A new year is a chance to start over. Find a community of people with the same intention or goal for support."

Josh Broide, the outreach rabbi at Boca Raton Synagogue and director of the Center for Jewish Engagement at the Jewish Federation of South Palm Beach County, also feels optimistic.



Broide

"I think 2020 will be a year where we can do better as a community. People are grateful and want to do great things, but anything we choose to do should start by taking a good look in the mirror."

Broide is concerned that we're not following the most basic life law: the Golden Rule. "We need more civility in our dealings with one another and we need to be better listeners. We need to stop retaliatory abuse — you hurt me, I'll hurt you — because it spirals out of control. We need to be the bigger person."

Broide is committed to spreading an enthusiastic message: "I can't wait for 2020! I'm hoping it will bring good things."

Rabbi Leibel Stolik of Chabad of South Palm Beach was philosophical: "Building on the concept that 2020 are the numbers that represent perfect



Stolik

visual acuity, if we train our emotional and spiritual vision to be more accepting, generous and empathetic, we are guaranteed a more peaceful and successful year. Recognizing God's hand in the big and small parts of our lives allows us to shake off aggravation and

despair."

Wendy Tobias, associate pastor at St. Joseph's Episcopal Church, says she's approaching 2020 by saying yes. Yes to love, yes to God's presence in her



Tobias

life, yes to community and yes to "creation care," a worldwide ministry that educates, inspires and mobilizes Christians to care for God's creation and be stewards of the planet by fighting pollution.

"The earth is a great gift and we should be caring for it," Tobias said.

Say yes to the community by looking for the helpers, people who are lifting up others, and joining them. "The closer the connection between us, the closer we are to God. And the closer we are to God, the stronger our connection to each other," Tobias said.

Say yes to kindness. "You've heard people ask, 'Do you want to be right or do you want to be happy?' It takes a lot of courage to choose the kinder path."

Tobias says if you look around, you'll see people doing amazing things. It starts with your attitude.

"My mother forbade us from using the word 'hate' in our house. She said there was already enough hate in the world. Start the new year by removing the word 'hate' from your vocabulary and say yes to love."

Janis Fontaine writes about people of faith, their congregations, causes and events. Contact her at janisfontaine@outlook.com.

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Care of the Soul Meditation Workshop:
"Caring for your Soul in 2020" Sat. Jan 11 @ 1 to 3pm
 Gather in the Chapel and stay for lite refreshments after the mediation.

Jan 18th HIGHWAY MEN – Florida's famous roadside artists. All 6 original artists will be showing and selling their paintings. Saturday 10am to 3pm. This is a wonderful opportunity to talk with the artists.

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 Find us on Facebook or www.FPCBoynton.com
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Religion Calendar

Note: Events are current as of 12/27. Please check with organizers for any changes.

JANUARY 4

Saturday - 1/4 - Catholic Grandparents Meeting at Ascension Church, 7250 N Federal Hwy, Boca Raton. 1st Sat 10-11:30 am. Free. 289-2640; diocesepb.org
1/4 - Saturday Shabbat Service at Temple Sinai Palm Beach County, 2475 W Atlantic Ave, Delray Beach. Every Sat 10 am. 276-6161; templesinaipbc.org

JANUARY 5-11

Sunday - 1/5 - Martha Creek: A Message of Empowerment at Unity of Delray Beach, 101 NW 22nd St. 9:25 & 11 am services; 1-3 pm. Free. 276-5796; unityofdelraybeach.org
1/5 - Amahl and the Night Visitors by Opera Fusion at First Presbyterian Church of Delray Beach, 33 Gleason St. 7:30 pm. \$30/adult; \$5/student & child. 276-6338; firstdelray.com

Monday - 1/6 - Legion of Mary at St. Mark Catholic Church Chapel, 643 St Mark Pl, Boynton Beach. Follows 8 am Mass every M. Free. 734-9330; stmarkboynton.com

1/6 - Monday Morning Women's Bible Study at First Presbyterian Church of Delray Beach, 33 Gleason St. Every M 10-11:30 am. Free. 276-6338; firstdelray.com

1/6 - Women's Bible Study at Seacrest Presbyterian Church, 2703 N Swinton Ave, Delray Beach. Every M 10 am. Free. 276-5633; seacrestchurch.com

1/6 - Rosary for Peace at St. Lucy Catholic Church Rectory Office, 3510 S Ocean Blvd, Highland Beach. Every M 5 pm. Free. 278-1280; stlucycommunity.com

1/6 - Rosary for Peace at St Vincent Ferrer Adoration Chapel, 840 George Bush Blvd, Delray Beach. Every M 7 pm. Free. 276-6892; stvincentferrer.com

1/6 - Amahl and the Night Visitors by Opera Fusion at St. Gregory's Episcopal Church, 100 NE Mizner Blvd, Boca Raton. 7:30 pm. \$30. 395-8285; stgregorysepiscopal.org

Tuesday - 1/7 - Lectio Divina (Divine

Prayer) at St Paul's Episcopal Church, 188 S Swinton Ave, Delray Beach. Traditional Benedictine practice of scriptural reading, meditation, prayer. Every T 9-10 am. Free. 276-4541; stpaulsdelray.org

1/7 - Hebrew Reading Crash Course at Chabad of South Palm Beach, 224 S Ocean Blvd, Manalapan. Every T 10-11 am through 1/14. \$50/course fee. RSVP: 889-3499; chabadspb.org

1/7 - Lunch & Learn - Studying Together: Recovering the History and Meaning of Beit Midrash at Temple Beth El Schaefer Family Campus, 333 SW 4th Ave, Boca Raton. Bring lunch, drinks provided. Held again T through 1/28. Noon-1 pm. Free. 391-8900; tbeoca.org

1/7 - St Mark Bible Study at St Mark Catholic Church, 643 St Mark Pl, Boynton Beach. Every T 7-8 pm. Nominal fee. Register: 734-9330; stmarkboynton.com

1/7 - The Torah of Rock and Roll with Rabbi Jeff Salkin at Temple Beth El Schaefer Family Campus, 333 SW 4th Ave, Boca Raton. 7 pm. Free. RSVP: 391-8900; tbeoca.org

Wednesday - 1/8 - Centering Prayer at St. Joseph's Episcopal Church, 3300A S Seacrest Blvd, Boynton Beach. Every W 9:30 am. Free. 732-3060; stjoesweb.org

1/8 - Bible Study at First United Methodist Church, 101 N Seacrest Blvd, Boynton Beach. Every W 11 am. Free. 732-3435; fumcbb.com

1/8 - Wonderful Wednesdays at First Presbyterian Church of Delray Beach, 33 Gleason St. All ages. Every W 5:45 pm dinner; 6:30 pm program. \$7/adult; \$5/child; \$20/ max per family. Reservations: 276-6338; firstdelray.com

1/8 - Rector's Bible Study at St Gregory's Episcopal Church, 100 NE Mizner Blvd, Boca Raton. Every W 6 pm supper (soup/salad, donation requested); 7 pm Bible study (free). 395-8285; stgregorysepiscopal.org

1/8 - The Burning Bowl Ceremony at Unity of Delray Beach, 101 NW 22nd St. 7 pm. Free. 276-5796; unityofdelraybeach.org

1/8 - Insight - At the Bottom of the Pot: When Failure Inspires Fruition at Chabad of East Boca Raton, 120 NE 1st Ave.

New monthly course for women from Rosh Chodesh Society. 7 pm. \$20/per class. RSVP: 394-9770; bocabeachchabad.org

1/8 - The Bishop's Bible Study at St. Mary the Virgin Anglican Church, 101 Homewood Blvd, Delray Beach. Every W 7:15 pm. Free. 265-1960; stmaryanglican.com

Thursday - 1/9 - Prayer Circle at Trinity Lutheran Church Courtyard, 400 N Swinton Ave, Delray Beach. Every Th 8:05 am. 278-1737; trinitydelray.org

1/9 - Men's Fellowship at First Presbyterian Church of Delray Beach, 33 Gleason St. Every Th 8:30 am. Free. 276-6338; firstdelray.com

1/9 - Women's Bible Study Group at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Childcare available. Every Th 9:30 am-noon. Free. 395-1244; fumcocaraton.org

Friday - 1/10 - Women's Bible Study Group at St. Gregory's Episcopal Church Youth House, 266 NE 2nd St, Boca Raton. Every F 9:15 am. Free. 395-8285; stgregorysepiscopal.org

1/10 - Couples' Bible Study Group at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Childcare available. Every F 6-9 pm. Free. 395-1244; fumcocaraton.org

1/10 - Erev Shabbat Service at Temple Sinai Palm Beach County, 2475 W Atlantic Ave, Delray Beach. Every F 7:30 pm. 276-6161; templesinaipbc.org

1/10-11 - Shabbat with Shimona at Chabad of East Boca Raton, 120 NE 1st Ave. Presented by Women of Valor and TGIS.

F 4:50-8:30 pm; Sat 9:30 am-1:15 pm & 7:30-9:15 pm. See website for full schedule/pricing. RSVP: 394-9770; bocabeachchabad.org/TGIS

Saturday - 1/11 - Caring for Your Soul in 2020 at First Presbyterian Church Boynton Beach, 235 SW 6th Ave. Meditation; light refreshments follow. 1-3 pm. Free. 732-3774; fpcboynton.com

JANUARY 12-18

Sunday - 1/12 - A Lecture for Mortals Only with Rabbi Jay Lyons at Chabad of South Palm Beach, 224 S Ocean Blvd, Manalapan. A conversation about Jewish burial practice & fascinating South Florida

option. 7 pm. Free. 889-3499; chabadspb.org

Wednesday - 1/15 - White Stone Ceremony at Unity of Delray Beach, 101 NW 22nd St. 7 pm. Free. 276-5796; unityofdelraybeach.org

1/15 - The Torah of the Vote in the Land of Israel with Dr. Miriam Sanua Dalin and Jim Schiller at Temple Beth El Schaefer Family Campus, 333 SW 4th Ave, Boca Raton. 7 pm. Free. RSVP: 391-8900; tbeoca.org

Thursday - 1/16 - First United Methodist Church of Boca Raton Pub Theology at Barrel of Monks, 1141 S Rogers Circle #5. Conversation, fellowship, open discussion. 3rd Th 7 pm. 395-1244; fumcocaraton.org

1/16 - Interfaith Cafe at South County Civic Center, 16700 Jog Rd, Delray Beach. Does recycling really protect our environment? Light refreshments. 7-9 pm. Free. meetup.com/Interfaith-Cafe

Friday - 1/17 - Parents of St. Gregory's at St. Gregory's Episcopal Church, 100 NE Mizner

Bld, Boca Raton. Potluck dinner, topic discussion (targeted to young parents w/ children age 2-13), group feedback, childcare available. 3rd F 6-8 pm. Free. 395-8285; stgregorysepiscopal.org

JANUARY 19-22

Sunday - 1/19 - Introduction to the 4T Prosperity Program at Unity of Delray Beach, 101 NW 22nd St. Every T 7-9 pm through 4/7 12:30 pm. Free. 276-5796; unityofdelraybeach.org

1/19 - Coffee with the Pastors at First United Methodist Church Boca Raton, 625 Mizner Blvd. Learn about the church, meet the pastors. Held quarterly. 3 pm. Free. Register: 395-1244; fumcocaraton.org
Wednesday - 1/22 - 9th Annual Caritas Dei Bishop's Gala at The Breakers, 1 S County Rd, Palm Beach. Benefits Catholic Charities' programs/ministries. 7-11 pm. \$500/person; \$350/age 40 & under. 775-9567; ccdpb.org

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Religion Notes

New life-size Nativity enriches holiday season at St. Lucy

As cars whizzed by on A1A, about 200 parishioners from St. Lucy Catholic Church in Highland Beach gathered after dark for the big reveal of the new life-size Nativity scene. After Father Brian Horgan blessed the manger scene, someone flipped a switch and the characters came to life, with “oohs” and “aahs” all around.

The 12 full-color fiberglass figures featured the one thing the Nativity team demanded: a removable Jesus. The custom is to leave the manger empty until midnight Christmas Eve, when the baby is placed in the scene.

“We didn’t want one with the baby Jesus bolted to the cradle,” Jeannette Schmitz said.

Schmitz is the church’s director of family ministry and social outreach and was part of the volunteer team assigned to finding a suitable holy family for the knolls in front of St. Lucy. It took almost a year.

Finally, at www.catholicssupply.com for just under \$10,000, the team found the “72-inch Heaven’s Majesty 12 Piece Full Nativity Set — Life Size.” Schmitz said the volunteers took a special collection for the Nativity over the summer, so the church budget didn’t have to kick in a dime. She found out that a Nativity scene “is very important to a lot of people.”

The tableau features Mary and Joseph, the three wise men,



About 200 parishioners gathered last month to dedicate the Nativity scene at St. Lucy Catholic Church in Highland Beach. The figures included a removable Jesus that could be placed in the manger on Christmas Eve. **Jerry Lower/The Coastal Star**

a shepherd carrying a lamb, a sheep, an ox and a donkey, and the angel of the Lord watching over the whole scene. The angel’s wings are gold and almost 7 feet tall. The detail is quite stunning. “We liked the beautiful faces and expressions,” Schmitz said.

After the lighting, parishioners gathered in Fellowship Hall for the annual Feast of St. Lucy, the church’s patron saint. The church served prime rib and snapper and au

gratin potatoes. The lighted display got immediate attention, Schmitz said. “People are stopping to take photos.”

The essence of St. Lucy, whose name means *light*, is light. A light in the world leading the way for Christians today just as the light of the North Star led the wise men to Bethlehem so long ago.

St. Lucy Catholic Church is at 3510 S. Ocean Blvd.

Author to speak at Unity on living better life

Dennis Merritt Jones, author of *The Art of Abundance — Ten Rules for a Prosperous Life*,



Jones

released in 2018, will speak at services at Unity of Delray Beach on Jan. 12. This book and Jones’ two previous books — *The Art of Uncertainty — How to Live in the Mystery of Life and Love It* and *The Art of Being — 101 Ways to Practice Purpose in Your Life* — were recipients of Nautilus Awards (“Better Books for a Better World”). He offers free downloadable study guides for the books on his website.

Jones will speak about *The Art of Uncertainty* at the 9:15 and 11 a.m. services and will present a workshop from 1 to 3:30 p.m. to explore “Practicing the Power of Presence.”

Unity of Delray Beach is at 101 NW 22nd St. Call Unity at 276-5796 or visit www.DennisMerrittJones.com.

Human trafficking expert to speak at St. Lucy

The second annual Human Trafficking Luncheon will be held from 11 a.m. to 1 p.m. Jan. 28 at St. Lucy Catholic Church in Highland Beach.

The keynote speaker is Liza Smoker, an attorney and



Smoker

managing director of the Human Trafficking Academy at St. Thomas School of Law. She graduated from FSU

with degrees in multinational business and real estate and law. Smoker was selected as one of 60 presidential leadership scholars in 2019 for her “leadership growth potential” and “personal leadership projects aimed at improving

civic engagement or social good,” and Place of Hope will honor Smoker with its first Illumination Award.

Proceeds from the luncheon will benefit Place of Hope’s human trafficking prevention and education programs. The programs include screenings of a documentary on human trafficking in South Florida and presentations to community, corporate, civic and religious groups. Experts agree the best weapon against this epidemic is education.

Tickets to the luncheon are \$55. Sponsorships are available.

For tickets or information, visit www.placeofhoperinker.org/humantraffickingluncheon.

Interfaith conference to address bigotry

JAM & ALL is an organization of Jews, Muslims, Christians and people of all other faiths or no faith who come together to discuss important issues.

On Feb. 1 from 9 a.m. to 4 p.m., JAM will host a conference called “Transforming Bigotry and Hate: From Awareness to Action,” led by keynote speaker Arno Michaelis at the Lynn College of Nursing at FAU Boca Raton, 777 Glades Road.

Michaelis used to be a white supremacist, and he will share what drew him to white supremacy and what led to his transformation away from it.

Also part of the conference is “Managing Your Prejudices” by Gail Price-Wise, president of the Florida Center for Cultural Competence.

Tickets, which include a box lunch, are \$25 in advance at www.eventbrite.com. Tickets will be \$30 at the door. The conference is free for FAU students with ID. For more information, call 289-4621 or 251-5336.

For more about JAM & ALL, visit jamandallinterfaith.net.

— Janis Fontaine

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Our Clubs



New color schemes and settings help to create a more open feel in the dining rooms. Photo provided

St. Andrews marks completion of renovations

By Brian Biggane

Nearly 200 people were entertained by the Palm Beach Pipers bagpipe ensemble and a five-piece band as St. Andrews Club of Delray Beach celebrated the completion of its expansive renovation project on Dec. 6.

President Henry Blackiston made a short speech and presided over a ribbon-cutting ceremony before the bagpipe ensemble, respecting the Scottish tradition of St. Andrews, led attendees inside the clubhouse and up the stairs to the refurbished ballroom.

“It was really spectacular,” General Manager Robert Grassi said.

Blackiston presented gifts to members who had been involved in planning for the project, which began in November 2018. Permits were secured in April, construction started in May and the job was completed in late November.

Grassi said the goal of the renovations was to meet members’ requests to bring a “more airy atmosphere” and more of a Florida feel to the facility. “The dining rooms are

yellow, gold and white, and each room has a distinctive color combination with the wallpaper, so they blend nicely,” he said. “The members wanted more casual dining and more bars, so we built a huge bar downstairs and we have more casual space. There’s also a beautiful porch that looks out on the ocean.”

The renovations were more than cosmetic. They included new furniture throughout, improved lighting and an upgraded sound system. Also updated were the software, wiring and phone systems.

“It was a massive renovation because we took everything in need of an update and addressed it,” Grassi said.

The goal going forward is to offer more diversity in the dining area and attract more members by broadening the club’s target market. While the club has typically cut back on activities during summer months, Grassi said the plan now is to be open year-round except for September.

“We’re a family-friendly club,” Grassi declared. “The most family-friendly club on A1A.” ★



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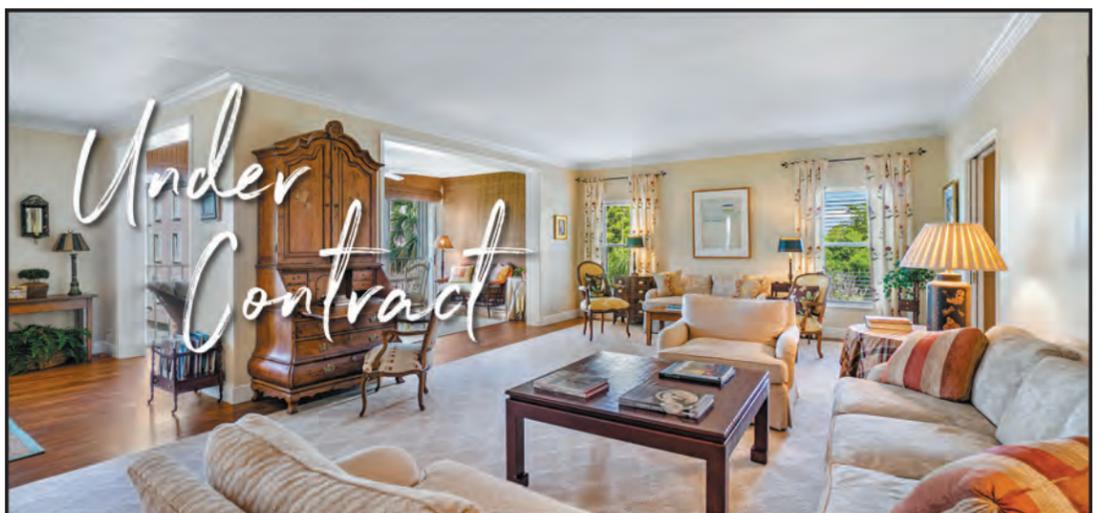
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Tots & Teens

CEO Santa, helpers bring cheer, gifts to kids at Seagate party

By Janis Fontaine

On Dec. 12, as it has every year for the last six years, the Seagate Hotel & Spa in Delray Beach hosted kindergartners and first-graders from the Achievement Centers for Children & Families and the Boys and Girls Clubs of Palm Beach County for a Santa Claus meet-and-greet. The children enjoyed rides on the Seagate Trolley, a party with cookies, crafts and carols with Mrs. Claus, and gift bags stuffed with goodies to take home.

And look at Santa! This was no hired-off-Craigslist figure. E. Anthony Wilson, CEO of Seagate Hospitality Group, played the jolly man and Carie Cody, the hotel's retail manager, was Mrs. Claus.

Wilson left town on Santa's heels, but we reached him by email: "One of my favorite Christmas traditions that I look forward to every year is getting the opportunity to dress up as Santa for an annual holiday children's event. All kids should experience the joy of meeting Santa and I'm honored to be able to provide that experience.

"There's only one thing better than supporting the Achievement Centers and the Boys and Girls Clubs, and that's seeing smiles on the children's faces when they meet Santa face-to-face. It's the little things that make this holiday season so special."

Way to go, Mr. Wilson!

Bahamian Christmas breakfast for kids

Most kids look forward to Christmas with unbridled glee, but for children who lost everything to Hurricane Dorian when it devastated the northern Bahamas in early September, a bountiful Christmas didn't seem possible. But through the efforts of Sandy Collier, who owns



Hey, Sandy PR, and Bethan Whitely, founder of Children's Oasis International, dozens of kids received a happy — and delicious — Christmas.

On Dec. 14, families gathered at the New Disciples Worship Center in Boynton Beach for an authentic Bahamian breakfast. Volunteers served Bahamian favorites outside under tents in perfect South Florida weather. Nothing like the weather that

brought Shanterica Bain and her three kids to Boynton Beach.

Bain says she and her children nearly perished in the storm. As the water rose around them, Bain and her fiancé, John Comet, took their three children (the youngest just 4 months old) plus four nieces and nephews to a shelter in their van. But the doors of the shelter were locked up tight, and the screeching winds and stinging rain

ABOVE: Delray Beach's Seagate Hotel hosted about 20 children who got to meet Santa, his wife and helpers. **LEFT:** In Boynton Beach, a party for displaced Bahamians meant gifts such as new dresses for Zaniah Maycock, 10, and her sister Leah, 3. **Photos provided**

prevented anyone inside from hearing their calls for help.

Cellphone service on Grand Bahama had been out all night, but Bain got through. Comet carried each of the kids, the oldest 14, one by one, to the side door.

The next day, Bain and the kids were evacuated, but Comet stayed behind.

Bain is grateful for the help she and her family have received and says the kids are happy and excelling in school, which is important to her. But she doesn't want to go back to the Bahamas.

She says the experience has been harder, mentally and emotionally, on her than the kids, who have bounced back. But the jovial spirits of the volunteers who served special dishes from home lifted her spirits.

"We cooked all night," Collier said. Dishes included

stewed conch, corned beef, steamed tuna, broiled grouper, chicken souse, yellow and white grits, johnnycake and potato bread. The deep-fryer bubbled nonstop and the pans of deliciousness just kept coming.

Collier got help from the crew from Funky Fritters, including owner Brandon Mervil, and Mini Meals on Wheels founder Christina Dixon Wells. The food was paid for by West Palm Beach attorneys Michael Pike, of the firm Pike & Lustig, and Tayson Gaines.

After breakfast, the kids listened to a Christmas story read by Whitely while the gifts were readied. Then each child was called up personally to receive his or her present. Each actually got two gifts: one to open then and one for Christmas morning.

The one thing that didn't go as planned, Collier said, was "11 children who weren't registered didn't receive anything, but we told them we'd fix that."

For more info, call Hey, Sandy PR at 386-5262 or email heysandypr@gmail.com. For more information about COI, visit www.childrensoasisinternational.com.

Help needed to assemble packages for rescued kids

Volunteers are needed for the Child Rescue Coalition's Blankets and Bear Hugs Community Day, which takes place from 2 to 4 p.m. Jan. 25. Tickets are \$25.

Carly Yoost, founder and CEO of the Boca Raton-based CRC, wrote that since she founded the coalition in 2013, it has been involved in the arrests of thousands of suspects and has helped rescue hundreds of children. The coalition has done it with Child Protection System technology, which tracks predators who are sharing child porn online.

Experts say millions of images are shared and traded online every day. The CRC works with child exploitation investigators, police officers, digital forensic experts, prosecutors and child welfare agencies, and uses corporate and private philanthropy to apprehend and convict abusers and rescue children.

When that happens, child victims can take a bit of comfort from care packages that include a teddy bear and a soft blanket, a coloring book and crayons. Police officers stock their patrol cars just in case.

On Blankets and Bear Hugs Community Day, volunteers of all ages are invited to join law enforcement to assemble teddy bear care packages. The event will include a presentation about the CRC's work and how you can keep your kids safe online. All ages are welcome.

For more information, email events@childrescuecoalition.org or call 208-9000.

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Tots & Teens Calendar

Note: Events are current as of 12/24. Please check with organizers for any changes.

JANUARY 4

Saturday - 1/4 - Sensory Saturdays: Special Exploration Hours at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. For families affected by autism spectrum disorder. No heavy crowds; softened general lighting, decreased noise level/visual stimulation on interactive exhibits wherever possible. 1st Sat 8-10 am. \$8.50/adult; \$7.50/senior; \$6.50/child 3-12; free/member & child under 3. 832-1988; sfscenter.org

1/4 - Sensory-Friendly Saturday at Children's Science Explorium, 300 S Military Tr, Boca Raton. Explore the museum in sensory modified setting with sound/light adjustments. 1st Sat 9-10 am. Free. 347-3912; scienceexplorium.org

1/4 - Drop-In Story Time at Boca Raton Public Library, 400 NW 2nd Ave. Music, stories, fingerplays, action songs. Children all ages accompanied by an adult. Every Sat 10-10:30 am. Free. 393-7968; bocalibrary.org

1/4 - Little Wonders at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Hike, crafts, stories. Age 3-4. Children must be accompanied by an adult. Held again 2/1. 10-11 am. \$5/member; \$8/non-member. Reservations: 544-8615; gumbolimbo.org

1/4 - Drop-in Craft at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. All ages. Every Sat. 10:30-11:30 am. Free w/paid admission. Register: 742-6780; schoolhousemuseum.org

1/4 - The Symphonia - Meet the Orchestra: Speaking in Music at St. Andrew's School Roberts Theater, 3900 Jog Rd, Boca Raton. 10:30 am. \$5/adult; free/child. 376-3848; thesymphonia.org

1/4 - Acro Class at Showtime Performing Arts Theatre, 503 SE Mizner Blvd #73, Boca Raton. Age 3-7. Every Sat 11-11:30 am. \$10. 394-2626; showtimeboca.com

1/4 - Nature Detectives at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. New mystery each month. Age 5-7 w/an adult. Held again 2/1. 11:30 am-12:30 pm. \$5/member; \$8/non-member. Reservations: 544-8615; gumbolimbo.org

1/4 - Singing Starz Group Voice Class at Showtime Performing Arts Theatre, 503 SE Mizner Blvd #73, Boca Raton. Age 4-7. Every Sat 11:30 am-noon. \$10. 394-2626; showtimeboca.com

1/4 - Tiny Toes Ballet/Tap Class at Showtime Performing Arts Theatre, 503 SE Mizner Blvd #73, Boca Raton. Age 3-7. Every Sat 11:30 am-noon. \$10. 394-2626; showtimeboca.com

1/4 - Science Stories at Children's Science Explorium, 300 S Military Tr, Boca Raton. Hear favorite science inspired stories. Age 5+. Every Sat 11:30 am. Free. 347-3912; scienceexplorium.org

1/4 - Kidz Hip Hop Class at Showtime Performing Arts Theatre, 503 SE Mizner Blvd #73, Boca Raton. Age 4-7. Every Sat Noon-12:30 pm. \$10. 394-2626; showtimeboca.com

1/4 - Aquarium Feedings at Sandway Discovery Center, 142 S Ocean Blvd, Delray Beach. All ages. Daily 2:45 pm. \$6 admission/ages 3+. 274-7263; sandwayhouse.org

1/4 - Opossum, Snake, Owl & Alligator Feedings at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Opossum W; Snake Th; Owl F; Alligator Sat. 3:15-3:30 pm. Free. 629-8760; pbcnature.com

1/4 - Frozen Jr. at Showtime Performing Arts Theatre, 503 SE Mizner Blvd, Boca Raton. Every Sat through 1/18 4 pm. \$25.50/adult; \$15.50/student. 394-2626; showtimeboca.com

JANUARY 5-11

Sunday - 1/5 - Aesop's Fables (G) presented by Bright Star Theatre at Willow Theatre at Sugar Sand Park, 300 S Military Tr, Boca Raton. 11 am & 2 pm. \$8/adult; \$6/child 12 & under. 347-3948; willowtheatre.org

Spelling Bee contenders

St. Vincent Ferrer School, Delray Beach — Dec. 5



Forty students competed for two spots to represent the school in the Southeastern Florida Scripps district spelling bee, set for March 10 in Boca Raton. The winner of the district bee will have the opportunity to compete at the regional level. **ABOVE:** (l-r) Seventh-grader Evangeline Price placed second and eighth-grader Olivia Robbins placed first, earning awards from Principal Vikki Delgado. **Photo provided**

Monday - 1/6 - Winter Break Camp

at American Spirit Cheer & Dance, 211 S 3rd St, Lantana. 7:30 am-5:30 pm. \$34/member; \$39/non-member. 557-1099; americanspiritcheer.com

1/6 - One Day Camp: Engineering is Elementary

at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. Age 4-12. 9 am-4 pm. \$45/member; \$50/non-member; before/after care 7:30-9 am & 4-5:30 pm \$10/day. RSVP: 370-7707; sfscenter.org

1/6 - Oh Baby at Delray Beach Public Library, 100 W Atlantic Ave. Pre-literacy class: music, stories, rhymes, lap bounces. Age 3 months to not-yet-walking. Every M 10 am. Free. 266-0197; delraylibrary.org

1/6 - Tales for Tadpoles at Delray Beach Public Library, 100 W Atlantic Ave. Music/movement rhymes. Age walking-24 months. Every M 10:45 am. Free. 266-0197; delraylibrary.org

1/6 - Family Winter Break Activities:

Coloring Club at Boca Raton Public Library, 400 NW 2nd Ave. All ages. Children 8 & under must be accompanied by an adult. 2-4 pm. Free. 393-7968; bocalibrary.org

1/6 - Homework Assistance at Catherine Strong Park, 1500 SW 6th St, Delray Beach. Grades K-12. Every M-F during school year 2-5 pm. Free. 243-7194; mydelraybeach.com

1/6 - Rhythmic Gymnastics: Beginner

2 at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Age 5-6. 3-4 pm. M only 1/6-27 \$80-\$93.75; W only 1/8-29 \$80/

resident, \$93.75/non-resident; M/W 1/6-29 \$130/resident, \$162.50/non-resident. 347-3950; sugarsandpark.org

Tuesday - 1/7 - Mother Nature & Me: Hoppy New Year

at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Exciting nature topics through stories, puppets, games, role play, nature walks, crafts. Age 2-5 w/guardian. 10:30 am. \$4/child. Reservations: 629-8760; pbcnature.com

1/7 - USCA Cheerleading at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Tiny Stars age 4-6. Every T through 1/28 4:30-5:30 pm. \$40/resident; \$50/non-resident. 347-3950; sugarsandpark.org

1/7 - Taylored Athletes Basketball Class at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. High-quality instruction for aspiring young professional athletes. Fundamentals age 5-8. Every Th through 1/28 5:30-6:30 pm. \$95/resident; \$118.75/non-resident. 347-3950; tayloredathletes.com

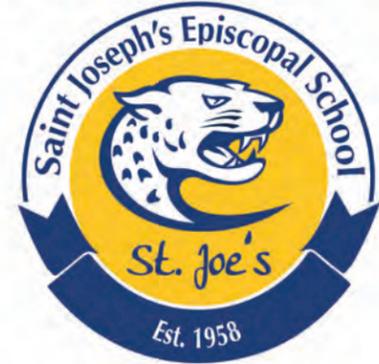
1/7-8 - Sensational Story 'n More at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Children's books come to life through interactive performance, singing, movement, props. Age 2-5. T 10:30 am; W 2 pm. Free w/paid admission. 742-6780; schoolhousemuseum.org

1/7-8 - Explorium Science Squad: Fantastic Fossils

at Children's Science Explorium, 300 S Military Tr, Boca Raton. Kids explore, experiment, try something new every month. T age 5-6 w/parent;

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Santa joins cheer squad

St. John Paul II High School, Boca Raton — Dec. 14



The 10th annual 'It's a Wonderful Run' 5K race drew 440 registered participants ages 4-89. Seventy-eight volunteers prepped hot pancake meals in the cafeteria for the well-conditioned field. **ABOVE:** The school's cheer team added Santa to its lineup at the event. (l-r) Gabriella Jones, Raina Demarest, Maya Maczynsk, Santa, Ashley Fernandez and Hannah Fiore. **Photo provided**

W age 7-9. Both days 4-5 pm. \$10/resident; \$12.50/non-resident. 347-3912; scienceexplorium.org
Wednesday - 1/8 - Tiny Tots Storytime at Sandoway Discovery Center, 142 S Ocean Blvd, Delray Beach. Age 0-4. Every W 11-11:30 am. Free w/\$6 admission. 274-7263; sandowayhouse.org
1/8 - Jr. Shark Biologist at Sandoway Discovery Center, 142 S Ocean Blvd, Delray Beach. Age 5-12. W 3:15 pm. Free w/\$6 admission. 274-7263; sandowayhouse.org
1/8 - Genius Bar: Pre-K Code-a-Pillar at Delray Beach Public Library, 100 W Atlantic Ave. Grades K-8. Every M-F through 12/23. 3:30-5 pm. Free. 266-0197; delraylibrary.org

1/8 - Rhythmic Gymnastics: Intermediate at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Age 7-12. 4-5:30 pm. W only 1/8-29 \$100-\$125; F only 1/10-31 \$100-\$125; W/F 1/8-31, \$160-\$200. 347-3950; sugarsandpark.org

1/8 - Tween Explorers: The Mix at Boca Raton Public Library, 400 NW 2nd Ave. Age 9-12. Held again 1/29. 6:30-7:30 pm. Free. 393-7968; bocalibrary.org
Thursday - 1/9 - Drop-In Story Time at Boca Raton Public Library, 400 NW 2nd Ave. Music, stories, fingerplays, action songs. Children all ages; 8 & younger must be accompanied by an adult. Every Th 10-10:30 am. Free. 393-7968; bocalibrary.org

1/9 - Fun Chefs with Stacy Stolman at The Society of the Four Arts Children's Library, 2 Four Arts Plaza, Palm Beach. 2:30 or 3:30 pm. Free. Reservations: 655-2776; fourarts.org
1/9 - Snap Circuits at Delray Beach Public Library, 100 W Atlantic Ave. Age 7+. 3:30 pm. Free. Registration: 266-0197; delraylibrary.org

1/9-10 - Karate/Martial Arts Classes at Delray Beach Community Center, 50 NW 1st Ave. Karate & blend of other combat martial arts. Age 9 to adult. Every Th/F 6-7 pm. Per month \$10/resident; \$12/non-resident; \$25/one-time uniform fee. 243-7356; mydelraybeach.com
Friday - 1/10 - Animal Encounters at Sandoway Discovery Center, 142 S Ocean Blvd, Delray Beach. Meet one of our resident animals, learn about behaviors/

characteristics w/our naturalist. All ages. Every F 3 pm. Free w/\$6 admission. 274-7263; sandowayhouse.org
1/10 - Rhythmic Gymnastics at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Every F through 1/31. Beginner 1 age 4-5 3-4 pm \$80-\$93.75; Intermediate age 7-12 4-5:30 pm \$100-\$125. 347-3950; sugarsandpark.org

1/10 - Children's Friday Special: The Daniel Show at Boca Raton Public Library, 400 NW 2nd Ave. All ages. Children 8 & under must be accompanied by an adult. 3:30 pm. Free. Registration: 393-7852; bocalibrary.org
Saturday - 1/11 - Expedition: Science Playground at Children's Science Explorium, 300 S Military Tr, Boca Raton. Put on your thinking caps, join us for a closer look at the scientific principles found in our inclusive Science Playground. Age 5+ with parent/guardian. 2nd Sat 9-10 am. Free. 347-3912; scienceexplorium.org

1/11 - smART: Eyes On Art at Boca Raton Museum of Art, 501 Plaza Real. Studio workshops for families/intergenerational groups focus on artistic family fun to learn, create, enjoy visual arts. 10-11 am. \$5/family; free/member. Reservations: 392-2500 x106; bocamuseum.org

1/11 - Early Explorers: Super Sniffers at Palm Beach Zoo, 1301 Summit Blvd, West Palm Beach. Interactive educational experience; up-close animal encounters, stories, games, crafts, visits to animal habitats throughout the Zoo. One adult is required to attend w/each registration. Age 3-4. 10-11:30 am. \$25/member; \$30/non-member (includes all-day admission to zoo). Registration: 547-9453; palmbeachzoo.org

1/11 - Family Saturdays: Make a Splash! Family Art at Cultural Council of Palm Beach County, 601 Lake Ave, Lake Worth. 10-11:30 am. Free. 471-2901; palmbeachculture.com
1/11 - Animal Trivia at Daggerring Nature Center, 11435 Park Access Rd, Boca Raton. Meet live animals up close, play a game to test your knowledge about some of their common animal myths. Age 5+. 10:30 am. \$3/person. Reservations: 629-8760; pbcnature.com

1/11 - Teen Bookbinding Workshop at The Society of The Four Arts King Library, 240 Coconut Row, Palm Beach. Learn

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multiple variations of the pamphlet stitch binding and the Japanese stab binding. Each teen will leave with 2-5 small handmade books. Ages 12-18. All materials provided. 10:30 am. Free. Reservations: 655-2776; fourarts.org

1/11 - Are You Ready for College?: Resume Writing Part II at Delray Beach Public Library, 100 W Atlantic Ave. Monthly college readiness workshop presented by Scholar Career Coaching. Grades 9-12. Every 2nd Sat 2-4 pm. Free. 266-0197; delraylibrary.org

JANUARY 12-18

Sunday - 1/12 - COBRA Minis Baseball at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Age 3-5. Every Sun through 3/8. 10-10:45 am. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org/cobra

Monday - 1/13 - Baby Bookworm at Boca Raton Public Library, 400 NW 2nd Ave. Storytime for infants accompanied by an adult. Age 3 months to walking. Held again 1/27 11-11:30 am. Free. Registration: 393-7852; bocalibrary.org

1/13 - Early Afternoon Explorers: Paleontology at Children's Science Explorium, 300 S Military Tr, Boca Raton. Age 6-9 1-2 pm; age 10-12 2-3 pm. \$10/resident; \$12.50/non-resident. 347-3912; scienceexplorium.org

1/13 - Floral Design with Vickie Denton at The Society of The Four Arts Children's Library, 2 Four Arts Plaza, Palm Beach. Unique floral arrangements. Ages K+. Parent/guardian must remain in the Children's Library the entire program. 3-4 pm. Free. Reservations: 655-2776; fourarts.org

1/13 - Intermediate Coding at Boca Raton Public Library, 400 NW 2nd Ave. Students must have been in a previous Beginning Coding class to enroll. Held again 1/27. Age 7-11: 3:30-4:15 pm; age 12-17: 4:30-5:15 pm. Free. Enrollment: 393-7968; bocalibrary.org

1/13 - My First Book Club for 4-6s at Boca Raton Public Library, 400 NW 2nd Ave. Discuss beginner reader books; do fun activities related to the books. Child attends independently. Held again 1/27 3:30-4 pm. Free. Registration: 393-7968; bocalibrary.org

1/13 - Creative Arts Academy presents The Lion King Jr. Experience at The Delray Beach Playhouse, 950 NW 9th St. Grades 1-9. Classes run through 5/9. M/W 4:30-6:30 pm. \$99/month. 272-1281; delraybeachplayhouse.com

1/13 - #NoFilter Mondays at Boca Raton Public Library, 400 NW 2nd Ave. Bi-weekly discussion about a variety of topics: current events, pop culture, team building, more. Snacks/drinks provided. Grades 8-12. Held again 1/27. 6:30-7:30 pm. Free. 393-7968; bocalibrary.org

Tuesday - 1/14 - A is for Alphabet Art at Delray Beach Public Library, 100 W Atlantic Ave. Music/movement rhymes. Ages 2-4. Held again 1/28. 10 am. Free. 266-0197; delraylibrary.org

1/14 - Toddler Tales at Boca Raton Public Library, 400 NW 2nd Ave. Early literacy class with stories, music, and activities. Age walking to 23 months. Every T 10-11 am. Free. Registration: 393-7852; bocalibrary.org

1/14 - Tots in Tutus with Dance Trends at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Preschoolers ballet. Age 2-5. Every T through 2/18 11:30 am-12:15 pm. 6-week series \$48/member, \$60/non-member; per class \$8/member, \$10/non-member + admission. RSVP: 742-6782;

schoolhousemuseum.org
1/14 - Daggerwing Visits the Library: Owls at West Boca Branch Library, 18685 N State Rd 7. Live animal ambassadors. Age 5+. 3:30 pm. Free. RSVP: 470-1600; pbcnature.com

1/14 - COBRA Minis Basketball at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Age 3-5. Every T through 2/25 3:30-4:15 pm. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org/cobra

1/14 - Teen & Tween Anime Movie Night at Boca Raton Public Library, 400 NW 2nd Ave. Grades 6-12. 6-7:30 pm. Free. 393-7968; bocalibrary.org

Wednesday - 1/15 - Reading & Rhythm for 2-3s at Boca Raton Public Library, 400 NW 2nd Ave. Literacy enrichment class: stories, music, movement. Children must be accompanied by an adult. Every W through 1/29 10-10:30 am. Free. Registration: 393-7968; bocalibrary.org

1/15 - Yoga Fun for Everyone at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. All ages. Every W 10:30-11 am. Free w/paid admission. 742-6780; schoolhousemuseum.org

1/15 - Music with Miss Marcia at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Interactive music class. Age 0-5. Every W through 2/19 11:30 am-12:15 pm & 12:30-1:15 pm. 6-week session \$48/member, \$60/non-member w/paid admission; per class \$12 + admission. 742-6782; schoolhousemuseum.org

1/15 - Lil' Explorers: Super Sensory Messy Play at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Explore, develop important readiness skills. Age 2-5 yrs. Every W 3 pm. Per class \$4/member; \$5/non-member + admission. 742-6780; schoolhousemuseum.org

1/15 - Tween Book Jam at Boca Raton Public Library, 400 NW 2nd Ave. Age 9-12. 6:30-7:30 pm. Free. Registration: 393-7968; bocalibrary.org

Thursday - 1/16 - COBRA Minis Baseball at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Age 3-5. Every Th through 2/27 3:30-4:15 pm. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org/cobra

Friday - 1/17 - Fabulous Fun Friday: Friendship Day! at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Crafts/activities match the theme of the week. All ages. 10:30-11:15 am. \$4/member; \$5/non-member w/paid admission. 742-6780; schoolhousemuseum.org

1/17 - Tumble Tots with First Steps Dance and Tumbling at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Age

2-5 yrs. Every F through 2/21 11:30 am-noon. 6-week session \$40/membe, \$52/non-members w/paid admission; per class \$8/member, \$10/non-member w/paid admission. 742-6780; schoolhousemuseum.org

1/17 - The Art of the Story at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Children create their own art in the style of the featured book. Age 3-7 yrs. Every F through 2/21 3-3:45 pm. Free w/paid admission. 742-6780; schoolhousemuseum.org

1/17 - Friday Night at the Museum at Children's Science Explorium, 300 S Military Tr, Boca Raton. A night out without your parents! Wear comfy clothes, hang out in the Explorium after hours, watch a movie, do a fun experiment. Age 7-12. 6-9:30 pm. \$20/resident; \$25/non-resident. 347-3912; scienceexplorium.org

Saturday - 1/18 - The Pout-Pout Fish at Kravis Center Persson Hall, 701 Okeechobee Blvd, West Palm Beach. Age 3+. 10 am. Tickets \$12. 832-7469; kravis.org

1/18-19 - Science Demonstrations at Children's Science Explorium, 300 S Military Tr, Boca Raton. Hear favorite science-inspired stories. Age 7 & up. 3:30 pm. Free. 347-3912; scienceexplorium.org

JANUARY 19-25

Monday - 1/20 - One Day Camp: Let's Get Digital at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. Age 7-12. 9 am-4 pm. \$55/member; \$60/non-member; before/after care 7:30-9 am/4-5:30 pm \$10/day. RSVP: 370-7707; sfsiencecenter.org

1/20 - Great Escape Day at Children's Science Explorium, 300 S Military Tr, Boca Raton. Experiments, outdoor fun. Age 6-12. 10 am-2 pm. \$25/resident; \$31.25/non-resident. Registration: 347-3912; scienceexplorium.org

Tuesday - 1/21 - Mother Nature & Me: A is for Alligator at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Exciting nature topics through stories, puppets, games, role play, nature walks, crafts. Age 2-5 w/guardian. 10:30 am. \$4/child. Reservations: 629-8760; pbcnature.com

1/21 - Teen Book Club at Boca Raton Public Library, 400 NW 2nd Ave. Age 13-17. 6:30-7:30 pm. Free. 393-7968; bocalibrary.org

Wednesday - 1/22 - Wee "Woke" Ones Story Time at Delray Beach Public Library, 100 W Atlantic Ave. Music/movement rhymes. Age 0-4. 10:45-11:30 am. Free. 266-0197; delraylibrary.org

1/22 - Booktastic Book Club at Boca Raton Public Library, 400 NW 2nd Ave. Free copy of book upon registration. Child attends independently. Age 7-8. 3:30-4:30 pm. Free. Registration: 393-7852; bocalibrary.org

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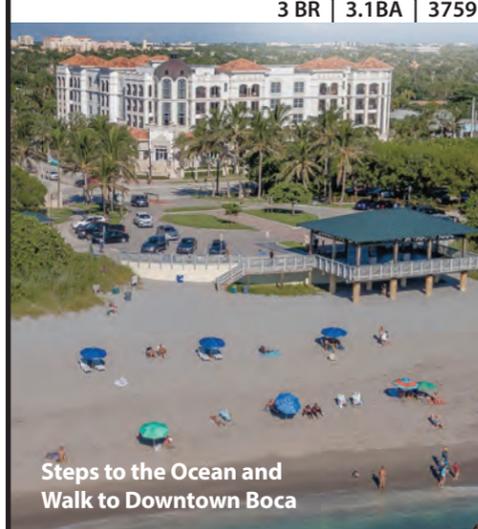
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1/22 - Tween Explorers: Library Lab at Boca Raton Public Library, 400 NW 2nd Ave. Age 9-12. 6:30-7:30 pm. Free. 393-7968; bocalibrary.org

Friday - 1/24 - A Very Silly Vaudeville at Kravis Center Rinker Playhouse, 701 Okeechobee Blvd, West Palm Beach. 7 pm. Tickets \$15. 832-7469; kravis.org

1/24 - Frozen Party at American Spirit Cheer & Dance, 211 S 3rd St, Lantana. 6-8 pm. \$19/member; \$24/non-member. 557-1099; americanspiritcheer.com

1/24 - Eyes to the Skies with professional-grade 16-inch Meade LX Schmidt-Cassegrain telescope at Children's Science Explorium Starlab Planetarium, 300 S Military Tr, Boca Raton. Informal event held in the parking lot weather permitting. Telescope is out for at least one hour after scheduled start time; stars must be visible for telescope to align. Age 8+ (under 18 must be accompanied by an adult). 7 pm. Free. 347-3912; scienceexplorium.org

Saturday - 1/25 - Mouse Trap Car Workshop at South Florida Science Center Stiles-Nicholson STEM Education Center, 4801 Dreher Tr N, West Palm Beach. Interactive, inquiry style demonstrates the construction process of a mousetrap car. Participants make precise metric measurements, use basic tools, follow verbal/written directions to construct a basic, geared mousetrap car to meet specifications shown on a technical drawing of a mousetrap car. Led by Palm Beach County Science Teachers. Each registration includes one kit. Parent should accompany/assist child age 9-13. 9 am-noon. \$20/person. 370-7710; sfsciencecenter.org

1/25 - 1,000 Books Before Kindergarten Challenge Kickoff at Delray Beach Public Library, 100 W Atlantic Ave. Pick up free reading log, book recommendations, information. Games, prizes, crafts, snacks. Age 0-5 & family. 10 am-noon. Free. 266-0798; delraylibrary.org

1/25 - Sharkfest at Sandoway Discovery Center, 142 S Ocean Blvd, Delray Beach. Age 3+. 10 am-3 pm. \$6/person. 274-7263; sandowayhouse.org

1/25 - Intro to Orienteering at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Join a naturalist, learn how to navigate using a map & compass. Practice directional skills on a fun, outside adventure course. Bring a water bottle, sun protection, closed-toed shoes. Age 8+. 10:30 am. \$10. Reservations: 629-8760; pbcnature.com

1/22 - Tween Explorers: Library Lab at Boca Raton Public Library, 400 NW 2nd Ave. Age 9-12. 6:30-7:30 pm. Free. 393-7968; bocalibrary.org

Tuesday - 1/28 - Toddler Time Yoga at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Yoga for preschool children. Bring a yoga mat, wear skid guard socks. Sponsored by Friends of Daggerwing Nature Center. Age 2-5 w/guardian. 10:30 am. \$5/child. Reservations: 629-8760; pbcnature.com

1/28 - GEMS Club: Winter Wonders at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. Empower young girls to explore STEM fields. Girls grades 3-8. High school girls can volunteer to be mentors. 5-7 pm. \$7/advance; \$9/at the door. Registration: 370-7710; sfsciencecenter.org/gem

1/28 - Intermediate Acting Class (Act II) at Lake Worth Playhouse, 713 Lake Ave. Age 10+. Every T through 4/14 (no class 3/24) 5:30-6:30 pm. \$195/session; \$185.50/sibling. 586-6410; lakeworthplayhouse.org

1/28 - Teen & Tween Anime with Morikami at Boca Raton Public Library, 400 NW 2nd Ave. Grades 6-12. 6-7:30 pm. Free. 393-7968; bocalibrary.org

Wednesday - 1/29 - Musical Theatre Voice for Kids Class at Lake Worth Playhouse, 713 Lake Ave. Age 8-15. Every W through 4/15 (no class 3/25) 5-7 pm. \$265/session; \$238.50/sibling. 586-6410; lakeworthplayhouse.org

Thursday - 1/30 - Osmo Adventures at Delray Beach Public Library, 100 W Atlantic Ave. Age 6+. 3:30 pm. Free. 266-0197; delraylibrary.org

1/30 - Create It at Boca Raton Public Library, 400 NW 2nd Ave. Age 13-17. 6:30-7:30 pm. Free. 393-7968; bocalibrary.org

Friday - 1/31 - Fabulous Fun Friday: Hot Chocolate Day! at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Fun w/crafts/activities match the theme of the week. All ages. 10:30-11:15 am. \$4/member; \$5/non-member w/paid admission. 742-6780; schoolhousemuseum.or

1/31 - Winter Wonders Night At The Museum at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. Science crafts, activities, entertainment, exhibits, planetarium shows, a chance to view the night sky. 6-9 pm. \$14.95/adult; \$12.95/senior; \$10.95/child (3-12); \$6/adult member; free/child member & kids under 3. 832-1988; sfsciencecenter.org

Saturday - 2/1 - Don't Let the Pigeon Drive the Bus at Palm Beach State College Duncan Theatre, 4200 Congress Ave, Lake Worth. 11 am. \$15. 868-3309; duncantheatre.org

2/1 - Family Fun: Setsubun at Morikami Japanese Museum and Gardens Classroom A, 4000 Morikami Park Rd, Delray Beach. Held every February; welcomes the arrival of spring, brings good luck for the coming year. Make a felt sushi roll, an ehomaki, traditionally eaten during Setsubun, learn how this holiday is celebrated in Japan. Noon-3 pm. Free w/paid admission. 495-0233; morikami.org

JAN 26-FEB 1

Sunday - 1/26 - The Science of Nature: The Science of Camouflage at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Age 8-adult; children must be accompanied by an adult. 11 am-noon. \$5/member; \$8/non-member. 544-8605; gumbolimbo.org

Monday - 1/27 - Beginning Acting Class at Lake Worth Playhouse, 713 Lake Ave. Age 8+. Every M through 4/13 (no class 3/23) 4:30-5:30 pm. \$195/session; \$185.50/

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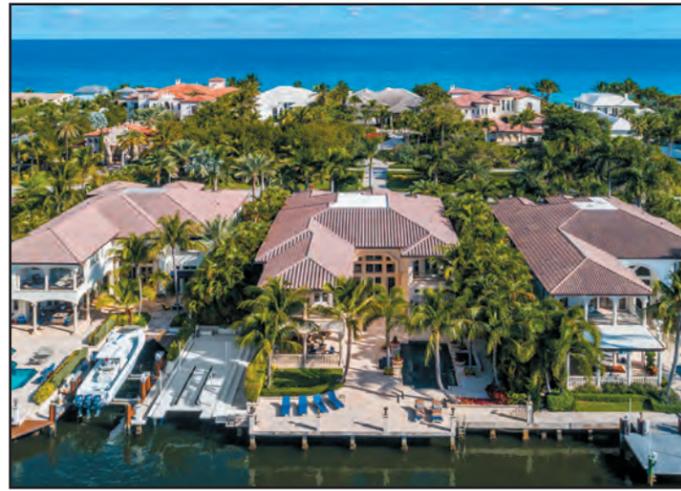
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House of the Month

The covered loggia overlooks the pool and waterway and has a summer kitchen with dining area.



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A heated, scenic saltwater pool with spa is perfectly framed by the spacious terrace overlooking the Intracoastal Waterway and grounds.

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The residence offers five bedrooms, five full and two half baths with more than 11,000 total square feet. Meticulously maintained to include special upgrades and improvements by the owner, this property has impact windows and doors, whole house generator, Control4 technology, elevator, six air-conditioning zones, central vacuum, two large hot water heaters, two gas fireplaces, storage and four-car air-conditioned garage.

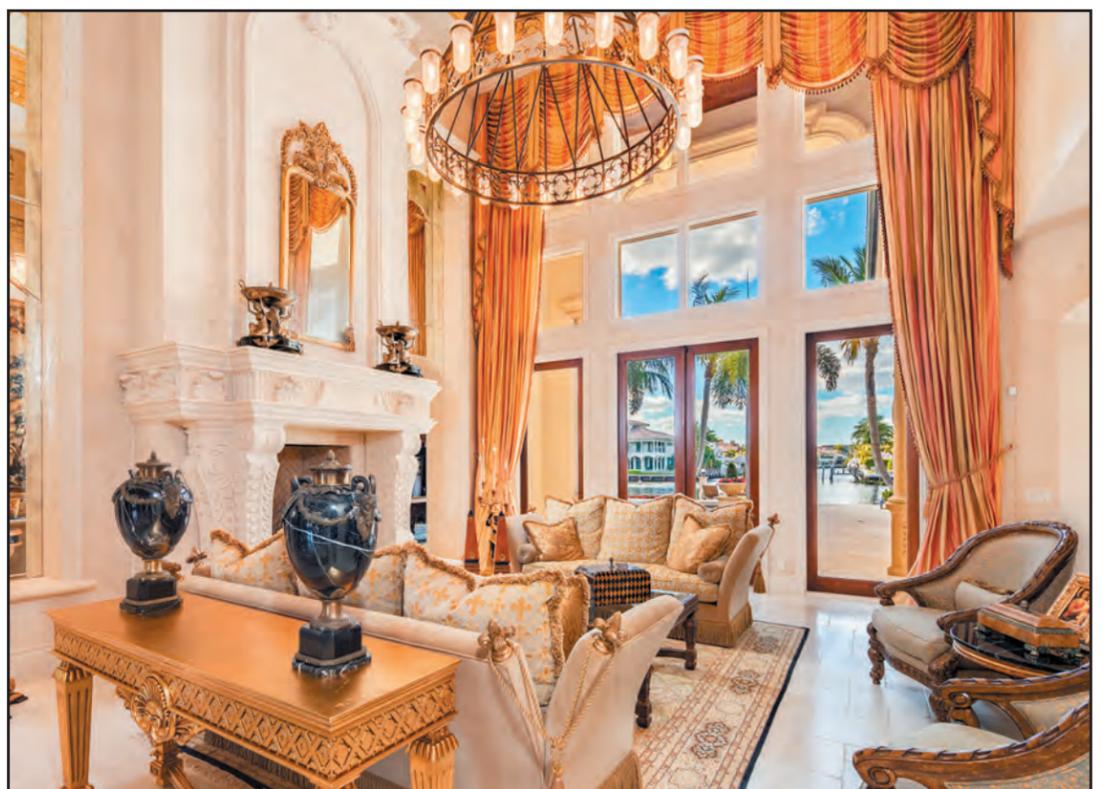


A home theater has a 120-inch screen and hidden projector, stadium seating, custom lights and controls.

The home has a paneled library with a fireplace, a paneled billiards room, a chef's kitchen with butler's pantry, wine cellar, ground floor laundry and substantial storage.

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6 BR | 7.2 BA | 12,460 SF | \$8.295M



CURLEW POINT - YOUR TROPICAL RETREAT
4/5 BR | 5 BA | 3,815 SF | \$4.495M



NEW TO MARKET

CREATE YOUR DREAM WATERFRONT ESTATE
1.27 ACRES | OCEAN TO INTRACOASTAL



UNDER CONTRACT

SUPERIOR NEW CONSTRUCTION
5 BR | 4.1 BA | 6,164 SF | \$3.375M



NEW TO MARKET

MAGNIFICENT WATERFRONT LIVING
4 BR | 4 BA | 4,485 SF | \$2.45M



UNDER CONTRACT

KEY WEST STYLE ISLAND LIVING
4 BR | 3.5 BA | 3,407 SF | \$1.595M



BEACH LIVING BUNGALOW OASIS
3 BR | 2 BA | 2,602 SF | \$929K

Equal Housing Opportunity. All information furnished regarding property for sale or rent or regarding financing is from sources deemed reliable, but Corcoran makes no warranty or representation as to the accuracy thereof. All property information is presented subject to errors, omissions, price changes, change of property conditions, and withdrawal of the property from the market, without notice.

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