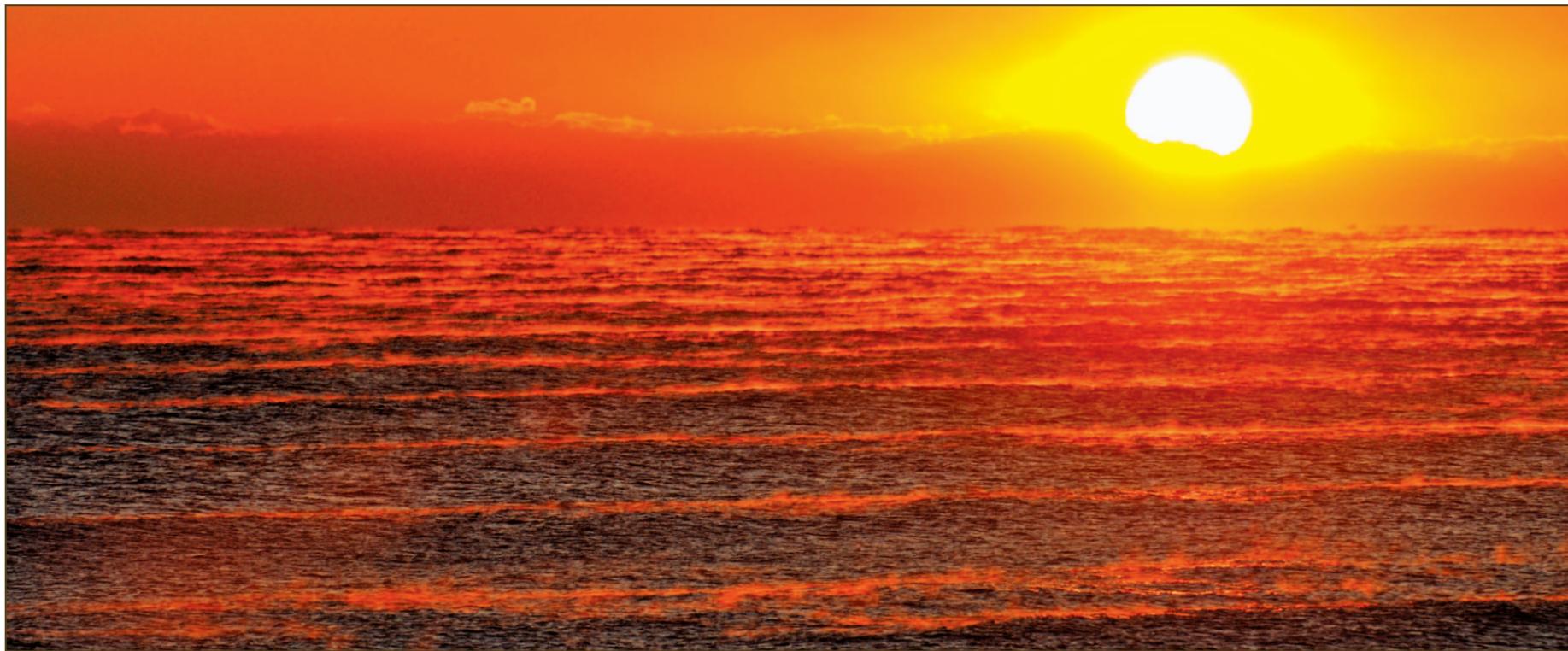


Happy New Year!



Steam rises from the ocean at sunrise during one of the cold days in December, which brought record low temperatures to usher out 2010. Photo by Jerry Lower

Coastal Star

South County's own star-maker

By Scott Simmons

The phone doesn't stop ringing at Flossy Keesely's Highland Beach home.

Brrrrring!
 "Ah, so good to hear from you."
 Brrrrring!
 "Definitely! Plan to be there."
 Brrrrring!
 "Wouldn't miss it."
 Flossy is 96 and has a schedule that would leave women half her age exhausted.

She holds up a calendar. Every day of the month has something penciled in.

Flossy— born April 15, 1914, in Philadelphia — has long been a patron of the arts.

She was on the board for the Centre for the Arts at Mizner Park — the statue on the fountain in front of the amphitheater is Flossy reaching for a star.

And the Boca Raton Rotary See **COASTAL STAR** on page 2



Flossy Keesely lives in Highland Beach with her Yorkie, Schatzie. Photo by Tim Stepien

Along the Coast

Area cities try new ways to attract businesses

By Thomas R. Collins

The website's home page has an aerial shot of the coastline, with turquoise waters washing over the sand and sunbathers dotting the beach.

Delray Beach, says the site recently created by the city's Chamber of Commerce and its Community Redevelopment Agency to attract businesses, sits "at the center of an economic region" but also "boasts a unique downtown where you can walk from home to work, to 50 great restaurants, a pristine beach, art galleries, museums, parks, historic districts and unique shops."

Going by that, you'd think that getting CEOs and business owners to come to South Florida would be, well, pretty easy.

As city leaders and economic development types will tell you, though, it's not. Especially lately, amid a financial gloom where jobs are scarce, competition is stiff and the money for fancy

marketing just isn't plentiful.

Larger cities along the coast are resorting to new tricks to draw businesses — such as that new website, businessdelray.org, in Delray; new streetscape projects in Boca Raton; new grants in Lantana; and partnerships in Boynton Beach.

The stakes are even higher, since residential tax bases have shrunk and more attention is being given to bringing in businesses to boost the tax base.

In Boca Raton, the game changed several years ago. A decade ago, if a business planned to move to South Florida but didn't want to go to Miami, it was a safe bet that it would come to Boca, Mayor Susan Whelchel said.

"I would say that we had very little competition because Boca ... was much more advanced than any of our coastal cities."

Since then, cities to the south and north — including Delray and Boynton — have

See **BUSINESS** on page 3

Obituary

Donald W. Curl, author and historian

By Dianna Smith

BOCA RATON —When someone had a question about Boca Raton history, Donald Curl usually knew the answer.

Mr. Curl's knowledge of the area was so vast that he recorded most of his knowledge in books that will live on forever. Mr. Curl, 75, died in December after a battle with lymphoma, leaving behind his work and a reputation of being the town's prestigious local historian.

Those at the Boca Raton Historical Society



Raton Historical Society. "It made us seem bigger than we were and really set us apart. Boca is just

plan to continue his passion for recording Boca Raton's interesting past and keeping Mr. Curl's memory alive.

"It's really unusual to be such a small town and have a resident historian," said Mary Csar, executive director of the Boca Raton Historical Society. "It made us seem bigger than we were and really set us apart. Boca is just

See **MR. CURL** on page 6

Inside

These snowbirds are nature's garbage crew
 Look! Up in the sky! It's vultures!
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Downward dog for canines
 Pets offer lessons in relaxation.
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Local Daughters with a mission
 D.A.R. chapter aims record, preserve history. Page 10

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COASTAL STAR:

Continued from page 1

Club recently honored her with a lifetime membership for partnering with the group on its Future Stars Performing Arts Competition. Auditions were held Dec. 4 for the competition, scheduled for March 4.

Winners from of that competition go on to perform in Pathway to the Stars, a showcase sponsored by Flossy's Dream Foundation. Last year's show featured singer Doug Crosley, local actress/producer Jan McArt and the Ziegfeld Dancers.

"I have been an entertainer for 50 years," says Crosley, "and I have not met anyone like her."

Rotarians echo that sentiment.

"She is such a joy," says Doug Mummaw, a Boca Raton architect who is chairman of the Future Stars competition. "She's sitting in the director's chair and interacting that way, and [competitors] just love her."

Flossy acknowledges the love.

"This connection with Rotary is a gift from heaven for them and for me," she says.

And Mummaw hints at the future: "We call it the five-year plan. We're going to celebrate her 100th birthday on the stage at Mizner Park."

Mummaw says Flossy's sponsorship, which includes as a prize the videotaping of the winner's performance, is helping the competition to gain regional recognition.

"One of our competitors went to Juilliard," he says. "[Flossy] helped us underwrite all of the costs associated with that."

And, Mummaw says, the Boca Rotarians think Flossy may be one of the oldest people ever to be inducted into Rotary. "She brings joy to us, and we try to give some of that back," Mummaw says.

Flossy, who has no children, says it's only natural that she should be nurturing talent.

Her mantra: "If you have talent, it's a gift from God. And if you use it, it's your gift to God."

Flossy's late husband, Nick, was a producer in early days of television.

And Flossy herself had a stint on the very first daytime television show, *Your Television Shopper*, which debuted Oct. 29, 1948, on the DuMont Television Network.

"All we had was a camera and a couple of lights," Flossy says with a laugh. "We had authors and guests. We cooked. I did ceramics."

They went to lunch at the Stork Club to celebrate that first episode.

Quarters at the studio were tight. "In the next room was Dennis James doing *Okay, Mother*, and that went on for a long time," Flossy says.

Flossy's husband didn't want her to pursue show-biz, so she stepped back from the program, and her TV career faded away, like the DuMont network.



Flossy Keesely with members of the Boca Raton Rotary Club, which holds its OPAL Awards on Jan. 22. Photo provided

NOMINATE SOMEONE TO BE A COASTAL STAR

Send a note to news@thecoastalstar.com or call 337-1553.

But her co-host, Kathi Norris, went on to have a career on NBC, and later joined Dave Garroway on the *Today* show. And Norris' daughter, Koo Stark, gained notoriety as a porn star and for a dalliance with Britain's Prince Andrew. Along the way, Flossy met the stars.

The walls of her penthouse are lined with photos of Flossy with the famous of another era: Jackie Gleason and Desi Arnaz. Arthur Godfrey and Morey Amsterdam. Lawrence Welk and Ed Sullivan.

Joey Bishop was a friend. So was Danny Thomas.

And Dale Carnegie himself inscribed a photo, "To my dear Floss Keesely, who certainly knows how to win friends."

Of Carnegie, Flossy says: "I'll never forget: In the late '30s or early '40s, we're walking along, and to my husband, Dale Carnegie says, 'I would give all my money to be your age.'"

Flossy, born to immigrants from Vienna, met her husband through the German clubs of Philadelphia when she was 12. They married in 1932.

"Those were the days when you could acquire something through hard work," she says. And because it was the Great Depression, "everybody was in the same boat."

Her husband developed his career in music and radio, then moved on to be a television producer and director.

Flossy remembers one young woman Nick helped — Barbara Walters.

Walters' father, Lou, owned New York's Latin Quarter night club.

"Barbara was a script girl at NBC," Flossy says. "Lou asked Nick if his daughter could meet the host of the *Today* show, and that was the beginning of her career on the *Today* show."

From their home in New Rochelle, N.Y., they entertained.

When her husband retired in the mid-'60s at age 52, they sold the home in New York and moved to Fort Lauderdale, where they bought a home on one of the Intracoastal islands off Las Olas Boulevard.

Why South Florida?

When the tobacco companies that sponsored television shows had conventions, they were held down here. Woody Woodbury

had a hotel on Fort Lauderdale's Galt Ocean Mile. "And Jackie Gleason was already living down here," she says.

Flossy has albums of photos of herself with Nick on the beach. In many, she wears a stylish swimsuit with white pumps. "Those are part of my uniform," she says.

Flossy says she always has been involved in charity, going back to the New Rochelle Hospital's Hospitality Corner.

She helped start the now defunct Fort Lauderdale Ballet Company with Edward Villella — "How he could leap!" — and she was involved with the Ziegfeld Girls of Florida.

By that time, the Keeselys had moved north to a home in Boca del Mar.

They were active in their neighborhood association, until Nick — a sun worshiper — died of melanoma in 1999.

After Nick's death, Flossy moved to Toscana in Highland Beach, where she lives alone, with help from personal assistants. She steps out onto her balcony, with its views of Highland Beach and the ocean, and asks, "How close to heaven can you get?"

She became involved in the Centre for the Arts after an old friend from New York, the Countess de Hoernle, invited her to attend a presentation. Flossy pledged \$50,000 for a green room, and became a board member.

She named pavers at the amphitheater "Pathway to the Stars," and pledged the fountain, which was created by Yaacov Heller — "I used to wave to him from my balcony." Next up: a sculpture of Flossy's Yorkie, a 5-year-old ball of fur named Schatzie, at the base of the fountain. Flossy describes the tiny dog, who grew larger than expected, as "a teacup who turned into a coffee pot."

Flossy still cooks — during a recent visit, she whipped up a elegant lunch of soup, an omelette, tomatoes with vinaigrette and artichoke hearts, and topped it off with tapioca pudding. She quit driving two years ago, and counts on friends and her two assistants to ferry her to her many engagements.

"I had good health, a good marriage, and my life has been interesting," Flossy says. "I really have been very blessed."

And maturing has not slowed her down.

"My golden years have turned into sparkling diamonds," Flossy says.

Editorial

Transitions and new beginnings

When opportunity knocked, I hesitated. Agonized, even.

But when a newspaper in northern Palm Beach County offered me a position to write full-time, I decided to accept.

But acceptance doesn't mean abandonment.

I will continue to follow news in Boca Raton, Highland Beach and the coastal communities. And I will continue to write headlines, and design pages for *The Coastal Star* — I even will write the occasional feature.

I am excited to still have a role in the paper.

In a world in which major newspapers are retreating, it is up to smart, home-grown publications like *The Coastal Star* to educate and enlighten with well-written, beautifully presented stories that matter.

It has been a privilege to be part of *The Coastal Star* since its inception two years ago.

And I have met fascinating people who make a difference.

Fortunately, there will be a gifted hand guiding coverage of those people.

My friend Mary Thurwachter will assume my editing duties starting this month.

Mary has more than three

decades of experience in covering South Palm Beach County, going back to her days at the *Delray Beach News Journal*. That includes a two-



Thurwachter

decade career as an editor and writer at *The Palm Beach Post*. More recently, Mary has offered beautifully written stories for *The Coastal Star* on endangered landmarks from our past, like Boca Raton's Luff House.

A former co-worker says Mary has a beautiful spirit.

You will see that spirit in action as Mary coordinates coverage that is important to you: the environment, the coastline and historic treasures.

And Mary will focus on the people behind the news. Let her know what you and your neighbors are doing.

You can write her at MaryT@thecoastalstar.com.



I am looking forward to reading about you.

— Scott Simmons, managing editor

LETTERS: *The Coastal Star* welcomes letters-to-the-editor about issues of interest in the community. These are subject to editing and must include your name, address and phone number. Preferred length is 200 words or less. Mail to 5011 N. Ocean Blvd. #2, Ocean Ridge, FL 33435 or email editor@thecoastalstar.com.

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Dear CEO...

What local cities are doing to attract businesses:

Boynton Beach — City, Chamber of Commerce and Community Redevelopment Agency meeting to craft its message to potential businesses; Chamber strengthening its relationship with county Business Development Board.

Delray Beach — Starting two new Web sites — businessdelray.org and visitdelray.us — and working more with site location groups that connect cities with businesses looking to relocate.

Boca Raton — Downtown streetscaping project meant to help existing businesses and bring in new ones; works closely with Business Development Board.

BUSINESS:

Continued from page 1

“revved up,” she said. “Their downtowns have been highly successful in being redeveloped, so we kind of took a step or two backwards.”

A newly declared dedication to improving its downtown beyond the borders of Mizner Park will act as an economic engine, she said. A streetscaping project just south of Mizner Park — an area long touted as crucial to the city’s downtown — will get going full-speed in the spring, she said.

The city recently has also “done much more work with the BDB (Business Development Board of Palm Beach County),” she said.

As mayor, she has been putting in more face time with potential corporate residents, she said.

In the end, though, there will only be so much the cities can do.

In the fall, Boca Raton dropped plans to set aside money to be used exclusively for corporate attraction efforts because it would have contributed to too big of a tax jump. Instead, the city is pulling money from its reserves on a case-by-case basis, which it has traditionally done.

“We can do the best we can to say, ‘Hey, come look at our city, this is where we want you to be,’” Whelchel said. “But we can’t control the economy here.”

“It’s much more competitive now,” Boynton Beach Chamber of Commerce President Glenn Jergensen said. “There’s a lot out there in other areas of the county that is attractive. You have to have a good product.”

In Boynton, there is a heavy reliance on the Community Redevelopment Agency’s incentive program to help businesses with things like signs, facades and rent, including along Federal Highway, where new condo projects like Las Ventanas and The Promenade include commercial space that needs occupants.

Jergensen said that, recently, there has been a pointed effort by the Chamber, CRA and the city to collaborate and get on the same page so that they have a good pitch available when

potential businesses come knocking.

“We have to make sure we have our story so that when we present ourselves to potential businesses, that they understand,” he said.

The battle for businesses today is a quest for small victories.

Gone are the days of the IBMs that can bring tens of thousands of jobs to a city with one big “get” — due, in part, to technology and outsourcing to overseas locations.

“If they’re bringing in 10, 15, 20, 30 employees, that’s a big deal,” Jergensen said.

How to use commercial space created some tension in Boynton last month, when the city voted to issue \$8 million in bonds for a charter school in Quantum Corporate Park on Gateway Boulevard.

Mayor Jose Rodriguez and Commissioner Steven Holzman voted against the idea because it takes potential tax revenue away from the city since the school doesn’t pay taxes.

“It’s hard, it’s tough in a down market like this,” Rodriguez said. “It’s hard to give it away.”

Jergensen said he favored the move because it means jobs and services.

In Delray Beach, the new website will be joined by another one in January — visitdelray.us — that will have a broader scope, said Chamber President Michael Malone.

The Chamber has been working more closely with “site locator tours,” or groups that act as a kind of real estate broker for businesses that are looking to relocate.

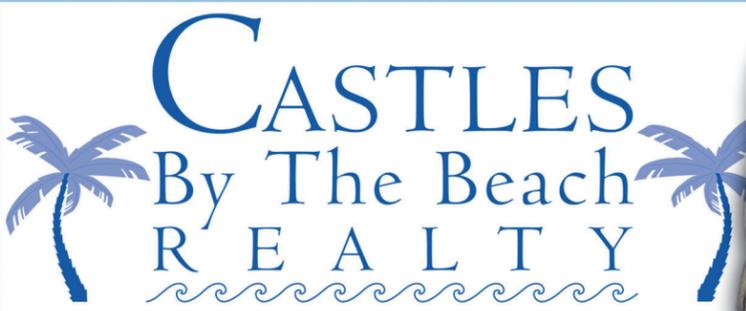
The hope is that once they see the city — its commercial appeal as well as its weather and beach appeal — Delray would become irresistible.

“To be able to touch and to sell it makes all the difference in the world,” he says.

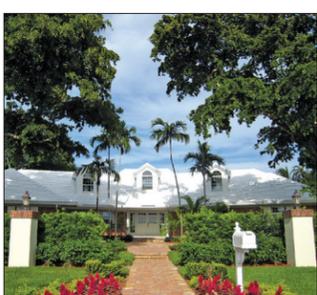
There have been losses, but there have also been gains, he said. “We may lose a grocery store but we pick up a car dealer.”

Businesses are demanding when deciding where to move, and whether to move, he said. “Everybody’s looking for that golden apple out there all the time.”





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Along the Coast



Black vultures, shown basking in the sun to warm up on a recent chilly morning, are smaller than turkey vultures, which can weigh up to 6 pounds. **Photo by Jerry Lower**

Nature's garbage crew: Vultures come south

By Joanne Davis

They start migrating in October, and by early to mid-November they are here.

They come from everywhere east of the Mississippi River and from as far away as Canada.

Their endless, effortless soaring sends large shadows gliding across the ground, across us, and makes us squint to glance skyward. They are dark, ominous against the blue, but their grace and mastery of the thermals brings us pause and a wonder to understand them; to get past their soiled reputation.

They are the carrion eaters, the vultures, mysterious beings of the sky.

In South Florida we have two vulture species. Turkey vultures, which are both resident and migratory, and black vultures, which are smaller and mostly resident. Both have large populations here in winter.

An adult turkey vulture weighs approximately 6 pounds, with a wingspan of about 6 feet. They have a bare, red head. Black vultures are about 4 to 5 pounds with a wingspan of about 4½ to 5 feet. The head is dark gray to black and bare.

Brian Smith, coordinator of the American Bird Conservancy in the Appalachian Mountains, says, "Vultures get a pretty bad rap because of what they do."

What they do is eat carrion. When they are frightened they regurgitate. This is sufficient to repel any would-be predators, just from the smell alone.

And if that isn't repelling enough, the turkey vulture often directs its urine right onto its legs. This serves two

very important purposes: In the summertime, wetting the legs cools the vulture, as the urine evaporates (the vulture cannot sweat like us). And the urine contains strong acids from the vulture's digestive system that kills any bacteria that may remain on the bird's legs from stepping in its meal.

When the vulture is eating carrion, it must often stick its head inside the carcass to reach the meat — which explains the vulture's bald head. A feathery head would capture unwanted pieces of the vulture's meal, along with all the bacteria it hosts. After mealtime, the turkey vulture perches in the heat of the sun to bake off whatever leftover has managed to cling to the few bits of fuzz on their head.

Neither vulture species builds nests. They lay eggs in a small depression on the ground, among rocks in caves or old buildings.

Vulture populations are increasing near human habitation. They like our landfills, our roadkill, and they like roosting on our cell towers. They have benefited from our waste and our activities.

"People look down on vultures as not very elegant in the bird world, but they play an important role in nature," said Craig Watson, wildlife biologist with the U.S. Fish and Wildlife Service.

Vultures have a tough job — not one many of us would care to do. And they do it for free — a perk in the service that nature provides that we rarely consider.

So, next time that shadow runs across the ground, look up at the grizzly looking bird that is looking for a mess to clean up, and give a thank you — from a distance. ★

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Along the Coast

'Crown Vic' phase-out has police departments researching options

By Rich Pollack

For almost two decades, the police car you were likely to see in your rear view mirror, parked in a shady spot on A1A or patrolling your South Florida neighborhood, would probably be the roomy and powerful Ford Crown Victoria.

Produced for law enforcement use for the last 17 years, the Crown Victoria has grown to be the dominant police car in the nation, representing about 70 percent of the market.

"It has evolved as the icon of police vehicles," says Ford's fleet marketing manager Lisa Teed.

Now, however, the familiar Crown Victoria Police Interceptor is about to go the way of the Oldsmobile and Plymouth, and that has local law enforcement agencies scrambling as they begin the process of buying cars in the coming year.

"The Crown Vics will be missed," says Lantana Police Chief Jeff Tyson, whose fleet of about a dozen cars is comprised largely of the Fords.

The last 2011 Ford Crown Victoria Police Interceptor is scheduled to roll off the assembly line in August, according to Teed, and will be replaced by a new Police Interceptor that will be totally different from the existing model. Ford also will introduce an SUV police vehicle.

For many police officers, whose cars are essentially a rolling office, the Crown Victoria is a favorite because of its roominess, durability and dependability.

"It's like losing an old friend," says Delray Beach Police Lt. John Battiloro. "Our officers love the Crown Vics because they feel safe in them. There's a lot of steel in that car."

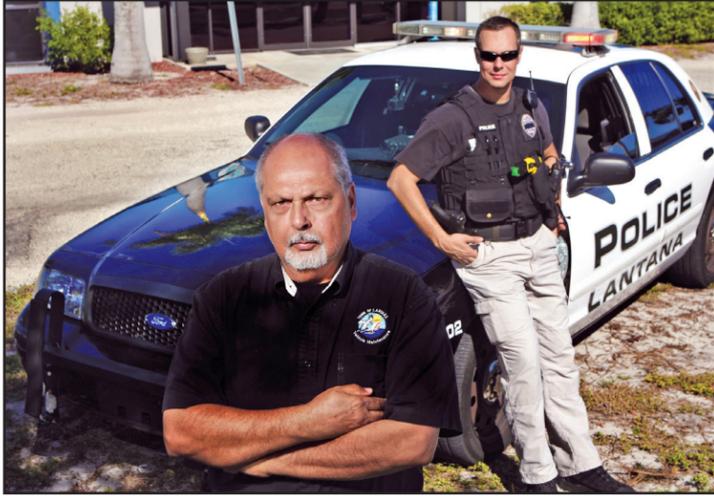
Built to meet the needs of police departments, the Crown Victoria Police Interceptor comes with a V-8 engine, rear-wheel drive and special features designed to ensure its durability over years of heavy use.

"It's a workhorse of a car," says Dan Koenig, the support services manager for the Manalapan Police Department, which has four marked Crown Victorias, including a 2006 model with 122,000 miles on it.

Those miles are tougher miles than the average car has to endure, with some experts estimating that 10,000 miles on a police car is the equivalent of 30,000 miles on other cars because of the way the vehicles are used.

Now, as area police departments begin shopping for new cars, there is uncertainty about what direction their purchases will take. One thing for certain is that the physical profile of police cars, which experienced drivers could easily spot, will change.

"We're in flux right now," says Lantana's Tyson.



Vinnie Laudicina, Lantana Police Department fleet manager (left), and Simion Pavlov, with one of the department's 2006 Ford Crown Victorias. Photo by Tim Stepien

The police departments will have several choices as they go forward, with all three of the major domestic auto manufacturers offering pursuit-rated vehicles.

General Motors currently offers the Chevrolet Impala

police cars and within the next year or two is expected to be re-introducing a Chevy Caprice police vehicle, while Chrysler has a Dodge Charger police vehicle that is becoming more prevalent here in South Florida.

Many departments also are

looking at the new products Ford will offer, which Ford's Teed says were designed with lots of input from law enforcement representatives.

As Ford began phasing out the Crown Victoria platform, along with the Mercury Grand Marquis, the company decided to build a car specifically for law enforcement that would not be available on the retail market.

"We felt it was time to give law enforcement new technology, more fuel economy and other niceties," Teed said.

While focusing on safety, durability, performance and handling, Ford also was able to design a police car that is 20 to 30 percent more fuel-efficient.

But some departments say they're waiting to let others test the new Fords before they stick their toes in the water.

In Highland Beach, which will be replacing two vehicles

in the coming year, Lt. Eric Lundberg is doing a lot of research on the new Fords and other products before the department reaches a decision on what to purchase.

One of the most important questions many smaller departments hope to answer is whether they'll be able to transfer equipment in existing cars — the cages that separate the back seat from the officer, for example — or whether they will have to go to the expense of getting new equipment.

In Manalapan, which will buy at least one new car in the next year, the department hopes to be able to buy one of the remaining Crown Victorias before they're all gone. Delray Beach police also hope to buy a few remaining Crown Victorias.

Sometimes it's just too difficult to part ways with a trusted old friend. ★



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Boca Raton

New push to keep Ocean Strand public

By Steve Plunkett

Boca Raton residents are mounting another assault in their campaign to ensure that Ocean Strand becomes a park.

A new group, Keep Your Boca Beaches Public, is circulating petitions to place an ordinance and a charter amendment targeting the coastal parcel on the March ballot.

"We started collecting signatures aggressively this weekend, and I have to say that we have hundreds of them already," Martin Siml told City Council members at a Dec. 13 workshop. "It looks very much like we are going to meet the deadline."

Siml, who lives on Driftwood Terrace west of U.S. 1, said the group's proposal is "very simple." The language doesn't mention Ocean Strand and is the same for both the proposed ordinance and the proposed amendment:

"All public-owned lands owned by the City and the Greater Boca Raton Beach and Park District located between the Intracoastal Waterway and Atlantic Ocean shall be limited to public uses and public services provided for the general public, and development for private uses (including members-only beach clubs) on these public-owned lands shall be prohibited."

The next evening, resident Joe Pedalino told the council at its regular

meeting that the group had been told they could not hold the petition drive in city facilities.

"We have been denied access to public places, places that belong [to] and are run by the city," said Pedalino, who lives in Boca Towers just south of Ocean Strand.

City Attorney Diana Grub Frieser said the incident at the Racquet Center on St. Andrews Boulevard was an oversight that would be corrected "right away."

"We have a lot of employees and perhaps everybody did not exactly know the rules," she said.

The Beach and Park District bought the Ocean Strand property in 1994

for \$11.9 million. Since then it has sat idle, partly because there was no push from the public to build any facilities, a district official said.

But in late 2009, Penn-Florida Companies proposed a private cabana club there to complement a luxury hotel in Via Mizner, a \$1 billion redevelopment project planned for downtown. Boca Raton's comprehensive plan labels the parcel residential instead of recreation and open space.

Residents want the city to change the designation. The city says the beach and park district must ask for the change; the beach and park district has said first it will hold public hearings to see what residents want there. ★

Boca Raton

Three families give \$600,000 to FAU peace studies program

Staff Reports

Florida Atlantic University has received a \$600,000 donation to its peace studies program.

FAU President Mary Jane Saunders announced that the gift was given by three Boca Raton families to establish the Lynn, Wold and Schmidt Peace Studies Endowment, the first permanent endowment for FAU's peace studies program.

The gift is eligible for matching by the state of Florida University Major Gifts Program and the FAU Clearwire matching gift program, making the total value of the endowment \$1.44 million.

The gift was made by the E.M. Lynn Foundation, represented by Christine Lynn; the Bay Branch Foundation, represented by Elaine Wold; and the Schmidt Family Foundation, represented by Dick and Barbara Schmidt.

The purpose of the gift was to establish an endowed fund to support educational and community outreach activities in the peace studies program within the Dorothy F. Schmidt College of Arts and Letters.

"The community outreach program, in collaboration with the Schmidt Family Foundation, has brought such apostles of peace as His Holiness the 14th Dalai Lama of Tibet and Dr.



FAU President Mary Jane Saunders (left) celebrates a \$600,000 gift with Dick Schmidt, Christine Lynn, Barbara Schmidt and Manjunath Pendakur, dean of the College of Arts and Letters. Photo provided

Jane Goodall to Boca Raton," said Manjunath Pendakur, dean of the Dorothy F. Schmidt College of Arts and Letters. "This generous gift from three families will help us immensely to continue such great work to serve the cause of peace, FAU students and the community at large."

The endowment will provide scholarships and fellowships to students pursuing studies in the peace program

at FAU; fund distinguished speakers and events that enhance peace and understanding for the benefit of students and the wider community at large; and support community enrichment activities including workshops, seminars and cultural activities related to peace.

For information on the peace studies program, visit www.fau.edu/peacestudies or call 297-2623. ★

Along the Coast

Grant aims to boost border security

By Steve Plunkett

A \$100,000 Homeland Security grant will boost border patrols in coastal communities, County Commissioner Steven L. Abrams said.

"This money will provide additional security for our community, especially along our coastline, a large portion of which I represent," Abrams said in a news release.

The money will be used for overtime to provide additional patrols associated with crime suppression and intercepting people who have illegally crossed the border.

The money will be shared with towns and cities in joint operations with the Border Patrol, sheriff's spokeswoman Teri Barbera said.

Abrams said he takes a particular interest in border issues because his district has 25 miles of coastline.

The Palm Beach County Sheriff's Office, which he noted works closely with municipalities, will implement the grant.

There were two immigrant landings in Manalapan in August. More than 30 immigrants were intercepted off Boca Raton in October, while 16 were rounded up in South Inlet Park there in August. ★

MR. CURL:

Continued from page 1

a little over 100 years old and we know a lot about our history because of him."

Mr. Curl was part of history himself.

He served as one of the original faculty members at Florida Atlantic University, where he specialized in Florida and architectural history and taught for 38 years. Since his arrival in Florida in the '60s, he was involved with many historical organizations, including the Florida Historical Society, and years ago he edited and wrote for a quarterly newspaper published by the historical society about Boca Raton's history.

He was fascinated with Addison Mizner, an architect who converted parts of South Florida into a Mediterranean paradise with his Spanish-style architecture in Boca Raton and Palm Beach.

His book *Mizner's Florida: American Resort Architecture* received the Rembert Patrick Award from the Florida Historical Society for the best book in Florida history in 1984, and in 1996 he was given the American Association for State and Local History's Award of Merit for his dedication to the state's history.

Mr. Curl, known for his expertise on Addison Mizner architecture, gave the royalties he earned from some of his books to the historical society because he felt it was important to contribute to the organization dedicated to keeping history alive, said Susan Gillis, curator at the historical society.

Gillis said that Mr. Curl loved to hunt for history right here in Boca Raton.

"We tend not to look in our own backyard and he did. He realized there is history everywhere," Gillis said.

His long-time partner, Fred Eckel, said Mr. Curl had always been drawn to

history. He studied history at Ohio State University, where he received bachelor's, master's and doctoral degrees.

When he moved to Florida in 1964, he found that no one with a doctorate degree had really worked on Palm Beach history. So Mr. Curl dived right in. And his researching never stopped.

He published eight books, Eckel said, including a book on pioneer cooking, architectural history and a picture history book on FAU.

His most recent book published was *The Boca Raton Resort and Club: Mizner's Inn*.

Mr. Curl and Eckel, who also is interested in architectural history, were working on a book together before he became ill three years ago.

Mr. Curl enjoyed traveling, especially to Europe, where he once taught during the summer in Florence and London. He had a good sense of humor, was patient

and he didn't like it when people called him "Doctor," even though he had his doctorate degree. He just wanted people to call him "Don." He liked wine, good food and enjoyed cooking.

And, of course, he loved to talk about history.

After retiring from FAU, he gave tours of the Boca Raton Resort and Club for the historical society and not a day went by when he wasn't thinking about history and how important it is for all to be recorded.

"I said to Fred, 'Thank goodness we have Don's books,'" Csar said. "He said, 'Now you all have to continue on.'"

"And we're really trying," she said. ★

Donald Curl's books can be found at the Boca Raton Historical Society and at barnesandnoble.com and amazon.com.

Highland Beach



Dancers Ron Troy and Barbara Strong perform a variety of dances from around the world to illustrate cultural differences during their show at Highland Beach Library. The crowd scored the dances from different vantage points around the room. Photo by Tim Stepien

Commission delays changing evaluation process

By Steve Plunkett

Uncertainty over how long Dale Sugerman will remain town manager led town commissioners not to change the employee evaluation system.

"I don't think we should make changes of anything that would jeopardize whoever's going to be there, whether it's this town manager or some other town manager, until we have a commitment from somebody, some town manager, that they're going to be here for a while," Mayor Jim Newill said at the December commission meeting.

During budget discussions in August, Sugerman proposed a yearlong experiment of not having evaluations, saying he was the only town supervisor who routinely gave less than "excellent" ratings. In return, he said, some department heads threatened lawsuits.

The suggestion drew strong opposition from commissioners and residents alike. Someone spoke against the proposal at almost every meeting.

"You cannot operate any kind of a business without evaluations," resident Joseph Asselta said in September.

"I think people need to be told what kind of job they are doing. If they are doing a good job, say so. If they are not, say where they need to improve and work on it," former Mayor Arlin Voress said at another meeting.

In November, Commissioner John Pagliaro suggested forming a citizens advisory board to help devise a new evaluation form; Newill said hiring a consultant would be more effective.

The next month Newill said the problem was with the process, not the paperwork. He said had met with department heads and none had a problem with the evaluation form.

Sugerman offered an explanation.

"Virtually all employees get virtually all 'excellent' scores from all department heads. And I think that's why the department heads have no problem with the form," he said. "They're able to easily fill it out with minimal effort and virtually grant everybody 'excellent' in all categories."

The town manager repeated that he was the only one to use the full range of ratings and said he had backed off his recommendation to suspend the program.

"I said, that's fine. If all the department heads want to give everybody excellents all the time and give maximum raises, that's fine, because that seems to be where the Town Commission is going," Sugerman said.

Resident Joe Cannazaro said there still was a problem. "If you've got a system where everybody is rated the same, then you don't have a system,"

he said.

Questions over Sugerman's tenure popped up when he told commissioners he would be a free agent after June 8 when his contract expires, Newill said.

The contract can be extended in one-year increments, but commissioners don't want to lengthen it before the March election so new commissioners can weigh in. But current commissioners will evaluate Sugerman before the election, Newill said.

Earlier in the meeting, commissioners approved the first reading of an ordinance that would enable a special magistrate to grant zoning variances. The town's current system, decided by the Board of Adjustment and Appeals, has resulted in different rulings on similar cases, they said. A final hearing will take place in January. ★

Ethics office could cost \$10,848

By Steve Plunkett

The county's new ethics watchdog office could cost the town of Highland Beach up to \$10,848 in its first year.

"We do not know yet which particular contracts might be exempted from the fee, and there's going to be some that are exempted from this fee," Town Manager Dale Sugerman reported at the commission's December meeting.

Municipalities are obligated to fund the office by paying one-quarter of 1 percent of the total cost of contracts awarded. Sugerman said he based his estimate on every contract

the town has planned in its budget.

The county formed an implementation task force to set up rules for which contracts are subject to the fee, Sugerman said. The three municipal representatives on the task force are Manalapan Town Attorney Trela White, who is also the Palm Beach County League of Cities legal counsel, Lantana Town Manager Michael Bornstein and Boynton Beach City Manager Kurt Bressner.

Sugerman said the implementation date was supposed to be Jan. 1 and has now been pushed to April 1. He estimated the real date would be four to six months past that. ★



The Yuletide Carolers sing at Highland Beach's Light Up the Holidays celebration at Town Hall. Singer/actress Avery Sommers also performed and Marines were on hand to collect Toys For Tots. Photo provided

Around Town

Boca strikes gold with Town Center vending machine

Like bees to honey, shoppers are converging on a new hive at Boca's **Town Center**. This honey is golden, all right, but you're not likely to stir it into your tea or drizzle it onto your corn flakes. But what a breakfast!

In the middle of the main hallway near the mall's food court, a new vending machine will take your money in exchange for ... yes, gold.

The brainchild of Germany-based **Ex Oriente Lux AG, Gold-to-Go** dispenses 24-karat gold in chips, bars and coins. The cost is pegged to the current global price, updated every 10 minutes, plus a markup of 5 to 15 percent.

At pre-Christmas rates, a one-gram chip of gold ran near \$110, while the most expensive item in the box, an American Eagle coin, was claiming about \$1,400.

In use in Europe and Abu Dhabi since 2009, what better place to debut in the States than Bunco, er Boca, Raton.

"I'm calling myself Gold-finger," joked **Glen Calder** of **TransMedia Group**, the Boca-based PR firm handling the local intro for U.S. affiliate, **PMX Gold**, which is HQed in Boca.

On the Saturday before Christmas, the on-site attendant reported 30 to 40 sales over a five-hour span. **PMX** hopes to bring in about a quarter million a month with gold-savvy Las Vegas next in line. If the local test pans out, additional machines could pop up at other Simon malls around the country.

The machines hold 320 items, but larcenous customers are advised that the Town Center is regularly patrolled by Boca Raton police and by security guards on Segways. Plus, as Calder pointed out, "They are bolted down."



Customers buy gold chips and coins from the Gold-to-Go vending machine at Boca Raton's Town Center. Photo provided



Deborah Landon O'Kain and Sally Marks at Cartier's Christmas party on Worth Avenue. Photo by Lucien Capehart Photography

Why should men have all the fun? The fifth annual **Alianz Championship**, set for Feb. 7-13 at **Broken Sound Club**, will give women a chance to show off their golf skills. It should be fun ... and colorful, since the new "event within the event" will feature a women's pro-am sponsored by **Lilly Pulitzer**. The package includes a clinic by one of the playing pros, lunch, golf with a tour golfer, tournament VIP

tickets and a Lilly gift package. Cost is \$750 (proceeds to **Boca Raton Regional Hospital**).

Other new events include a 5-kilometer run/walk on the **Broken Sound** course and "**Birdies for Charity**" which allows area nonprofits to raise funds based on the number of birdies scored during the tournament. The more birds, the more bucks.

Chairman **Charlie Siemon** tags Boca's fifth **Festival of the Arts** March 4-12 as the "most diverse and engaging yet." The lineup includes the **Canadian Brass**; Flamenco guitarist **Milos Karadaglic**; pre-teen singing whiz **Jackie Evancho** from *America's Got Talent*; **Young Stars of the Metropolitan Opera**; Piano Latino with **Edie Palmieri, Michel Camilo** and **Alfredo Rodriguez**; **Ballet Hispanico**; a screening of *The Wizard of Oz* with the score performed live by the **Boca Raton Symphonia**; the festival's Distinguished Writer

in Residence **Doris Kearns Goodwin** and Emmy-winning writer of *The Daily Show* with **Jon Stewart Kevin Bleyer**.

All events at the de Hoerle Amphitheatre at Mizner Park. Tickets: www.festivaloftheartsboca.org or call 866-571-ARTS.

The festival will receive a Palm Beach County Cultural Council Award for Outstanding Festival during a dinner Feb. 10 at the Kravis Center in West Palm Beach. Tickets are \$250. Call 471-2901, Ext. 310.

How sweeeeeet it is. The **10th Annual Chocolate Decadence: The Sweetest Party in Town** returns to Boca Center Feb. 3. Chocolate delights from more than 30 restaurants, silent auction, raffles, dancing. Sponsored by the Junior League of Boca. General admission, \$30; VIP, \$75. To buy tickets, log on to www.bocachocolate.com.

The Piñon Grill, a stylish restaurant and bar featuring

a casual-upscale menu, is the latest American eatery to open in Boca — it's near Bloomingdale's at Town Center mall. A chic bar, featuring a wine wall and beer-chilling station, with lounge area and tables, makes up a quarter of the restaurant. The brown and gray interior is reminiscent of a Native American museum with custom-designed piñon tree sculptures and textiles on the earthy walls. Banquettes and tables are scattered around the room, open to the kitchen for watching the chefs turn out fish, meats, and seasonal vegetable dishes from the grill. Lunch, dinner and Sunday brunch are served.

Worth Avenue looked busy...

Ferragamo was packed with a special party aimed at shoe-buyers.

Another private party filled **Tiffany**.

Graf Jewelers, too!

Valets in black caps and red jackets steered the invited social elite from their luxvees — including a very un-Ferrari-like silver and blue Ferrari — into **Cartier**, which for the umpteenth year teamed with a charity for a Christmas party. This season's beneficiary: **Caron Renaissance Treatment Center**: a Delray Beach-based substance-abuse treatment center.

Waiters circulated with Champagne, caviar crisps and stone crab salad on silver spoons. Cartier Director **Clemens Ritter von Wagner** and Caron's 2011 Renaissance Gala Chairman **Petra Levin** made sure that everyone felt comfortable, since for five days, 10 percent of Cartier's sales went to Caron.

But even in Palm Beach, life is not what it seems. The Grinch may not have stolen Christmas, but he'd furloughed some long-timers.

"Where's Santa?" asked **Arlette Gordon**, a Cartier party regular, lamenting the absence for the first time in many years of "Santa to the Stars" **Brady White**. "It's just not the same without him."

Still, a good time was had by all, as a photographer caught the women trying on Cartier's newest designs ... easy hints for husbands and boyfriends.

Across the street, **Ta-boó** was busy, for which owner **Franklyn DeMarco** was grateful.

"Everyone's in town now," he said. "But what about after the holidays. ... And in the summer. The days of being open just in the season are long gone. We need people year round. The street (Worth Avenue) is beautiful now. But I hope the \$16 million does some long-term good."

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Along the Coast

WXEL sale advances; critics unconvinced

By Jenny Staletovich

MIAMI —The sale of WXEL, the station started more than 40 years ago to educate local migrant workers, moved closer to joining the nation's biggest team in public radio when the Florida Board of Education granted a lease transfer Dec. 17.

The sale, which has pitted listeners against Barry University and its suitor, Classical South Florida, now goes to the Federal Communications Commission.

Barry and Classical South Florida, owned by American Public Media, expect to submit an application this month, triggering another round of hearings by the FCC.

While opponents and the station's advisory board argued against the deal at the Board of Education's meeting at Miami Dade College, Barry persuaded commissioners with the help of former Gov. Bob Martinez, now a lobbyist working for the university.

Selling the station, Martinez said, will pay off a million-dollar loan and pump \$2.85 million back into the Miami Shores school, where 90 percent of its full-time students get financial help.

"This is only going to help a lot of students who wouldn't go to college otherwise," Martinez told commissioners.

In a concession to opponents, commissioners stipulated that a majority of the station's new board live in WXEL's listening area.

But critics, including a group hoping to buy the station, insist it could end a tradition of hometown radio that aired the first Spanish broadcast of a space launch.

"If you relegate that to a company run out of Minnesota, then shame on you and shame on the citizens of Palm Beach County for not making you reject this deal," said Bryce Combs.

Commissioner Roberto Martinez, a former U.S. attorney who characterized some of the opponents as "unhappy suitors," explained the board had no stake in the licensing, only the lease. The state provided \$5 million to build the station in 1989.

But attorney Matt Leibowitz, representing the Community Broadcast Foundation, which wants to buy the station, argued Barry could be violating the terms of its lease because it requires the station serve Palm Beach County and the Treasure Coast. Rather than approve the lease, he argued, the state should fight Barry in court.

Barry's relationship with the advisory board has grown bitter after it announced plans to sell in 2004.

The station's value had shrunk to \$350,000 when

Barry bought it in 1997. But after pumping \$5.3 million into both the radio and television stations, Barry's trustees decided it no longer fit the school's mission. New York's WNET-TV teamed up with the CBF as its community-based partner to buy it, but the deal died when the FCC failed to consider the license application.

The CBF emerged as a buyer and said it made its own offer for the same amount. Barry, the CBF said, ignored it.

When bidding was re-opened in 2009, Classical South Florida won with a \$3.85 million offer. Incensed, the CBF started a petition to stop the sale and won an endorsement from the station's state-mandated advisory board. Barry insisted the CBF never submitted a proposal.

"The CBF never sent a formal proposal after Barry

opened a request for proposals. Period," said Barry spokesman Michael Laderman.

Classical South Florida's offer, Laderman said, was the only one with solid financing. American Public Media, home to *A Prairie Home Companion*, operates 43 stations in seven states, making it the largest owner of public radio stations.

"It's the radio equivalent of the Yankees coming into Boynton Beach," former WXEL host Jason Lautar told the board.

But critics insist that very large and diverse portfolio is just what endangers the station, which has dwindled to seven full-time employees.

"The issue isn't public broadcasting and *Sesame Street*. It's local programming," said James R. Roth. "Legally there may be nothing going on that's wrong. Morally and ethically, there is." ★



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Along the Coast

Boca 'Daughters' are hep to history, service

By Ron Hayes

If you believe the Daughters of the American Revolution are a stuck-up bunch of blue-blood snobs, come meet the ladies of the Boca Raton chapter.

And please bring along some toilet bowl cleaner, if you have it.

"Snobs!" Melinda Johnson exclaims. "Hah! Nobody is blue blood here!"

Her eyes scan the dining room at the Holiday Inn in Highland Beach, where the Estahakee Chapter is gathering on a chilly Monday morning. Johnson is the chapter's regent — its president — serving a two-year term.

"Let's see," she begins. "We have one lady who was a driver for UPS. A dental hygienist. A professional singer. A high school teacher. We have Democrats and Republicans and Independents."

This is the December meeting, so the ladies are stressing the red in their red, white and blue. About 60 of the chapter's 147 members are present, and nearly all have found something holly-berry red to wear.

Red dresses, red hats, red sweaters. They make a warm and cheerful group, more red-blooded than blue.

"But the biggest misconception about D.A.R.," Johnson concedes, "is that



Melinda Swango Johnson (left), Sydney Hayes and Barbara Scifers Gualtieri celebrate Gualtieri's swearing in as new member of the D.A.R.

we're a bunch of ladies who drink tea and do nothing." She is perturbed. "We're a patriotic service organization!"

Founded in 1890, the Daughters of the American Revolution boasts 165,000 members in 3,000 chapters.

Every year, according to the national headquarters in Washington, D.C., those members volunteer 60,000 hours to patients in veterans' hospitals, and donate more than \$1 million in scholarships and financial aid to students.

"Our priorities are historic preservation, education and patriotism," Johnson explains. "We call it H.E.P."

The meeting begins promptly at 11 a.m. with the Pledge of Allegiance, of course. Then Mary Allen, the professional singer, leads a heartfelt *God Bless America*.

Today, Barbara Gualtieri of Boca Raton will become a Daughter.

"It was my daughter's idea," she says. "I always knew I was eligible, but then we met some D.A.R. ladies in Houston, and she said, 'This is a good idea.'"

The only requirements for D.A.R. membership are that a woman be 18 or older and prove lineal descent from a patriot of the American Revolution.



Betty-Jane Lee, a 71-year member of the Daughters of the American Revolution, sips tea during a recent meeting of the Estahakee Chapter at the Highland Beach Holiday Inn. Photos by Tim Stepien

"Some do their own research, and others need a lot of help," says Johnson, who has taken a genealogy course to assist prospective members.

The application is then sent to Washington, where the national headquarters is the final arbiter, usually responding in six to eight weeks.

Washington has confirmed that Gualtieri is indeed a descendant of Andrew Feaster, who served in a South Carolina militia. She stands before the group and swears to uphold the Constitution and respect the flag. A prayer of thanks is offered, and

she is applauded. A new Daughter has arrived.

And now an old Daughter is honored.

Laurajean Rood, 92, of Boca Raton has been in the D.A.R. for 70 years. She comes forward, receives a certificate, basks in applause.

"We've done a lot of good," she says. "We made a booklet to help train new citizens, and I've met a lot of nice people."

But she's not the longest-serving Daughter.

Seated beside her is Betty-Jane Lee of Boynton Beach, a Daughter of the American Revolution for 71 of her 90 years. ★

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TOWN:

Continued from page 8

Mario Batali had logged a busy day, giving a cooking demonstration for **Publix Apron's Cooking School at The Morikami**. The **Food Network** favorite was hungry, and he wanted someone else to do the cooking. He also wanted a place where he could relax with an old school friend who now lives in Boca.



Batali

They motored to Delray's 32 East, where a friend runs the kitchen. One problem: **Nick Morfogen** was away visiting his kids.

"We still had a good time," 32 East owner **Butch Johnson** said of the Dec. 13 encounter. "Mario got there late and we had closed down, but he ate and we did the bulk of our partying with no one around. He stayed late; we enjoyed some grappa and told some stories."

Batali hightailed back to New York for an appearance on **Jimmy Fallon's** show.

The Apron's Cooking School continues Jan. 10 with the Food Network's newest Iron Chef, **Jose Garces**, followed on Feb. 5 by actress and

The Crabby Cook author **Jessica Harper**, and Feb. 20 by chef, author and Tuscan travel expert **Gina Stipo**. (www.publix.com/aprons).

Atlantic Avenue may be one of the hottest streets on the planet, but life isn't all peaches and cr me fraiche. Location does not guarantee success ... nor does celebrity.

Within a year, two founders of "Floribbean" cuisine have now come and gone. **Mark Militello's** engagement at **The Office** began in late '09 and ended barely three months later when owner **David Manero** pink-slipped him via text message.

The Office remains busy, with new menu items, new Monday-Friday happy hour, cigar menu and, for the first time, reservations.

A block north in Pineapple Grove, **Taste Gastropub** is history. Rumors have owner **Robert Workens** reopening with a different concept.



Thom Smith is a freelance writer. He can be reached at thomsmith@ymail.com.

Jan Norris contributed to this report.

Along the Coast



Construction continues on a property where human bones were found. They probably are remains of the ancestors of either Seminole or Miccosukee tribes. Photo by Jerry Lower

Bones could be from a very early resident

By Angie Francalancia

Human remains were discovered during the demolition of a house in the 900 block of South Ocean Boulevard in December, so the Delray Beach Police Department was called in to investigate.

When it was discovered that the bones were old, the medical examiner was called. When his office discovered just how old those bones might be, they called in archeologists.

It's just the most recent evidence that Flagler didn't get here first.

The bones are likely remains from either the Seminole or Miccosukee Indian tribes, the experts determined.

For a short while, Delray Beach police treated the site where excavators were tearing down a house as a crime scene, stringing it with yellow tape; but within hours, they determined that even if the person had been killed, it wasn't an investigation they'd be undertaking.

"We're not investigating it as a homicide," said Officer Jeff Messer, the department's spokesman. "I've heard all kinds of stories about how old the bones could be. If that holds true, that would be an amazing history lesson for us."

When the medical examiner took a look, the investigator had a hunch the remains were older than the 75 years that mark his jurisdiction, so a professor of anthropology from FAU was called in. He said they likely predated not only Flagler but also the Seminole Indian Wars and perhaps even modern history.

"He was able to determine that they were prehistoric," said Harold Ruslander, spokesman for the medical examiner's office.

While it might be unusual to find a human body buried

on your property, finding prehistoric human remains along Florida's coastal ridge isn't all that uncommon, said state archaeologist Ryan Wheeler of the Florida Bureau of Archaeological Research.

"People have lived in Florida for something like 12,000 years, and they're all pretty much still here in one form or another," he said. "I'm not quite sure how many reports (of human remains) we've had this year, but lately, the average has been about 20 reports per year."

At the height of the construction boom a few years ago, the department was averaging one call per week, Wheeler said.

"American Indians lived in Florida for a very long time, certainly in Boca, Highland Beach and Delray areas," he said. "It's hard to say what time period they're from. People lived in that part of the state at least 5,000 or 6,000 years ago, but there are sites in Miami that are probably 10,000 years old."

Florida has a state statute to guide what happens when ancient human remains are discovered, he said. It requires that any skeletal remains be treated with respect. "Our role is to kind of assist the owner to make sure they comply with the statute," Wheeler said. "Our preference is that the remains stay where they're found."

As the statute requires, representatives from both the Seminole and Miccosukee tribes that inhabited this part of Florida have been notified.

That doesn't mean the owners can't build a new house there, he said. After all, there was a house on the property prior to the demolition, "so people were living with these remains for many years. The intent isn't to stop people from building their projects but to help people to do it in a way that allows the remains to be protected." ★



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Food

Local foods

For a taste of local produce, here are a number of places to find it:

Farm Stands/Markets

- **Bedner's Farm Fresh Market**, 12033 State Road 7, Boynton Beach, 733-5490, bedners.com

- **4th Generation Organic Market**, 75 SE Third St., Boca Raton, 338-9920, 4thGenerationMarket.com

- **Harvest Time Market**, 4361 Hypoluxo Road, Lantana, 641-6199, HarvestTimeMarket.com

- **The Boys**, 14378 S Military Trail, Delray Beach, 496-0810

- **Woolbright Farmers Market**, 141 SW Woolbright Road, Boynton Beach, 732-2454, woolbrightfarmersmarket.com

Green Markets

- **West Palm Beach GreenMarket**, 101 N. Flagler Dr., West Palm Beach, 822-1515, wpb.org/greenmarket, Saturday 8 a.m.-1 p.m.

- **Boca Raton Green Market**, Royal Palm Place Shopping Center (corner of south Federal Highway and South Mizner Boulevard), 368-6875, www.ci.boca-raton.fl.us/rec/specialevents/, Saturday 8 a.m.-1 p.m.

- **Delray Green Market**, SE 4th Ave. a half block south of Atlantic Ave., Delray Beach, 276-7511, delraycra.org, Saturday 8 a.m.-1 p.m.

- **Morse Life Green Market**, 4847 Fred Gladstone Drive, West Palm Beach, 547-3100, Wednesday 1-5 p.m.

- **Ocean Avenue Green Market**, 400 E. Boynton Beach Blvd., Boynton Beach, 752-8598, Saturday 8 a.m.-3 p.m.

- **The Oceanside Farmers Market**, Lake Worth Beach south of The Four Seasons Palm Beach, east of the Intracoastal waterway, 547-3100, oceansidefarmersmarket.com/wordpress/, Saturday 8 a.m.-1 p.m.

CSAs

- **Aaldon Farm**, 5470 Colbright Road, Lake Worth, 294-5797, aaldonfarm.com

- **Green Cay Produce**, Boynton Beach, 638-2755, veggies4u.com

- **Ocean Avenue Green Market Urban Farming Project**, 400 E. Boynton Beach Blvd., Boynton Beach, 752-8598, localharvest.org/ocean-ave-green-market-urban-farming-project-M32315.

- **Swank Specialty Produce**, 14311 North Road, Loxahatchee, 202-5648, swankspecialtyproduce.com

Community Gardens

- **The Cason Community Garden**, Cason United Methodist Church, 342 N. Swinton Ave., Delray Beach, 271-2010, casonumc.org/CommunityGarden.html

Customer-picked (call for availability)

- **The Girls Strawberry U-Pick**, 14466 S. Military Trail, Suite 3, Delray Beach, 496-0188, www.thegirlsstrawberryupick.com

- **Harvest Time Market** (see above), strawberries

- **Bedner's Farm Fresh Market** (see above), strawberries and tomatoes

General websites for more information

- florida-agriculture.com/consumers/farmers_markets.htm

- localharvest.org

- localecopia.org/index.html



You can buy free-range eggs like these, plus locally produced cheeses and vegetables at green markets.

Photos by Jerry Lower

Just grow local

How to find regional foods at area markets

By Deborah S. Hartz-Seeley

Eating locally grown foods is trendy.

Whether you are a locavore who only consumes foods produced within 100 miles of home or someone who just wants to enjoy a truly vine-ripened tomato once in a while, you are part of the growing crop of people buying their produce from local farmers.

"It's all about local growers and freshness," says Roderick Smith, owner of Farm to Chef, a Lake Worth company that supplies restaurants with local produce. In fact, Smith claims that within six hours, corn picked in Pahokee, is shucked, chilled and on his truck ready to be delivered.

Geoffrey Sagrans has seen the buy-local trend grow quickly over the last two to three years. He's the president of Localecopia, a nonprofit group that promotes local, sustainable businesses by bringing buyers and sellers together.

But even for the home cook, it's relatively easy to buy local during the South Florida growing season that lasts from now until about May.

"When you buy local produce, there are no food miles involved. It's all fresh, local, wholesome and nutritious," Sagrans says. Food miles are how far your food has to travel to reach your plate. On average, produce covers 1,500 food miles, according to Sagrans.

He adds that by purchasing local produce, you get better flavor. He explains that a tomato grown in California is picked green and then treated with gas to make it ripen. But a tomato grown and sold in Florida can be truly vine ripened.

"Those two tomatoes have whole different flavor profiles that are as different as day and night," Sagrans says.



Heritage Hen Farm's chickens produce eggs sold at the Delray Beach Green Market.

By purchasing local produce, you support the local economy. "They talk about creating jobs in Tallahassee and Washington, D.C., but we are actually creating them when we purchase food from local growers," he says.

For those living in Palm Beach County, there are many options when it comes to buying local produce. Farm stands and local markets are carrying an increasing array of locally harvested items.

"We grow 90 percent of what we sell and the rest we purchase from our neighbors," says Marie Bedner of Bedner's Farm Fresh Market in Boynton Beach.

Here they also offer customer-picked strawberries and tomatoes beginning in beginning in December. It doesn't get more local or fresher than that.

And farmers markets have become more than just a Saturday social event. However, if you want to be sure you are getting local produce at the market, ask the seller about the provenance of his fruits and veggies.

If those goods are produced locally, chances are, you'll be talking

to the grower.

Peter Robinson, founder of the Oceanside Farmers Market on Lake Worth beach, allows only local produce to be sold at his markets.

He also is in charge of a new farmers market just opened at the Morse Life Campus in West Palm Beach. Originally set up to help the 500-member staff at this senior living facility eat better, the market is also open to the public on Wednesdays.

Many people are signing up for community-supported agriculture ventures, or CSAs. You become a member by purchasing shares in a local farm, such as Green Cay Produce in Boynton Beach or Swank Specialty Produce in Loxahatchee.

When the harvest is good, you take home a predetermined amount of fruits, vegetables and herbs or whatever else the farm produces. At Green Cay, you get a large or small box each week.

If there's a natural disaster, such as a hurricane or invasion of pests, you and the farm share in the loss.

The selection of items you receive each week depends upon the harvest, of course.

"Everything we share is harvested from 1½ acres of our 20-acre farm," says Jodi Swank, owner of Swank Specialty Produce. There's plenty of room for this CSA to grow from its current 65 shareholders, she adds.

And at the Ocean Avenue Green Market Urban Farming Project, they not only offer produce to CSA members but sell their harvest at the Boynton Beach Green Market and Cafe, says executive director Sherry Johnson.

If you want to try growing your own fruits and veggies, but you don't have the land for it, you can rent space in a community garden. At the Cason Community Garden at Cason United Methodist Church in Delray Beach, some growers have had good luck with tomatoes. ★

Food

Festival marks 29th year with Passport to Greece

By Jan Norris

Six months of planning, and a few frantic days of cooking will culminate in South Florida's largest Greek festival, held at St. Mark Greek Orthodox Church in Boca Raton, Jan. 20-23.

"This is our 29th year," said festival co-chair Pat Sourlis. "Our theme this year is Passport to Greece. It's as much about sharing the culture as the food and festivities. We want to teach others about our heritage."

The festival draws upward of 8,000 visitors and continues to grow each year. Most of the congregation is involved in it, all volunteering time and labor.

Though many of the original workers have died, family members have stepped into their places. Sourlis' family is one of the 50 founding members of St. Mark, and they've been involved with the festival since the beginning. "I've seen the congregation grow from 50 families to 600. The festival work gives us a chance to get to know one another and make new friends."

Along with food booths, there is a large boutique, dance exhibitions, musical groups and exhibits and church tours to show off the culture.

Traditional Greek foods, most prepared by the congregation's cooks, are a highlight. This year, a trio of men is coming out of retirement to cook the lamb shanks, moussaka (an eggplant casserole), pastitsio (Greek lasagna), tomato-sauced meatballs ala Athens and lemon-garlic chicken, Sourlis said. "It's got a secret ingredient — and a lot of garlic!"

"The man normally in charge of this had health issues this year, and so these three guys who used to cook were happy to come back and help do it," Sourlis said.

Val Petroff is overseeing the 25 to 30 women who will show up at the church over a period of three days to churn out more than 7,000 Greek cookies.



Ramona Bean (left), Theodora Preston, Pat Koutrakos, Thelma Constantinou, Alice Cleary and Ann Chambertides staff the pastry booth at last year's Greek Festival. Photo provided

"We go through 100 pounds of butter," Petroff said. "We make the cookies in an assembly line — certain women are in charge of various jobs. Some mix the dough in the commercial mixers, some roll out the cookies, some watch the ovens. We've learned from experience who is better at what."

The women make a day of it, teasing and working together to bake and pack the cookies, Petroff said.

There are dozens of variations for the cookies — kourabiedes (powdered sugar cookies), finikia (honey-dipped cookies) and koulourakia (buttery twists). But the recipes the women use have been handed down from the original festival workers. "It keeps it simple — we know what we need," she said.

The cookies are sold out every year. "They sell out so fast, it's hard to say which are the most popular. I'd say it's running neck and neck between kourabiedes and the koulourakia."

Kourabiedes

1/2 cup unroasted almonds
1 cup unsalted butter, softened
1 egg yolk
2 cups plus 2 tablespoons powdered sugar, divided
1 tablespoon brandy

2 cups all-purpose flour
1/2 teaspoon baking powder
whole cloves

Preheat oven to 350 degrees. Spread almonds in a single layer on a baking sheet, and toast in oven for 6 to 8 minutes or until lightly browned. Remove and let cool before grinding finely in a nut grinder or food processor.

Decrease oven temperature to 325 degrees.

In large bowl of an electric mixer, using paddle, beat butter until light and creamy. Add egg yolk and 2 tablespoons powdered sugar, mixing well. Stir in brandy and ground almonds. In another bowl, stir together flour and baking powder. Gradually add flour to butter mixture, mixing well. Chill dough for 30 minutes. (Note: Dough can be frozen at this point.)

Pinch off dough in 1-inch balls and roll each into a 3-inch log. Place logs about 2 inches apart on ungreased cookie sheets. Shape into crescents. Place a whole clove in center of each cookie. Bake for 30 minutes or until lightly golden. Let cookies cool for 5 minutes. (Remove cloves if desired.)

Sift some of the powdered sugar on a baking sheet covered with waxed paper. Transfer the cookies to the paper to

If you go:

St. Mark Greek Festival
Jan. 20-23, St. Mark Greek Orthodox Church, 2100 NW 51st St., Boca Raton
Hours: Jan. 20, 4-9 p.m.; Jan. 21-22, 11 a.m.-11 p.m.; Jan. 23, noon-9 p.m.
Tickets: \$5 (Mention *The Coastal Star* at the gate and receive \$2 off.) (561) 994-4822; www.stmarkboca.net

Other area

Greek festivals:
• **St. Catherine's Greek Orthodox Church**, 110 Southern Blvd., West Palm Beach; 561-833-6387. Festival will be in February.
• **St. Demetrios Greek Orthodox Church**, 815 NE 15th Ave., Fort Lauderdale; (954) 467-1515. Festival will be Feb. 11-13 at the church.

coat bottoms of cookies, and sift remainder of sugar over cookies. When cookies are cool, remove to a serving platter. Pour the sugar from the baking sheet into the sifter and sift again over the cookies, coating well.

Store in an airtight container.

Makes about 30 cookies.

Moussaka

2 pounds ground beef
3 tablespoons olive oil
3 large white or yellow onions, finely chopped
3 to 5 cloves garlic, minced
15-ounce can tomato sauce
1 cup parsley, finely chopped
1/4 teaspoon nutmeg
1/2 teaspoon cinnamon

For the béchamel sauce:

1/2 cup (1 stick) butter
1 cup flour
1 quart warm milk
4 eggs, beaten

1-1/2 cups grated Parmesan cheese, divided
To assemble dish:
2 to 4 tablespoons olive oil, plus some for brushing pan
1 cup bread crumbs
3 large eggplants, peeled
5 to 6 large zucchini
4 potatoes, peeled and sliced
1 teaspoon pepper

In a large skillet brown the meat. Pour off the fat and remove meat to bowl. Add to the skillet 3 tablespoons olive oil. Saute onions in oil until translucent, then add garlic; cook for about a minute. Add the tomato sauce, parsley, nutmeg and cinnamon and simmer for 5 minutes. Add the meat and blend well. Set aside.

Make the sauce: In a large saucepan, melt the butter over medium heat. Add the flour, stirring constantly. Cook until lightly browned. Gradually blend in the milk. Stir in the beaten eggs and simmer until thick and smooth, stirring constantly. Stir in 1/2 cup Parmesan cheese. Set aside.

On a large baking sheet brushed with olive oil, spread the eggplant, zucchini and potatoes. Drizzle vegetables lightly with oil. Brown the vegetables lightly under broiler, about 7 minutes.

(This may be done in stages, until all vegetables are browned.) Remove cooked vegetables to a platter.

Lightly oil a 10-by-13-by-2-1/2-inch baking pan. Sprinkle with bread crumbs. Layer the casserole, starting with one layer of potatoes, a layer of zucchini and a layer of eggplant and half of the meat sauce. Next, layer of potatoes, zucchini and eggplant and remainder of the meat sauce. The final layer is a potatoes, zucchini and eggplant. Pour the béchamel over all. Top with remaining Parmesan cheese.

Bake at 350 degrees for 50-60 minutes, or until golden brown. Remove from oven and allow to sit for 30 minutes before cutting into squares.

Makes 10 servings.

Note: This dish freezes well.

Boca Raton

City and Junior League team on community garden project

By Margie Plunkett

Green-thumbed residents now have the chance to grow their own in Boca Raton.

The city OK'd a deal that would allow the Junior League of Boca Raton to operate a community garden on the Causeway Lumber site, next to the location of Boca Raton's new library. The garden would be on 1.5 acres on the east side of the site.

Individuals and organizations can lease plots in the garden to grow vegetables, fruit and flowers, with the

Community garden coming

intent that 10 percent of what is grown will be donated back to Boca Raton Helping Hands, which provides food and assistance programs for families in need.

"It's going to be a really beautiful, park-like space that we're using for this garden," said Kate Weissing, chair-elect of the Community Garden Committee. "The mission is to cultivate the spirit of community and enhance the quality of our lives by creating and sustaining an organic garden of vegetables, flowers, plants and trees."

The mission also includes "to produce healthy supplemental food source for its gardeners and the hungry," Weissing said.

The Junior League will be responsible for developing

and administering the garden, including setting rules for participants, and is working with a master gardener. The resolution says operation and maintenance of the garden will be transitioned from the League to another organization formed for that purpose.

The city will put up a fence on the western side of the garden and provide water. The garden would be discontinued if the city decides the site's better for something else — a train station, for instance.

The Community Garden has already set in place initial plans

for fundraising, Weissing said: It's in partnership with Whole Foods, with a "5-percent day" coming up in January and is preparing to sell bricks.

Mayor Susan Whelchel gave the garden her support and said, "We're excited. People are asking about it all the time. A community garden that will afford food to be given away is an outstanding opportunity for the city of Boca Raton."

"This is a beautiful example of a citizens initiative that's 100 percent positive," said council member Michael Mullaugh.



10 Questions

MEET YOUR NEIGHBOR: Peggy Henry

Fourteen years ago, Peggy Henry was invited to tour the Florence Fuller Childhood Development Center in Boca Raton. The nonprofit center, now 40 years old, provides after-school programs for children from low-income families.

A new mother at the time, Henry remembers anticipating feeling sad seeing the children who had so little and knowing her daughter had so much.

"But when I go there, I was so happy to see they were happy," she said. "It was a profound moment for me. It was not about having stuff, it was about having basic needs and feeling safe."

"I wanted to help them continue the service," Henry said. She has been involved with the center ever since and this month takes on a leadership role as chairman of the board of directors.

Before Christmas, Henry and her daughter adopted a class and went out shopping for gifts for them.

A long-time Boca Raton philanthropist, Henry is the ex-wife of commodities trader John Henry, who owns the Boston Red Sox and once owned the Florida Marlins.

She and her former husband share custody of their teenage daughter, who recently became a big sister when her dad and his new wife had a child.

"I have a home in Boston, too, so I can be close to my daughter when she's with her father."

Henry's family also includes a scruffy little adopted Bichon named Perry.

"He's just the best," Henry said.

"I'm happy where I am in life right now, having good friends, knowing who I am and living a more authentic life."

— Mary Thurwachter

Q. Where did you grow up? How do you think that has influenced you?

A. I'm a native Floridian! I was born and raised in Fort Lauderdale. The past eight years I've spent part of my time in Boston. It's a great city to live in and there is so much to do. I've traveled to many places, but it always feel like home when I return to Florida.

I didn't have the opportunities growing up that I have been fortunate to have now. I feel that has kept me grounded and grateful.

Q. What life



Peggy Henry grew up in Fort Lauderdale, and later lived in Boca Raton. She recently was named chairman of the board at the Florence Fuller Child Development Center.

Photo by Jerry Lower

accomplishments are you most proud of?

A. I am most proud of my accomplishments as a mother. I am so proud of the young woman my daughter has become. There isn't anything else as important to me than her happiness. She has a wonderful life filled with unique experiences that she doesn't take for granted. She's a very special person and I am proud.

Q. What is it about the Florence Fuller Child Development Centers that inspires you to become involved?

A. I became involved with the centers over 14 years ago, just after having my daughter.

I was invited to a tour and still remember that day. The children were so happy and friendly as we walked into each classroom. It was evident that they were provided a safe and nurturing environment. The centers provide quality child care, early education and family support and prepare the children for a lifetime commitment of learning and social achievement, while empowering their families to build a brighter future.

Q. Tell us a little about your volunteer work. Why is it important to you?

A. It is important to me to do my part in ensuring the children at Florence Fuller Child Development Centers

have the same opportunities of those more fortunate. I'm excited to be taking a bigger role as incoming chair of the board.

Q. What advice do you have for a young person selecting a career today?

A. I think it's important to have balance in your life no matter what career path you chose. I would encourage all young people to give back and get involved with their communities. We can all contribute in some way to help make a difference for others less fortunate.

Q. What book are you reading now?

A. I'm reading *Little Bee*,

by Chris Cleave. I enjoy a book that allows me to escape into the pages. It's an affecting story of human triumph. However, it takes longer for me to read a book these days as I spend more time on my laptop, iPad & iPhone! I have several newspapers and magazines on my iPad, but prefer to read books instead of downloading them.

Q. Do you have a favorite quote that inspires your decisions?

A. "It is what it is!" I'm not sure who said it originally, but I have a friend that says it often. For me, it's a simple way of putting a situation into perspective. A decision isn't such a challenge when you accept the reality.

Q. Have you had mentors in your life? Individuals who have inspired your life decisions?

A. I've been fortunate to have several mentors in my life. My first mentor has become a dear friend that I met more than 20 years ago when I was dating John.

Marian was an interior designer from Memphis, helping him with a new home in Connecticut. We spent years working together on several projects. She was the most interesting, chic older woman that I had met and I admired her in many ways.

I found a love for interior design while learning from Marian. It wasn't long that I realized the lessons I learned helped me in life as well. I feel my sense of style, balance and confidence developed during my years with Marian and continue to help me be the person I am today.

Q. If your life story were made into a movie, whom would you want to play you?

A. Diane Lane. She's timeless, classic and gracious. I've always enjoyed her as an actress and I think she would be a woman I could have a friendship with.

Q. Who or what makes you laugh?

A. My friends make me laugh! I count on my friends more than ever and it is so good to have friends that you can laugh with in good times and bad. I'm lucky to have some very funny friends. Also, my daughter and I always enjoy funny animal videos! She searches on YouTube for the best and we always have a good laugh together.



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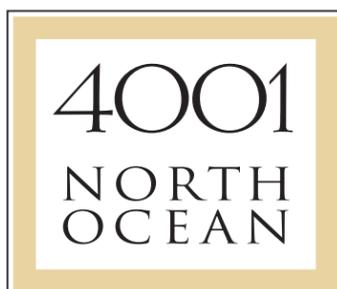
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Society Spotlight

Boca Raton Regional Hospital Ball Kick-off At Bogart's, Boca Raton

Boca Raton Regional Hospital Foundation hosted a kick-off reception for its 49th annual ball at Bogart's.

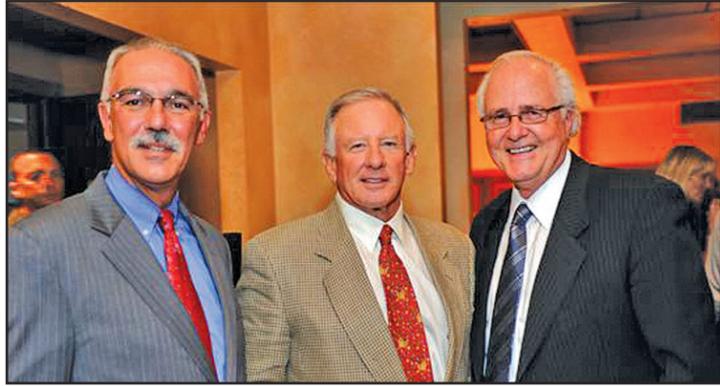
The reception honored the members of the Medical Staff Executive Committee, who will be recognized as honorees at a black-tie gala to celebrate the hospital's

accolades for excellence in patient care.

The ball will be held Jan. 15 at the Boca Raton Resort & Club.

Tickets and sponsorship opportunities are available.

Call the foundation at 955-4142 for more information.



Jerry Fedele, president and CEO (left); Dick Schmidt, chairman, Boca Raton Regional Hospital Board of Trustees; Warren S. Orlando, chairman, Boca Raton Regional Hospital Foundation. Photos provided



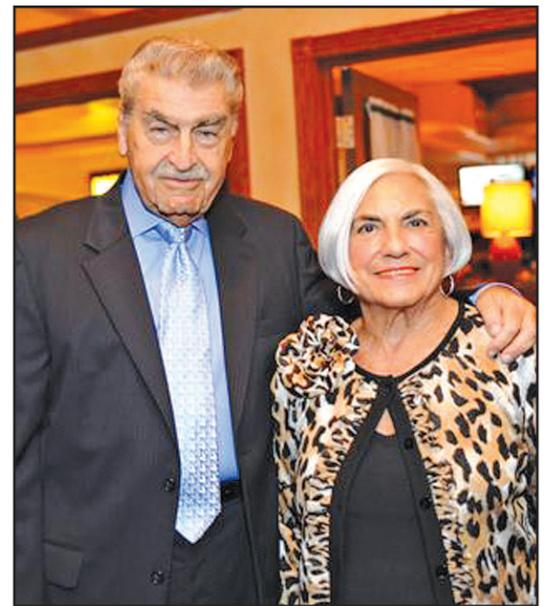
Christine Lynn and Bobby Campbell



Irv Gutin (left), Jeannette Markus, Barbara Gutin and Dr. Douglas DeOrchis



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Holiday Champagne Reception At the Boca Raton Museum of Art



The event committee for the Friends of the Boca Raton Museum of Art's Holiday Champagne Reception included Ann Conte (left), Barbara Scott, Robin May, Nancy Wright and Marjory Bitson. The event featured a variety of items for sale by local artisans as well as refreshment. Photo provided

Gingerbread Holiday Concert At the Boca Raton Resort & Club

Lynn University's Conservatory of Music held its Gingerbread Holiday Concert, on Dec. 12 at the Great Hall of the Boca Raton Resort & Club.

Co-chairs of the event were Pam Coffee (left) and Mary Anna Fowler. Photo provided



Community Calendar

Note: Events are current as of 12/24. Please check with organizers for any changes. Submit your listings to: thecoastalstarcalendar@gmail.com

JANUARY 1

1/1 - Boca Raton GreenMarket is held each Saturday, through 5/7/2011, Royal Palm Place Southwest Parking Lot, intersection of South Federal Highway and South Mizner Boulevard. 8 am-1 pm. Free. 368-6875 or www.ci.boca-raton.fl.us.
1/1 - Be the Dinosaur: Life in the Cretaceous - First-of-its-kind exhibit combines traditional dinosaur exhibit elements with sophisticated computer simulation at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Runs through 1/10. M-F: 9 am-6 pm, Weekends/holidays: 10 am-5 pm. \$5. 347-3912 or www.scienceexplorium.org.
1/1 - Whimsical Journey - Art by Bernie Kraus, Jerry Saxon & Gabriela Witis - Art Exhibit at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Bernie Kraus displays his one-of-a-kind handmade children's clocks; Jerry Saxon features *The Secret World of Tree Bark*, a photographic exhibit uncovering the mysterious abstract beauty of the trees at Sugar Sand Park; and Gabriela Witis paints a fantastical world of exaggerated people and objects. 10 am-5 pm. Free. 347-3900.
1/1 - Toppel Family Place Tour - 10 am Boca Raton Regional Hospital, Toppel Family Place Lobby, 800 Meadows Road, Boca Raton. Free; no registration required.
1/1 - A Christmas Carol Musical Production - at Showtime Dance & Performing Arts Theatre, 503 SE Mizner Blvd., Ste. 73, Boca Raton. 2 pm. \$14/adults, \$10/children 12 & under. Reservations required. 394-2626.

JANUARY 2-8

1/2 - Kabbalah & Coffee - at Chabad of East Boca Raton, 120 NE First Ave., Boca Raton. The best part of waking up is coffee in your cup and Kabbalah in your "kop" (head in Yiddish). Includes weekly Living Torah Video Presentation. The class can be viewed by logging on to <http://torahcafe.com/chassidic-heritage-series.pho>. Viewers are encouraged to purchase Full Devotion at www.Kehotonline.com. Held every Sunday morning. 10-11:30 am. Free. 417-7797 or www.chabadbocabeaches.com.
1/3 - Advanced Mah-Jongg at the Highland Beach Library, 3618 S. Ocean Blvd. Held every Monday. 12:30-1:30 pm. Free. 278-5455 or www.ci.highland-beach.fl.us.
1/3 - All About Greens Class - at Whole Foods, 1400 Glades Road, Boca Raton. First of a weeklong series of classes celebrating living naturally. 7-8 pm. Free. Pre-register at 447-0000 or www.wholefoods.com.
1/4 - HSAED Heartsaver automated external defibrillator class teaches adult, child and infant one-person CPR, as well as the use of the automated external defibrillator. An AHA certification card is issued upon successful completion of the course. The class runs 2-3 hours and includes an AHA text book, 9 am-noon, Boca Raton Regional Hospital, Education Center, Classroom B, 800 Meadows Road, Boca Raton. Fee: \$25. Register at 955-4468.
1/4 - Sign, Say & Play - Six-week Baby Signs play class program designed

especially for parents and their babies, 5-7 pm Tuesdays, Boca Raton Regional Hospital, Toppel Family Place, 800 Meadows Road. Fee: \$170. 585-3674.
1/4 - Socrates Café - Weekly discussion group under the guidance of Ethel Genes at the Highland Beach Library, 3618 S. Ocean Blvd. Devoted to supporting philosophical inquiries of all ages and walks of life. 10:30 am. Free. 278-5455.
1/4 - Guided Tour of the Historic Boca Raton Resort & Club - Explore the world famous resort's history with a 1.5-hour walking tour at Boca Raton Resort & Club, 501 E. Camino Real. Follow the resort's evolution when it began as the Cloister Inn in the 1920s. Highlights include Addison Mizner's story, his architectural inspirations, and remarkable furnishings. Held every first and third Tuesday of the month. Reservations are required. 2 pm. \$10/BRHS members, \$15/non-members, \$10 valet fee per car. 395-6766, Ext. 100.
1/4 - Cartooning, Drawing and Coloring Class - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. This five-class session runs through 2/15. No class on 1/25. For ages 7-15. 4-5:30 pm. \$52/resident; \$65/non-resident. 347-3900.
1/4 - Distressed Real Estate Investor's Association - Real estate developer Frank McKinney will be featured speaker at the group's meeting at 7 pm at the Deerfield Beach Hilton, 100 Fairway Drive. 948-2127.
1/4 - Health Starts Here Class & Tour - at Whole Foods, 1400 Glades Road, Boca Raton. Part of a week-long series celebrating Living Naturally. Class: 7-8 pm, Tour: 6-7 pm. Free. Pre-register at 447-0000 or www.wholefoods.com.
1/4-6 - Gloria Loring performs The Streisand Songbook with Bob Lappin and The Palm Beach Pops at Kaye Auditorium at Florida Atlantic University, 777 Glades Road, Boca Raton. Held again 1/10-11 at Kravis Center, 701 Okeechobee Blvd., West Palm Beach. 8 pm. \$29-89. 832-7677 or www.palmbeachpops.org/streisand.
Wednesday - 1/5 - Art Exhibit: Young At Art by CVE Art Club - Art Exhibit at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Works in a variety of media by the members of the Century Village East Art Club. Exhibit continues through 1/30. Hours: M-F 8 am-10 pm, Sat. 8 am-5 pm, Sun./Holidays 10 am-5 pm. Free. 347-3900 or www.SugarSandPark.org.
1/5 - Senses of Cinema Presents Film for Thought Class - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 18+. This five-class course runs through 2/16. No class 1/12 & 1/26. 10 am-noon. \$60/resident; \$75/non-resident. 347-3900 or www.SugarSandPark.org.
1/5 - Family JAM: Music & Movement for tots ages 2-5 pm at the Boynton Beach Art Center, 125 SE Second Ave. Get your little one moving with JAM songs, dances and creative moment. Wednesdays from 10:30-11:30 am through 2/9. \$30/residents, \$38/non-residents. Registration: 742-6650.
1/5 - Early After School Science Series: Arts & Science - at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. These monthly classes engage children in hands-on experiments to explore a variety of science topics. Held each Wednesday in January. Ages 7-9: 1 pm; ages 10-12: 2 pm. \$3/residents; \$3.75/non-residents. 347-3912 or www.scienceexplorium.org.

1/5 - The Joy of Watercolor Class - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 16+. This four-class course runs through 2/2. 1-4 pm. \$100/resident; \$125/non-resident. 347-3900.
1/5 - New Mommy Chiropractic Lecture - at Whole Foods, 1400 Glades Road, Boca Raton. Part of a week-long series celebrating Living Naturally. 6-7 pm. Free. Pre-register at 447-0000.
1/5 - Sanford Meisner Acting Technique Class - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 16+. This eight-class course runs through 2/23. 6:30-9:30 pm. \$150/resident; \$187.50/non-resident. 347-3900 or www.SugarSandPark.org.
1/5 - War vs. Human Needs, "Direction for Progressives on Military Spending and Foreign Policy," lecture by Harry Targ, professor of political science at Purdue University is presented by Events for Progressives: Broward and Palm Beach Counties. 7 pm, 2001 N. Ocean Blvd., Boca Raton. RSVP to bob@benderworld.com.
1/5 - Family and Friends - Learn the basics of infant, child and adult CPR, relief of choking, and child and infant one-person CPR, as well as the use of the automated external defibrillator. A completion certification is issued upon successful completion of the course. The course includes a course book and runs 2-3 hours. 6-8 pm at Boca Raton Regional Hospital, Education Center, Classroom B, 800 Meadows Road, Boca Raton. \$20. 955-4468.
1/6 - Drop-in Story Time - Music, stories, fun finger plays and action songs stimulate learning at this weekly program at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For children of all ages accompanied by an adult. Held every Thursday. 10-10:30 am. Free. 393-7968 or www.bocalibrary.org.
1/6 - Canoeing The Mangroves - Enjoy a naturalist guided tour from the boardwalk at Rutherford Park, 600 NE 24th St., Boca Raton. Presented by the Gumbo Limbo Nature Center. Following the tour, paddle through the mangrove trails and back along the shoreline of the Intracoastal. Experience is necessary. Wear clothes and shoes that can get wet and dirty. Sun protection, water and bug spray are recommended. Prerequisites: Must be proficient at paddling and maneuvering a canoe in open water and confined trails; Must be capable of getting into and out of a canoe from a dock and dry or muddy land on your own or with assistance from a companion; and must have the physical ability to get back into a canoe from the water, in case of tipping. Ages 7-adult, an adult must participate with each child. 10:30 am-12:30 pm. \$15/member, \$22/non-member. Held again 1/22 (11 am-1 pm) and 2/3 (9:45-11:45 am). Reservations and pre-payment required: 391-8110 or www.gumbolimbo.org.
1/6 - The Islamification of Europe - Presented by the Jewish Federation of South Palm Beach County at the Highland Beach Library, 3618 S. Ocean Blvd. Dr. Leon Weissberg will speak. 4:30 pm. Free. Contact Ida Novak at 852-3342 or e-mail idan@bocafed.org.
1/6 - Supplements & Super Foods Lecture - at Whole Foods, 1400 Glades Road, Boca Raton. Part of a weeklong series celebrating Living Naturally. 6-7 pm. Free. Pre-register at 447-0000.
1/6 - Movie Club: Percy Jackson & The Olympians (PG) is presented as part of Teen



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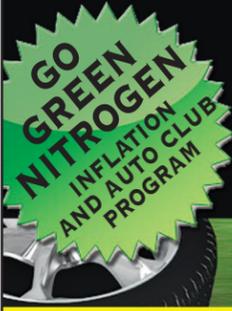
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Movie Club at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For ages 13-17. 6-8 pm. Free and includes free pizza and soda. 393-7968 or www.bocalibrary.org.

Friday - 1/7 - Toddler & Me with Dr. Melanie. For walkers to age 2 and their parents. Developmental activities, circle time and parent discussion provide an opportunity for interactive play and practical information. 9:30-10:45 am Fridays, Boca Raton Regional Hospital, Toppel Family Place, Maternity Service, 800 Meadows Road, Boca Raton. 272-5622.

1/7 - Baby & Me with Dr. Melanie. For babies sitting and crawling and their parents. Baby games, Circle Time, parent discussion and practical tips. 11 am-12:15 pm Fridays. Boca Raton Regional Hospital, Toppel Family Place, Maternity Service, 800 Meadows Road, Boca Raton. 272-5622.

1/7 - Boca Express Train Museum Tour - at the FEC Railway Station, Count de Hoernle Pavilion, 747 S. Dixie Highway. Enjoy a guided tour of two 1947 Seaboard Air Line streamliners. Both listed on the National Register of Historic Places, the dining and lounge rail cars have been restored to their original splendor and deliver a nostalgic look at the glamorous days of train travel. Held the first Friday of every month through 5/2011. 1-4 pm. \$5/adults, \$2/children 6-12 years, free for children under 6 years and Boca Raton Historical Society members. 395-6766, Ext. 100, or www.bocahistory.org.

1/7 - Opening Night Exhibit Reception - at Highland Beach Library, 3618 S. Ocean Blvd. Exhibit includes photographs of Dennis and Carole Usdan and Susan Price Gould's exhibit *The Book As Art* will be displayed along with the related framed art that inspired her 360-degree formatted books. Exhibit runs through 2/24 during regular library hours. 4-6 pm. Free. 278-5455 or www.ci.highland-beach.fl.us.

1/7 - Talent Show Social at Sol Children Theatre, 3333 N. Federal Highway, Boca Raton. Evening social and talent night with fun for the whole family. Refreshments. 6-8 pm. Free. 447-8829.

1/7 - "Art with a Heart" - Visual art from the students of the Boys & Girls Clubs of Broward County. This year's exhibition, titled "I Believe..." is part of a national competition and will be presented in Florida Atlantic University's Ritter Art Gallery, 777 W. Glades Road, Boca Raton. Reception is 6:30-8:30 pm. Opens again 1-5 pm 1/8. Opening reception and exhibition are free and open to the public. 297-2966.

1/7 - Raw Foods Class - at Whole Foods, 1400 Glades Road, Boca Raton. Part of a week-long series of classes celebrating living naturally. 7-8 pm. Free. Pre-register at 447-0000 or www.wholefoods.com.

1/7-9, 12-15 - Broadway Bound - at The Willow Theatre, 300 S. Military Trail, Boca Raton. Neil Simon's acclaimed autobiographical play set in the 1940's Brooklyn. Two brothers try to break into show business as professional comedy writers while coping with their parents' marital strife. 8 pm shows 1/7, 8, 12-15; 2 pm shows 1/8, 9, 15 & 16. \$18. 347-3948 or www.willowtheatre.org.

1/8 - Delray GreenMarket is held each Saturday, through 5/14/2011, in the first block of Southeast Fourth Avenue between Atlantic Avenue and Southeast First Street. Outdoor venue offers fresh local produce, baked goods, gourmet food items, plants, live music and children's activities. 8 am-1 pm. Free. 276-7511 or www.delraycra.org.

1/8 - Little Wonders - Introduce children to plants and animals around them with a hike for little feet, crafts for tiny fingers, and stories for growing minds at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. For children ages 3 and 4, accompanied by an adult/9:30-10:15 am. \$5/members, \$8/non-members - per child. Reservations and pre-payment required: 391-8110 or www.gumbolimbo.org.

1/8 - Saturday Stories & Spanish Bilingual Storytime - Music, stories, fun finger plays and action songs stimulate learning at this weekly program at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For children of all ages accompanied by an adult. 10-10:30 am. Free. 393-7968 or www.bocalibrary.org.

1/8 - Whole Body Fair and Lectures - at Whole Foods, 1400 Glades Road, Boca Raton. Part of a weeklong series celebrating living naturally. 11 am-2 pm. Free. 447-0000 or www.wholefoods.com.



ABOVE: Reggae singer Matisyahu takes the stage Dec. 18 during Fedstock at Mizner Park.

LEFT: The event, co-sponsored by the Jewish Federation of South Palm Beach County and other federations, schools and synagogues, drew more than 7,000 people to Mizner Park over a two-day period. Singer Dudu Fisher appeared Dec. 19, and there also was a "shuk" Jewish marketplace, "Dr. Wohlgenuth's Kid Zone" and other children's activities. Photos by Tim Stepien

1/8 - Sweethearts in the Studio Class - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Nationally recognized and award-winning fine art program for young artists who may have physical/cognitive challenges. For ages 9-13. This six-class course runs through 2/19. No class 1/29. 1-2:30 pm. \$125/resident; \$156.25/non-resident, plus \$10 materials fee. 347-3900 or www.SugarSandPark.org.

1/8 - Kabalah Yoga Lecture - by Audi Gozlan and Rabbi Ruvy New at Chabad of East Boca, 120 NE First Ave. This unique style of yoga is based on shaping the body into the Hebrew letters. Developed by Montreal-based Audi Gozlan, the Kabalah Yoga method has garnered a huge international following and the creation of Gozlan's own TV show - *The Kabalah Yoga Show* on ONE - the Mind Body and Spirituality Television Network. Audi Gozlan will share the secrets of Kabala Yoga and Rabbi New will perform Songs of Soul. 7:30 pm. \$25. RSVP required. 417-7797 or www.ChabadBocaBeaches.com.

1/8-9 - 24th Annual Boca Fest - at The Shops of Boca Center, 5250 Town Center Circle. Some of the nation's top artists will appear, blending a balance of long-time favorites with the latest hnames in the contemporary art scene. Life-size sculptures, paintings, one-of-a-kind jewels, photography, ceramics, and much more. This year there will be a demonstrating artist section where you can witness artists and fine crafters creating their art. 10 am-5 pm. Free. (954) 472-3755.

JANUARY 9-15

Sunday - 1/9 - Walk for Life is held to benefit Gift of Life Bone Marrow Foundation at Pond Apple Pavilion, South County Regional Park, 11200 Park Access Road, Boca Raton. \$20. 982-2900.

1/9 - Weekend Movie Madness: Little Giants - at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Rated G. Children under 12 must be accompanied by an adult. 11 am. \$1 admission includes popcorn and a beverage. Ticket box office: 347-3948 or www.sugarsandpark.org.

1/9 - Good Grub Club: Brunch - at Whole Foods, 1400 Glades Road, Boca Raton. Part of a weeklong series celebrating living naturally. 11 am-noon. Free. Pre-register at 447-0000 or www.wholefoods.com.

1/9 - The Lost Wooden Synagogues of Eastern Europe - Film screening and discussion by Albert Barry, the film's executive producer, at the FAU Wimberly Library, fifth floor, 777 Glades Road, Boca

Raton. Barry has researched Eastern European synagogues, gathered rare photographs of the synagogues and built models of them for the past 35 years. His work has led to this documentary about the story of the synagogues, the life that surrounded them before the war and what has happened to them in the last 50 years. Sponsored by the Jewish Cultural Society at FAU. 3 pm. \$20/non-members; \$15/members; \$25/two family members. 852-9720 or www.fau.edu/library.

1/9 - Steve Leeds and his trio - "From the Rainbow Room in New York City" - 3 pm, Boca Raton Public Library, 1501 NW Spanish River Blvd., Boca Raton. 393-7852.

1/9 - Doug Crosley performs Hoagy Carmichael - as part of the Libby Dodson Live at Lynn Jazz Series at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. Features Marshall Turkin and his Classic Jazz Ensemble with The Musical Golden Age of Jazz, Broadway, Hollywood and Tin Pan Alley, plus guest artists and historical videos. Sat. 4 pm. Tickets \$25-\$40. 237-9000.

1/9 - Neil Diamond Tribute - at the Pavilion Grille, Stonegate Bank Building, 301 Yamato Road, Boca Raton. Neil Zirconia bears an uncanny resemblance in looks and voice to the man himself in this three-hour tribute show. Tickets for the show and dinner buffet are \$29.95 (plus tax and tip). Buffet will be served 6:30-8 pm. Admission to the bar area and cocktail lounge after 7:30 pm is \$10 and includes a house drink. Tribute show starts at 8 pm. 912-0000 or www.paviliongrille.com.

1/10 - Daughters of the American Revolution, Estahakee Chapter, meets at the Holiday Inn, 2809 S. Ocean Blvd., Highland Beach. Meets second Monday of each month, October through May. R.S.V.P. one week in advance. 11 am. 483-1762 or www.fssdarchapters.org/estahakee/.

1/10 - Lymphoma Research Foundation's 5th Annual South Florida Luncheon is held at St. Andrews Country Club, 17557 Claridge Oval W., Boca Raton. 1:30 am. \$125. (646) 465-9103.

Tuesday - 1/11 - Special Flights for Special Kids is hosted by Vital Flight at AVITAT Flight Operations at Boca Airport, 3707 FAU Blvd., Boca Raton. All-day event. 961-1500 or jspilot@vitalflight.org.

1/11 - Tastings are presented by Young Friends of Palm Beach Opera at Ill Forks, 200 E. Palmetto Park Road, Boca Raton. A taste of *Orfeo ed Euridice* is paired with wine as guests mingle. 5:30-7:30 pm. \$25/members, \$30/non-members. 833-7888.

1/12 - Lyric String Quartet - Music Around the World at the Highland Beach Library, 3618 S. Ocean Blvd. Sponsored by the Friends of the Library. 5-7 pm. Free. 278-5455 or www.ci.highland-beach.fl.us.

Thursday - 1/13 - Wetlands Walk - Wakodahatchee is a man-made wetland that has become a favorite for birders and photographers at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Bring your binoculars for this three-quarter-mile guided boardwalk tour to learn more about Florida's wetlands. Ages 7-adult, children must be accompanied by an adult. 8-10 am. Held again 1/27 (3-5 pm). Free. Reservations required: 391-8110.

1/13 - Tour of Historic and Contemporary Boca Raton is presented by the Boca Raton Historical Society. Departs Old Town Hall, 71 N. Federal Highway, at 10 am. \$20. 395-6766, Ext. 100.

1/13 - The Magic of Robb & Stucky Design - at Robb & Stucky, Mizner Park, 200 Plaza Real, Boca Raton. Join Design Consultant Cyril Lebbad as she takes you through the design process, using state-of-the-art CAD design software. 2 pm. Free. 862-5597 or www.robbstucky.com.

1/13 - Lecture - Actress Jane Russell - at The Crest Theatre, 51 N. Swinton Ave., Delray Beach. She was one of Hollywood's leading sex symbols in the 1940s and 1950s. Appearing in 18 movies, she was discovered by Howard Hughes and shot to stardom in her unforgettable role in *The Outlaw*. She starred on Broadway, enjoyed a successful singing career and was spokeswoman for Playtex "Cross Your Heart" bras. \$25. 2 pm. 243-7922, Ext. 1, or www.oldschool.org.

1/13 - Lecture - Dan Millman, subject of the movie *The Peaceful Warrior*, presented as part of the Expressions of Peace Public Lecture series at FAU's Dorothy F. Schmidt College of Arts and Letters, University Theatre, 777 Glades Road. Millman, a former world-champion gymnast, Stanford coach and martial arts instructor, will discuss journeys through daily life and ways to find wisdom to light the way. 7 pm. \$25. 297-2623 or www.fauvents.com.

1/13 - Town Hall Talks - at the Boca Raton Historical Society, Old Town Hall, 71 N. Federal Hwy. Robert Currie, architect and principal founder of Currie Sowards Aguila Architects, Delray Beach, will give a presentation on modern architectural history. 7-8:30 pm. \$5/non-members, free/BRHS members. 395-6766 ext. 100 or www.bocahistory.org.

1/13 - Chamber Orchestra - at the Keith C. and Elaine Johnson Wold Performing Arts

Center, Lynn University, 3601 N. Military Trail, Boca Raton. An evening of selections for small orchestra featuring works by Beethoven and Stravinsky. Conducted by Terence Kirchgessner. 7:30 pm. Tickets \$10-\$25. 237-9000 or www.lynn.edu/tickets.

Friday - 1/14 - Meet The Artist - Young At Art CVE Art Club - Art Exhibit at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Works by members of the Century Village East Art Club. Exhibit continues through 1/30. Hours: M-F 8 am-10 pm, Sat. 8 am-5 pm, Sun./Holidays 10 am-5 pm. Reception: 7 pm. Free. 347-3900 or www.SugarSandPark.org.

1/14 - Eyes to the Skies with the professional-grade 16-inch Meade LX Schmidt-Cassegrain telescope at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. This informal event is held in the parking lot (weather permitting). All children under age 18 must be accompanied by an adult. No registration required. Telescope will be out for at least one hour after the scheduled start time. Note: Stars must be visible for the telescope to align. 6 pm. Free. 347-3912 or www.scienceexplorium.org.

1/14-30 - The Magician's Nephew - Opening night at Sol Children Theatre, 3333 N. Federal Highway, Boca Raton. Young Digory and his friend Polly, through the use of magic rings created by Digory's uncle, set forth on a series of adventures through mythical kingdoms and enchanted lands. Shows will be held Friday and Saturday at 7 pm and Saturday and Sunday at 2 pm: \$12/adults, \$8/juniors (age 11 and younger). Opening night show 7 pm. Tickets: \$15/adults, \$10/juniors (age 11 and younger). 447-8829 or www.solchildren.org.

1/15 - Public Reception: Building a Beloved Community - Unveiling of a new art exhibit at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. This work involves 12 local artists creating a 12-inch by 12-inch canvas using Sugar Sand Park as their inspiration. The individual canvases will be combined to form one complete work. Exhibit will remain on display through the year. 11 am. Free. 347-3900 or www.SugarSandPark.org.

1/15 - Quest for Excellence - 49th Annual Boca Raton Regional Hospital Ball - Help celebrate the hospital's national healthcare rankings at the Boca Raton Resort & Club, 900 Ocean Blvd., Boca Raton. Benefits the hospital's Patience Caring Fund. 7 pm-midnight. \$400. 955-3249.

1/15 - Concert: Matt Marshak Trio - Presented as part of the Smooth Jazz Series at Royal Palm Place, Southwest corner of the intersection of South Federal Highway and South Mizner Boulevard, Boca Raton. 7-9 pm. Free and open to the public, rain or shine. www.downtownboca.org.

1/15 - Celebrating Music for Left-Hand Alone with guest pianist Gary Graffman - at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. Graffman will be joined by Conservatory string faculty. 7:30 pm. Tickets \$20-\$35. 237-9000 or www.lynn.edu/tickets.

1/15-16 - 22nd Annual Downtown Delray Beach Festival of the Arts is held along Atlantic Avenue, from Federal Highway to A1A. Features 300 artists who will display more than \$15 million in artwork. 10 am-5 pm. Free. 279-1380, Ext. 3, or www.artfestival.com.

JANUARY 16-22

1/16 - Gary Graffman Master Classes - at the Amarnick-Goldstein Concert Hall, de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. These master classes will feature performances by Conservatory piano students from the studio of Roberta Rust. Two class times: 10 am and 1 pm. Free. 237-9000 or www.lynn.edu/tickets.

1/16 - Lynn University Wind Ensemble: The Wind Symphony - at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. Featuring four symphonies of dramatically differing characters written for wind band by 20th-century greats Persichetti, Gould, Hovhaness and Hindemith. Kenneth Amis will serve as music director and conductor. 4 pm. \$10-\$25. 237-9000.

Monday - 1/17 - Magnificent Manatees - Learn all about these gentle giants at the Gumbo Limbo Nature Center, 1801 N.

Ocean Blvd., Boca Raton. Receive a great informative booklet about these wonderful creatures, make a clay manatee and take a walk to the Intracoastal to see if we can spot one. Ages 7-12, adults must sign-in children but do not have to stay. 10-11 am. \$8/members, \$12/non-members. Reservations and pre-payment required: 391-8110 or www.gumbolimbo.org.

1/17 - Jewish Influences on Film Music

- Presented by the Jewish Federation of South Palm Beach County at Carmen's Restaurant atop the Bridge Hotel, 999 E. Camino Real. Dr. Heather Colman, chair of the Department of Music at FAU will discuss and perform pieces from her talk. 5:30 pm. \$50/person includes dinner, speaker and valet. Minimum gift of \$180/person required to attend. Contact Ida Novak at 852-3342 or idan@bocafed.org.

1/17-22 - Seventh Annual Palm Beach Poetry Festival

- at the Old School Square Cultural Arts Center, 51 N. Swinton Ave., Delray Beach. Festival lectures, readings and public events are open to anyone who wants to experience the poetry world. Workshops run 9:30 am-noon T-Sat. Opening day registration 6-7 pm, organizational meeting of workshops 7-8 pm. T-F 9:30 am-10 pm, Sat. 9:30 am-12:30 am. Individual event ticket prices \$12/adults, \$10/seniors, \$8/students. Visit www.palmbeachpoetryfestival.org. 243-7922 or www.oldschool.org.

Tuesday - 1/18 - Martin Luther King Day

1/18 - Audubon Society of the Everglades: South County Meeting - at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Larry Wood will be speaking about his research on the hawksbill turtles that are found in the waters off of Palm Beach County. This meeting is sponsored by Gumbo Limbo Nature Center and is open to the public. All ages, children must be accompanied by an adult. Reservations are not required. 2-3 pm. Free. held again 2/15 & 3/15. 498-0996 or www.auduboneverglades.org.

1/18 - Boca Beachcombing - Meet for an introductory talk about seashells and the animals that make them at Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton, then caravan over to Red Reef Park, 1400 N. State Road. A1A, Boca Raton, to walk the beach in search of ocean treasures. Open to all ages, children must be accompanied by an adult. 3:30-5 pm. \$5/members, \$8/non-members. Reservations and pre-payment required: 391-8110.

1/18 - The Gardens of Versailles and Villandry - at Robb & Stucky, Mizner Park, 200 Plaza Real, Boca Raton. Licensed interior designer Sonia Lise Longchamp, ASID, joins Jean Renoux of Art & Architectural Tours & Seminars for this engaging virtual tour of two of the world's most exquisite gardens. 2 pm. Free. 862-5597 or www.robbstucky.com.

1/18 - Your Child Is A Star! Children's Acting Series - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 6-14. This six-class course runs through 3/1. No class 2/1. 5-6 pm. \$90/resident; \$112.50/non-resident. 347-3900 or www.SugarSandPark.org.

1/18 - Auditions for "A Little Princess" musical - at Sol Children Theatre, 3333 N. Federal Highway, Boca Raton. Auditions are by appointment only. Looking for actors age 10 and older. Closed audition: 1 minute prepared monologue - must be from a published play or classic literature; prepared musical theater solo using backing track accompaniment (piano is not available, no a cappella please). Bring a brief bio and a headshot/photo. Rehearsals begin in February for May performances. Auditions held again 1/20 (7:30-9 pm), 1/24 (6-9 pm) and 2/5 (9 am-1 pm). 7:30-9 pm. To schedule an audition, call 447-8829 or e-mail solchildtroupe@aol.com.

1/19 - Eco-Watch - Sea Turtle Wearing Back Packs - Presented as part of the Lecture Series at Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Presented by Jeanette Wuyneken, Ph.D, associate professor at FAU. New insights into offshore travel by neonate sea turtles. Recommended for adults and teens, teens under 18 must be accompanied by an adult. 9:30-11 am. \$5 suggested donation. Reservations and pre-payment required: 391-8110 or www.gumbolimbo.org.

1/19 - Happily Ever After - The Magic of Writing Children's Books Class - at

Municipal meetings

1/4 & 2/1 - Highland Beach - first Tuesday of each month at Highland Beach Town Hall, 3614 S. Ocean Blvd. 1:30 pm. Agenda at www.ci.highland-beach.fl.us.

1/11 & 1/25 - Boca Raton - second & fourth Tuesday of each month at Boca Raton City Hall, 201 W. Palmetto Park Rd. 6 pm. Agenda at www.ci.boca-raton.fl.us.

Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 19+. This five-class course runs through 2/16. 7-9 pm. \$115/resident; \$143.75/non-resident. 347-3900 or www.SugarSandPark.org.

1/20 - Adding Color to Your Decor - at Robb & Stucky, Mizner Park, 200 Plaza Real, Boca Raton. Design Consultant Lindsey Brodie reveals how to add color to targeted places to create a new and fresh room. Give your rooms that "wow" factor by adding a spot of color on an accent wall, or enliven a neutral space with colorful artwork or throw pillows. 2 pm. Free. 862-5597 or www.robbstucky.com.

1/20 - Night Explorers - Owls, stars, bugs, things that go bump, and some that glow are seen at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Hike with creatures of the night along the boardwalk, see the tanks under a different light, and peek at the night sky courtesy of the Palm Beach County Astronomical Society. For ages 7-adult, children must be accompanied by an adult. 6:30-8:30 pm. \$7/members, \$10/non-members. Reservations and pre-payment required: 391-8110 or www.gumbolimbo.org.

1/20 - Thursday Movie Classics: The Bucket List - at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. 7:30 pm. \$1 admission includes popcorn and a beverage. Ticket box office: 347-3948 or www.sugarsandpark.org.

1/22 - Arts Ballet Theatre of Florida - at The Willow Theatre, 300 S. Military Trail, Boca Raton. Under the direction of ballet master Vladimir Issaev, Arts Ballet Theatre of Florida presents a superior repertoire featuring the most famous classical *pas de deux* and neo-classical pieces by Issaev and guest choreographers. 2 pm. \$16. 347-3948 or www.willowtheatre.org.

1/22-23 - Off-Broadway Musical Hit: "Pete 'n' Keely": A sparkling musical cocktail on the rocks - presented as part of the Libby Dodson Live at Lynn Theatre Series at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. This award-winning musical hit features the original Off-Broadway cast and crew. Sat. 7:30 pm; Sun. 4 pm. \$45-\$65. 237-9000 or www.lynn.edu/tickets.

1/22-23 - 2nd Annual Boca Raton Fine Art Show - at Royal Palm Place, 302 Federal Hwy, Boca Raton. Featuring juried artists from around the world to sell their art works. 10 am-5 pm each day. Event and parking are free. (941) 755-3088 or www.hotworks.org.

JANUARY 23-29

Sunday - 1/23 - Soloist Suljin Lee with the Boca Raton Symphonia - at The Roberts Theater at Saint Andrew's School, 3900 Jog Road, Boca Raton. This 17-year-old cello soloist and Itzhak Perlman protégé has been personally selected by Perlman as soloist for this concert. Lee has been playing with orchestras nationally and internationally since she was seven. Gunther Schuller, a Pulitzer Prize Winner and two-time Guggenheim Fellowship awarded composer, will conduct the young talent in the program featuring Mozart's *Overture to Così fan Tutte*, Haydn's *Cello Concerto in D major*, Prokofiev's *Classical Symphony*, Ibert's *Divertissement* and Schuller's own *Concerto de Camera*. Prior to each concert, Martin Booksman will hold an open discussion with concert conductors, including questions from the audience and commentary. Pre-concert Q&A: 1:45 pm. Concert: 3 pm. Tickets: \$30-\$53. 376-3848 or www.bocasymphonia.org.

1/23 - Making Sense of Today's Political Nonsense, with Robert Watson, Ph.D., Watson is professor and coordinator of American Studies at Lynn University. Prior to joining Lynn's faculty in 2007 he taught for 15 years at four other universities and with the Junior Statesman Foundation

at Yale, Stanford and Georgetown universities. 3 pm, Boca Raton Public Library, 1501 NW Spanish River Blvd., Boca Raton. Free. 393-7852.

1/24 - Motoko: Tales of Now and Zen; Planet Story: Tales and Tellers from Around the World - Japanese storyteller at the Caldwell Theatre, Count de Hoernle Theatre, 7901 N. Federal Highway, Boca Raton. 2 pm & 7 pm. \$20-25; full-time students \$10 with ID. 241-7432 or www.caldwelltheatre.com.

1/24 - Flying Fish Kites - Learn a few fishy facts helpful in identifying our aquatic friends at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Ages 5-12 with an adult. 3-4 pm. \$5/members, \$8/non-members. Reservations and pre-payment required: 391-8110.

1/25 - Mizner Industries: The Creation of the Mizner Style - A slide lecture and exhibition tour presented by the Boca Raton Historical Society curator Susan Gillis at Old Town Hall, 71 N. Federal Hwy. Presented as part of FAU's Lifelong Learning Society Winter 2011 term. 11 am-12:45 pm. \$25. 297-3171 or www.fau.edu/lls.

1/25 - Boca Delray Music Society's Monthly Luncheon is held at the Delray Beach Club, 2001 S. Ocean Blvd., Delray Beach. Entertainment features 12-year-old Matthew Reichenberger and 15-year-old Gabrielle Chou. Following luncheon, Jonah Kim and Jose Menor will perform. Cocktail reception: 11:30 am; Luncheon: noon. \$35. 734-6159

1/25 - New Music Festival Defining Modernism: Faculty Favorites - at the Amarnick-Goldstein Concert Hall, de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. Opening night of the fifth annual New Music Festival featuring the faculty in a diverse program of music from the last century creating an artistic commentary on the concept of "modernity." Gunther Schuller, composer and conductor-in-residence. 7:30 pm. Free. 237-9000 or www.lynn.edu/tickets.

1/25-27 - After School Science Series: Robotics - at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Explore how robots are made and what they can do. Tues.: Grades K-1 (with parent); Wed.: Grades 2 & 3; Thurs.: Grades 4-5. 4-5 pm. \$7.50/residents; \$9.40/non-residents. 347-3912 or www.scienceexplorium.org.

1/26 - Crown of Judah Celebration Luncheon - Sponsored by the Jewish Federation of South Palm Beach County, to be held in a private home in St. Andrews Country Club, Boca Raton. Attorney and Harvard Law professor Alan Dershowitz will continue last year's conversation with the federation's most generous women who contribute a minimum of \$10,000 to the annual campaign. Wendy Pressner is chair of this annual luncheon. 11 am. \$65. 852-6090 or staceys@bocafed.org..

1/26 - New Music Festival Spotlight 1: Young Composers - at the Amarnick-Goldstein Concert Hall, de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. The second concert of the fifth annual New Music Festival will feature the works of the extraordinary composition majors performed by the composers themselves and their peers. This concert will feature the winning work of the 2011 Florida State Music Teachers Association high school composition competition. 7:30 pm. Free. 237-9000 or www.lynn.edu/tickets.

1/26 - Community Cabaret - Calling all singers, dancers, musicians and stand-up comedians to the Willow Theatre at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Performers must register in advance. Box office hours: T-F, 10 am-1 pm & 5-8 pm; Sat. 1-5 pm and 1 hour prior to shows. 7:30 pm. Admission: \$2.00. 347-3900 or www.willowtheatre.org.

Thursday - 1/27 - Playground Playdate - at Sugar Sand Park, 300 S.

Military Trail, Boca Raton. Get info about upcoming programs and enjoy free kid's activities. 1 pm. Free. 347-3900 or www.SugarSandPark.org.

1/27 - Staging to Sell - at Robb & Stucky, Mizner Park, 200 Plaza Real, Boca Raton. Design Consultant Ron Hammond teams with Nita Summers, real estate expert and director of Luxury Portfolio for Keyes Realty, to share tips on how to "prep" your home for a faster sale. 2 pm. Free. 862-5597 or www.robbstucky.com.

1/27 - Art & Jazz on the Avenue is held along Atlantic Ave., Delray Beach. Open house for restaurants, art galleries and shops. Live entertainment. 6-10 pm. 279-1380, Ext. 3.

1/27 - New Music Festival Spotlight 2: Contemporary Music Forum Featuring Gunther Schuller - at the Amarnick-Goldstein Concert Hall, de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. The third event of the fifth annual New Music Festival will feature a selection of works by composer-in-residence Gunther Schuller, who will conduct a master class discussing various artistic and practical components of the music performed as well as general philosophical issues of contemporary music. 7:30 pm. Free. 237-9000 or www.lynn.edu/tickets.

1/29 - Infant only CPR. This class is designed to instruct parents of new-born infants in the emergency measure of cardiopulmonary resuscitation and relief of choking. Couples are encouraged to attend and may bring their infant. 10-11:30 am, Boca Raton Regional Hospital, Human Resources, Foundation, Parker, Pagel, Staley Pavilion, 745 Meadows Road, Boca Raton. 955-4468.

1/29 - It's A Nano World Exhibit - at the South Florida Science Museum, 4801 Dreher Trail N., West Palm Beach. This

brand-new, fascinating 3,000-square-foot hands-on, interactive exhibition introduces Museum visitors to the biological wonders of the infinitesimal nano world that's too small to see in our everyday life. Featuring videos, games, and hands-on learning with very tiny tools to discover more about living things we can't typically see. Exhibit runs through 5/15. M-F: 10 am-5 pm; Sat.: 10 am-6 pm; and Sun.: noon-6 pm. \$11.95/adults; \$10.50/seniors; \$8.95/children ages 3-12; free for children under three years and museum members. 832-1988.

1/29 - Shakespeare For Everyone - presented by Sunflower Creative Arts at the outdoor amphitheatre at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Includes scenes from five Shakespearean plays, including "A Midsummer's Night Dream," "Romeo and Juliet" and "Hamlet," performed by the children's repertory theatre group Shakespeare for Everyone, featuring actors ages 8 to 14. The program aims to bring performances to students, seniors and any audience who might not otherwise get to see Shakespeare performed live. Sponsored by Target and the Junior League of Boca Raton. All ages, children must be accompanied by an adult. 1 pm. Free. 391-8110 or www.gumbolimbo.org.

1/29 - 18th Annual Caribbean Cowboy Ball at Red Reef Park, 1401 N. State Road A1A, Boca Raton. Don your favorite cowboy hat, Hawaiian lei, or both for this water-side dinner dance. Square dancing and hula dancing, live band, a wide variety of food, auction and more. To benefit the George Snow Scholarship Fund. 6 pm. \$150. 347-6799 or www.scholarship.org.

1/29-30 - Lynn University's Philharmonia Orchestra No. 4 - at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. The



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About 30 tuba players performed Dec. 20 at the annual Tubafest at Mizner Park in Boca Raton. Performers included Florida Atlantic University music students Jose Guimaraes Jr., 21 (left), and Andre Harris, 19. Photo by Tim Stepien

A note of thanks to all the 2010 City of Boca Raton Boat Parade participants

What a great parade you provided!

WINNERS WERE AS FOLLOWS:

Best of Parade WHIRLWIND IV Shake-A-Leg Miami
Best Corporate SVENGALI Marshall Leeds

Boats – 29’ and Under

1st place GETTIN’ TANKED Jerry Oenbrink, Jr
2nd place TUNED BLUE Ernest Nigg III
3rd place KIKI’S RING Bruce & Kiki Angier

Boats – 30’ – 40’

1st place OFF THE PORCH Richard Wiltse
2nd place WHIRLWIND XIV Kerry Gruson
3rd place TAILPIPER II Claude / Susan Schwenn

Boats – 41’ and Up

1st place BIMINI TWIST Scott McIlvaine
2nd place NOAH’S ARK John Rayson
3rd place BELLINI Asif Ali
Best Manpower DEERFIELD BEACH Penny Suzuki
OCEAN RESCUE

Honorable Mention:

VIRGENZITA Glen Reoyo
IT’S GOOD William Broyles
REELCOMFORT Ted & Laura Hirsch
SLOW ROLL Joseph Ernst
ZUM FASS’L Gary Eisele
STARGAZER Mark Wyllie
RUSTY HOOK Russ McIntyre
JUST TROUBLE Matt & Debra Haley
AQUAHOLIC Sean & Amanda Rieder
MIZNER’S DREAM Chris Shaw
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fourth event of the New Music Festival will feature the world premiere of the winning work selected from an international call for scores. Program will include Shostakovich’s *First Concerto* for piano and trumpet as well as Brahms’ *Third Symphony*. Sat. 7:30 pm; Sun. 4 pm. Tickets \$35-\$50. 237-9000 or www.lynn.edu/tickets.

JAN. 30-FEB. 5

1/30 - Puppet Fest - “The Ugly Duckling Starring Pinky Flamingo” - Presented by the Bits N’ Pieces Giant Puppet Theatre at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. This high-energy production features seven towering 9-foot-tall puppets singing and dancing along with costumed characters and actor Holli Rubin as Pinky Flamingo. Show times: 11 am, 1 pm and 3 pm. Event runs 11 am-4 pm. \$8/adults; \$6/children 12 and under. 347-3900.

Tuesday - 2/1 - Eyes on Earth - at the Children’s Science Explorium, 300 S. Military Trail, Boca Raton. This highly interactive exhibition focuses on NASA’s Earth Observing System. The exhibit examines how satellite observations are made and what we can learn about Earth using space technology. Runs through April. M-F: 9 am-6 pm, Weekends/holidays: 10 am-5 pm. \$5. 347-3912 or www.scienceexplorium.org.

Wednesday - 2/2 - Art Exhibit: “Blue Man Group” by students of Old School Square - Art Exhibit at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. This exhibition will feature photos that reflect the words blue, man and group as interpreted by each photographer. Exhibit continues through 2/26. Hours: M-F 8 am-10 pm, Sat. 8 am-5 pm, Sun./Holidays 10 am-5 pm. Free. 347-3900 or www.SugarSandPark.org.

2/2 - After School Science Series: Satellite Science - at the Children’s Science Explorium, 300 S. Military Trail, Boca Raton. These monthly classes engage children in hands-on experiments to explore a variety of science topics. Held each Wednesday in January. Ages 7-9: 1 pm; ages 10-12: 2 pm. \$3/residents; \$3.75/non-residents. 347-3912.

2/2 - Eco-Watch - In the Hands of the Father or on the Lap of the Mother? Picturing the Earth in Popular Culture

- Presented as part of the Lecture Series at Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Presented by Jane Caputi, PhD, professor at FAU. This illustrated talk examines cultural beliefs and attitudes that lead to environmental destruction by seeing how these are conveyed through images of the Earth in popular culture, mostly advertisements. Audience participation as we interpret these images is encouraged. Recommended for adults and teens, teens under 18 must be accompanied by an adult. 7-8:30 pm. \$5 suggested donation. Reservations and pre-payment required: 391-8110 or www.gumbolimbo.org.

2/2 - Knight Lights - See a variety of performance styles including musical revue, improv, sketch comedy, performance art and more at the Schmidt Family Studio in the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. Sponsored by Lynn University’s Drama Program. 7:30 pm. \$5. 237-9000 or www.lynn.edu/tickets.

2/3 - Movie Club: We Are Marshall (PG) is presented as part of Teen Movie Club at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For ages 13-17. 6-8 pm. Free and includes free pizza & soda. 393-7968.

2/3 - David Cole Recital - Presented by the Conservatory of Music at Lynn University, Amarnick-Goldstein Concert Hall in the de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. Features cell and piano favorites presented by David Cole and Yang Shen. 7:30 pm. \$20. 237-9000 or www.lynn.edu/tickets.

2/4-6 - 10th Annual Clash on the Clay Tennis Classic is presented by South Florida Rainbow Tennis Association is held at the Delray Beach Tennis Center, 201 W. Atlantic Ave. Men’s and women’s singles and doubles; mixed doubles. \$28/singles, \$46/doubles; open singles \$54.25. Free for spectators. 243-7360 or www.mydelraybeach.com

2/4-6 - Colossal First Annual Book Fair - at the Boca Raton Public Library, 1501

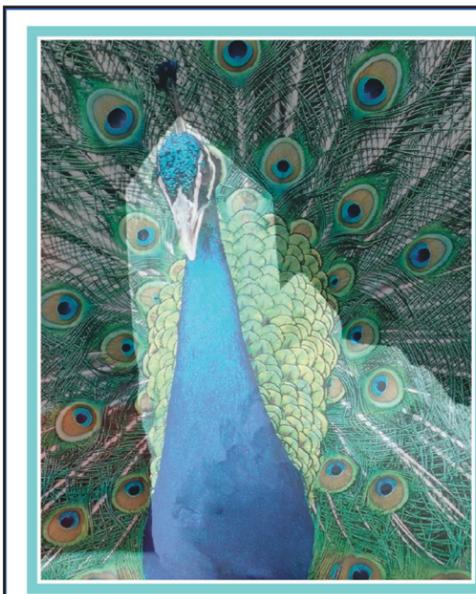
Spanish River Blvd., Boca Raton. Sponsored by the Friends of the Boca Raton Library. The book fair will be on the mezzanine of the library, with over 10,000 gently used books. Fri.: Member Gala, 5:30 pm; Sat.: Book Fair, 10 am-6 pm; Sun.: Book Fair, noon-3 pm. 929-5727 or www.bocalibraryfriends.org.

2/5 - I’m Drawing with Pascal - at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Do you have a budding artist, or a child that simply likes to doodle? Bring them to work with an artist, International artist Pascal Lecocq, The Painter of Blue, will work with children on their own creations. Children ages 5-10 may enter an art contest by adding colors and other designs to an outline of one of Lecocq’s paintings. The winners will be announced at Sea Turtle Day, March 12. Lecocq will work with the children on an ongoing basis from 10 am-noon and 1-4pm. Open to all ages, children must be accompanied by an adult. 10 am-4 pm. Free. No reservations required. 391-8110 or www.gumbolimbo.org.

2/5 - Dancing with the Sandoway Stars is the Sandoway House Nature Center’s annual gala held at The Ocean Club, 6849 N. Ocean Blvd., Ocean Ridge. Dance competition, New England lobster bake dinner, cocktails, silent auction, live music and dancing under stars. 6 pm. \$175 or \$1,750 for table of 10. Reservations: 274-7263.

2/5 - Gary Goodman’s Magic of the Mind - at The Willow Theatre, 300 S. Military Trail, Boca Raton. Prepare yourself for a mind blowing journey into the world of mentalist and comedic talent Gary Goodman as he performs his humorous mind reading and telekinesis show. 8 pm. \$12/before 2/5, \$15 day of show. 347-3948.

2/5-6 - Renee Taylor & Joe Bologna in Lovers and Other Strangers - presented as part of the Libby Dodson Live at Lynn Theatre Series at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. This award-winning musical hit features the original Off-Broadway cast and crew. Sat. 7:30 pm; Sun. 4 pm. \$45-\$65. 237-9000.



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Diverse congregation walks together in faith

It's hard to imagine more welcoming folks than at the Church of the Palms, the North Swinton Avenue congregation celebrating its 50th year in Delray Beach.

"When we say everyone is welcome, we mean everyone," said Henrietta Smith, a longtime church member and a past president of its Women's Fellowship. "If you can come with no shoes on, come on in. If we can find some shoes, we'll give them to you."

The Church of the Palms was commissioned in January 1961 by the state conference that preceded the United Church of Christ.

Even then the fellowship was helping to lead the way. "These women were meeting together before that time," Smith said.

In fact, the Women's Fellowship hosted its first communion two months earlier, in November 1960.

"They were meeting in the Delray Beach Playhouse, quietly doing their missions from there from day one," Smith said.

This November, the women again served communion. And then refreshments during the reception following the worship service. They also commemorated during their annual Christmas luncheon that first communion service.

But that barely hints at the local and international service work Smith recounted.

"The whole church is missionary oriented," she said, "and the Women's Fellowship does quite a bit in that area" — whether building a fresh water source for young people in Brazil, a church and school in Haiti or similar humanitarian projects in Kenya and elsewhere.

"Each place we have gone," she said, "we have carried for the children a handmade Comfort Doll. We have given away more than 400 handmade dolls to comfort children who have little to play with that they can call their own."

The acclaimed Comfort Dolls, representing every culture, also have warmed hearts at the Community Child Care Center and the pediatric ward of Bethesda Memorial Hospital. In yet another ministry, the women make and give prayer shawls to those in need of special support.

"If somebody is ill, somebody's depressed, somebody's on medical care, we give them so they can wrap themselves as if wrapped in God's love," she said. "These are not things that we sell. These are gifts that we give through God's help."

There's also the gift of music, fine music and talented musical directors over the years, she said. "So it's missions, music and, I guess, money, because we raise by doing some of these things."

Smith — "one of the oldest members left around now" —



Henrietta Smith reads the Litany of Commemoration at the 50th anniversary commemoration of the first communion of the Church of the Palms in Delray Beach on Nov. 14. Other officers of the Women's Fellowship pictured are: Margot Beck (left), Marlene Hambleton, Polly Champ and Edie Kutz. Photo provided

said, "People came from New England and from Ohio and places like that and said we need a congregational church in this area. And that's how it really got started."

She arrived from New York in the 1950s with her husband, a retired judge and native Floridian who went to Brooklyn Law School, because as an African-American he was not allowed to go to Stetson University.

"When I came down to Florida, I spent quite a bit of time trying to find a home church that gave me what I had left" as a member of a Congregational church in New York, Smith said. "I was the first African-American member of the Church of the Palms. My children grew up in that church."

The Rev. Elizabeth Hill, recently retired from a part-time ministry to older adults at

the church, described its "rather dramatic transformation from a 'country club' church of primarily retired people, mostly Caucasian, almost no kids, to its present configuration an open, multicultural, diverse congregation open to all people of faith: 'Wherever you are on the journey you are welcome here.'"

"We have lots of kids, people of varying cultural and nationality backgrounds, and a

very different look and feel than 10 years ago," the Rev. Hill said.

"The church has evolved to be a very strongly diverse congregation," said the Rev. Roger Richardson, their pastor.

He recalled that a couple of years ago, "We had the call to worship, on Pentecost Sunday, in German, Creole, Spanish, Romanian and, of course, English. We have a Creole service on Sunday morning along with the English service, and on Saturday night we have a service that embraces Portuguese, Spanish, Creole and English."

"I believe over the years the Church of the Palms has not had as open and welcoming of a reputation as they have now forged," Richardson said.

"It is extremely welcoming and open. They call it, 'An extravagant and gracious welcoming to anyone, no matter where they are in life's journey.' So that's kind of become the new motto for our church. We're just happy to have folks who want to walk with us in faith."



C.B. Hanif is a writer and inter-religious affairs consultant. Find him at www.interfaith21.com

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Boca Raton



About 60 boats lit up the night along the Intracoastal Waterway on Dec. 18 during 34th annual Boca Raton Holiday Boat Parade. Photo by Tim Stepien

Paws Up for Pets

For relaxation techniques, watch your pet

We can learn a lot from our cats and dogs when it comes to keeping limber, shooing away muscle aches and reveling in the moment.

In fact, cats and dogs are yoga teachers, if we just pay attention to how they move and stretch with purpose and grace.

“Yoga is an art that is more than 5,000 years old and many yoga postures came from observing how animals pose and move,” says Stacy McCarthy, a master yoga instructor and proud parent of two limber Bernese Mountain dogs, Buddha and Lilly.

“Yoga is all about energy movement. When I teach a ‘doga’ yoga class, I tell people that how their dog behaves is a relaxation of their energy. If you come into class anxious and stressed, that will be conveyed

to your dog. If you calm down, sit down and breathe and relax, that energy is reflected in your dog as well. We teach you how to switch your energy on and off and learn how to balance energy.”

McCarthy explains that dogs and cats are natural yogis.

“Dogs approach their lives with dedication, loyalty, sensitivity and love, plus they live in the moment,” says McCarthy, who conducts many of her dog classes in southern California, with proceeds benefiting animal shelters. “What I love about cats is that they rest when they need to rest and then can be so active and engaged. Yoga is the balance between being active and passive and our dogs and cats serve as excellent role models.”

In fact, yoga advocates

recognize the influence canines and felines play in this mind- and body-benefitting activity.

When a happy dog “invites” you to play, he promptly stretches out his front legs, lowers his chest and shoulders and raises his hips and rear end. In canine circles, that maneuver is known as the play bow, but in yoga, it is referred to as the downward facing dog posture.

“In our household, Buddha and Lilly are naturally performing this downward dog position 10 to 15 times a day,” laughs McCarthy.

Typically at the end of yoga classes, instructors guide their students into a cat-influenced deep relaxation pose called the deep savasana. You lie still on your back with your eyes closed — like a cat taking an afternoon nap in a sunny spot — and



Ginger the pit bull stretches his back legs during a dog class. Photo by Arden Moore

completely relax and let go.

The hot trend in yoga is extending the class invite to well-mannered canines. Both people and pets benefit in many ways. Doga yoga focuses on learning how to do healthy stretches and massages on your dog and embracing living in the moment.

If we give them a chance, our Zen-like dogs can teach us to wag more and bark less. I love taking my high-energy dogs, Chipper and Cleo, to dog yoga classes once a month. By the end of the hour session, all three of us are sprawled on the yoga mat feeling limber and mellow.

If you want to try a class, you’re in luck. Once a month, there’s a dog class scheduled at the Gyrotonic Sat Nam center in West Palm Beach. The next class is set for Jan. 15. Cost is \$20 and class is limited to dogs weighing 30 pounds and under.

The class is taught by Oblio Wish, a Kundalini yoga

instructor who also loves dogs.

“Yoga encompasses all of life,” says Wish. “It calms the owner down which calms the dog down. We learn to move together. The dogs are usually completely blissed out by the end of the class.”

Learn more by visiting www.gyrotonicsatnam.com, by calling (561) 650-0304 or by clicking on this YouTube video that offers a glimpse into this dog class: www.youtube.com/watch?v=JGAEDbIGo5Y.



Arden Moore, founder of *Four Legged Life.com*, is an animal behavior consultant, editor, author and professional speaker. She happily shares her home with two dogs, two cats and one overworked vacuum cleaner. Tune in to her *Oh Behave* show on *Pet Life Radio.com* and learn more by visiting www.fourleggedlife.com.

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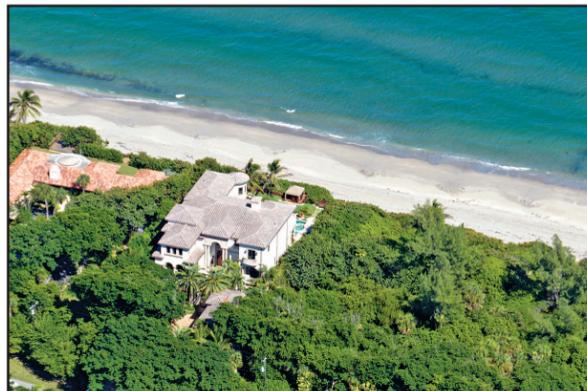
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This home offers vistas from one of the highest oceanfront elevations in South Florida.



Architect Tom Benedict of the Benedict Group artfully combined Mediterranean Old World splendor with a new, relaxed ambiance.

Oceanfront opulence in Highland Beach



The second-floor living room is a balance of casual elegance with natural light and unobstructed ocean views.



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One enters the private grounds of this one-of-a-kind oceanfront property amid tropical landscaping via elaborate iron gates, along a tree-lined driveway leading to the three-story estate with separate guesthouse.

Featured are eight bedrooms, a five-car garage, elevator, 11 full baths, a media room and separate game and bar area with wine room.

There are 15,283 square feet of living space, yet the home exudes an intimate casual elegance and feel.

The main house features the third floor master suite with ocean balconies with five additional bedroom suites, a two-story paneled library and a separate two-bedroom, 2½-bath guest villa with 2,175 square feet of pure privacy.

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