

The Coastal Star

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Serving Coastal Boca Raton and Highland Beach

Volume 5 Issue 5

Boca Raton

Muvico founder realizes dream with iPic Theaters

By Thom Smith

Long ago and far, far away, Hamid Hashemi couldn't get enough of movies. His mother would take him and his brother and sister to the local cinema in Tehran, Iran, every Friday. The big screen became so alluring that he and his teenage pals once saw 19 movies in two weeks.

"Movies were the gateway to

the Western world," Hashemi said. "They opened up my universe."

Still a teenager, Hashemi and his family left Iran in 1978, a year before the revolution. Six years later, he was running his own movie house, three screens in a Coral Springs strip mall. He called his company Muvico. It became an industry innovator.

Fast forward to the 21st

century. Just as movie-making has changed, so has the movie house. No more strip malls, no more floors gooey with popcorn ground into spilled soda, no more scratchy film. In 2005, Hashemi and Muvico parted. Two years later, in a Milwaukee suburb, he opened his first iPic theater.

On May 4, his newest and most advanced iPic opened in



See iPIC on page 10

Hamid Hashemi, iPic Theaters. Kurtis Boggs/The Coastal Star

Boca: New mecca for renters?

The surge in rental developments expected to lure young professionals

By Angie Francalancia

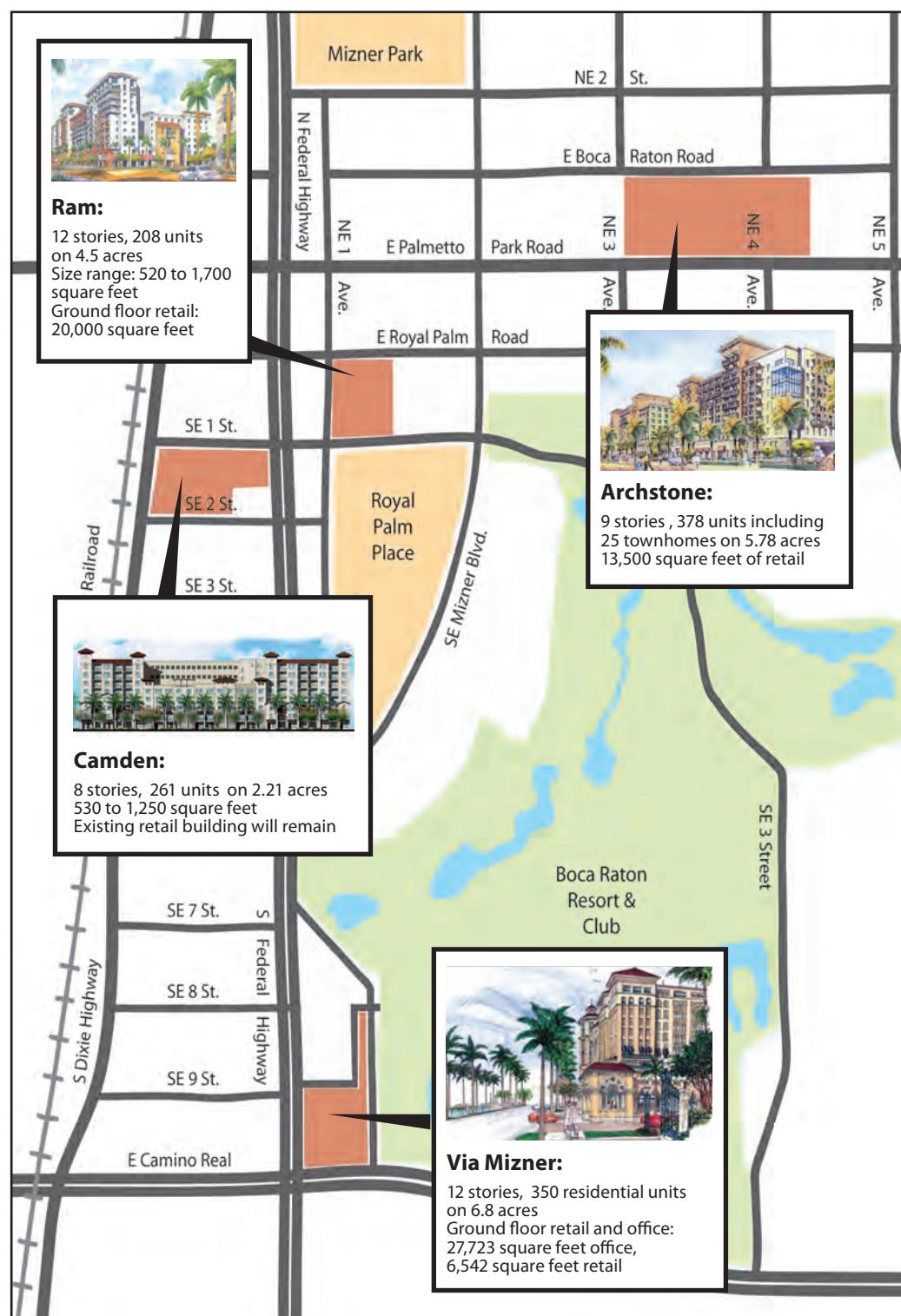
The buildings will be taller, the occupants younger and the amenities more cutting-edge than anything downtown Boca Raton has seen. And if the developers' and city leaders' predictions come true, the new apartments going up in Boca Raton's downtown will fill it with people willing to walk to shopping, entertainment, dining and perhaps even employment.

This is not your grandparent's vacation rental.

Indeed, the apartments — 1,197 of them downtown — will be small by the city's suburban standards, and will be marketed to young professionals who don't necessarily see buying a house in their immediate futures.

And because two of the four downtown complexes include some retail space, the projects also have the potential to enliven the lackluster performance of some of the existing retail around Palmetto Park Road.

Think of Boca Raton not as a small city, compared with more traditional urban areas, but as a piece of the overall South Florida metro area, said Jay Curran, vice president of development for



See APARTMENT on page 3

SOURCES: City of Boca Raton and developers. Map by Bonnie Lallky-Seibert/The Coastal Star

Along the Coast
Better forecast tools lead to new evacuation standards

By Tim O'Melia

The next time a minimal hurricane threatens to slosh ashore in south Palm Beach County, most coastal residents won't be ordered to flee.

In fact, evacuation of the barrier islands from the Palm Beach Inlet to Boca Raton won't be considered until a storm puffs itself up to Category 2 strength with the threat of a strong storm surge.

Across Palm Beach County, that means that nearly 138,000 people who in the past would have been encouraged to find other shelter in a Category 1 hurricane can now stay home and ride out the storm.

The exceptions are those who live in mobile homes, substandard housing or in extremely flood-prone areas. They still will be ordered to leave by emergency officials.

"We don't want to unnecessarily evacuate anyone," said county Emergency Manager Bill Johnson. "With evacuation, there's the problem of traffic congestion and the possibility of getting caught on the road in a storm."

Based on the newest technology, emergency managers have drawn five new evacuation zones, replacing the current two. Although the zones are tied to

See EVACUATION on page 9

Inside

Waterfront elegance

Highland Beach home combines views with style.

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Paws Up for Pets

A Palm Beach County woman rescues abandoned dogs from the Everglades. [Page 19](#)

Around Town

Bam! Emeril Lagasse (right) cooks at the American Fine Wine Competition. [Page 7](#)



Tea, and company
Brew up a way to celebrate your mom this Mother's Day. [Page 16](#)



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Coastal Star



Jack and Beverly Circle bake fruitcakes to raise money for the Boca Raton Museum of Art and its school. Tim Stepien/The Coastal Star

This pair's famous fruitcake pays off for Boca Museum

By Paula Detwiller

He had a men's clothing business in St. Louis. She had an antiques shop.

They raised two daughters and retired to Florida in 1985. But Jack and Beverly Circle of coastal Boca Raton never really retired.

"People up North think that you come down to Florida and you sit at the pool all day and do nothing," says Beverly.

Not the Circles. They plunged into volunteer work and never looked back.

For the first few years, they took puppies and kittens from the Humane Society on visits to nursing homes.

Then Beverly read a story in a newspaper about people with AIDS being shunned by friends and family.

"So I said to Jack, 'Honey, how would you like to cook and donate food to people with AIDS?' He said, 'I don't know how to cook.' I said, 'I'll teach you.'

For the next 11 years, they cooked and packaged meals that were distributed to AIDS patients by a West Palm Beach food pantry.

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"We ended up making as many as 500 packaged meals at one time, with an army of friends, in our small kitchen," says Jack, 90. "This was a big project. It took two days to shop, one day to cook, and one day to prepare it all for distribution."

"Everybody in our building got to know us, because we asked to use their freezers," Beverly says. "Eventually we bought a big freezer and put it in a closet."

As they got older, Beverly, 82, taught Jack the fine art of baking.

Together they bake crowd-pleasing fruitcake — yes, fruitcake — and sell it at various fundraising events for the Boca Raton Museum of Art and its affiliated art school.

"Jack and I said, 'if you give us a table in a corner, we will bake and sell fruitcakes and give you all the money,'" Beverly said. "People came to

our table and said, we don't like fruitcake. So we gave them a sample. First time we did that, we made \$950, in three hours."

She won't reveal the recipe, but says her fruitcakes contain 10 different fruits and no fat.

The Circles also bake nine kinds of biscotti. When Beverly volunteers each Wednesday evening at the museum's front desk, she brings along a bag of her homemade biscotti to give to someone deserving.

Jack says Beverly's biscotti are so good, they open doors.

The Circles once got a room in a booked-up Montreal hotel by offering the manager a bag of their cookies.

On another trip, they avoided paying duty on a trunkful of merchandise by giving Canadian customs agents a similar biscotti "bribe."

Through all of their adventures, Jack and Beverly have stuck together. They've been a team for 62 years now. And they greatly enjoy giving their time, talent, and treasure to the Boca Museum of Art.

"Whenever they need someone, all they have to do is call us, and we're available," Jack said. ★

Letters

Bicyclists need to follow the rules of the road

Your newspaper and others keep preaching about the rights of bicyclists. I go out of my way, especially on weekends, for

them. But until law enforcement does something, they continue to ride three or four abreast and continue not to respect the two-

abreast limit.

It's time police make them a believer in the rules.

If we continue to let them ride at free will, the danger is on them.

Gov. Scott or someone has to make it a two-side deal, or bikers will continue to get hurt.

Ron M. Bennett
Highland Beach

LETTERS: The Coastal Star welcomes letters-to-the-editor about issues of interest in the community. These are subject to editing and must include your name, address and phone number. Preferred length is 200 words or less. Mail to 5011 N. Ocean Blvd. #2, Ocean Ridge, FL 33435 or email editor@thecoastalstar.com.

Editor's Note

We'll help you stay informed this summer, no matter where you live

The season has come to an end and many of you are headed north for the summer. Seems like just yesterday we were putting together the holiday gift guide, for goodness sakes. Where has the time gone?

We will miss you, but we won't stop reporting, writing and photographing the local news.

And here's some good news: You won't have to miss a thing while you're summering elsewhere.

There are two ways for you to follow our island dispatches. You can read us online at www.thecoastalstar.com, or, you can subscribe by completing a form found on Page 25 of this edition or online under "subscriptions." Tell us where you would like us to mail your paper and send us \$20 to cover postage.

So many of you have told us that reading *The Coastal Star* is like receiving a letter from a good friend, and good friends should stay in touch, even — or

especially — during hurricane season.

Of course, we're keeping our fingers crossed that the big storms will pass us by this summer, but if they don't, we'll do our best to keep you on top of things. Watch us online for timely updates.

While you're away, we will continue to keep a watchful eye on city hall, local events, and yes, even the sea turtles.

In this edition, you'll notice the *ArtsPaper* is on hiatus, too, until the season preview comes out in October. Until then, *ArtsPaper* editor Greg Stepanich's arts column can be found in *The Coastal Star*.

Want to know more about the arts scene? Visit palmbeachchartspaper.com.

Whether you leave or stay here, have a happy, healthy and fun summer.

— Mary Thurwachter,
Managing Editor



Correction

An obituary about Nancy Bayzar Toumayan of Boca Raton in last month's *Coastal Star* incorrectly identified the state in which Mrs. Toumayan was buried. She was buried in Lexington, Mass.

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APARTMENTS

Continued from page 1

Archstone's Florida division. Archstone plans to build 378 apartments on Palmetto Park Road in nine stories atop about 15,000 square feet of retail at street level and a parking garage. That includes about 25 town homes with garages that will face Boca Raton Boulevard. The existing retail building will be demolished.

"You've got the view of the Boca Raton Resort, the Intracoastal and the ocean, and to be in such great proximity to downtown and the beach is a great opportunity," Curran said. "Not only do you get all these great amenities but great access to jobs."

That close proximity to downtown, U.S. 1 and I-95 is one reason these are expected to attract young professionals, and why they're likely to improve Boca Raton's business prospects, said people involved in downtown planning.

Businesses look for quality rental apartments in deciding where to locate, said land use attorney Charles Siemon, who has done extensive work with downtown Boca Raton, including Archstone and other apartment projects.

"We have employees who work in downtown Boca Raton but who live in Fort Lauderdale," he said. "We need to make our city more attractive to businesses and young professionals, and that's not renting a golf villa."

Kelly Smallridge, executive director of the Economic Development Board, said today's typical young professional wants an urban lifestyle, and today's businesses want a young, college-educated workforce. Companies like 3C Interactive, Campus Management and Office Depot ought to benefit by the apartment growth in downtown Boca, she said.

"The scenario that the economic consultants give us was that the 25-year-old today likes to get up, get on a bike, go to Starbucks for coffee, get back on the bike and go to the office; walk outside for lunch, get on a bike again and go to a park," she said. "Young college graduates today are not necessarily excited about purchasing their first car because of the price of gas."

While city leaders are excited about the potential for a dense, pedestrian downtown, not all residents share their vision, and many have said there will be too many apartments and too much traffic.

"There will be far fewer residents than needed to fill the approved rental properties," economics professor Ann Witte told the Federation of Boca Raton Homeowner Associations on May 1.

The city's projected population growth "will provide only slightly more than 400 new renters," said Witte, who lives in Townsend Place.

All five apartment developments are near U.S. 1,

and four are within walking distance to Boca's Mizner Park entertainment district.

The majority of the units will be one-bedrooms, and some developments are offering studios as well.

Rents among the complexes will range from \$1,050 for a studio apartment to \$3,500 for a three-bedroom with garage.

"We're assuming this is going to be mainly single and professional couples that either work in downtown or work in other areas of Palm Beach County and want to live closer to downtown, closer to where the action is," said Hugo Paganis, vice president of Ram Residential, which is building 208 units just east of U.S. 1 on Palmetto Park Road. Ram won't be demolishing the Merrill Lynch office building on the site, and will position the apartments a little east of the corner, leaving the prime corner for a future phase, Paganis said.

We see a combination of younger populations, but also some of the older population

moving away from the suburban locations who maybe don't want to use cars for everything."

While granite countertops, stainless steel appliances and wood cabinets set the standard, the upscale appointments will come in smaller packages with some studio apartments coming in at about 530 square feet at both the Ram and Camden apartments.

"There's a big supply of large condos and apartments. Our units are going to be a little bit smaller," said Chad Weaver, Camden's vice president of real estate investments for the southeast United States. "We're actually going to have some studios. The apartments will range in size from about 530 square feet up to about 1,250," he said. He believes demand will come from some people looking for a more comfortable living situation, such as moving out from a parent's home or living alone after having a roommate.

Via Mizner, adjacent to the Boca Raton Resort, may see

tenants who choose to rent rather than buy a seasonal place, said Pete Odorico, vice president of Development for Penn-Florida, which is developing the project at Camino Real and U.S. 1.

"It's the views next to the club and proximity to the club that makes a difference for us," he said. He expects phase one of the project to complement the entire project, which still includes a future phase of condos about 44,000 square feet of retail and a 118 room hotel.

The fifth, North Boca Village, about five miles north, and includes 384 apartments in 19 buildings on 20 acres at the former Levitz Plaza.

"This is more of a garden style, not a high-rise," said Michael Ging, managing director of Broadstone Developers, which already has the first five-story building out of the ground. "We'll have three-story townhomes with two-car garages, which we expect to appeal to families, and five-story buildings that we believe will appeal to the more

mature demographic, mostly because it will look and feel like a condo. And then we'll have your traditional three-story garden-style buildings."

"The thing that's going to set us apart is our clubhouse. It's the most luxurious clubhouse that I've seen," Ging said. It will be a two-story, 10,000-square-foot building with a cyber cafe, fitness center, yoga studio, demo kitchen, and wine and cigar rooms.

The four downtown complexes all sit on space a fraction the size of North Boca Village's 20 acres. Located between Mizner and Delray Beach's Atlantic Avenue, North Boca Village expects to attract young professionals who might work north or south.

Unlike many of the condos that make up downtown Boca's multifamily housing, developers don't see the apartments being abandoned in the summer.

"We think it will be very good for the community and add to the year-round population," Siemon said. ★

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Boca Raton Regional Hospital

Schmidts give hospital \$5 million for neuroscience institute

The Marcus Neuroscience Institute, scheduled to open in 2014, got a hefty cash boost in mid-April, when Barbara and Dick Schmidt and the Schmidt Family Foundation gave the Boca Raton Regional Hospital Foundation a \$5 million gift for the project.

The neuroscience institute will serve as a state-of-the-art center of care for neurologic and neurosurgical patients.

The institute was established with a recently announced \$25 million gift from Boca Raton residents Billi and Bernie Marcus and the Marcus Foundation.

The Schmidt gift will be

used to build a 52,000-square-foot addition to the hospital, which will house the Marcus Neuroscience Institute, and be named the Schmidt Family Pavilion. It will contain a 22-bed Neuro Intensive Care and Step-Down unit, two dedicated operating rooms equipped with intraoperative MRI and the latest technology.

"We believe the Marcus Neuroscience Institute is the most important new development in health care in South Florida," said Dick Schmidt, who has just completed his tenure as two-term chairman of the hospital board of trustees.

"It will serve as a destination for expert neurological care from the finest physicians and clinicians coupled with the most advanced technology. The Marcus Neuroscience Institute will transform the lives of many patients suffering from memory and movement disorders, as well as other neurological conditions."

The Schmidts announced the gift at the Foundation's Philanthropy Guild Reception, which recognizes the hospital's most generous donors.

The Schmidt family has a multi-generational legacy of support for Boca Raton Regional Hospital. Dick



Barbara and Dick Schmidt and the Schmidt Family Foundation's gift to Boca Raton Regional Hospital follows a \$25 million gift by Billi and Bernie Marcus. **Photo provided**

Schmidt's parents, Charles and Dorothy Schmidt, were early contributors to the effort to build the hospital in the 1960s. He and his wife, Barbara, and

the Schmidt Family Foundation have also given several philanthropic gifts to the Lynn Cancer Institute.

— Staff report

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Local doctors nominated for Heroes Awards

Eleven former or current Boca Raton Regional Hospital physicians have been nominated for the Palm Beach County Medical Society's Heroes in Medicine Awards and will be honored at the Society's ninth annual luncheon, at the Kravis Center on May 9.

For the Lifetime Achievement Award, community outreach hero finalists include the following retired physician volunteers at Caridad: Richard F. Auclair, Arnold Berliner, Howard Doyle, Gordon Hahn, James Jannotta, Leo Quinn and Martin Rubenberg.

Physician International Hero

finalists are Howard Goldman and Jeffrey Miller.

The local/national hero finalist is Joseph Forstot.

The awards distinguish individuals and organizations in the health care field that provide exceptional services to meet the needs of the community. Nominees were judged by a committee chosen by the Palm Beach County Medical Society Services.

Proceeds from the ceremony benefit Project Access, a group of physician volunteers that help provide health care to low-income and uninsured residents of Palm Beach County.

— Staff report

Hospital one of 10 sites in nation on new breast ultrasound study

The Christine E. Lynn Women's Health and Wellness Institute at Boca Raton Regional Hospital is one of 10 leading clinical centers in the country to have participated in a new breast ultrasound study.

The study was conducted among women with dense breast tissue over a three and one-half years. Nearly 10 per cent of the nation's breast ultrasounds in the study were conducted at the institute.

Based on the study, the U.S. Food and Drug Administration's radiological devices panel of the medical devices advisory committee unanimously recommended approval of U-System's somov® Automated Breast Ultrasound System for use in women with dense breast tissue who had a normal screening mammogram.

The government panel recognized the limitations of mammography in women with dense breast tissue, and that by adding whole breast ultrasound, the cancer detection rate can be doubled.

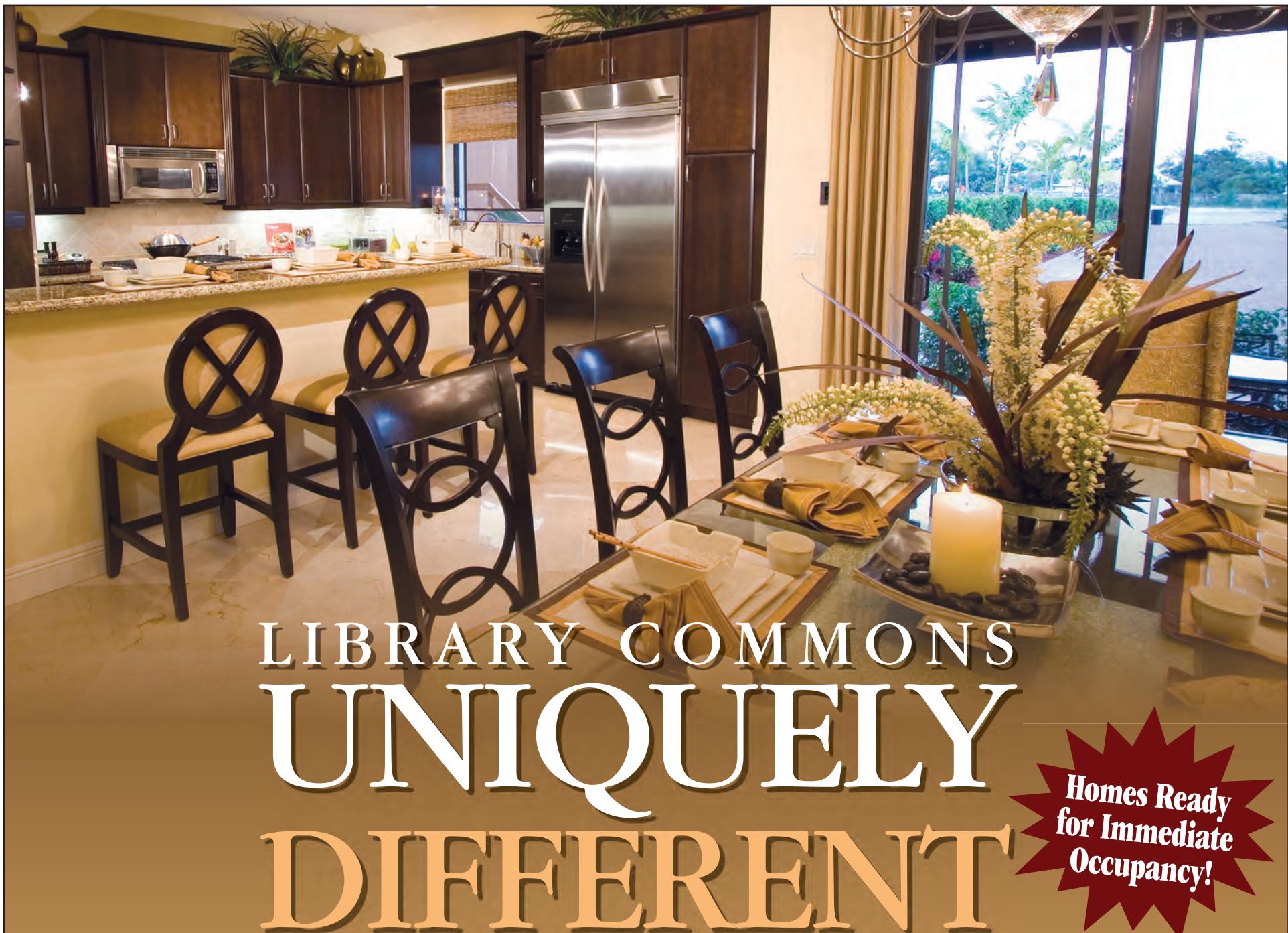
in this population of women.

"Recently, several scientific studies have demonstrated that supplementing mammography with ultrasound for women with dense breasts finds a statistically significant number of additional cancers," said Kathy Schilling, MD, medical director of the institute.

For women aged 40 and older, mammography has traditionally been the most important tool for the early detection of breast cancer. But for women who have dense breast tissue, the procedure has known limitation in detecting cancers. Dense breast tissue not only increases the risk of breast cancer up to four to six times, but also makes cancer more difficult to detect via mammography, according to multiple large studies.

One study, published in the *New England Journal of Medicine*, showed 35 percent of breast cancer goes undetected by mammography in women with dense breasts, as density masks appearance of tumors.

— Staff report



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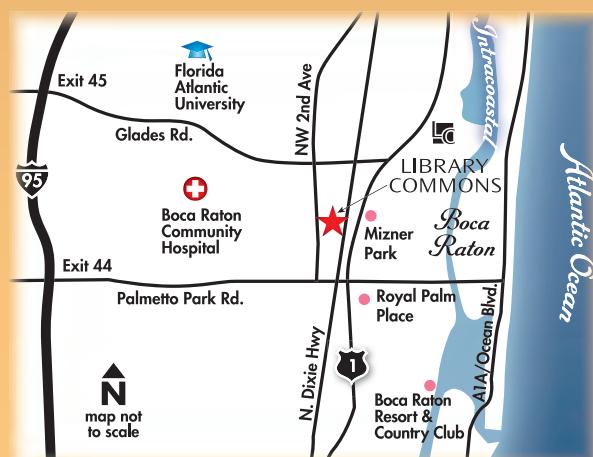
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Proper Affair
Boca Raton Resort & Club



Boston Proper employees enjoy the fashion show during the Proper Affair held at the Boca Raton Resort & Club on April 18. Sitting in the front row, from left: Alain Boyer, Ernie Sulpizio, Deanna Lederman and Giulio Ghiro. **Kurtis Boggs/The Coastal Star**

Around Town

Obama greeted by patient FAU students; Michelle Bernstein hosting foodie road trip

The line of students hoping to get a seat in the gym at Florida Atlantic University stretched across the main road then snaked back and forth across the lawn next to the student center. Those who finally made it inside to see and hear President Barack Obama were mostly enthusiastic, unusually polite for college students and unbelievably patient. Applause greeted anyone with a suit who entered the arena from beneath the giant flag, even the White House staffer who attached the presidential seal to the front of the lectern.

On one wall hung a banner emblazoned with "An America Built To Last," a presidential goal that could have been borrowed from a Ford commercial or possibly from a Grateful Dead album. The crowd didn't applaud it, but they did give FAU President Mary Jane Saunders a big hand as she noted that FAU, the most diverse of Florida's universities "looks like America."

They clapped for Student Government President Ayden Maher as he led the Pledge of Allegiance and for sophomore Rebecca Guillaume after her rousing *Star Spangled Banner*.

No special treatment, by the way, for FAU trustees such as Tom Workman, Anthony Barbar and Dave Feder, who were squeezed into a corner of the bleachers behind the stage. Recently retired football coach Howard Schnellenberger also had a bleacher seat, directly behind the president, where he snapped lots of photos on his cellphone.

Obama urged congressional support for increased student assistance and for his proposed



President Obama mixes with the crowd, many armed with cell phone cameras, during his visit to Florida Atlantic University in Boca Raton. **Thom Smith/The Coastal Star**

"Buffett rule" — no connection with Jimmy. He made one sweep around the gym, hand-to-hand with hundreds leaning over the barriers and then, barely an hour later he was gone.

The presidential visit was the first to FAU since Lyndon Johnson helped dedicate the school in 1964. Yet, surprisingly, no one knows why or how the White House picked FAU.

FAU's University Relations office speculated that it was convenient, almost on a straight line from his earlier fund-raising stop in Palm Beach

Gardens to another at the Diplomat Resort in Hollywood and finally at a private home in Golden Beach. But nothing definite.

When the White House was queried, staffer Joanne Rosholt sent this reply: "It's not entirely uncommon that we would pick a place like FAU that can hold a large number of people who want to see their President speak. Beyond that, I don't know that there's much more to say!"

So there . . .

After a year in the making, and many more developing the

Palm Beach International Film Festival
The Lake Pavilion, West Palm Beach



Actress June Lockhart (left) poses for a photo with Palm Beach International Film Festival Chairwoman Yvonne Boice (center) and Executive Director Randi Emerman during the Silver Screen Splash brunch at The Lake Pavilion in West Palm Beach on April 15. **Tim Stepien/The Coastal Star**

Halker is confident he can win over anyone who likes his beer with a little TLC. A caramel cream ale has been testing well, but Halker said Due South's Category 3 IPA (India Pale Ale) also is going down nicely and hoppier Cat 4 and 5 versions are on the way.

A firm believer in the social benefits of beer and brewing, Halker also will pour samples from other craft brewers at the open house. To handle the demand, the 1,000-square-foot bar area is now stocked with samplers, 12-ounce short pour glasses, and a newly arrived shipment of 1,000 pints. For

Due South's monthly production of 3,500 gallons is barely a drop compared to voluminous Bud or Corona, but

details on the open house, see duesouthales.com.

As far east as you can get on dry land, a fire-and-water entrance feature welcomes the 21-and-over crowd to the **Sandbar and Rhum Shack**. The new sand bar on the south side of Boston's on the Beach opened SRO on Friday the 13th. Not a blade of grass in sight nor any weeds, for that matter — the entire area is covered with packed sand that unlike the beach variety across the street is not supposed to blow away, wash away or stick like glue.

"It's kind of an adult sandbox," GM **Tom Walsh** said with a smile, noting that while a limited snack menu will be offered, the emphasis will be on building your own mojito or whetting your whistle with 12 draft beers or two dozen bottled varieties. "If people want a big meal, they can eat inside and then come out."

A small stage will accommodate low-key entertainers, who, as with the food, will not compete with the action inside Boston's. And when necessary, guests can avail themselves of new restrooms, labeled "Inboard" and "Outboard."

On the road again ... **Michelle Bernstein**, just departed as executive chef at **The Omphoy** in Palm Beach, is headed back to the Palm Beaches from her Miami nest, but only for one night. Bernstein, who hosts *Check, Please!*, the restaurant review show on WPBT-Channel 2, has expanded her repertoire to include road trips.

On May 15, 150 guests paying \$125 each, will visit five restaurants in Boca. After appetizers at Sushi Rock on Yamato Road, the group will board buses for stops at Josephine's, Bogart's, Casa D'Angelo and The Tin Muffin Café. Co-hosting with Bernstein will be popular radio host and vintner Paul Castronovo. Proceeds support production of the show. To sign up, go to wpbt2.org.

Bernstein will not be stopping at **Mizner Park**, which is too bad because **Uncle Julio's** Mexican restaurant has given its menu a spark. New drinks include margaritas with fresh mango and passion fruit among other blends, with and without tequila (including Patron). Want to eat on the cheap? On Tuesdays, tacos are a buck each.

What a party! Overflow crowd. **Shari Gherman**,



Fine Wine Competition Boca Raton Resort & Club



ABOVE: Terri Cooper (left) of Delray Beach samples the bouquet of Michael Budd's wine during the Fifth Annual American Fine Wine Competition at the Boca Raton Resort & Club on April 19. **RIGHT:** Annette and Rod Coleman of Boca Raton enjoy a demo by chef Emeril Lagasse. The couple were among 10 people who won a seat at the head table for Lagasse's demo. Rod Coleman's company, Coleman & Associates, also was a sponsor of the event. **Kurtis Boggs/The Coastal Star**

president of the American Fine Wine Competition had to add two tables — for 20 last-minute oenophiles — in the Grand Ballroom at the **Boca Raton Resort & Club's** Mizner Center. **Alan Kalter**, with a week off from announcing for David Letterman, kept the crowd informed. **Saxman Dayve Stewart and The Vibe** rocked the 400-plus guests at \$310 each, plus whatever they spent at auction.

Bam! **Emeril Lagasse** put on a show as he prepared roasted filet mignon, brown butter gulf blue crabmeat, local mushroom fondue, spring field peas and black truffle butter sauce. Bam!

At auction, **Theodore Bryant** bid \$15,000 for a dream dinner to be prepared at his home by several top area chefs, which helped bring the tally to \$60,000 for Diabetes Research Institute and the Golden Bell Education Foundation.

Since it is the **American Fine Wine Competition**, there were winners: The 2009 Castello di Amorosa Il Passito Reserve Late Harvest Semillon, North Coast and



2009 La Follette Manchester Ridge Vineyard Pinot Noir, Mendocino Ridge, were judged the best white and red, from

more than 600 entries. Pity the judges. A lot of sipping, spitting and rinsing for the 25 experts who spent two

days at a local hotel sampling the 600 candidates in 12 categories.

"They lock you up in a room and you try wine for two days, flight after flight," said judge **Stephanie Miskew**, whose **Glamorous Gourmet** blog is found at [www.stephaniesavorsthemoment.blogspot.com](http://stephaniesavorsthemoment.blogspot.com). "The split us into groups of four judges. We tried all the wines in our group, made our notes and then got together and tried to come to an agreement.

"You definitely need to pace yourself."

But late into the second day, as the judges drew closer to consensus, the tension began to dissolve. "There definitely was more sipping than spitting," she said.

A day earlier, 350 guests had a **Proper Affair** at the Boca Resort. But instead of tête-à-tête, the night was devoted to prêt à porter, as they bought raffle tickets, vied for silent auction items and bid on high-end fashions from **Boston Proper** that were modeled by spirited volunteers. The local grass-roots project raised \$160,000 for the **Achievement Centers for Children and Families**, a Delray Beach foundation that supports 700 low-income children.



Thom Smith is a freelance writer. Contact him at thomsmith@ymail.com.

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Owner

Boca Raton

Grant sought to restore Boca Raton Inlet dredge

By Steve Plunkett

The city hopes to win a \$109,050 matching grant to help pay for replacement equipment to move sand from the Boca Raton Inlet south onto beaches.

The City Council authorized applying for the Florida Inland Navigation District grant at its April 24 meeting.

If the city stopped dredging, "the Boca Raton Inlet would likely become impassible for all but shallow draft vessels in less than one year," city financial/coastal project administrator Jennifer Bistyga said in the grant application.

Also, if sand were not moved south, the beaches at South Inlet Park would be in "a severely eroded state," the application says.

Boca Raton has been dredging the inlet ever since Arvida Corp. deeded the

waterway to the city in 1972 with the provision that the city keep it navigable.

The dredge will be pulled out of the water and unavailable up to two months at the end of the year while its hull is replated and protective painting is applied. Dredge piping, the main pump and a swing winch would be replaced in summer 2013.

The Florida Department of Environmental Protection requires the city to move 83,000 cubic yards of sand from the inlet to the beaches each year.

More than 80 boats pass through the inlet on an average weekday and more than 100 on weekends and holidays, the application says.

The navigation district awarded a \$240,000 grant in 1998 to help buy dredge equipment. A \$100,000 grant in 2000 partly paid for a tugboat to move the dredge.



President and CEO of Hospice by the Sea Inc. Paula J. Alderson congratulates skipper Bret Moss after his team's second-place win. Photo provided

Hospice by the Sea team takes 2nd in national regatta

Despite near gale force winds and torrential downpours, skipper Bret Moss, representing Hospice by the Sea, sailed to second place in the 2012 Hospice Regattas National Championship in St. Petersburg on April 22.

Team Fort Lauderdale, made up of Moss and Dalton Tebo, Karl Langefeld and Jason D'Agostino, competed to raise awareness and money for hospice care.

Moss is the also winner of the Miami to Key Largo mile race and the 110 mile Key Largo Steeplechase. "Sailing is like life," he says. "You have to adjust your sails because

you can't always change the conditions."

Forty years ago, Moss' grandfather taught him how to sail. His participation in the regattas is Moss' way of giving back for the compassionate hospice care his grandfather and his family experienced.

For more than 30 years, Hospice by the Sea, Inc. in Boca Raton has provided hospice care to patients and families in Palm Beach and Broward counties. For more information about Hospice by the Sea's programs and services, call 395-5031 or visit www.hbts.org.

— Staff report

Damaged bridge to be fixed

The city will make a \$170,000 emergency repair to a bridge on Date Palm Road after a truck exceeding the posted weight limit crossed the span and a large piece of concrete fell off.

Boca Raton-based Florida Concrete Protection LLC won a \$202,794 bid to make minor repairs to the bridge, over the Fishtail Canal, and two others on Date Palm Road last September. Its contract includes the replacement of lower

pile caps, concrete crack repairs, overhead concrete replacement, resurfacing roadways and minor sidewalk repairs.

The too-heavy truck drove over the bridge on April 12. Date Palm Road is in the Royal Palm Yacht and Country Club.

The city expects to recover the repair costs from the company that owns the truck, Assistant City Manager Mike Woika said.

— Steve Plunkett

Library groundbreaking Boca Raton



ABOVE: Former Boca Raton Rotary Club President Rick Zimmer (left) presents a \$50,000 check during the April 24 groundbreaking ceremony for the new city library. Rotary Club President Douglas Mummaw (lectern) speaks as Mayor Susan Whelchel (back left), Director of Recreation Services Mickey Gomez and Friends of the Library President Susan Sosin await their turns. The library will be about 40,000 square feet on the corner of Northwest Second Avenue and Northwest Fourth Street, two blocks north of the existing library.
LEFT: Boca Raton residents Natalie Navarrete, 11, (left) Jacqueline Navarrete, 8, and Ellie Ana Sperantsas, 5, observe the groundbreaking. Kurtis Boggs/The Coastal Star

Old Town Hall ranks tops as a civic building

The results are in and Boca Raton's old town hall has been deemed the "top civic building" in Florida.

The designation came in April after an online poll of the state's top 100 architectural buildings in the "Florida Architecture: 100 Years, 100 Places" competition sponsored by the American Institute of Architects of Florida.

"We are really pleased," said Mary Czar, executive director of the Boca Raton Historical Society, which is headquartered in the building.

"It was a fun thing for AIA to do and it's bringing a lot of attention to a wonderful building. I just feel privileged to work here."

Designated as the overall No. 1 building in the state was the Fontainebleau in Miami Beach. Mar-a-Lago in Palm Beach was No. 5, and The Breakers Resort was No. 7.

But after choosing the top 10 buildings, AIA also recognized buildings in various categories, ranging from performing arts to museums — and civic buildings, of course.

To see all of the results, go to www.aiafltop100.org/Current-Standings.cfm.



Boca Raton's Old Town Hall, built in 1926, now is a museum that is home to the city's historical society. Courtesy of the Boca Raton Historical Society

About Old Town Hall:

Palm Beach architect Addison Mizner designed the original version of a city hall for Boca Raton in 1926. His Mediterranean Revival design was scaled down to one story; yet it too proved too costly for the newly incorporated municipality.

Delray architect William Alsmeyer replaced Mizner as architect in 1927. He created a Mission Style structure incorporating the foundations for Mizner's design, and the Mizner Industries produced ironwork, tiles, pecky cypress

ceilings and doors and other architectural features already ordered for the structure.

Town Hall, first opened for business in the spring of 1927, features a gold dome, arched doorways and windows, and ironwork characteristic of the Mediterranean Revival style popular in Florida during the 1920s land boom.

Town Hall served as a municipal structure until the 1980s and was restored through a communitywide effort led by the Boca Raton Historical Society in 1984.

— Staff report

Highland Beach

By Steve Plunkett

Creating new signs at the town's entryways and choosing a slogan to put on them aren't the top goals of Highland Beach's new three-year strategic plan, but they may be the ones finished first.

"We love our town. Let's make it look nice coming in," Vice Mayor Ron Brown said as commissioners wrangled over the final list at their April workshop and the regular meeting May 1.

Highland Beach will hold a contest to come up with the new slogan. Details of the competition will appear in the

Town tightens up list of improvements

next town newsletter.

"I'll throw out a few suggestions, like 'Jewel of a Town' ... 'First in Safety and Service,'" Commissioner Lou Stern said.

Mayor Bernard Featherman began the push for a strategic plan soon after he was elected last year. Highland Beach's advisory boards channeled possible goals to the Planning Board, which narrowed the list before forwarding it to the commission.

"You really have to look at four or five goals to adhere to and concentrate on those, because that makes them doable," Featherman said.

Other top goals are:

- Continue to work with the state on a plan to improve safety for motorists, pedestrians and bicyclists on A1A;

- Address the use of reserves to balance the budget;

- Renovate Town Hall;

- Repair and repave the town's walking path.

Less-important goals were to work on a joint effort to oversee Intracoastal Waterway safety concerns and sell surplus property in Boca Raton.

Dropped from the plan were suggestions to provide water and covered rest stops on the walking path and procure a "sitting park" on A1A.

"A strategic plan should be ongoing," Featherman said. "Even though it's a three-year plan, you can revise it — every year if you want to."

While the sitting park did not make the plan, commissioners authorized Brown to investigate the town acquiring a vacant parcel at 3200 S. Ocean Blvd.

In other business, they confirmed the mayor's nomination of Eugene Engelhardt to the Charter Review Board.

Engelhardt told commissioners he was a chemical engineer for a DuPont spinoff and was steeped in

DuPont's corporate culture of planning and teamwork. He also has been active in the Toscana condominium association, he said.

The nomination was Featherman's fourth for the charter review seat. His first choice, Marc Saltzberg, also a Toscana resident, resigned. Commissioners declined to confirm Carl Feldman or Deanna Kelvin as a replacement. Feldman managed the mayor's campaign in 2011 and George Kelvin's unsuccessful Town Commission campaign in March. Deanna Kelvin is George Kelvin's wife. ★

EVACUATION

Continued from page 1

hurricane strength categories, the rules aren't hard and fast. Evacuation zones are based on storm surge and flood likelihood, rather than wind strength.

That means a storm coming from across the state from the west, like Wilma in 2005, might require fewer evacuations than a hurricane of the same strength from the east, since the storm surge from the western storm would presumably be less.

"The rule is: run from surge, hide from wind," Johnson said.

Topography maps dating to 1982 and based on old-fashioned surveying sticks have been replaced in recent years with laser-guided measurements that have cut the margins of error from 5 feet to 6 inches.

The redrawn maps are then updated with the National Hurricane Center's latest computerized model runs of individual storms to give managers far more precise information on timing and storm surge on which to base their evacuation decisions.

The result is less "err on the side of caution and evacuate" and more fact-based evaluation.

"From a public safety standpoint, and that's what counts, we have more pinpoint, more accurate information to make decisions down to the neighborhood level," Johnson said. The result: no one but the exceptions (mobile homes, easily flooded areas) evacuates under Plan A (Category 1). Last year, all of the barrier island residents would have been ordered out.

Evacuations don't kick in until Plan B (Category 2), when barrier island residents and a few others would be asked to leave. Still, 64,000 fewer people

countywide would have to find other shelter than under previous plans.

Only in a Plan E evacuation (Category 5) would more people be forced to leave than is required now. It would have the largest effect in Boca Raton, where nearly all of the part of the city south of Glades Road and east of Interstate 95 would be evacuated.

One of the problems in past storms is that many people refused to leave when ordered, believing they knew their local flooding likelihood better than the emergency managers.

Johnson hopes the more precise and more locally based decisions will result in better response from the public.

"I think we'll see better compliance which, to me, is the ultimate goal," he said.

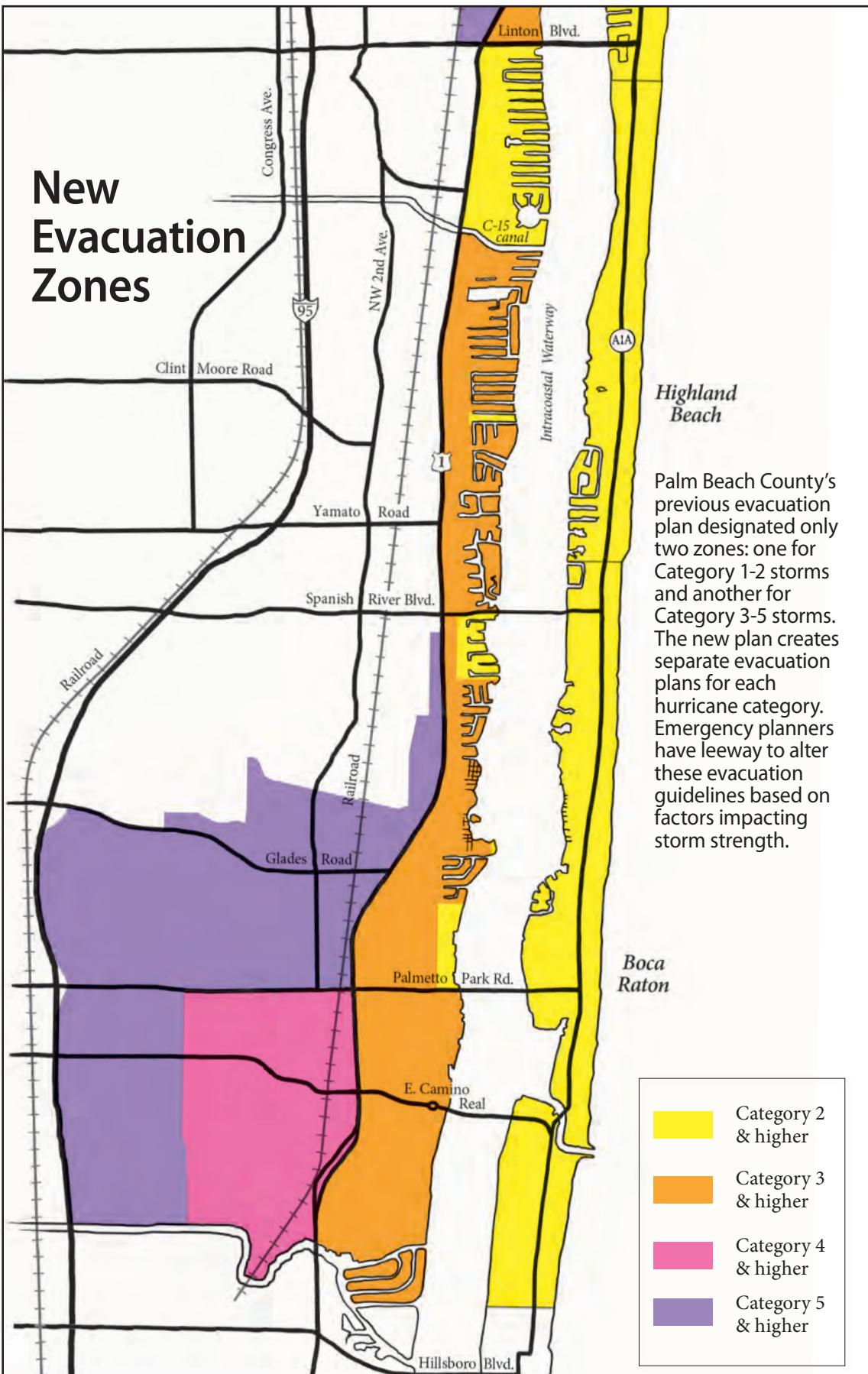
The new hurricane evacuation zones won't have any effect on flood insurance premiums, said emergency managers and insurance analysts.

The new maps used by Palm Beach County aren't the same ones used by the Federal Emergency Management Agency on which flood insurance premiums are based. For one thing, FEMA's maps are decades old, although many are being updated.

Evacuation maps based on storm surge don't necessarily reflect other flooding possibilities, insurance analysts said. "Evacuation maps have little effect on the actuarial tables derived from FEMA's flood zone maps," said Michael Barry, vice president of the Insurance Information Institute, a nonprofit, industry-based agency.

So, the new evacuation maps may save a Highland Beach resident the price of a hotel night in Orlando, but not a reduced flood insurance premium. ★

New Evacuation Zones



SOURCE: Palm Beach County Public Safety Department. Map by Bonnie Lalky-Seibert/The Coastal Star

Gumbo Limbo looking to open new tanks

Gumbo Limbo Nature Center hopes to open the first two of its four new tanks the third week of May.

Work on the nearshore-reef habitat was finished at the end of April, said

Michele Peel, president of the Friends of Gumbo Limbo. The mangrove habitat was scheduled to be completed the first week of May. Then comes one to two weeks of water testing before fish can

be introduced. Both exhibits are the shallow tanks. Construction delays thwarted the Friends' plan to have the nearshore display open in early March.

The two deep tanks showing a

tropical coral reef and a shipwreck/artificial reef are on schedule to open in October, the Friends said on the nature center's website.

— Steve Plunkett

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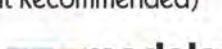
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The plush leather seats of iPic Theater's Premiere Plus seating include a pillow, blanket and popcorn. Grand opening is May 4 at Mizner Park in Boca Raton.

Photos by Kurtis Boggs/The Coastal Star

IPIC THEATER

Continued from page 1

Boca's Mizner Park.

At first sight, it suggests luxury hotel, a hot bar, a top-end restaurant or perhaps a lounge designed by Tim Burton. That's the point.

"Movies are about escapism. When you went to Radio City Music Hall, it was to escape," said Jim Lee, iPic vice president of marketing.

Walls are covered with original art, wood and metal accents. Panels of cross-cut walnut shells cover the main support columns. Eight-foot square Chinese marble tiles cover the floor.

That lounge? Appropriately named The Cocoon, it's encased by a thicket of leafless vines — actually centuries-old wood from Malaysia.

Anyone, not just moviegoers, may dine at Tanzy, the 250-seat restaurant and bar (opening May 14).

It offers indoor and outdoor dining, an "artisanal Italian menu" fresh made from local sources, plus a novel Italian take on a sushi bar.

Even the restrooms are stunning. Sinks made of hollowed and polished boulders sit atop countertops of translucent stone that are lit from below. The walls are covered by glass tiles and panels of interwoven coconut shells.

Tickets, please!

Take the escalator to the theater level, where an attendant takes your ticket and an usher escorts you to one of the eight theaters. The smallest seats 44, the largest only 82.

Gone is the old concession stand, replaced by Tanzy Express, a chef-driven, quick-service center offering an expansive made-to-order menu, beer and mixed drinks, with ID, of course.



Luxury materials are used throughout the iPic Theater, including this upstairs women's restroom.

Each is styled for location

In the old days, a typical theater might employ a ticket seller, a ticket taker, a concessionaire, a couple of ushers and a projectionist. iPic's theater and restaurants require a staff of 246. Ticket prices start at \$14, but membership plans offer discounted pricing, advanced access to blockbuster films, free tickets on birthdays and other specials.

iPic runs nine complexes in seven states, and the next will open this winter at Gulfstream Park in Hallandale. Each is styled for the community. Milwaukee includes a bowling alley and a Friday night fish fry.

Hashemi is still in love with movies. His favorite remains *Raiders of the Lost Ark*, and "any movie that makes money." And iPic's business, he said, has exceeded expectations. Still, in the end, he has only one question: Will they come back?

"The service has to top what you're looking at," he said. "After a while, you've seen all this and it's the service that will bring you back. We want this to be your home away from home."



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Boca Raton

City urged to snare funds, improve Lake Wyman

By Steve Plunkett

The clock may be down to its final few ticks on \$2.5 million in grants and county money to make over Lake Wyman.

Rob Robbins, director of the county's Environmental Resources Management Department, told City Council members that the project must be completed by September 2013 to collect \$2.1 million from the Florida Inland Navigation District.

But before the first shovel can turn any dirt, the county, city and FIND must work out agreements and the county needs to go out for bids and then review them.

"We have a goal-setting session a month or so from now. Can you wait that long, because there'd have to be a council meeting after that to say yea or nay?" City Manager Leif Ahnell asked at the April 9 workshop session.

"We can live with a month," Robbins answered.

The county hopes to get \$383,176 in local matching money for the navigation district's grant from the city, the Greater Boca Raton Beach and Park District or both. Ahnell said the city should budget \$50,000 a year on top of that for annual maintenance and to clean the canals again in 2033.

"I don't know where this problem is of coming up with money. We can just do it," Council Member Michael Mullaugh said, citing a pending \$70,000 savings on an unrelated contract.

Christine Cherepy, president of the Golden Harbour Homeowners Association, repeated her group's demand for outside studies on whether the project would silt canals in her neighborhood or boost the mosquito population.

"We strongly oppose submerging almost 4 acres of land," Cherepy said.

Robbins said his department does bathometric surveys before, during and after any restoration project to make sure fill is not migrating. And the Mosquito Control Division, which he supervises, has concluded "that increasing the flushing through the mangrove area will reduce the number of mosquitoes," Robbins said.

Supporters of the project took advantage of the public comment portion of the April 24 council meeting.

"There's no doubt that the Lake Wyman project is vital to this area in many ways," Laura Castanza, chair of the city's Green Living Advisory Board, said.

"It would make the city a

lot more exciting, as far as like really nice canoe trails," said Curtis Petruzzelli, a senior at Boca Raton High School.

"Our estuary has been degraded and ignored for far too long, and if left alone it will only get worse," said Steve Alley, chair of the Environmental Advisory Board, which unanimously recommended approval.

Joe Chaison, a member of the Marine Advisory Board who helped develop the proposal, urged council members not to pass up the grant money.

"If we decide not to take this opportunity to partner with the county and FIND, the existing problems and the existing maintenance

obligations won't go away," he said.

The project would remove 11 acres of Australian pines and Brazilian pepper from FIND's spoil island and two smaller islands created in the 1930s when the Intracoastal was dredged. FIND's island would be scooped out to create a 3.3-acre basin for seagrass with a dock for day boaters.

About one mile of canoe trails would be restored to increase mangrove flushing and make the trails passable at low tide.

An observation platform and picnic and beach areas would be added, and the board-walk would be extended.

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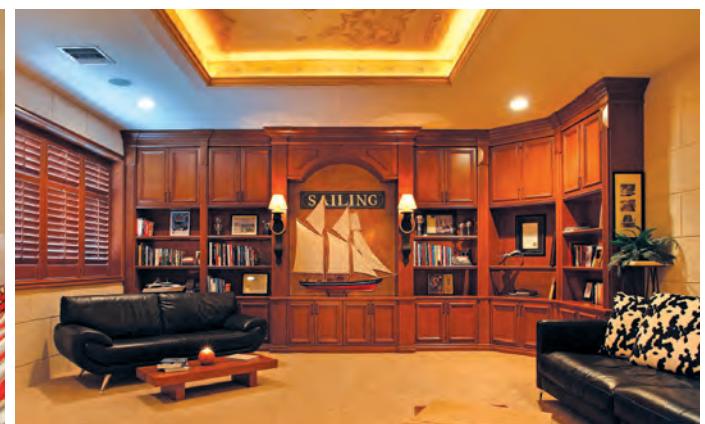
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Along the Coast

East winds, high tides turn beaches into seaweed labyrinth

By Antigone Barton

It can be a puzzling sight: mounds of newly arrived seaweed lying in the tracks of the truck that was just there, weaving across the beach, raking the sand.

But it's been a common sight in recent weeks, as beach cleaners struggled to keep up with unusually dense seaweed, the result of strong easterly winds.

The seaweed comes from a line of vegetation that runs by the Gulf Stream — an underwater grazing site, so to speak, popular with fish, and deep sea anglers — said David Rowland of The Beach Keeper, one of several services whose trucks tidy area sands.

His and other services aim to send seaweed back where it belongs, by raking it into the outgoing tide.

Lately that has been a Sisyphean task, however.



Aidan and Sydney O'Connor look through the seaweed in search of sea beans while on the beach in Ocean Ridge. Tim Stepien/The Coastal Star

"We can rake Lantana beach at 8 a.m., and at 9 a.m. it would look like we had never been there," Rowland said.

Not quite: On a recent

morning a Beach Keeper driver got out of his truck to pick out the plastic bottles, cups, buckets, pieces of tackle boxes, tangled in the seaweed, until the garbage can tied to

his truck was nearly full.

And, in any case while the seaweed may once again be more abundant than usual, it's not any worse than last year, or the year before, when a hard east wind ushered in what we call spring here.

There was a time, Rowland recalls, a few years ago, when the strips of seaweed that narrow the beach now were more like mountains.

That seaweed surge, caused by an offshore hurricane, created an actual barrier between beach-goer and ocean, according to Tim Greener of Beach Raker, a Pompano Beach-based beach-cleaning company that serves beaches from Miami to Highland Beach.

With stretches two feet high and several feet wide, it took two weeks to clear.

And, says Rowland, at levels like that, the seaweed poses dangers to turtle

hatchlings, trying to make their way back to the water.

"I've got pictures of turtles that died trying to get across it," Rowland said.

That in itself does not call for removing the seaweed, said Larry Wood, a conservation biologist at the Palm Beach Zoo.

"That's all part of nature," Wood said. He compares those casualties to ones that might come from predators that hatchlings might face.

While heavy machinery was not part of nature's plan, Wood said, rules and guidelines — keeping trucks from sand above the high tide line, and off the beach until volunteers have completed daily nest counts — help.

"As long as there are a couple of rules to be observed," he said. "People want the beach to look a certain way, and if it doesn't they want to change it."



Boca Raton

City to request proposals for Wildflower site

By Steve Plunkett

The City Council may decide what restaurant goes on the former Wildflower site as soon as October.

The city plans to issue

a request for proposals for the 2.25-acre Intracoastal Waterway parcel in mid-June, Deputy City Manager George Brown said.

"The vision is that the restaurant is an amenity in

a public space, the public space isn't an amenity to the restaurant," Brown said.

He said the RFP would require that the restaurant be open to the general public, attractive to all facets of the

public and have an affordable menu.

Buildings will be positioned to emphasize views of the Intracoastal, and plans must provide for sufficient parking without disrupting Silver Palm Park to the south.

"Everybody would like to preserve as much of the property open to the public on the waterfront without using it for parking as possible," City Manager Leif Ahnell said at the City Council's April 9 workshop.

City officials envision a hub of activity at the east gateway to the downtown, as well as landscaping to emphasize the site as a gateway to the Intracoastal.

"It would be up to the developer to tell us how they're going to achieve those requirements," Brown said.

The proposals must include lease terms with income

guarantees, a description of the project team, a market analysis, proposed schedule, site plan and traffic studies, Brown said.

"We're talking about a restaurant that's an amenity to a public space as opposed to having a restaurant with a little bit of public space hanging around. That is a totally different way of looking at it, and it does open some, I'm hoping, imaginative possibilities and proposals coming forward," council member Michael Mullaugh said.

Boca Raton bought the land in 2009 for \$7.5 million. The City Council heard informal proposals in October from three stand-alone restaurants, two multi-story complexes, a recreation-oriented business and a recent architecture graduate who wanted a park there.



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Entrepreneurial group scores award

SCORE South Palm Beach has been named the National SCORE Chapter of the Year, doubling the number of businesses it has helped and for its programs with veterans, teen entrepreneurs and universities.

"Our country survives on the entrepreneurial spirit," said Hal Finkelstein, chair of SCORE South Palm Beach since 2007. "Our small businesses are our leading employers. Our members feel it's their responsibility to foster the growth of today's and

tomorrow's business leaders."

On April 17, Boca Raton Mayor Susan Whelchel presented the award to the all-volunteer nonprofit, which is part of a network of 364 SCORE chapters, at a ceremony at Gleneagles Country Club.

SCORE South Palm Beach is a resource partner to the U.S. Small Business Administration dedicated to educating entrepreneurs and helping small businesses grow. Visit www.scoresouthflorida.net.

— Staff report

10 Questions



Richard Pollock, who lives in Highland Beach with his wife, Mary Jo, has worked for the YMCA for 38 years. He is the CEO of the YMCA of South Palm Beach County, which includes facilities in Boca Raton and Boynton Beach. Tim Stepien/The Coastal Star

MEET YOUR NEIGHBOR: Richard Pollock

The YMCA is not all fun and games. Some people do have to work.

Take Richard Pollock, 60, for example. He has been involved for the YMCA in one form or another for 38 years—from his first job as a summer counselor at Camp Fitch in Springfield, Pa., and youth director in Youngstown, Ohio, to serving as the CEO of the Community YMCA in Red Bank, N.J.; COO and senior vice president of the Capital District YMCA in Albany, N.Y.; and director of the UMCA Conference Center Peniel-by-Galilee in Tiverias, Israel.

Today he is the president and CEO of the YMCA of South Palm Beach County with main family centers in Boca Raton and Boynton Beach and satellite centers at the National Council on Compensation Insurance headquarters in Boca Raton and at the Volen Center, serving 12,000 members and reaching 50,000 people annually through a variety of programs. There's talk, too, about YMCA programs coming to Delray Beach.

"I grew up in the YMCA," Pollack said. "I was one of those kids whose parents took to the Y. Then I worked at the Y all my summers through high school and college. I had a good feeling for the movement and the culture, so when I graduated, the Y in my hometown (Canfield, Ohio) recruited me

to be a youth director and it was a good fit."

He likes that the Y has a program for everyone. "There's a number of testimonials," he said, "from people going through depression, coming to the Y and finding friends; the single mom who could go to work because of the Y's after-school programs with good role models; people who were obese losing weight. I see personally where the Y makes a difference in people's lives."

But even for members, it's not all about fun, he explained, because YMCA's goals are threefold: youth development, healthy living and social responsibility.

That means there are plenty of opportunities for volunteers who can help with the Y's activities and fundraising. For example, the Y offers financial assistance, so that no one is turned away because of inability to pay. And the Y, he said, is engaged in conversations with lawmakers to ensure that issues important to the community are given appropriate attention (such as Type 2 diabetes prevention).

But then, again, it's not all work either, he assured. "As you can imagine, my activities now are a little different from what they were as a 22-year-old youth director, but I'm still in spinning classes, and I use personal trainers and our wellness center for exercise."

His wife, Mary Jo, uses the Y's wellness and fitness programs. And daughters Shenley and Shelby work out at their local Ys, too. And, Shenley, by the way, is a counselor in the Community YMCA Redbank, N.J., family services programs.

— Christine Davis

Q. Where did you grow up and go to school?

A. I was born in Cincinnati but grew up in the small town of Canfield in northeast Ohio, where I attended elementary and high school. I went to college at Muskingum University in New Concord, Ohio.

Q. What are some highlights of your life?

A. Lifetime highlights include my marriage to my beautiful wife, Mary Jo, and our wonderful family. I'd have to add as an additional highlight: my 38-year career in the YMCA including two years in Israel and travel to YMCAs around the world. Finally, landing in South Florida and Highland Beach is definitely a highlight.

Q. How did you choose to make your home in Highland Beach?

A. When we knew we were moving from New Jersey to Florida, I asked my wife to rent a place that had beach or ocean in the address while we searched for a permanent

residence. She overachieved when she found a rental in Highland Beach at the Boca Highland Beach Club and Marina on Ocean Boulevard. After living there for a year we loved it so much we bought the place.

Q. What is your favorite part about living in Highland Beach?

A. We love living in a small town with views and access to the ocean and Intracoastal and hiking and biking on A1A.

Q. What's your biggest challenge as CEO of the YMCA in South Palm Beach?

A. There are numerous challenges in navigating a large community service organization through a dicey economy. Perhaps one of the greatest challenges is to get people to fully understand the significant benefits and impact the YMCA provides to thousands of individuals in the communities we serve and to consider the Y as a place to belong, volunteer and contribute.

Q. If someone made a movie of your life, who would you like to play you and why?

A. I loved Robert Redford in *Jeremiah Johnson* and *Butch Cassidy and the Sundance Kid*. I think I can relate to the fun and adventure depicted in his early career and his evolution as a film producer and director

as well as his work with the Sundance Festival.

Q. What music do you listen to when you need inspiration? When you want to relax?

A. I love to listen to Italian opera singers Pavarotti, and Bocelli, and I enjoy the uplifting songs of Josh Groban. For fun and relaxation, I listen to Latin and Caribbean artists such as Gloria Estefan, Marc Anthony, Bob Marley and Jimmy Buffett.

Q. What do people not know about you that you wish they would?

A. I can speak poorly in Hebrew, Arabic and Spanish.

Q. Have you had mentors in your life? Individuals who have inspired your life decisions?

A. My father was an educator and school superintendent and my grandfathers were both clergymen and they were all terrific role models. My first boss in the YMCA was not only my supervisor but a great teacher and mentor.

Q. Who or what makes you laugh?

A. I get a kick out of so many of the *Saturday Night Live* cast members who have gone on to film careers. Steve Martin, Chevy Chase, Eddie Murphy and others provide great entertainment. I'm also a fan of the Three Stooges, but I always preferred Curly to Shemp.

Boca Raton

Departing director has seen care center grow from infancy

By Ron Hayes

On Jan. 30, 1976, an elementary education teacher from Oakdale, N.Y., named Lorry Herdeen was hired to educate several dozen 4-year-olds at the Florence Fuller Child Development Center in Pearl City.

Thirty-six years and thousands of children later,

she's preparing to retire as the center's executive director.

"It feels like I blinked and here I am," she said recently, taking a break in the center's administration building on Northeast 14th Street. "But I think it's time."

When Herdeen arrived in 1976, the center itself was in its infancy.

In 1968, a volunteer tutor named Dorothy Fleegler pondered the poor conditions of the area's Mexican migrant families and determined to start a pre-school to counter the lack of early education.

Fleegler contacted her friend, James Fuller, who agreed to finance a center if it were named after his wife, and

three years later the Florence Fuller Child Development Center was incorporated.

A single building on land donated by the city, it opened in 1971 with 22 pre-schoolers.

Four years later, infants were accepted into a day care program, then classes for 3- and 4-year olds. Later, after-school programs were added for children 5 to 13.

In 1977, it became the first human services agency in Florida to receive federal subsidized child care money.

And in 1990, a second center opened off State Road 441 to serve the western suburbs.

"I love knowing that when I get up in the morning, I'm making a difference in someone's life," Herdeen said. "And I've been here long enough that I can see the results."

When she arrived, the center had about 20 employees. Today, about a hundred employees serve about 600 children each year in four classroom buildings. Most of those children are from eastern Boca Raton, and some from Boynton Beach and Delray Beach. There's always a waiting list.

According to its 2010 annual report, the center has total revenue of \$5,258,000, most of



Lorraine 'Lorry' Herdeen (left) stands with some of the 3-year-old students from the Pluto Class at the Florence Fuller Child Development Center in Boca Raton. Front row, from left: Dariya Hill, Gavin Shuler and Arrianna DeAlva. Back row, from left: Rihanna Jean-Pierre, Jayden Wade, Kinsley Dasne and Natalie Huang. Kurtis Boggs/The Coastal Star

it from government grants.

As the center grew, Herdeen's responsibilities grew with it.

In 1978, she was named education coordinator. In 1987, she became the assistant director and, since 1988, the executive director.

"I've learned that children have no guile," she reflected. "They haven't learned not to say what they think, so they're honest. Sometimes brutally honest. And they have the joy

& Mary Perper Center for Mildly Ill Children opened on campus, staffed five days a week by Maria Garcia, a licensed practical nurse who cares for children with a sore throat, flu or infections.

"I saw many parents with entry-level jobs and several children," Herdeen explained. "One got a cold and it would run like wildfire through the family, and the parents missed work."

Now, Garcia tends to those children, while also educating parents on health issues

Keeping parents involved is important, Herdeen said, so the center has both a policy and parent committee, where parents review and approve procedures and discuss complaints, compliments and suggestions.

Herdeen's final day will be Dec. 31. Asked what she wants people to know about the Florence Fuller Center, she paused.

"In Yosemite, there are trees 300 feet tall, but their root system is only 8 feet wide," she said at last. "But they don't fall over because the roots are entwined. That's how the center runs. We all hold each other up to create something really fine."

of discovery. Everything is new to them every day, so I relive the joy of life just by being around them."

The years have not been without their tragedies, though.

"About 20 years ago, we had a baby who was killed when the mother's boyfriend threw her against the wall," Herdeen recalled. "We hadn't been aware of any abuse, but the ones we haven't saved are the ones I never forget."

Three years ago, the Harold



Fuller



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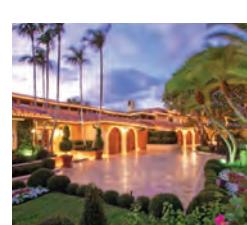
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Along the Coast

\$100,000 grant awarded to the Parent-Child Center

The women of Impact 100 Palm Beach County championed the "power of giving as one" on April 24, voting to support a program that helps children who are abruptly removed from their homes and placed into foster care.

Impact 100 members came together at their inaugural annual meeting at Lynn University in Boca Raton and awarded their first \$100,000 grant to the Parent-Child Center, a nonprofit organization that promotes the social and emotional well being of children and families.

"Impact 100 PBC is thrilled that our 'power of giving as

one' is doing exactly what it intended — being part of creating transformational solutions," stated Cindy Krebsbach, co-founder of Impact 100 PBC. "We are truly excited to support the Parent-Child Center's trauma team with our first transformational grant."

Impact 100 was created with the idea that every woman gives \$1,000 annually, their contributions are pooled together and a nonprofit organization is selected to receive a \$100,000 grant.

Sixty-six applicants applied for the grant within five key funding categories: Arts and Culture, Education,

Environment, Family, Health and Wellness. Five nonprofits were selected to present to the Impact 100 PBC members at their annual meeting, where an electronic vote was cast and counted. Runner-up organizations were The Milagro Center, Anti-Defamation League, Florida Fishing Academy and the Urban League of Palm Beach County. They each received a \$12,000 grant.

For more information on Impact 100 Palm Beach County or to become a member, contact 302-4996 or impact100pbc@cfpbmc.org.

— Staff report

Impact 100 Palm Beach County Lynn University, Boca Raton



Impact 100 PBC Founders Toast: Cindy Krebsbach (left), Lisa Mulhall, Tandy Robinson. Photo provided

Boca Raton

Artisan teases hair of horse into exquisite sound

By Tim Norris

Ivory of wooly mammoth, hair of Mongolian horse, shell of oyster and abalone shine from sticks hung tip-down from pegs along the window of Alejandro Quintero Servin's work space. A few more of these finely milled implements, clasped in C-clamps, surrounded by saws and sandpaper, punches and chisels and pots of glue and lacquer, await his help.

In trained and talented hands, the wands in Servin's care work a musical magic. They are bows, companions that conjure sound from stringed instruments.

Here in the Violin Shop in a shopping center along Boca Raton's U.S. 1, Servin, known to many as Alex, is their caretaker.

The bow in his hands just now needs a hair transplant. Opening it from the dark mahogany "frog," where the hair is tightened or relaxed, he might find damage or quirks, hidden under a pearly slide.

Servin himself might seem to hide, too, in a workshop tucked in back of the store. Tim Barnes, the Violin Shop's general manager and his boss, describes him as shy.

Servin's work, though, speaks loudly (and across a generous range of volume, tone and timbre), in the voice of stringed instruments.

Bows and their care, Servin and his art suggest, show the value of patience and diligence and the wonder of artisans and materials often overlooked. Hair left taut can ruin a bow's backbone. Dry, cold air can tighten it near snapping. An outdoor concert on a hot, humid afternoon can stretch it beyond redemption.

In truth, bows are just Servin's sideline.

He is a luthier, a maker and restorer of stringed instruments, applying skills learned and wisdom earned



ABOVE: Tim Barnes, general manager of the Violin Shop and principal violist with Palm Beach Opera Orchestra, tests the sound of a violin at the Violin Shop. LEFT: The detail of a frog, used to tighten the horsehair of a bow.
Tim Stepien/
The Coastal Star

through five years' post-high-school study and a decade of practice in his native Mexico and in Florida, including an apprenticeship with W.J. Fleischer, owner of this Violin Shop and two others in Florida and Puerto Rico. Here, Servin repairs and restores violins, violas, cellos and string basses.

Bows bring all of them to life. In the physics of a stringed instrument's sound, bow-hair provides a key element: friction.

A bow, its round wooden stick on top and flat ribbon of horse-hair underneath, translates weight from a player's right hand, along with the speed of movement, onto the strings and into the vibrations

of sound. Those shimmer across the top of a violin, a kind of sound box, and shoot down sides and through an inner sound post across the bottom, which echoes and amplifies. At play with wood and varnish, the vibrations give the instrument its voice.

A particular kind of hair, from Mongolian horses and covered by microscopic burrs, brings friction its best outlet.

"It could be the hair grows best in cold because there are not so many flies to swat away," Servin says, and smiles.

The stick that holds it in place, usually of pernambuco wood, comes from tropical Brazil. The tension between

them gives string music its energy.

Each bow is made, like nearly all of its companion instruments, by hand, and each presents its own surprises. The one in front of Alex Servin just then, awaiting new hair, revealed a crack invisible to its owner. Servin found it and filled it. Any flaw can hurt the sound.

"Professional players are very fussy about a re-hairing," says Tim Barnes, for 10 years principal violist with the Palm Beach Opera Orchestra. (Servin, too, has played violin with the Alhambra Orchestra in Coconut Grove).

"It's incredibly difficult to

get the hair totally even and the length you want, the number of turns you want on the screw, the optimum weight on the stick," Barnes says. "There are a number of ways you can go wrong. It's a difficult process that Alex does well."

The bow at hand, a just slightly sway-backed stick of pernambuco, displays the extinct elephant ivory just under its down-bent tip, where white Mongolian horse hair (tied at each end with nylon fishing line) erupts, extending the length and disappearing under the slide and into the frog.

This bow, stamped Hill and from England, carries a silver tip and a price tag of \$5,500; the best might run more than \$100,000. The better you are, he suggests, the better you want.

The full secret of a bow's performance, though, hides in its inner workings.

Drawing out the strands of old hair and feeding in the new, Servin pulls the slide off the bottom of the frog to reveal the workings: a knob at a bow's back end turns a screw that threads through an eyelet and pushes against the back of the frog, pulling the hair tighter. Each end of the hair is anchored with a hand-chiseled wood plug, fitted precisely into a tiny well.

Few listeners or amateur players understand the mechanics. Even fewer recognize the artisan. Rarely, very rarely, Servin says, does he hear praise for repair or re-hairing. "If they are not happy," he says, "I might hear something." That's almost as rare.

What a properly made and well-repaired bow makes possible in performance, he says, are the sounds that matter most.

The bustle of a string player coming through the door and needing help, well, that's music, too.





ABOVE: Maegan Assaf sips tea during the annual Mother and Daughter Garden Tea Party at the Boca Raton Museum of Art. She attended the tea party with her mother, Nadine (at left).

RIGHT: Delray Beach residents Tandy Robinson and her daughter Gracie take a moment for a hug during last month's annual Mother and Daughter Garden Tea Party at the Boca Raton Museum of Art.

Photos by Tim Stepien/
The Coastal Star



The art of

Tea and Company

Brew up a special blend
for Mother's Day

By Antigone Barton

There's something about tea: Soothing and restoring, a comfort and a tradition, it provides both a lull and a lift to the day. Let fathers celebrate their day with tee times, Mother's Day tea is an occasion for finger food and flowers.

And tea, of course.

What is it about tea that brings people together?

There's something salubrious about tea, says one local tea specialist, who goes by the name of Barbara the Tea Specialist. It extends beyond the medicinal properties, the list of which, she says, continues to grow daily: Studies credit tea with curbing high blood pressure, diabetes, stomach



Photo courtesy of
Barbara the Tea Specialist
The Orchid Tea Room

ailments, rheumatism, heart, liver and kidney diseases, and warding off some cancers.

The act of having tea and the ceremonies that have evolved around it have their own benefits, Barbara says.

"You have to pause. It's very meditative, a release from the everyday," she says.

Then there are the memories.

"Remember when you were little, and you weren't feeling well, and your mother brought you a cup of tea?" asks Maryana Matesic of TeaLicious Tea Room in Delray Beach.

"I remember when mine did."

In mid-April,

TeaLicious was already taking reservations for Mother's Day tea, a high tea.

Barbara takes her expertise on the road, helping businesses as well as party-planning individuals to gather around tea — Mother's Day teas, wedding shower teas, tea tastings, tea talks — even after-yoga raw-food tea gatherings.

For those planning their own teas, Barbara has this advice: "You don't have to be a traditionalist to have fun with a tea party. You have to be able to be creative and mix it up. Let your imagination soar."

After all, she points out, at least 52 countries where tea is grown have it their way: In Morocco where she says crushed mint leaves in a glass with tea poured over it create "an explosion of mint;" in Japan, where a tea ceremony can be four hours long; and in England, from where traditional high tea comes, and where "they were practically religious about tea time."

Specialist favors flexibility

A former travel agent who accompanied groups on tours, Barbara developed her philosophy of tea, as well as her knowledge, in her travels. She says the secret to enjoying tea and the treats that go with it is making it your own and that means including your favorite finger food.

While conceding the cucumber sandwich is nearly indispensable, ("because everyone looks for the cucumber,") and that an herbal cream cheese is nice (she uses herbs from her garden), Barbara has accompanied teas with mini-bagels, flax seed toast, quiche-ettes and substituted mushroom caps for bread at raw-food teas.

The one constant, she allows, is avoiding knives and forks — and sticking to bite-sized treats.

The rule of thumb is one teaspoon of loose tea for each 8 ounces of water. Some mugs are 12 ounces. In that case, you would want to add a heaping teaspoon.

Loose tea can be re-brewed two or three times.

All tea is brewed differently. The amount you use is pretty universal, but the steeping time varies.

Black teas are brewed with boiling

water (boiling is 212 degrees). Wait until it boils, take it off the stove and let it sit for five minutes, and use an instant-read thermometer to tell you the temperature.

White and green teas use lower

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which it can be consumed, Barbara says. While she teaches etiquette, and says many who consult her for mother-daughter teas cite passing on the etiquette as part of the experience, she also is just as willing to dispense with the etiquette.

"It's under debate — you eat your scones first, then you eat your tea sandwiches, then you eat your desserts," she says.

"But I've heard tea aficionados challenge that, and say, no you never eat your scones first — that's why I say, shake it up, relax. Luckily we've gotten away from the rigidness of having to have the etiquette."

"Whatever tea you like to drink, drink it. Whatever food you like to eat, eat it," she adds. The more you know, the greater the variety, she adds.

"I mean, there's really a lot to be said about tea."

How to make a perfect cup of tea

Loose tea can be re-brewed two or three times.

All tea is brewed differently. The amount you use is pretty universal, but the steeping time varies.

Black teas are brewed with boiling

water (boiling is 212 degrees -- basically when it just begins to boil. Steep for one to three minutes.

The rooibos and black teas use boiling water and five minutes to steep.

Source: *Barbara the Tea Specialist*



Gabriella Villazon (center) and her daughter Estefania Fabregat watch tea being poured during the Boca Raton Museum of Art's garden tea party. Photos by Tim Stepien/The Coastal Star



Nicole Castillo samples tea during the Boca Raton Museum of Art garden tea party.

As far as the tea itself, "the healthiest tea," she says, "is whatever you like to drink, because you will drink the most of it."

That being said, when she says tea, she is talking about white, green, black or oolong. "Anything that's brewed with water is tea to a lot of people," she says. In reality unless it comes from the tea plant — camellia sinensis — it is not tea.

Flower and herb infusions, as well as the South African rooibos, are tisanes. Not that there is anything wrong with that; Barbara sells and is

enthusiastic about the benefits of rooibos, in particular, a favored alternative for those who say they can't drink tea.

When people say they can't drink tea, Barbara will ask for clarification, to make sure they are not depriving themselves unnecessarily. While some people can't tolerate caffeine, others may have a problem that is specific to a particular tea.

While not a traditionalist in food, she is not a rebel either — and high tea does call for a black tea, she says. A white tea, though, goes nicely with dessert.

The most popular tea at TeaLicious is a ginger and peach flavored black tea, with a rich chai coming in second, according to Matesic.

Barbara, who deals in about 100 different teas, says her most popular infusion isn't a tea at all but a rooibos flavored with cranberries. Her second most popular is a matcha green tea, and the third is the pineapple coconut white.

As the rules for tea and its accompanying treats are flexible, so is the order in

Finding Faith

Caring Kitchen nourishes stomachs, souls

Feeding the poor is a challenge for people of faith.

Volunteers responded by serving 88,691 hot meals last year at the Caring Kitchen in Delray Beach.

That's a 50 percent increase over the 59,034 meals served in 2005, and the need continues to grow.

"Scripture calls us to respond to people in need in our community," said the Rev. Pam Cahoon, executive director for the nonprofit Christians Reaching Out to Society, which operates the kitchen at 196 NW Eighth Ave. "People won't come unless they're really hungry."

In addition to hot meals, C.R.O.S. Ministries also

distributed emergency food last year to 47,055 people from food pantries in Delray Beach and five other cities. That's a 58 percent increase since 2005.

The overall effort requires over 2,000 volunteers each year from more than 100 congregations.

"We work ecumenically, recruiting volunteers from congregations," Cahoon said. "They won't volunteer unless they are good, caring people."

Volunteers at the Caring Kitchen serve breakfast and lunch Monday through Friday plus dinner four days each week. "I came 12 years ago to pitch in on Christmas Day and I've been here ever since," volunteer Doug Fischer said. "I



Volunteers pack meals at the Caring Kitchen in Delray Beach. The kitchen is run by C.R.O.S. Ministries. Jerry Lower/The Coastal Star

get more out of it than I give. I feel good when I leave here."

"It's become the highlight of my week," Sheila McLachlan

said. "I have made friends who will last a lifetime. My husband became infected by the enthusiasm and jumped in to give a hand."

Volunteers also deliver hot meals to shut-ins three days a week. **Cason United Methodist Church** distributes bag lunches on weekends.

"I'm so proud that we never had to close our kitchen or a pantry for a lack of food," Cahoon said. "We've never run out."

But the recession nearly made that impossible. So Cahoon appealed to churches and synagogues to increase their food donations by 20 percent to 50 percent.

"Because the need went up so quick, we called them all and asked them to stretch," she said. "Most of them did."

in his Art of Marriage course that begins this week at the **Chabad of East Boca**.

The provocative six-week course explores marriage from both the spiritual and psychological points of view. Lessons are from both modern and ancient Jewish texts such as the Talmud and Zohar.

Individuals contemplating marriage are invited, along with newlyweds and couples who have been happily married for 25 years or more. Call 417-7797 for details.

The soccer season under way at **First United Methodist Church** in Boca Raton rewards players for their Christ-like behavior.

"It's a combination of ministry and sports," says **Melissa Wells**, director of children's ministry. "A lot of the players don't go to church, but they want to come because of the sports aspect."

About 200 children ages 4 through sixth grade participate, experiencing Christ through game-day prayer and halftime devotions.

Every child gets equal playing time, unlike in the city's soccer league. Coaches award colored stickers to players for soccer skills, memorizing Bible verses and their behavior toward others.

"We have players who normally wouldn't play because of a disability," Wells said. "If the other players rally around a disabled child to help him make a goal, they're showing an attitude that Christ would."

The Boca Raton soccer league is part of **Upward Sports**, a national Christian organization that oversaw 550,000 children playing soccer, basketball, flag football and cheerleading in 5,000 leagues and sports camps last year.

First United Methodist joins with **Spanish River Church** to sponsor a basketball league each winter.

Tim Pallesen writes about people of faith, their congregations, causes and community events. Email him at tcpallesen@aol.com.

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Rabbi Ruvi New promises to reveal Jewish bedroom secrets



Paws Up for Pets

'Pet Hero' throws herself into rescue efforts

Meet Amy Restucci, a self-described big-mouth, low-maintenance chick who never complains when she makes the trek down I-95 in bumper-to-bumper traffic from her West Palm Beach home to rural Miami.

She doesn't mind the drive because she possesses an unparalleled drive when it comes to rescuing abandoned, skinny strays roaming the Everglades and rural, impoverished areas in south Miami-Dade County.

Her life took a dramatic turn last September when she agreed to drive down to rural Homestead with a friend to help feed some hungry, homeless dogs. Then she spotted an emaciated pit bull with a rope dangling around her neck. She looked closer and noticed bite marks and wound scars. She then saw giant-sized mosquitoes swarming the dog, unsteady on her feet.

"We fed this dog and she wolfed down the food and was sweet as sugar," recalls Restucci. "Then something just clicked inside me. I remember screaming to my friend, 'We can't leave her! We just can't leave this dog!'"

They coaxed this dog into the car and drove straight to a supportive veterinarian in Miami, who provided needed medical care. A call to a rescue group called Big Hearts for Big Dogs resulted in placing the dog in what Restucci describes as "an amazing home."

The connection with this dog she dubbed Debbie was instant and powerful. It marked the start of Restucci's single-focused quest to rescue and find homes for stray dogs. Since September, she has led a growing group of volunteers on regular rescue missions to Miami. At last count, they have rescued more than 300 dogs. She launched a Facebook page called 100+AbandonedDogs of Everglades Florida that has attracted more than 13,000 fans and raised more than \$100,000 to feed, provide medical care and place many of these strays.

At a recent organized rescue in April, Restucci drove to the meeting place, a shopping mall in south Miami, expecting to see a few people offering their time and energy.

"More than 100 volunteers showed up! That's unbelievable," she says. "Some of them were veterinarians who provided pro bono care for about five dogs. We were able to distribute more than 2,000 pounds of food."

Restucci's dogged efforts are making headlines. She was the first recipient of the Pet Hero accolade presented



Amy Restucci tends to puppies saved by volunteers while on a rescue mission in the Everglades. **Photos provided**

How to help

See www.facebook.com/ABANDONEDDOGS EVERGLADES# or call 561-860-3783.

by *The National Enquirer*, headquartered in Boca Raton. She has been profiled in daily newspapers and other media outlets.

At 43, she says she has found her calling: to help the helpless.

"I'm not a religious person, but I believe in God and am very spiritual," she says. "I've never felt such a connection. When I feel like I am at the

end of my rope, I ask God to give me a sign and it always comes to me. I feel like I'm surrounded by positive energy and that when I set my mind to something, there is no stopping me."

When she isn't making the long drive down to the southern tip of this state, she shares her modest home with her husband, Ralph, and their four rescued pets: a blind senior Portuguese water dog named Lincoln; a terrier mix named Maggie, blind in her left eye; Red, an affectionate cat plucked from the streets; and Patches, a pudgy cat who was surrendered to a shelter at age 6.



A dog shows its appreciation to Amy Restucci, who has rescued hundreds of dogs abandoned in the Everglades.

the uneducated. This is my calling. I'm going to be there for these animals."

Arden Moore, founder of FourLeggedLife.com, is an animal behavior consultant, editor, author, professional speaker and certified pet first aid instructor. She happily shares her home with two dogs, two cats and one overworked vacuum cleaner. Tune in to her Oh Behave!

show on PetLifeRadio.com and learn more by visiting www.fourleggedlife.com.

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Community Calendar

Note: Events are current as of 4/27. Please check with organizers for any changes.

MAY 5

Saturday - 5/5 - Yoga Class at the Train Depot, 747 S. Dixie Hwy., Boca Raton. Ongoing classes held M-Sat: 9:30-11 am & T: 6:30-8 pm. No class 5/28. 5 classes: \$65/residents, \$81.25/non-residents; 10 classes: \$110/residents, \$137.50/non-residents; 20 classes: \$200/residents, \$250/non-residents. 477-8727 or www.ci.boca-raton.fl.us.

5/5 - The Top 20 Secrets of Great Singers: Their Mindset & Methods at the Boca Raton Community Center, 150 Crawford Blvd., Boca Raton. Class teaches aspiring singers the coveted professional standards and musical/non-musical techniques of unforgettable performances. 9:30 am-12:30 pm. Held weekly on Saturdays. \$20/residents, \$25/non-residents per class. 393-7807 or www.ci.boca-raton.fl.us.

5/5 - Drop-In Story time - Music, stories, fun finger plays and action songs stimulate learning at this weekly program at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For children of all ages accompanied by an adult. Held every Saturday. 10-10:30 am. Free. 393-7968 or www.bocalibrary.org.

5/5 - Judo Class - Saturdays at the Community Center, 150 Crawford Blvd., Boca Raton. Classes consist of warm-up exercises, instruction, practice and tournament training. For all ages. 10 am-noon. Per month: \$21.50/resident, \$27/non-resident. 393-7807 or www.ci.boca-raton.fl.us.

5/5 - Exhibit: Mariko Kusumoto: Unfolding Stories at The Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. Exhibit runs through 5/6. 10 am-5 pm. Free with paid admission: \$13/adults, \$12/seniors, \$8/children ages 6-17 & students with valid ID, and free for museum members and children 5 and under. 495-0233 Ext. 237 or www.morikami.org.

5/5 - Exhibit: Post-Tsunami Artwork by Japanese Students at The Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. The Museum will showcase artwork created by Japanese elementary school students in the aftermath of the deadly March 2011 tsunami. Compiled from six schools in Japan's Miyagi and Fukushima prefectures, the exhibit will be on display in the Morikami's Yamato-kan and feature paintings based on three themes: Appreciation of World Friendship, My Life 10 Years from Now and What I Want to Do in the Future. Paintings on display are currently on loan from the Consulate-General of Japan in Miami. Exhibit runs through 5/31. T-Sat., 10 am-5 pm. Free with paid admission: \$13/adults, \$12/seniors, \$8/children ages 6-17 & students with valid ID, and free for museum members and children 5 and under. 495-0233 Ext. 237 or www.morikami.org.

5/5 - Art Exhibit: Nature in Photography and Painting at the Highland Beach Library, 3618 S. Ocean Blvd. Photos by Brent Anderson, Art by Patricia Maguire, plus Sculpture by Diane Slotbotkin. Exhibit runs through 7/20. M-Th: 10 am-8 pm; F: 10 am-4 pm; Sat.: 9 am-1 pm. Free. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/5 - Nantucket Baskets Craft Exhibit by Christine Carton at the Highland Beach Library, 3618 S. Ocean Blvd. Exhibit runs through 6/11. M-Th: 10 am-8 pm; F: 10 am-4 pm; Sat.: 9 am-1 pm. Free. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/5 - Bookworm Story Time for ages 2 & up at the Highland Beach Library, 3618 S. Ocean Blvd. Held every Saturday. 10:30 am. Free. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/5 - Annual Kentucky Derby Event presented by Quota International of Boca Delray at the Boca Greens Country Club, 19642 Trophy Drive, Boca Raton. Ladies are encouraged to wear hats and men to wear colorful ties. Features four hours of fun, open bar, and full down home dinner with carving station, big screen TVs with live simulcast of the Kentucky Derby. To benefit the Dolores Taylor Scholarship Program, AVDA and Forgotten Soldiers. \$65/person. 4-8 pm. 289-8239 or www.quotaderby.eventbrite.com.

5/5 - Coral Reef Shark Feedings are held daily, Tuesday through Sunday, at Sandoway House Nature Center, 142 S. Ocean Blvd. Delray Beach. Feeding begins at 10:30 am T-Sat, and 1:30 pm Sunday. Discover what Atlantic Ocean reef fish, nurse sharks, and spiny lobsters eat for breakfast. Free with \$4 admission to the nature center. 274-7263 or www.sandowayhouse.org.

5/5 - Children's Nature Series: Turtles at Daggerwing Nature Center, 11200 Park Access Road, Boca Raton. Programs may include activities such as: stories, puppets, games, role play, nature walks, and crafts. Ages 3-6. 10:30-11:15 am. \$4/child. Reservations required. 629-8760 or www.daggerwing.org.

5/5 - Tweens & Teens - Programs for ages 12-16 at the Highland Beach Library, 3618 S. Ocean Blvd. Held most Saturdays. 11 am. Free. Register one week in advance. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/5 - Science Stories at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Hear favorite science inspired stories. For ages 5 and up. Held weekly on Saturday. 11:30 am. Free. 347-3912 or www.scienceexplorium.org.

5/5 - Family Fun Workshop: Fish Printing at The Morikami Japanese Museum and Gardens, 4000 Morikami Park Road, Delray Beach. Make traditional prints using real fish. Two sessions available: 11:30 am-12:30 pm and 1-2 pm. \$10/one parent and child with paid museum admission; \$5/additional child/parent. Advance registration required. 495-0233 Ext. 237 or www.morikami.org.

5/5 - Dinosaur Attack Exhibit at the South Florida Science Museum, 4801 Dreher Trail N., West Palm Beach. Come face-to-face with these historical creatures in this very intense, engaging exhibit. Guests can actually touch real 70 million year old dinosaur bones, dig for fossils in the museum's dig pit, and talk with local dinosaur hunters. Robert de Palma and Rudy Pascucci to see and learn how paleontologists discover dinosaurs with field techniques and tools that are still in use today. Exhibit runs through 5/13. M-F: 10 am-5 pm; Sat.: 10 am-6 pm; and Sun.: noon-6 pm. \$11.95/adults; \$10.45/seniors; \$8.95/children ages 3-12; free/members and children under age 3. 832-1988 or www.sfsm.org.

5/5 - Cinco de Mayo Fiesta at Whole Foods, 1400 Glades Road, Suite 110, Boca Raton. Stop by each department for a Mexican treat. Noon-2 pm. Free. 447-0000 or www.wholefoods.com.

5/5 - Art-E-ology: Red Grooms, 3-D Rooms for grades 3-5 is presented at The Boca Raton Museum of Art, 501 Plaza Real. Once a month, children will learn about a master artist on exhibit at the museum and have the opportunity to create a masterpiece in the style of the selected artist. Reservations required. 1-2:30 pm. \$5/child; free/members. 392-2500 Ext. 106 or www.bocamuseum.org.

5/5 - Tweens & Teens - Programs for ages 12-16 at the Highland Beach Library, 3618 S. Ocean Blvd. Held most Saturdays. 11 am. Free. Register one week in advance. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/5 - Science Stories at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Hear your favorite science inspired stories. For ages 5 and up. Held weekly on Saturday. 11:30 am. Free. 347-3912 or www.scienceexplorium.org.

5/5 - Exhibit: Surfing Florida: A Photographic History - A Traveling Exhibition and Book Project at the Schmidt Center Gallery, FAU's Boca Raton campus, 777 Glades Road, Boca Raton. The first-ever History of Florida Surfing Exhibition, developed over the past three years by University Galleries Director W. Rod Faulds and Paul Aho, the exhibition's curator, a lifelong Florida surfer and head of photography and digital imaging at the Paducah School of Art. Exhibit will be open T-Sat. 1-4 pm through 5/12. Free. 297-2966 or www.fau.edu/galleries.

5/5 - You're A Good Man Charlie Brown at Showtime Performing Arts Theatre, 503 S.E. Mizner Blvd., Ste. 73, Boca Raton. 2 pm. \$14/adults, \$10/children. 394-2626 or www.ShowtimeBoca.com.

5/5 - Cinco de Mayo Fiesta presented by the Hispanic-Latino Cultural Alliance at Old School Square Pavilion, 51 N. Swinton Ave., Delray Beach. Featuring live musical performances, arts nad crafts, pinatas, face painting, Chihuahua Races, Jalapeno Eating

Municipal Meetings

5/1 & 6/5 - Highland Beach - First Tuesday of each month at Highland Beach Town Hall, 3618 S. Ocean Blvd. 1:30 pm. Agenda available at www.ci.hIGHLANDBEACHLIBRARY.ORG

5/8 & 5/22 - Boca Raton - Second & fourth Tuesday of each month at Boca Raton City Hall, 201 W. Palmetto Park Road. 6 pm. Agenda available at www.ci.boca-raton.fl.us

Contest, Chile Chicks Line Dancers and much more. 2-10 pm. \$10, free/children under 10. 734-4937 or www.oldschool.org.

5/5 - Alligator Feedings at Daggerwing Nature Center, 11200 Park Access Road, Boca Raton. Gather around the alligator tank in the exhibit hall and listen to a short talk about the baby alligator while he is being fed. For all ages. Held every W & Sat. 3:15 pm. Free. 629-8760 or www.daggerwing.org.

5/5 - Talent 5/5 - The Kentucky Derby Goes Pink - Presented by the Ellman Foundation at Bogart's Bar & Grill, 3200 Airport Road, Boca Raton. Benefiting the Go Pink Challenge, which supports the Christine E. Lynn Women's Health & Wellness Institute at Boca Raton Regional Hospital. Enjoy dinner by the bite, cocktails, gaming, derby wagers and a Chinese raffle while watching the 138th Run for the Roses on the big screen. 4-7:30 pm. \$100. 955-4142 or www.brrh.com.

5/5 - Future Stars Performing Arts Competition - Presented by the Rotary Club of Boca Raton at the Keith C. and Elaine Johnson Wold Performing Arts Center, Lynn University, 3601 N. Military Trail, Boca Raton. South Florida's premier middle and high school performing arts competition. Contestants are top young performers from all of South Florida. 7 pm. \$25-\$45. 237-9000 or www.lynn.edu/tickets.

5/5 - Class of 2012 in Concert - Presented by The Conservatory of Music at Lynn University at the Amarnick-Goldstein Concert Hall, de Hoernle International Center, Lynn University, 3601 N. Military Trail, Boca Raton. A salute to the graduating class as they perform one last time with a final serenade to the patrons who have supported them in their pursuit of musical mastery. 7:30 pm. \$10. 237-9000 or www.lynn.edu/tickets.

5/5-20 - Little Women the Musical at Sol Children Theatre, 3333 N. Federal Hwy., Boca Raton. F&Sat.: 7 pm; Sat. & Sun.: 2 pm. \$12/under age 8, \$8/age 8 and up. 447-8829 or www.solchildren.org.

5/5-6 - Yoga Workout at the Beach - Held every Saturday and Sunday at Red Reef Park West, 1221 N. Ocean Blvd., Boca Raton. Registration can be done at the Boca Raton Community Center, 150 Crawford Blvd., or on-site before a class begins. Parking passes can only be obtained through the Community Center. Classes are held on the grass overlooking the Intracoastal Waterway. Cash will not be accepted on-site. 10-11 am. \$15/residents, \$19/non-residents per class, or 60 day membership (unlimited classes) for \$65/residents, \$81.25/non-residents. 393-7807 or www.ci.boca-raton.fl.us.

5/5-6 - Science Demonstrations at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Hear your favorite science inspired stories. For ages 5 and up. Held weekly on Sat. & Sun. 3:30 pm. Free. 347-3912 or www.scienceexplorium.org.

5/5-6 - Lady Day at Emerson's Bar & Grill at The Willow Theatre, 300 S. Military Trail, Boca Raton. A mock performance of Billie Holiday's last show at a famous Philadelphia night club. This rich and poignant glimpse into the dusk of music genius Billie Holiday's career reveals her troubled, dark struggles and includes all of Miss Holiday's music standards. Rated R. Sat.: 8 pm; Sat.& Sun.: 2pm. \$15, \$10 Friday for students with ID. 347-3948 or www.willowtheatre.org.

MAY 6-12
Sunday - 5/6 - Kabbalah & Coffee at Chabad of East Boca Raton, 120 NE 1st Ave., Boca Raton. The best part of waking up is coffee in your cup and Kabbalah in your "kop" (head in Yiddish). Includes weekly Living Torah Video Presentation. The class can be viewed by logging on to http://torahcafe.com/chassidic-heritage-series.pho. Viewers are encouraged to purchase Full Devotion at www.Kehotonline.com. Held every Sunday morning. 10-11:30 am. Free. 417-7797.

5/6 - Adopt-a-Thon and Doggie Speed Dating

is held at the Tri County Humane Society, 21287 Boca Rio Road, Boca Raton. Food trucks, pony rides and petting zoo. Free. 482-8110.

5/6 - Bright & Smart Robotics Workshop

at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Teaches basic engineering skills and facilitates the development of higher cognitive skills through computer programming, robot assembly and teamwork. Three sessions based on age: age 6-8, 11 am-12:30 pm; age 9-11, 12:45-2:15 pm; age 12-14, 2:30-4 pm. \$11.50/resident, \$14.50/non-resident. 347-3900 or www.sugarsandpark.org.

5/6 - Chinese Scrolls

is presented as part of the ARTful Adventure Sunday series at The Boca Raton Museum of Art, 501 Plaza Real. This family program features art workshops or live performances by talented actors, musicians or dancers. The program focuses on creative family fun and includes an interactive opportunity for all ages to learn, create and enjoy the arts. 2 pm. Free program with paid museum admission. 392-2500 or www.bocamuseum.org.

5/6 - Reception: Art Exhibit - The Boynton Beach Camera Club

at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Exhibit continues through 5/30 during regular hours: M-F 8 am-10 pm, Sat. 8 am-5 pm, Sun./Holidays 10 am-5 pm. Opening reception: 2-4 pm. Free. 347-3900 or www.SugarSandPark.org.

5/6 - Concert: South Florida Symphony Orchestra - Some Enchanted Evening

at the Arts Garage, 180 NE First St., Delray Beach. Featuring Schubert Piano Quintet in A Major "Trout" and Faure Piano Quartet No. 1 in C Minor. \$20-\$25/advance, \$25-\$30/at the door. 7 pm. 243-7129.

5/6 - The Lady Day After Party Featuring Paulette Dozier & her Fabulous Jazz Trio

at The Funky Biscuit, Royal Palm Place, 303 SE Mizner Blvd., Boca Raton. 7:30 pm. \$10. 395-2929 or www.funkybiscuit.com.

Monday - 5/7 - Jazzercise/Body Sculpting

at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. 50-minute muscle toning workouts feature a creative combination of weight training and stretching. 8:45-9:35 am. Held every M, W & F. First class is free. 8 classes: \$56/residents, \$70/non-residents. 16 classes: \$96/residents, \$120/non-residents. 347-3950 or www.sugarsandpark.org.

5/7 - Jazzercise/Light

at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. This 50-minute class pairs moderate aerobics with exercises designed to improve strength, balance, and flexibility. Held every M, W & F. First class is free. 8 classes: \$56/residents, \$70/non-residents. 16 classes: \$96/residents, \$120/non-residents. 9:40-10:30 am. 347-3950 or www.sugarsandpark.org.

5/7 - Exhibition - Sentimental Journey: Boca Raton During World War II

is presented at the Boca Raton Historical Society & Museum at Town Hall, 71 N. Federal Hwy., Boca Raton. In 1942, Boca Raton hosted the Army Air Corps' only war time radar training base. Until 1947, thousands of men and women were stationed in Boca Raton, then a town of about 700 residents. Learn about the base and 1940s Boca Raton. Exhibit runs through 6/15/12. M-F, 10 am-4 pm. \$5/adults, \$3/students, free/members. 395-6766 or www.bocahistory.org.

5/7 - Parkinson's Exercise Class

at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. This program is designed for people with Parkinson's

Recommended for ages 14 and up, children under age 18 must be accompanied by an adult. 7-8:30 pm. \$5 suggested donation. Reservations accepted but not required. 338-1542 or www.gumbolimbo.org.

5/8-9 - Hammock Trails - Go on a guided walk of a quarter-mile boardwalk at Gumbo Limbo nature Center, 1801 N. Ocean Blvd., Boca Raton. Open to all ages, children must be accompanied by an adult. Held every T (10-11 am) & W (11am-noon). Free. 338-1473 or www.gumbolimbo.org.

5/8-10 - After School Science Series: Theme Park Science at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Behind each loop and bend of a theme park ride is fun and science. Explore the forces that cause these thrilling rides to keep you at the edge of your seat! Tues.: Ages 5-6 (with parent); Wed.: Ages 7-9; Thurs.: Ages 10-12, 4-5 pm. \$10/residents; \$12.50/non-residents. 347-3912 or www.scienceexplorium.org.

- Wednesday - 5/9 - Senses of Cinema Presents Film for Thought Class** at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 18+. This series held Wednesdays through 5/23. Held again 5/29-7/10. 10 am-12:45 pm. Individual classes: Per week: \$12/resident, \$15/non-resident. 347-3900 or www.SugarSandPark.org.
- 5/9 - Current Events Discussion Group** - Led by David Yarosh at the Highland Beach Library, 3618 S. Ocean Blvd. Held every Wednesday. 10:30 am. Free. 278-5455 or www.ci.hIGHLAND-BEACH.fl.us.
- 5/9 - Scrabble** at the Highland Beach Library, 3618 S. Ocean Blvd. Organized by Ruth Flynn & Pat Schrade. Held every Wednesday. 12:30-4 pm. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.
- 5/9 - Parkinson's Exercise Class** at Sugar Sand Park Field House, 300 S. Military Trail, Boca Raton. This program is designed for people with Parkinson's. Components of this program provide exercises that work to improve one's balance, flexibility and muscle

The COASTAL STAR

strength. All ages. Held every Wednesday. First class is free. 8 classes: \$32/residents, \$40/non-residents. 16 classes: \$60/residents, \$75/non-residents. 2-3 pm. 347-3950 or www.sugarsandpark.org.

5/9 - Family and Friends at Boca Raton Regional Hospital, Education Center, Classroom B, 800 Meadows Road, Boca Raton. Learn the basics of infant, child and adult CPR, relief of choking, and child and infant one-person CPR, as well as the use of the Automated External Defibrillator. A completion certification is issued upon successful completion of the course. The course includes a course book and runs 2-3 hours. Held every Wednesday. 6-8 pm. \$20. Registration: 955-4468 or www.brrh.com.

5/9 - Tai Chi Class - Wednesdays at the Community Center, 150 Crawford Blvd., Boca Raton. Two sessions offered: beginners, 6:10-7:10 pm; intermediate, 7:10-8:10 pm. 8 classes: \$48/residents, \$60/non-residents; 12 classes: \$66/residents, \$82/non-residents.

393-7807 or www.ci.boca-raton.fl.us.

5/9 - Mind/Body Development with Karate at the Highland Beach Library, 3618 S. Ocean Blvd. Chris teaches common sense self-defense techniques combined with exercises that help improve concentration. This class offers vibrant, yet soothing routines applicable to both young and old. Held every Wednesday. 6:30 pm. \$10. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/9 - Judo Class - Wednesdays at the Community Center, 150 Crawford Blvd., Boca Raton. Classes consist of warm-up exercises, instruction, practice and tournament training. Two sessions: Mixed ages & ranks:

6:30-8 pm; Advanced: 8-9 pm. Per month: \$21.50/resident, \$27/non-resident. 393-7807 or www.ci.boca-raton.fl.us.

5/9 - Concert: Christian Tamburr & Members of the Gold Coast Jazz Society - Celebrating Hampton at the Broward Center for the Performing Arts, Amaturo Theater, 201 S.W. 5th Ave., Fort Lauderdale. 7:45 pm. \$40. 954-462-0222 or www.goldcoastjazz.org.

Thursday - 5/10 - Drop-In Story time - Music, stories, fun finger plays and action songs stimulate learning at this weekly program at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For children of all ages accompanied by an adult. Held again 5/17, 24, & 31. 10-10:30 am. Free. 393-7968 or www.bocalibrary.org.

5/10 - Art Tales at The Boca Raton Museum of Art, 501 Plaza Real. Tots and caregivers are encouraged to come and enjoy story time with a Museum twist. Reservations recommended. Held again 5/17. 10:30-11:30 am. Free with paid Museum admission: \$8 adults, \$6 seniors, free for children 12 and under and museum members. 392-2500 or www.bocamuseum.org.

5/10 - Bricks 4 Kidz: Intermediate/Advanced Robotics for ages 7 & up at the James A. Rutherford Community Center, Patch Reef Park, 2000 Yamato Road, Boca Raton. This class takes learning to the next level. Incorporating lights, remotes, and programming software, creations made of LEGO bricks come to life! A great class for older children and experienced builders. This four-week course run Mondays through 5/31. 4-5 pm. \$40/residents, \$50/non-residents. 367-7035 or www.ci.boca-raton.fl.us.

5/10 - Ready? Aim ... You're Goin' to College is presented at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For ages 13-17. In this two-part series led by Communication Specialist Teri Karst, participants will learn vital and eye-opening information about choosing the right school, the application procedure, what exactly colleges are looking for, creating a resume, how to pay for college, and much more. Brain food (pizza) provided. Held again 5/17. 6:30-8 pm. Free. 393-7968 or www.bocalibrary.org.

5/10 - Yoga Class at the Boca Raton Community Center, 150 Crawford Blvd., Boca Raton. Ongoing classes held Thursdays. 6:30-8 pm. 5 classes: \$65/residents, \$81.25/non-residents; 10 classes: \$110/residents, \$137.50/non-residents; 20 classes: \$200/residents, \$250/non-residents. 477-8727 or www.ci.boca-raton.fl.us.

5/10 - Hot Jazz At the Grille: Riverside Jazz Band at The Pavilion Grille, 301 Yamato Road, Boca Raton. 7:30-10:30 pm. \$10/ includes one house drink. 912-0000 or www.paviliongrille.com.

Mother's Day

5/5 - Nature Craft for Mom - Design and decorate a card and gift bag for Mother's Day using natural objects you find at the Gumbo Limbo Nature Center 1801 N. Ocean Blvd., Boca Raton. For ages 7-12, adults must sign in children, but do not have to stay. 1-2:30 pm. \$10/members, \$15/non-members - per child. Reservations required: 338-1542 or www.gumbolimbo.org.

5/12-13 - Connoisseur Garden Tour: A Mother's Day Weekend Tradition - Presented by Mounts Botanical Garden, 531 N. Military Trail, West Palm Beach. Spend Mother's Day weekend touring exceptional private gardens. Take one day or two and travel at your own pace. Tickets can be purchased at Mounts office. \$20/members, \$25/non-members includes all gardens on tour. Sat.: 10 am-5 pm; Sun.: 11 am-5 pm. 233-1757 or www.mounts.org.

5/12-13 - Mother's Day Tea at Café des Beaux-Arts at The Flagler Museum, One Whitehall Way, Palm Beach. Guests enjoy panoramic views of Lake Worth while dining on the Gilded Age-style lunch of tea sandwiches, scones, and sweets complemented by Whitehall Special Blend tea. Each mother receives admission to the museum, a special corsage, keepsake photo and a \$10 gift card for the museum store. Sat.: 11:30 am-2:30 pm; Sun.: noon-3 pm. Members: \$50/mother & child, \$20/additional adult; Non-members: \$80/mother & child, \$40/additional adult, \$25/additional children. Reservations: 655-2833.

5/13 - Mother's Day 2012 at The Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. Enjoy a delicious Pan-Asian lunch overlooking the beautiful Morikami gardens, walk through six distinct gardens and a koi feeding area, visit Japan Through the Eyes of a Child (an interactive children's exhibit) and the world-class bonsai display. 10 am-5 pm. Regular admission: \$13/adults, \$12/seniors, \$8/children ages 6-17 & students with valid ID, and free for children 5 and under. 495-0233.

5/13 - An Enchanted Afternoon for Mother's Day is held at Cornell Museum of Art & American Culture, Old School Square, 51 N. Swinton Ave., Delray Beach. Treat Mom to an afternoon of enchantment, myths and legends and create a special gift. 1-4:30 pm. \$10/general, \$6/seniors, \$4/students, \$2/ages 4-12, Free/moms. 243-7922.

5/13 - Mother's Day Jazz Brunch at The Pavilion Grille, 301 Yamato Road, Boca Raton. Featuring a brunch buffet, champagne Mimosas and the Deborah Paiva Jazz Duo. 11:30 am-2:30 pm. \$39.95/adults, \$19.95/children 5-12. Reservations: 912-0000 or www.paviliongrille.com.

5/13 - Mothers & Daughters: Presented by Words ... Alive! at Willow Theatre, 300 S. Military Trail, Boca Raton. The relationship between mothers and daughters is unique, always complex and forever fascinating. In varied and lively selections that range from Erma Bombeck to Anne Sexton, from Phyllis McGinley to Marge Piercy, all the many facets of the relationship are explored. 2 pm. \$15. 347-3900 or www.sugarsandpark.org.

Friday - 5/11 - Tot Time at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 2-5. Children will enjoy crafts, snacks, and indoor play stations. Drop in any time during the program. 10 am-noon. \$5/child. 347-3900 or www.sugarsandpark.org.

5/11 - Movie Time at the Highland Beach Library, 3618 S. Ocean Blvd. Come and enjoy a new movie every week. Held every Friday. 1 pm. Free. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/11 - Sushi and Stroll Summer Walk is held at The Morikami Japanese Museum and Gardens, 4000 Morikami Park Road, Delray Beach. Experience the gardens in all their beauty, enjoy taiko drumming, a cold drink and a breathtaking sunset. Fushu Daiko drumming performances seating begins at 5:30 pm (first-come, first-served) (\$2 with admission). 5:30-8:30 pm. Free/members, \$7/non-member adults, \$5/kids, free for members and children 3 and under. 495-0233 or www.morikami.org.

5/11 - Eyes to the Skies with the professional-grade 16-inch Meade LX Schmidt-Cassegrain telescope at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. This informal event is held in the parking lot (weather permitting). All children under age 18 must be accompanied by an adult. No registration required. Telescope will be out for at least one hour after the scheduled start time. Note: Stars must be visible for the telescope to align. 8:30 pm. Free. 347-3912 or www.scienceexplorium.org.

5/11-12 - "Cirque du Synch" is presented as the Annual Coralytes Synchronized Swim Water Show at Aquaquest Pool, 2503 Seacrest, Blvd., Delray Beach. With the Summer Olympics right around the corner, what a great way to see what it takes to learn this incredible, beautiful sport. 7-9 pm. Free. 252-7400.

Saturday - 5/12 - Zumba Class at the James A. Rutherford Community Center, Patch Reef Park, 2000 Yamato Road, Boca Raton. This four-week session runs Saturdays through 6/2. 11:30 am-12:30 pm. Four-week session: \$40/residents, \$50/non-residents. 367-7035 or www.ci.boca-raton.fl.us.

5/12 - Dolphin Tale (PG) - Presented as part of Tween Movie Mania at the Boca Raton Public Library, 200 NW Boca Raton Blvd. For age 9-12. Includes free pizza and drinks. Noon-2 pm. Free. 393-7968 or www.bocalibrary.org.

5/12 - Broadway Rocks! at Showtime Performing Arts Theatre, 503 SE Mizner Blvd., Ste. 73, Boca Raton. Held again 5/19 & 26. 2 pm. \$14/adults, \$10/children. 394-2626 or www.ShowtimeBoca.com.

MAY 13-19

Sunday - 5/13 - Mother's Day

5/13 - Sado Omote Senke Tea Ceremony Class at The Morikami Japanese Museum and Gardens, Seishin-an Teahouse, 4000 Morikami Park Road, Delray Beach. Study the traditional art of Sado, The Way of Tea.

Attending a Tea Ceremony Workshop is required for those who have never taken a Tea Ceremony Class but wish to start studying Sado. Two lessons per month (5/13 & 20). Individual appointments begin at 10:15 am and run through 4 pm. Advance registration is required. \$40/member, \$45/non-member. 495-0233 ext. 210 or www.morikami.org.

5/13 - Explorium Make & Take at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Build a fun science project to take home. Choose from binoculars, boomerangs, musical instruments and more. For ages 5 and up. 11:30 am. \$5 per project. 347-3912 or www.scienceexplorium.org.

Monday - 5/14 - Special Story Time for ages 6 and under at the Boca Raton Children's Museum, 498 Crawford Blvd., Boca Raton. 10 am-noon. 368-6875 or www.cmboca.org.

5/14 - Art Infusion for ages 3-5 at the Boca Raton Children's Museum, 498 Crawford Blvd., Boca Raton. 11:30am-12:30 pm. 368-6875 or www.cmboca.org.

5/14 - Early Afternoon Explorers: Galaxy Gazers at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Ages 6-9:

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1-2 pm; ages 10-12: 2-3 pm. \$10/residents; \$12.50/non-residents. 347-3912.

Tuesday - 5/15 - Misako Inaoka - Curatorial Highlight Tour - at The Boca Raton Museum of Art, 501 Plaza Real. Senior Curator Wendy Blazier presents an informative gallery tour, exploring the artist's miniature environments and how they encourage audience participation. 2:30-4 pm. Free with paid museum admission: \$14 adults, \$12 seniors, free/children 12 and under and museum members. 392-2500 or www.bocamuseum.org.

5/15 - Check, Please! - South Florida Tasting Tour - hosted by chef Michelle Bernstein and departing from Sushi Rock in the Boca Teeca Plaza, 174 NW 51st St., Boca Raton. Co-hosted by Paul Castronovo of the Paul & Young Ron Show, a private bus will transport you to five memorable dining destinations, where you will sample food and beverages while mingling with other local foodies. Tour starts at 5:30 pm. \$125/person. 305-424-4013 or www.checkpleasefl.com.

5/15 - FAU Astronomical Observatory - Public viewing day observations at FAU's Boca Raton Campus, Science & Engineering Building, #43, 4th floor, 777 Glades Road, Boca Raton. Viewings will be held on the 1st Friday and 3rd Tuesday of each month. 7 pm. Free. 297-STAR or <http://physics.fau.edu/observatory/observatory.html>.

Wednesday - 5/16 - Concert: Palm Quartet - at the Highland Beach Library Community Room, 3618 S. Ocean Blvd., Highland Beach. 5 pm. Free. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/16 - Concert: Marywood University Chamber Singers - presented at St. Paul's, 188 S. Swinton Ave., Delray Beach. Featuring music by an outstanding college ensemble from Scranton, PA. 7 pm. Free. 276-4541 or www.st.paulsdelay.org.

5/16 - Community Cabaret - Calling all singers, dancers, musicians and stand-up comedians to the Willow Theatre at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Performers must register in advance. Box office hours: T-F, 10 am-1 pm & 5-8 pm; Sat. 1-5 pm and 1 hour prior to shows. 7:30 pm. Admission: \$5. 347-3900 or www.willowtheatre.org.

Thursday - 5/17 - Realistic Drawing & Painting Class - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. This four-class session runs through 6/7. For ages 18 & up. 2-4:30 pm. \$80/resident; \$100/non-resident. 347-3900 or www.sugarsandpark.org.

5/17 - Craft Time - for ages 4 and up at the Highland Beach Library, 3618 S. Ocean Blvd. Held the 1st & 3rd Thursday of each month. Please register one week in advance for each program. 4 pm. Free. 278-5455 or www.hIGHLANDBEACHLIBRARY.ORG.

5/17 - Thursday Movie Classics:

Secretariat (PG) - at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. 6:30 pm. \$1 admission includes popcorn and a beverage. Ticket box office: 347-3948 or www.sugarsandpark.org.

5/17 - Flamenco Dance Class - Beginner Level - at Sugar Sand Park, 300 S. Military Trail, Boca Raton. For ages 18 & up. This nine-class course runs Thursdays through 7/12. 7-8:30 pm. \$100/resident; \$125/non-resident. 347-3900.

Friday - 5/18 -- T.G.I. Shabbat - at Chabad of East Boca, 120 NE 1st Ave., Boca Raton. Monthly Friday night Shabbat dinner replete with Challah, gefilte fish, chicken soup, and all the other traditional foods. Features singing, a Chassidic tale. 8 pm. \$25/adults, \$12/children ages 3-12. 417-7797 or www.chababdocabeaches.com/tgis.

5/18-20 - Shakespeare At The Pavilion: Much Ado About Nothing - presented in partnership with Take Heed Theater Company at the Old School Square Entertainment Pavilion, 51 N. Swinton Ave., Delray Beach. Take Heed's creatively fast-paced, high energy approach to *Much Ado About Nothing* uses only six actors to play the more than 15 roles! Bring your lawn chairs, blankets and picnic dinners. No pets. Held again 5/25-27. 8 pm nightly. Free admission - \$5 suggested donation. 243-9722 or www.oldschool.org.

5/19 - Day Tripping: Hillsboro Lighthouse - A Keeper of the Ocean's Whims & Guide to Ships' Skippers - Meet at the Sugar Sand Park Carousel, 300 S. Military Trail, Boca Raton. Presented by the Gumbo Limbo Nature Center. The park is

on Military Trail, approximately 1/8 mile south of Palmetto Park Road, Boca Raton. Historians with the Preservation Society will join the short boat trip to the lighthouse and at the station. Participants will meet at Sugar Sand Park to carpool or caravan. Cost covers boat trip to the Hillsboro Inlet Light Station dock, fee for tour of grounds, and gratuities. For adults only. 9:30 am-3 pm. \$25/member, \$34/non-member. Reservations and pre-payment required - no refunds: 338-1542 or www.gumbolimbo.org.

5/19 - Everyday Physics Challenge - Presented as part of the Monthly Family Challenges Series at the Children's Science Explorium, 300 S. Military Trail, Boca Raton. Ages 5+ with parent/guardian. A friendly competition where families can put their skills to the test and work as a team to build, create, test and change up their weekend fun. 10:30 am-12:30. \$15/adult-child pair, \$5/each additional person. 347-3912 or www.scienceexplorium.org.

5/19 - 2012 Hospice by the Sea Regatta is hosted by the Lauderdale Yacht Club, Hillsboro Inlet Sailing Club and the Gulfstream Sailing Club. Race is held on a 12-mile course just off the shores of Fort Lauderdale Beach. Race begins at 11 am. Post-race awards ceremony and celebration is held at Coral Ridge Yacht Club beginning at 6:30 pm. Live entertainment and casual waterfront dining. \$50/ceremony and celebration. For copy of official Notice of Race contact 416-5132 or www.hbts.org.

5/19 - The Gumbo Limbo Golf Classic at the Boca Greens Country Club, 19642 Trophy Dr., Boca Raton. All proceeds will benefit the Gumbo Limbo Nature Center's Gordon Gilbert Scholarship Fund. Swinehart, Shea and Associates invite all Gumbo Limbo supporters to join the dinner following the golf tournament to honor Gumbo Limbo founder Gordon J. Gilbert. Tournament foursome packages start at \$500, individual player packages start at \$125, dinner tickets \$75. Registration and lunch begin at 11:30 am, tournament shotgun start at 1 pm, and Putting Contest begins at 5:30 pm. Dinner & awards ceremony at 6 pm. 632-2331 or www.gumbolimbo.org.

5/19 - International Museum Day: Museums in a Changing World at The Boca Raton Museum of Art, 501 Plaza Real. Since 1977, museums around the world have been showcased as institutions in service to society. This year's theme recognizes that institutions are faced with interpreting, and existing in, a field that is becoming increasingly fluid. On International Museum Day, the Museum is open and free to all. Noon-5 pm. Free. 392-2500 or www.bocamuseum.org.

5/19 - Creation Station at The Boca Raton Museum of Art, 501 Plaza Real. Creation Station is an exciting new drop-in gallery program designed for families to learn more about the visual arts in a relaxed and fun manner. Activities may include crafting a sculpture out of recycled objects, creating a collage, or solving a jigsaw puzzle. 1-4 pm. Free with paid Museum admission: \$8 adults, \$6 seniors, free for children 12 and under and museum members. 392-2500 or www.bocamuseum.org.

5/20 - Weekend Movie Madness: Open Season 3 (PG) at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Rated G. Children under 12 must be accompanied by an adult. 11 am. \$1 admission includes popcorn and a beverage. Ticket box office: 347-3948 or www.sugarsandpark.org.

5/20 - Little Wonders at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Introduce children to plants and animals around them with a hike for little feet, crafts for tiny fingers, and stories for growing minds. For children ages 3 & 4, accompanied by an adult. 1-1:45 pm. \$5/members, \$8/non-members - per child. Reservations and pre-payment required: 338-1542 or www.gumbolimbo.org.

5/20 - Sunday - 5/20 - Downtown Open Market at Monument Piazza, Royal Palm Place, 308 S. Federal Hwy., Boca Raton. Last event of the season. Features food, art galleries, jewelers and a variety of boutiques. 10 am-4 pm. Free. www.downtownopenmarket.com.

5/20 - Weekend Movie Madness: Open Season 3 (PG) at Sugar Sand Park Community Center, 300 S. Military Trail, Boca Raton. Rated G. Children under 12 must be accompanied by an adult. 11 am. \$1 admission includes popcorn and a beverage. Ticket box office: 347-3948 or www.sugarsandpark.org.

5/20 - Sunday - 5/20 - Boca Ballet Theater - Presented by the City of Boca Raton at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. A mixed repertory dance concert. No coolers, pets, umbrellas, strollers, outside food or beverages, or backpacks. 7:30 pm. Free. 393-7827 or www.ci.boca-raton.fl.us/mizneramphi/

The COASTAL STAR

5/20 - 352 Keys Piano Gala Concert at FAU's Boca Raton campus, University Theatre, 777 Glades Road. Featuring internationally acclaimed performers from Russia, Macedonia, Hungary and Zambia presenting a variety of arrangements and original works for four pianos. This year's gala event kicks off the 19th summer of Teaching Outstanding Performers Piano and Creative Writing Camps at FAU. 4-6 pm. \$10 suggested donation. 297-3853 or www.fau.edu/music.

5/22 - Stroller Tours at The Boca Raton Museum of Art, 501 Plaza Real. Lively gallery tours of the Museum's collections and exhibitions are offered to new parents/grandparents/caregivers with their young ones (19 months and younger) on the fourth Tuesday of the month. Single strollers and front-carrying baby carriers are welcome. Reservations recommended. 10-11 am. Free with paid Museum admission: \$8 adults, \$6 seniors, free for children 12 and under and museum members. 392-2500 or www.bocamuseum.org.

5/22 - Book Club is presented by the Friends of the Boca Raton Public Library, 200 NW Boca Raton Blvd. Held 4th Tuesday of each month. 10:30 am. Free. 393-7968 or www.bocalibrary.org.

Wednesday - 5/23 - Art Film - The Studio Glass Movement: Legacy of Glass (1999) at The Boca Raton Museum of Art, 501 Plaza Real. Held again 5/26 & 27. 2 pm. Free with paid Museum admission: \$8 adults, \$6 seniors, free for children 12 and under and museum members. 392-2500 or www.bocamuseum.org.

Thursday - 5/24 - Turtle Walk at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Ages 8 and up. Held again 5/31, every T-W-Th in June, and 7/3 & 7/5. 8:45-11 pm. \$8/members, \$15/non-members. General public ticket sales begin 5/12. Advance ticket purchase required: 338-1542 or www.gumbolimbo.org.

5/24 - Hot Jazz At the Grille: Ike and Val at The Pavilion Grille, 301 Yamato Road, Boca Raton. 7:30-10:30 pm. \$10/includes one house drink. 912-0000.

Friday - 5/25 - 2nd Annual Pirates & Princess Party for children ages 2-12 at Pirates Cove Playground, Patch Reef Park, 2000 Yamato Road, Boca Raton. All pirates, swashbucklers, princesses and parents are invited to join this fun family event. Walk the plank, dig for treasure and enjoy more fun activities at Pirates Cove Playground, featuring a water play area. 10 am-noon. Free. 367-7035 or www.ci.boca-raton.fl.us.

5/25 - Concert: Papa Grows Funk at The Funky Biscuit, Royal Palm Place, 303 SE Mizner Blvd., Boca Raton. Concert at 8 pm. \$15/advance ticket, \$18/at the door. 392-8920 or [www.royalpalmpplace.com](http://www.royalpalmplace.com).

5/26 - Playground Playdate at Sugar Sand Park, 300 S. Military Trail, Boca Raton. Get info about upcoming programs and enjoy free kid's activities. 1 pm. Free. 347-3900 or www.SugarSandPark.org.

5/26 - Beach Walk and Talk presented by Dr. Angela Witmer at the Sandoway House Nature Center, 142 S. Ocean Blvd., Delray Beach. Participants will discover the major players on the beach, investigating plants on the dunes, animals found on the beach and in the water. All ages. 9-10 am. \$5/person includes admission to the nature center. 274-7263 or www.sandowayhouse.org.

5/26 - Animal Encounters: Alligators at Daggerwing Nature Center, 11200 Park Access Rd., Boca Raton. Take and up-close look at some of the educational animals at the nature center. Meet (and touch) the new 7-month-old baby alligator! All ages. 1-1:45 pm. \$3. Reservations required. 629-8760 or www.daggerwing.org.

5/26 - From Stage to Screen: Matthew Farmer in Concert: Negroni's Trio - Jazz Project at the Arts Garage, 180 NE First St., Delray Beach. \$20-\$165. 8 pm. 243-7129 or www.artsgarage.org.

MAY 20-26

Sunday - 5/20 - Boca Ballet Theater - Presented by the City of Boca Raton at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. A mixed repertory dance concert. No coolers, pets, umbrellas, strollers, outside food or beverages, or backpacks. 7:30 pm. Free. 393-7827 or www.ci.boca-raton.fl.us/mizneramphi/

MAY 27-JUNE 2

Sunday - 5/27 - Boca Ballet Theater - Presented by the City of Boca Raton at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. A mixed repertory dance concert. No coolers, pets, umbrellas, strollers, outside food or beverages, or backpacks. 7:30 pm. Free. 393-7827 or www.ci.boca-raton.fl.us/mizneramphi/

Green Markets

Boca Raton GreenMarket East is held each Saturday at Royal Palm Place Southwest Parking Lot, intersection of South Federal Highway and South Mizner Boulevard. Ends May 12. 8 am-1 pm. Free. 368-6875 or www.ci.boca-raton.fl.us

Boca Raton GreenMarket West is held each Wednesday at Glades Plaza, Glades Road at 19th Street. Ends May 9. 4-7 pm. Free. 368-6875 or www.ci.boca-raton.fl.us

Ellenville's Moonlit Farmer's Market is held each Thursday at Ellenville Garden Center, 220 NE 11th St., Boca Raton. Food, wine, kids activities, music, local farmers and artisans, fresh produce and more. 4-8 pm. Free. 245-7347.

Monday - 5/28 - Memorial Day

5/28 - Memorial Day Ceremony at Boca Raton Cemetery, 449 SW 4th Ave., Boca Raton. 9 am. Free. 393-7806 selection 2.

5/28 - Memorial Day Concert: Indian River Pops and Robert Sharon Chorale at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. Featuring guest vocalist Seth Muse and members of the New Gardens Brass Band under the direction of Owen Seward. 7 pm. Free. 393-7827 or www.myboca.us

Tuesday - 5/29 - Beach Treasures - Meet

for an introductory talk about seashells and the animals that make them at Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton, then caravan over to Red Reef Park, 1400 N. State Road A1A, Boca Raton, to walk the beach in search of ocean treasures. Open to all ages, children must be accompanied by an adult. 3:30-5 pm. \$5/members, \$8/non-members. Reservations required: 338-1542 or www.gumbolimbo.org.

5/29 - 61st Annual All Florida Juried

Competition and Exhibition at The Boca Raton Museum of Art, 501 Plaza Real. Opening reception for Members and Patrons. Exhibit runs through 7/8. 6-9 pm. Free for members, \$10/guests of members. 392-2500 or www.bocamuseum.org.

5/29 - Magic Show with Michael Winters at the Highland Beach Library 3618 S. Ocean Blvd. 4 pm. Free. 278-5455 or www.ci.hIGHLANDBEACHFL.US.

Wednesday - 5/30 - Seining the Lagoon at the Gumbo Limbo Nature Center, 1801 N. Ocean Blvd., Boca Raton. Explore the grasses and flats of the Intracoastal Waterway behind Gumbo Limbo. Hand-held dip nets and large seine nets allow participants to catch and release a variety of fish, shrimp, crabs and marine life. Wear clothes that can get wet. Old Sneakers or watershoes only. Ages 10 to adult, children must be accompanied by an adult. 3:30-5 pm. \$5/members, \$8/non-members. Reservations and pre-payment required: 338-1542 or www.gumbolimbo.org.

5/30 - Art Exhibit: Boca Museum Artists' Guild Biennial Exhibition at The Boca Raton Museum of Art, 501 Plaza Real.

Running in conjunction with the 61st Annual All Florida Juried Competition and Exhibition, this juried exhibition presents works by professional artist members of the Museum Auxiliary Guild. Exhibit runs through 7/8. T, R & F: 10 am-5 pm; W: 10 am-9 pm; Sat. & Sun.: Noon-5 pm. \$8/adults, \$6/senior citizens, \$4/students with ID, free/museum members and children 12 and under. 392-2500.

Thursday - 5/31 - 6th Annual Charlie McCutcheon

Arts

Plaza Theatre founder has had a long affair with the arts

Alan Jacobson loved acting so much that he left the garment industry in his mid-30s to make the rounds of the off-Broadway theaters and the soap-opera casting calls of New York.

But before too long, he realized he'd rather be producing, and in 1991, he turned his hand to behind-the-scenes work. He's produced dozens of shows throughout South Florida, including *If You Ever Leave Me ... I'm Going With You*, which starred Joe Bologna and Renee Taylor, and his own *Food Fight*, which premiered at the Maltz Jupiter Theatre in 2007 and has since been renamed *Waistwatchers: The Musical*.

Jacobson also ran the Florida Jewish Theatre for five years, and this past December, he took over the old **Florida Stage** space in Manalapan and named it **The Plaza Theatre**.

"When I took the opportunity to take the space, I looked to see what the other theaters in Palm Beach County were doing, and wanted to try to do something different," said Jacobson, 57. "I feel if we can create our own niche, then it'll be good not just for us, but for the other theaters as well."

The 252-seat theater in the **Plaza del Mar** shopping center opened in February with a revue starring Broadway veteran **Donna McKechnie**, and last month, it offered Jacobson's '50s jukebox show *Music! Music! Music!* This month, he'll present a **Kevin Black**-penned revue of songs by **Barry Manilow** called *I Am Music*. It runs May 10-27.

"It's got four fabulous singers, and four fabulous dancers," he said, the hoofers being critical for *Copacabana*.

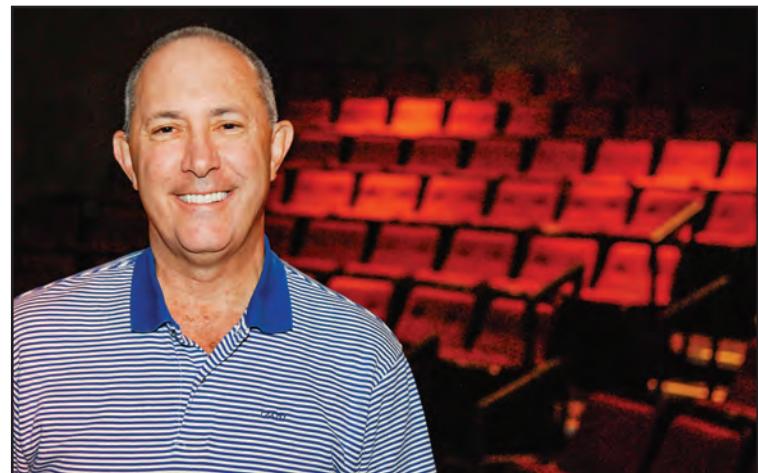
Next month, the theater mounts *Don't Rain on Our Parade*, a tribute to **Barbra Streisand**, **Bette Midler** and **Carole King** (June 6-17), and *The Way We Were*, a tour of popular songs from the 1970s. Other shows on the horizon are *Driving Miss Daisy* (Nov. 2-18) and the 2010 Tony Award-winning musical *Next to Normal* (Jan. 17-Feb. 10).

Jacobson's wife, **Melissa**, performs in the shows and also runs the theater's conservatory.

They're looking for donor support for the Plaza, which he said is crucial for its survival. And despite his current focus on jukebox musicals and revues, if the money was right, he said he'd go edgy.

"I'd do *Angels in America* in a heartbeat," he said, referring to **Tony Kushner**'s 1993 epic chronicle of the AIDS crisis. "No one's done it in South Florida."

Tickets for *I Am Music* are \$42. Call the box office at 588-1820 or visit www.theplazatheatre.net.



Alan Jacobson in his new home, The Plaza Theatre in Manalapan. He has opened the theater with a series of revues. **Kurtis Boggs/The Coastal Star**

The Arts Paper

Greg Stepanich is editor of *The Arts Paper*. Email him at gstepanich@pbartspaper.com.



May 12), pianist **Joe Negroni** and his trio (8 p.m. May 19) and trumpeter **Chris La Barbera** (8 p.m. May 26). Call 450-6357 or visit www.artsgarage.org.

And if you're looking for something a little more reminiscent of an old-fashioned concert in the park on a holiday, then for Memorial Day it's the **Robert Sharon Chorale** and the **New Gardens Band** in a free patriotic concert at 7 p.m. May 28 at **Mizner Park Amphitheatre**. Call 393-7984.

Music notes: The Grammy-nominated concert choir **Seraphic Fire** ends its 10th season with a concert of music from Baroque Latin America (7:30 p.m., May 10) at St. **Gregory's Episcopal Church** in Boca Raton. The choir will be returning to St. Gregory's for a second season in October. Call 888-544-FIRE (3473), or visit www.seraphicfire.org.

Baroque music is also on the May calendar for **Keith Paulson-Thorp**'s series at St. **Paul's Episcopal** in Delray Beach, when his **Camerata del Re** performs an all-Telemann concert at 4 p.m. May 20.

Tickets are \$15-\$20. Earlier in the week, St. Paul's welcomes the choir of **Marywood University**, a Catholic college in Scranton, Pa., which will give a free concert at 7 p.m. May 16. Call 278-6003 or visit www.stpaulsdelray.org.

Not far away at the **Arts Garage**, chamber musicians associated with the **South Florida Symphony** perform chamber music including the *Trout Quintet* of Schubert and the *String Quintet No. 2* of Dvorak, both featuring pianist **Jeffrey Chappell** (7 p.m. May 6), and cellist **Ian Maksin** is joined by vocalist **Susana Behar** for a recital with crossover flavor (7:30 p.m. May 18).

The Gay Men's Chorus of The Palm Beaches performs two shows (7:30 p.m. May 11-12) with widely varied music and an appearance by the **Mandrews Sisters**, and the Garage's jazz series continues all month with percussionist **Sammy Figueroa** (8 p.m. May 5), saxophonist **Troy Roberts** and his **Nu Jive Quartet** (8 p.m.

Art notes: In an unprecedented move, the **Society of the Four Arts** in Palm Beach has extended for a second time its showing of **Bill Koch**'s extensive Old West collection, *Recapturing the Real West*.

It's the most successful show the Four Arts has mounted since its founding in 1936, society officials say, with more than 20,000 visitors since it opened Feb. 4.

The show will now run through May 13, and with an admission price of only \$5, it's a unique opportunity to see a vast trove of memorabilia that for the most part has not been seen anywhere else. Call 655-7226 or visit www.fourarts.org.

Meanwhile, the **Boca Raton Museum of Art** ends its exhibit of the works of the 100-year-old American master **Will Barnet** on May 20 (he turns 101 five days later), and on May 30 opens the 61st annual *All Florida Juried Competition and Exhibition*.

Curated this year by **Valerie Oliver** of the **Contemporary Arts Museum** in Houston, the exhibition will feature more than 100 works by Florida artists chosen from about 1,500 entries.

The juried show runs through July 8. The museum is open from 10 a.m. to 5 p.m. Tuesday, Thursday and Friday, 10 a.m. to 9 a.m. Wednesday, and noon to 5 p.m. Saturday and Sunday. Admission is \$8, and \$6 for seniors, or you could go see the Barnet exhibit on May 19, which is International Museum Day, when admission is free. Call 392-2500 or visit www.bocamuseum.org.

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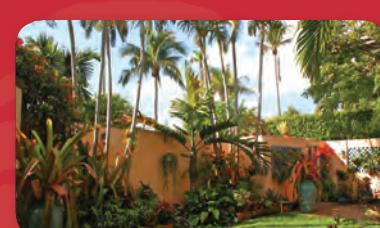


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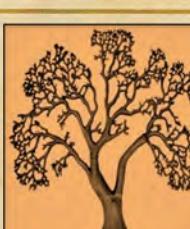
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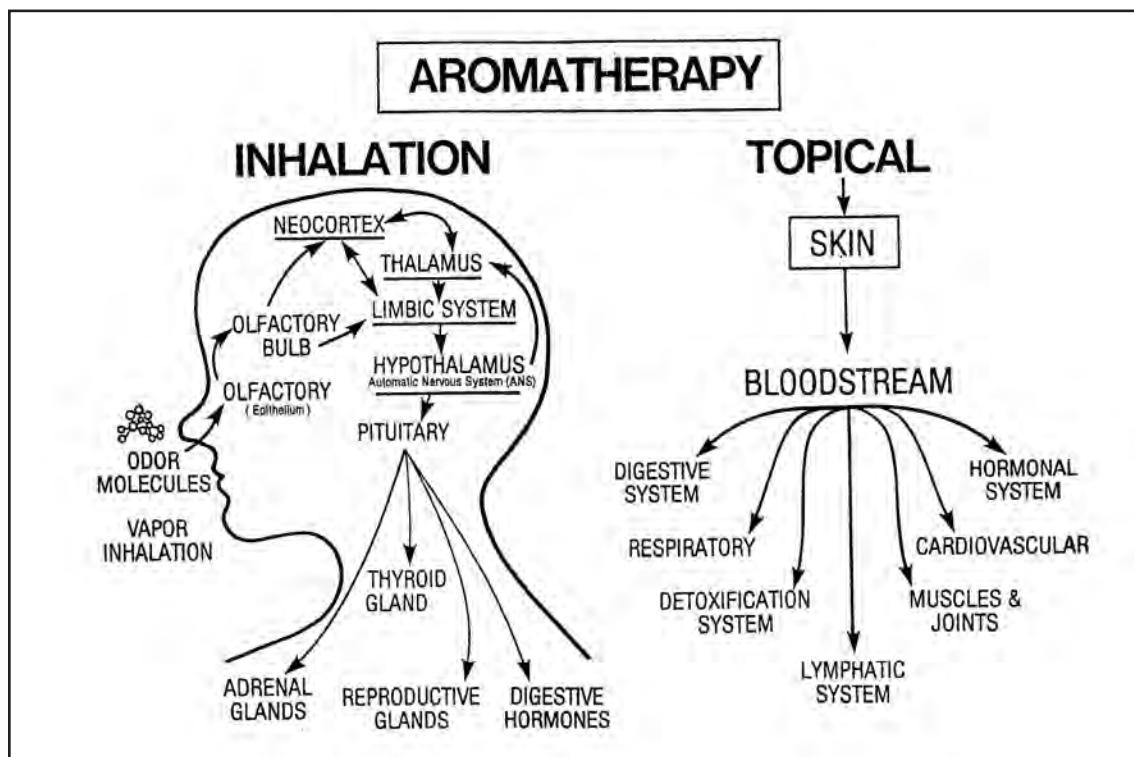
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Health & Harmony



A look at how therapists believe brain chemistry responds to aromatherapy. Image provided

Aromatherapy: Get a whiff of this

In an era when everything from pet shampoos to plug-in air fresheners are advertised as "aromatherapy," it's easy to dismiss the concept as so much marketing hype.

But local aromatherapists hope you don't turn up your nose at their profession. They emphasize the plant-based science behind aromatherapy, and point to its centuries-old role in healing.

True aromatherapy involves the use of essential oils derived from plants to treat a variety of physical and emotional conditions, explains Gerry Whidden, owner of Nature's Symphony Inc. of Boca Raton. During her 30 years in the business, she has taught aromatherapy to thousands of students, including doctors and nurses.

Whidden's retail store just south of Mizner Park has an apothecary-like wall of tiny bottles containing organic essential oils. The oils are distilled from the petals, leaves, seeds, roots and bark of plants, and Whidden is considered an expert at blending these oils into treatments for insomnia, joint pain, chest-rattling coughs — even brain fog.

"Some oils work in two ways," she says. "For example, lavender essential oil applied to the skin can take down inflammation. And when you inhale lavender, it stimulates serotonin in the brain, which helps relieve pain. So you're getting a dual effect."

Here's the theory behind aromatherapy. When molecules of essential oil are inhaled, they travel, with their chemical messengers, past the olfactory bulb to the limbic system in the brain, which in turn influences both the autonomic nervous system and the endocrine system. As a result, practitioners say, physical, psychological, and even spiritual changes can occur.

Mary Rosi, a professional aromatherapist and owner of Yoga Earth studio in Delray Beach hopes to change that. A

To learn more

■ Article: "Aromatherapy Science": www.tambela.com/articles/aromatherapy-science.php

■ Natural Medicines Comprehensive Database: www.naturaldatabase.therapeuticresearch.com/home.aspx?cs=&s=ND

■ The Alliance of International Aromatherapists, Educational Resources page: www.alliance-aromatherapists.org/Educational_resources.htm

Beach, sprays a mixture of essential oils around the room at the start of her yoga classes (sage, bergamot, lemon grass, and other oils) to encourage deep breathing and help



Caster

students center themselves. At the end, when students are in the final, relaxed posture, she rubs spruce oil on her palms and briefly embraces each student's head with her hands.

"Spruce oil has anti-inflammatory properties," Rosi says. "The French use it for arthritis. But I use it to ground my students, to balance them emotionally."

If that sounds like New Age hoo-ha, consider that aromatherapy dates back to ancient times. In the first century, Greek military physician Dioscorides (40-90 AD), considered the Father of Pharmacology, wrote about using infused aromatic oils for healing. Today, medical doctors in Europe and Asia actually prescribe aromatherapy. But in the United States, it is still considered alternative medicine.

Cary Caster of coastal Delray Beach hopes to change that. A

trained botanist who studied aromatherapy in the U.K. and France, Caster raised three children without using over-the-counter medications, not even aspirin — just essential oils.

Three years ago, she developed "21 Drops," a line of conveniently portable aromatherapy roll-ons (www.21drops.com). Each of the 21 essential oil blends is designed to treat a particular condition, from headaches to PMS to indigestion.

"It's all about understanding the active components within the oils that address certain characteristics," she says. "For example, black pepper is mucolytic, breaking up mucus, so that's in our decongest blend. German chamomile is an anti-spasmodic, so we put that in our PMS blend to alleviate cramping."

While the product line is enjoying plenty of mass-media coverage (*Prevention*, *Oprah*, *Ladies Home Journal*, *Real Simple*), and gaining traction in the high-end retail market (Sephora, Henri Bendel in New York, and luxury hotel spas), Caster is looking ahead. She's currently in discussions with Janet Konefal, Ph.D., assistant dean for Complementary and Integrative Medicine at the University of Miami's Miller School of Medicine, about developing an aromatherapy program for their education series.

"That's my dream, to bring aromatherapy into more medical programs, just like nutrition has found its way in," Caster says. "That's how basic this stuff really is."



Paula Detwiller is a freelance writer and lifelong fitness junkie. Find her at www.pdwrites.com.

Along the Coast

Local theaters rally to help one of their own

By Scott Simmons

The Plaza Theatre has jumped into the ring to help patrons of Boca Raton's beleaguered Caldwell Theatre.

The Manalapan theater, which opened in February, will honor tickets to Caldwell's production of *Our Lady of Allapattah*, which first was postponed, then canceled, as Caldwell struggled amid foreclosure proceedings on its \$10 million Count de Hoenle Theatre in Boca Raton.

The 37-year-old company has been unable to make payments on its \$5.9 million mortgage. A court-appointed receiver is monitoring the theater's business operations.

Options include reorganization, filing for Chapter 11 bankruptcy protection or shutting down.

Alan Jacobson, one of the founders of the Plaza Theatre, said the ticket exchange will help Caldwell and help introduce audiences to his theater, which opened in the former Florida Stage space at Plaza del Mar.

"We've gotten a few calls about the Caldwell tickets," Jacobson said. "We're glad to do it. I've asked the box office to track the calls."

Plaza Theatre will exchange Caldwell tickets for tickets to

the shows *I Am Music — The Songs of Barry Manilow* (May 10-27) or *Don't Rain On Our Parade*, a tribute to Barbara Streisand, Bette Midler and Carole King (June 7-17).

Palm Beach Dramaworks also has agreed to honor Caldwell tickets.

Ticketholders may exchange *Our Lady* tickets for tickets to the downtown West Palm Beach company's production of David Auburn's *Proof* (May 25-June 17) or the theater's production of *The Fantasticks* (July 13-Aug. 5).

At the time Dramaworks made its offer, Caldwell artistic director Clive Cholerton issued a statement of gratitude, saying, "As much as we wanted to personally honor our ticket holders, it simply wasn't feasible. We continue to explore all of our options and will make a formal announcement when all of the facts have been addressed."

Subscribers and ticketholders were to have been contacted by Caldwell, the theater said.

Telephones at Caldwell have been disconnected, and Cholerton did not return a call to his personal line for comment on the Plaza Theatre offer.

For information on Plaza Theatre, call 588-1820 or visit www.theplazatheatre.net. ★

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Society Spotlight

Edgar Mitchell Lecture Series Royal Poinciana Chapel, Palm Beach



Rebecca Williams and John Audette joined more than 125 people on April 24 to kick off the South Florida Science Museum's Edgar Mitchell Science Lecture Series.

Junior League of Boca Raton's 40th Anniversary Celebration Royal Palm Yacht & Country Club



Ann Rutherford (left), Kate Toomey, Katharine Dickenson and Peggy Ruzika at the April 13 celebration.

Honor Your Doctor Luncheon Boca West Country Club



Dr. Ali Alagely, Dr. Stewart Markowitz and Dr. Saima Siddiqi attend the luncheon on March 23, hosted by the Greater Federated Woman's Club, Boca Raton Chapter.

Boca Delray Music Society's 'Hats & Harps' Luncheon Delray Beach Club



ABOVE: Dick Robinson and Helen Spaneas with Linda and Jay Rosenkranz. The event raised \$50,000 to further music education and to provide scholarships for area youth.
LEFT: Norma Prentice, Douglas Evans and Shirley Goldsmith

Pathway to the Stars Mizner Park Amphitheatre, Boca Raton



Flossy Keesley of Highland Beach, who turned 98 in April, with 10-year-old violinist Briana Kahane at Mizner Park Amphitheatre on April 22, where Keesley produced her annual Pathway to the Stars, which showcases local talent. **Photo by Yaakov Heller**

Gold Coast Down Syndrome Organization Boca Raton



Jim Scozzari of CVS Caremark congratulates Terri Harmon and Anne Dichele of the Gold Coast Down Syndrome Organization after the Boca Raton group received a \$1,200 CVS Caremark Community Grant.

All photos provided

House of the Month

Each month, The Coastal Star features a home or condo in our community. The House of the Month is presented as a service to our advertisers and provides readers with a peek inside one of our very special homes.



This Intracoastal home opens on to a pool and spa area that provides a soothing retreat.



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The focal point is the large, ultra-private courtyard with pool and spa. The villa's living areas — including the library, formal living room, family room, plus the upper bedrooms and master suite — all overlook this resort-like retreat, as do the kitchen and breakfast room.

The oversized chef's kitchen boasts twin SubZeros, a natural gas range, double dishwashers, granite counters, a center island and spacious pantry.

The eating area is large enough to seat eight.

Outside there is a substantial motor court with a four-bay garage with extensive air-conditioned storage. The waterfront has protected dockage for a sizeable yacht as well as a lift for two jet skis.

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ABOVE: A loggia, complete with summer kitchen and dining and seating areas, offers views of the Intracoastal Waterway.



LEFT: The study features custom paneling and coffered ceilings. French doors lead to the pool and spa beyond.

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