

Along the Coast

Delray pushes county, railroads to keep people off tracks

By Jane Smith

The epidemic of people illegally walking across railroad tracks between crossings was driven home last month when a woman was struck and killed by a freight train in downtown Delray Beach as her husband

frantically tried to pull her to safety.

The woman's death raised the issue of pedestrian safety between FEC crossings that course through the urban hearts of coastal communities from Boca Raton to Jupiter.

In downtown Delray Beach and other cities, people often

illegally cut across the tracks to get to stores, restaurants, schools and jobs on the other side. A federal study called the trespassing "epidemic" along the FEC corridor, where five people in Palm Beach County were struck and killed in 2015.

See TRAIN on page 16



Pedestrians illegally cross the FEC tracks in downtown Delray Beach near the site of a recent fatality. Tim Stepien/The Coastal Star

Labor Day



Lifeguard Brian McManus warns Manny Castelli about the hazards of snorkeling without a dive flag at Ocean Inlet Park. Tim Stepien/The Coastal Star

Lifeguards' long weekends are working holidays

By Ron Hayes

Why do they call it Labor Day when most of us avoid all labor that day?

We sleep late, fire up the grill, sip a little liquid refreshment. And thousands of us go to the beach.

But at least 45 of those Labor Day beachgoers will be working at county parks.

"Labor Day is one of our busiest days," says Brian McManus, pondering the view from a lifeguard tower at Ocean Inlet Park by the Boynton Inlet. "Those Monday holidays always are."

McManus is only one of 65 full-time and 33 part-time lifeguards — including 16 women — who rotate among 13 county parks. But he's been guarding lives a lot longer than most.

"In 1983, I was a part-time pool guard at the county's Lake Lytal Park while attending Palm Beach Junior College," he remembers. "I had my application in at the YMCA when the opportunity came to go

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CDC's response to ZIKA

What we know

Zika can be passed from a pregnant woman to her fetus.

Infection during pregnancy can cause certain birth defects.

Zika is spread mostly by the bite of an infected Aedes species mosquito.

These mosquitoes are aggressive daytime biters. They can also bite at night.

The mosquitoes that can carry Zika are found in some areas of the U.S.

Because the mosquitoes that spread Zika virus are found throughout the tropics, outbreaks will likely continue.

There is no vaccine or medicine for Zika.

What we don't know

If there's a safe time during your pregnancy to travel to an area with Zika

If you do travel and are bitten

- How likely you are to get Zika
- How likely it is that your baby will have birth defects from the infection

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

For more information:
www.cdc.gov/zika

Along the Coast

Zika worries grow

County hesitant to begin spraying coastal area

By Stacey Singer

Mosquito bites have gone from nuisance to real worry after the city of Lake Worth reported on Aug. 25 that a resident had tested positive for Zika infection. It was the second case of what health authorities are calling nontravel Zika in Palm Beach County in August.

Zika is spread through two routes, either through the bite of a virus-carrying mosquito, or through unprotected sex with an infected partner.

It appears that 42 out of Florida's 43 non-travel Zika cases so far were spread through a mosquito bite, Florida Surgeon General Celeste Philip said during a visit to Boca Raton on Aug. 29. She was traveling with Gov. Rick Scott, who is holding Zika roundtable discussions with local officials statewide.

The state still believes ongoing transmission is taking place only within the small identified areas in Wynwood and Miami Beach in Miami-Dade County, Scott said, reiterating that in Palm Beach County, public health workers have been unable

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Coastal Star

Volunteer's heart and time help victims of domestic abuse

By Amy Woods

Five days away at a girlfriend's lakeside cottage in Ottawa provided a welcome respite for Gail Veros, who maintains a very busy schedule. As the 2016-17 social season shifts into gear in South Florida, so does Veros, a longtime volunteer for Aid to Victims of Domestic Abuse.

Veros has returned to a board of directors position she filled from 2009 to 2012 before rolling off because of term limits. Still, she was never more than a call or an email away as a member of the Delray Beach nonprofit's advisory board for the four following years.

Now, not only will she resume attending monthly meetings, she also will chair the advisory board and serve on the committee for the Heart of a Woman Luncheon.

"She has bubbling enthusiasm and energy," said Pam O'Brien, president and CEO of the organization that aims to break the cycle of abuse in the home and promote violence-free relationships. "She is passionate about our mission and really loves reaching out and sharing her excitement with others."

Veros, 64, has helped generate thousands of dollars in donations for the charity by organizing special fundraisers apart from its two primary events — the Heart of a Woman Luncheon, which took place in January, and Race for Hope, set for Oct. 8.

In May, the Boca Raton woman put together an evening of cocktails and music themed Girls & Pearls at Florida Atlantic University's Baldwin House, the campus residence of the school's president. Tickets sold for \$100.

Veros is a tireless advocate for the cause and always can be counted on to find new supporters.

"She's just never faltered," O'Brien said. "She's always out there promoting AVDA from the bottom of her heart because she cares. She's been a wonderful, magical kind of personality, and that's really a gift to us."

Veros credits her husband, Frank, a retired Ford Motor Co. executive, and her daughter, Windee, a Florida State University graduate, for supporting her efforts to make a difference in the lives of the estimated 1 in 4 women who suffer from what the Centers for Disease Control and Prevention describes as "intimate partner violence."

"It's an ongoing need and we see cycles," Veros said. "There's never a time where it ever disappears, and that's what we're hoping — that somewhere, somehow, we can create the change."

She started volunteering



Gail Veros was inspired to get involved with helping victims of domestic abuse when she was 20, after a roommate was battered by a boyfriend. **Tim Stepien/The Coastal Star**

If You Go

What: 17th annual AVDA Race for Hope
When: Oct. 8, 6:30 a.m. registration; 7:30 a.m. 5K and 10K; 8:30 a.m. Kids Dash
Where: Anchor Park, 340 S. Ocean Blvd., Delray Beach
Cost: \$10 to \$30
Information: Call 265-3797 or visit www.avdaonline.org

for AVDA in 2004, a few years after the family moved from Michigan to Boca Raton. She learned about the agency when she saw its large moving trucks bearing the AVDA logo driving around town collecting furniture.

"It came to me just like that," Veros, who lives in Royal Palm Beach Yacht & Country Club, remembered. "I said, 'That's where my heart's going to go.'"

A friend introduced Veros to the board and eventually asked her to join it. This year marks AVDA's 30th anniversary.

"I think it's amazing what AVDA does," Veros said. "Their mission statement speaks right to the soul, right to the middle of the heart. We have to work every day to promote violence-free relationships, and the way that's done is by getting the

word out there."

When Veros was 20 and living in Michigan, she had a roommate who was abused by a boyfriend and came home one night bloodied and bruised.

"That's when I really linked into it," Veros said of the epidemic. "I said, 'Some day, I'm really going to get involved.'"

Golf tournament this month

Aid to Victims of Domestic Abuse will benefit from a charity golf tournament Sept. 17 organized by the Boca-Delray Lodge No. 171 of Free and Accepted Masons.

The shotgun-start event will take place at Boca Lago Country Club in Boca Raton with registration at 8:30 a.m. and play at 10 a.m. Cost is \$140 per player or \$40 to attend the barbecue lunch, awards presentation and silent auction. ★

For information, call Sal Musumeci at 954-871-6018 or Mark Angstrom at 954-817-7093 or visit www.bocadelray171.org.

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Editor's Note

The biggest local news is the topic we avoid

Politics, Zika, pythons, hurricanes. Welcome to Florida.

You know what I mean. You watch TV news and read the headlines. It's all people want to talk about.

Maybe we should be talking instead about an average of 13 overdose calls each day. Yes, 13. Each day.

That's the number the Delray Beach police officer shared with us as we watched a young man carried out of a building in the 700 block of Atlantic Avenue on a recent evening. It was the third drug overdose call the officer had responded to *on his shift* that day.

"Welcome to Delray Beach," he said.

The young man was good as dead when officers found him in a building nestled between bustling restaurants. He is alive now, thanks to Delray's first responders and the availability of the antidote Narcan. Let's hope the young man with multiple tattoos and a brand new backpack will find his way toward recovery.

In the meantime, the opioid abuse crisis in South County continues. Consider this:

- In the first seven months of 2016, Boca Raton Fire Rescue administered Narcan 77 times. The highest number of overdose calls came in July, with 18.

- In Boynton Beach, police responded during the same time frame to 189 overdoses, with 15 deaths. In July they responded to 37 overdoses, possibly an all-time high for the city.

- In Delray Beach the numbers were 372 overdoses, 35 deaths. ODs were at an all-time high in July, with 66 reported (seven resulted in death).

Delray Beach Fire Chief Neal de Jesus told the City Commission Aug. 16 that his department has used 1,000 doses of Narcan in the last eight months.

The number of overdose deaths in our backyard far

outweighs the threat of Zika-carrying mosquitoes, pythons, tropical weather or any politician. This is the crisis we should be talking about.

If you think this doesn't impact you, think again. More and more of your tax dollars are being allocated to respond to these drug-related calls. The cost is growing.

If your life has not yet been touched by this crisis, you may ask what you can do. Here are a few suggestions:

Talk with your city leaders and first responders about what they need to do their jobs. Help them out.

Contact local mental health agencies and ask how you can assist their efforts. They, too, are on the front lines with drug addiction.

Keep elected officials talking about the crisis. Hold their feet to the fire. Support the ones looking for solutions and walk away from the ones who shift public discussion to their own agendas. You have a vote. Make it work.

Report sober home and treatment center abuses. If you see something, say something. Use the State Attorney's sober home task force hotline: 844-324-5463.

And let me be frank. If you enjoy relaxing with any number of legal, or illegal, substances, you may be contributing to the problem. The more mainstream recreational use of opioids becomes, the more difficult the addiction crisis becomes. It's a market share issue.

Even if your occasional marijuana supplier is your cousin's best friend, you may still be contributing to an illegal drug trade that keeps more ruthless dealers working our streets.

But I suspect we'd all really rather talk about politics, mosquitoes, pythons and hurricanes, right? Welcome to Florida.

— Mary Kate Leming, Editor



The next edition of *The Coastal Star* will be delivered the weekend of October 1



Brian McManus, a lifeguard at Ocean Inlet Park, talks to snorkelers without a dive flag. They were at risk of being sucked into the Boynton Inlet, a situation that could become serious very quickly. McManus has more than 30 years of service as a lifeguard. Tim Stepien/The Coastal Star

LABOR DAY

Continued from page 1

full-time with the county. And the county had benefits.”
 He was 20 then. He’s 54 now, a lieutenant with Palm Beach County Ocean Rescue, and the stories he can tell after working towers from Singer Island to Boca Raton for 33 years will leave you with a whole new perspective on what the job entails.

Ocean Inlet Park, for example. Where you see a beach, McManus sees hazards all over the place.

“This place is so diverse,” he says. “There’s the park, a picnic area, the Intracoastal inlet, the north and south sides of the inlet.” He sighs. “And the bridge jumpers.”

Too often, adventurous teenagers challenge each other to leap from the bridge above the inlet into the waters below, where the tides are especially treacherous.

“It’s a rite of passage,” McManus says. “I’ve had to run over and stop kids from jumping.”

That’s what the patrol calls a preventive action — saving beachgoers from having to have their lives saved to begin with. During March, April and May of this year, lifeguards at Ocean Inlet Park performed only one ocean rescue. But they tallied 1,454 preventions.

During an average year, county guards rescue about 140 swimmers and boaters. But they take 85,000 preventive actions.

“We stop stuff before it happens,” McManus says.

He clears the beach of skim boards and Frisbees, spear guns and glass containers. And because Ocean Inlet Park is so close to State Road A1A, he’s both lifeguard and unofficial traffic cop.

“We’ve got to stop little kids from running up into the road and getting hit,” he says. “The parents are lugging their beach chairs and the kids get ahead of them.”

Mostly, though, he’s a lifeguard.

“The best ones are when you save somebody,” he says, “but the ones I remember are the harrowing ones.”

About five years ago, McManus was in the tower

Rescues and more

Yes, they rescue drowning swimmers. But that’s the smallest part of the job. Palm Beach County lifeguards also prevent dangerous situations from developing and perform first aid. Below are figures showing how they spent their time at four local parks during March, April and May this year:

KREUSLER PARK
 Rescues: 1
 Preventions: 2,629
 First aid: 433

OCEAN INLET PARK
 Rescues: 1
 Preventions: 1,454
 First aid: 381

GULFSTREAM PARK
 Rescues: 11
 Preventions: 1,451
 First aid: 328

SOUTH INLET PARK
 Rescues: 1
 Preventions: 1,473
 First aid: 289

Capt. Robert Wagner said the unusual number of rescues at Gulfstream Park was due to a shifting sandbar that created rip-tides on both ends of the guarded area. “We try to get the public’s attention before they are in a rip, but sometimes they don’t listen,” he said.

Source: Palm Beach County Ocean Rescue

NOTE: Lantana, Boynton Beach, Delray Beach and Boca Raton will have their own lifeguards keeping beach-goers safe at municipal beaches this Labor Day weekend.

when he spotted people jumping up and down and signaling him from the fishing pier jetty on the north side of the inlet. Two girls had been pulled around the jetty on an incoming tide and two men were clinging to the pilings. But from the tower, he could see nothing, only the frantically waving people.

“You can’t see anything,” he says, “You’re going into a blind

rescue.”

McManus ran through the park to the patrol’s 16-foot inflatable rescue boat and headed out the inlet. All four swimmers were rescued.

That was a good day. Some aren’t.

On June 10, 2015, a 3-year-old girl playing in the water off the Intracoastal Waterway side of the park was “in distress.” McManus got the call in his beachside tower and raced over.

“I worked on her from about five to seven minutes, until the fire-rescue medics came,” he recalls. “But I knew she was gone.”

The county offers counseling after lives are lost, McManus notes. But he finds the best approach is to follow all the procedures to a T, so he knows he’s done the best he could, even when his best isn’t enough.

“I try not to let it get me,” he says. “But it gets me.”

The girl and her family were on the small beach by the park’s picnic area. Visitors aren’t supposed to swim there, but they do, despite the dirty water and absence of a lifeguard.

“We tell everyone, read the signs,” says Capt. Robert Wagner, of Ocean Rescue’s South District Headquarters. “And above all, never be afraid to ask the lifeguard questions.”

In more than three decades as a lifeguard — 33 years, 33 Labor Days — Brian McManus has dealt with shark bites, spinal injuries, performed first aid on motorists and motorcyclists, responded to an air-bag explosion and heat emergencies, along with all those ocean rescues the rest of us imagine. He’s even broken up fights.

“Coming to work at Kreusler Park early one morning,” he says, “I found a suicide.”

And yet he’s still not ready to retire.

“I’ve had skin cancers from being in the sun,” he says, pointing to a scar on his chest, “but fortunately the county has good insurance.”

Skin cancers, fist fights, drownings. Is there no humor in a lifeguard’s day? Never a laugh as he sits in the tower?

McManus thinks for a moment.

“Well,” he says, “sometimes guys come out of the water too fast and lose their trunks.” ★

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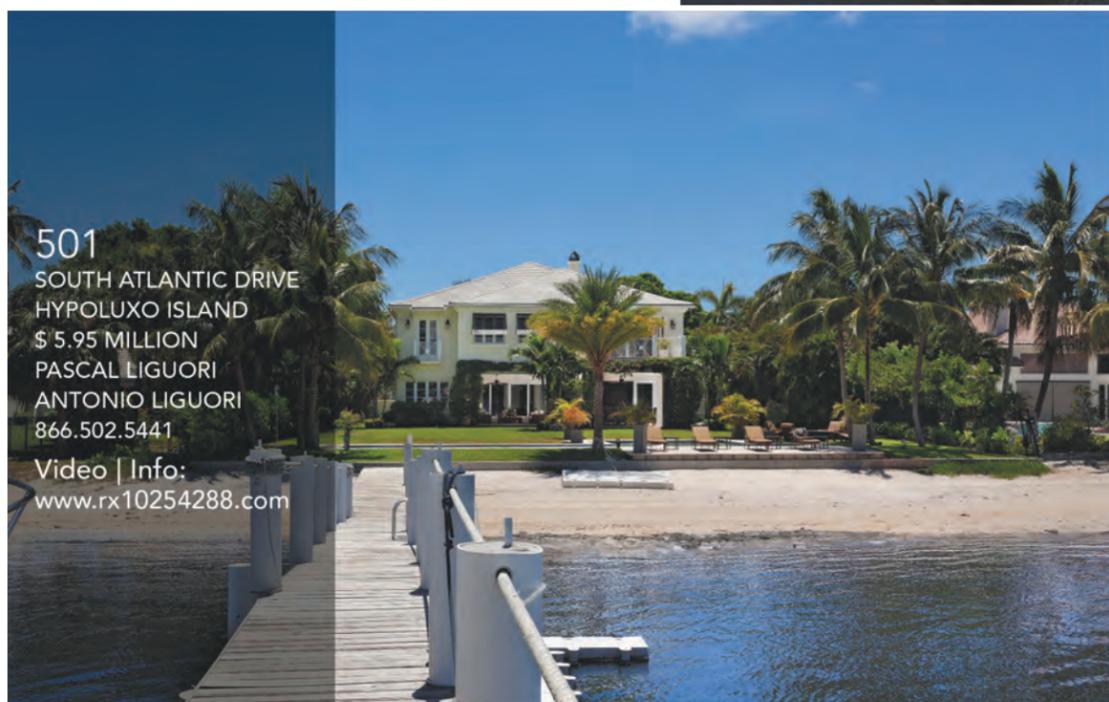
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Gulf Stream

Lyons to replace Ganger on town commission

By Dan Moffett

Gulf Stream town commissioners turned to their Architectural Review and Planning Board to find a replacement for Robert Ganger, who vacated his commission seat in July because of health reasons.

They unanimously appointed Paul Lyons, the ARPB chairman, to fill the void until next March's election, citing his familiarity with town issues and his commitment to service.

"The ARPB is the source of experience for someone coming onto the commission," said Mayor Scott Morgan, who nominated Lyons during the



Lyons



Ganger

Aug. 12 town meeting. "He's dealing with issues we deal with — design, preservation."

Morgan served with Lyons on the ARPB several years ago and recalls how he flew to Florida from New York in the morning to attend a meeting, then flew back to New York that afternoon.

"He's a very good choice," said Commissioner Joan Orthwein. "He's knowledgeable

of what's going on in the town — the building and the new construction."

Lyons, 70, has owned a home on Polo Drive since 2006. Professionally, he has a background in finance and business that will be an asset for the commission, Morgan said.

"He seems very energetic and very willing in working on the ARPB," said Commissioner Donna White.

Ganger is recovering from a stroke suffered in April. The commission unanimously approved the appointment of Commissioner Thomas Stanley to replace him as the town's vice mayor.

"Bob is an important

member of this commission," Morgan said. "He's truly a unique one, with knowledge and experience, who's able to express it with eloquence that really has evidenced his leadership capabilities."

Commissioners said they will miss the breadth of Ganger's knowledge: He earned a bachelor's degree from Yale, an MBA from Harvard, then went on to become a senior vice president at Kraft General Foods, where he oversaw product management of Jell-O.

Since settling in Gulf Stream 24 years ago, Ganger has championed preservation causes, co-founding the Florida Coalition for Preservation in 2007.

He has taken a lead role in representing Gulf Stream's interests before governments in Delray Beach and the barrier island communities — and in Tallahassee, where last year he lobbied the state Legislature to give municipalities relief from abuses of public records laws.

He was instrumental in putting together Gulf Stream's ambitious project to move its utility lines underground.

"He's unique in my opinion as someone in the town of Gulf Stream who could give countless hours and energy helping this town, improving this town, preserving this town," Morgan said.

Orthwein said, "Nobody can replace Mr. Ganger." ★

Delray Beach

Commission agrees Greenway path fits city image

By Jane Smith

The East Coast Greenway path along the ocean was reconsidered recently by the full City Commission and deemed fitting with the image Delray Beach wants to convey.

"It's not a design effort but a recognition of Delray for what it is," said Jim Chard, chairman

of Human Powered Delray, a group that promotes walking and cycling in the city. "It's very similar to the Tree City USA designation, the All America City ... calling attention to [us] that we are a special city."

At the Aug. 16 commission meeting, the Beach Property Owners Association board said it supports the concept of the

3,000-mile-long Greenway from Maine to Key West, according to Andy Katz, board vice president.

"It's a feather in the cap for what we are doing," said John Morgan, environmental services director.

In December, the Greenway was approved on the consent agenda. Some community members objected to the path,

sometimes called a trail, as something that would bring undesirable people who would camp on the city's beach and clog traffic with their bicycles. They even appealed to state Rep. Bill Hager, who wrote to Mayor Cary Glickstein asking for community input on the item.

The use of the word "trails" might have confused people, Glickstein said. In an urban area such as Delray, they're really sidewalks along the beach because they satisfy the criteria, he said.

"I got zero negative feedback from other cities," he said. "And I even asked the people who complained to provide specific examples of negative impact around the state, but I never heard back."

In Delray Beach, the path would begin at the north on Federal Highway and travel south to George Bush Boulevard, where it would turn east to A1A and then south to Highland Beach.

Delray Beach has 1.3 miles of sidewalk that is 9.6 feet wide along the ocean and will be recognized as the Greenway.

In nearby Boca Raton, 4.7 miles along A1A were dedicated in 2012 to the route. Highland Beach, which sits directly south of Delray Beach, does not have the wide sidewalks required for the path. The organization that runs the Greenway wants sidewalks of at least 10 feet, but it will accept sidewalks that are 8 feet wide.

The coastal communities

north of Delray Beach — Gulf Stream, Ocean Ridge and Manalapan — do not have the required wide sidewalks. This means the path likely will stay on Federal Highway through Boynton Beach and Lantana.

At the Delray Beach City Commission meeting, no one spoke against the Greenway. The commissioners all agreed the designation was beneficial for the city.

"I think it's the right thing to do when we did it, and I still think it is today," the mayor said.

In other business, the commission unanimously approved a resolution affirming its commitment to beach renourishment and paying its share with a matching amount from Palm Beach County.

City Manager Don Cooper also gave an update on the beach master plan: The bid notice was published Aug. 22 with proposals due by Sept. 15 and evaluated by Sept. 20. Cooper has commission approval to award the contract, provided the amount is within the budget. He will report to the commission within five days about the contract award.

The construction work is expected to take 60 to 90 days, Cooper said. The bid document will give the contractor the option of nighttime work to reduce the construction time. The night work can occur after turtle-nesting season ends Oct. 31. ★

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Along the Coast

Zika answers: County's cases don't constitute outbreak

Q. Where has locally acquired Zika been found so far?

A. The Florida Department of Health says the two nontravel cases of Zika in Palm Beach County don't constitute an active outbreak here, though officials aren't providing specifics.

Palm Beach County's Mosquito Control division has stepped up its mosquito control campaign. Its latest aerial spraying efforts were focused on 162,000 acres west of State Road 7, including Jupiter Farms, Caloosa, Loxahatchee, the Acreage, Royal Palm Beach and the Glades. The insecticides Dibrom and Naled are used.

Meanwhile, the state has been working with the U.S. Centers for Disease Control and Prevention. Public health workers have tested three individuals who live near one of the infected individuals in Palm Beach County, plus thousands of mosquitoes. Those tests have all been negative, according to the Florida Department of Health.

Since Zika can be transmitted human-to-human through sexual contact, it's possible that mosquitoes weren't the cause of the two local infections.

So far, Florida's hot spot for Zika has been the Wynwood section of Miami,

a downtown arts district that lies just east of I-95 and south of I-195, the Julia Tuttle Causeway. Twenty-nine people tested positive for Zika exposure there. Meanwhile, five more may have acquired Zika during visits to Miami Beach. The CDC has recommended that pregnant women and their partners avoid the areas. On Aug. 23, Pinellas County also reported one local Zika case.

Zika has become a major problem for many Latin American and Caribbean nations, especially Brazil and Puerto Rico. As of late August, the Department of Health was aware of 578 individuals in Florida who probably acquired their illness during international travel, 70 of whom were pregnant.

Q. How is Zika virus transmitted?

A. Zika is spread when a virus-laden mosquito bites an infected person, then bites someone else. It can spread when an infected person has unprotected sex, too.

Not all mosquitoes can carry Zika. Scientists believe it's primarily the *Aedes* species of mosquito that's spreading Zika. While that type of mosquito is here, it's just one of more than 70 types of mosquitoes found in Florida, and it isn't the dominant mosquito type in South Florida. So there's no need to panic if you're bitten by a mosquito. Condom use

by pregnant women's partners may make sense.

Q. What are local, state and federal government officials doing about Zika virus?

A. State/local: Since Aug. 3, county health departments have been offering free Zika risk assessment and testing to pregnant women. The state has created a Zika virus information hotline. The number is 855-622-6735. Palm Beach County, meanwhile, has an aerial spraying hotline, 642-8775.

Federal: Both President Barack Obama and Gov. Rick Scott have been urging Congress to release more funding for research and prevention of Zika. Congress was close to releasing over \$1 billion just before the summer recess, but Senate Democrats blocked the bill when Republicans tacked on politically controversial provisions such as reduced access to contraception, cutting of Ebola research and weakened pesticide regulations.

Q. What can individuals do to lower their risk of becoming sick with Zika virus?

A. Mosquitoes breed in standing water. As little as a capful will do. So making regular efforts to eliminate

standing water can make a big difference. Shake boat covers. Empty flowerpot dishes. Remove trash. At home, repair screens and keep doors and windows closed and the air conditioning on. Wear long pants and sleeves when you spend time outside, especially at dusk or dawn, and use a bug repellent that contains DEET.

Condom use helps protect sexually transmitted Zika.

Q. Where did Zika get its name?

A. Its name comes from the Zika Forest of Uganda, where the virus was first isolated in 1947. Zika virus is related to the dengue, yellow fever, Japanese encephalitis, and West Nile viruses.

Q. Where did Zika come from and why is it here now?

A. Reports of recent Zika outbreaks first emerged from South Pacific nations in 2007. Since then, it has spread to the Western Hemisphere as well. Brazil reported cases in 2015. Puerto Rico is experiencing an especially bad outbreak this summer. Of people tested in urban areas there, two-thirds tested positive for exposure. ★

— Stacey Singer

ZIKA

Continued from page 1

to find any additional cases, leading them to believe the two cases here are isolated.

Mosquito counts along Palm Beach County's coastal barrier islands throughout August have remained quite low compared with the rest of the county, and so helicopter spraying hasn't been planned anywhere east of Military Trail, said Chris Reisinger, the environmental analyst for Palm Beach County's Division of Mosquito Control.

Instead the county focuses on spot mosquito control efforts with larvicide pellets, and fogging with a synthetic pyrethroid insecticide.

The county places mosquito traps throughout the region, and the highest number of potential Zika-carrying mosquitoes found along southern Palm Beach County's coast was 22, Reisinger said. They appeared in a trap at George Bush Boulevard and Andrews Avenue in Delray Beach in late August. That number is below the state's guidelines for spraying, Reisinger said.

A later sampling in the area found none of the disease-carrying mosquito species.

Compare that with Belle Glade, where traps recently recorded about 2,200 nuisance mosquitoes.

"For the most part, we just don't see that many on the islands," Reisinger said. "Twenty-two means, most likely, someone left trash in the area and mosquitoes are breeding there now."

The types of mosquitoes that spread Zika are *Aedes aegypti* and *Aedes albopictus*. They're what's known as

container breeders. That means a discarded soda can, an old tire, a forgotten watering can, a neglected birdbath, a wheelbarrow or even waxy ornamental plants like bromeliads, which gather and hold sprinkler water, can become breeding sites for potentially disease-carrying mosquitoes.

Regularly inspecting your property and eliminating such hazards is one solid way to reduce your Zika risk right now, Reisinger said. He suggests people replace bromeliads with plants that don't capture and hold water, or else to flush and treat them regularly.

"I ripped out all my bromeliads in January when I found mosquitoes breeding there. Otherwise you have to treat them with a larvicide like Mosquito Bits every couple of weeks, and it's a pain," he said.

Many communities along the coast depend on Palm Beach County's Mosquito Control division to manage their issues with the pests if necessary, he said. The department will send an inspector out if a property owner can't solve the problem by eliminating standing water sources.

Since July, the state has given the department more money to do that. The county has received an extra \$170,000 to support mosquito control efforts, and may receive another \$85,000 in September. That money is helping the county add a new mosquito control truck, new lab equipment and additional staff to help with old tire disposal and to respond to mosquito reports, Reisinger said.

Virus transmitted by sex

In the first Palm Beach

County case, the infected person reportedly often traveled to Wynwood for work. But chatter among mosquito control experts is that mosquitoes may not be the cause of the latest Lake Worth case. Zika may have been transmitted through sex.

Zika is different from other mosquito-borne diseases such as West Nile virus or dengue fever in that humans can unknowingly be carriers.

Only about 1 in 5 infected people shows symptoms, so if someone acquires the virus during travel to a Zika hot spot such as Brazil or Puerto Rico, he or she can come here and unknowingly spread it to others through sexual contact.

That's why some health officials think pregnant women in Florida should either abstain from sex or insist that their partners use condoms, travel or no travel, symptoms or not.

In pregnant women, particularly those in early pregnancy, Zika has been associated with severe birth defects, especially nervous system damage such as microcephaly, which is abnormally small head growth.

But not all pregnant women with Zika infection give birth to babies with birth defects.

A study in Brazil found that of 72 women who tested positive for Zika illness in their early pregnancy, only 12 saw fetal abnormalities on ultrasound.

The Florida Department of Health is aware of 70 pregnant women who have suffered Zika infections. The agency announced that one had delivered a baby with microcephaly.

The two communities in Miami-Dade County dealing with active Zika outbreaks,

according to the Florida Department of Health, are the artsy Wynwood section near downtown and the touristy Miami Beach.

On Aug. 23, the state added Pinellas County to the list of areas with a case of nontravel Zika. Meanwhile, the state is aware of more than 500 cases of travel-related Zika.

Spot control works best along the coast

Palm Beach County's mosquito control efforts involve nighttime aerial spraying of pesticides. The insecticide used is Dibrom, which is highly diluted and sprayed in a fine mist so that it remains aerosolized for a prolonged

time. It kills insects on contact. Chronic exposure can be toxic for most creatures, including birds, fish and humans.

Mosquito Control officials spray it only at night for the time being to avoid humans and pollinating insects needed for agriculture. However, the Zika-carrying mosquitoes are daytime fliers.

Unless mosquito counts surge, spraying east of Military Trail is unnecessary, Reisinger said.

As long as people are traveling to Zika hot spots and then returning to the United States and having unprotected sex, mosquito control efforts alone are unlikely to halt the spread of Zika. ★

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Along the Coast

Modest raises for employees in most towns' budgets

By Rich Pollack

The good news is that most local government employees throughout the coastal communities of south Palm Beach County may be seeing raises in the upcoming fiscal year.

The not-so-great news is that for many of them, these raises will probably do little more than help them keep up with the increased cost of living in South Florida.

On average, most of the communities along the coast are proposing employee pay increases of about 3 percent, with some considering a little more and others a little less.

The proposed salary increases, for the most part, are an attempt by local governments to make up for recent years when there were no raises, while at the same time making sure that budgets remain financially sound.

"There were several years during the economic downturn where there wasn't a lot of movement in terms of compensation and benefits," says Ocean Ridge Town Manager Jamie Titcomb. "Times are better now with higher property valuations and as a result, there's a little more flexibility for municipalities to catch up on government market-rate compensation."

There is, however, only so much local governments can do.

"We always want to be as generous as possible, but we have to be conservative so as to not create an unstable fiscal situation," Titcomb said.

For some towns enjoying the benefits of increased property values, creative approaches to recognizing employees can help maintain that delicate balancing act.

In Manalapan, for example, commissioners are considering a 3 percent pay increase for employees, up from 2.5 percent last year.

At the same time, however, town leaders are developing a longevity rewards program to compensate employees for their loyalty.

After five years, a full-time employee would receive a lump sum payment of \$1,250; after 10 years, \$2,500; after 15 years, \$3,750, and after 20 years, \$5,000.

Part-time employees would be eligible for half as much.

In Ocean Ridge, commissioners are considering merit raises for employees that would range from 2 percent to 5 percent, depending on

several factors, including performance.

The town also recently changed its health insurance plan to one that Titcomb says provides better benefits to employees — whose premiums are fully covered by the town — and significantly lowers deductibles for family members.

In Highland Beach, commissioners are considering a 3 percent, across-the-board pay increase for all employees beginning Oct. 1 and have instituted a longevity pay plan, similar to the one being considered by Manalapan. Employees receive pay increases when they reach 10-, 15-, 20- and 25-year milestones.

In addition, the town is considering an incentive program where employees are rewarded for ideas that improve efficiency and

effectiveness.

Beginning in the 2016-2017 fiscal year, employees will also get \$1,000 they can use to help with medical costs not covered by their health insurance plan.

It is a change in the health insurance, however, that is partially responsible for civilian employees starting the process of forming a union.

In the past, employees were covered by a preferred provider organization, in which the town paid 100 percent of employee premiums and 85 percent of family coverage premiums.

In July, however, the town switched to a three-tiered plan that includes a health maintenance organization plan and two preferred provider organization plans.

Employees who join the HMO would save money on their family plans, while there would be increases for both

employee and family coverage with the PPO plans.

Some employees who say they want to maintain the high level of coverage they received in the past have balked at the increased rates.

In South Palm Beach, commissioners are considering a 3 percent across-the-board pay increase for employees, while in Gulf Stream, a 2.5 percent increase — down from 3 percent last year — has been proposed.

Some communities are considering a combination of a cost-of-living increase and merit raises.

In Lantana, commissioners are considering a cost-of-living raise of just about 1 percent and a merit raise of up to 5 percent.

In Delray Beach, commissioners are considering merit raises up to 5 percent while insurance premiums

have dropped by about 5 percent for health, dental and vision coverage.

In Boynton Beach, police officers and employees covered by the Service Employees International Union could receive a 3 percent increase, while fire and rescue personnel and employees not covered by the union would receive a slightly lower increase under the proposed budget.

In Boca Raton, rather than put a squeeze on employee benefits, city officials propose adding 76 new full-time positions to their municipal workforce numbering 1,423.

The extra personnel will add \$5.5 million for salaries and benefits to the city's \$392 million operating budget.

Boca Raton has scheduled public hearings on its proposed budget at 6 p.m. Sept. 12 and Sept. 26 in the City Council chambers at City Hall. ★



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Boynton Beach

CRA allows 10-story building despite resident opposition

By Jane Smith

More than 50 residents protested outside City Hall carrying signs that read: "Save Boynton, Stop High Rises" and "Better Not Bigger" before a meeting when building height would be discussed.

About 100 residents wore white shirts with stickers bearing the numeral 4 in red, indicating their four-story preference. They packed the Boynton Beach Commission Chambers, forcing others to stand along the sides and the back of the room.

The City Commission, sitting as the Community Redevelopment Agency board, reviewed the agency's consolidated plans on Aug. 9.

The plans detail nine changes throughout the eastern half of the city, with the height and density increase at Woolbright Road and Federal Highway the most contentious. The changes will shape the city's eastern half for the next 20 years.

The final vote on raising the height at the intersection to allow for 10 stories was 3-2 in favor. The vote to approve the consolidated plans was unanimous.

The plans still must be approved by the same five CRA board members sitting as the City Commission Sept. 8 and 20.

Twenty-five people spoke against increasing the height to 10 stories at Woolbright and Federal. Six people were for it, including three consultants hired by Isram Realty, which



Dozens protest before the Boynton CRA meeting in opposition to the height of a project proposed for the southeast corner of Woolbright Road and Federal Highway. **Jerry Lower/The Coastal Star**

owns Riverwalk Plaza at the intersection's southeast corner.

Isram submitted plans last year that call for demolishing the plaza and replacing it with a 10-story apartment building. The original proposed zoning and land-use plan allowed seven stories. The changes discussed Aug. 9 allowed 10 stories. A separate meeting will be held to review Riverwalk's plans.

The developer sounds like "a bully," resident Maureen Trufano said at the CRA meeting. She said she ran a preschool where respecting others was an important rule the children learned. She said Shaul Rikman, Isram's owner, stood up and said he needs 10 stories to make a profit when he knew only seven stories would be allowed. "He is flaunting the rules," she said.

Mayor Steven Grant and Commissioner Christina Romelus were on the losing side of the vote regarding

the Woolbright and Federal Highway intersection.

Romelus, whose district includes Riverwalk, said she had to support her residents, even if they did not vote for her in the March election. She said her vote that night "doesn't demean staff. It's just not the right plan."

Grant wanted an impartial review of the plan by the not-for-profit Treasure Coast Regional Planning Council, which provides planning and growth management services for communities in the region. Otherwise, it would look as if the city is just changing the zoning for Isram. No board member supported him.

Rikman shouted at Grant over the gist of their first meeting. Romelus asked for a short break. When the CRA meeting restarted, police officers moved from the back of the chambers to the front to maintain order.

Former CRA board member

James "Buck" Buchanan urged the CRA board members to think destination and promote "the Floribbean/fishing village concept that was adopted years ago." Buchanan was ousted during a reorganization of the board last fall after disagreeing with a city commissioner at a CRA meeting.

During the CRA meeting, two residents presented survey results in support of lower height guidelines in the CRA district. Fourth-generation Floridian Susan Oyer used the Survey Monkey program. It was online for seven days and received 545 responses. The survey had six questions that the CRA should have asked in June, she said.

The middle-school history teacher said she reached more than 7,000 residents. The overwhelming response was for lower heights, she said.

"We pay taxes here, we live here, we care about this area," Oyer told the CRA board

members. "You are supposed to represent the residents, not the developers who are here today and gone tomorrow."

Commissioner Joe Casello questioned whether anyone could vote twice in the survey. Grant said the program allows only one vote per household, recognized by the computer's internet protocol address.

Resident Debbie Lytle, who lives west of the interstate in Commissioner Justin Katz's district, also had an online petition. "Regardless of where you live, [the plan] affects the whole city," she said.

Lytle held a stack of 726 signatures for her petition that asked people to sign if they favored the lower height at the Woolbright intersection.

She planned to keep the survey online until Sept. 8 in an effort to collect 1,000 signatures.

"We like that you want to set the standards high, but don't set the buildings high, too," she said.

Katz voted for the height increase, saying most of his constituents are newer residents. They moved to Boynton Beach in the past 10 to 15 years and "don't mind the height increases," he said.

After the vote, former Mayor Jerry Taylor deviated from his usual path to leave the chambers. Instead of using the side aisle, he climbed the center stairs and gave Rikman a thumbs-up sign. Rikman's company had donated \$2,000 to Taylor's re-election campaign last year. ★

CRA steps back from spending on high school

By Jane Smith

The fate of the historic Boynton Beach High School, which seemed certain to be saved earlier this year, is unsettled again.

At the Aug. 17 budget meeting of the city's Community Redevelopment Agency, city commissioners sitting as the CRA board did not want to commit to spending money on the high school now. A majority wanted to wait to see how development teams would use it in their Town Square plans.

They will review the request for proposals for the Town Square plans at the Sept. 8 commission meeting, before the project is advertised.

The decision did not sit well with the group of residents dedicated to seeing the historic structure saved. Barbara Ready, who also chairs the city's Historic Resources Preservation Board, is urging residents to send emails to the commissioners in support of the high school.

She wants to see the entire building saved, not just the front, which she called a "façade-ectomy."

Mayor Steven Grant proposed using \$185,450 remaining in this year's Town Square budget to start work on the old high school now.

That money will be held over into the next budget year to evaluate the financial soundness of the development teams' plans, said CRA Executive Director Vivian Brooks.

The \$100,000 federal matching grant the CRA received for the high school is not available until Oct. 1, Brooks said. Then the County Commission would have to approve the

grant, she told the CRA board members.

Commissioner Justin Katz was not for spending any money on the high school until the city knows how it can be reused in the plans.

"I'm not interested in spending a penny on it unless we know how we will save it," he said. "We would be remiss to spend the [grant] money until we know 100 percent what we will do with the high school."

He called the April decision about the high school "a consensus, not a vote."

Commissioner Christina Romelus, who favored saving the high school after she was elected in March, now prefers to wait until the development teams return their plans for Town Square. The city manager said that would be in December. An old lawsuit may complicate the city's strategy.

The judge still has not ruled on the city's motion to dismiss, heard on July 11. It involves a 2013 case filed by an earlier architect who wanted to use the high school as an events center.

In April, the City Commission was concerned that using \$20,000 that REG Architects and partners offered to hire a financial consultant to review the soundness of their plan would compromise the city's position in the lawsuit. That item was tabled until the city knows the outcome of the motion to dismiss.

When asked how the open lawsuit would affect the city's plans for Town Square, the response from the city spokesperson was, "Litigation pending, no comment." ★

City OKs addition to historic house turned eatery

By Jane Smith

The Oscar Magnuson House is working its way through the Boynton Beach approval process to become a restaurant that specializes in light bites and craft beers.

The proposed owner of the 1,500-square-foot house received City Commission approval Aug. 16 to add 1,266 square feet to the rear of the house for a kitchen, restrooms and a portion of the bar. A rear porch, added in the 1950s, will be demolished. The tapas eatery will seat 183 diners.

Instead of a wall separating the business from the three-story condo building on the east, the Planning and Development Board recommended "lots of landscaping" would work better. Diners and employees will park in the new lot at Northeast First Avenue and Northeast First Street. The buyer, a division of Local Development Co. of Philadelphia, has 45 days to close on the house, still owned by the city's Community Redevelopment Agency.

The purchase price of \$255,000 translates into a loss for the CRA. The agency had paid \$850,000 in 2007 for the house, built about 1910 by Swedish immigrant and farmer Oscar Sten Magnuson. His wife, Eunice Benson Magnuson, was one of the first town clerks.

The CRA also is offering \$200,000 to help with the conversion of the house into a restaurant, plus available grants.

Architect Jim Williams, of Boca Raton, is working on construction drawings that will take three to four months to finish. He expects the still-unnamed restaurant to open in the fourth quarter of 2017.

The house carries a local historic designation, meaning the city's Historic Resources Preservation Board had to approve the renovations.

The changes include a covered patio/outdoor dining area on the east side, a bocce ball court on the north side, fire pits on the north and east sides, and different paint colors for the exterior. ★

South Palm Beach

Council members clash over town attorney

By Dan Moffett

Despite agreeing on terms for a new working relationship with Town Attorney Brad Biggs three months ago, South Palm Beach council members remain divided over whether he should keep his job.

Councilwoman Stella Gaddy Jordan sharply criticized Biggs' performance during a stormy Aug. 23 town meeting and said the council should open his position and interview applicants.

Jordan said that, during the town's recent negotiations with developer Gary Cohen over plans for the old Palm Beach Oceanfront Inn site, Biggs was not a strong advocate for the town's interests.

"Brad didn't support the council enough," Jordan said, complaining that he appeared to side with the developer's lawyers.

"When people come up and ask me whose attorney is this guy — that's embarrassing," Jordan said.

She also criticized Biggs for not helping the council maintain order and follow parliamentary procedures during meetings. Jordan also has said Biggs has been slow to respond to officials' questions.

Vice Mayor Joseph Flagello vehemently disagrees: "Brad has done a great job." Flagello said the town should have no complaints about how Biggs has done his job, arguing the attorney has been consistently attentive to the council's needs.

"If you said you don't like the guy, all right, that's fair enough," Flagello said. "But from a performance standpoint, I don't see that his performance has been anything but great. We're not going to be totally happy with anyone who sits in that seat."

Councilman Woody Gorbach said he supports advertising the position because the town might be better served by a larger firm. Biggs is a sole

practitioner.

"Nothing against our attorney, but I'd like to have a firm with six or eight practitioners," Gorbach said. "A single practitioner can't handle it."

Councilman Robert Gottlieb said the council should schedule Biggs for a performance review and then decide: "[A review] is something we haven't done."

Mayor Bonnie Fischer said the continuing dispute over Biggs has taken a toll on the council.

"I don't want to sit here on the council when there's dissension about you or anybody else," she told Biggs. "It's uncomfortable for me as a mayor because I feel like I'm in the middle of this and I don't like it."

Fischer said the Town Council would schedule a workshop meeting to discuss what services the town should expect from its attorney. She said she hoped to hold the workshop in September — at a date to be determined — and then reach a consensus among council members about Biggs' fate.

For his part, Biggs said he was "blindsided" when Jordan first voiced her complaints during a meeting in May. "It was a very, very unusual circumstance, and I don't think it was appropriate," he said.

Biggs, who has been the town's attorney for 10 years, said he doesn't want discussion about his future to continue coming up and would participate in the workshop. He said he thought the complaints were resolved in June when he agreed on a new contract based on a retainer payment, rather than hourly fees. Biggs agreed then to spend more time in Town Hall to improve his accessibility.

"I felt personally attacked the last time this occurred," he said. "I very much feel kind of bullied at this point." ★

Hypoluxo

Boynton offers lower water rate

By Willie Howard

Boynton Beach Utilities could provide water to Hypoluxo residents at lower rates than town residents and business owners currently pay to Manalapan.

That's according to a rate comparison presented to Hypoluxo council members at their Aug. 17 meeting by Boynton Beach Utilities Director Colin Groff.

According to Groff's chart, a Hypoluxo homeowner with a 5/8-inch water meter pays a monthly base charge of \$42.85 to Manalapan plus \$2.34 per

1,000 gallons of water used.

The same homeowner would pay a \$12.35 monthly base charge plus \$1.65 per 1,000 gallons to Boynton Beach Utilities, according to Groff. (Boynton Beach's water rates go up after the first 9,000 gallons to encourage conservation.)

"It was a very informative presentation, and I'll be interested to hear the presentation by Manalapan," Hypoluxo Vice Mayor Michael Brown said.

Manalapan officials are scheduled to make a water-supply presentation to the Hypoluxo council on Oct. 19. ★

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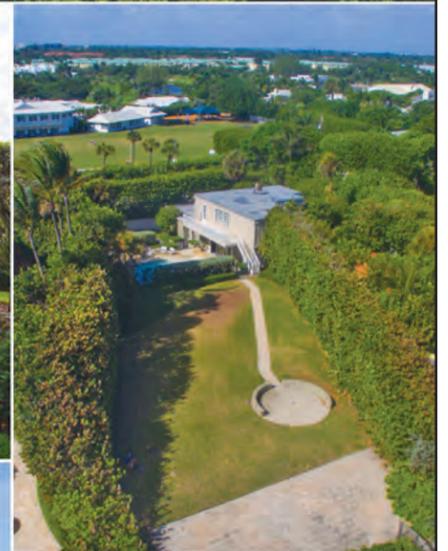
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Along the Coast

Delray OKs funding for license-plate cameras; others cite progress

By Rich Pollack

Efforts to install license-plate recognition cameras in several communities along State Road A1A in south Palm

Beach County are continuing to move forward, with Delray Beach commissioners giving a green light last month for the installation of systems at five locations east of the

Intracoastal Waterway.

Delray Beach commissioners approved spending \$166,000 for the systems, clearing the way for project leaders to begin planning for installation and implementation of cameras and software.

Delray Beach Police Capt. Tom Mitchell said a planning meeting will be held this month with representatives from the company providing the systems, L-3 Mobile Vision, as well as with Florida Power & Light Co. representatives and other city representatives.

Meanwhile, in Ocean Ridge, Police Chief Hal Hutchins said he is moving forward with his study to make sure all legal hurdles are cleared and all regulations complied with before going back to the Town Commission with a funding request.

“There are a lot of moving pieces involved and everything has to mesh together,” Hutchins said. “Once the project is fully vetted and we’ve crossed every

T and dotted every I, we’ll be able to move forward.”

In Highland Beach, Police Chief Craig Hartmann said he hopes to bring a request for funding for a license-plate recognition system to town commissioners this month. To help reduce costs, Highland Beach will team with Delray Beach and will likely share servers used by the system as well as the cost of cameras at Linton Boulevard and A1A.

License-plate recognition systems work by scanning tags of passing cars and comparing that information to tag numbers entered into law enforcement databases. If a tag registered to a stolen vehicle is spotted by the system, for example, an alert is sent to a dispatcher who verifies the information and then notifies officers on patrol.

The systems can also be used for a variety of investigative purposes, including helping detectives determine the getaway route of a vehicle used

in a crime.

Mitchell says technology now makes it possible for police officers on patrol to be notified on their laptops if there is a match between a tag number in the database and one found by a nearby scanner.

Plans to sprinkle license-plate recognition cameras throughout several communities on Delray Beach’s barrier island had been in the works for years but were derailed more than a year ago when Florida transportation officials refused to allow them on state rights of way.

But new technology such as that used by L-3 Mobile Vision makes it possible for cameras to read tags as far away as 130 feet from the center of a roadway.

Mitchell said all but one of the five locations planned for scanners in Delray Beach are on city-owned property.

In Highland Beach and Ocean Ridge, officials will need legal agreements to place scanners on private property. ★

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Delray Beach

New special events policy aims to recover city's costs

By Jane Smith

Under a new special events policy, city taxpayers will soon stop subsidizing private special events in Delray Beach.

Mayor Cary Glickstein praised the special events task force that developed the policy for staying focused on establishing a level playing field and recovering the city's true cost of events.

"The reason we have so many events is that we have a cool town with a walkable main street, and many [promoters] were getting a free ride," Glickstein said at the second City Commission meeting in August.

He said the city has grown in the past 20 years and no longer needs so many events to attract people to its downtown. "The world has changed dramatically in terms of public safety," he said. The city's public safety departments are currently overwhelmed by increasing heroin overdoses.

"We've only recovered 40 percent of our costs," City Manager Don Cooper said. He based that figure on analysis provided by the city's Finance Department, which found the city paying about \$274,000 annually for the 14 approved events in the next budget year.

The exact costs in the past are not known, said Assistant City Manager Francine Ramaglia. The city likely undercharged and did not attribute all costs to an individual event, such as a portion of the special events coordinator's salary.

Of the 23 people who spoke at the commission meeting, eight favored continuing the events.

"Special events affect many people," said Laura Simon, executive director of the Downtown Development Authority. "They're special." She asked for more time to evaluate the economic impact from the events on the downtown.

Karen Granger, executive director of the Greater Delray Beach Chamber of Commerce, said, "The chamber is on board with less is more" regarding special events. She also advised the commissioners to consider the economic impact of the festivals — \$5.5 million from the Delray Affair alone.

Promoter Nancy Stewart-Franczak, who recently moved the 2017 Garlic Fest to a county park west of Lake Worth, said, "People have been calling us and asking what's happening downtown. We will lose our fun vibe." Her company also canceled the 2016 Wine & Seafood Fest when it ran out of time to plan the event.

To Stewart-Franczak, who previously voiced resistance to a new policy, Glickstein said, "I'm personally offended by your comments of prior elected officials who supported you better than us. ... Your sense of entitlement is palpable."

Only one resident, Kevin Warner, said he liked what the task force did. "It's

time to put up or shut up and raise the money to support your event. I never heard people say, 'I moved here because of the events.'"

To soften the blow to recurring event organizers who saw their costs double, the City Commission agreed to a three-year phased period for full-cost recovery of police, fire, parks and other city services.

Police costs accounted for much of the increase. Other cities have more nonsworn police personnel to use during events, such as those needed to staff a 5K run, Commissioner Jordana Jarjura said.

Delray Beach's contract with its police union allows lieutenants to get the first pick of overtime jobs, said Jeff Snyder, assistant chief financial officer.

The commissioners unanimously approved the task force's recommendation for the city-authorized Veterans Day Parade, Holiday Parade, 100-foot Christmas Tree, Holiday Lighting Ceremonies, First Night, Fourth of July and others they determine fit the new guidelines. Four members sat on the dais; Vice Mayor Al Jacquet was absent.

During tourist season, only one major event per month can take place under the policy; city events will have precedence. The city manager has the power to waive the rule and the decision rests with him.

All events must pay a nonrefundable \$150 permit application fee.

Charities may receive a 50 percent discount on city services. For city sponsorships, such as for the St. Patrick's Day Parade in March and the Delray Affair in April, the City Commission will want more control over the events, said Commissioner Shelly Petrolia.

The task force will bring a final special events policy for commission approval in September with a goal of an Oct. 1 effective date, the start of the city's budget year.

Old School Square gets more say in events there

The city's Old School Square historic campus, which has housed many of the high-impact events, will return to being more of a passive park, said Robert Steele, executive director. He gave his presentation in a joint workshop with the city's Community Redevelopment Agency held just before the commission meeting.

Other OSS plans include a permanent home for the CRA's weekly Green Market and a say in what events are allowed to be held on its interior grounds, along Northeast First Avenue.

The CRA, which is paying for the building repairs currently underway, also will cover the costs for the next phase of the master plan. The CRA has \$500,000 set aside in next year's budget for OSS, enough to cover the estimated \$100,000 plan costs. ★

PopUp Dog Park

Old School Square, Delray Beach – Aug. 26



What better way to celebrate National Dog Day than with an impromptu dog park at Old School Square? Sara Toosarvandani and her daughter Grace enjoy watching the dogs while Bill Bathurst talks to his pup Angus. Dozens of dogs enjoyed an evening of monitored play. **Jerry Lower/The Coastal Star**

Last defendant in fraud case pleads guilty

By Jane Smith

The third former Delray Beach city employee prosecuted for his role in using a company that charged the city for goods that were never delivered has pleaded guilty, according to the State Attorney's Office.

Cesar Irizarry, 51, pleaded guilty on Aug. 8 to a lesser charge of grand theft and was sentenced to three years' probation.

His case was originally set for a jury trial on that date. He may apply for early termination of the probation after one year if all conditions are met. One condition is enrolling in a theft abatement course within 60 days.

With his co-defendant, Orlando Serrano, Irizarry must repay the city \$133,444.87.

Irizarry was a treatment plant operator for about 25 years before he resigned in August 2015.

Serrano, 47, pleaded guilty on June 21 to grand theft of more than \$20,000 and organized fraud of more than \$20,000. He was sentenced to 12 months in the county jail and received one day's credit for time served.

Serrano, who worked for the city for nearly 19 years, resigned his post as a traffic maintenance supervisor in March 2015. Another co-defendant, Harold Bellinger, died in early March.

Prosecutors dropped the organized fraud count against Irizarry. He also can do community service at the rate of \$10 per hour to satisfy court costs of \$398 and \$100 for prosecution. Irizarry has until Aug. 8, 2019, to pay the costs.

When Irizarry and Serrano left their city jobs last year, they cashed out their pensions, according to the city's pension administrator. Serrano received \$20,256.24 and Irizarry received \$36,480.57, less 20 percent for federal income tax with-holding. ★

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Briny Breezes/Ocean Ridge

Boynton Beach, Ocean Ridge in bidding war to police Briny Breezes

By Dan Moffett

Neighboring relations between Ocean Ridge and Boynton Beach have frayed in recent months, mostly because of the city's support for high-density residential projects on Federal Highway.

Now the two municipalities have found something else to dispute: Who will protect and serve the good citizens of Briny Breezes?

Ocean Ridge thought it had a three-year contract to provide police services to Briny Breezes ready for the town's approval on Aug. 18, thinking it was basically a rubber-stamp blessing of the existing arrangement.

But a funny thing happened on the way to the council meeting. Boynton Beach officials showed up in Briny Breezes with a contract proposal with a price tag that was 10 percent lower than Ocean Ridge's. And the offer came with a familiar deliveryman — Chris Yannuzzi.



Yannuzzi

Now a captain with the Boynton Beach Police Department, Yannuzzi started 2015 as Ocean Ridge's police chief and Briny Breezes' town marshal, then was forced to resign after a dustup with Ocean Ridge Vice Mayor Richard Lucibella.

If Briny Breezes signs a contract with Boynton Beach, Yannuzzi would return as the "point of contact" for the town and its marshal, Boynton Beach Assistant Police Chief Vanessa Snow told Briny Breezes' council members.

"I'm in a very unique position," Yannuzzi said.

"Every single person had a smile on their face," Snow said, when Boynton Beach officers learned about the possibility of policing Briny Breezes.

Snow and Yannuzzi presented Boynton Beach as the bigger and better-equipped alternative for Briny Breezes, with a full-time force of 155

sworn officers compared with Ocean Ridge's 16. Boynton Beach is a fully accredited agency, they told the council. Ocean Ridge is still working on accreditation. Boynton Beach's three-year proposal would cost Briny Breezes \$200,000 annually, compared with Ocean Ridge's contract of roughly \$221,000. Briny Breezes Town Attorney John Skrandel said he thought Boynton Beach's lower cost was derived from "economies of scale" that a larger agency could leverage.

It took Ocean Ridge only five days after the Briny Breezes surprise to come back with a counteroffer. During an Aug. 23 budget workshop, the Town Commission unanimously approved a proposal by Lucibella to sweeten the deal for Briny Breezes: How about a five-year contract, the first year at the current cost of about \$213,000, followed by four years of 4 percent annual increases to cover inflation?

"If they leave, they'll be back," Lucibella said. "They

matter to us. It's a great relationship. It's a good deal for us. We want to keep it that way. They don't want Boynton handling this."

Ocean Ridge police have covered Briny Breezes for most of the last three decades, except for a three-year window from 2007 to 2010 when Boynton Beach had the contract. Briny Breezes officials were unsatisfied with Boynton Beach's performance then and went back to Ocean Ridge.

But Yannuzzi and Snow say their department has undergone a "cultural transformation" in recent years under the leadership of Police Chief Jeffrey Katz. Yannuzzi told the Briny Breezes council that Boynton Beach has embraced "community policing that is much more citizen-focused" and upgraded personnel.

"I'm unbelievably impressed with the quality of the officers that came on board," Yannuzzi said.

Ocean Ridge Police Chief Hal Hutchins has countered

that his department is based entirely on the barrier island and doesn't have to contend with response time issues such as trains and drawbridges. Hutchins said there is a close link between Ocean Ridge and Briny Breezes, and that his officers think of it as policing a single town.

"We provide more than six patrols a day," Hutchins said. "We're part of this community. ... We consider Briny Breezes a continuation of Ocean Ridge."

Several Briny Breezes aldermen have privately complained about the rising costs of doing business with Ocean Ridge. Councilman Bobby Jurovaty said he encouraged Boynton Beach to come up with an offer and give the town a competitive choice.

Briny Breezes Council President Sue Thaler said the town will make that choice during a special budget meeting that begins at 5:01 p.m. Sept. 8. The new contract will take effect Oct. 1. ★

LETTERS: *The Coastal Star* welcomes letters to the editor about issues of interest in the community. These are subject to editing and must include your name, address and phone number. Preferred length is 200 words or less. Mail to 5114 N. Ocean Blvd., Ocean Ridge, FL 33435 or email editor@thecoastalstar.com.

Ocean Ridge

Town budget could target potholes and mosquitoes

By Dan Moffett

With Ocean Ridge enjoying steadily rising property values and a robust balance sheet, town commissioners think they are well-positioned to spend more on repaving streets, and also spraying against mosquitoes to allay concerns about the Zika virus.

The town's property values have risen about 7.5 percent over the last year, from about \$825 million to \$887 million.

In July, commissioners gave preliminary approval to a maximum tax rate of \$5.35 per \$1,000 of assessed value, the same rate as last year, and 7.2 percent above the rollback rate of \$4.99 per \$1,000 that would keep tax revenues flat.

This year's proposed \$6.62 million total budget has an increase in expenditures of roughly 8 percent over last year's, when the town had to transfer \$287,000 from its reserves to balance the books on the general fund.

The commission has decisions to make about capital projects, such as license plate recognition cameras that could cost about \$250,000 and a new media system in the Town Hall auditorium for perhaps \$30,000.

"The budget is a snapshot of our expectations for the year," Vice Mayor Richard Lucibella said during an Aug. 23 workshop.

Here's how that picture is coming into focus:

- Commissioners are supporting the idea of annually setting aside money in the capital fund to begin repaving streets. Mayor Geoff Pugh said the cost would be roughly \$100,000 per mile, and the town has about 16 miles to resurface. Pugh suggested doing the project incrementally by spending \$200,000 per year to finish all the paving in eight years.

- Commissioner James Bonfiglio said the town should consider expanding its insect

spraying efforts to fight off mosquitoes and the threat of the Zika virus. The town currently spends about \$62,000 to spray for no-see-ums and commissioners are considering boosting that to \$100,000. Bonfiglio proposed putting it in the budget for the next two years.

"We could have serious problem if the feds and state don't step up to the plate," he said.

- Several commissioners told Town Manager Jamie Titcomb they wanted to see more detail in the budget numbers, saying they wanted to ensure that there was enough transparency for the public to understand exactly where tax dollars are going.

"I shouldn't have to ask the question, 'What is this? How are you spending the money?'" said Pugh.

- Titcomb told commissioners they might want to consider hiring an in-house building inspector/engineer as a more cost-effective way of keeping up with the increase in home construction and renovation the town is enjoying.

"We've been growing exponentially," Titcomb said. Revenue from building permit fees is up 172 percent in the last year.

The commission has scheduled two public hearings on the proposed budget, for Sept. 12 and Sept. 21, each beginning at 5:01 p.m. ★

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Lantana

Balloons and sky lanterns banned in Lantana

By Mary Thurwachter

The Lantana Town Council wasted little time last month in approving an ordinance banning the use of balloons and sky lanterns.

"They litter up the beaches and turtles think they're jellyfish and eat them," said Mayor Dave Stewart. "They're not good for fish either."

The new law came to a vote after a representative of the Loggerhead Marinelife Center, a nonprofit sea turtle research, rehabilitation and education center in Juno Beach, approached the town to consider regulating the use of balloons and sky lanterns in the coastal community.

Florida's east coast is home to some of the most active sea turtle nesting beaches in the country. Deflated balloons resemble jellyfish, a common prey for sea turtles, and they cause serious harm or death when ingested.

Palm Beach also is considering a balloon ban. Lake Worth commissioners considered the ban, too, but stopped short of adopting the ordinance, concerned that it would have no consequences for violators and would create nuisance calls for the

Palm Beach Sheriff's Office.

Lantana council members were also concerned about what teeth the law would have.

Town Attorney R. Max Lohman said penalties would be dealt with through code enforcement.

"We don't have specific penalties," he said. "It would be up to a judge."

Stewart said a first-time offender would likely be given a warning.

People can still use balloons and sky lanterns for party decorations. They simply can't be released into the sky.

In other action, the council:

- Approved a fourth extension of a lease agreement with the Lantana Chamber of Commerce that allows the chamber to use the historic building at 212 Iris Ave. for \$1 a year.
- Approved an agreement with Ballard Partners Inc. for lobbyist services. Cost is \$5,000 per month through Sept. 30, 2017.
- Learned that there are so many sea turtle nests on Lantana's public beach this year that some of them are being moved farther south for a better chance at hatchling survival. ★

Lantana formulating a beach adoption procedure

By Mary Thurwachter

Tom Deringer — or more specifically his tire and car repair business — wants to adopt Lantana's public beach. But Deringer is finding that adopting the 745 feet of sandy shoreline isn't quite as easy as saying "come to papa."

The Lantana councilman shared his desire during a town meeting on Aug. 8.

"Palm Beach Tire Pros & Auto Repair wants to adopt Lantana beach," Deringer said. "I've been looking for an environmentally friendly project for us for a while."

That made him think of the beach, which he said needs cleaning.

"It's filthy over there," Deringer lamented. "Someone's got to clean it up. We'll have a cleanup party in October and then pay a beach keeper to keep it clean."

To acknowledge the effort, Deringer asked that two

company signs be placed at the beach entrances.

"We're just talking about 12-by-48-inch signs to give credit for it at the entrance to the beach," Deringer said.

His fellow councilmen had mixed feelings.

"I'm concerned about public perception," Mayor Dave Stewart said. He said he wanted to be sure it was ethical for a council member to get what might be considered free advertisement. "I can see people calling me saying that certain people get special treatment."

Stewart said he wasn't totally against beach adoption. "But it needs to be open to everyone," he said.

Council member Malcolm Balfour said he thought Deringer's idea was a noble one, but worried that there were already too many signs cluttering the small beach.

At the council's request, the town attorney weighed in on the subject at the Aug. 22 meeting.

"There do not appear to be any bright line prohibitions to a sitting council member's business being allowed to adopt the Lantana beach and provide beach cleaning services or receiving the recognition contemplated for doing so," Town Attorney R. Max Lohman reported. "However, it would appear that in keeping with other municipalities' best practices, it would be advisable for the Town Council to adopt a policy regarding this matter."

With that said, the council directed the town manager and Lohman to draft a policy, which would include a procedure for issuing a request for letters of interest, standards for selection, insurance and/or indemnification requirements, recognition-sign criteria and establishing the duration of any such sponsorship or adoption. The council would make final selections.

"I'm willing to go through the process," Deringer said. ★

No four-way stop sign for Hypoluxo Island

By Mary Thurwachter

A town-commissioned traffic study to see if a four-way stop sign was warranted at the intersection of South Atlantic Drive and Lands End Road on Lantana's Hypoluxo Island failed to yield the results many islanders sought.

The traffic study, conducted in July by Calvin, Giordano & Associates, concluded "the intersection did not meet the minimum volume or crash frequency threshold required by the Manual on Uniform Traffic Control Devices for the installation of a multiway stop."

Residents have been seeking a solution to speeding traffic on

the island, known for its rustic, Old Florida appeal.

As the study recommended, the town will add two speed limit signs on South Atlantic Drive before it intersects with Southeast Atlantic Drive.

A "no left turn" sign will also be installed at the intersection of South Atlantic Drive and Southeast Atlantic Drive.

Some islanders who appeared at the Town Council's Aug. 8 meeting didn't like when the study took place.

"The timing of the \$8,500 traffic study was poor," said Lyn Tate, treasurer of the Hypoluxo Island Property Owners Association and traffic calming committee chairperson. "It

would have been better in November or March," when more residents were on the island.

Town Manager Deborah Manzo said that if the study were done during those times, "counts would go up but percentages would be similar."

In May, Lantana police conducted a weeklong traffic slowdown program on the island. Citations and warnings were issued to drivers who broke the speed limit.

That program was deemed successful, town officials reported, and will be repeated several times during the year. ★

Obituary

Bruce Byron Wenzel

DELRAY BEACH — Bruce Byron Wenzel, 88, passed away at home Aug. 12.

He was born Oct. 26, 1927, in Milwaukee, the younger son of Irma

Bierer and Clarence Wenzel. A graduate of the University of Wisconsin, Mr. Wenzel spent 54 years as the proprietor of Mercer Wenzel, a family department store on Atlantic Avenue in Delray Beach.

He worked to improve the community through his involvement in Rotary, Chamber of Commerce, Community Chest and United

Way.

Mr. Wenzel loved playing tennis and was a longtime member of the Ocean Club, Delray Beach Club, Little Club and Quail Ridge.

He is survived by his children, Karen, Mark and Chris, and his grandchildren, Margaret, Kai and Kaeli Stenroos, and Karlanna and Britt Lewis.

A memorial service was held Aug. 15 at Church of the Palms in Delray Beach.

In lieu of flowers, contributions may be made to United Way or a charity of your choice.

— Obituary submitted by the family



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TRAIN

Continued from page 1

“No Trespassing” signs are posted. People are cited for trespassing.

But is that enough? Probably not.

Next summer’s expected start of the \$2.5 billion Brightline (previously All Aboard Florida) passenger rail service down the FEC tracks with trains running at speeds close to 80 miles per hour have ratcheted up the concerns.

Delray Beach Mayor Cary Glickstein worries that the new quiet zones being installed at the 11 FEC road crossings in the city will make it even more hazardous for people who walk across the tracks between crossings.

Train engineers now are required to blow their horns at vehicle crossings as a potential warning to people trying to scamper across the tracks. Once dual arm crossing guards are installed in each travel lane as part of a quiet zone, federal rail officials allow trains not to blow their horns. In an emergency, the engineer can still sound the train horn when vehicles or people are seen on the tracks.

“Quiet zones make the remaining tracks that much more dangerous,” Glickstein said. “Coupled with Brightline’s 32 trains a day traveling at much higher speeds than freight trains, it’s harder for people to judge how fast trains are traveling.”

He took his safety concerns to the Aug. 9 meeting that U.S. Rep. Lois Frankel held with mayors in her district. Glickstein asked for her assistance with the Federal Railroad Administration, which has jurisdiction over all railroad corridors. He also asked for her help with federal transportation grants for money to build pedestrian



Tri-Rail stations along the CSX tracks have fencing to control pedestrians. **Tim Stepien/The Coastal Star**

safety barriers.

“You are bisecting the heart and soul of this city,” the mayor has said.

Glickstein set up a meeting on Sept. 7 with Nick Uhren, head of the county’s Metropolitan Planning Organization; Ali Soule, Brightline spokeswoman; Michael Lefevre, Brightline operations planning manager; and Robert Ledoux, a vice president of FEC Railway.

Joining the mayor will be City Manager Don Cooper, acting City Attorney Janice Rustin and several employees from the city’s Environmental Services Department.

They will discuss pedestrian safety between the crossings, Glickstein said. Brightline trains will travel at speeds up to 79 mph between Miami and West Palm Beach, with the only county stop being West Palm Beach, Soule said.

In the second phase that will end in Cocoa Beach, the trains will reach speeds of 110 mph. The final phase will end in Orlando with trains traveling at 125 mph, she said.

Depending how that meeting goes, the MPO board may push for pedestrian barriers countywide along

the FEC tracks at its Sept. 15 meeting, Uhren said.

Death prompts new efforts

Safety advocate Patrick Halliday also is concerned about the pedestrian fatalities. As vice chairman of Human Powered Delray, he promotes biking and walking safety.

“I wanted to make an issue out of it,” he said of the Boca Raton woman who was struck and killed in early August while crossing the Delray tracks to take a shortcut to a restaurant on the west side.

The woman and her husband had dined at Johnnie Brown’s and left about 9:30 p.m. and headed to Bru’s Room across the tracks.

She fell about 50 feet north of Atlantic Avenue and was hit by a southbound freight train. Her husband died of natural causes the next morning, leaving behind a 17-year-old daughter.

“Imagine watching your wife die before your eyes,” Halliday said. “My heart is feeling pain for the daughter.”

He reached out last month to FEC’s Ledoux, who agreed to meet with Delray Beach officials.

Halliday would like to see

County has most deaths

• Palm Beach County, nearly 45 miles long, ranks highest in the state for pedestrian deaths between railroad crossings. Of the 33 people killed statewide in 2015, seven died in Palm Beach County, ranking it first for what’s called “trespasser deaths.”

• On the FEC tracks, Palm Beach County ranked first in 2015 with five of 12 pedestrian deaths statewide. The previous year, the county and Miami-Dade County each had four deaths among a total of 12 statewide.

• Since 2014, the FEC corridor has had the highest number of pedestrian deaths in the state for all rail lines. Last year, 12 of the 33 deaths were on FEC tracks.

• In Boca Raton, four people died along the FEC tracks in 2013, none in 2014, one in 2015 and one this year. Boynton Beach showed two deaths since 2013 — one in 2014 and the other on June 18.

• Delray Beach police report all deaths to the FEC police, who could not be reached.

Note: Suicides are not included in the federal data.

SOURCES: Federal Railroad Administration, local police departments

landscaped fencing along the tracks a block north and south of Atlantic Avenue to prevent people from walking across the tracks to save a few minutes.

By meeting with Delray Beach officials, FEC and Brightline representatives are showing willingness to listen to their concerns, Halliday said.

In a 2007 report, Northwestern University economics professor Ian Savage wrote, “Some courts have taken the view that railroads have a duty to ‘anticipate future trespass’ at locations where trespass occurs regularly, and to react to a ‘well-worn path’ crossing the railroad.”

In the report, *Trespassing on the Railroad*, he wrote that the railroad might be expected to put up “fencing to make people use nearby formal crossings.”

On the CSX tracks, the other major rail line that traverses the county, the

Florida Department of Transportation erected chain link fencing along most of the corridor to prevent pedestrians from taking shortcuts across the tracks.

FDOT bought the CSX tracks when the Tri-Rail commuter service started in 1988. The tracks also serve freight trains and the Amtrak national passenger service.

Certain areas of the fencing were vandalized by people who want to walk across the tracks to save time. The department will buy fencing that can’t be cut, said Bonnie Arnold, spokeswoman for the South Florida Regional Transportation Agency, which oversees regional transportation.

Whatever the outcome, Glickstein said, “We know that people will cross the tracks between crossings at great peril.” ★

Research provided by Michelle Quigley.

Delray Beach

Delray begins negotiations for new beach parking system

Delray Beach’s City Commission approved negotiating with two vendors to provide a smart parking system for the barrier island and the city’s two garages. The vendors are Parkeon and T2 Systems. The commission will approve the contract after reviewing their proposals.

The initial order will be 50 units, said Jorge Alarcon, new chief parking facilities administrator. The units can be solar-powered,

able to take a variety of payments, programmed to allow for residents’ discount by smartphone or offer a discount code to those without smartphones, and even notify the customer by text message when the parking time will expire.

Alarcon said his goal is to have the system in place when the beach master plan is nearly finished, sometime in December.

— Jane Smith



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10 Questions

MEET YOUR NEIGHBOR: Michele Wilde

Michele Wilde is a consummate planner. For the past 23 years she has worked at The Breakers in Palm Beach, where she now serves as director of conference services and event sales, handling hundreds of conferences, weddings and special events each year.

"I'm obsessively organized," said Wilde.

She and her team produce conferences and events for groups ranging from 20 to 1,500 people. When planning weddings and parties, they pool their creative talents to come up with interesting themes.

One of Wilde's favorites was a railroad theme, which was a nod to Henry Flagler, the railroad magnate who founded The Breakers in 1896. As the guests came into the ballroom, it was like entering a railcar. The windows were actually video monitors that showed scenery passing by, and the "train" made stops in foreign cities, with a food course and entertainment specific to each location.

"We've done miraculous things here," said Wilde. "It's the fun part of our job."

Besides the creative aspect, what Wilde likes most about working at The Breakers, which has remained in the hands of Flagler's heirs since its inception, are the company's values and ethics and the expectations.

"They permeate our culture and really make such a wonderful work environment," said Wilde. "This is a place that people love, and they give it their all, so it makes you work harder every day."

One of the core values of the company is giving back to the community, and a number of volunteer activities are made available to all of its employees.

It was this volunteer commitment of the company that inspired Wilde to get more involved in charity work. About four years ago, she became a volunteer for Dress for Success Palm Beaches, an organization that provides professional clothing and job readiness programs for women referred from more than 70 agencies in Palm Beach County, helping them re-enter the workforce and rebuild their lives.

"It's an incredible program," said Wilde, who does mock interviews with the women during weekly training sessions, and then provides their mentors with feedback on each interview.

Since it was founded in 2010, Dress for Success Palm Beaches has served more than 2,400 women and has been very successful in securing jobs.

"It's very rewarding working one-on-one with these ladies and helping them get ready for their next step," said Wilde. "Once you do it, you realize what a difference you're going to make for somebody by being generous with your time."

She is on the organization's board of directors and chaired its Style for Hope luncheon last year at the Kravis Center. It's held every March and helps to raise awareness, which is something that Wilde wants to focus on more.

For the past three years, Wilde also has served on the board of the Palm Beach Chamber of Commerce, and was named vice president this April.

Wilde got her start in the hotel business working as a lifeguard at the Cherry Hill Inn in Cherry Hill, N.J., during her college summer breaks. She was promoted to reservations, then the front office and then to the sales office.

She came to Florida in her 20s for the warm climate, and because her grandparents were living in the Pompano Beach area. She worked at the Boca Raton



Michele Wilde is a volunteer for Dress for Success, a group that provides professional clothing and job readiness programs for women re-entering the workforce. Wilde helps women hone their interviewing skills. **Lila Photos**

Resort & Club, and then at the Sheraton Design Center in Dania Beach, where she met her husband, Darrell. She was working as a catering and conference manager and he was a banquet manager.

He would set up a wooden table for her in the ballroom that he was preparing, and she would sit there and write her contracts. They would work until all hours of the night.

"Hospitality people think alike," said Wilde. "We have a great work ethic; we love people and love the pace. It takes a specific person. We both have a passion for it."

Wilde and her husband, currently general manager of Wycliffe Country Club in Wellington, settled on Hypoluxo Island in Lantana, where they reared their two children, Max, 23, and Gabrielle, 21.

Wilde's grandmother, now 98, still lives in the Pompano Beach area and swims every day. Wilde visits her every Saturday and takes her food shopping and does a little work for her at her place. Sometimes they hang out at the pool.

"She's my buddy," said Wilde.

So how does this hotel executive manage to balance job, family, friends and volunteer work?

"My biggest challenge is scheduling," said Wilde. "Finding more hours, but I tend to make it work.

"I use my calendar religiously. I plug in all the things that are important to me personally, and I plug in my work responsibilities. For something that's important, I schedule the time."

— Marie Puleo

Q. Where did you grow up and go to school? How do you think that has influenced you?

A. I grew up in Cinnaminson, a small town in New Jersey just outside of Philadelphia. I learned simple, hometown values that continue to serve as my foundation, and a balance to my work environment in the luxury market. My background and family also keep me grounded amidst the pressure of my career.

Q. What professions have you worked in? What professional accomplishments are you most proud of?

A. I was briefly in retail, but my career has primarily been immersed in hospitality.

I am extremely proud of my team when we work together on large, logistically intricate, hotel-wide events. I love when we come together to achieve success and are able to raise the bar, which ultimately impacts our guests.

My corporate team has been with me collectively over 100 years! They are

experts in their field, and work with the most discerning clientele. They are dedicated to their discipline and are true partners and advocates to their client's event success.

This summer, The Breakers was fortunate to host an elaborate and iconic wedding industry event with preeminent planners, vendors and colleagues. Our event sales team rose to the challenge, planning crave-worthy events and experiences from coffee breaks to the chandelier-filled gala.

Q. What advice do you have for a young person selecting a career today?

A. When you decide on a career, do what you love with people who inspire you. Dedicate yourself — heart and soul — to it. And take time to volunteer; it instills a sense of perspective, humanity and awareness about what is really important in life.

Q. How did you choose to make your home on Hypoluxo Island?

A. My husband found the neighborhood while driving to work in Palm Beach from our house in Boca. We still feel lucky to have found this little gem tucked away in east Lantana.

Q. What is your favorite part about living on Hypoluxo Island?

A. The privacy, the nature and my neighbors.

Q. What music do you listen to when you need inspiration? When you want to relax?

A. It's not unusual to find me listening to old school classics like Tom Jones or Louis Armstrong.

Q. Do you have a favorite quote that inspires your decisions?

A. "A party without cake is just a meeting." — Julia Child. Life and gatherings are centered on food. Breaking bread is best done with family and friends. Enjoy, have fun and always find an opportunity to *wow!*

Q. Have you had mentors in your life? Individuals who have inspired your life decisions?

A. My husband is very driven, very loyal and very dedicated to his family. He is an amazing partner and strong core of our family. He is smart, well-read, a life learner, and has a great sense of humor. I can always count on him to be thoughtful and honest in his advice.

Q. If your life story were made into a movie, who would you want to play you?

A. Sandra Bullock or Cher.

Q. What's your favorite cause/charity and why?

A. Dress for Success Palm Beaches has been an incredible blessing in my life. In addition to providing business attire for women in the program, we also provide professional development. I provide career coaching for women in their quest to re-enter the workforce. Through programs at Dress for Success, we help clients realize and identify their strengths and self-worth. By offering love (sometimes tough love), attention, whatever it takes, we help them gain confidence. It is a hands-on, emotional and human partnership — I share their success and gratitude. It is very rewarding.

To find out more about Dress for Success Palm Beaches, visit palmbeaches.dressforsuccess.org.

Business Spotlight

Boca Raton a top city for startups, survey finds

In a WalletHub study on the best small cities to start a business, Boca Raton ranked 56th out of the 1,268 small cities that were analyzed. The study noted that Boca Raton tied with five other Florida cities for having the highest number of startups per capita.

Acknowledging small businesses and this entrepreneurial spirit, the Boca Chamber of Commerce is launching its newest workshop: the **Small Business Exchange**. The new program aims to assist in the growth and success of small-business owners by bringing them together to discuss challenges they face and brainstorm solutions. The Small Business Exchange will take place on the third Tuesday of the month.

Roxana Scaffidi, CEO and founder of FL-Accounting & Advisers, is the official sponsor of the event. The first meeting is 8:30 to 10 a.m. Sept. 20 at the Renaissance Hotel Boca Raton, 2000 NW 19th St. Admission is \$35; seats are limited.

To participate, contact Chasity Navarro, Boca Chamber events manager, at 395-4433 or email her at cnavarro@bocachamber.com.

Highland Beach resident



Rodriguez

Barbara Rodriguez, director of national accounts for Eau Palm Beach Resort & Spa, was elected

to the board of directors for the nonprofit organization Aid to Victims of Domestic Abuse.

There is some new commercial activity in Delray Beach, reports Roxanne Register, vice president of leasing and sales at Katz & Associates.

The storefront at 417 E. Atlantic Ave., previously the longtime location of Lady Katy, was leased to LF Stores, which will open this fall with fashions for young women. With a signed lease, Sport Clips

Haircuts will open at Harbor Plaza on the northeast corner of U.S. 1 and Linton Boulevard in the fourth quarter this year. A Sprinkles ice cream store also will open at this location during this time frame.

In July, **Francis and Dolores Mennella** bought a 20,712-total-square-foot estate, Villa Oceano Azul, at 1400 S. Ocean Blvd. in Manalapan, for \$25.2 million from 1400 S. Ocean LLC, an affiliate of West Palm beach-based Carnegie Hill Development Corp., which is led by **Stewart A. Satter**.

The new ocean-to-lake home on 1.85 acres, with seven bedrooms, nine bathrooms and four half-baths, was completed in January. It features 205 feet on the ocean, beach access, and a 1,234-square-foot guest house.

Francis Mennella is the president of Valley Tool & Plastics in Saylorsburg, Pa. Satter is the CEO of Consumer Testing Laboratories. He bought the Manalapan property in 2010 for \$6.8 million. Listing agent was **Pascal Liguori** of Premier Estate Properties.

"This was a record price for this year in Manalapan," he says.

Philip Smith and Carla Ferreira-Smith, agents with Luxury Resort Portfolio, represented the buyer. The Benedict Group designed the two-story home, and Dale Construction built it.

In August, a company controlled by Finnish businessman and developer **Markku Ritaluoma** sold an Intracoastal Waterway home at 485 NE Spanish Trail, Boca Raton, for \$6.24 million. Ritaluoma paid \$5.45 million for the two-story, five-bedroom, 7,300-square-foot house in 2008, a year after it was completed. The buyer, 485 Spanish Trail LLC, which lists a Highland Beach address, is controlled by **Elena Butenko**. Bomar Builders developed the home. Corcoran agent **Jennifer Kilpatrick** was the listing agent. It was listed for



Villa Oceano Azul fetched a \$25.2 million sales price this summer. It was a record price for a house in Manalapan. The ocean-to-lake estate features seven bedrooms, nine bathrooms, four half-baths and a 1,234-square-foot guest house. **Photo provided**

\$7.89 million in September.

Palm Beach Habilitation



Lofaso



Santoro



Underwood

Center has made the following appointments to its board of directors: **Dennis J. Geraghty**, former COO of Mediafeedia;

Anthony M. Lofaso, financial consultant with Palm Planning Group; **Melissa Santoro**, legislative assistant to Florida Sen. Jeff Clemens, and **Jacqueline Underwood**, community relations specialist with external affairs and economic development, Florida Power & Light Co.

Completely renovated by **Gregory Bonner** of B1 Architects and decorated by **Marc-Michaels Interior Design**, the home at 1370 S. Ocean Blvd. in Manalapan was listed in August by **Jack Elkins**, an agent with the Fite Group, for \$48.9 million.

The 29,862-square-foot home on three acres has nine

bedrooms, 11 bathrooms and five half-baths.

It was built for Generoso Pope in 1972, and according to public records, is currently owned by EB ESM31 LLC, a company managed by Edward M. Brown, CEO and co-owner of Patron Spirits, the maker of tequila, rum and vodka.

With 300 feet of waterfrontage on both the ocean and Intracoastal, the modern Balinese-style home is stunning, Elkins says. He finds the "super exotic car salon," at the front of the property, amazing with a bar, family room and parking for the owner's sports cars.

As part of a \$20 million renovation project, **Harbour's Edge**, a senior living community at 401 E. Linton Blvd., has completed its new media room, with video, conference and business centers and new computer technology.

The final phase of the community's renovation project is expected to be completed later this year and will include a transformation of the fitness and wellness areas, and an upgrade of the interior design throughout the main common areas.

Wow Wellness Center at Hanna Healing Arts Studio, 5821 N. Federal Highway, Boca Raton, which celebrated

its grand opening in August, will present Wow Health Style, a fashion show and photo shoot followed by networking, makeovers, massage and more, from 7 to 10 p.m. Sept. 8. For information, call 866-376-0632.

At **The Wellbeing Space**,



Balbiers

717 E. Palmetto Park Road in Boca Raton, **Lissette Balbiers** is offering her "Lighten Up Corporate WellBeing

Program," which is designed for corporate employees. The program addresses the effects of stress and how to alleviate them through relaxation techniques, breathing exercises, meditation, nutrition, lifestyle choices and exercise. For more information, call 954-478-8298.

In September, **Feeding South Florida**, a food bank that serves Palm Beach, Broward, Miami-Dade and Monroe counties, is taking part in a nationwide initiative, Hunger Action Month.

Throughout the month, it will offer events and activities to encourage South Florida residents to get involved in hunger relief efforts.

"Currently, our biggest need is funding," said **Paco Vélez**, CEO of Feeding South Florida.

Delray Beach

Atlantic Crossing developer appeals dismissed claims

By Jane Smith

The proposed Atlantic Crossing project sits in two courts.

Edwards Cos. of Ohio is appealing the two monetary claims against Delray Beach that the federal court dismissed in July. The developer also will litigate the remaining claims that were sent back to the state court.

"We are committed to keep Atlantic Crossing moving forward, and to reach final resolution of all litigation to preserve our property rights," said Don DeVere, Edwards' vice president.

The appeal was filed on Aug. 24.

The developers were seeking more than \$25 million from the city to cover their costs for the 9.2-acre project.

"The dismissal was comprehensive and well-reasoned by a highly respected judge," said Delray Beach Mayor Cary Glickstein. "It's unfortunate the developer prefers spending on multiple lawyers rather than working with the city and creative planners to produce a safe and functional development plan that could move forward."

The proposed Atlantic Crossing project sits at the main intersection in the city's downtown — the northeast corner of Federal Highway and Atlantic Avenue.

The \$200 million mixed-use project was proposed by a partnership between Edwards Cos. and Ocean Ridge resident Carl DeSantis. Edwards bought DeSantis' share in June for \$38.5 million. But both would

share in the proceeds if the federal case is decided in favor of the developers.

The development team sued Delray Beach in June 2015, claiming the city has not certified its site plan that was approved in November 2013 and affirmed by a previous City Commission in January 2014. Last October, the lawsuit was moved to federal court. ★

“While we offer volunteer and food drive opportunities, for every \$1 donated to Feeding South Florida, we can provide six meals. For Hunger Action Month, Feeding South Florida has set up a ‘virtual food drive’ so anyone can help.”

For more information about the food drive and other volunteer opportunities, visit feedingsouthflorida.org or call 954-518-1818.

Wendy Mendez, board-certified physician assistant, has joined Steiger Facial Plastic Surgery in Boca Raton. Mendez has over 20 years of experience as a physician assistant.



As part of the Why Courts Matter series, **Nancy Abudu**, legal director for the ACLU of Florida, will speak on “How Judicial Vacancies Impede Access to Justice” at 11 a.m. Sept. 21. The talk will be held at Atlantis Country Club, 190 Atlantis Blvd., Lake Worth. The cost is \$20 and rises to \$30 after Sept. 11. Register online at lwvpsc.org.

Through **Flavor Palm Beach** during the month of September, visitors and locals have the opportunity to experience discounted prix fixe menus at more than 50 county restaurants. Three-course lunches are priced at \$20 and dinners are priced from \$30. For information on participating restaurants and menus, visit flavorpb.com. Reservations made through the site will benefit the Palm Beach County Food Bank.

Dr. Frank D. Vronis was appointed director of the Boca Raton Regional Hospital’s Marcus Neuroscience Institute. He will assume his new duties Oct. 1.



Delray Medical Center hosted an event to celebrate the completion of 100 transcatheter aortic valve replacement procedures. The hospital started performing the treatment option in January 2015. The procedure benefits individuals who are not suitable candidates for traditional open-heart surgery.

The **Institute for Regional Conservation** will hold a Beach Restoration/International Coastal Cleanup event from 9 a.m. to noon Oct. 1 at the Delray Beach municipal beach across from the Delray Beach Marriott. Volunteers are needed to help with planting native species and picking up trash. To volunteer, call Cara Abbott at 305-304-6610 or email her at abbott@



LEFT: Delray Medical Center’s transcatheter aortic valve replacement team is (l-r) registered nurse Jennifer George; Dr. Brijeshwar Maini, interventional cardiologist and regional medical director of transcatheter therapies; Dr. Brian Bethea, cardiac surgeon and regional medical director of cardiovascular surgery; advanced registered nurse practitioner Kathy Malcolm-Bouza; and registered nurse Amanda Fernandez. **RIGHT:** Michael Richman, the 100th TAVR patient, and his wife, Adrienne. **Photos provided**



regionalconservation.org

During the Palm Beach County Chapter of the Florida Native Plant Society’s annual **Native Plant Garden Tour**, from 10 a.m. to 3 p.m. Oct. 2, visitors can view six area gardens landscaped with

Florida native plants. The cost is \$10 per person and free for children younger than 13. For information, call 247-3677 or visit palmbeach.fnpschapters.org.

The **Greater Boynton Beach Chamber of Commerce’s**

Harvest Fest, from 10 a.m. to 5 p.m. Sept. 24-25, will feature children’s activities, live music, craft vendors, local food trucks and a car show. It will be held at the Boynton Beach Mall’s east parking lot in front of JC Penney and the food court.



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Tots and Teens
Atlantic High unveils old football statue. Page H12

Outdoors



Capt. Clay Brand poses in front of a mural at Capt. Clay & Sons Seafood Market in Delray Beach with a lionfish that he speared. He harvests a variety of seafood for his market, including lionfish. **Tim Stepien/The Coastal Star**

MARKETING a savory menace

By Willie Howard

Seafood markets hawk invasive lionfish to help control the impact on Florida's native fish

Lionfish are so well established in Florida waters that scientists have conceded that the non-native fish with venomous spines are here to stay. The goal now is controlling their spread.

The invasive fish with maroon and white stripes — native to the South Pacific and Indian oceans — steals food from Florida's native fish and eats their young.

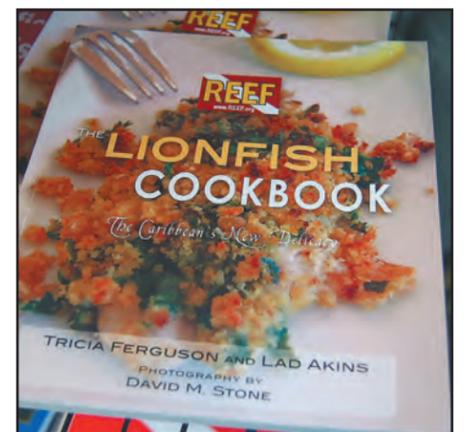
Harvesting contests such as the Gold Coast Lionfish Derby held in June at the Waterstone Resort & Marina in Boca Raton put a dent in lionfish populations, giving the reefs a break.

And growing awareness about the lionfish problem is helping to control them in another way. Consumers are eating more lionfish, making them more valuable to divers who sell them to fish markets. Conservation-minded shoppers and diners understand they can help control a problem on Florida's reefs by eating a fish with a delicate white meat.

"The fact that everybody's enjoying eating them and the price is going up is a good thing," said Capt. Clay Brand, owner of Capt. Clay & Sons Seafood Market in Delray Beach, who has offered lionfish at his market for about six years.

Brand pays divers \$5 a pound for whole lionfish and sells

See LIONFISH on page H8



The Lionfish Cookbook by Tricia Ferguson and Lad Akins has recipes for lionfish entrees and appetizers. Proceeds of the book, which sells for \$16.95, go to lionfish research and removal programs.



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Finding Faith



Residents of The Tradition of the Palm Beaches, the senior residence on MorseLife's Katz Seniors Campus, participate twice a year in the Homebound Mitzvah Program, as part of their commitment to giving to people less fortunate. From left: Rosalie Shapero, Hal Bogdanoff, Sylvia Mandell, Carolyn Paterson, Yetta Pearlman and Minnie Grosman. Photo provided

Mitzvah program brings High Holidays to homebound seniors

By Mary Thurwachter

Not everyone who wants to experience the joys and traditions of the High Holidays is able to do so. With them in mind, MorseLife Health System Homebound Mitzvah Program will come to the rescue of Jewish homebound seniors on Sept. 29.

The High Holidays begin with Erev Rosh Hashanah on Oct. 2 and continue with Yom Kippur beginning on Oct. 11 and ending at sundown on Oct. 12.

The mitzvah program, financed through community philanthropists and a grant from the Jewish Federation of Palm Beach County, relies on 400 volunteers to prepare Homebound Mitzvah Program packages for delivery throughout the county, including the coastal communities between South Palm Beach and Boca Raton.

"I know of no other organization that does this here," said Greg Goodman, a spokesman for MorseLife. "We are the only ones that deliver free packages that include not only kosher meals and wine, but also prayer books and DVDs of services led by Rabbi Alan Sherman, chaplain at MorseLife, along with caring volunteers who spend quality time with recipients. In fact, organizations that serve seniors, including independent and assisted living residences, synagogues, the county jail and others, rely on us."

The program has been around since 1987. It was founded by Marilyn and Stanley Katz, who had nurtured a similar program in New York.

"The challenge for many of our community's seniors is the passing of loved ones and friends, or the distance they are from their children, and this is particularly evident over the holiday," said Linda Sevich, MorseLife's director of community services. Sevich has been in charge of the program since it began.

"It has been such an honor for us to be able to bring the joys and traditions of the Jewish New Year to them on what could be the loneliest time of the year for them. It is truly a beautiful mitzvah."

MorseLife also delivers kosher meals-on-wheels year-round, a program that has been around for almost 20 years.

Mitzvah volunteers will meet on Sept. 29 to make deliveries at Temple Torah at 8600 Jog Road in Boynton Beach and on the MorseLife Campus at 4847 Fred Gladstone Drive, off Haverhill Road in West Palm Beach.

Anyone interested in volunteering — or receiving packages — should call Sevich by Sept. 18 at 282-5388.

Janis Fontaine, who writes about people of faith, their congregations, causes and community events, is taking a month off. Contact her at janisfontaine@outlook.com.

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Religion Calendar

Note: Events are current as of 8/26. Please check with organizers for any changes.

SEPTEMBER 3

Saturday - 9/3 - Catholic Grandparents Meeting at Ascension Church, 7250 N Federal Hwy, Boca Raton. All welcome. 1st Sat 10-11:30 am. Free. 289-2640; diocesepb.org

SEPTEMBER 4-10

Monday - 9/5 - Monday Morning Women's Bible Study at First Presbyterian Church of Delray Beach, 33 Gleason St. Every M 10-11:30

am. Free. 276-6338; firstdelray.com
9/5 - Women's Bible Study at Seacrest Presbyterian Church Conference Room, 2703 N Swinton Ave, Delray Beach. Every M 10 am. Free. 276-5633; seacrestchurch.com
Tuesday - 9/6 - Lectio Divina (Divine Prayer) at St Paul's Episcopal Church, 188 S Swinton Ave, Delray Beach. Traditional Benedictine practice of scriptural reading, meditation, prayer. Every T 9-10 am. Free. 276-4541; stpaulsdelray.org
9/6 - First United Methodist Church of Boca Raton Pub Theology at Biergarten, Royal Palm Place, 309 Via de Palmas #90. Conversation, fellowship, open discussion. 1st T

& 3rd W 7 pm. 395-1244; fumcbocaraton.org
9/6 - Rector's Bible Study at St. Paul's Episcopal Church, 188 S Swinton Ave, Delray Beach. T 10:30 am & Th 7-8:30 pm. Free. 276-4541; stpaulsdelray.org
Wednesday - 9/7 - St. Paul's Episcopal Church Bible Study at Panera, 1701 S Federal Hwy, Delray Beach. Read, discuss upcoming Lesson and Gospel readings. Every W 8-9 am. Free. 276-4541; stpaulsdelray.org
9/7 - Wonderful Wednesdays at First Presbyterian Church, 33 Gleason St, Delray Beach. All ages. Every W 5:45 pm dinner; 6:30 pm program. \$7/adult; \$5/child; \$20/max per family. Reservations: 276-6338; firstdelray.com
9/7 - Rector's Bible Study at St Gregory's Episcopal Church, 100 NE Mizner Blvd, Boca Raton. Every W 6 pm supper (soup & salad, donation requested); 7 pm Bible study (free). 395-8285; stgregorysepiscopal.org
Thursday - 9/8 - Prayer Circle at Trinity Lutheran Church Courtyard, 400 N Swinton Ave, Delray Beach. Every Th 8:05 am. 278-1737; trinitydelray.org
9/8 - Men's Fellowship at First Presbyterian Church of Delray Beach, 33 Gleason St. Every Th 8:30 am. Free. 276-6338; firstdelray.com
Friday - 9/9 - Women's Bible Study Group at St. Gregory's Episcopal Church Youth House, 266 NE 2nd St, Boca Raton. Every F 9:15 am. Free. 395-8285; stgregorysepiscopal.org
9/9 - Couples' Bible Study Group at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Childcare available upon request. Every F 7-9 pm. Free. 395-1244; fumcbocaraton.org

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SEPTEMBER 11-17

Thursday - 9/15 - Dr. Joel Hoffman: The Bible Doesn't Say That at Congregation B'Nai Israel, 2200 Yamato Rd, Boca Raton. Talk, discussion, dessert reception, book signing. 7:30 pm. Free/member; \$25/non-member; \$18/student w/ID. 241-8118; cbiboca.org
Friday - 9/16 - Parents of St. Gregory's at St. Gregory's Episcopal Church, 100 NE Mizner Blvd, Boca Raton. Potluck dinner, topic discussion (targeted to young parents with children ages 2-13), group feedback, childcare available. 3rd F 6-8 pm. Free. 395-8285; stgregorysepiscopal.org

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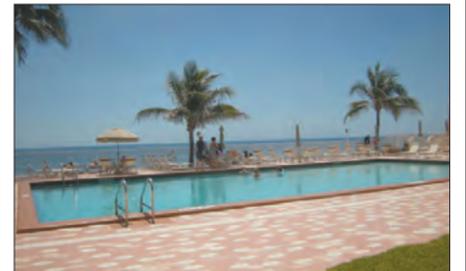
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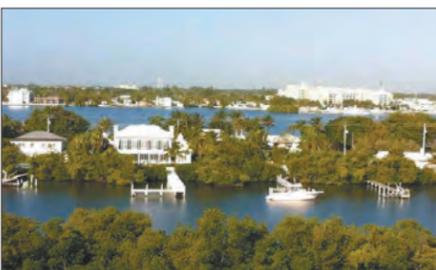
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Health & Harmony

Garden adventures give children an appreciation of fresh food

Adults would call it weeding, but for the group of children at Gray Mockingbird Community Garden in Lake Worth, it was more like playing in the dirt: pulling up stuff, eating other stuff and finding lizards and frogs. Adults would call it learning about how food is grown. The kids called it fun.

"This just fits so nicely," said Hannah Mayo, who organized a group of homeschool children and their parents to plant their own plot at the garden. "They can learn botany and they love doing it."

Some families in this group have gardens at home too, so most of the kids are used to tasting just-picked broccoli and other fresh veggies.

Johana Castillo shows them purslane, which has a small round spongy leaf that can be eaten raw in salads and cooked in a number of ways. Everything else except the cucumbers they are growing goes into buckets, headed for the Gray Mockingbird compost pile. Brian Kirsch, Gray Mockingbird founder, delivers a wheelbarrow full of mulch to discourage the next crop of weeds.

Many children can reach high school without realizing that food does not grow in shrink-wrapped Styrofoam trays. Laura Durso, who teaches cooking and nutrition to children, asks them to describe various fruits and vegetables to others in the class.

"One girl got a sweet potato and didn't know what to say about it," reported Durso, of Greenacres.

Seth Mayo, 7, knows how to cook scrambled eggs. His family eats together every day, joining their grandparents at least once a week.

Eating together as a family is a very important tool for teaching children nutrition, says Carol Sherman, a Boca Raton dietitian and diabetes counselor.

"Family meals tend to be more balanced and healthy, and it helps to model what healthy eating looks like at the family table," she says.

Durso, who was taught to cook by her mother and has run a restaurant, designed her kids' cooking classes around first lady Michelle Obama's "My Plate" nutrition program to improve nutrition among children. "My Plate" devotes half of each meal to fruits and vegetables, with the other half divided between protein and whole grains.

With the teen girls, Durso concentrated on portion control, and at the end of the program the girls prepared a meal together.

"They were really into it, talking to each other. They recognized that it was also social time for them," Durso says.

She showed the younger children how to create a "gourmet bouquet," arranging



cut vegetables in a flower pot.

"There was one little girl who had never eaten a vegetable," said Durso. "Her mom was thrilled that she tried different things, like quinoa-stuffed pepper."

She also challenged expectations, for example, toasting chickpeas with sugar and cinnamon instead of savory spices. On another occasion, the class made freezer ice cream out of pureed carrots and cream. Close to Christmas, the class made "Grinch skewers," with green grapes for the body, banana slices for the face and a red strawberry for the hat.

Durso had her own two children (now grown) participate in meal preparation and at least take a bite of any new food at a meal.

Durso's cooking lessons with at-risk teenage girls had at least one positive result that had no direct connection to nutrition.

"After the first week, one girl said, do I have to come back and I said, it's voluntary. She stayed away then came back the fourth week. When they cooked

together, she was the first one in the kitchen."

Durso is now working with an art teacher on an "art you can eat" project and hopes to add table etiquette to her other courses.

"I want them to sit still while they're eating," said Durso. "It opens up an opportunity to talk, it makes people open up."

Durso, who runs a bookkeeping service, always made sure to wrap her workday around her children, right through high school. That practice leads to the other benefit of eating together.

"When you sit down to dinner, you find out what's going on, you get the gist of their day," said Durso.

"Good habits start early," said Sherman, who has a master's degree in public health. "If you feed kids baloney and hot dogs and goldfish crackers, you can't expect that all of a sudden they are going to change what they are eating. You can start by substituting Cheerios or oatmeal with fruit instead of sweetened cereal."

is that it makes both children and adults more aware of how much they are eating and when they are full, says Sherman.

Mindful eating is eating without distraction, paying attention to physical hunger, sitting at the table rather than while watching TV. People typically eat more than they think under distracted conditions, says Sherman.

Sherman also favors the "plate" method of meal planning, and she suggests gradually "leaning in" to nutrition, rather than making big changes abruptly.

"Start with one part of the plate. If your child can't give up chicken fingers, leave them on the plate, but add carrot sticks, a stir fry or roasted vegetables, something that's kid-friendly, like melting cheese on the broccoli."

And don't give up, or give in, too soon.

"Psychologists say it takes about four months before something becomes a habit," says Sherman. "It's also good to change the language used about food. Rather than talking about deprivation, put it in a more positive light."

Diet habits of a lifetime — even a child's lifetime — are changed gradually, says Sherman.

"Set small goals. If you think you're eating too much sugar, start on that. You can serve fish or eat a vegetarian meal once a week, rather than just saying we're not eating any animal protein."

To determine if you are really hungry, and not just bored or restless, Sherman says, "Ask yourself, am I hungry enough to eat an apple now? If the answer is no, you're probably not that hungry."

With the weeding finished in short order, Kirsch encourages the children to taste muscadine grapes, Barbados cherries and an impressive bunch of bananas, all growing in the garden. As the year rolls on, there will be more fruits and vegetables to taste, including the cucumbers they grew.

Seth Mayo tries a banana, straight off the tree. Nodding and chewing, he declares his judgment: "Pretty good!"

For more information about My Plate, visit www.choosemyplate.gov.

For more information about Gray Mockingbird, its activities and the weekly farmer's market, visit www.graymockingbird.com.

To schedule a cooking class for children, contact Laura Durso at ldurso5@gmail.com.

Lona O'Connor has a lifelong interest in health and healthy living. Send column ideas to Lona13@bellsouth.net.



ABOVE: A group of home schoolers and their parents weed the Gray Mockingbird Community Garden in Lake Worth. The group grows fruits and vegetables on the plot of land run by Brian Kirsch, the garden founder. **LEFT:** Kristen Litteken gives her daughter Ryker Litteken, 3, a cherry to taste. **Photos by Tim Stepien/The Coastal Star**

When Sherman started practicing 30 years ago, she rarely encountered children with Type 2 diabetes. Now it is considered nearly an epidemic — along with childhood obesity — and strikes hardest among African American, Mexican American, Native American and Asian American children.

"It's important to have healthy foods in the house," said Sherman. "When children are hungry enough, they will eat what's served."

The other problem, says Sherman, is parents modeling bad food choices to their children. "With so many parents on fad-type diets, that's not healthy eating, but that's what the children are seeing."

Sherman suggests that certain foods, like sugary soda pop, should be "out-of-the-house foods," not available routinely at home. But an outright ban on sugar only "makes it more attractive and leads to overeating."

Another advantage of eating at the table rather than in front of a gaming screen or television

Health & Harmony Calendar

Note: Events are current as of 8/26. Please check with organizers for any changes.

SEPTEMBER 3

Saturday - 9/3 - Saturdays @ Sanborn: Yoga Class at Sanborn Square, 72 N Federal Hwy, Boca Raton. 8:45 am registration; 9 am class. Free. 393-7703; downtownboca.org

9/3 - Qi Gong at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Improve flexibility, balance, muscle tone, energy, mental well-being. Adults. Every Sat 9 am. Free introductory class. \$40/month. Reservations: 419-5403; facebook.com/WestBocaTaiChi

9/3 - Yoga Class at South Palm Beach Town Hall, 3577 S Ocean Blvd. Every Sat 9:30 am. \$5/class. 588-8889; southpalmbeach.com

9/3 - Tai Chi/Chi Kung/Meditation Class at Delray Beach Community Center, 50 NW 1st Ave. Every Sat. Intermediate 9:30-10:30 am; beginner 10:45-11:45 am. Per class: \$15/resident; \$17/non-resident. 243-7250; mydelraybeach.com

9/3 - Yoga Class at Train Depot, 747 S Dixie Hwy, Boca Raton. T 6:30-8 pm; T/Th/Sat 9:30-11 am. 5 classes \$75/resident, \$94/non-resident; 10 classes \$130/resident, \$162.50/non-resident; 20 classes \$240/resident, \$300/non-resident. 477-8727; myboca.us

9/3 - Judo Class at Boca Raton Community Center, 150 Crawford Blvd. Warm-up exercises, instruction, practice, tournament training. W 6:30-8 pm (mixed ages & ranks), 8-9 pm (advanced); Sat 10 am-noon (all groups). Per month: \$21.50/resident; \$27/non-resident. 393-7807; myboca.us

9/3 - GriefShare at St. Vincent Ferrer Church, 840 George Bush Blvd, Delray Beach. Biblically based grief support group. Every Sat through Nov 10 am-noon. \$25/materials. 289-2542; stvincentferrer.com

9/3 - Yoga at the Beach at Red Reef Park West, 1400 N Ocean Blvd, Boca Raton. Register/get parking pass at Community Center, 150 Crawford Blvd. Class held on grass overlooking the Intracoastal. No cash accepted on-site. Sat 10-11 am. \$10/class, or 60-day membership (unlimited classes) \$65/residents, \$81.25/non-residents. 393-7807; myboca.us

9/3 - Capoeira Fitness at Sanborn Square, 72 N Federal Hwy, Boca Raton. Ages 12 & up. Every Sat 10:30 am. Free. 393-7703; downtownboca.org

9/3 - Zumba Class at South Beach Park Pavilion, 400 N State Rd A1A, Boca Raton. Every Sat 10:30 am. Free. 393-7703; downtownboca.org

9/3 - Chair Yoga at Unity of Delray Beach, 101 NW 22nd St. Every Sat 1 pm. Free. 276-5796; unityofdelraybeach.org

9/3 - CA (Cocaine Anonymous) at Unity of Delray Beach, 101 NW 22nd St. Every Sat 6 pm. Free. 276-5796; unityofdelraybeach.org

SEPTEMBER 4-10

Sunday - 9/4 - CODA (Codependents Anonymous) at Unity of Delray Beach, 101 NW 22nd St. Every Sun 6 pm. Free. 276-5796; unityofdelraybeach.org

9/4 - Yoga at the Beach at Red Reef Park East, 1400 N Ocean Blvd, Boca Raton. Register/get parking pass at Community Center, 150 Crawford Blvd. No cash accepted on-site. M/W/Sun 6:30-7:30 pm. \$10/class; 60-day membership (unlimited classes) \$65/resident, \$81.25/non-resident. 393-7807; myboca.us

Monday - 9/5 - Boca Raton Multiple Myeloma Support Group at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Meet and interact with fellow myeloma patients, their family members, friends. Learn new aspects of treatment and management of myeloma. 1st M 6:30-8 pm. Free. 901-5938; 637-4682; myeloma.org

Tuesday - 9/6 - Circuit Training: Workout for Mom at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Workout targets multiple muscle groups to build lean muscles. Modifications accommodate pregnant moms and beginner to advanced fitness levels. M/T/Th 8:30-9:20 am. 4 classes \$40-\$50; 8 classes \$70-\$88; 12 classes \$100-\$125, 15 classes \$125-\$156. 306-6985; fitmomboca@aol.com

9/6 - Adult Jazzercise Lo at Boynton Beach Civic Center, 128 E Ocean Ave. Dance workout targets 3 major muscle groups: upper body, abs, legs. M/T/F 9-10 am. 12 months \$39/month; 6 months \$49/month. \$25 membership fee. 400-1268; lisajar@comcast.net

9/6 - Get Fit Mom's Boot Camp at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Circuit-based workout incorporates cardio exercises, strength training, running drills, body weight resistance training, agility drills and core strengthening. M/T/Th 9:30-10:20 am. 4 classes: \$40-\$50; 8 classes: \$70-\$88; 12 classes: \$100-\$125, 15 classes: \$125-\$156. 306-6985; fitmomboca@aol.com

9/6 - Women's Issues Support Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every T 10-11:30 am. \$5/session.

483-5300; faulkcenterforcounseling.org

9/6 - Silver Sneakers Cardio Strength Sr. Gold Class at Personal Physician Care Community Center, 4800 Linton Blvd #F-111, Delray Beach. T&Th 10-11 am. \$5/class. 808-7743; ppcare.net

9/6 - Ageless Grace at Boca Community Center, 150 Crawford Blvd. Exercises for the brain, joint mobility, spinal flexibility; balance done with music, in a chair, barefoot. All fitness levels welcome. Every T&Th through 10/13 11 am-noon. Resident: \$60 1x/week, \$120 2x/week; non-resident: \$75 1x/week, \$150 2x/week. 393-7807; ci.boca-raton.fl.us

9/6 - Breastfeeding Support Group at Boca Raton Regional Hospital, 800 Meadows Rd. Every T noon -1:30 pm. Free. 955-5415; brhh.com

9/6 - Zumba Gold Fitness Class at Veterans Park, 802 NE 1st St, Delray Beach. Enhance quality of life through music and dance. Ages 50 & up. Th&F 9:30-10:30 am & T 3-4 pm. Per class: \$5/resident; \$6/non-resident. 243-7350; mydelraybeach.com

9/6 - Yoga with Cara at Lake Worth Playhouse, 713 Lake Ave. Slow, intuitive vinyasa flow class. Th 9-10:15 am & T 3:30-4:45 pm. \$15/class; \$60/5 classes. 586-6410; lakeworthplayhouse.org

9/6 - Community Consciousness with Marisol Yoga at Veterans Park, 802 NE 1st St, Delray Beach. T&Th 5:15-6:15 pm. \$5/resident; \$6/non-resident. 243-7350; mydelraybeach.com

9/6 - Al-Anon 12-Step Study at Unity of Delray Beach, 101 NW 22nd St. Every T 7 pm. Free. 276-5796; unityofdelraybeach.org

9/6 - Food Addicts' 12-Step Support Meeting at Unity of Delray Beach, 101 NW 22nd St. Every T 7 pm. Free. 276-5796; unityofdelraybeach.org

Wednesday - 9/7 - Fitness on the Beach at Delray Beach at Lifeguard stand North 1 across from the Marriott at 10 N Ocean Blvd. Bring a towel, plenty of water, a can-do attitude. Ages 18+. M/W/F 7:30-8:30 am. \$10/class. 502-523-0284; mydelraybeach.com

9/7 - SoulCore at St. Vincent Ferrer Church, 840 George Bush Blvd, Delray Beach. Contemporary 1-hour core workout paired with prayers of the rosary. M&W through school year 7:50 am. Free. 665-8566; stvincentferrer.com

9/7 - CPR Class (American Heart Association Heartsaver/AED) at Ocean Rescue Headquarters, 340 S Ocean Blvd, Delray Beach. Open to all Delray Beach residents, taught by AHA CPR-certified Ocean Rescue. CPR masks can be purchased for \$5 (recommended). Ages 12 & up. Every 1st W 9 am-12:30 pm. Free. 243-7425; mydelraybeach.com

9/7 - Yoga at Veterans Park, 802 NE First St, Delray Beach. Ages 18 & up. Every W 9-10:30 am. Per class: \$10/resident; \$15/nonresident. 243-7350; mydelraybeach.com

9/7 - Yoga Class at Boca Raton Community Center, 150 Crawford Blvd. M/W/F 9:30-11 am. 5 classes \$75/resident, \$94/non-resident; 10 classes \$130/resident, \$162.50/non-resident; 20 classes \$240/resident, \$300/non-resident. 477-8727; myboca.us

9/7 - Shared Care at Temple Beth El, 333 SW 4th Ave, Boca Raton. Interfaith respite program supported by Temple Beth El, St. Joan of Arc Catholic Church, and Grace Community Church. Every W 9:30 am-2:30 pm Sep-May. \$25/year. 391-8900; tbeoca.org

9/7 - Stretch at Delray Beach Tennis Center, 201 W Atlantic Ave. M&W 10-11 am. \$5/member; \$10/non-member. Registration: 243-7360; delraytennis.com

9/7 - First Wednesdays at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. 11 am-noon. Free. 483-5300; faulkcenterforcounseling.org

9/7 - Basic Exercise for Parkinson's Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Every W through 12/14. 11:30 am-12:30 pm. \$6/class. 367-7035; ci.boca-raton.fl.us

9/7 - Parkinson's Exercise Class at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Improve balance, flexibility, muscle strength. M 11:30 am-12:30 pm; W 2-3 pm. First class free. 8 classes \$32/resident, \$40/non-resident; 16 classes \$60/resident, \$75/non-resident. 347-3950; sugarsandpark.org

9/7 - Moving Forward for Widows & Widowers: Support and Discussion Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every W 1-2:30 pm. \$5/session. 483-5300; faulkcenterforcounseling.org

9/7 - Stretching The Mind, Stretching The Body at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Vamps, Arnis (hip circle), hand movements. Adults. Every W & F 1-2:15 pm through 12/30. \$6/class. 477-8814; myboca.us

9/7 - AA Big Book Study at Unity of Delray Beach, 101 NW 22nd St. Every W 5:30 pm. Free. 276-5796; unityofdelraybeach.org

9/7 - Divorced and Separated Support Group at Faulk Center for Counseling, 22455

Boca Rio Rd, Boca Raton. Every W 6-7:30 pm. \$5/session. 483-5300; faulkcenterforcounseling.org

9/7 - Tai Chi at First United Methodist Church, 101 N Seacrest Blvd, Boynton Beach. Led by Master William Merkle. Every W 6 pm. Free. 732-3435; fumcbb.com

9/7 - Family and Friends at Boca Raton Regional Hospital, 800 Meadows Rd. Basics of infant, child and adult CPR, relief of choking, child and infant one-person CPR. Held again 9/14, 21 & 24 (9-11 am). 6-8 pm. \$25. Registration: 955-4468; brhh.com

9/7 - Tai Chi Class at Boca Raton Community Center, 150 Crawford Blvd. Moving meditation for focus, concentration, release of stress, attention skills. Every W 6:10-7:10 pm (beginners); 7:10-8:10 pm (intermediate). 8 classes \$48/resident, \$60/non-resident; 12 classes \$66/resident, \$82/non-resident. 393-7807; myboca.us

9/7 - Belly Dance Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. All ages/abilities welcome. Every W through 10/12 6:30-7:30 pm. \$65/resident; \$81/non-resident. 367-7035; ci.boca-raton.fl.us

Thursday - 9/8 - Prosperity Coffee at Unity of Delray Beach, 101 NW 22nd St. Lessons in well-being, prosperity. Coffee/tea/goodies. 7-8 am. Free. 276-5796; unityofdelraybeach.org

9/8 - Silver Sneakers Zumba Sr. Gold Class at Personal Physician Care Community Center, 4800 Linton Blvd #F-111, Delray Beach. M&Th 11:30 am-12:30 pm. \$5/class. 808-7743; ppcare.net

9/8 - Night Line Dancing at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Every Th through 10/27. Beginner: 6-7 pm; High Beginner: 7-8 pm; Intermediate: 8-9 pm. \$50/resident; \$63/non-resident. 367-7035; ci.boca-raton.fl.us

9/8 - Chair Yoga for Everyone at Christine E. Lynn Women's Health & Wellness Institute, 690 Meadows Rd. 6-7:30 pm. \$15/session. 955-7227; brhh.com

9/8 - Yoga Class at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Every Th 6:30 pm. Free. 395-1244; fumcocaraton.org

Friday - 9/9 - Sunrise Beach Yoga Class on the beach across from Delray Beach Marriott 10 N Ocean Blvd. Every F 7 am. \$18/class. 396-9791; movement.yoga

9/9 - Flow Yoga Class at Lake Worth Playhouse, 713 Lake Ave. Slow intuitive vinyasa flow class. M&F 9-10:30 am. \$15/class; \$60/5 classes. 586-6410; lakeworthplayhouse.org

9/9 - Breastfeeding Support Group at Boca Raton Regional Hospital, 800 Meadows Rd. Every F 1-3:30 pm. Free. 955-5415; brhh.com

9/9 - Open AA Meeting at Unity of Delray Beach, 101 NW 22nd St. Every F 7 pm. Free. 276-5796; unityofdelraybeach.org

9/9 - Adult Ballroom Dance Class at Boca Raton Community Center, 150 Crawford Blvd. Instructor: Lee Fox. Singles and couples welcome. Every F through 10/7. Beginner (Rumba) 6:30-7:30 pm; Intermediate (Foxtrot) 7:45-8:45 pm. \$60/resident; \$75/non-residents 393-7807; myboca.us

Saturday - 9/10 - Aerial Silks Yoga for Expectant Moms at Hanna Healing Arts Studio/Defy Gravity Yoga, 5821 N Federal Hwy, Boca Raton. 90-minute introductory workshop; low to no impact workout in silk swings. Class limited to 15 moms. 2-3:30 pm. \$25. Register: 376-0632; wowhealthgroup.com

SEPTEMBER 11-17

Monday - 9/12 - Chi Kung & Meditation at Veterans Park, 802 NE 1st St, Delray Beach. All ages. Every M 9-10 am. Per class: \$15/resident; \$16/non-resident. 243-7350; mydelraybeach.com

9/12 - Yoga Class at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Every M 9:30 am. Free. 395-1244; fumcocaraton.org

9/12 - Tai Chi for Beginners at Veterans Park, 802 NE 1st St, Delray Beach. Every M 10-11 am. Per class: \$15/resident; \$20/non-resident. 243-7350; mydelraybeach.com

9/12 - Basic Exercise for Parkinson's Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Every M through 12/19 (no class 10/10). Noon-1 pm. \$6/class. 367-7035; ci.boca-raton.fl.us

9/12 - Exercise Class at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Every M 5:30 pm. Free. 395-1244; fumcocaraton.org

9/12 - Men's Issues Support Group at Faulk Center for Counseling, 22455 Boca Rio Rd, Boca Raton. Every M 6:30-8 pm. \$5/session. 483-5300; faulkcenterforcounseling.org

Tuesday - 9/13 - Neighbor2Neighbor hosted by MorseLife at Temple Sinai, 2475 W Atlantic Ave, Delray Beach. Resources to help seniors live with better health, safety, independence. 2nd & 4th T 3-4 pm. Free. 531-9844; morselifefirst.org/neighbor2neighbor

Wednesday - 9/14 - Basics of Baby Care at Boca Raton Regional Hospital, 800 Meadows Rd. Basics of baby caring for your newborn, taught by a registered nurse. 7:30-9:30 pm. \$40/couple. Registration: 955-4468; brhh.com

Saturday - 9/17 - One Day Childbirth Preparation Class at Boca Raton Regional Hospital, 800 Meadows Rd. One-day program prepares couples for the birth of their first child by discussing birthing options and practicing birthing skills. 9 am-4 pm. \$125/couple. Registration: 955-4468; brhh.com

9/17 - 3rd Annual Man Up! A Men's Health Symposium at Lynn Cancer Institute, 701 NW 13th St, Boca Raton. Keynote speaker David Rutherford. Health screenings, health/wellness vendors, lectures, presentations. 9:30 am-12:30 pm. Free. Space is limited; register: 955-3276; brhh.com

SEPTEMBER 18-24

Wednesday - 9/21 - Pre-Menopause: What Women Can Expect presented by Harish Madhav, M.D., Ob/Gyn; part of Bethesda Hospital Be Healthy, Be Well Program at Lantana Road Branch Library, 4020 Lantana Rd. 3 pm. Free. 304-4500; publicrelations@BHInc.org

Saturday - 9/24 - Geri-Fit Senior Fitness Instructor Certification Class at Boca Raton Community Center, 150 Crawford Blvd. Instructor-led continuing education course; ideal for personal trainers, group fitness instructors, nurses, caregivers, physical-therapy assistants who are teaching or plan to teach senior fitness classes. 9:30 am-4:30 pm. \$315/includes all study materials. 393-7807; myboca.us

9/24 - Heartmath Resilience Advantage Workshop at Boca Raton Community Center, 150 Crawford Blvd. Result-oriented workshop combines interactive and dynamic classes with scientifically validated tools to help learn how to self-regulate body's response to stress, build resilience. 1-4 pm. \$65/resident; \$81/non-

resident. 393-7807; ci.boca-raton.fl.us

SEPT. 25-OCT. 1

Monday - 9/26 - Meditation and Mindfulness for Healthy Relationships with Barb Schmidt at Christine E. Lynn Women's Health & Wellness Institute, 690 Meadows Rd. 6-7:30 pm. \$15/session. 955-7227; brhh.com

Tuesday - 9/27 - Women's Wellness Luncheon at Bethesda Hospital West, 9655 W Boynton Beach Blvd, Boynton Beach. Guest speaker Leeza Gibbons. 11 am-1 pm. \$75. 737-7733 x84445; bethesdahealthfoundation.org

9/27 - Hearing Loss and You presented by Shelley W. Minsky, Audiologist; part of Bethesda Hospital Be Healthy, Be Well Program at West Boynton Branch Library, 9451 S Jog Rd. 2-3 pm. Free. 734-5556; publicrelations@BHInc.org

Wednesday - 9/28 - Heartmath Techniques for Heart-Based Parenting Class at Boca Raton Community Center, 150 Crawford Blvd. Program teaches how to apply successful science-based Heartmath tools and techniques to increase resilience and boost energy levels to improve the quality of your parenting experience. Every W through 10/19 6:30-8:30 pm. \$150/resident; \$187.50/non-resident. 393-7807; ci.boca-raton.fl.us

Thursday - 9/29 - Trouble on the Horizon: How to Know if Your Dialysis Access is in Need of Help! presented by George Mueller, M.D., General/Vascular Surgery; part of Ask the Physician Lecture Series at Bethesda Hospital East, 2815 S Seacrest Blvd, Boynton Beach. 4:30 pm. Free. 731-2273; publicrelations@BHInc.org

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- Dr. K.D.

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THE INVASIVE & VENOMOUS LIONFISH

With its distinctive venomous spines and aggressive nature, this invasive species has thrived in U.S. coastal waters because it has no natural predators — until now. Stores in Florida are selling the “white, buttery meat” of the fish, hoping to take a bite out of the non-native species hurting Florida’s offshore reefs.

FAST FACTS

- **Scientific name:** *Pterois volitans* (shown)
- **Avg. length:** 11.8 to 15 inches
- **Avg. weight:** Up to 2.6 lbs.
- **Avg. life span:** Up to 15 years (wild)
- **Reproduction:** Females can release two egg clusters about every four days, which can contain as many as 15,000 eggs

DIET & FEEDING

The lionfish’s body design gives it plenty of camouflage and flexibility, enabling it to move around very quickly in the water. Lionfish are very good at using their long pectoral fins to herd fish and other prey into a location that they can’t escape from.

-  Fish
-  Shrimp
-  Various types of crustaceans



Able to consume prey that are more than half of their own length



80% Decrease in small reef fish populations because of lionfish

VENOMOUS SPINES

Although it has up to 18 venomous spines, a lionfish is safe to consume once the spines have been removed. A sting from a lionfish is extremely painful to humans and can cause nausea and breathing difficulties, but is rarely fatal.

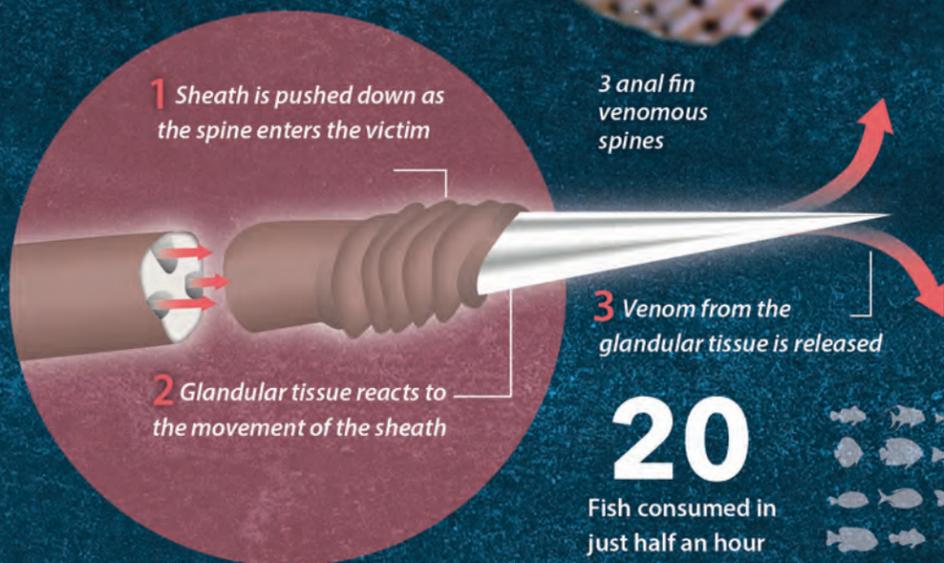
Dorsal fin

Two pelvic fin venomous spines (one on each side)

Caudal fin

Anal fin

HOW SPINES WORK



20

Fish consumed in just half an hour



SOURCES: BioExpedition.com; Florida Fish and Wildlife Conservation Commission; LET Divers (The Lionfish Elimination Team); National Geographic; National Oceanic and Atmospheric Administration; SCHULTZ, E. T. 1986. *Pterois volitans* and *Pterois miles*: Two valid species. *Copeia* 1986: 686–690; U.S. Geological Survey, Wikipedia

LIONFISH

Continued from page H1

it whole for about \$10 a pound. As a diver, Brand sees lionfish on the reefs and spears many of the lionfish sold at his market. Bigger food retailers, notably Whole Foods Market and Publix, are offering lionfish to their customers, at least when they’re available.

Customers have been calling and putting in orders for lionfish at Whole Foods since the grocery chain began offering lionfish in April, said David Ventura, regional seafood coordinator for

Whole Foods in Florida.

“The response has been very, very positive,” Ventura said. “It’s created a lot of interest.”

At the Whole Foods Market on Glades Road in Boca Raton, the seafood department staff often prepares samples of lionfish for customers on weekends.

“It’s similar to hogfish,” said Corey Hopkins, assistant team leader in the seafood department at the Boca Raton store. “It’s very light, very delicate. It’s good in ceviche. You can do just about anything with it.”

Unlike other fish whose populations



Hopkins

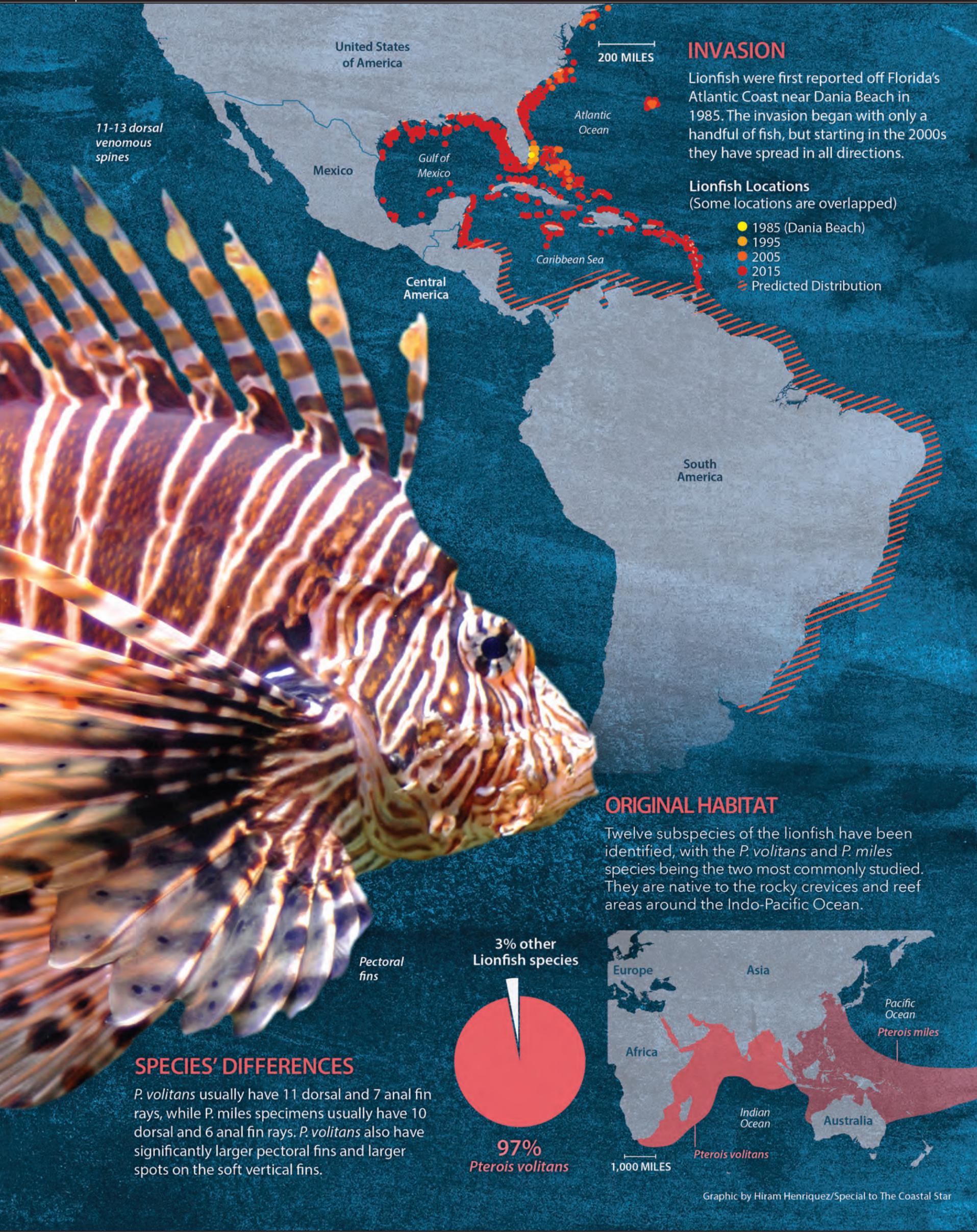
Foods in Boca Raton encourages customers to “take a bite out of lionfish ... be a part of the solution.” In August, the store sold lionfish for \$9.99 a pound whole and \$29.99

could be under stress because they’re tasty, lionfish are actually a scourge, at least in the coastal waters of the United States, where they have no natural predators. That adds a feel-good component to eating lionfish.

A sign at Whole Foods in Boca Raton encourages customers to “take a bite out of lionfish ... be a part of the solution.” In August, the store sold lionfish for \$9.99 a pound whole and \$29.99

a pound filleted. Red lionfish (*Pterois volitans*) are relatively small, typically 12 to 15 inches, but they can eat fish half their body length. They herd prey with their fan-like pectoral fins and blow water at other fish to get them to turn around before swallowing them.

In the waters off Florida, lionfish eat more than 70 species of fish and invertebrates, including yellowtail snapper, spiny lobster, parrotfish and Nassau grouper. With few natural enemies in the Southeast, 18 venomous spines for protection and the ability to live in a wide range of water depths, lionfish have



Graphic by Hiram Henriquez/Special to The Coastal Star

become well established on Florida's reefs and wrecks.

One problem for seafood markets has been the inconsistent availability of lionfish. When seas are rough and lobster season is closed, divers are less likely to pursue lionfish and they can be hard to find in markets.

At Publix, lionfish are available by special order through the supermarket chain's Reel Variety program. Publix sells lionfish fillets with the skin on and bones in to maintain texture at prices ranging from \$24.99 to \$29.99 a pound. (The price of fillets is high because the whole fish

yields about one third meat.)

How to cook lionfish

Most seafood markets have suggestions, and serious lionfish aficionados can order *The Lionfish Cookbook* by Tricia Ferguson and Lad Akins. The second edition of the cookbook contains more than 45 recipes for lionfish appetizers and entrees and is available for \$16.95 through the nonprofit Reef Environmental Education Foundation at www.reef.org/store/lionfishcookbook.

REEF uses proceeds from sales of the cookbooks for lionfish research and removal programs. ★



Non-native lionfish was selling for \$9.99 a pound whole in August at the Whole Foods Market in Boca Raton. Fillets were considerably more, at \$29.99 a pound.

Willie Howard / The Coastal Star

Outdoors Calendar

Note: Events are current as of 8/26. Please check with organizers for any changes.

SEPTEMBER 3

Saturday - 9/3 - Florida Trail Association Walk at John Prince Park, 2520 Lake Worth Rd. Slow stroll or pick up speed, choose your own hiking pace. 7:30-8:30 am. Free. 963-9906; loxfltrail.org

9/3 - Sand Sifters Beach Clean Up at Oceanfront Park, 6415 N Ocean Blvd, Ocean Ridge. Meet at pavilion in lower parking lot. 8-10:15 am. Free. jefflev02@gmail.com

9/3 - Outdoor Marine Aquarium Feedings at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. All ages; children must be accompanied by an adult. Mangrove and nearshore reef aquariums daily M-Sat 10:30 am; tropical coral reef & shipwreck aquariums 12:30 pm. Free. 544-8605; gumbolimbo.org

9/3 - Lake Worth Lagoon: A Natural Treasure in Our Backyard Educational Talk at Manatee Lagoon Visitor Center, 6000 N Flagler Dr, West Palm Beach. Presentation about the lagoon's environment, wildlife, history. All ages. Every T&F 10:30-11:30 am. Free. Limited to 25 people/register: visitmanateelagoon.com

SEPTEMBER 4-10

Monday - 9/5 - Florida Trail Association Chapter Meeting at Okeehelée Nature Center, 7715 Forest Hill Blvd, West Palm Beach. Labor Day Ice Cream Social. 7 pm refreshments; 7:30 pm program. Free. 324-3543; loxfltrail.org

Tuesday - 9/6 - Lecture: Shorebirds and Warblers: Two Difficult Groups Made Easier by Paddy Cunningham at FAU Pine Jog Environmental Education Center, 6301 Summit Blvd, West Palm Beach. Monthly members meeting of Audubon Society of the Everglades. 6:30 pm. Free. 508-296-0238; auduboneverglades.org

9/6-7 - A Walk On The Ashley Trail at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Guided walk along 1/4-mile natural trail winds through the butterfly garden, coastal hammock, mangroves to a sandy beach by the Intracoastal. All ages; children under 18 must be accompanied by an adult. T&W 11 am-12:30 am. Free. 544-8605; gumbolimbo.org

Thursday - 9/8 - American Trails Webinar: Understanding the National Trails Recreation Program and National Water Trails System presented by National Park Service, U.S. Forest Service, Florida Office of Greenways & Trails. 10-11:30 am. Free/online; \$10/optional CEU. Register: palmbeachmpo.org/transportation-matters

Saturday - 9/10 - Birds & Breakfast at Green Cay Nature Center, 12800 Hagen Ranch Rd, Boynton Beach. Coffee, refreshments, 1-hour walking tour with a naturalist. Ages 9+. 9 am. \$3. Reservations required: 966-

Mark Gerretson Memorial Tournament Delray Beach - Aug. 13



Members of the fishing team Nailed It won the 22nd annual Mark Gerretson Memorial Fishing Tournament by catching the heaviest fish of the tournament for the second year in a row — a 43.4-pound wahoo. That's far smaller than the 71.6-pound wahoo they caught in the 2015 event, but still top fish in this year's 38-boat tournament. From left are Nailed It team members Shannon Huner, Eric Schroeder, Steve Bunch and captain Ed Rose. Team Nailed It won \$4,217 — \$3,800 for the biggest fish and \$417 for top wahoo. The team donated 10 percent of the winnings back to the tournament, which benefits youth-related causes in Delray Beach. **Willie Howard/The Coastal Star**

7000; pbcgov.com/parks

9/10 - Naturalist Program: Radical Reptiles at Daggerwing Nature Center, 11200 Park Access Rd, Boca Raton. All ages. 10:30 am. \$3. Reservations required: 629-8760; pbcgov.com/parks/nature

SEPTEMBER 11-17

Saturday - 9/17 - Ocean Conservancy's Annual International Coastal Cleanup at Sandoway House Nature Center, 142 S Ocean Blvd, Delray Beach. Hosted by City of Delray Beach and Sandoway House; coordinated by Keep Palm Beach County Beautiful, Inc. 8-10 am. Free. Registration forms: 243-7263; keepbcbeautiful.org/icc2016.htm

SEPTEMBER 18-24

Friday - 9/23 - Night Hike at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Walk through the wetlands, call for owls and shine for gators! Bring bug spray and flashlight. All ages. 7 pm. \$5. Reservations: 629-8760; pbcgov.com/parks/nature

Saturday - 9/24 - International Coastal Cleanup presented by Gumbo Limbo Nature Center at Spanish River Park, 3001 N Ocean Blvd, Pavilion #8, Boca Raton. Groups and individuals must pre-register with Gumbo Limbo; community service hours awarded. All ages; adults must participate with children under age 18, no drop-offs. 8-11 am. Free. Reservations required: 544-8606; gumbolimbo.org

9/24 - Sea Angels Beach Cleanup at Ocean

Inlet Park, 6990 N Ocean Blvd, Ocean Ridge. Last Sat 8-10:30 am. 369-5501; seaangels.org

SEPT. 25-OCT. 1

Sunday - 9/25 - Lecture: Rachel Shanker: Lake Worth Lagoon Trash Removal

Event Overview at Manatee Lagoon Visitor Center, 6000 N Flagler Dr, West Palm Beach. Series features a variety of environmental personalities who specialize in telling stories about really cool things. Every Sun 2-3 pm. Free. 626-2833; visitmanateelagoon.com

Tuesday - 9/27 - Boynton Beach Fishing Club at Harvey E. Oyer, Jr. Park, 2010 N Federal Hwy. Join other fishermen to discuss hot topics and learn new tricks of the trade. 4th T 7-9 pm. Free. 703-5638; boynton-beach.org

Thursday - 9/29 - Bass Fishing Workshops at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Introduction to fishing for largemouth bass in local Florida waters and throughout the nation. Instructor Ron Gallo. Ages 13 & up. 6-9 pm. \$35/resident; \$44/non-resident. 367-7035; myboca.us

9/29 - Night Stalkers at Green Cay Nature Center, 12800 Hagen Ranch Rd, Boynton Beach. Nighttime boardwalk tour with a naturalist. All ages. 7:30 pm. \$5. Reservations required: 966-7000; pbcgov.com/parks

Saturday - 10/1 - Sand Sifters Beach Clean Up at Oceanfront Park, 6415 N Ocean Blvd, Ocean Ridge. Meet at pavilion in lower parking lot. 8-10:15 am. Free. jefflev02@gmail.com

On the Water

Mermaid sculpture becomes reef

The Riviera Beach Maritime Academy, the Susan G. Komen Foundation and Palm Beach County sank a mermaid sculpture off Singer Island Aug. 11 to create a new dive destination in honor of a woman who has survived breast cancer three times.

Andrea's Reef is named for Andrea Torrente of Loxahatchee, whose face was used as the model for the mermaid sculpture created by artist Thomas McDonald.

Students at the Riviera Beach Maritime Academy built the 20-foot by 15-foot structure featuring the life-sized mermaid sculpture as its centerpiece.

Andrea's Reef is in 75 feet of water off Ocean Reef Park, which is north of Lake Worth Inlet on Singer Island.

Coming events

Sept. 10: Basic boating safety class offered by Coast Guard Auxiliary, 9 a.m. to 5 p.m. in the headquarters building at Spanish River Park, 3939 N. Ocean Blvd., Boca Raton. Fee \$35. Register at the door. Bring lunch. Call 391-3600 or email fso-pe@cgauxboca.org.

Sept. 17: Volunteers needed for the International Coastal Cleanup. Most cleanups begin at 8 a.m. Locations include the Sandoway Discovery Center in Delray Beach, Boynton Beach Oceanfront Park and Phipps Ocean Park in Palm Beach. Preregistration suggested. Details: 686-6646 or www.Keepbcbeautiful.org.

Sept. 17: X-Generation 440 Challenge fishing

tournament for kingfish, dolphin, wahoo, cobia, bonito/blackfin tuna and snapper. Captain's meeting 5-8 p.m. Sept. 16 at Palm Beach Yacht Center, Hypoluxo. Weigh-in at Palm Beach Yacht Center. Entry fee \$225 per boat through Sept. 9 and \$250 thereafter. Call 577-0706 or www.xgeneration440.com.

Sept. 24: Bird-watching walk with Audubon Society of the Everglades, 8-10 a.m., Spanish River Park, 3939 N. Ocean Blvd., Boca Raton. Reservations suggested. Call (508) 296-0238 or email: asetripinfo@gmail.com.

Sept. 24: Coast Guard Auxiliary offers basic boating safety class, 8 a.m. to 4 p.m. in the classroom next to the boat ramps at Harvey E. Oyer Jr. Park, 2010 N. Federal Highway, Boynton Beach. Fee \$40. Register at the door. Call 331-2429.

Sept. 27: Capt. Danny Barrow of Silver Lining Fish Charters speaks to the Boynton Beach Fishing Club, 7:30 p.m. at the clubhouse building next to the boat ramps, Harvey E. Oyer Jr. Park, 2210 N. Federal Highway, Boynton Beach. Free. Details: 707-5660 or www.bifc.org.

Tip of the month

Running to the Bahamas or taking another extended boating trip this summer?

File a detailed float plan telling where you're headed, who is on board and, most important, when you are due back.

Try downloading and completing a Coast Guard float plan form that can be found at www.uscgboating.org. (Click on "safety" and "float planning" and look for the float plan PDF form.)

This float plan is far more complete than a typical daily boating float plan sent by email or text message. The Coast Guard float plan form covers details about the boat, its equipment and emergency gear, and the people on board. It includes spaces for a detailed itinerary.

Leave the completed float plan with a reliable person. Update this person when your plans change, and be sure to notify him or her when you and your crew return.



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Willie Howard is a freelance writer and licensed boat captain. Reach him at tiowillie@bellsouth.net.

Paws Up for Pets

International greyhound protection group to meet in Delray

The first time I met a greyhound, it was a blur. Chipper, my husky-golden retriever mix, and I were at a spacious, local dog park. Chipper, at the time, was in her prime and prided herself on being able to outstrip any other dog in any park.

Then entered a tall, sleek greyhound named Stella. Their eyes playfully met and the race was on.

Chipper matched Stella's strides at first, but then displayed a perplexed look as if to convey, "I don't seem to be moving," as Stella turned on what seemed like turbo power, charging far ahead and becoming a speedy blur.

That's OK, Chipper. You never really had a chance.

After all, this sighthound breed grabs honors as the fastest canine, capable of speeds up to 45 miles per hour, and earning the nickname, "Ferraris of the dog world."

The controversy surrounding the sport of greyhound racing will take center stage in Delray Beach at the Seagate Hotel on Oct. 15.

That's the site for the first International Conference on Greyhound Advocacy, being hosted by GREY2K USA Worldwide.

The world's largest nonprofit greyhound protection organization is committed to getting laws passed to end the sport of dog racing as well as to promote the rescue and adoption of greyhounds.

Registration to attend this conference ends Sept. 13 (details at www.grey2kusa.org). It will include an international lineup of speakers led by keynote speaker Wayne Pacelle, president and CEO of the Humane Society of the United States.

This group of 100,000-plus volunteers has played key roles in the enactment of stronger state laws designed to protect racing greyhounds and even establish greyhound adoption trust funds in some states.

It is not a coincidence that the conference takes place in the same county that is home to one of the country's oldest and biggest greyhound racing tracks, the Palm Beach Kennel Club in West Palm Beach.

The PBKC has been hosting greyhound races since 1932, with its races now airing on its simulcast network televised at more than 2,000 locations in this country and abroad.

When it comes to the greyhound sport, there are no views that fall in the "gray" area. You are either totally against or a fan of this sport, which features a pack of greyhounds racing around a track in pursuit of a fast-moving lure just out of their reach.

"We are confident that greyhound racing will end at the PB Kennel Club," declares



Kathy Pelton, Florida director for GREY2K USA, with her pair of lovable greyhound rescues named Jack and Jill.
Tim Stepien/The Coastal Star

Greyhound Fun Facts

- Meet the ultimate canine couch lounge. Other than a need for a 20-minute daily walk, the typical greyhound is quite content stretching out on your couch and may even train you to fetch the television remote.
- They are ideal dogs for tiny houses or one-bedroom apartments because they don't take up or require much living space.
- They put the 'G' in gentle and 'L' in love. They thrive on unleashing affection and attention to their favorite people.
- They have been around for centuries, tracing their roots to ancient Egypt circa 2900 B.C.
- Their musculature makes it feel unnatural for this breed to plop and hold a sit. But greyhounds will happily lie down on cue.

Kathy Pelton, Florida director of GREY2K USA Worldwide. "Change takes time and right now, greyhound racing is being propped up by a state mandate

that forces these gambling facilities to hold dog races even though there is little to no interest."

Carey Theil, executive director of GREY2K USA Worldwide, is more blunt.

"Greyhound racing is cruel and inhumane. In every place where dog racing exists, grassroots advocates and animal protection groups are fighting for change. This has become a worldwide effort to reform and phase out greyhound racing."

His group's website posts incidents of racing greyhounds that have been injured or died at tracks. Since its inception in 2001, the group has helped shut down more than two dozen dog tracks and is now expanding its mission worldwide to include preventing the legalization of dog racing in India and South Africa.

Countering these comments is Theresa Hume, publicity director for the Palm Beach Kennel Club. She confirmed that no PBKC officials plan to attend this international greyhound conference in Delray Beach.

"Palm Beach Kennel Club takes very seriously its responsibilities to ensure the

proper care of greyhounds at our track," says Hume. "PBKC has made significant progress in attempting to reduce greyhound injuries at the track through various measures, including improvements to the track surface, new safer lure technologies, safer fencing, widening of turns and other techniques. In addition, our track veterinarian closely monitors the condition of all greyhounds so that any illnesses or injuries are quickly detected and treated."

Hume adds that PBKC works closely with five adoption groups to find homes for retired greyhound racers. These groups are Awesome Greyhounds/Hounds & Heroes, Elite Greyhound Adoptions, Forever Greyhounds, Greyhound Pet Adoptions and Greyed A Adoptions.

For Pelton, the fate of greyhounds is made more personal by a pair of retired racers she adopted and named Jack and Jill.

Based in Cooper City, she often tries to reach the next generation by giving presentations at middle schools and humane shelter summer camps for kids.

"I begin my classes with a PowerPoint presentation with the cruelty of dog racing and always end the class with the need for adoption," she says. "The children are shocked to learn that it takes approximately 8,000 dogs for the 12 tracks in Florida. That is a lot of dogs needing homes. Jack and Jill are with me and they make great ambassadors for the greyhounds."

And she has become a major ambassador herself for greyhounds: "They are gentle, clean, rarely bark, don't need much exercise. In fact, they just lay around all the time. I always say that everyone should have at least one grey."

Arden Moore, founder of www.FourLeggedLife.com, is an animal behavior consultant, editor, author, professional speaker and master certified pet first aid instructor. Each week, she hosts the popular



Oh Behave! show on www.PetLifeRadio.com. Learn more by visiting www.fourleggedlife.com.

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Tots & Teens

Old statue of football's 'Bald Eagle' finds new home at Atlantic High School

By Brian Biggane

The statue that has been a symbol of the Atlantic High School football program for nearly 50 years has finally found what school officials hope will be its permanent home.

Constructed in 1968 by Delray Beach-based sculptor Don Seiler — whose original intent was for it to be displayed in Miami's Orange Bowl — the 20-foot-high steel-reinforced concrete statue was originally placed at Hilltopper Stadium adjacent to the former Atlantic campus on Seacrest Boulevard, thanks to the generosity of the Atlantic High Class of 1969.

Seiler had the figure in the statue wearing No. 14 and poised to throw a pass as a tribute to former New York Giants quarterback Y.A. Tittle. While Tittle had no connection to Atlantic High, he was known as the Bald Eagle, thus

forging a tie-in with the school, whose nickname is the Eagles.

The first attempt to move the 10-ton statue in 1968 failed when a cable snapped. But it was repaired and officially dedicated in December 1968.

When the Atlantic campus moved to its current location on Atlantic Avenue in 2005, efforts to bring along the statue went nowhere until Tara Dellegrotti-Campo, who took over as principal last year, convinced Delray contractor Chuck Halberg that it needed to be moved. That took place this summer.

"I was a little surprised it made the trip," Atlantic athletic director Kevin Logan said.

The wooden box in which it made the move was stripped off and the statue now sits where Logan expects it to be indefinitely, at the north end of the football stadium.

"They need to spruce it up

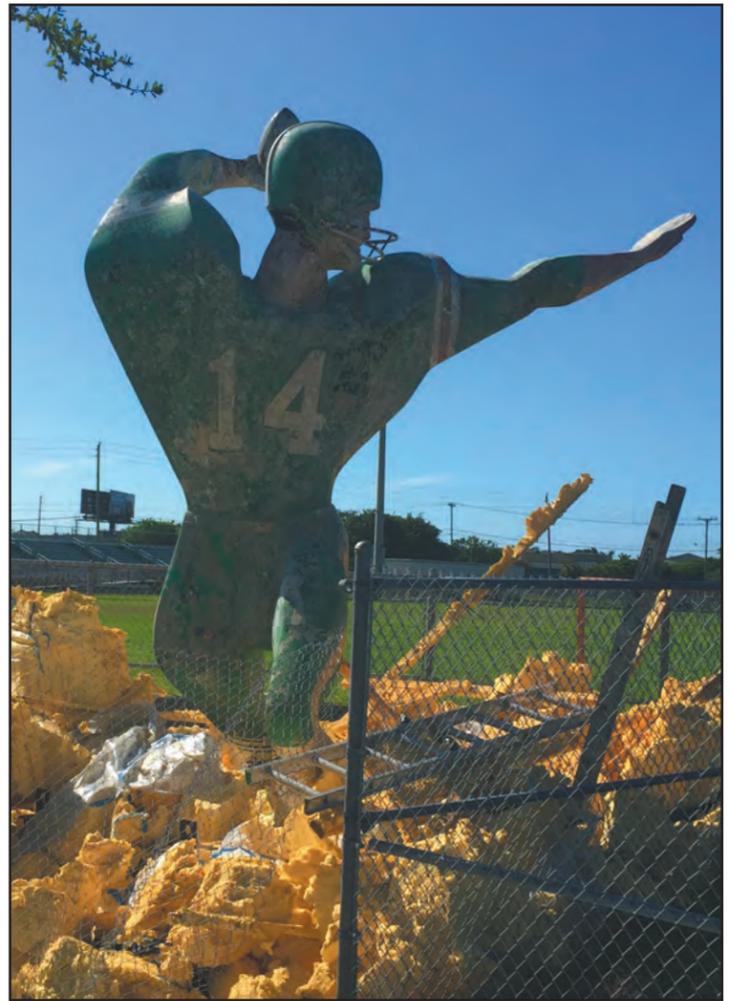
because it looks pretty ratty," Logan said. "All the paint is off it; it looks like it's been sandblasted."

Logan said he expects either Atlantic art students will undertake the project or the School Board will take it on. "We're still kind of waiting," he added.

Logan said he hopes the 48-year-old statue will help foster a connection between the school and its alumni.

"The old guard knows about it, and we're going to use it to promote some unity from the past," he said. "People have always asked about it, who it was and why it was there. When we moved over from the old school a lot of that stopped, but our alumni feel strongly about it."

Logan said he expects the statue to be dedicated at a football game this fall, possibly at the homecoming game in October. ★



Don Seiler meant for his sculpture to go at the Orange Bowl. No. 14 is a nod to former NFL quarterback Y.A. Tittle, known as the Bald Eagle. Brian Biggane/The Coastal Star

Tots & Teens Calendar

Note: Events are current as of 8/26. Please check with organizers for any changes.

SEPTEMBER 3

Saturday - 9/3 - Call for Entries: 5th Annual Shriek Week Scary Film Festival at Sugar Sand Park Community Center, 300 S Military Tr, Boca Raton. Young filmmakers invited to submit a short "scary" film. Grand prize: GoPro Hero Digital Camera. Ages 6-17. Deadline for entry 9/23. \$5/film. Entry forms online: 347-3900; sugarsandpark.org/shriek-week-film-festival

9/3 - Gap Program Registration at Boca Raton Community Center, 150 Crawford Blvd. "Fun-tastic" activities during school holidays and teacher workdays. Grades K-5. Program dates: 10/3, 12 & 21, 11/8, 23 & 25, 12/23, 26-30, 1/2-6, 3/17 & 20-24, 4/14 & 6/5-8. Registration begins 2 weeks prior to program date for City/Beach & Park District residents. 7:30 am-5:30 pm. Per child fees: \$37/day resident, \$53/day non-resident. 393-7888; online registration: webtrac.myboca.us

9/3 - Drop-In Story Time at Boca Raton Public Library, 400 NW 2nd Ave. Music, stories, finger plays, action songs for children all ages

accompanied by an adult. Every Sat 10-10:30 am. Free. 393-7968; bocalibrary.org

9/3 - Little Wonders at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. Hike, crafts, stories. Ages 3-4. Children must be accompanied by an adult. 10-11 am. \$5/member; \$8/non-member. Reservations: 544-8615; gumbolimbo.org

9/3 - Kids Club Afterschool Program Registration at two licensed after school program locations in Boynton Beach. Registration T-Sat 10 am-2 pm at Intracoastal Park Clubhouse, 2240 N Federal Hwy, Boynton Beach. Ages 5-12 receive free transportation to either the Art Center, 125 SE 2nd Ave, 742-6221, or Hester Center, 1901 N Seacrest Blvd, 742-6550. Concentrate on homework, participate in indoor and outdoor play, arts & crafts, special activities M-F 2:30-6 pm. Schools served: Chancellor Charter, Citrus Cove, Crosspointe, Forest Park, Franklin Academy, Galaxy, Hidden Oaks, Plumosa, Rolling Green. Must provide proof of residency and a copy of child's birth certificate. Per month: \$120/resident; \$150/non-resident; \$20/registration fee. Registration: 742-6550; boynton-beach.org

9/3 - Family Studio at Norton Museum of Art,

1451 S Olive Ave, West Palm Beach. Children w/adult partner tour the current special exhibition, then create their own artwork. Ages 5-12 w/parents. Held again 9/10. 10:30 am-12:30 pm. Free. 832-5196 x1196; norton.org

9/3 - Drop-in Craft at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Ages 3 & up. Every Sat 10:30-11:30 am. Free w/paid museum admission. Registration: 742-6780; schoolhousemuseum.org

9/3 - Story Time at Boca Raton Children's Museum, 498 Crawford Blvd. Stories, songs, fingerplays parents and children enjoy together. All ages. Every W 11 am; Th 10:30 am & 4:30 pm; Sat/T/F 11 am & 4:30 pm. Free w/museum admission. 368-6875; cmboca.org

9/3 - Group Swim Lessons at The Swim Center, 21618 St. Andrews Blvd, Boca Raton. Level 1, 2, 3, 4 & adult classes. Sat through 10/22. 11 am, noon & 1 pm. Per session: \$60/resident; \$75/non-resident. 544-8540; ci.boca-raton.fl.us/rec/pools

9/3 - Science Stories at Children's Science Explorium, 300 S Military Tr, Boca Raton. Hear favorite science inspired stories. Ages 5 & up. Every Sat 11:30 am. Free. 347-3912; scienceexplorium.org

9/3 - Nature Detectives at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton.

New mystery each month. Ages 5-7 w/an adult. 1st Sat 11:30 am-12:30 pm. \$5/member; \$8/non-member. Reservations: 544-8615; gumbolimbo.org

9/3 - All Art Class at Boca Raton Children's Museum, 498 Crawford Blvd. Ages 2-9. Every Th 3 pm & Sat 11:30 am & 3 pm. \$5/member; \$8/non-member. 368-6875; cmboca.org

9/3 - Group Swim Lessons at Meadows Park Pool, 1300 NW 8th St, Boca Raton. Level 1, 2, 3 & 4. Every Sat through 10/22. Levels 1&2: Noon; Levels 3&4: 1 pm. \$60/resident; \$75/non-resident. 393-7851; ci.boca-raton.fl.us/rec/pools

9/3 - Tail Waggin Tutor with Dolce at Boca Raton Public Library, 400 NW 2nd Ave. Elementary school children read to certified therapy dog. Grades K-5. Sat through 9/24 1:30-2:30 pm. Free. Registration: 393-7968; bocalibrary.org

9/3 - Shriek Week Haunted House Auditions at Sugar Sand Park Community Center, 300 S Military Tr, Boca Raton. Come prepared to improvise, do cold readings. Head shots, resume, monologue appreciated, not required. All new & returning Boo Crew actors must audition. 2 pm. 347-3900; sugarsandpark.org/shriek-week-film-festival

9/3 - Busy Babies (Mommy & Me) at Boca Raton Children's Museum, 498 Crawford Blvd.

Ages 1-2. Every W 10 am & Sat 3:30 pm. Per session: \$12/member; \$15/non-member. 368-6875; cmboca.org

SEPTEMBER 4-10

Sunday - 9/4 - Science Make & Take at Children's Science Explorium, 300 S Military Tr, Boca Raton. Drop in for a make and take every month. 11:30 am. \$5/project. 347-3912; scienceexplorium.org

9/4 - Jr. Shark Biologist at Sandway Discovery Center, 142 S Ocean Blvd, Delray Beach. Ages 5-12. W & Sun 3:15 pm. Free w/\$5 admission. 274-7263; sandwayhouse.org

Monday - 9/5 - Parents Morning Out at First United Methodist Church Boca Raton, 625 NE Mizner Blvd. Child/adult ratio is 4:1. Two classes: 6 weeks to 18 months; 18 months to 3 years. 9 am-noon. \$10/child/day. Register: 395-1244; fumbocaraton.org

9/5 - Inspired Art at Boca Raton Children's Museum, 498 Crawford Blvd. Ages 2-11. Every T/W/Th 11:30 am-noon. \$5/member; \$8/non-member. 368-6875; cmboca.org

9/5 - Fencing/Epee Class at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Fun, exciting introduction to fencing; learn fencing skills, forge new friendships. Beginners M&F 7-8:15 pm, \$90-\$112.50/monthly; intermediate/advanced M/W/F 7-10 pm, \$135-\$168.75/monthly. (954) 854-7843; sugarsandpark.org

Tuesday - 9/6 - Music & Movement at Boca Raton Children's Museum, 498 Crawford Blvd. Presented by the YMCA. Parents with kids ages 2-4. Every T 10 am. Per session: \$12/member +1 child, \$6/sibling; \$15/non-member +1 child, \$7.50/sibling. Registration: 368-6875; cmboca.org

9/6 - Baby Storytime at Boynton Beach City Library, 208 S Seacrest Blvd. Stories, rhymes, sing songs promote learning and development; meet other babies & parents. Ages birth-2 years. Held again 9/20. 10-11 am. Free. 742-6380; boyntonlibrary.org

9/6 - Toddler Tales at Boca Raton Public Library, 400 NW 2nd Ave. Stories, songs, puppets teach the love of books. Ages up to 3 years; children must be accompanied by an adult. Every T through 10/4 10-10:30 am. Free. Registration: 393-7968; bocalibrary.org

9/6 - Mother Nature & Me: Fishy Friends at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Experience nature topics through stories, puppets, games, role play, nature walks, crafts. Ages 2-5 (w/guardian). 10:30-11:15 am. \$4/child. Reservations: 629-8760; pbcgov.com/parks/nature

9/6 - Tots in Tutus at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Ballet class for preschoolers. Ages 2-5. Every T through 10/11 11:30 am. \$40/member; \$52/non-member. 742-6782; schoolhousemuseum.org

9/6 - Inspired Art at Boca Raton Children's Museum, 498 Crawford Blvd. Every T/Th 11:30am-noon. Per session: \$5/member; \$8/non-member. 368-6875; cmboca.org

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9/6 - Imagination Playground Open Play Session at Boca Raton Children's Museum, 498 Crawford Blvd. Ages 2-11. Every T noon-2:30 pm. \$5/member; \$8/non-member. 368-6875; cmboca.org

9/6 - Tail Waggin Tutor with Stella at Boca Raton Public Library, 400 NW 2nd Ave. Children read to certified therapy dog. Grades K-5. Every T through 9/27 3-4 pm. Free. Registration: 393-7968; bocalibrary.org

9/6 - It's Great to Create at Boca Raton Children's Museum, 498 Crawford Blvd. Ages 2-11. Every T 3-3:30 pm. \$5/members; \$8/non-members. 368-6875; cmboca.org

9/6 - Children Will Learn Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Miss Sara's dance class teaches basics of ballet, tap, gymnastics, fitness, creative movement. Adults wait outside the classroom. Every T through 10/11. Age 4-5 3:30-4:15 pm; age 6-8 4:30-5:15 pm. \$78/resident; \$98/non-resident. 367-7035; myboca.us

9/6 - Kidokinetics at Sugar Sand Park, 300 S Military Tr, Boca Raton. Children learn a new sport each week. Includes soccer, hockey, tennis, basketball, volleyball, golf, hula hoops, obstacle courses, T-ball, more. Ages 2-5. Every T through 10/25. Ages 3-5: 3:45-4:30 pm; ages 2-3: 4:30-5:15 pm (some parent involvement). \$77/resident; \$96.25/non-resident. 954-385-8511; kidokinetics.com

9/6 - Group Swim Lessons at The Swim Center, 21618 St. Andrews Blvd, Boca Raton. Level 1 & 2. Every T&Th through 9/29. 4-4:45 pm. Per session: \$60/resident; \$75/non-resident. 544-8540; ci.boca-raton.fl.us/rec/pools

9/6 - USCA Tiny Stars Cheer Level I at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Designed to enhance self-esteem, character, social skills. Cheers, chants, partner stunts, jumps, tumbling, dances focus on perfection before progression and developing correct safety and spotting techniques. Ages 4-6. Every T through 9/27. 4:30-5:30 pm. \$40/resident; \$50/non-resident. 347-3950; sugarsandpark.org

9/6-7 - Sensational Story 'n More at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Children's books come to life through interactive performance, singing, movement, props. Ages 2-5. Every T 10:30 & W 2 pm. Free w/paid museum admission. 742-6780; schoolhousemuseum.org

9/6-7 - Explorin Science Squad: Wacky Weather at Children's Science Explorium, 300 S Military Tr, Boca Raton. Kids explore, experiment, try something new every month. T Ages 5-6 (w/parent); W Ages 7-9. Both days 4-5 pm. \$10/resident; \$12.50/non-resident. 347-3912; scienceexplorium.org

Wednesday - 9/7 - Music & Movement for 2s & 3s at Boca Raton Public Library, 400 NW 2nd Ave. Literacy enrichment class with stories, music, movement. Children must be accompanied by an adult. Every W through 10/5. 10-10:30 am. Free. Registration: 393-7968; bocalibrary.org

9/7 - Children Will Learn Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Miss Sara's dance class teaches basics of ballet, tap, gymnastics, fitness, creative movement. Adults wait outside the classroom. Every W through 10/12. Age 2 10:15-10:45 am \$60-\$75; age 3-5 11-11:45 am \$78-\$98. 367-7035; myboca.us

9/7 - Art Studio at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Ages 3-5. Every W 10:30 am. \$3/museum member; \$4/non-member + admission. Registration: 742-6782; schoolhousemuseum.org

9/7 - Lil' Explorers - Super Sensory Messy Play at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Explore, develop important readiness skills. Ages 18 mos-5 yrs. Every W 3-3:45 pm. Per class: \$3/member; \$4/non-member + admission. 742-6782; schoolhousemuseum.org

9/7 - Rhythmic Gymnastics at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ballet, acrobatics, theatrical prop handling. Every W through 10/26. Beginner 2 ages 5-6 3-3:55 pm \$130-\$162.50; Beginner 1 ages 4-5 4-4:55 pm \$130-\$162.50; Intermediate ages 7-12 3:45-5:15 pm \$170-\$212.50. 347-3950; sugarsandpark.org

9/7 - Group Swim Lessons at Meadows Park Pool, 1300 NW 8th St., Boca Raton. Level 1 & II classes. Every W & F through 9/30 4-4:45 pm. \$60/resident; \$75/non-resident. 393-7851; ci.boca-raton.fl.us/rec/pools

9/7 - Adobe Photoshop Intermediate at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. Held again 9/14. 4-5:30 pm. Free. 544-8578; bocalibrary.org

9/7 - Make & Take: Sun Catchers at Boynton Beach City Library, 208 S Seacrest Blvd. Grades 2-7. 4:30-5:30 pm. Free. 742-6380; boyntonlibrary.org

9/7 - Musical Theatre Performance Class at Lake Worth Playhouse, 713 Lake Ave.

Audition, sing, act, dance, perform, script work, costuming. Opportunity to perform on the Lake Worth Playhouse mainstage. Directed by Theatre Education Director and professional choreographers. Ages 8-15. Every W through 12/7; performance on 12/14 (no class 11/23). 5-7 pm \$265/session. 586-6410; lakeworthplayhouse.org

9/7 - Teen Gaming at Boynton Beach City Library, 208 S Seacrest Blvd. Video games use Wii, PS3, Xbox 360. Grades 6-12. Every W through 9/28 5:30-7 pm. Free. 742-6390; boyntonlibrary.org

9/7 - Adobe Photoshop Basics 1 at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. Held again 9/21. 6-7:30 pm. Free. 544-8578; bocalibrary.org

9/7 - Fencing/Epee Class at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Introduction to fencing; learn fencing skills, forge new friendships. Beginners M&F 7-8:15 pm \$90-\$112.50/monthly; Intermediate/Advanced M/W/F 7-10 pm \$135-\$168.75/monthly. (954) 854-7843; sugarsandpark.org

Thursday - 9/8 - Bilingual Drop-In Story Time at Boca Raton Public Library, 400 NW 2nd Ave. Music, stories, fingerplays, action songs. Children of all ages; 8 & younger must be accompanied by an adult. 10-10:30 am. Free. 393-7968; bocalibrary.org

9/8 - Full S.T.E.A.M. Ahead: Fun Physics at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Kindergarten readiness class. Ages 3-5. Every Th through 10/13 10:30-11:30 am. \$40/member, \$52/non-member; daily \$8/member, \$10/non-member. 742-6782; schoolhousemuseum.org

9/8 - Y-Kids Yoga at Boca Raton Children's Museum, 498 Crawford Blvd. Presented by the YMCA. Parents with kids ages 3-5. Every Th 11 am. Per session: \$12/member +1 child, \$6/sibling; \$15/non-member +1 child, \$7.50/sibling. Registration: 368-6875; cmboca.org

9/8 - Tail Waggin Tutor with Nigel at Boca Raton Public Library, 400 NW 2nd Ave. Children read to certified therapy dog. Grades K-5. Every Th through 9/29 3-4 pm. Free. Registration: 393-7968; bocalibrary.org

9/8 - Kids Korner at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Different topics every week. Ages 6-9. Every Th through 10/13 3:30 pm. \$40/member; \$52/non-member; daily \$8/member; \$10/non-member. 742-6782; schoolhousemuseum.org

9/8 - Knitting Club at Boca Raton Children's Museum, 498 Crawford Blvd. Ages 7 to adult. Every Th 3:30-4:30 pm. Free w/museum admission. 368-6875; cmboca.org

9/8 - Lego Club at Boynton Beach City Library, 508 S Seacrest Blvd. Monthly build challenge or free build. Grades K-6. 4-5 pm. Free. 742-6380; boyntonlibrary.org

9/8 - USCA Mini Stars Cheer Level II at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Designed to enhance self-esteem, character, social skills. Cheers, chants, partner stunts, jumps, tumbling, dances focus on perfection before progression and developing correct safety and spotting techniques. Ages 6-8. Every Th through 9/29 4:30-5:30 pm. \$40/resident; \$50/non-resident. 347-3950; sugarsandpark.org

9/8 - Tween Tech Time at Boynton Beach City Library, 208 S Seacrest Blvd. Bring favorite books to make book reviews for BookTube or learn how to make beats on GarageBand. Grades 5-8. 5:30-6:30 pm. Free. 742-6390; boyntonlibrary.org

9/8 - Intermediate 3D Design at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8 to adult. Held again 9/22. 6-7:30 pm. Free. 393-7852; bocalibrary.org

9/8 - Eddie Red, Undercover #1: Mystery on Museum Mile by Marcia Wells - Part of the Tween Book Jam at Boca Raton Public Library, 400 NW 2nd Ave. Ages 9-12. Registration: 6:30-7:30 pm. Free. 393-7968; bocalibrary.org

9/8-9 - Karate/Martial Arts Classes at Pompey Park, 1101 NW 2nd St, Delray Beach. Karate and blend of other combat martial arts. Ages 9 to adult. Th&F 6-7 pm. Per month \$10/resident; \$15/non-resident; + one-time \$30 uniform fee. 243-7356; mydelraybeach.com

Friday - 9/9 - Tot Time at Sugar Sand Park, 300 S Military Tr, Boca Raton. Enjoy crafts, snacks, indoor play stations. Drop in anytime during the program. Ages 2-5. 10 am-noon. \$5/child. 347-3900; sugarsandpark.org

9/9 - Fabulous Fun Friday at Schoolhouse Children's Museum & Learning Center, 129 E Ocean Ave, Boynton Beach. Ages 2-7. Held again 9/23. 10:30-11:15 am. \$3/member; \$4/non-member + admission. Registration: 742-6780; schoolhousemuseum.org

9/9 - Sensory Art for Tots at Boca Raton Children's Museum, 498 Crawford Blvd. Ages 1-4 w/parent or caregiver. Every F 11:30 am & 3 pm. Per session \$3/member; \$5/non-member. 368-6875; cmboca.org

9/9 - Rhythmic Gymnastics at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ballet, acrobatics, theatrical prop handling.

Every F through 10/28. Mini Stars ages 3-4 2:15-3 pm \$120-\$140; Beginner 1 ages 4-5 3-3:55 pm \$130-\$162.50; Intermediate 1 ages 7-12 3:45-5:15 pm \$170-\$212.50. 347-3950; sugarsandpark.org

9/9 - Chess Club at Boca Raton Public Library, 400 NW 2nd Ave. Ages 7-17. Every F through 9/23. 4-5:30 pm. Free. 393-7968; bocalibrary.org

9/9 - Friday Night at the Museum at Children's Science Explorium, 300 S Military Tr, Boca Raton. A night out without parents! Wear comfy clothes, hang out in the Explorium after hours, watch a movie, do a fun experiment. Ages 7-12. 6-9:30 pm. \$20/resident; \$25/non-residents; 347-3912; scienceexplorium.org

9/9 - Unity Dance Team at Pompey Park, 1101 NW 2nd St, Delray Beach. Enhances balance, provides exercise, teaches how to gracefully dance and execute interpretive movement. Ages 7-15. Every F 6:30-8:30 pm. Free. 243-7356; mydelraybeach.com

Saturday - 9/10 - Claying Around at Boynton Beach Art Center, 125 SE 2nd Ave. Basic techniques of pottery including wedging, centering clay. Ages 8-14. Every T through 10/15. 9-11 am. \$55/resident; \$69/non-resident. Registration: 742-6650; boynton-beach.org

9/10 - Soccer Shots at Boynton Beach Civic Center, 128 E Ocean Ave. Age-specific curriculum; equipment provided. Sat through 11/19. Ages 2-3 9:30-10 am; ages 4-6 10-10:45 am. \$114/resident; \$144/non-resident. 742-6240; boynton-beach.org

9/10 - Acting Class at Lake Worth Playhouse, 713 Lake Ave. Class introduces students for auditions, performance, or life skills (confidence, verbal and nonverbal communication, listening and focusing skills, ability to share ideas creatively, more). Taught by Phyllis Spear. Ages 8 & up. Every Sat through 12/10. Beginning (Act I) 10-11 am; Intermediate (Act II) 11 am-noon. \$195/session. 586-6410; lakeworthplayhouse.org

9/10 - Group Swim Lessons at John Denson Pool, 225 NW 12th Ave, Boynton Beach. Children must be potty trained. Levels 1-3. Ages 3 & older. Every Sat through 10/1 10:30 & 11:15 am. \$40/resident; \$50/non-resident. 742-6645; boynton-beach.org

9/10 - Color Your World! Superhero and Character Art at Sugar Sand Park, 300 S Military Tr, Boca Raton. Ages 6-12. Two sessions, different projects: 10:30 am & 1 pm. Per session \$28-\$35; Per day \$50-\$62.50. 347-3900; sugarsandpark.org

9/10 - The Three Little Circus Pigs (G) presented by Atlantic Coast Theatre for Youth

at Willow Theatre at Sugar Sand Park, 300 S Military Tr, Boca Raton. 11 am & 2 pm. \$8/adult; \$6/kids 12 & under. 347-3948; willowtheatre.org

9/10 - Piano Classes at Civic Center, 128 E Ocean Ave, Boynton Beach. Instructor Deborah Weaver. Bring a keyboard. Ages 6-12. Every Sat through 10/22. Beginner/intermediate 10:30-11:30 am; intermediate/advanced 11:30 am-1 pm. \$48/resident; \$60/non-resident. 742-6240; boynton-beach.org

9/10 - Family Fun: Uchiwa: Fan-Making Craft at Morikami Japanese Museum and Gardens, 4000 Morikami Park Rd, Delray Beach. Kids (& adults!) create their own Japanese uchiwa (flat fan). Noon-3 pm. Free w/paid admission. 495-0233 x237; morikami.org

9/10 - Art-E-Ology: Carlos Cruz-Diez: Op Art Designs at Boca Raton Museum of Art, 501 Plaza Real. Learn about a master artist on exhibit, create a masterpiece in the style of the selected artist. Grades 3-5. 1-2:30 pm. \$5/child. Reservations: 392-2500 x106; bocamuseum.org

9/10 - Lecture: Funding Your College Education at Boca Raton Public Library, 400 NW 2nd Ave. Adults and teens age 14-17. 1-3 pm. Free. 393-7906; bocalibrary.org

9/10 - USA Netball Association at Pompey Park Recreation Center, 1101 NW 2nd St, Delray Beach. Fast, skillful team game based on running, jumping, throwing, catching. Females ages 6 & up. 2nd & 4th Sat 6-8 pm. Free. 243-7356; mydelraybeach.com

SEPTEMBER 11-17

Sunday - 9/11 - Sunday Movie: Zootopia (PG) at Sugar Sand Park Community Center, 300 S Military Tr, Boca Raton. Children under 12 must be accompanied by an adult. 11 am & 2 pm sensory-friendly show. \$1 admission includes popcorn & beverage. 347-3948; sugarsandpark.org

9/11 - Pencil Drawings at Boca Raton Museum of Art, 501 Plaza Real. Part of ARTful Adventure Sunday series. Art workshops or live performances: interactive opportunity to learn, create, enjoy the arts. Family fare. 2-3 pm. Free w/museum admission. 392-2500; bocamuseum.org

9/11 - Tennis Fundamentals at Tennis Center, 3111 S Congress Ave, Boynton Beach. Based on USTA Florida Youth Tennis Pathway. Smaller courts, shorter racquets, slower-moving and lower-bouncing balls. Every M through 9/26. Ages 5-8 4:30-5:15 pm \$36-\$45; ages 9-12 5:30-6:15 pm \$45-\$54. 742-6575; boynton-beach.org

Monday - 9/12 - Baby Bookworm at Boca Raton Public Library, 400 NW 2nd Ave.

Storytime for infants accompanied by an adult. Ages 3 months to walking. M through 10/3. 11-11:30 am. Free. Registration: 393-7968; bocalibrary.org

9/12 - Early Afternoon Explorers: Wonders of Weather at Children's Science Explorium, 300 S Military Tr, Boca Raton. Ages 6-9 1-2 pm; ages 10-12 2-3 pm. \$10/resident; \$12.50/non-resident. 347-3912; scienceexplorium.org

9/12 - Rhythmic Gymnastics at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ballet, acrobatics, theatrical prop handling. Every M through 10/31. Beginner 2 ages 5-6 3-3:55 pm \$130/resident; \$162.50/non-resident. 347-3950; sugarsandpark.org

9/12 - Adventures in Reading at Boca Raton Public Library, 400 NW 2nd Ave. Children attend independently. Ages 4-6. Every M through 10/3. 3:30-4 pm. Free. Registration: 393-7968; bocalibrary.org

9/12 - Tennis Whiz Kids at Tennis Center, 3111 S Congress Ave, Boynton Beach. Six key elements (space, object, people, brain, body, movement) combined in every on-court session. Ages 3-4 (age 5 with no experience). Every M through 9/26 4-4:30 pm. \$30/resident; \$38/non-resident. 742-6575; boynton-beach.org

9/12 - Kidnastics Class at Boca Raton Community Center, 150 Crawford Blvd. Musical activities, team-building challenges, relays, group games, small obstacle courses for inside fun. Sportsmanship, cooperation, motor skills. Ages 5-10. Every M through 11/14. 4:15-5 pm. \$112/resident; \$140/non-resident. 393-7807; myboca.us

9/12 - Jazz & Hip Hop Dance Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Learn choreographed warm-ups, dances to favorite songs. Ages 5-9. Every M through 10/24. 4:15-5 pm \$84/resident; \$105/non-resident. 367-7035; myboca.us

9/12 - Mix, Bake & Take Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Each session offers seasonal recipes. Ages 6-8. Every M through 10/3 4:15-5:45 pm. \$100/resident; \$125/non-resident. 367-7035; myboca.us

9/12 - Kids Activity Lab at Boynton Beach City Library, 208 S Seacrest Blvd. Board/video games using Wii, Wii U, PS3 or Xbox 360, or make wearable art with Rainbow Looms. Grades K-5. Held again 9/19 & 26. 4:30-5:30 pm. 742-6393; boyntonlibrary.org

9/12 - Acrobatics Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Basic skills on mats: stretches, bridges, rolls, cartwheels, handstands, balances.



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<p>★ Monday ★</p> <p><i>All-You-Can-Eat Ribs \$14.99 and Bar Bingo</i></p>	<p>★ Friday ★</p> <p><i>All-You-Can-Eat Fish Fry \$13.95</i></p>
<p>★ Tuesday ★</p> <p><i>All-You-Can-Eat Tacos \$12.95</i></p> <p><i>No Limit Pub Poker @ 7pm and Indoor Cornhole Tournament</i></p> <p><i>\$5 Margaritas</i></p>	<p>★ Saturday ★</p> <p><i>College Football</i></p> <p><i>No Limit Pub Poker @ 7pm</i></p>
<p>★ Wednesday Night ★</p> <p><i>Trivia Night</i></p>	<p>★ Sunday ★</p> <p><i>NFL Sunday Ticket</i></p>
<p>★ Thursday Night ★</p> <p><i>Live Music</i></p> <p><i>No Limit Pub Poker @ 7pm</i></p>	<p>Free <i>Select Appetizer With Purchase of 2 Entrees</i></p> <p><small>One coupon per visit</small></p>

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Musical warm-ups, prop routines included. Ages 5-9. Every M through 10/24. 5-5:45 pm. \$84/resident; \$105/non-resident. 954-971-9917; myboca.us

9/12 - Musical Theater & Props Class at Boca Raton Community Center, 150 Crawford Blvd. Theater games, team building activities, dance routines. Parents asked to wait outside during class. Ages 6-11. Every M through 11/14. 5-5:45 pm. \$112/resident; \$140/non-resident. 393-7807; myboca.us

9/12 - No Filter Teen Group at Boynton Beach City Library, 208 S Seacrest Blvd. Keep it real with Mr. Iriyah; talk about issues that matter to you and your friends. Topics/activities change each week; snacks served. Grades 8-12. Every M through 9/26 5:30-6:30 pm. Free. 742-6390; boyntonlibrary.org

9/12 - Youth Knitting Club at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8-12. Every M through 10/3. 6-7 pm. Free. 393-7968; bocalibrary.org

Tuesday - 9/13 - Kidokinetics at Sugar Sand Park, 300 S Military Tr, Boca Raton. New sport each week: soccer, hockey, tennis, basketball, volleyball, golf, hula hoops, obstacle courses, T-ball, more. Ages 2-5. Every T through 10/25. Ages 3-5 3:45-4:30 pm; ages 2-4 4:30-5:15 pm (some parent involvement). \$77/resident; \$96.25/non-resident. 954-385-8511; kidokinetics.com

9/13 - The Living by Matt de la Pena - Part of Teen Book Club at Boca Raton Public Library, 400 NW 2nd Ave. Ages 13-17. 6:30-8 pm. Free. 393-7968; bocalibrary.org

9/13-14 - Group Swim Lessons at John Denson Pool, 225 NW 12th Ave, Boynton Beach. Young children must be potty trained. Ages 3 & older; Level 1. T/Th through 9/29 or W/F through 9/30. 4, 4:30 & 5 pm. \$40/resident; \$50/non-resident. 742-6645; boynton-beach.org

Wednesday - 9/14 - Kindermusik with Miss Cathy at Sugar Sand Park, 300 S Military Tr, Boca Raton. Children learn by singing, playing instruments, dancing. Materials fee paid to instructor. Every W through 12/14. Ages 0-16 mos 9:30-10:15 am; 15 mos-2.5 yrs 10:30-11:15 am; 2.5-4 yrs 11:30-12:15 pm. \$187/resident; \$233.75/non-resident. 347-3900; sugarsandpark.org

9/14 - Family Storytime at Boynton Beach City Library, 208 S Seacrest Blvd. Ages infant to 5 yrs. Held again 9/21 & 28. 10-11 am. Free. 742-6380; boyntonlibrary.org

9/14 - Pony Bead Bracelets & Necklaces at Boynton Beach City Library, 208 S Seacrest Blvd. Create one-of-a-kind bracelets and necklaces

using pony beads and twine. Grades K-5. 4-5 pm. Free. 742-6380; boyntonlibrary.org

9/14 - Adobe Photoshop Basics 2 at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. Held again 9/24 (11 am-12:30 pm) & 9/28. 6-7:30 pm. Free. 544-8578; bocalibrary.org

Thursday - 9/15 - Kindermusik with Miss Cathy at Sugar Sand Park, 300 S Military Tr, Boca Raton. Children learn by singing, playing instruments, dancing. Materials fee paid to instructor. Every Th through 12/15. Ages 0-16 mos 9:30-10:15 am; 15 mos-2.5 yrs 10:30-11:15 am; 2.5-4 yrs 11:30-12:15 pm. \$187/resident; \$233.75/non-resident. 347-3900; sugarsandpark.org

9/15 - Little Artists at Boynton Beach City Library, 208 S Seacrest Blvd. Explore your creativity, showcase your artistic side. Ages 2-5. Held again 9/29. 10-11 am. Free. 742-6380; boyntonlibrary.org

9/15 - Drop-in Story Time at Boca Raton Public Library, 400 NW 2nd Ave. Music, stories, fingerplays, action songs. Children of all ages; 8 & younger must be accompanied by an adult. Every Th 10-10:30 am. Free. 393-7968; bocalibrary.org

9/15 - Zootopia (PG) - Part of Half-School Day Family Movie series at Boca Raton Public Library, 400 NW 2nd Ave. All ages. Children 8 & under must be accompanied by an adult. Free snacks. 1:30-3 pm. Free. 393-7968; bocalibrary.org

9/15 - Candy Pixel Art at Boynton Beach City Library, 208 S Seacrest Blvd. Create edible pixel art designs using sweet treats. Grades 3-7. 4:30-5:30 pm. Free. 742-6380; boyntonlibrary.org

9/15 - Project Fashion Design & Sewing Class at Boca Raton Community Center, 150 Crawford Blvd. Perfect class for young fashionistas who want to learn to design and sew their own clothing. Goal is to complete 2-3 pieces in a 10-week session. Each session concludes with a fashion show showcasing student designs for friends and family. Ages 8 & up. Every Th through 11/17 5-6:30 pm \$226/resident; \$276/non-resident. 393-7807; myboca.us

9/15 - Advanced Acting Class at Lake Worth Playhouse, 713 Lake Ave. Introduction to auditions, performance, life skills (confidence, verbal and nonverbal communication, listening and focusing skills, ability to share ideas creatively, more). Taught by Phyllis Spear. Ages 11 & up. Every Th through 12/15. 5-6 pm. \$195/session. 586-6410; lakeworthplayhouse.org

9/15 - Duct Tape Craft at Boynton Beach City Library, 208 S Seacrest Blvd. Start the school year right with duct tape crafts to help you get

organized. Grades 6-12. 5:30-7 pm. Free. 742-6390; boyntonlibrary.org

9/15 - Introduction to Tinkercad at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. Held again 9/29. 6-7:30 pm. Free. 544-8578; bocalibrary.org

9/15 - DIY Art Projects: Dragons at Play at Norton Museum of Art, 1451 S Olive Ave, West Palm Beach. Families participate in self-guided gallery activity, then visit the Atrium for a related DIY Art Project. Ages 5-15+. 6-8 pm. Free. 832-5196; norton.org

9/15 - Make it @ Your Library: Beaded Chain Bracelets at Boca Raton Public Library, 400 NW 2nd Ave. Grades 6-12. 6:30-7:30 pm. Free. Registration: 393-7968; bocalibrary.org

Friday - 9/16 - Kindermusik Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Every F through 12/16. Ages 1-2 years 9:30-10:15 am; ages 16 mos-2 1/2 10:30-11:15 am; ages 0-14 mos. 11:30 am-12:15 pm. \$170/resident; \$213/non-resident. 367-7035; myboca.us

9/16 - Eyes to the Skies with professional-grade 16-inch Meade LX Schmidt-Cassegrain telescope at Children's Science Explorium, 300 S Military Tr, Boca Raton. Informal event held in the parking lot (weather permitting). Telescope is out for at least one hour after scheduled start time; stars must be visible for telescope to align. Ages 8+ (under 18 must be accompanied by an adult). 8 pm. Free. 347-3912; scienceexplorium.org

Saturday - 9/17 - Youth Tennis: Sized Just Right For Kids at Tennis Center, 3111 S Congress Ave, Boynton Beach. Every Sat through 10/8. Age 5-6 9-9:45 am \$40-\$50; age 7-15 10-11 am \$48-\$60. 742-6575; boynton-beach.org

9/17 - Pajama Jams Story Time with Miss Mij at Sugar Sand Park, 300 S Military Tr, Boca Raton. Stories, fingerplays, poems, songs, props, puppets. Ages 18 mo-2 yrs 10-10:45 am; 3-4 yrs 11 am-noon. \$5/drop in (includes one carousel token/paid child). 347-3900; SugarSandPark.org

9/17 - Gymnastics at Ezell Hester, Jr. Community Center, 1901 N Seacrest Blvd, Boynton Beach. Develop strength, flexibility, coordination; classes especially designed for introductory skill development on vault, bars, beams, floor. Every Sat through 10/29. Age 4-7 10-11 am; age 8-16 11 am-noon. \$66/resident; \$83/non-resident. 742-6550; boynton-beach.org

9/17 - Everglades District Cub Scout Learning Adventure Workday (CLAW) at South Florida Science Center and Aquarium,

4801 Dreher Tr N, West Palm Beach. Participation fee includes patch, 3 loops or pins, program, admission into the Science Center for one Scout and one adult. 8:30 am check-in; 10 am-2 pm. \$15/scout & adult; additional family \$7.50/adults, \$5.50/child. 832-1988; sfscenter.org

9/17 - Nickelodeon Worldwide Day of Play at Barrier Free Park, 3111 S Congress Ave, Boynton Beach. Nickelodeon characters, live performances, bounce house, karaoke stage. All ages. 10 am-1 pm. Free. 742-6569; boynton-beach.org

9/17 - Children's Music Group Class at Boca Raton Community Center, 150 Crawford Blvd. Immersion program: learn fundamentals of singing in a group setting accompanied by experienced adult musicians who will also serve as mentors. Final recital for family & friends concludes the program on 11/5. Ages 6-8. Every Sat through 11/5. 1-3 pm. \$80/resident; \$100/non-resident. 393-7807; myboca.us

9/17 - Realistic Art for Children: Drawing & Painting Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Learn basic techniques essential to quality, realistic paintings. Ages 7-12. Every Sat through 10/8 2:30-4:30 pm, \$40/resident; \$50/non-resident; + additional materials purchased by parents after first class. 367-7035; myboca.us

9/17 - 3D Printing Studios at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. 4-5:30 pm. Free. 544-8578; bocalibrary.org

9/17 - Annie Jr. at Showtime Performing Arts Theatre, 503 SE Mizner Blvd, Boca Raton. Every Sat through 10/22 4 pm. \$14/adults; \$10/child under 12. 394-2626; showtimeboca.com

9/17-18 - SAT Bootcamp at Florida Atlantic University, 777 Glades Rd, Boca Raton. Students have a chance to earn up to \$2,500 in scholarship money from the Mindworks 2016 Bootcamp Scholarship. Featuring course reviews and tips to passing the SAT and ACT. Scholarship money based on goals and essays students work on during the bootcamp. Deadline to apply is 9/10. 10 am-3 pm both days. \$149. 954-204-9172. prepbootcamp.org

9/17-18 - Science Demonstrations at Children's Science Explorium, 300 S Military Tr, Boca Raton. Hear favorite science-inspired stories. Ages 5 & up. 3:30 pm. Free. 347-3912; scienceexplorium.org

SEPTEMBER 18-24

Sunday - 9/18 - Open House at Sol Children Theatre, 3333 N Federal Hwy, Boca Raton.. Held again 9/24. 6-8 pm. By appointment only: 447-8829; solchildren.org

Monday - 9/19 - Kidz On Stage at Showtime Performing Arts Theatre, 503 SE Mizner Blvd, Boca Raton. Performance program for grades pre-K to 7 years. Performance held 11/26. Every Sat 10-11 am. \$300. 394-2626; showtimeboca.com

Tuesday - 9/20 - Mother Nature & Me: Start Your Garden! at Daggerwing Nature Center, 11435 Park Access Rd, Boca Raton. Experience nature topics through stories, puppets, games, role play, nature walks, crafts. Ages 2-5 (w/guardian). 10:30-11:15 am. \$4/child. Reservations: 629-8760; pbcgov.com/parks/nature

9/20 - COBRA Minis Basketball at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ages 3-5. Every T through 11/1 3:30-4:15 pm. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org/cobra

Wednesday - 9/21 - Adobe Lightroom at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. 4-5:30 pm. Free. 544-8578; bocalibrary.org

9/21 - Adobe Photoshop Basics 3 at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. 6-7:30 pm. Free. 544-8578; bocalibrary.org

Thursday - 9/22 - COBRA Minis Basketball at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ages 3-5. Every Th through 11/3. 3:30-4:15 pm. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org/cobra

9/22 - COBRA Minis Review at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ages 3-5. Every Th through 11/3 3:30-4:15 pm. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org

9/22 - Spin Art at Boynton Beach City Library, 208 S Seacrest Blvd. Use paint to make beautiful swirly masterpieces. Grades 3-8. 4:30-5:30 pm. Free. 742-6380; boyntonlibrary.org

9/22 - Teen Book Discussion at Boynton Beach City Library, 208 S Seacrest. Grades 6-12. 6-7 pm. Free. 742-6390; boyntonlibrary.org

Friday - 9/23 - Booktastic Book Club for 7s & 8s at Boca Raton Public Library, 400 NW 2nd Ave. Foster your child's love of reading by exploring a popular children's author each week. Free copy of the book upon registration. Child attends independently. Registration: 3:30-4:30 pm. Free. 393-7968; bocalibrary.org

Saturday - 9/24 - Story & Craft Time at Green Cay Nature Center, 12800 Hagen Ranch Rd, Boynton Beach. Discover nature through crafts and stories about animals and other nature-related themes! Ages 4-10. 10 am. \$2.

Reservations: 966-7000; pbcgov.com/parks

9/24 - Hispanic Heritage Celebration at Boynton Beach City Library, 208 S Seacrest Blvd. Make salsa, learn about Hispanic culture and customs. Grades 6-12. 5:30-6:30 pm. Free. 742-6390; boyntonlibrary.org

SEPT. 25-OCT. 1

Sunday - 9/25 - COBRA Minis Review at Sugar Sand Park Field House, 300 S Military Tr, Boca Raton. Ages 3-5. Every Sun through 11/6. 10-10:45 am. \$80/resident; \$100/non-resident. 347-3916; sugarsandpark.org

Monday - 9/26 - Kangaroo Kids Programs at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Educational development class. Every M through 11/7. Age 15 mos-2 years 9-9:30 am \$75-\$94; age 2-3 years 10-10:45 am \$90-\$113; age 3-5 years 11-11:45 am \$90-\$113. 367-7035; myboca.us

9/26 - Children's Gardening & Nutrition Education Program at Secret Garden, 410 E Boynton Beach Blvd. 16-week hands-on class, learning exercises, gardening activities, food preparation, homework assignments. Discount for multiple siblings; returning students. Ages 5-12. Every Mon 1:30-3 pm. Full class \$160/child; per class \$10/child. 310-8834; cccgbb.org

9/26 - Acting 101 at Boca Raton Community Center, 150 Crawford Blvd. Age-appropriate character work. Ages 5-10. Every M through 10/31. 3-5 pm. \$200/resident; \$250/non-resident. 393-7807; myboca.us

9/26 - Actors Conservatory at Boca Raton Community Center, 150 Crawford Blvd. For future professional actors. Intense program designed to foster the young actor's creative process. Training in the style of collegiate conservatory with focus ranging from classical acting to movement to vocal exercises to stage combat and more. Ages 11-18. Every M through 12/5. 5-8 pm. \$475/resident; \$594/non-resident. 393-7807; myboca.us

Tuesday - 9/27 - Kangaroo Kids Programs at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Educational development class. Every T through 11/8. Age 2-3 years 10-10:45 am; age 3-5 years 11-11:45 am. \$90/resident; \$113/non-resident. 367-7035; myboca.us

9/27 - Daggerwing Visits the Library: Owls at Glades Road Branch Library, 20701 95th Ave S, Boca Raton. Special program about turtles featuring live animal ambassadors. All ages. 3:30 pm. Free. Reservations: 482-4554; pbcgov.com/parks/nature

9/27 - The Write Stuff: Cursive Writing at Boynton Beach City Library, 208 S Seacrest Blvd. Learn how to write in cursive. Grades 3-5. 4-5 pm. Free. 742-6380; boyntonlibrary.org

9/27 - GEMS Club: Pet Mania at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. Empower young girls to explore STEM fields. NOTE: Live bats will be present during this session; it is not advised for children with severe animal allergies. Girls grades 3-8. High school girls can volunteer to be mentors. 5-7 pm. Advance: \$5/child, \$7/walk-in. Registration: 370-7710; sfscenter.org/gems

Wednesday - 9/28 - Photoshop Project: Business Cards at Boca Raton Public Library, 400 NW 2nd Ave. Ages 8+. 6-7:30 pm. Free. 544-8578; bocalibrary.org

Thursday - 9/29 - Classic Cinema: Willy Wonka and the Chocolate Factory at Boynton Beach City Library, 208 S Seacrest Blvd. Watch a classic movie based on a Roald Dahl book and discuss the similarities and differences of the book versus the movie. All ages. 5:30-7 pm. Free. 742-6390; boyntonlibrary.org

9/29 - DIY Art Projects: Guatemalan Worry Dolls at Norton Museum of Art, 1451 S Olive Ave, West Palm Beach. Families participate in self-guided gallery activity, then visit the Atrium for a related DIY Art Project. Ages 5-15+. 6-8 pm. Free. 832-5196; norton.org

Friday - 9/30 - Jaws, Claws & Paws Night At The Museum at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. Science crafts, activities, entertainment, exhibits, planetarium shows, a chance to view the night sky. 6-9 pm. \$12/adult; \$10/senior; \$8/child (3-12); \$6/adult member; free/kids under 3. 832-1988; sfscenter.org

9/30 - Traveling Exhibit Preview: Zoo In You at Children's Science Explorium, 300 S Military Tr, Boca Raton. Explore the vibrant world of our inner microorganisms through engaging interactive and bilingual exhibits. Exhibit opens in Oct. 7-9 pm. \$5. 347-3912; scienceexplorium.org

Saturday - 10/1 - Justin Roberts Trio at Kravis Center Gosman Amphitheatre, 701 Okeechobee Blvd, West Palm Beach. Family fare. 10 am. Free. 832-7469; kravis.org

10/1 - Color Your World! Fall Themed Creations at Sugar Sand Park, 300 S Military Tr, Boca Raton. Ages 6-12. Two sessions, different projects: 10:30 am & 1 pm. Per session \$28-\$35; Per day \$50-\$62.50. 347-3900; sugarsandpark.org

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House of the Month

Each month, The Coastal Star features a house for sale in our community. The House of the Month is presented as a service to our advertisers and provides readers with a peek inside one of our houses.



Recent additions include a second story, plus a balcony and lanai that offer plenty of space for outdoor entertaining.



A new living room on the second floor offers sweeping Intracoastal Waterway views.

Magnificent views in Point Manalapan

Imagine the sunsets you'll see from this west-facing Point Manalapan house.

The Intracoastal Waterway home boasts 105 feet of direct water and a large cypress-covered poolside veranda that provides enjoyment of some of the best indoor/outdoor living and entertaining Florida has to offer and gives the home a wonderful flow.

The house recently underwent an extensive renovation using some of the best available fixtures and fittings by such firms as Ann Sacks, Kallista, Dornbracht, HenryBuilt, Miele and SubZero.

The project created three luxurious master suites as well as three additional bedrooms, two with built-in bunk beds

perfect for a child's imagination, a formal dining room, an eat-in kitchen and three living rooms (one of which is on the newly built second floor). There also is a tree-lined terrace ideal for morning coffee or evening cocktails, a private dock with 12,000-pound boatlift and a two-car garage.

Included in the purchase is a free membership to the neighboring "La Coquille Club," at the Eau Palm Beach Resort & Spa (recently rated No. 1 Resort in Florida by Conde Naste Traveler).

Offered at \$4.25 million by Sabra Kirkpatrick, (561) 628-2077. Brown Harris Stevens of Palm Beach. www.BrownHarrisStevens.com. 353 Worth Ave., Palm Beach, (561) 659-6400.



ABOVE: The house offers three living rooms, including this formal space.

Walls of windows provide striking views throughout the home, including the kitchen and informal dining area.



LEFT: The house has 105 feet of water frontage, plus a boatlift, a pool and a lanai from which to enjoy the view.

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NEW LISTING

1370 S Ocean Boulevard Manalapan
9 Bedrooms | 11.5 Baths | 34,498 total sq. ft. | 2.80 acres | 305 +/- ft. frontage
\$48,900,000



1730 Lands End Road Manalapan
7 Bedrooms | 8.1 Baths | 7,559 living sq. ft. | 350 +/- ft. frontage
\$9,995,000



1920 & 1940 S Ocean Boulevard Manalapan
9 Bedrooms | 8.2 Baths | 9,312 living sq. ft. | 3.82 acres | 300 +/- ft. frontage
\$27,000,000



1245 Lands End Road Manalapan
5 Bedrooms | 6.2 Bathrooms | 7,065 living sq. ft.
\$5,900,000



409 N Atlantic Drive Hypoluxo Island
6 Bedrooms | 6.2 Bathrooms | 4,781 living sq. ft.
\$5,750,000



961 Lands End Road Hypoluxo Island
5 Bedrooms | 6.2 Baths | 6,230 living sq. ft.
\$3,995,000



1585 Lands End Road Manalapan
6 Bedrooms | 6.1 Baths | 5,987 living sq. ft.
\$3,195,000 or lease for \$16,000/Month



1 Spoonbill Road Manalapan
3 Bedrooms | 3.1 Baths | 3,214 living sq. ft.
\$1,900,000



SOLD

502 N Ocean Boulevard Delray Beach
8 Bedrooms | 9.3 Baths | 1/1 Guest House
25,834 total sq. ft. | 2.767 acres | \$28,850,000



SOLD

711 S Ocean Boulevard Delray Beach
6 Bedrooms | 9.3 Baths | 12,020 living sq. ft. | 114 ft. frontage
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Around Town

Celebrations - Page AT2
Thom Smith - Page AT4
Calendar - Page AT12

September 2016

The Coastal  Star

Art



The Highwaymen

(and their teacher)

ABOVE: *Turbulent Backcountry*, an oil on Upson board by Willie Daniels, one of the Highwaymen. The artists often sold their work along roadsides.

RIGHT: *Boca Bridge*, an oil on canvas by A.E. 'Beanie' Backus.



The works of A.E. 'Beanie' Backus and Florida's Highwaymen, a group of African-American painters of the late 1950s and 1960s, will be on display Sept. 16-Nov. 19 in the Ritter Art Gallery at FAU. Backus taught some of those artists to paint.

Story, Page AT 7



The Four Arts

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Celebrations

Education Breakfast

Delray Beach Golf Club – Aug. 11



The Greater Delray Beach Chamber of Commerce had its annual celebration to welcome new teachers to the city's schools and hear success stories from principals. Originating in the '70s, the event is one of the chamber's most meaningful and rewarding, as each principal receives a \$500 Office Depot gift card for back-to-school shopping. **ABOVE:** (l-r) Delray Beach Mayor Cary Glickstein, Tom Lynch and Ian Saltzman. **Photo provided**

Pre-gala reception

Boca Raton Resort & Club – Aug. 16



More than 100 committee members, dignitaries and sponsors joined to celebrate the sold-out success of the 2016 Mayors Ball, which is set for Oct. 8. Proceeds from the ball benefit the Rotary Club of Downtown Boca Raton. **ABOVE:** (front, l-r) former Boca Raton City Councilwoman Constance Scott, former Mayor Bill Smith, Mayor Susan Haynie, Deputy Mayor Michael Mullaugh; (back) Palm Beach County Commissioner Steven Abrams, Jon Kaye, City Councilman Scott Singer and City Councilman Robert Weinroth. **Photo provided by Carlos Aristizabal**

Buddy Walk...Uncorked

The Wine Cellar, Boynton Beach – Aug. 3



More than 100 supporters attended the fifth-annual Uncorked event, which raised \$3,000 for the Gold Coast Down Syndrome Organization's resource center. It kicked off this year's Buddy Walk, which will take place Oct. 16 at John Prince Park in Lake Worth. **ABOVE:** (l-r) Co-Chairwomen Erin Allen, Anne Dichele and Bethany Pauley. **Photo provided**

The Coastal Star

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MARINA HISTORIC DISTRICT



CAPTIVATING INTRACOASTAL ESTATE

Brilliantly renovated 4 bed 4.5 bath pool home, dock and 2 bay garage, stroll to Atlantic Ave. RX-10207212 **\$3,250,000**



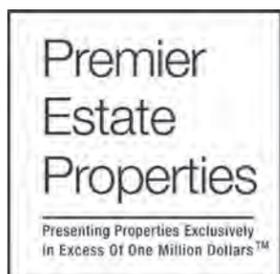
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Around Town

Tristan Nunez has a need for speed — and to discourage distracted driving

When most 20-year-olds are choosing their college majors, Boca Raton native **Tristan Nunez** is on the road much of the year, going as fast as possible, seizing every opportunity to pass any car in front of him. But no speeding or reckless driving tickets, thank you: Nunez has goals as a race car driver and role model.

He races cars for a living, specifically Mazda prototypes in the **Continental Tire SportsCar Challenge** of the **IMSA Weathertech SportsCar Championship**, the nation's top sports car racing series.

At 16, Nunez became the youngest driver ever to win a sports cars championship. This year, with a hot new Mazda engine, his team has started in the front row of four races. He briefly held the lead at Daytona Beach. The team led by 25 seconds halfway through the Canadian Tire race before a mechanical failure knocked the car out. The drivers were in front and cruising at Elkhart Lake, Wis., when they were done in by a faulty pit strategy.

Sadly, Mazda has celebrated only one podium finish this season because of other mechanical problems, but Nunez learned long before

his first race that all winners also lose. His Chilean-born father, **Juan**, played tennis professionally and now runs a training academy in Delray Beach. His pupils included **Chris Evert**, **Arantxa Sánchez Vicario** and **Gabriela Sabatini**.

Nunez tried tennis but discovered karting before hitting his teens and decided he preferred racket to racquets. His twin, **Dylan**, once a ranked junior tennis player, now pursues an acting career in Atlanta.

Tristan's mother, **Diane**, is his manager.

"If I didn't have the support from my family, I wouldn't be where I am today," he said. "My mom does the hard stuff behind the scenes. My dad's been a racing fan since I don't know when." Nunez also cites inspiration from legendary British driver **Derek Bell**, who has a home in Boca Raton; but all the support in the world wouldn't help if he didn't have the tools both mental and physical.

"That's the good thing about the racing world," he said. "If you have a good head on your shoulders and you're knowledgeable about racing, age doesn't matter. We all have that mutual respect for each other.



Boca Raton race car driver Tristan Nunez, shown here with his high-tech race course simulator, visits schools to stress to students the dangers of distracted driving. **Photo by Thom Smith**

"The night before a race, I can't sleep. It's like any athlete before a game. And when you get out after a three-hour stint, it's like 'Wow, I can't believe I just did that!' I sleep like a baby, but the next morning is hard; I can't get up."

But he does ... and not just to take a few laps. With the opportunity afforded by "celebrity" comes responsibility. Last spring first lady **Michelle Obama** invited him to the White House Easter egg roll because of his work as founder of **Dnt txt n drV Foundation**, which is waging a campaign against distracted driving. With his 200-mph Mazda in tow, he visits schools to stress to students that a

second of distraction can be fatal.

The foundation provides grants and scholarships, mostly to teenagers, to help them spread the word. "It's the teens who are most at risk from distracted driving," he said, "but they can also have the biggest voice. The only way it's going to spread is through a team of young, dedicated advocates."

Back on the track, Nunez will glean what he can from this year's experience and prepare for the changes to be made by IMSA for 2017, in hopes of seeing more checkered flags and saving lives.

Kevin, we hardly got to know you. In 2012, TV comedian **Kevin James** paid \$18.5 million for a 12,828-square-foot estate — big enough for its own "Mall Cop" — at the north end of Delray Beach's public beach. Last winter, he put it on the market. As real estate deals go, he didn't make a Trumpian killing, but then what's a few million.

Asking price: \$28.85 million. Sales price: \$26.4. James had also bought the adjacent lot for \$4.25 million, a total outlay of \$22.75 million or a profit of 16 percent.

James was often seen dining downtown; the family were regulars at **St. Vincent Ferrer Church** on George Bush Boulevard. He even shot a trailer for *Paul Blart: Mall Cop 2* nearby at Boca's **Town Center**. So why did he leave?

TV maybe? James will return to the 4K screen this fall in *Kevin Can Wait*, a sitcom about a newly retired cop who finds life is tougher at home than on the streets. It premieres Sept. 19 on CBS. More significant, James is co-producer and the series will be shot in Bethpage on Long Island, just a few miles from his hometown of Mineola. He should be able to find a fixer-upper along the shore.

Actually, James has been gone from Delray Beach for months. Developer, author and philanthropist **Frank McKinney**, who also lives at the north end, jogs in the area

every day. James' house was noteworthy, he said, because six to eight garbage cans would always be put out in the alley on collection days.

"Then about six months ago, no more trashcans," McKinney said. "He loved it while he was here, but I'm sure it was because of the show."

After a month in the rumor mill, the truth is finally out. On Aug. 23, **Nick Morfogen**,



Morfogen

executive chef at **32 East**, announced his departure, 17 years to the day after taking over the kitchen at the acclaimed

Delray Beach restaurant. "I am astonished almost daily witnessing the transformation from sleepy little town that was just waking up, to a world-class destination. It has been a privilege for me to have been at the forefront of the culinary evolution that continues to reshape the heart of Delray," Morfogen wrote on the restaurant's Facebook site.

But, as the saying goes, Nick got an offer he couldn't refuse.

He'll run the dining operation at **Pine Tree**, a private golf club west of Boynton Beach. The change is dramatic, and some friends have called it a "waste of talent," but for Nick, family considerations prevailed.

Nevertheless, the separation will not be total: He'll remain a partner at 32 East. In that role he no doubt will have some say in its future, which includes new executive chef **John Thomas**, his protege for a decade at Tryst.

"Thank you to the staff, past and present that have helped me live my dream, the guests who have trusted me in this culinary journey, and to the farmers, fishermen and purveyors who I have been fortunate to work with; they educate and inspire me on a regular basis," Morfogen wrote, concluding with a reminder to 32 East fans, "it's still all about the food. ..."

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The inaugural **Dine-Out Delray** apparently was a big hit. Final figures aren't in for the weeklong promotion that featured specially priced, three-course prix fixe meals, but response from the 30 participating restaurants, juice bars, cafes and pizza joints was overwhelmingly positive.

More than 3,000 meals were served, and several restaurants continued the promotion beyond the initial week of Aug. 1-8.

"It was a great way to introduce our menu to new diners," **Max's Harvest** General Manager **Pete Stampone** said. "It was a nice perk for our regular guests."

Sponsored by the city's Downtown Development Authority, the event boosted business in the dog days and provided \$3,000 to **Healthy Bellies**, a program through the **Achievement Center for Children & Families**. Founded by **Dada** executive chef **Bruce Feingold** and his wife, **Amanda**, it promotes education and nutrition for disadvantaged children and families.

Who needs flower arrangements! At the entrance to **50 Ocean** in Delray Beach, guests are greeted with heads of lettuce, herbs and varieties of spinach. Only a few weeks on the job, new exec chef **Joe Bonavita** is boosting the seaside eatery's garden-to-table menu with three grow towers that not only catch the diner's eye but also provide fixings for salads, craft cocktails and daily specials.

Hydroponics and aeroponics are as old as the Hanging Gardens of Babylon, but only recently have they been reintroduced into modern American kitchens. General Manager **Mark DeAtley** even envisions the towers serving as an educational tool while



At 50 Ocean in Delray Beach, chef Joe Bonavita says diners will find three tower gardens that not only look good but provide fixings for salads, cocktails and daily specials. **Photo provided**

providing a little fun for diners in the process: "They can interact with the plants and even pick fresh strawberries off the vine."

One of the first lessons a surfer learns is that a wipeout is not the end of a ride, just an interruption. Waves don't stop, nor do surfers.

Same can be said of the **Palm Beach County Surfing Museum** in Delray. In surfing terms, the break — its building on North Federal — has blown out. The landlord, who had provided temporary space, has found a paying tenant. So after a year and a half, the **Palm Beach County Surfing History Project** has, to steal a phrase, packed up the woody with boards in the back — plus displays and memorabilia — and headed out.

Some will go to a storefront on nascent Park Avenue in Lake Park, the rest just a skateboard ride away to the **Sandoway House** on A1A in Delray. "They've been very generous to let us stay there for a year," project founder **Fred Salmon** said. "The county is so big that it's good to split up the exhibits so people all over have a better chance to see it."

History Project board members even used the closing event on Aug. 18, a reception for the **Delray Beach Chamber of Commerce**, to spread the word. The chamber group, few of whom were surfers, were captivated by the board members and historical displays — old Holmsey and Nomad boards, images of the beached Amaryllis on Singer Island and gremmies at Lake Worth Pier — as longtime local

surfers such as **Tom Warnke** and **Scott McCranels** made their case.

The gang hopes to open the Sandoway exhibit this month. Lake Park may take longer, but the project should be safe for another year while devotees work to find a permanent site. And the waves will come and go. (www.surfhistoryproject.org)

Cancer doesn't discriminate. It can hit anyone. Since 1992, **Connor Moran Children's Cancer Foundation** has been serving affected South Florida families, and now it's out to prove the disease is a "drag," in the most upbeat sense.

Tom Hantzarides, host and producer of GET OUT! South Florida, America's only terrestrial-radio LGBTQ talk show, and **Tracy St. John**,

afternoon drive jock at 97.9-WRMF, will co-host **Cancer's a DRAG — A Magical Musical Tour!**

Set for at 6 p.m. Sept. 25 at the **Crest Theatre at Old School Square** in Delray, this sequins-and-glitter show will offer decades of hits performed by famous South Florida drag queens **Big Mama**, **RaeJean Cox**, **Kataleya Davenport**, **Destiny Devine**, **Roxi DiVine**, **Dupree Edwards**, **Lupita Hollywood**, **Rianna Petrone**, **Nicole Sapphire**, **Melissa St. John** and more.

International cabaret star **Chris Barrett** will perform hits from Broadway and the great American songbook. Tickets, \$25-\$75 at www.getoutsouthflorida.com.

One of the most interesting TV commercials to come along in years may be for the **New York Grilled Cheese Co.**, a new franchise that opened in April across Federal Highway from Boca's **Mizner Park**. Needless to say, the star — bewigged blonde in heavy makeup — is *tres* campy as she interviews diners, including Boca's Broadway queen, **Jan McArt**.

Folks farther south may recognize **Miss Daisy Deadpetals**, one of the best-known drag queens in South Florida for two decades.

Owner **Leor Barak**, who opened his first cheesy joint in Wilton Manors in 2013 and envisions nationwide franchises, confesses he likes to think out of the box. He also believes in giving back to the community. Daisy could be very busy.



Reach **Thom Smith** at thomsmith@gmail.com.

Dining

Hooking sweet crab at Prime Catch

The Plate: Baked Florida Lump Crab

The Place: Prime Catch, 700 E. Woolbright Road, Boynton Beach; 737-8822 or www.primecatchboynton.com.

The Price: \$15.95



The Skinny: The view alone makes Prime

Catch a destination.

Fortunately for diners, the restaurant matches its view with well-prepared seafood.

During a recent lunch, I feasted on a dish of lump crab — think of it as a crabcake without the filler.

Big, tender, sweet lumps of crab surrounded a dollop of caramelized roasted corn. It was drizzled with mustard dressing and was accompanied by crisp, finely diced cole slaw that



wanted a little more zing.

Also tasty: fish tacos, filled with tender mahi, and the quiche of the day, with large chunks of scallops and crab, and bits of asparagus.

We finished with the Key lime pie, that perfect blend of sweet and tart.

— *Scott Simmons*

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Direct Oceanfront ~ Delray Beach \$5,500,000

Built in 1999, this 5 BR, 4 BA plus 2 half bath oceanfront residence boasts 6,980 sq. ft. of living area with panoramic views from the living and dining rooms, kitchen and master bedroom suite. A masterpiece of classic design with dramatic ceiling heights, a sweeping spiral mahogany staircase, huge game room, theatre, gourmet kitchen with Thermador gas range, Vantage lighting system and 3 balconies on the second floor. This magnificent home is exquisitely designed and elegantly appointed throughout with every possible luxury to guarantee the ideal Florida lifestyle. The main living areas flow seamlessly into the covered loggia, pool/spa and the ocean, where indoor and outdoor living become one.

Sue Tauriello, 561-441-4200



Vista Del Mar ~ \$1,795,000

Reminiscent of old Florida, this 2 BR, 2 BA cottage is located on a much sought after street with many new multi-million dollar homes! Florida room with open beamed wood ceilings, fireplace, French doors and a kitchen perfect for entertaining.

Sue Tauriello, 561-441-4200



Village Grande ~ \$1,249,000

Luxurious 3 BR, 3 BA plus 2 half baths, four story townhome with a 2 car garage, private elevator and roof top terrace. 2,982 sq. ft. under air with high ceilings, gourmet kitchen and high impact glass windows and French doors. 1/2 block to Atlantic Avenue.

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Tropic Isle Waterfront ~ \$1,195,000

Ideal southern exposure with 90' frontage. Wonderful 3 BR, plus office, 2 BA waterfront pool home, heated salt water pool with 2 waterfalls, dock and 10,000 lb. boat lift. Marble floors throughout, plus an updated kitchen with granite and stainless. Generator.

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Lake Ida Waterfront ~ \$949,000

Light & airy 4 BR, 3 1/2 BA pool home offering 100' on the water with dock. An open floor plan boasting 2,649 sq. ft. under air with soaring 12' ceilings and abundant natural light. Split bedrooms, fireplace and kitchen with breakfast bar. Desirable southern exposure.

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Place Au Soleil ~ \$849,000

Completely renovated 4 BR, 3 1/2 BA pool home on a quiet street in Gulf Stream. 2,700 sq. ft., marble floors, spacious master suite with luxurious bath, plus beautiful gourmet chef's kitchen with wood cabinetry, granite countertops and stainless steel appliances.

Erik Ring, 561-441-6880



Lake Eden ~ \$550,000

4 BR, 2 BA pool home with a 2 car garage. Ceramic tile floors in the living areas and wood floors in the bedrooms. Split bedrooms with 1,989 sq. ft. under air, updated bathrooms, plus a kitchen with Corian countertops and stainless steel appliances. Whole house generator.

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Highland Beach Club ~ \$549,000

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Downtown Beach Location ~ \$479,000

3 blocks from Atlantic Avenue and 2 blocks to the beach! Completely renovated 2 BR, 2 BA ground floor condominium with 2 master suites. Updated kitchen with wood cabinetry, new appliances and granite countertops. Ceramic tile floors throughout. Move right in!

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Delray Beach Heritage Club ~ \$459,000

3 BR, 3 1/2 BA tri-level townhome, 2 car garage. Wood and tile floors, ensuite bedrooms, crown molding, plantation shutters, spacious master with walk-in closet with luxurious bath. Community pool and hot tub. Ideally situated close to downtown shopping and restaurants.

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PHASE 2 UNDERWAY



Tropic Cay ~ Delray Beach

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Tahiti Cove ~ Direct Intracoastal

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Susan Ring, 561-441-4150



Ambassadors East ~ \$319,000

Immaculate 2 BR, 2 BA condominium on the 2nd floor with pool and ocean views. Interior features include hurricane impact windows and sliders, plus an updated master bath. This Highland Beach oceanfront community features 2 heated pools, underground parking and 24 hour security.

Sue Tauriello, 561-441-4200

The Arts Paper

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Art



The Highwaymen (and their teacher)

Works by legendary black Florida painters, and their mentor, celebrated in FAU show

By April W. Klimley

The Florida Highwaymen are coming back to Boca Raton this fall with their vivid sunsets and sweeping coastal panoramas of Florida at Florida Atlantic University, accompanied by works of A.E. “Beanie” Backus, the landscape artist who inspired this influential group of African-American painters.

The original works on display by Backus are owned by FAU and have never been shown in a public gallery before.

The exhibition will bring to the public new scholarly insights on the work of Backus and his relation to these young artists during Jim Crow Florida in the 1950s and 1960s. Detailed wall texts, accompanied by historical photographs, will provide viewers with a context to examine the art that contributed to the national image of the “Florida Dream.”

The Florida Highwaymen were African-American painters of the late 1950s and 1960s who managed to gain commercial success — and escape the grueling manual labor jobs in the citrus groves — through a combination of mass production of landscape art and steady sales to the tourists and businesses flocking to Florida at that time. Some of these artists resumed painting in the 1990s and are alive today.

“After World War II, Florida was viewed as a tropical paradise,” explains Arlene Fradkin, professor of anthropology at FAU, who is co-curator of the show along with Brian McConnell, associate professor of art history. “But there was also the harsh reality of the Jim Crow South. That was part of the Florida scene, too. There was a big racial divide.”

The exhibition will include a series of public lectures by Florida-based humanities scholars that will examine the social, historical and political context of these artists. It will also include a panel of contemporary African-American artists who will critically examine the



TOP: *Moonlight Indian River Palms*, by James Gibson. ABOVE: *Still Water*, by A.E. Backus. Both are on view this month at the Ritter Art Gallery. Artwork provided

paintings and offer fresh perspectives on content, style and aesthetics.

“The story of the Highwaymen is very inspiring,” says Charlene Farrington, director of the Spady Cultural Heritage Museum, which focuses on black history, in Delray Beach. “The artists were people who were struggling to make a living and they didn’t want to earn it through farming.

“Timing is everything,” she adds. “Their mass-produced method of production worked well since the tourist industry was growing; hotels and shops needed artwork for the walls.”

The Spady Museum will offer a lecture by Dr. Tameka Hobbs of Florida Memorial University in Miami on the historical and cultural context of these painters at 7 p.m. Oct. 21. The lecture is funded by the Florida Humanities Council.

Individual Florida Highwaymen produced dozens of landscape images — some sold for as little as \$25 and are

See **HIGHWAYMEN** on AT8

Opera

1998 hate crime inspires opera, world premiere

By Greg Stepanich
ArtsPaper Opera Writer

When a selection of scenes from South Florida composer Michael W. Ross’ new opera, *Not In My Town*, were performed in June at Fort Lauderdale’s Sunshine Cathedral, it came only days after the massacre of 49 people at a gay nightclub in Orlando.



Ross

Since the subject of the opera is the 1998 murder of gay Wyoming college student Matthew Shepard, it was an almost-instantaneous artistic reflection on the issues raised by gunman Omar Mateen’s act of hateful rage.

Now, as the opera prepares for its world premiere this month at Florida Atlantic University, the work can be seen as a kind of commentary on the remarkably divisive presidential race.

“The message I get from (Donald) Trump is hating the different; it’s a message of hate, of being scared of different people, of thinking the worst of someone,” said soprano Robyn Marie Lamp, who sings the role of Romaine Patterson, Shepard’s closest friend at school who became a prominent LGBT activist after his murder. “I believe, and this opera tries to say, that different is not bad. It’s a message of acceptance.”

Tenor Ryan Townsend, who sings the part of Shepard, also finds topical currency in the piece.

“I think it’s very relevant, and will always be relevant,” he said. “There always will be people who are bigoted and carry hatred in their heart. ... The wonderful thing about this show is that Matt was a young man who wasn’t a celebrity, he wasn’t a sports figure, he wasn’t anyone of note.

“But he was you, he was me, he was our brother, our sister, our cousin, our son and our daughter,” Townsend said. “It’s about the hate crime, and it’s about standing up for what’s right.”

The opera, which is in one act and 13 scenes, recounts the story of Shepard, 21, who was robbed, beaten and tied to a fence near Laramie, Wyo., in October 1998. He died six days later at a Colorado hospital, and while court testimony in the trial of his two assailants indicated that Shepard’s sexual orientation was not the only reason for the attack, a major piece of federal hate crimes legislation was named for him and James Byrd Jr., a black man who was murdered in June 1998 by white supremacists who tied him to

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CULTURE BUILDS FLORIDA

HIGHWAYMEN

Continued from page 7

today worth between \$3,500 and \$5,000. The artists usually sold these paintings to tourists, store owners, hotels and shops along Florida thoroughfares such as Dixie Highway and A1A. Artist Al Black was particularly well-known for successful selling. He frequently loaded up his car with 50 or more paintings from the group — some barely dry — to sell along the road.

Twenty-six Florida Highwaymen have been officially recognized by the Florida Artists Hall of Fame. Works by eight will be on display at the Ritter Gallery of FAU.

The Highwaymen founder, Alfred Hair, briefly studied with Backus in Fort Pierce. He and one of his colleagues, Harold Newton, went on to mentor many other Highwaymen artists.

All these artists were heavily influenced by Backus' vision



Backus died in 1990.

IF YOU GO

What: A.E. Backus and Florida's Highwaymen: History, Commerce and Art

Where: Ritter Art Gallery, Florida Atlantic University, Boca Raton campus

When: Sept. 16-Nov. 19. Opening reception 6:30 p.m. Sept. 15; open to all free of charge.

Hours: 1 to 4 p.m. Tuesday through Friday, 1 to 5 p.m. Saturday

Parking: Go to www.fau.edu/galleries.

and landscape style. Backus studied briefly from 1922 to 1923 at the Parsons School of Design in New York City, but then returned to his hometown of Fort Pierce, where most of

the Highwaymen lived and/or congregated.

Backus is considered the seminal painter of Florida landscape art. His earliest paintings were done very deftly with a palette knife and bold juxtaposition of color. The drama he captured is visible in all his paintings on view such as *Lighter Pine* and *Stormy*, where palm trees tilt, fighting against the force of a windstorm on the coast.

One reason the Florida Highwaymen emulated Backus' overall approach to landscape painting was that their main impetus was not to produce groundbreaking art. It was to mass-produce landscape paintings and quickly gain commercial success in a red-hot market. Yet each artist developed his or her own variation of the Backus formula.

For instance, Hair frequently placed animal life such as birds in his landscapes like *Spring on the Saint Lucie*.

Livingston "Castro" Roberts

was known for his detail and precision, which are visible in *Riverhouse Sunrise* and reminiscent of certain European landscape painters.

In his artwork such as *Turbulent Backcountry*, Willie Daniels frequently displayed a more impressionistic style than some of his peers. James Gibson, who had the advantage of more college education than most of the Florida Highwaymen, was able to develop a variety of styles in his long lifetime, although *Moonlight Indian River Palms* certainly emulates the mood found in some of Backus' most successful work.

R.A. "Roy" McLendon's *Savanna Sunset* captures a different sort of landscape. He saw his own work evolve after he left for Canada after Hair's tragic death in 1970 and then returned to Fort Pierce in 1975.

Mary Ann Carroll, the only woman in the group, started painting at 16 and sold her first work at 18. She is particularly

well known for her brilliantly colored royal poincianas, as shown in *Flame Tree*. She gave a poinciana painting to Michelle Obama when invited to the First Lady's 2011 Luncheon.

Harold Newton, whose *Pink Cloud Landscape* is in the exhibition, is usually considered the best painter of the group, an artist who took inspiration from the Backus style but went beyond it.

Consulting curators for the exhibition included, among others, Dr. Michael D. Harris, associate professor of art history, Department of African American Studies, Emory University, and Gary Monroe, senior professor, Daytona State College, author of one of the most definitive books on the Florida Highwaymen. Funding for the exhibition came through a grant from the Florida Humanities Council, as well as money from the National Endowment for the Humanities and several departments and offices of FAU.

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OPERA

Continued from page 7

a truck in Jasper, Texas, and dragged him for miles until he died.

The premiere this month is being presented under the auspices of Opera Fusion, a fledgling West Palm Beach-based company founded by singers Birgit Fioravante and Dean Peterson. It will be presented Sept. 24 and 25 at FAU as part of International Peace Week.

There will be two more performances the following week, Sept. 30 and Oct. 1 at the Amature Theater at the Broward Center for the Performing Arts in Fort Lauderdale.

Ross, 47, a native of Watertown, N.Y., studied at the State Universities of New York at Potsdam and Purchase, and at Hunter College, and holds degrees in opera performance and music education. He has worked for Glimmerglass Opera and the New York City Opera, sung with the Palm Beach and Florida Grand opera companies, and in addition to *Not In My Town* has written operas about Holocaust victim Anne Frank (*Yours Truly, Anne*), Underground Railroad activist Harriet Tubman (*The Line That Divides*) and Medusa, the Gorgon of Greek mythology (*Head of Medusa*).

Ross, who moved to Wilton Manors in 2004 from New York City, began work on the Shepard opera in 2012, when one of the schools he taught for was holding an LGBT-themed event and he was asked to contribute something.

That led him to think of the Shepard case, in part because Ross took part in a vigil and march in New York in 1998 during the days after the crime was discovered.

The opera introduces us to Shepard and Patterson, who become friends after she breaks up a bullying attack on Shepard.

IF YOU GO

Not In My Town will be presented at 7 p.m. Sept. 24, and 3 p.m. Sept. 25, at Florida Atlantic University in Boca Raton. Tickets: \$20, through fauevents.com. Two more performances are scheduled for 8 p.m. Sept. 30, and 8 p.m. Oct. 1, at the Broward Center for the Performing Arts in Fort Lauderdale. Tickets: \$35, through operafusion.org.

After scenes with Patterson and a fictional girlfriend named Olivia (Ravenna Maer), plus Shepard's parents, Judy (Sarah Helen-Land) and Dennis (Ardean Landhuis), Shepard fatally encounters his two killers in a stylized, low-light fight scene.

After his death and a candlelight vigil, Patterson disrupts an anti-gay demonstration organized by the Rev. Fred Phelps (Enrique Estrada) by bringing in demonstrators wearing giant angel wings that cover the messages on signs held by Phelps' demonstrators. Following Dennis' victim statement in court, the opera ends with Patterson addressing the Anti-Defamation League.

Although Shepard's death is the engine that drives the opera's action, much of the work has to do with Patterson and how she moved forward after the loss of her friend. Lamp, 29, who grew up in Lake Worth and has degrees in vocal performance from FAU and Louisiana State University, said Ross' writing is gratifying to sing, an important consideration given that she is on stage most of the time.

"It's so well-written for the voice and so melodic," she said. "He wrote it for a mezzo, and so it's not extremely high for me. I can sing in that tessitura for hours. It suits my voice perfectly."

She particularly likes singing her solo aria ("When Did the World Stop Caring"), which takes place after Romaine learns that Matt has been injured and is in the hospital.

"He had invited her out, but she said no, so she thinks, 'Would this have happened if I had gone with him?' And she goes through all the phases — guilt, anger, denial — and finally she pleads with whoever is upstairs that he survive," Lamp said. "And it's so well-written, and it's dramatic, and it's sweet. It's my favorite part."

Townsend, 28, said he is singing the role of Shepard more in the style of musical theater, though he has sung more opera in his career than musicals.

He said he has tried to make his portrayal of Shepard as close to the historical reality as he can despite the paucity of source material.

"He's kind of an icon to the LGBTQ community, and when we have those kind of icons we tend to make them holier than thou. And he wasn't that," said Townsend, a Philadelphia native who earned vocal performance degrees at Carnegie Mellon and the University of Miami. "He was just like another human: he was flawed. . . . But he always wanted to help people, and he was a very generous person who just wanted to see people around him happy."

While Ross wants to say something important in his opera, he also wants to make sure that entertainment values aren't pushed to the side.

"I want the audience to have an enjoyable experience, and they will. The things that I choose, and how I write it, is so that they will be engaged ... the whole way through," Ross said. "At the same time, I feel a responsibility to teach them something new, and to make them feel different emotions and think. I really think that's my goal as a composer."

Music

Genre-spanning, all-acoustic String Assassins attract killer crowds

By Bill Meredith
ArtsPaper Music Writer

It's a hot summer night outside in mid-July, but the temperature inside the air-conditioned Brewhouse Gallery in Lake Park is also uncommonly high during a performance by the genre-defying String Assassins (www.thestringassassins.com).

That's because a shoulder-to-shoulder crowd is swaying to the sounds of the quartet (acoustic guitarists Mark Shubert, Matt Gill and Dr. Jay Kuchera; acoustic upright bassist Zak Mahoney); its classic rock catalog (Allman Brothers Band, Jimi Hendrix, Pink Floyd, Grateful Dead), all-acoustic instrumentation that hints at genres from jazz to bluegrass to classical, and Latin arrangements such as a bossa nova-influenced intro to The Cure's "Love Song." The group has incrementally built an impressive following since forming in 2014.

"We started out as just a three-piece with the guitars," says Shubert, "and added the bass after about a year. It's been our intention to cover just about every genre other than traditional blues, although many of the rock artists we cover are blues-based. There are bits of rock, bluegrass and even pop and Latin music, since all three guitarists have distinctly different styles and influences. But we make them mesh. I'm hoping we've created our own little sub-genre."

The quartet's impressive turnouts feature mostly those in the similarly middle-aged bracket, plus crossover listeners from other bands such as Shubert's rock act Jupiter Trailer Trash and Mahoney's former bluegrass outfit the Killbillies, which Gill also played in as a substitute. With members from both northern Palm Beach County (Shubert lives in Jupiter, Mahoney in Palm Beach Gardens) and the Treasure Coast (Gill is in Port St. Lucie, Kuchera in Port Salerno), the String Assassins also have a wide home base in which to book their diverse sound.

"For some reason, Vero Beach seems to love us," Shubert says. "We started out at one place up there, and now I think we're playing five. We're all kind of taken aback by all that's happened. We had no idea it would become what it's become."

Occasional gigs feature 21-year-old violinist Paddy King, who also works with other artists such as young Treasure Coast singer/songwriter Ryan Owens, and thus brings out a different age demographic. His inclusion adds nuances from traditional Irish music to bluegrass, although the provocatively initialed TSA doesn't consider itself shackled by any one style by definition.



From left: Matt Gill, Dr. Jay Kuchera, Mark Shubert and Zak Mahoney are the String Assassins. The multiple-genres acoustic quartet was founded in 2014. Photo by Tom Tracy

"We practiced for about a year before we ever played out," Shubert says. "And we decided we didn't want to play the music that everyone else was playing. Whatever we were going to do, we were going to make it our own."

That applies to songs that many other bands are covering, like "Mary Jane's Last Dance," by Tom Petty. Yet those other bands aren't including it in a medley with Blue Oyster Cult's "Don't Fear the Reaper" (sans cowbell).

TSA's *Dark Side of the Moon* Pink Floyd medley of "Breathe" and "Time," along with vintage chestnuts by Hendrix and the Allman Brothers, are more suited toward groups with three electric guitarists. Only Grateful Dead gems from "Friend of the Devil" to the traditional "Rider" hint at bluegrass, a tag sometimes applied to the quartet by process of electricity elimination.

"We actually do a bluegrass-influenced arrangement of 'Time' by Pink Floyd," Shubert admits. "But that's largely because the tempo is double-time."

Mahoney's bass anchors such arrangements and is the band's heartbeat, a pulse that allows the guitarists to provide a surprisingly percussive sound even without a drummer.

"I'm not even a fan of bluegrass, but I love the String Assassins," says Dr. Joy Graham, a West Palm Beach-based anesthesiologist. "I've seen them six or seven times in the past six months. They have so much energy, and the all-strings instrumentation is great. I even hear some rockabilly influence in their sound."

Shubert and Gill provide the lead singing and vocal harmonies, but the

instrumental harmonies provided by the three guitarists may be just as important.

"Dr. Jay is a great slide guitarist," says Shubert, "and we all plays solos and work out the arrangements together. Listeners will hear some double-harmony leads between us, a

la the Allman Brothers, and Paddy does some of those with us when he's on our gigs. Matt is a great finger-picker and even plays the banjo, which we may incorporate into some songs. We're also playing some original tunes, written by Matt, as we prepare to record our first

IF YOU GO

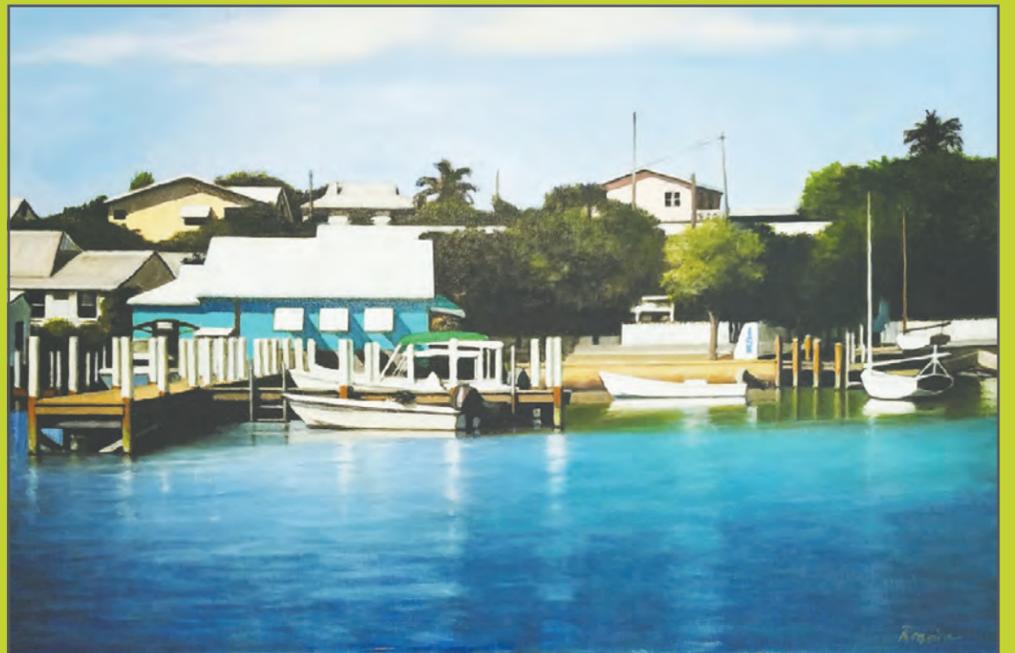
See the String Assassins at 7 p.m. Sept. 8 at Terra Fermata, 26 S.E. Sixth St., Stuart (772-286-5252), at 8 p.m. Sept. 10 at the Brewhouse Gallery, 720 Park Ave., Lake Park (469-8930), at 3 p.m. Sept. 11 at the Square Grouper, 1111 Love St., Jupiter (575-0252), at 8 p.m. Sept. 16 at the Orchid Island Brewery, 2855 Ocean Drive, Vero Beach (772-205-2436), at 9 p.m. Sept. 23 at Seaside Bar & Grill, 2401 Beach Court, Riviera Beach (517-8661), at 3 p.m. Sept. 25 at On the Edge, 1136 Seaway Drive, Fort Pierce (772-882-9729), and at 6:30 p.m. Sept. 30 at Little Moir's Leftovers Cafe, 451 University Blvd., Jupiter (627-6030).

CD."

Kuchera is an anesthesiologist, attracting an estimable number of additional TSA listeners and fans from the South Florida medical community.

"I'd met Jay a few times through work before I ever saw the band," says Graham. "And Zak was giving my son bass lessons when he taught at the School of Rock. So after a friend recommended the String Assassins, I walked in to see them for the first time not expecting to see guys in the band that I already knew. And they've had more people at each show I've been to. I'll keep going back."

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Arts

Kravis celebrates 25 years of changing Palm Beach County culture

By ArtsPaper Staff

On Nov. 28, 1992, the Kravis Center opened for the first time with a gala and a star-studded two-act program featuring Isaac Stern, Leontyne Price, Ella Fitzgerald, Lily Tomlin and The Alvin Ailey American Dance Theater.

Burt Reynolds was the master of ceremonies.

Since that date 24 years ago, thousands of top-name national and international performers have graced its stage.

It wasn't always thus. Back then, the notion of a performing arts center and a cultural corridor in downtown West Palm Beach was something of a pie-in-the-sky idea, with efforts to fundraise and put forth a city plan germinating since the mid-1970s.

In 1978, a feasibility study was commissioned, with the help of local businessman Alexander Dreyfoos, that showed solid area support for the arts. By 1986, friends of financier Raymond F. Kravis, a philanthropist and Palm Beach snowbird, had stepped up to raise \$5 million to name a center after him, and by opening night,



Michael Feinstein will host the 25th anniversary gala Feb. 11. Photo provided

the total had topped \$10 million.

The center, originally scheduled to be built on the grounds of Palm Beach Community College, changed location when 5.4 acres of prime downtown real estate was made available by developer Henry Rolfs Sr.

Now, as it celebrates its 25th anniversary season, the center is indistinguishable from the cultural life of West Palm Beach and Palm Beach County.

"A quarter-century ago, building a major performing arts center in Palm Beach

County seemed an uphill challenge," said Kravis Center CEO Judith Mitchell. "Today, a thriving cultural complex, which acts as a gateway to downtown West Palm Beach, not only serves the community but is also gaining a worldwide reputation as a premier entertainment venue and arts education facility," she said.

Last year, almost 500,000 people attended approximately 400 events and performances at the center and another 40,000 attended catered events in the Gimelstob Ballroom, one of five venues at the center, including the Alexander W. Dreyfoos Jr. Concert Hall, the Gosman Outdoor Amphitheatre and the Marshall E. Rinker Sr. Playhouse.

The center boasts a strong arts education program and a community and school outreach, offering an ARTSCAMP, where school kids become introduced to stage productions, a Broadway Reach Program for Title I after-school kids, and a high school Shakespeare competition, the Alan Lebow Award for Excellence in Shakespearean Performance.

The 25th anniversary season kicks off on Oct. 1, with a free day of events and entertainment by local performers, including the Symphonic Band of the Palm Beaches, Ballet Palm Beach, Young Singers of the Palm Beaches, and the Ebony Chorale of the Palm Beaches.

The center was founded to fill a cultural void in Palm Beach County and provide a venue for national and international artists. Its goals include providing an economic catalyst to the county and aiding its efforts to become an arts and culture destination.

"We believe the Kravis Center should be a community gathering space," Mitchell said. "People can come for a date, or to celebrate a special birthday or anniversary.

"Lee Bell's programming reflects the need and interest of our community and occasionally, pushes the boundaries," she said, referring to the center's senior director of programming. "That's a large part of our longevity. Also, our board is focused on its mission to enhance the quality of life in Palm Beach County, and our community is not shy about

telling us what they like."

Rena Blades, CEO of the Cultural Council of Palm Beach County, which sponsored the original feasibility study for the Kravis Center, said the council is "so proud of the cultural development work that led to such a stunning success by every measure."

"The center has served more than 1 million children with original and meaningful arts experiences transforming lives through the power of the arts; and it provides top-quality performing arts to thousands of residents and tourists every year," Blades said.

The center is planning a 25th anniversary gala Feb. 11, hosted by Michael Feinstein. His guests will include opera singer Denyce Graves, Broadway star Patti LuPone, actor Alan Cumming, organist Cameron Carpenter and pop songwriter Neil Sedaka.

What's ahead for the center's next 25 years?

"We'll be a player and a destination, that's for sure," Bell said. "Artists love coming here to perform."

The Kravis Center is at 701 Okeechobee Blvd. in West Palm Beach. 832-7469 or kravis.org.

Reviews

Engaging Kander & Ebb, summer music

Here are excerpts of reviews posted on the Palm Beach ArtsPaper website. For full reviews, visit palmbeachartspaper.com

The World Goes 'Round

(Rinker Playhouse, closed Aug. 21)

For a director who insists he is no fan of musical revues, Bruce Linser sure knows how to stage them for maximum effect. Having earned and received acclaim last season for MNM Productions' *Side by Side* by Sondheim, he now has similar success with *The World Goes 'Round*, a retrospective of the songbook of John Kander and Fred Ebb.

It helps that the long-running duo gravitated to dramatic, dark-toned musicals yet penned a lot of upbeat, romantic

numbers for them, often razzle-dazzle presentational songs. And it helps that Linser has gathered a quintet of talented singing actors who know how to put across a narrative song and, in one case, are game enough to do so on roller skates.

Kander and Ebb are, of course, best known for *Cabaret* and *Chicago*, both in popular revivals onstage and in widely seen film versions. You will know the numbers from those shows — "The Money Song," "Maybe This Time," "Mr. Cellophane" and "All That Jazz" — but the more interesting segments, to me at least, are the less well-known songs from such short-lived, rarely revived musicals as *The Act*, *The Rink* and *70, Girls, 70*.

Then late in the evening,

the show gets around to two of Kander and Ebb's most familiar numbers, arranged anew, like a scat-based, jazzy *Cabaret* and a multi-lingual *New York, New York*.

Songs that are usually solos get lush five-part harmony arrangements here, though each performer also scores with a spotlight number or two. Clay Cartland gets the most dramatic sequence with a gender-bent rendering of the title tune from *Kiss of the Spider Woman*. Jinon Deeb demonstrates her comic skills on "Ring Them Bells" (from *Liza With a Z*) and Leah Sessa is well showcased on a couple of numbers originated by Liza Minnelli, "A Quiet Thing" and "Maybe This Time." Even musical director/pianist Paul Reekie gets a song, deadpanning



Violinist Sandro Tigishvili (left) solos Aug. 7 during a concert at FAU by the Symphony of the Americas. Photo by Wade Caldwell

"Mr. Cellophane."

Sure, it would be preferable to see what Linser would do with a book musical he could sink his directorial teeth in, but his work on revues hardly seems like settling. — *Hap Erstein*

Symphony of the Americas (Florida Atlantic University, Aug. 7)

For nearly 30 years, James Brooks-Bruzzese's Symphony of the Americas has presented regular concert programs in South Florida, and for almost as long, he's provided music during the offseason with his Summerfest events.

This year's Summerfest, the 25th edition thereof, made a Palm Beach County appearance at Florida Atlantic University. This was a string orchestra (with flute and keyboard added later) of some distinction, playing a mix of Baroque and 20th-century music, along with Latin pop and two premieres of works commissioned specifically for the orchestra.

The pieces were mostly short, the audience was large and enthusiastic, and there was

substantial variety.

One of the two new works was *Aspettando anninnora*, a theme and variations for piano and strings by the Italian composer and pianist Lorenzo Turchi-Floris, who was the soloist here. Turchi-Floris is a skilled and inventive composer, and this piece took a Sardinian lullaby through five clever reworkings, and leaving the actual statement of the theme for the ending.

The other premiere was *Intensamente Romantico*, a suite of Latin pop song arrangements by the Mexican composer Eduardo Magallanes. He is a fine craftsman who knows how to get maximum sound from small forces; his thick *divisi* writing in places made the orchestra sound twice as big. These pleasant tunes were well-presented and well-played.

The Georgian violinist Sandro Tigishvili was the soloist in the "Winter" concerto from Vivaldi's *The Four Seasons*. He has a large and impressive technique, and a penetrating, intense tone. He tore through all the virtuoso fireworks with ease.

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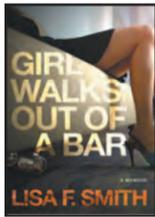
Books

Addiction memoir both coarse and harrowing at same time

By Bill Williams

Girl Walks Out of a Bar: A Memoir, by Lisa F. Smith; SelectBooks, 277 pp.; \$17.95

Lisa Smith has written a chilling account of her life as a New York lawyer addicted to alcohol and cocaine. Smith got an early start. By age 8 she was sneaking sips of alcohol at parties hosted by her parents. By 13 she hung around “almost exclusively” with drinking kids, and by 15 she was binge drinking while also trying pot and cocaine.



“By 18, I was a straight-A student, editor of the high school yearbook, and accepted early to Northwestern University. I was also a blackout drunk,” she writes.

As a successful lawyer, Smith sought to conceal her consuming addictions from co-workers and friends:

“My ability to hold my liquor was astonishing, and I could outdrink every guy I knew.”

She would frequent bars and then continue drinking when she returned to her apartment. One morning she woke up to find a man sound asleep next to her, having no idea who he was or how he got there. In one scene Smith recounts a drunken sexual encounter in more detail than necessary. Perhaps her underlying message is that alcohol and sex can be a risky mix.

The author did not enjoy the taste of wine, but she craved the buzz it gave her. “If battery acid worked better to get me buzzed, I would have sucked it down.” She stopped buying single bottles of wine and had cases delivered to her apartment.

She started to spend more evenings alone at home, “drinking and then crying myself unconscious.” When friends suggested she might be an alcoholic, she cut them out of her life. She could not imagine life without alcohol.

While on a business trip to Florida, she stayed an extra day to soak up the sun, while drinking 12 Corona Lights.

She finally sought help after vomiting blood in her toilet, getting only four hours of sleep a night and settling into a routine of drinking and using cocaine each morning before work. She checked herself into

a detox center in Manhattan, joined Alcoholics Anonymous and vowed to stay sober, one day at a time. Like many addicts Smith suffered from multiple addictions — alcohol, cocaine and cigarettes.

Addiction memoirs flood the market. Although Smith’s story is not unique, her descent into serious addiction can serve as a warning sign for others. For years she wrestled with the idea that she should be able to manage her addictions.

Unfortunately, the book is filled with vulgar language and frequent use of the “f” word, which was unnecessary and detracts from her positive message that sobriety is possible.

The coarse language is regrettable because Smith is a fine writer who employs apt metaphors. In recovery she passed liquor stores and longed for the bottles on display in windows the “way normal people ache for puppies in a pet shop.” She remembers a bar that served “hamburgers as thick as drugstore paperbacks.”

The book is a little vague about precisely what gave Smith the courage to seek sobriety after years of saying she could not imagine living without booze.

She wondered how alcoholism could be a disease if picking up a bottle is something you do voluntarily. Even in treatment she looked forward to eventually being able to drink like most people without being consumed by it. A doctor explained that alcoholics have a genetic predisposition to drunkenness. If they take one drink, they cannot stop.

After 20 years of out-of-control, life-threatening drinking, Smith has been sober for 12 years. She still longs for a drink but sticks to her vow of abstinence.

This book will have served a useful purpose if it encourages one addict to seek help and allows family members and friends to better understand the evil grip of addiction.

Bill Williams is a freelance writer in West Hartford, Conn., and a former editorial writer for The Hartford Courant. He is a member of the National Book Critics Circle and can be reached at billwaw@comcast.net.

Arts Calendar

Events are listed through Sept. 30 and were current as of Aug. 27. Please check with the presenting agency for any changes. Ticket prices are single sales. Most of the presenting organizations offer subscription plans.

ART EXHIBITS

Ann Norton Sculpture Gardens: Opens Sept. 15: *Botanicals, Antique Engravings and Lithographs*, rare works on paper from the 16th to the 19th centuries. Through Nov. 13. Gardens are open Wednesday to Sunday 10 am to 4 pm. Admission: \$10, \$8 for students. Call 832-5328 or visit www.ansg.org.

Armory Art Center: Through Oct. 29: Selections from the Armory Art Center, works by current faculty members at the West Palm Beach art school. Open 9 a.m. to 4 p.m. Monday through Friday, 9 a.m. to 2 p.m. Saturday. Free admission. Call 832-1776 or visit www.armoryart.org.

Boca Raton Museum of Art: Through Sept. 25: *All Florida Invitational*, works by artists from across Florida, in an exhibit the Boca museum has been hosting since 1951. Admission: \$12. Hours: 10 a.m. to 5 p.m. Tuesday, Thursday and Friday; 10 a.m. to 8 p.m. first Wednesday of the month; 12 p.m. to 5 p.m. Saturday and Sunday. Closed Mondays and holidays. Call 392-2500, or visit www.bocamuseum.org.

Cornell Museum of Art and American Culture: Opens Sept. 15: *Who Is Joan Quinn?*, a collection of more than 50 portraits of the Southern California art muse by legendary artists including Andy Warhol, Jean-Michel Basquiat and David Hockney. Through Jan. 15. Open Tuesdays through Saturdays, 10 am to 4:30 pm; 1-4:30 pm Sundays; closed Mondays. Suggested donation: \$5. Call 243-7922 or visit www.oldschoolsquare.org for more information.

Morikami Museum and Japanese Gardens: Through Sept. 18: *Shadows of the Floating World*, paper cuts by Hiromi Moneyhun; *Transcending Forms*, modern interpretations of traditional Japanese bamboo baskets. Museum tickets: \$15, \$13 for seniors, \$9 for children and college students. Open 10 a.m. to 5 p.m. Tuesdays through Sundays. Call 495-0233 or visit www.morikami.org.

Norton Museum of Art: *Giverny: Journal of an Unseen Garden*, a video installation by Mark Fox showing the changes underwater

at the lily ponds immortalized by Monet in his Giverny garden; through Oct. 30.; *Ming Dynasty Dragon Panels*, four fascia panels from a temple in Shangxi province, through Oct. 2. Free admission through December 2018 as the museum undergoes renovations. For more information, call 832-5196 or visit www.norton.org.

BOOKS

Friday, Sept. 2
Alyssa Maxwell: The historical novelist signs *Murder at Rough Point*, the latest in her Gilded Newport series. 7 p.m. Murder on the Beach, Delray Beach. Call 279-7790 or visit www.murderonthebeach.com.

Wednesday, Sept. 14
Daphne Nikolopoulos: The veteran journalist and editor gives a talk called “Gloss Ambition,” about how to write for magazines, in the South Florida Chapter meeting of the Women’s National Book Association. Tickets: \$10 for nonmembers. 6:30 pm, Murder on the Beach, Delray Beach. Call 279-7790 or visit www.murderonthebeach.com.

CABARET

Saturday, Sept. 3
Carole J. Bufford: The well-regarded cabaret singer wraps a monthlong stint at the Colony. 8:30 pm; dinner and show: \$100; show alone: \$40. Royal Room Cabaret, Colony Hotel, Palm Beach. Call 659-8100 or visit www.theroyalroom.com.

CLASSICAL MUSIC

Friday, Sept. 16
The Mack Sisters: Japanese-born pianists Yuki and Tomoko Mack perform a program of four-hand piano music including works for the combination and arrangements of orchestral works. 8 pm, Arts Garage, Delray Beach. Tickets: \$30 and up. Call 450-6357 or visit www.artsgarage.org.

Sunday, Sept. 18
Amernet String Quartet: The veteran Miami-based quartet opens the Music at St. Paul’s series at St. Paul’s Episcopal in Delray Beach. 3 pm; tickets: \$15-\$20. Call 278-6003 or visit music.stpaulsdelray.org.

Saturday, Sept. 24-Sunday, Sept. 25
Lynn Philharmonia: The student orchestra opens its new season with Haydn’s Symphony No. 88, Strauss’s *Till Eulenspiegel* and Stravinsky’s *Firebird* Suite. Also scheduled is a piece by the winner of the Lynn University Composition Competition. Guillermo Figueroa conducts. Tickets \$35-\$50.

Call 237-9000 or visit lynn.edu/events.

FILM

Friday, Sept. 16
The People vs. Fritz Bauer: The story of the crusading Frankfurt attorney general who, in 1957, tipped off the Mossad about the whereabouts of Adolf Eichmann, and in so doing, committed treason. With Burghardt Klausner. In German with English subtitles. At Living Room Theatres, Boca Raton. Call 549-2600 or visit fau.livingroomtheatres.com.

JAZZ

Friday, Sept. 9
Ivan “Melon” Lewis and The Cuban Swing Express: The Spanish-based pianist is joined by European-based Cuban musicians for a band that recreates and updates the Latin jazz of Cuba in the 1960s. 8 pm. Tickets: \$30 and up. Arts Garage, Delray Beach. Call 450-6357 or visit www.artsgarage.org.

Friday, Sept. 23
Karina Iglesias: A 2013 contestant on The Voice and singer of the national anthem at Dolphins games, the Miami singer presents a night of jazz arrangements of pop songs and jazz standards. 8 pm. Tickets: \$30 and up. Arts Garage, Delray Beach. Call 450-6357 or visit www.artsgarage.org.

POPULAR MUSIC

Saturday, Sept. 10
Miranda Lambert: The country singer, on her Keeper of the Flame tour. With Kip Moore and Brothers Osborne. 7:30 pm, Perfect Vodka Amphitheatre, West Palm Beach. Tickets: \$25-\$59.75. Visit livenation.com.

Friday, Sept. 23
Heart, Joan Jett, Cheap Trick: Big rock stars of the 1970s unite for a show called Rock Hall Three for All. 6:30 pm, Perfect Vodka Amphitheatre, West Palm Beach. Tickets: \$26.45-\$76.45. Visit livenation.com.

THEATER

Opens Thursday, Sept. 15
Gutenberg! The Musical! Anthony King and Scott Brown’s two-person comedy about two desperate, marginally talented musical theater writers presenting a backer’s audition of their new musical about the inventor of the printing press. With Robyn Eli Brenner and Alex Weiss. Tickets: \$25; \$10 for students. At Sol Theatre, Boca Raton, through Oct. 2. Call 447-8829 or visit www.eveningstarproductions.org.

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Community Calendar

Note: Events are current as of 8/26. Please check with organizers for any changes.

SEPTEMBER 3

Saturday - 9/3 - 2nd Annual Save the Jaguar 5K at Palm Beach Zoo, 1301 Summit Blvd, West Palm Beach. Benefits Madidi Tambopata in Bolivia. 6-7 am packet pick up; 7:30-10:30 am race. Adult (18 & older) \$35/advance, \$40/race day; student (17 & younger) \$25. 547-9453; palmbeachzoo.org

9/3 - The Writer's Studio at Delray Beach Library, 100 W Atlantic Ave. Every Sat 10 am. Free. 638-7251; delraylibrary.org

9/3 - Coral Reef Shark, Alligator and Stingray Feedings at Sandoway House Nature Center, 142 S Ocean Blvd, Delray Beach. Shark: T-Sat 10:30 am; Sun 1:30 pm; Alligator: W & Sat 1 pm; Stingray: T-Sat 2:45 pm; Sun 12:30 pm. Free w/\$5 admission. 274-7263; sandowayhouse.org

9/3 - 4th Annual Battle of the Bands at Boynton Beach High School Stadium, 4975 Park Ridge Blvd. Showcasing Florida A&M Marching 100. More than 6 local bands compete. Noon. \$10/advance; \$15/at the gate. 870-1479

9/3 - Pickleball at Pompey Park, 1101 NW 2nd St, Delray Beach. Adults. M-F 9-11:30 am, F 6-8:30 pm, Sat 1-4 pm. Monthly pass: \$15/resident, \$25/non-resident; \$2/day. 243-7356; mydelraybeach.com

9/3 - Indoor Aquarium Feedings at Gumbo Limbo Nature Center, 1801 N Ocean Blvd, Boca Raton. All ages; children must be accompanied by an adult. Daily. 2:30 pm. Free. 544-8605; gumbolimbo.org

9/3 - Sick Puppies Improv Comedy Show at Center Stage Performing Arts, 7200 W Camino Real #330, Boca Raton. Every Sat 9-10:30 pm. \$15/online; \$20/at the door. 954-667-7735; sickpuppiescomedy.com

9/3-4 - It Had to Be You at Actor's Rep Bhetty Waldron Theater, 1009 N Dixie Hwy, West Palm Beach. Sat 8 pm; Sat/Sun 2pm. \$21. 339-4687; kwproductions.com

9/3-5 - USTA Summer Smash Sectionals Tennis Tournament at Delray Beach Tennis Center, 201 W Atlantic Ave. One of the largest USTA amateur tournaments in Florida; more than 400 players in the Boys & Girls 14s, 16s and 18s divisions. Hosted by the City of Delray Beach. Boys 12s & 16s Match Sites: Delray Beach Tennis Center and Delray Swim & Tennis Club, 2350 Jaeger Dr. Girls 16s Match Sites: The Polo Club Boca Raton, 5400 Champion Blvd, Broken Sound Country Club, 2401 Willow Springs Dr, Boca Raton, and Boca West Country Club, 20583 Boca West Dr. Boys/Girls 18s Match Sites ; Boca West Country Club and Broken Sound Country Club. Boys/Girls 14s Match Sites: South County Regional Park, 11200 Park Access Rd, Boca Raton, and Delray Beach Tennis Center. All match sites begin at 8 am except 8:15 am at Polo Club and Delray Swim & Tennis Club. Free/spectator admission. 330-6003; yellowtennisball.com

9/3-30 - Flavor Palm Beach at restaurants throughout Palm Beach County. Benefits Palm Beach County Food Bank. Participating restaurants present specially priced 3-course meals for lunch & dinner. Check website for participating restaurants. \$20/lunch; \$30-\$45/dinner; + tax & gratuity. Flavorpb.com

SEPTEMBER 4-10

Sunday - 9/4 - Boynton Beach Kiwanis Club Car & Craft Show at Boynton Beach Mall east parking lot, 801 N Congress Ave. Antique car show, craft vendors, food trucks, beer garden. 10 am-5 pm. Free/admission; \$10/10 craft beer samples. 736-7902; boyntonbeachmall.com

9/4 - Bridge Duplicate at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Sanctioned ACBL duplicate bridge game for the experienced player. Light lunch served. Partners available for singles. Every Sun through 12/18. 12:30-4 pm. \$10/at the door. Reservations or partners: 338-2995; myboca.us

9/4 - Pickleball: Advanced Play at Delray Beach Community Center, 50 NW 1st Ave. Adults. T/Th/F 9 am-1 pm. Monthly pass \$15/resident, \$20/non-resident; 3-month pass \$40/resident, \$50/non-resident; 6-month pass \$60/resident, \$70/non-resident. 243-7250; mydelraybeach.com

9/4 - Chess Club at Veterans Park, 802 NE 1st St, Delray Beach. Knowledge of the game necessary. Ages 18 & up. T/F Noon-4 pm. Annual fee \$20/resident; \$30/non-resident. 243-7350; mydelraybeach.com

Monday - 9/5 - Labor Day

9/5 - Bike Nite at Tilted Kilt Pub & Brewery, 3320 Airport Rd #1, Boca Raton. Held by Fury Road Riders; benefits Natural High, a national non-profit organization dedicated to inspire youth to say no to drugs and alcohol. Tilted Kilt donates 10% of food bill to Natural High. Every M 7 pm. 504-3310; furyroadr.com

Tuesday - 9/6 - Adult Multi Media Art Class at Intracoastal Park Clubhouse, 2240 N Federal Hwy, Boynton Beach. Water colors, pastel, acrylic; learning design and composition. Age 18+. Every T through 9/27 9-11:30 am or noon-2:30 pm. \$48/resident; \$60/non-resident. 742-6221; boynton-beach.org

9/6 - Boca Raton Noon Toastmasters at Train Depot, 747 S Dixie Hwy. Improve public speaking, leadership abilities. Every T 12:15-1:15 pm. Free. 251-4164; toastmastersclub.org

9/6 - Couples Round Dance at Boynton Beach Civic Center, 128 E Ocean Ave. Learn figures/routines to waltz, swing, foxtrot. Ages 18 & up. Every T 1-3 pm (high intermediate level), 3-4:30 pm (beginner level). \$12/couple. 352-455-5759; boynton-beach.org

9/6 - Socrates Café at Boca Raton Public Library, 400 NW 2nd Ave. Philosophical discussions. Every T 1:30-3 pm. Free. 393-7852; bocalibrary.org

9/6 - Modern Line Dance Class at Veterans Park, 802 NE 1st St, Delray Beach. Enhance quality of life through modern music/dance. Age 50 & up. Every T 1:30-2:30 pm. Per class \$5/resident; \$6/non-resident. 243-7350; mydelraybeach.com

9/6 - Ukulele Music Interactive at Veterans Park, 802 NE 1st St, Delray Beach. All ages. 1st & 3rd T 6-9 pm. Free. 243-7350; mydelraybeach.com

9/6 - Introduction to Mah Jongg at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Keep your brain active and stimulated in easy-to-learn class. Additional materials to purchase. Every T through 11/22. 6:30-8:30 pm. \$80/resident; \$100/non-resident. 367-7035; myboca.us

Municipal Meetings

9/6 & 10/4 - Highland Beach - First Tuesday at Highland Beach Town Hall, 3614 S Ocean Blvd. 1:30 pm. Agenda: ci.highland-beach.fl.us

9/8 & 20 - Boynton Beach - First and third Tuesdays at Boynton Beach City Hall, 100 E Boynton Beach Blvd. 6:30 pm. Agenda: boynton-beach.org

9/8 & 20 - Delray Beach - First & third Tuesdays at Delray Beach City Hall, 100 NW 1st Ave. 6 pm. Agenda: mydelraybeach.com

9/9 - Gulf Stream - Second Friday at Gulf Stream Town Hall, 100 Sea Rd. 4 pm. Agenda: gulf-stream.org

9/12 - Ocean Ridge - First Monday at Ocean Ridge Town Hall, 6450 N Ocean Blvd. 6 pm. Agenda: oceanridgeflorida.com

9/12 & 26 - Lantana - Second & fourth Mondays at Lantana Town Hall, 500 Greynolds Cir. 7 pm. Agenda: lantana.org

9/13 & 27 - Boca Raton - Second & fourth Tuesdays at Boca Raton City Hall, 201 W Palmetto Park Rd. 6 pm. Agenda: myboca.us

9/22 - Briny Breezes - Fourth Thursday at Briny Breezes Town Hall, 4802 N Ocean Blvd. 4 pm. Agenda: townofbrinybreezes-fl.com

9/27 - Manalapan - Fourth Tuesday at Manalapan Town Hall, 600 S Ocean Blvd. 9:30 am. Agenda: manalapan.org

9/27 - South Palm Beach - Fourth Tuesday at South Palm Beach Town Hall, 3577 S Ocean Blvd. 7:15 pm. Agenda: southpalmbeach.com

9/6 - Civic Engagement: Songs of Protest (1900-1960s) at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 7-8:30 pm. Free. 393-7852; bocalibrary.org

9/6-7 - Auditions for Death by Design at Lake Worth Playhouse, 713 Lake Ave. 7 pm. Free. 586-6410; lakeworthplayhouse.org

Wednesday - 9/7 - Alliance of Delray: November Ballot Sales Tax Referendum at South County Civic Center, 16700 Jog Rd, Delray Beach. Speaker: Verdenia Baker, County Administrator. Refreshments. 9 am doors open; 9:30 am program. Free. 495-9670; allianceofdelray.com

9/7 - Pickleball at Ezell Hester, Jr. Community Center, 1901 N Seacrest Blvd, Boynton Beach. Combines badminton and tennis. Adults. M/W/F 9 am-1 pm. \$5/person; annual pass: \$130/resident; \$165/non-resident. 742-6550; boynton-beach.org

9/7 - Lawn Bowling at Veterans Park, 802 NE 1st St, Delray Beach. Enjoy a sport that takes skill and practice. Ages 18 & up. W/F 9 am-noon. Annual fee: \$40/resident; \$50/non-resident. 243-7350; mydelraybeach.com

9/7 - Adult Oil & Acrylic Painting at Boynton Beach Art Center, 125 SE 2nd Ave. Enhance creativity; reduce stress. Age 18+. Every W through 9/28 9-11:30 am or noon-2:30 pm. \$48/resident; \$60/non-resident. Registration: 742-6650; boynton-beach.org

9/7 - Senses of Cinema Presents Film for Thought Class at Sugar Sand Park, 300 S Military Tr, Boca Raton. Ages 18+. Every W through 10/5 10 am-12:45 pm. Per class \$12/resident, \$15/non-resident; 5-week session \$50/resident, \$62.50/non-resident. 347-3900; sugarsandpark.org

9/7 - Adult Watercolor Painting Workshop at Veterans Park, 802 NE 1st St, Delray Beach. Lesson with emphasis on composition and drawing, then a painting demo followed by one-on-one instruction with class critique. Ages 18 & up. M or W 10 am-1 pm. Monthly \$35/resident; \$40/non-resident. 243-7350; mydelraybeach.com

9/7 - Senior Bingo at Pompey Park, 1101 NW 2nd St, Delray Beach. Adults age 50 & up. M&W 10:30 am-noon. Free. 243-7356; mydelraybeach.com

9/7 - Duplicate Bridge Games at Carolyne

Sims Center, 225 NW 12th Ave, Boynton Beach. M/W/F Noon-3 pm. \$3/person. 742-6640; boynton-beach.org

9/7 - Sewing Class at Boca Raton Community Center, 150 Crawford Blvd. Come prepared to work the first day; bring fabric, pattern, scissors, pins, thread, sewing machine. All levels welcome. Every W through 11/9 noon-2 pm. \$120/resident; \$150/non-resident. 393-7807; ci.boca-raton.fl.us

9/7 - Gallery Tour at Morikami Japanese Museum and Gardens, 4000 Morikami Park Rd, Delray Beach. Docent-led tour through current exhibitions. Every W 1 pm. Free w/museum admission. 495-0233; morikami.org

9/7 - Literary Lectures: Tove Jansson: Nordic Nuances at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1-2:30 pm. Free. 393-7852; bocalibrary.org

9/7 - Adult Pottery at Boynton Beach Art Center, 125 SE 2nd Ave. Learn to use a slab roller, coil maker, electric wheel. Age 18+. Every W through 10/12. 6:30-9 pm. \$60/resident; \$75/non-resident. 742-6650; boynton-beach.org

9/7 - Chef vs Chef at Max's Harvest, 169 NE 2nd Ave, Delray Beach. Benefits Milagro Center. Top chefs compete in weekly bracket-style throwdown. Food/drink available for purchase at happy hour price. Every W through 9/28 9 pm. \$5/cover. 381-9970; maxsharvest.com

Thursday - 9/8 - Quilters meet at Boynton Beach City Library, 208 S Seacrest. Share quilting information, perpetuate quilting as a cultural and artistic form. Sale of quilted items supports the Library. Every Th 9-11:30 am. Free. 742-6886; boyntonlibrary.org

9/8 - Rippers Knitting Club at Boynton Beach Civic Center, 128 E Ocean Ave. All skill levels. Every Th 9am-noon. \$10/per season. 742-6240; boynton-beach.org

9/8 - Adult Acrylics Class at Veterans Park, 802 NE 1st St, Delray Beach. Local instructor teaches basic acrylic painting to beginners; also available for instruction to advanced painters. Call for list of supplies. Age 18 & up. Every Th noon-3 pm. Per class \$10/resident; \$12/non-resident. 243-7350; mydelraybeach.com

9/8 - Adults Open Computer Lab at Boca Raton Public Library, 400 NW 2nd Ave. 2-3:30 pm. Free. 393-7906; bocalibrary.org

9/8 - Senior Bridge at Veterans Park, 802

NE 1st St, Delray Beach. Experienced players welcome. Partners not needed. Every Th 2:30-4 pm. Annual fee \$15/resident +\$1/game; \$25/non-resident + \$2/game. 243-7350; mydelraybeach.com

9/8 - The Next Generation Road Rascals Car Show at Lake Worth Casino Building & Beach Complex, 10 S Ocean Blvd. 2nd Th 6-9 pm. rstarr2010@gmail.com

9/8 - Open Reading Night at School of Creative Arts/Crest Studios at Old School Square, 51 N Swinton Ave, Delray Beach. Listen or sign up to read from an original work (published or unpublished). All levels welcome. Read for 10-15 minutes then open discussion (not critique). Every 2nd Th 6:30-8:30 pm. Free. 212-677-4278; oldschoosquare.org

9/8 - Daymond John, CEO of FUBU & Co-star of ABC's Shark Tank speaks at Florida Atlantic University Kaye Performing Arts Auditorium, 777 Glades Rd, Boca Raton. 7 pm. \$50-\$75/person; \$30/FAU faculty and staff; \$15/FAU student; \$275/VIP. 297-4732; fauevents.com

Friday - 9/9 - Placed on a Pedestal: Sculpting Class at Art Center, 125 SE 2nd Ave, Boynton Beach. Fundamentals of sculpting engage artistic abilities. Every F through 10/21. 9-11:30 am. \$65/resident, \$82/non-resident. Registration: 742-6221; boynton-beach.org

9/9 - Adult Digital Design & Photoshop Class at Boca Raton Community Center, 150 Crawford Blvd. Introduction and basic steps to editing digital images using Adobe Photoshop. Basic computer skills are required. Students are encouraged to bring a laptop to class. Every Sat through 9/24 10-11:30 am. \$79/resident; \$99/non-resident. 393-7807; ci.boca-raton.fl.us

9/9 - Adult Painting: Watercolour for All Levels at Boca Raton Community Center, 150 Crawford Blvd. Traditional techniques and procedures; informs about papers, brushes, brushwork, blending, washes, colour mixing, colour overlay and build-up. Every F through 10/14 10 am-noon. \$125/resident; \$156/non-resident. 393-7807; ci.boca-raton.fl.us

9/9 - Balkan by the Beach: International Folk Dance at Veterans Park, 802 NE 1st St, Delray Beach. Benefit of exercise, pleasure of dancing to beautiful music. No experience or partner needed. Ages 50 & up. Every F 10:45 am-1:15 pm. \$5/resident; \$6/non resident per class. 243-7350; mydelraybeach.com

9/9 - Bill Gove Golden Gavel Toastmasters Club at Duffy's Sports Grill, 4746 N Congress Ave, Boynton Beach. Every F noon-1 pm. \$12/lunch or \$5/soft drink; cash only. 742-2121; billgovetoastmastersclub.com

9/9 - Grandparent's Day Party at Boynton Beach Senior Center, 1021 S. Federal Hwy. 1-3 pm. Free. 742-6570; boynton-beach.org

9/9 - Sushi and Stroll Summer Walk at The Morikami Japanese Museum and Gardens, 4000 Morikami Park Road, Delray Beach. Experience the gardens, enjoy taiko drumming, a cold drink, a breathtaking sunset. Fushu Daiko drumming performances seating begins at 5:30 pm (first-come, first-served; \$2 w/admission). 5:30-8:30 pm. \$6-\$8. 495-0233; morikami.org

9/9 - Castoffs Square Dance Club at Boynton Beach Civic Center, 128 E Ocean Ave. Basic modern western square dancing. Every F 7-7:45 pm dance & rounds; 7:45-9:30 pm dance club. \$12/couple at the door. 731-3119; boynton-beach.org

Saturday - 9/10 - Ride for the American Heart Association starts at Old School Square



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9/10 - Opera Stories Told through Singing: Workshop with Palm Beach Opera at Cultural Council of Palm Beach County Main Gallery, 601 Lake Ave, Lake Worth. Part of Arts in My Backyard series. 10-11:30 am. \$5/family. 471-2901; palmbeachculture.com

9/10 - Ceramic Vessels for Ikebana at Mounts Botanical Garden Exhibit Hall A, 563 N Military Tr, West Palm Beach. In collaboration with Armory Art Center. Guided construction of a clay vessel, demonstration of arrangements. 10 am-noon. \$115/member; \$125/non-member. Register: 832-1776 x33; mounts.org

9/10 - Countdown2Zero Pet Adoption at Palm Beach County Convention Center, 650 Okeechobee Blvd, West Palm Beach. Presented by The Lois Pope LIFE Foundation; organized by Peggy Adams Animal Rescue League & Palm Beach County Animal Care and Control. Special discounts, adoption incentives, special gifts. 10 am-6 pm. Free/admission & parking. 472-8845; countdown2zero.org

9/10 - The Five Worst Mistakes Writers Make About Private Investigators - Part of Florida Authors Academy Workshop at Murder on the Beach Bookstore, 273 NE 2nd Ave, Delray Beach. Instructor Steven Kerry Brown. 10 am. \$25. Registration: 279-7790; murderonthebeach.com

9/10 - Commemoration of 9/11 at Highland Beach Library Community Room, 3618 S Ocean Blvd. Program followed by movie *Lt. Dan Band*. 10 am-noon. Free. 278-5455; highlandbeach.us

9/10 - Ride & Remember Trolley Tour departs from Spady Cultural Heritage Museum, 170 NW 5th Ave, Delray Beach. 2-hour tour focuses on 5 historic districts. 2nd Sat 10 am-noon. \$25. Reservations: 279-8883; spadmuseum.com

9/10 - Annual Fair-Style Horse Races at Sunshine Meadows Equestrian Village, 16668 Winners Cir, Delray Beach. Harness racing. Bring blankets/lawn chairs. Fair-style food available for purchase. Held again 9/17. 11 am. Free. 495-1455; sunshinemeadowsdelray.com

9/10 - Lecture: Apps for Civic Engagement at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 11am-12:30 pm. Free. 393-7906; bocalibrary.org

9/10 - Taste History Culinary Tours of Historic Lake Worth and Lantana conducted by Museum of Lifestyle & Fashion History departs at 11 am from Macy's (outside East Entrance) Boynton Beach Mall, 801 N Congress Ave. Four-hour tour includes bus and walking tour, food sampling and visits to historical and cultural sites. 2nd Sat year-round, rain or shine. Reservations: check website for available dates. \$50/adult & senior citizen, free/child under 18. 243-2662; tastehistoryculinarytours.org

9/10 - 5th Annual Brazilian Beat at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. Celebrating Brazilian Independence Day. Live music, street entertainment, authentic Brazilian food and cocktails. 6-11 pm. Free. 367-7070; downtownboca.org

9/10 - 24-Hour Theatre Project at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 7:30 pm. Free. 237-9000; lynn.edu

9/10 - Dizzy Rock Furniture Grand Opening & Easton Art Galleries Launch Party at 3860 N Federal Hwy, Delray Beach. Virtual art show, complimentary drinks, food trucks, music. 8 pm-midnight. Free. dizzyrocksfurniture.rocks

9/10 - John Daversa at Arts Garage. 94 NE 2nd Ave, Delray Beach. Big band. Bring food/beverage. 8 pm. \$30-\$45. 450-6357; artsgarage.org

9/10-11 - Everything Orchids: A Shady Affair Plant Sale at Mounts Botanical Garden, 531 N Military Tr, West Palm Beach. Orchid/shade plant growers, artists, craftspeople, lectures, silent auction. Sat 9 am-4 pm; Sun 9 am-3 pm. \$10/non-member. 233-1757; mounts.org

SEPTEMBER 11-17

Sunday - 9/11 - Grandparents Day at Flagler Museum, 1 Whitehall Way, Palm Beach. Families tour Whitehall with activity guide for kids, then enjoy family-friendly activities in the Kenan Pavilion. Create a family tree, make a scrapbook page to commemorate the day, be interviewed by your grandchild, write a postcard to send to your family, have a family photo taken in front of Railcar No. 91. Noon-5 pm. Free w/museum admission. 655-2833; flaglermuseum.us

Monday - 9/12 - Ode 3.2 and Dulce et Decorum Est - Part of Great Books group at Boynton Beach City Library, 208 S Seacrest Blvd. 10-11:30 am. Free. 742-6390; boyntonlibrary.org

9/12 - Coloring for Adults at Boynton Beach City Library, 208 S Seacrest Blvd. Special

coloring pages, pencils, gels, markers provided or bring your own. Held again 10-11:30 am 9/19. 1:30-3 pm. Free. 742-6390; boyntonlibrary.org

9/12 - Adult Acting Class at Lake Worth Playhouse, 713 Lake Ave. Introduction to acting for stage through scene study and monologue preparation. Designed for beginning/amateur adult actor. Ages 18 & up. M through 11/21 (no class 10/31). Monologue Study 5-6 pm; Scene Study 6-7 pm. \$150/session. 586-6410; lakeworthplayhouse.org

9/12 - Downtown Lake Worth Food Truck Invasion at Cultural Plaza, 414 Lake Ave. 2nd M 6-10 pm. 844-682-7466; foodtruckinvasion.com

9/12 - Happy Squares Dance Club at Boynton Beach Civic Center, 128 E Ocean Ave. All skill levels welcome. Ages 18 & up. Every M 6:45-9:15 pm. \$6/person. 865-2611; boynton-beach.org

9/12 - Adult Beginner Dance: Tango at Veterans Park, 802 NE 1st St, Delray Beach. Essentially walking with a partner and the music. Every M 7:50-10:50 pm. Per class \$9/resident; \$10/non-resident. 243-7350; mydelraybeach.com

Tuesday - 9/13 - Music & Interactive Art at Veterans Park Recreation Center, 50 NW 1st Ave, Delray Beach. Bring an instrument, join the open jam session. Easels & art supplies set up for anyone wanting to explore their inner creativity in a non-instructional environment. Join in or sit and listen! All ages. 2nd T 6-9 pm. Free. 243-7350; mydelraybeach.com

9/13 - Morlang (NR) part of the Foreign Film Series by Friends of the Boca Raton Public Library, 400 NW 2nd Ave. Adults. 6:30-9 pm. Free. 393-7852; bocalibrary.org

9/13 - CINE*MATTERS 2016: Amreeka at Unitarian Universalist Fellowship of Boca Raton Rockberger Hall, 2601 St. Andrews Blvd. 7 pm. Held again 9/18 noon. Free/donation accepted. 482-2001; uufbr.org

Wednesday - 9/14 - Jeff Dawson from AIPAC: The BDS Movement Against Israel at City Fish Market, 7940 Glades Rd, Boca Raton. Hosted by Gold Coast Tiger Bay Club. Member: \$35/advance, \$40/at the door. Nonmember: \$35/first time guests, \$50/second time guests. 11:30 am-1 pm. 852-0000; goldcoasttigerbayclub.com

9/14 - Getting to Know Your New iPad at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1-2:30 pm. Free. 544-8578; bocalibrary.org

9/14 - Klara's Journey by Ben G. Frank - Part of Florida Voices Author Series at Society of The Four Arts King Library, 2 Four Arts Plaza, Palm Beach. 1:30 pm. Free. 655-2766; fourarts.org

9/14 - Zonta Club of Boca Raton at Pavilion Grille, 301 Yamato Rd, Boca Raton. Second W 5:30 pm. \$30. 482-1013; zontabocaraton.org

9/14 - Summer Evening Stroll with the Director at Mounts Botanical Garden, 563 N Military Tr, West Palm Beach. Walking tour. Meet at Garden Entrance on Military Trail. 6-7:30 pm. \$10/non-member. 233-1757; mounts.org

9/14 - Building Resiliency in the Garden at Mounts Botanical Garden, 559 N Military Tr, West Palm Beach. Science-based lecture focuses on salt- and drought-tolerant plants for coastal and other areas. Addresses potential changes in climate and the documented rise in sea level. Laurie Albrecht, UF/IFAS Cooperative Extension Agent, shares tips on how to save on water bills and plans for the gardens of the

future. 6:30-8 pm. \$10/member; \$15/non-member. 233-1757; mounts.org

9/14 - Dog Obedience Classes at Train Depot, 747 S Dixie Hwy., Boca Raton. Every W through 10/19. Must show proof of vaccinations. Two sessions: puppy kindergarten (dogs 10 wks-5 mos old) 6:30-7:30 pm; beginner dog class 7:30-8:30 pm. \$90/resident; \$112.50/non-resident. 393-7807; ci.boca-raton.fl.us

9/14 - Women's National Book Association (WNBA) Meeting at Murder on the Beach Mystery Bookstore, 273 NE 2nd Ave, Delray Beach. Guest speaker Daphne Nikolopoulos discusses *Gloss Ambition*: An editor's advice on writing for magazines. Small bites, wine. 6:30 pm. \$10/non-member. 279-7790; murderonthebeach.com

9/14 - Writers' Corner at Boynton Beach City Library, 208 S Seacrest Blvd. Manuscript critiquing by published authors. 6:30-8 pm. Free. 742-6390; boyntonlibrary.org

9/14 - Delray Beach Orchid Society at Veterans Park Recreation Center, 802 NE 1st St, Delray Beach. 2nd W 7 pm. Free. 412-6752; delraybeachorchidsociety.com

9/14 - Shed Sessions at The Spady: Spady House Band at The Spady Cultural Heritage Museum, 170 NW 5th Ave, Delray Beach. 8-11 pm. \$10/at the door; free/musicians. 278-8883; spadmuseum.com

Thursday - 9/15 - Exhibition: Clyde Butcher's Nature Places at Boca Raton Public Library, 400 NW 2nd Ave. Runs through 12/31. Regular library hours. Free. 544-8578; bocalibrary.org

9/15 - iPad 2: Using Apps at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 1-2 pm. Free. 544-8578; bocalibrary.org

9/15 - Exhibition Opening: Fifteen Minutes at Cornell Museum of Art at Old School Square, 51 N Swinton Ave, Delray Beach. Runs through 1/15/17. T-Sat 10:30 am-4:30 pm; Sun 1-4:30

pm. \$5/suggested donation. 243-7922 x1; delraycenterforthearts.org

9/15 - Exhibition Opening: A Life in Portraits at Cornell Museum of Art at Old School Square, 51 N Swinton Ave, Delray Beach. Runs through 1/15/17. T-Sat 10:30 am-4:30 pm; Sun 1-4:30 pm. \$5/suggested donation. 243-7922 x1; delraycenterforthearts.org

9/15 - A Closer Look: Richard Tuttle's Beethoven Stop on the Way to Egypt (1986) at Norton Museum of Art, 1451 S Olive Ave, West Palm Beach. Talks begin in a gallery and focus on an individual artwork, then move to the theater to explore the work's cultural context. Held again 9/21. 1-2:15 pm. Free. 832-5196; norton.org

9/15 - Movie for Adults at Boynton Beach City Library, 208 S Seacrest Blvd. Watch a movie that won best picture award and four Oscars! Held again 9/29. 2-3:30 pm. Free. 742-6390; boyntonlibrary.org

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9/15 - Draw Like an Artist Class: Collage Art at Sugar Sand Park, 300 S Military Tr, Boca Raton. Ages 18+. 5-7 pm. Per class \$28/resident; \$35/non-resident. 347-3900; sugarsandpark.org

9/15 - College Night at Boca Raton Museum of Art, 501 Plaza Real. 5-8 pm. Free for college students w/ID. 278-7877; bocamuseum.org

9/15 - Concert: David Pedraza, Classical Viola at Highland Beach Library Community Room, 3618 S Ocean Blvd. 5:30-6:30 pm. Free. 278-5455; highlandbeach.us

9/15 - JJCF PAC Kickoff & Membership Drive Reception at Renaissance Boca Raton Hotel, 2000 NW 19th St. Passed hors d'oeuvres, dietary laws observed. Donations of non-perishable food, toiletries benefit Jacobson Family Food Pantry. 5:30 pm. \$60/PAC member; \$75/non-member. RSVP: 852-3114; jewishbocaorg/packickoff

9/15 - Curator's Conversations: Ming Dynasty Dragon Tiles at Norton Museum of Art, 1451 S Olive Ave, West Palm Beach. Curators lead discussions about special exhibitions, installations, museum collection. All ages. 6:30 pm. Free. 832-5196; norton.org

9/15 - Happy Hour Glass Painting at Art-Sea Living, 112 S Federal Highway #7, Boynton Beach. Bring drinks and a snack to share. Every 1st & 3rd Th. 7-9 pm. Paint 2 glasses \$25/ supplies included. 737-2600; artsealiving.com

9/15 - Five Centuries of Bassoon Music at Lynn University Amarnick-Goldstein Concert Hall, 3601 N Military Tr, Boca Raton. 7:30 pm. \$20. 237-9000; lynn.edu

9/15 - Boca Raton Orchid Society at Safe

Schools Institute, 1790 NW Spanish River Blvd. 2nd Th 7:30 pm. Free. 394-5910; brosonline.org

9/15 - Orchid Society of the Palm Beaches at Mounts Botanical Garden Auditorium, 531 N Military Tr, West Palm Beach. 2nd Th 7:30 pm. Free. 491-8033; orchidsocietyofthepalmbeaches.com

9/15 - Classic Rock Therapy at The Fieldhouse at Old School Square, 51 N Swinton Ave, Delray Beach. 9-11 pm. \$10. 243-7922 x1; oldschoolsquare.org

Friday - 9/16 - Evening on the Avenue at Cultural Plaza, 414 Lake Ave, Lake Worth. Live music, food vendors, crafts, art sales. 1st & 3rd F 6-10 pm. Free. 588-8344; lakeworth.org

9/16 - 5th Annual Toasts, Tastes & Trolleys at Boca Raton Resort & Club, 501 E Camino Real. Benefits Boca Raton Historical Society & Museum. Cocktails/hors d'oeuvres at the resort, trolley to signature food/cocktails at a variety of downtown locations, concludes at the resort with dessert/dancing/cash bar. 6-11 pm. \$125. 395-6766 x301; bocahistory.org

9/16 - Exhibition Opening Reception: Boxed In-Boxed Out at Artisans on the Ave, 630 Lake Ave, Lake Worth. 6-9 pm. Free. 762-8162; artisansontheave.com

9/16 - Exhibition Opening: A.E. Backus & Florida's Highwaymen at Florida Atlantic University Galleries, 777 Glades Rd, Boca Raton. Presentation, reception. Exhibition runs through 11/19. 6:30-9 pm. Free. 297-2661; fau.edu/galleries

Saturday - 9/17 - 3rd Annual Boca-Delray Lodge #171 F&AM Charity Tournament at Boca Lago Country Club, 8665 Juego Way.

Benefits Aid to Victims of Domestic Abuse (AVDA). Golf, BBQ lunch, awards, silent auction. 8:30 am registration; 10:30 am shotgun start. \$150/player; \$600/foursome; \$40/lunch & auction only. 302-2740; bocadelray171.org

9/17 - Art Al Fresco at Lake Worth Beach, 10 S Ocean Blvd. Presented by Lake Worth Art League. 3rd Sat. 9 am-5 pm. lakeworth.org

9/17 - Farm Your Backyard Workshop: Vegetable Growing at Mounts Botanical Garden Exhibit Hall A, 559 N Military Tr, West Palm Beach. Learn the secrets of vegetable farming in South Florida with Arthur Kirstein, UF/IFAS Extension Coordinator; tour Mounts vegetable garden. Seating limited to 100. 9 am-noon. \$20/member; \$30/non-member. Registration: 233-1757; mounts.org

9/17 - Meet Me In Boca Raton at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. Fun-filled educational day of family fun: activities for the kids, meet and learn about local businesses and professional services for your family, health and wellness, shopping. 10 am-4 pm. Free. 393-7700; myboca.us

9/17 - Unlocking Creativity: An Intensive Dream Workshop for Artists at Creative Arts School at Old School Square, 51 N Swinton Ave, Delray Beach. 3rd Sat through 4/15/17. 10 am-4 pm \$165. 243-7922 x478; oldschoolsquare.org

9/17 - 3D Printing Class at Boynton Beach City Library, 208 S Seacrest Blvd. Infinite 3D Printers present tutorial classes. All ages. 10 am-noon. Free. 742-6390; boyntonlibrary.org

9/17 - How To Find An Agent - Part of Florida Authors Academy Workshop at Murder on the Beach Bookstore, 273 NE 2nd Ave, Delray

Beach. Instructor Mark Spivak. 10 am. \$25. Registration: 279-7790; murderonthebeach.com

9/17 - Taste History Culinary Tours of Historic Delray Beach & Boynton Beach conducted by Museum of Lifestyle & Fashion History departs at 11 am from Macy's (outside East Entrance) Boynton Beach Mall, 801 N Congress Ave. 4-hour tour includes bus and walking tour, food sampling, visits to historical and cultural sites. Narrated by live guide. 3rd & 4th St year-round, rain or shine. \$50/adult & senior citizen; free/children under 18 (max 5 children per family.) Reservations: 243-2662; tastehistoryculinarytours.org

9/17 - Puppy Kindergarten Class at Boca Raton Community Center, 150 Crawford Blvd. Every Sat through 10/22. Must show proof of vaccinations. Dogs ages 10 wks-5 mos old. 11:30 am-12:30 pm. \$90/resident; \$112.50/non-resident. 393-7807; myboca.us

9/17 - Annual Chinese Moon Festival at Norton Museum of Art, 1451 S Olive Ave, West Palm Beach. Mid-Autumn Festival with music, art activities, tours, more. Reception with traditional Chinese mooncakes. Noon-5 pm. Free. 832-5196; norton.org

9/17 - Adults Realistic Drawing/Painting Instruction Class at Rutherford Community Center, 2000 Yamato Rd, Boca Raton. Basic techniques essential to quality, realistic paintings. Sat through 10/8 12:30-2:30 pm, \$65/resident; \$81/non-resident. 367-7035; myboca.us

9/17 - Art Talk: A Conversation with Joan Agajanian Quinn: A Life in Portraits at Cornell Art Museum at Old School Square, 51 N Swinton Ave. 5:30-8:30 pm. \$15. 243-7922; oldschoolsquare.org

9/17 - Brew 2 at the Zoo at Palm Beach Zoo, 1301 Summit Blvd, West Palm Beach. Sampling from 25+ breweries, food available for purchase, live music. Adults only. 6-9 pm. \$35/general; \$65/VIP (5:30 admission); \$15/ designated driver. Advance tickets required: 547-9453; palmbeachzoo.org

9/17 - Irena Kofman & Friends: Classy, Sweet, & Jazzy at Florida Atlantic University Theatre, 777 Glades Rd, Boca Raton. 7 pm. \$20. 800-564-9539; fauevents.com

9/17 - Lecture: Clyde Butcher's Nature's Places of Spiritual Sanctuary at Boca Raton Public Library, 400 NW 2nd Ave. Presentation/ book signing by the artist. Books, calendars available for purchase and signing. 7-8 pm. Free. 544-8578; bocalibrary.org

9/17 - Live Jazz Jam Session & Showcase at Flamingo Clay Glass Metal Stone Studio & Gallery, 15 S J St, Lake Worth. 3rd Sat 7-10 pm. \$5/cover. 588-8344; flamingoclaysstudio.org

9/17 - Divas on Stage at Lake Worth Playhouse, 713 Lake Ave. 8 pm. \$15. 586-6410; lakeworthplayhouse.org

9/17 - Sick Puppies Improv Comedy: The Other World at Center Stage Performing Arts, 7200 W Camino Real #330, Boca Raton. Every Sat 9-10:30 pm. \$17/online; \$20/at the door. 954-667-7735; sickpuppiescomedy.com

9/17-18 - Traditional Turkish Ebru Marbling at Florida Atlantic University Jaffe Center for Book Arts Paper Lab at Historic T6, 777 Glades Rd, Boca Raton. Workshop includes using gouache, an opaque water color paint, to create increasingly complex series of patterns. 10 am-4:30 pm. \$195/public; \$185/FAU faculty, staff; \$175/FAU student. Registration: 297-0226; jcutrone@fau.edu

Delta. 12:30-3:30 pm. \$12/15 wings & 5 activity tickets, \$20/25 wings & 10 activity tickets. 393-7700; facebook.com/faubuffalobash

9/18 - Civic Engagement: Author Talk & Book Signing with Paul Loeb at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 3-4 pm. Free. 393-7852; bocalibrary.org

9/18 - Music in the Museum: David Block, Piano at Boca Raton Museum of Art, 501 Plaza Real. 3-4 pm. Free w/paid museum admission. 392-2500; bocamuseum.org

Monday - 9/19 - Luncheon: Paul Loeb - Enacting Positive Change at Boca Raton Public Library, 400 NW 2nd Ave. Adults. Noon-1 pm. \$5/suggested donation. 393-7852; bocalibrary.org

9/19 - Visioning Session on The Wildflower & Downtown Waterfront at Boca Raton public Library, 400 NW 2nd Ave. 6-8 pm. Free. RSVP: 393-7708; scott@singerforboca.com

9/19 - Lecture: Boynton Beach Historical Society at Boynton Beach City Library, 208 S Seacrest Blvd. 6:30-8 pm. Free. 742-6390; boyntonlibrary.org

Tuesday - 9/20 - Property Managers; Breakfast with Continuing Ed & Board Member Classes at Boca Greens Country Club, 19642 Trophy Dr. Held again 10/18. 7:30-8 am registration & breakfast; 8:15-10:15 am class. Free. RSVP by 9/10: 508-8500; r-mlaw.co

9/20 - Zonta Club of Greater Deerfield Beach at Duffy's, 401 N Federal Hwy. 3rd T 11:30 am. 392-2223; zontadeerfieldbeach.org

9/20 - Wine, Women & Wisdom presented by Delray Beach Chamber of Commerce at Arts Garage, 94 NE 2nd Ave. 4 wonderfully wise women representing Technology & Entrepreneurism, Television Media, Medical Science & Arts, Culture. 5:30 pm. \$25-\$35. 278-0424; delraybeach.com

9/20 - Concert: Lynn University Conservatory of Music at Harriet Himmel Theater, 600 S Rosemary Ave, West Palm Beach. 7 pm. \$10/adult; \$5/student. 866-449-2489; kretzerpiano.com

9/20 - FAU Astronomical Observatory - Public viewing day at Florida Atlantic University Science & Engineering Building 4th floor, 777 Glades Rd, Boca Raton. 1st F & 3rd T 7 pm. Free. 297-STAR; physics.fau.edu/observatory

9/20 - Florida Native Plant Society Chapter Meeting at Mounts Botanical Garden, 531 N Military Tr, West Palm Beach. Citizen Advocacy for Conservation panel discussion. 7-9 pm. Free. palmbeach.fnpschapters.org

9/20 - Jazz LP Vinyl Listening Party at Flamingo Clay Glass Metal Stone Studio & Gallery, 15 S J St, Lake Worth. 3rd T 7-10 pm. \$5/cover. 588-8344; flamingoclaysstudio.org

Wednesday - 9/21 - How Judicial Vacancies Impede Access to Justice at Atlantis Country Club, 190 Atlantis Ave, Lake Worth. Speaker: Nancy Abudu. Hosted by Palm Beach County Chapter of the League of Women Voters, ACLU, National Council of Jewish Women. 3rd of 3-part series. 11 am-1 pm. \$30/includes lunch. Register: lwpvpc.org

9/21 - Wii Bowling for Adults at Boynton Beach City Library, 208 S Seacrest Blvd. 1:30-3 pm. Free. 742-6390; boyntonlibrary.org

9/21 - Nine & Wine Kickoff Party for the Conservation Cup at Palm Beach Par 3, 2345 S Ocean Blvd, Palm Beach. All inclusive 9-hole, 4-5 person team scramble. Beer, wine, hors d'oeuvres, prizes at the awards ceremony, \$20 Wine Grab-Bag. Women's Golf Clinics held simultaneously. Benefits the South Florida Science Center and Aquarium's Conservation Golf Course. 4 pm check in. \$60/person for clinic & tournament; \$35/person for wine & awards reception. 370-7738; sfsccenter.org

9/21 - Art Walk Wednesdays Artists Reception at Basil Bar & Grill, Plaza del Mar, 244 S Ocean Blvd, Manalapan. 6-7 pm. Free. 588-2405; facebook.com/dangartists

9/21 - Civic Lectures for Savvy Citizens: 2016 Florida Ballot Initiatives Explained at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 7-8 pm. Free. 393-7852; bocalibrary.org

9/21 - Community Cabaret at Willow Theatre at Sugar Sand Park, 300 S Military Tr, Boca Raton. Calling all singers, dancers, musicians, stand-up comedians; performers must register in advance. 7:30 pm. \$5. 347-3900; willowtheatre.org

9/21-23 - Cafe de Cave at Lynn University Schmidt Family Studio, 3601 N Military Tr, Boca Raton. Students from Lynn's drama program and Conservatory of Music join faculty and staff for a program of songs and instrumental selections in an intimate cafe setting. Limited seating. W/Th/F 7:30 pm; Th 12:30 pm. \$5/ person; free w/Lynn ID. 237-9000; lynn.edu

Thursday - 9/22 - 10 Things You Need to Know About Tomorrow Today by John M. Campanola at 401 W Atlantic Ave #09, Delray Beach. Industry expert speaks about the overwhelming task of shifting focus from asset growth to income for Baby Boomers heading towards retirement. 5:30-7 pm. Free. Reservations: 212-2903; jmcampanola@ft.newyorklife.com

9/22 - Ghaleb at the Pavilion Grille, 301

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9/17 - Brew 2 at the Zoo at Palm Beach Zoo, 1301 Summit Blvd, West Palm Beach. Sampling from 25+ breweries, food available for purchase, live music. Adults only. 6-9 pm. \$35/general; \$65/VIP (5:30 admission); \$15/ designated driver. Advance tickets required: 547-9453; palmbeachzoo.org

9/17 - Irena Kofman & Friends: Classy, Sweet, & Jazzy at Florida Atlantic University Theatre, 777 Glades Rd, Boca Raton. 7 pm. \$20. 800-564-9539; fauevents.com

9/17 - Lecture: Clyde Butcher's Nature's Places of Spiritual Sanctuary at Boca Raton Public Library, 400 NW 2nd Ave. Presentation/ book signing by the artist. Books, calendars available for purchase and signing. 7-8 pm. Free. 544-8578; bocalibrary.org

9/17 - Live Jazz Jam Session & Showcase at Flamingo Clay Glass Metal Stone Studio & Gallery, 15 S J St, Lake Worth. 3rd Sat 7-10 pm. \$5/cover. 588-8344; flamingoclaysstudio.org

9/17 - Divas on Stage at Lake Worth Playhouse, 713 Lake Ave. 8 pm. \$15. 586-6410; lakeworthplayhouse.org

9/17 - Sick Puppies Improv Comedy: The Other World at Center Stage Performing Arts, 7200 W Camino Real #330, Boca Raton. Every Sat 9-10:30 pm. \$17/online; \$20/at the door. 954-667-7735; sickpuppiescomedy.com

9/17-18 - Traditional Turkish Ebru Marbling at Florida Atlantic University Jaffe Center for Book Arts Paper Lab at Historic T6, 777 Glades Rd, Boca Raton. Workshop includes using gouache, an opaque water color paint, to create increasingly complex series of patterns. 10 am-4:30 pm. \$195/public; \$185/FAU faculty, staff; \$175/FAU student. Registration: 297-0226; jcutrone@fau.edu

SEPTEMBER 18-24

Sunday - 9/18 - Tropical Triathlon starts at 10 S Ocean Blvd, Lake Worth. USAT sanctioned sprint race: 0.25 mile swim, 13 mile bike, 5K run. Route includes ocean vistas, a bridge challenge, a fun downtown loop, a view of the Snook Island preserve, an Intracoastal path through Bryant Park and Historic neighborhoods. Awards ceremony follows on the beach. 6 am-1 pm. \$100/individual; \$50-\$75/relay teams; \$60/high school student. 358-8501; lakeworththevents.com/tropical-triathlon.html

9/18 - Annual Book Sale at Unity of Delray Beach, 101 NW 22nd St. Inspirational, motivational, health, nutrition, metaphysics. Before & after 9:25 & 11 am services. Free. 276-5796; unityofdelraybeach.org

9/18 - Six Tropical Plants that Rocked the World at Mounts Botanical Garden Exhibit Hall A, 559 N Military Tr, West Palm Beach. Presented by Dr. Scott Zona. 10 am-1 pm. \$10/member; \$15/non-member. Registration required: 233-1757; mounts.org

9/18 - 3rd Annual Boca Photo Workshops at Boca Raton Museum of Art School, 801 W Palmetto Park Rd. Discussions, hands-on workshops. 11 am-3 pm. Free. Reservations: 392-2503; artschool@bocamuseum.org

9/18 - Buffalo Bash at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. Buffalo Bash celebrates the tasty buffalo creations of local restaurants and amateur cooks around the Palm Beach area. Live music, wing-eating competition, kids zone, more. Presented by FAU's Phi Delta Theta and Alpha Xi

9/18 - Civic Engagement: Author Talk & Book Signing with Paul Loeb at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 3-4 pm. Free. 393-7852; bocalibrary.org

9/18 - Music in the Museum: David Block, Piano at Boca Raton Museum of Art, 501 Plaza Real. 3-4 pm. Free w/paid museum admission. 392-2500; bocamuseum.org

Monday - 9/19 - Luncheon: Paul Loeb - Enacting Positive Change at Boca Raton Public Library, 400 NW 2nd Ave. Adults. Noon-1 pm. \$5/suggested donation. 393-7852; bocalibrary.org

9/19 - Visioning Session on The Wildflower & Downtown Waterfront at Boca Raton public Library, 400 NW 2nd Ave. 6-8 pm. Free. RSVP: 393-7708; scott@singerforboca.com

9/19 - Lecture: Boynton Beach Historical Society at Boynton Beach City Library, 208 S Seacrest Blvd. 6:30-8 pm. Free. 742-6390; boyntonlibrary.org

Tuesday - 9/20 - Property Managers; Breakfast with Continuing Ed & Board Member Classes at Boca Greens Country Club, 19642 Trophy Dr. Held again 10/18. 7:30-8 am registration & breakfast; 8:15-10:15 am class. Free. RSVP by 9/10: 508-8500; r-mlaw.co

9/20 - Zonta Club of Greater Deerfield Beach at Duffy's, 401 N Federal Hwy. 3rd T 11:30 am. 392-2223; zontadeerfieldbeach.org

9/20 - Wine, Women & Wisdom presented by Delray Beach Chamber of Commerce at Arts Garage, 94 NE 2nd Ave. 4 wonderfully wise women representing Technology & Entrepreneurism, Television Media, Medical Science & Arts, Culture. 5:30 pm. \$25-\$35. 278-0424; delraybeach.com

9/20 - Concert: Lynn University Conservatory of Music at Harriet Himmel Theater, 600 S Rosemary Ave, West Palm Beach. 7 pm. \$10/adult; \$5/student. 866-449-2489; kretzerpiano.com

9/20 - FAU Astronomical Observatory - Public viewing day at Florida Atlantic University Science & Engineering Building 4th floor, 777 Glades Rd, Boca Raton. 1st F & 3rd T 7 pm. Free. 297-STAR; physics.fau.edu/observatory

9/20 - Florida Native Plant Society Chapter Meeting at Mounts Botanical Garden, 531 N Military Tr, West Palm Beach. Citizen Advocacy for Conservation panel discussion. 7-9 pm. Free. palmbeach.fnpschapters.org

9/20 - Jazz LP Vinyl Listening Party at Flamingo Clay Glass Metal Stone Studio & Gallery, 15 S J St, Lake Worth. 3rd T 7-10 pm. \$5/cover. 588-8344; flamingoclaysstudio.org

Wednesday - 9/21 - How Judicial Vacancies Impede Access to Justice at Atlantis Country Club, 190 Atlantis Ave, Lake Worth. Speaker: Nancy Abudu. Hosted by Palm Beach County Chapter of the League of Women Voters, ACLU, National Council of Jewish Women. 3rd of 3-part series. 11 am-1 pm. \$30/includes lunch. Register: lwpvpc.org

9/21 - Wii Bowling for Adults at Boynton Beach City Library, 208 S Seacrest Blvd. 1:30-3 pm. Free. 742-6390; boyntonlibrary.org

9/21 - Nine & Wine Kickoff Party for the Conservation Cup at Palm Beach Par 3, 2345 S Ocean Blvd, Palm Beach. All inclusive 9-hole, 4-5 person team scramble. Beer, wine, hors d'oeuvres, prizes at the awards ceremony, \$20 Wine Grab-Bag. Women's Golf Clinics held simultaneously. Benefits the South Florida Science Center and Aquarium's Conservation Golf Course. 4 pm check in. \$60/person for clinic & tournament; \$35/person for wine & awards reception. 370-7738; sfsccenter.org

9/21 - Art Walk Wednesdays Artists Reception at Basil Bar & Grill, Plaza del Mar, 244 S Ocean Blvd, Manalapan. 6-7 pm. Free. 588-2405; facebook.com/dangartists

9/21 - Civic Lectures for Savvy Citizens: 2016 Florida Ballot Initiatives Explained at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 7-8 pm. Free. 393-7852; bocalibrary.org

9/21 - Community Cabaret at Willow Theatre at Sugar Sand Park, 300 S Military Tr, Boca Raton. Calling all singers, dancers, musicians, stand-up comedians; performers must register in advance. 7:30 pm. \$5. 347-3900; willowtheatre.org

9/21-23 - Cafe de Cave at Lynn University Schmidt Family Studio, 3601 N Military Tr, Boca Raton. Students from Lynn's drama program and Conservatory of Music join faculty and staff for a program of songs and instrumental selections in an intimate cafe setting. Limited seating. W/Th/F 7:30 pm; Th 12:30 pm. \$5/ person; free w/Lynn ID. 237-9000; lynn.edu

Thursday - 9/22 - 10 Things You Need to Know About Tomorrow Today by John M. Campanola at 401 W Atlantic Ave #09, Delray Beach. Industry expert speaks about the overwhelming task of shifting focus from asset growth to income for Baby Boomers heading towards retirement. 5:30-7 pm. Free. Reservations: 212-2903; jmcampanola@ft.newyorklife.com

9/22 - Ghaleb at the Pavilion Grille, 301

Yamato Rd, Boca Raton. World class pop tenor, guitarist and composer with violinist, Pablo Rivera. 6 pm: dinner; 8 pm: showtime. Special table for singles offer by Stepping Out Florida. \$20/bar area includes one drink; \$49/3-course dinner, tax and gratuity. Reservations: 912-0000; paviliongrille@gmail.com

9/22 - Jose Alvarez (D.O.P.A.) - Part of BOCA Talks series at Boca Raton Museum of Art, 501 Plaza Real. 6-8 pm. \$12/non-member (includes admission). 392-2500; bocamuseum.org

9/22 - Opening Reception at Artists' Guild Gallery, 512 E. Atlantic Ave, Delray Beach. 6-8 pm. Free. 392-2500; bocaguild.com

9/22 - Discussion: Art Deco of the Palm Beaches at Norton Museum of Art, 1451 S Olive Ave, West Palm Beach. Part of the Building the New Norton series. 6:30 pm. Free. 832-5196; norton.org

9/22 - An Evening of Chamber Music and Poems at Lynn University Snyder Sanctuary, 3601 N Military Tr, Boca Raton. 7:30 pm. \$10. 237-9000; lynn.edu

9/22-23 - Art Series Workshop: Drawing Fundamentals at Boynton Beach Art Center, 125 SE 2nd Ave. Train the eye and hand to transfer imagery from the real world to your page. 10 am-1 pm. \$59/resident; \$74/non-resident. Registration: 742-6650; boynton-beach.org

9/22-25 - The Normal Heart at Showtime Performing Arts Theatre, 503 SE Mizner Blvd, Boca Raton. Runs through 10/9. Th-Sat 8 pm; Sun 2 pm. \$40/adult; \$30/senior; \$20/student. 394-2626; showtimeboca.com

Friday - 9/23 - Senior Health Fair at Boynton Beach Civic Center, 128 E Ocean Ave. 9 am-noon. Free. 742-6570; boynton-beach.org

9/23 - Where Runway Meets Broadway Gala Opening at The Wick Theatre and Costume Museum, 7901 N Federal Hwy, Boca Raton. Luncheon, fashion show, debut of the museum's new exhibit featuring fashion and costumes from the 1880s to the 1980s. 11:30 am. \$150. 995-2333; thewick.org

9/23-25 - USTA Sunshine State Open at Delray Beach Tennis Center, 201 W Atlantic Ave; Delray Beach Swim & Tennis Club, 2350 Jaeger Dr; Boca West Country Club, 20583 Boca West Dr; Evert Tennis Academy, 10334 Diego Dr, Boca Raton. USTA sanctioned National Level 3 event consists of nationally-ranked participants competing in the Boys and Girls 12s and 14s age divisions; 32 athletes participating in singles competition; 16 teams participating in doubles; the best juniors in the country, competing in Boys' & Girls' 12s, 14s, 16s and 18s age divisions. Matches begin at 8 am. Free/ spectator admission. Schedules and draw information: 330-6003; yellowtennisball.com/sunshine-state-open

9/23-25 - 3rd Annual South Florida Fall Boat Show at South Florida Fairgrounds, 9067 Southern Blvd, West Palm Beach. In conjunction with 8th Annual Florida Nautical Flea Market and Seafood Festival. Free parking. 9 am-6 pm. \$10/admission; free/child 12 & under. 954-205-7813; southfloridafallboatshow.com

Saturday - 9/24 - 2nd Annual Outrun Hunger Palm Beach County 5K at Okeeheliee Park, 7715 Forest Hill Blvd, West Palm Beach. Benefits Feeding South Florida. 6 am registration/packet pickup; 7:30 am run/walk start; 8:30 am/recognition ceremony. \$30-\$35. feedingsouthflorida.org

9/24 - Community Yard Sale at Compass Community Center, 201 N Dixie Hwy, Lake Worth. Proceeds benefit the SMART ride for AIDS organizations. 8 am-noon. 533-9699; compassglcc.com

9/24 - Orchid Care 101: Repotting Your Orchid at Mounts Botanical Garden Auditorium, 559 N Military Tr, West Palm Beach. Presented by Sandi Jones, Broward Orchid Supply and Bonnet House Museum & Gardens. 10 am-1 pm. \$35/member; \$45/non-member. Registration: 233-1757; mounts.org

9/24 - Writing the Ten-Minute Play for Production - Part of Florida Authors Academy Workshop at Murder on the Beach Bookstore, 273 NE 2nd Ave, Delray Beach. Instructor Carol White. 10 am. \$25. Registration: 279-7790; murderonthebeach.com

9/24 - Street Photography: Candid Portraiture Class at Old School Square Studio 5, 51 N Swinton Ave. Held again 10/29, 11/26, 1/28, 2/25, 3/25 & 4/22. All levels. 10 am-1 pm. \$75. 243-7922; oldschoosquare.org

9/24 - Taste Atlantic Avenue - Historical walking food tour along Atlantic Avenue, Delray Beach. Includes tastings of signature bites at 5-6 stops. 11 am-2 pm. \$65. Advance purchase required: 954-410-3177; savorourcity.com

9/24 - Lake Worth Library 75th Anniversary at Lake Worth Library, 15 N M St. Open house and tour. 3-5 pm. Free. 533-7354; lakeworth.org

9/24 - A-List Midnight Movies: The Skin I Live In (R) at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 4-6:30 pm. Free. 393-7906; bocalibrary.org

9/24 - Michael Goddard in Person at Wentworth Gallery Town Center Mall, 6000

Glades Rd, Boca Raton. Original artwork created live. 6-9 pm. Free. 338-0804; wenworthgallery.com

9/24 - SOLD (PG13): Special Screening and Panel Discussion at St. Joseph's Episcopal Church, 3300a S Seacrest Blvd, Boynton Beach. Local panelists from FBI, Delray and Boynton police departments, head of Human Trafficking Coalition of the Palm Beach and Rescue Upstream will discuss what can be done about human trafficking. 7 pm. \$9. 732-3060; revwendy@stjoesweb.org

9/24 - Sick Puppies Improv Comedy: The Players at Center Stage Performing Arts, 7200 W Camino Real #330, Boca Raton. Every Sat 9-10:30 pm. \$17/online; \$20/at the door. 954-667-7735; sickpuppiescomedy.com

9/24-25 - Harvest Fest at Boynton Beach Mall East Parking Lot, 801 Congress Ave. Children's activities, character meet & greet, big truck showcase, live music, craft vendors, local food trucks. Car show Sun, 2 pm awards ceremony. 10 am-5 pm. Free. 732-9501; boyntonbeach.org

9/24-25 - Knights of Columbus #13338 Food Drive at Emmanuel Catholic Church, 15700 S Military Tr, Delray Beach. Benefits C.R.O.S. Ministries Food Pantry. Sat 3:30-6 pm; Sun 7:30 am-noon. 496-2480

9/24-25 - Not In My Town at Florida Atlantic University Theatre, 777 Glades Rd, Boca Raton. Sat 7 pm; Sun 3 pm. \$20. 800-564-9539; fauevents.com

SEPT. 25-OCT. 1

Sunday - 9/25 - Boca Walk to End Alzheimer's at Mizner Park Amphitheater, 590 Plaza Real, Boca Raton. 2-mile walk. 6:30 am registration; 8 am ceremony; 8:30 am walk. 967-0047; act.alz.org/bocawalk

9/25 - Special: Thomas Swick Travel Writer

- Part of Friends Speaker Series at Boca Raton Public Library, 400 NW 2nd Ave. Adults. 3-4:30 pm. Free. 393-7968; bocalibrary.org

9/25 - Friends of the Uffizi: Dr. Emily Fenichel at Boca Raton Museum of Art, 501 Plaza Real. 3-4 pm. \$12/non-member. Tickets required: 392-2500; bocamuseum.org

9/25 - Cancer's a DRAG: A Magical Musical Tour! at Old School Square Crest Theatre, 51 N Swinton Ave, Delray Beach. Benefits Connor Moran Cancer Foundation. 6-9 pm. \$75/ premium; \$50/regular; \$25/side chair. 243-7922; oldschoosquare.org

Monday - 9/26 - To the Memory of My Beloved, The Author Mr. William Shakespeare and What is an Author? part of Great Books group at Boynton Beach City Library, 208 S Seacrest Blvd. 10-11:30 am. Free. 742-6390; boyntonlibrary.org

Tuesday - 9/27 - 2nd Annual Festi-Fall Arts & Crafts Show at St. Ambrose Church, 380 S Federal Hwy, Deerfield Beach. Hosted by Zonta Club of Greater Deerfield Beach. Benefits Women in Distress and other club projects. 10 am-3 pm. \$2/admission; free/parking. 392-2223; zonta-district11.org/Deerfield

9/27 - The Lake House by Kate Morton - Part of Book Club discussion by Friends of the Boca Raton Public Library, 400 NW 2nd Ave. Adults. 10:30 am-noon. Free. 393-7968; bocalibrary.org

9/27 - Disruptive Technology Course at Florida Atlantic University Adams Center for Entrepreneurship, 777 Glades Rd, Boca Raton. Instructor Meredith Madsen, CEO/owner Madsen Advertising & Glitter Tots. Every T through 11/1 6:30-9:20 pm. \$99/person; \$75/FAU faculty, staff, alumni. Registration: 297-3654; fau.edu/specialtopicseries

Wednesday - 9/28 - Adult Bingo at Boynton Beach City Library, 208 S Seacrest Blvd. 1:30-

2:30 pm. Free. 742-6390; boyntonlibrary.org

Thursday - 9/29 - Canvas & Cocktails at Old School Square, 51 N Swinton Ave, Delray Beach. Create art; enjoy wine, craft beer, signature cocktail. Last Th 7-9 pm. \$35/including materials & one drink ticket. 243-7922; oldschoosquare.org

9/29 - From the Studio of Lisa Leonard: Twice As Nice! at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. 7:30 pm. \$10. 237-7000; lynn.edu

Friday - 9/30-10/2 - Omnium Gatherum at Florida Atlantic University Studio One Theatre, 777 Glades Rd, Boca Raton. Held again 10/7-9. F/Sat 7pm; Sat/Sun 2 pm. \$20/adult; \$15/ faculty, staff, alumni; \$12/student. 800-564-9539; fauevents.com

Saturday - 10/1 - Kravis Center 25th Anniversary Community Salute at 701 Okeechobee Blvd, West Palm Beach. Performances, treats, giveaways, prizes, more. See website for schedule details. 7 am-11 pm. Free. 832-7469; kraviscenter.org/communitysalute

10/1 - 2016 End Hunger Walk starts at Holy Trinity Episcopal Church, 211 Trinity Pl, West Palm Beach. Benefits CROS Ministries. 8 am-noon. Collect pledges + a can of tuna or jar of peanut butter. 233-9009; crosministries.org

10/1 Delray Art League Visual Arts of Delray Exhibit at The Gallery at Arts Garage, 94 NE 2nd Ave, Delray Beach. Runs through 11/26. Hours: M-F 8 am-5 pm. Free. delrayartleague.com

10/1 - Out of the Darkness Walk at John Prince Park, Center Drive Pavilion, 2700 6th Ave S, Lake Worth. Community walk to fight suicide. Presented by the American Foundation for Suicide Prevention. 5K through park, 2.5 K walks out and back. Registration: 8:30 am,

Walk: 10 am-noon. Walkers collect donations. 506-5400; afsp.org/PalmBeach

10/1 - Deconstructing the Narrative: Working with Text & Image at Florida Atlantic University Jaffe Center for Book Arts Bindery in Wimberly Library, 777 Glades Rd, Boca Raton. Work w/wide range of materials to paint, draw, sew, tear, burn, more. 10 am-4:30 pm. \$75/public; \$65/FAU faculty, staff; \$50/FAU student. Registration: 297-0226; jcutrone@fau.edu

10/1 - Gravity Beer Fest at South Florida Science Center and Aquarium, 4801 Dreher Tr N, West Palm Beach. In partnership with Accomplice Brewery & Ciderworks; the best craft beers and ciders from local breweries. Ages 21+. 6-9 pm. \$35/advance; \$45/at the door. 832-1988; sfscenter.org

10/1 - The Largest Drum Circle in the World for Peace and Unity at Veterans Park Gazebo, 802 NE 1st St, Delray Beach. South Florida Drum Circle. Drumming, dancing, acro-yoga, hooping, spinning lights, mega games, more. 7-10:30 pm. Free. 243-7350; mydelraybeach.com

10/1 - First Nighters at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Hobnob with performers; have your photo taken with the stars. Follows performance by Capitol Steps. 9 pm. \$20. 237-7750; lynn.edu

10/1-2 - Live at Lynn Series: Capitol Steps at Lynn University Wold Performing Arts Center, 3601 N Military Tr, Boca Raton. Sat 7:30 pm; Sun 4 pm. \$70/box, \$55/orchestra; \$50/mezzanine. 237-9000; lynn.edu/tickets

10/1-30 - The Mystery of Love & Sex at Arts Garage, 94 NE 2nd Ave, Delray Beach. Multi-generational romantic comedy. Bring food/ beverage. Check website for times. \$25-\$45. 450-6357; artsgarage.org

If you aren't a candidate for
Erectile Dysfunction medication,
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If medication is not an option to treat your erectile dysfunction, don't lose hope. Delray Medical Center now offers **penile implant treatment options** for male impotence. Designed to emulate a natural erection, the implant is concealed within the body, so no one but you has to know it's there. It works 24/7 and won't affect your pleasure sensations or your ejaculation. ED is a subject no man wants to discuss, but as a problem that affects more than 30 million American men, it shouldn't be ignored.

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Sun, Surf and the Avenue - This romantic Delray Beach Mediterranean estate boasts over 10,000 total sq. ft., separate guest house, outdoor loggias and elevator. Located directly across from the beach with private access. \$6,950,000



NEW LISTING

Live by the Sea - Welcome to a rare opportunity to own one of only six residences in this lovely beach area enclave. This spacious 3 bedroom, 3 bath townhome lives like a single family home. A relaxing screened patio overlooks the pool and waterway. The expansive master bedroom suite, located on the second level, opens to a private terrace. Other features include impact glass, newer roof & A/C, with a one car garage. This is a pet friendly community! Located across from the beach within minutes of shopping and downtown Delray. \$975,000.



UNDER CONTRACT

Gulf Stream with Private Tennis Court - Entertaining friends & family is a breeze in this beautifully remodeled 4 bedroom, 2.5 bath main house. Private backyard with nearly 1 acre of lush landscaping and entertaining areas. Charming 1 bedroom, 1 bath guest house. \$1,290,000



NEWLY PRICED

The Villas of Ocean Ridge - Stunning direct Ocean and pool views from this spacious 2 bedroom, 2 bath remodeled condo. Generous living area opens up to a large balcony. Garage parking within the building. Bring your small pet. \$825,000



Mariner Village Boynton Beach - Fantastic gated waterfront townhome with 24' of dockage right behind your home. Open kitchen, large master suite overlooking the water. Great East location. Pets welcome. \$469,000



Terri Berman
561-445-2929
tberman@fitegroup.com



Laura Gallagher
561-441-6111
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Gulf Stream Contemporary on the Golf Course - Spacious modern lines and volume ceilings overlooking tranquil pool and beautiful views of the golf course with spectacular sunsets! 4 bedrooms with private baths and spacious master suite on the main level. Bright and sunny gourmet kitchen and breakfast room. Impact glass windows throughout. Lovely grounds in private location close to the beach. \$2,595,000



Living Legend in Delray - 1937 one-of-a-kind cottage in the beach area! Lovingly restored over the years. 5 bedroom, 5.5 bath + den / study. Spacious rooms, ageless details, lush tropical gardens and pool. One block to beach and Atlantic Avenue. \$2,195,000



Ideal Location & Ideal Property - In the heart of Delray's beach area, near Atlantic Avenue and the Ocean. Tropical indoor and outdoor living. Private pool. Spacious rooms with 10' ceilings. Impact glass. 2-car garage. \$1,695,000



Seagate Manor in Delray - Spectacular views and stunning, elegant appointments and finishes in this complete renovation, including impact resistant windows, solid core doors and crown moldings. Intracoastal views surround you from this unit. \$895,000



Linda Lake
561-702-4898
llake@fitegroup.com

Delray is in the details.
And nobody knows them better.